

Local singing groups compete in WGBH's "Sing That Thing!"



The Bates College Crosstones and Bowdoin College Miscellania, both contemporary a capella groups, traveled to Massachusetts recently to compete in the fourth season of WG-

BH's televised competition for New England singing groups, "Sing That Thing!"

The two groups were among the eighteen high school, college, and adult singing groups from

throughout the region - performing in genres ranging from barbershop and Baroque to jazz and classical - vying before a live audience in the Boston public See *Bates*, page 6

Rotary Club supports Maine Alzheimer's Association



Peter Baker of the Maine Alzheimer's Association (c.) receives a donation check from Rotarians (from l.) Belinda Valee, Monica Millhime, Cheryl McKeone, and Tom MacDonald.

The Lewiston-Auburn Lunch Club Rotarians recently presented the Maine chapter of the Alzheimer's Association with a \$2,000 donation, raised over the past year through sales of its Rotary Community Cook-

book, which was championed and compiled by first-year Rotarian Lorraine Bard.

"Thank you for your

contribution to the Alzheimer's Association," said Executive Director Laurie Trenholm. "Your support

See *Rotary Club*, page 5

Community Concepts, L-A Chamber team up to offer "Understanding Poverty to Support Workforce Development"

Community Concepts and the Lewiston Auburn Metropolitan Chamber of Commerce are teaming up to offer employers a unique opportunity to better understand the profound impacts of poverty so they can work more effectively

with employees who come from that background. Their workshop, "Understanding Poverty to Support Workforce Development," will take place on Friday, February 23, from 8:30 a.m. to 3:30 p.m. at Central Maine Community College.

This training opportunity comes amid a tight labor market, when our community's need for skilled, reliable workers to fill available jobs is greater than ever. Understanding the impacts of poverty can help employers work more effectively with

low-wage and entry-level workers to reduce turnover, increase productivity, and assess employee strengths to build resources for their employees and business.

Based on the "Bridges Out of Poverty" model, this See *Community*, page 2

Looking for something to do during February vacation week? If so, swim on over to Auburn Public Library on Thursday, February 22 at 6 p.m., when Jessica Woodend, Maine Regional Ambassador for Sharks4Kids, will present a fun and informative program on sharks, with a focus on species found in the Gulf of Maine.

Sharks are one of the most important animals we have on this planet, and learning more about their role in the ecosystem demonstrates why we need to protect them instead of fearing them. Best for school-age children, this program is free and open to the public. For more information, call the library at 333-6640.

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Newsmakers, Names & Faces

Senator Collins receives 2018 Rural Health Champion Award



Senator Collins accepts the award from National Rural Health Association members Amanda Howard, Troy Brown, Jonathan Sprague, John Gale, and Kim Mohan.

The National Rural Health Association has honored U.S. Senator Susan Collins with the 2018 Rural Health Champion Award for her leadership in finding bipartisan solutions for health care in rural America.

John Gale, Vice Chair of the NRHA's Rural Health Congress and Senior Research Associate at the University of Southern Maine's Cutler Institute for Health and Social Policy, presented Senator Collins with the award in her Washington, D.C., office. Amanda Howard and Troy Brown, both of the Chartis Group in Portland, Jonathan Sprague of Rocky Coast Consulting in Bangor, and Kim Mohan of the New England Rural Health Round Table in New Hampshire are members of the NRHA and were also in attendance for the meeting.

"Having grown up in Northern Maine, ensuring individuals in rural areas have access to health care is an issue that is near and dear to my heart," said Senator Collins. "The work that the National Rural Health Association does to provide leadership on rural health issues through advocacy, communications, education, and research is extremely important to less populated areas. I am honored to receive

the Association's 2018 Rural Health Champion Award, and I look forward to continuing to work with my colleagues to support policies that promote a bright future for those who live in rural regions."

"Senator Susan Collins is a true leader in ensuring bipartisan and thoughtful solutions for health care in rural America," said the National Rural Health Association. "As a native of Northern Maine, Senator Collins truly understands the challenges of rural health care. She has fought hard to expand and improve access to health care for rural Americans. As the Chairman of the Senate Aging Committee, she regularly works across the aisle to develop innovative solutions for drug treatment, behavioral and mental health, and supports for aging Americans."

Senator Collins has been a longtime leader on issues affecting rural Americans. As Chairman of the Senate Aging Committee, Senator Collins held a two-part hearing series last year that examined the mental and physical health effects of social isolation and loneliness. Last week, she visited Jackman, a town with a population of approximately 800

people, to discuss a variety of local issues, including access to medical services. In December, she was recognized by the National Grange as a Champion of Rural America.

NRHA is a nonprofit organization composed of more than 21,000 diverse individuals and organizations, all of whom share an interest in rural health.

RLDAM awards Thayer Scholarship to CMCC student

Board members of the Retail Lumber Dealers Association of Maine traveled to Auburn recently to present Central Maine Community College student Alexander Cormier with one of its four annual Brian C. Thayer Memorial Scholarships.

Cormier, a resident of Biddeford who has had a passion for construction since he was a boy, is a first-year student in the Building Construction and Technology program at CMCC.

The Thayer scholarships are available to students enrolled in building trades programs at four of Maine's community colleges. Scholarship recipients are nominated by their instructors. Since 2004, RLDAM has awarded four \$1,000 scholarships annually, for a total of \$56,000 to date.

While on campus, the RLDAM group visited with Building Construction and Technology program chair and instructor Don Varney, who showed them around the facilities where students learn about the products and installation techniques that



Here with scholarship recipient Alex Cormier (c.) and Building Construction and Technology program chair Don Varney (r.) are RLDAM board members (from l.) JoAnne Tarr of Lapointe Lumber, Joe Hondel of Deering Lumber (president), and Jim Murphy of Riverside Millwork

give them a head start in the industry.

The Building Construction and Technology program at CMCC prepares students for successful employment in construction-related fields. Through a combination of classroom study, mock-ups, and live projects, students obtain hands-on experience and become broadly familiar with methods, standards, and codes commonly associated with the construction industry. The program offers students the opportunity to earn a

certificate or an associate in applied science degree.

"It's a good time for young people to come into the building industry," said Varney. "If you're ambitious, you can really make a good living."

The RLDAM Board of Directors renamed the RLDAM Scholarship in honor of the late Brian Thayer of Lavalley Lumber. At the time of his death in 2006, Thayer was vice president of RLDAM and served on the Board of Trustees of the Maine Community College System.

Rotary Carolers at Schooner Estates



With help from Jonathan Pollock, music teacher for the Lisbon School Department, who played guitar, and Joanne Bollinger, who led the singing, the Lewiston-Auburn Rotary Lunch Club Carolers visited Auburn's Schooner Estates to sing carols during the holiday season. Pictured here (l. to r., from front) are Isaac and Ave Thorndike, Monique Roy, Peyton Wright, Lily Pollock, Lorraine Bard, Giselle St. Amand, Sylvia Plourde, Morgan Thorndike, Joanne Bollinger, Jim Millhime, Claire Veilleux, Monica Millhime, Phil Vampatella, Mike Kirk, Tim Verrill, Tom MacDonald, Bethel Shields, Erin Pollock, Gabriel Pollock, Wendy Russell, Shawn Wright, and Jonathan Pollock.

New Gloucester Republicans caucus Saturday

The New Gloucester Republican Caucus will take place on Saturday, February 17 in the New Gloucester Community Building at 385 Intervale Road. Sign-in will start at 9:30 a.m. and the meeting will begin at 10:00. The purpose of the caucus is to elect officers to the New Gloucester Republican Committee, representatives to the Cumberland County Republican Committee, and delegates and alternates to the State Republican Con-

vention at the Augusta Civic Center on May 4 and 5. For more information, contact George Colby at 577-5181 or gcolby@maine.rr.com.

Community

Continued from page 1

workshop helps increase awareness of the social and cultural differences between economic classes and how those differences affect opportunities for success in the

workplace. The registration fee of \$35 includes lunch and materials. For more information, email jjohnson@community-concepts.org.

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Governor's Address: We must help keep the elderly in their own homes

We need to treat our elderly with respect and let them keep their dignity. And we must let them keep their homes.

Dear Maine Taxpayer, I have submitted a bill to protect the elderly from tax lien foreclosures. It would protect elderly Mainers on fixed incomes from losing the equity in their home when they have trouble keeping up with ever-rising property taxes.

Last year, I learned about an elderly couple who lost their home through the tax lien foreclosure process. The husband is a disabled veteran and the wife is a former

nurse with health issues. The couple was living on social security and fell behind on their property taxes. The town foreclosed on the home they had lived in for 33 years. The couple was evicted and the property sold for \$6,500.

Maine law provides for an automatic municipal tax foreclosure process. When a homeowner does not pay back taxes within 18 months of the property-tax lien, the town automatically forecloses and the home becomes property of the town.

As Frank D'Alessandro of Pine Tree Legal Assistance testified in support of my bill, "There is no



Governor Paul R. LePage

court hearing. The town takes the home and its entire value - whether the home is worth \$50,000 or \$150,000 - regardless of the amount of taxes owed. The town can then legally keep

any amount that the house sells for, regardless of how much is owed in taxes. This is true if the homeowner owes \$200 or \$2,000 in back taxes."

He provided another disgraceful example where a homeowner, whose total income was just \$735 a month, owed approximately \$8,000 in back taxes on a home worth about \$60,000. The town foreclosed and sold the home for the amount owed in taxes - to a neighbor.

The homeowner lost all her equity, approximately \$50,000. If she had been allowed to sell the home, she would have paid the

taxes in full from proceeds of the sale. She would have had money to pay for safe, affordable housing. Instead, she was left with nothing.

My bill would assist elderly homeowners by creating a more protective municipal tax lien foreclosure process. Specifically, it would create a pre-foreclosure process that applies to homeowners 65 and older. The goal is to ensure elderly homeowners who are unable to pay their property taxes will not lose their homes or lose the equity they have built. It prevents them from becoming homeless.

The Mayors' Coalition and the Maine Munic-

ipal Association, which is funded with local taxpayers' money, opposed my bill. They have no compassion for our elderly. Rather than using this bill as an opportunity to whine to the Legislature yet again about revenue sharing, they should offer proactive solutions to keep our elderly in their homes.

I was a mayor for three terms, and it was not a burden to provide good public service. Please contact your legislators and urge them to put our seniors ahead of local bureaucrats.

Thank You,
Paul R. LePage
Governor

Military Talent Source plans "Maine Small Business Exchange"

Military Talent Source, LLC will host an event called the "Maine Small Business Exchange" on Friday and Saturday, February 16 and 17, at the Hilton Garden Inn-Riverwatch of Auburn.

Maine has an aging population and, consequently, many small business owners are seeking to sell or transfer their successful businesses, either now or in the near future. Qualified veterans have multiple funding resources available to assist them in buying small businesses. This first-of-its-kind event seeks to

bring owners with businesses to sell together with entrepreneurial veterans who might be interested in buying them.

"I spend a great deal of time traveling around the country talking with veterans separating from service," said Matt Leonard, CEO of Military Talent Source, LLC. "Many of them want to start or buy a small business. Combine that with demographic trends and the importance of small businesses here in Maine and you can see how an event like this could be a tremendous opportunity for

all involved."

The weekend will kick off on Friday, February 16 with a welcome social for those attending from out of state. The main event on Saturday, February 17 will feature numerous guest speakers on various business topics, as well as a keynote address by former Navy Seal and prominent business owner Chris Tyll.

The event is open to the public and non-veterans are welcome to attend. Tickets may be purchased at www.eventbrite.com. For more information, see mainesmallbusinessexchange.com.

Auburn Fire Chief completes four-year Executive Fire Officer Program

The National Fire Academy has announced that Auburn Fire Chief Geoffrey Low has successfully completed its four-year Executive Fire Officer program. To earn the Executive Fire Officer designation, Low completed a unique series of advanced graduate-level courses.

"This intensive program is designed to provide senior fire officers with a broad perspective on various facets of fire administration," says U.S. Fire Administrator G. Keith Bryant. "It provides fire service officers with the expertise they need to succeed in today's challenging environment."

The program is comprised of the following courses: Executive Development, which emphasizes team development and consensus decision-making to enhance organizational effectiveness; Executive



Auburn Fire Chief Geoffrey Low (l.), with Auburn City Manager Peter Crichton

Analysis of Community Risk Reduction, which focuses on the value and application of community risk reduction techniques and on developing community partnerships to implement programs, initiatives, and services that prevent and/or mitigate human-made or natural disasters; Executive Analysis of Fire Service Operations, a critical

curriculum in today's incident response environment; and Executive Leadership, which examines all aspects of executive-level leadership and brings together the educational experiences of the three previous courses.

"The Executive Fire Officer Program has been instrumental in changing my perspective of, and approach

MSAD 52 Adult Ed. offers workforce training class on information technology

MSAD 52 Adult & Community Education of Turner, Greene, and Leeds will present a workforce training class called "Information Technolo-

gy Professional" starting on Monday, February 26. Participants will receive personalized instruction, hands-on experiences, and web-based support

while learning about one of the fastest growing career fields in the area.

The class will meet three times per week for See MSAD, page 5

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Protecting Young Athletes from Sexual Abuse

By Senator Susan M. Collins

Ten years ago, Dominique Moceanu, a 1996 Olympics gold medalist, accused her former coaches of emotional and physical abuse. Rather than taking her allegations seriously, however, USA Gymnastics was dismissive of the concerns Ms. Moceanu raised.

Years later, it is evident that USA Gymnastics' practice of ignoring accusations of abuse created a toxic culture that resulted in hundreds of girls and young women being sex-

ually abused by coaches, trainers, doctors, and sports officials. The most appalling example of this exploitation, Dr. Larry Nassar, a former USA Gymnastics physician, was sentenced on January 24 to up to 175 years in prison for his horrendous sexual abuse of girls and young women. More than 150 courageous victims testified about the horror of being sexually assaulted by this serial predator over the course of his nearly two decades of employment by USA Gymnastics.

On January 30, Con-

gress took a major step toward protecting athletes when the Senate unanimously passed bipartisan legislation I co-authored with Sen. Dianne Feinstein that will help protect America's amateur athletes from sexual abuse. Our bill passed in the House by an overwhelming vote of 406-3 and is now headed to the President's desk to be signed into law.

At a press conference before the Senate vote, Sen. Feinstein and I were honored to be joined by four former American gymnasts who courageously came for-

ward to expose the crimes committed by Dr. Nassar and others. One of them was Ms. Moceanu. She called our legislation "a huge victory, a distinct and positive turning point in our sport and in all sports."

The "Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act" requires amateur athletics governing bodies to report sex-abuse allegations immediately to local or federal law enforcement. Our bill further authorizes the United States Center for SafeSport to

ensure that aspiring U.S. Olympic athletes can report allegations of abuse to an independent entity for investigation and resolution and to make sure that all national governing bodies follow the strictest standards for child abuse prevention and detection.

When we first introduced this bill in March last year, it followed the investigation by the Indianapolis Star newspaper, which reported that more than 360 gymnasts had alleged some form of sexual abuse at the hands of their coaches, gym owners, and other adults working in gymnastics. Predatory coaches moved from gym to gym, undetected by a lax system of oversight. Other serious allegations of sexual abuse have been made against personnel involved with USA Swimming and USA Taekwondo.

Last year, the Judiciary Committee heard moving testimony from American gymnasts who bravely spoke out about the repugnant incidences of their own abuse. We are grateful to them for courageously sharing their deeply personal and horrific experiences.

In addition to requiring amateur athletic governing bodies, like USA

Gymnastics and other US Olympic organizations, to report allegations of abuse, our bill also requires all adults who interact with minors and amateur athletes to promptly report every allegation of sexual abuse to the proper authorities - that means within 24 hours.

Those adults who are responsible for the safety of young athletes must be held accountable. Our bill makes sure that strong sexual abuse prevention policies are implemented and that survivors can safely report these crimes when they occur. In addition, because it's sometimes difficult for children to recognize that they have had crimes committed against them until much later on into adulthood, our bill extends the statute of limitations to help ensure that victims get the justice they deserve.

This month, America's best athletes will travel to South Korea for the 2018 Winter Olympics. As we cheer them on and celebrate their accomplishments, we must ensure that the young athletes who train to represent our country at the top levels of competition, and those at all levels who aspire to compete, should never again have to fear victimization by trusted coaches, trainers, doctors, and sports officials.

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I Have the Flu: Should I Go to the Emergency Room?

As flu activity reaches its highest levels in nearly a decade, it is important to take steps to prevent getting or spreading the illness. These include recognizing the signs and symptoms and knowing when to go to the Emergency Room or to seek care from another medical professional.

"This is a particularly dangerous flu season, and your first line of prevention is to take appropriate precautions, including washing your hands and avoiding direct contact with ill people," said Paul Kivela, MD, MBA, FACEP, president of the American College of Emergency Physicians. "The most vulnerable patients are children, baby boomers aged 50 to 64, seniors, pregnant women, and those with chronic conditions. Even though the flu shot is less effective this year, it still can reduce your risk of getting the flu and having serious complications."

The flu shot is recommended for anyone over the age of six months, including pregnant women. You can avoid spreading germs by washing your hands, covering your mouth when you cough, and staying home from work, school or other activities if you are not well.

"Most people with flu typically do not require

emergency care, but this season's disease strain is much more active than previous years, said Dr. Kivela. "Public health experts project that tens of thousands of people could suffer flu-related deaths. If you have emergency warning signs or complications, go to the nearest Emergency Room immediately."

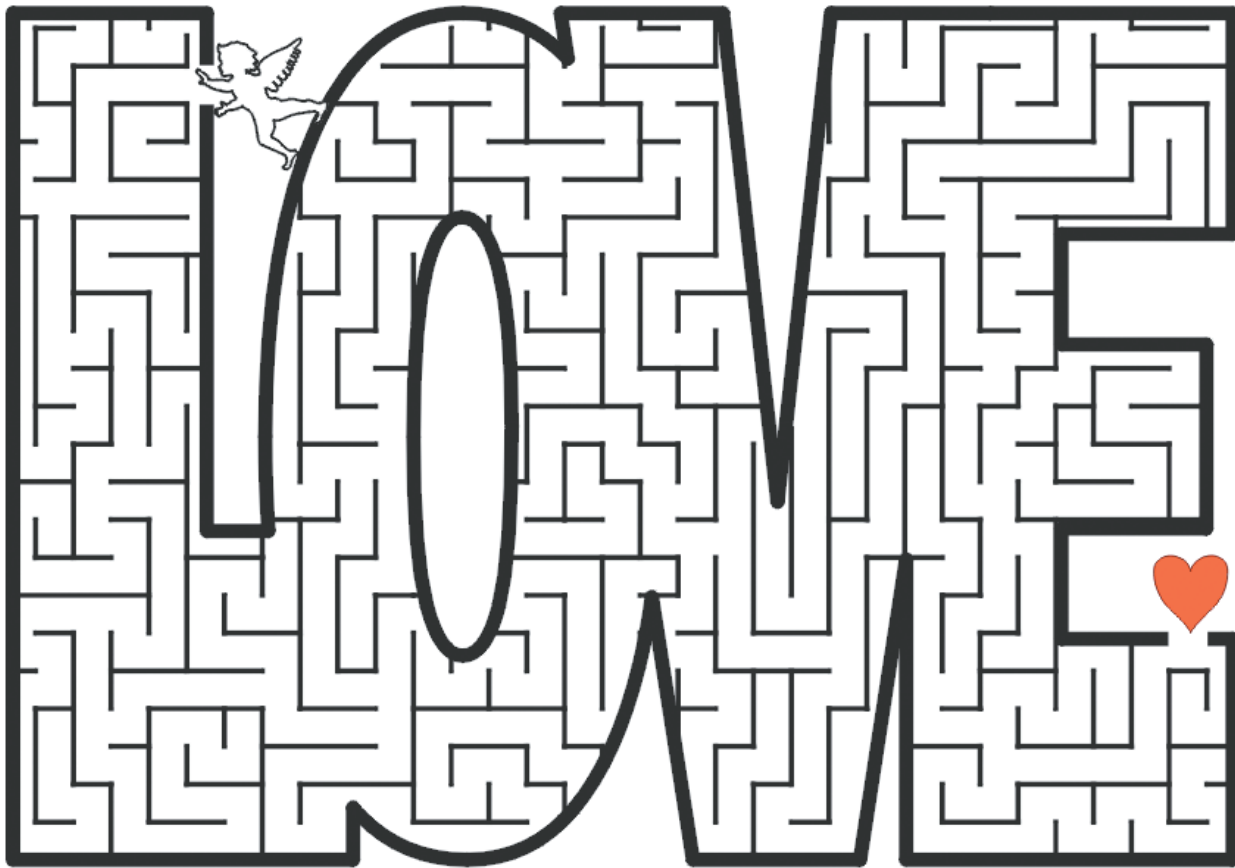
In addition, Dr. Kivela said that emergency physicians are seeing increased cases of patients with irregular heart rhythms and heart attacks during or in the days after having the flu. Some people are also developing swelling in the mouth or neck, which could be serious.

Cases have been reported in 49 states for weeks and more than six percent of all patients at clinics and emergency departments are there because they are showing flu-like symptoms, the Centers for Disease Control and Prevention (CDC) reports.

If you have a non-emergency illness, first seek help with your primary care physician or urgent care. Common flu symptoms include fever-chills, cough, sore throat, runny nose, headache or body ache, fatigue, or vomiting-diarrhea.

If you have any emergency **Flu**, page 8

Love maze



Even though Valentines day is past, Twin City Times still wants to spread the love! Complete the maze and post a picture of it on Instagram with #Twincitytimespuzzle to be entered into our restuaurnt gift card give away!

Fire Chief

Continued from page 3

to, the challenges that effect both the department and community,” said Low. “With an emphasis on research and critical thinking, the program forced me to think more as an executive than any of my previous educational experiences. This opportunity has expanded my abilities to see the bigger picture, identify and consider long term impacts when making decisions, and gain better awareness of how the department interacts with and influences stakeholder groups on both large and small scales.”

Chief Low’s certificate was presented by Auburn City Manager Peter Crichton at a recent Department Directors’ meeting. “The entire Auburn Team is very proud of you,” said Crichton. “The valuable leadership skills you have gained and the applied research aspect of your studies will serve your agency and our community well. Congratulations on this tremendous accomplishment.”

Chief Low, who also earned a Chief Fire Officer designation from the Center for Public Safety Excellence a year ago, has Associate’s and Bachelor’s Degrees

in Fire Science, as well as a Master of Business Administration (MBA) with a concentration in Public Administration.

He began his career in the Fire Service more than 30 years ago as a Junior Firefighter. Also a paramedic, he has spent 23 years with the Auburn Fire Department, serving as Deputy Chief and in his current capacity as Chief.

Send Calendar listings to Editor@TwinCityTimes.com

Alzheimer’s Association offers fitness series for those with dementia

Those in the Lewiston-Auburn area who are living with memory challenges, early-stage Alzheimer’s disease, or a related dementia and their care partners will have an exciting opportunity to improve their physical fitness beginning in late February.

Developed by Becky Walker, former wellness director at the YMCA of Auburn-Lewiston, “Mindful Mobility Auburn” consists of seven weekly one-hour sessions led by trained fitness instructors. The exercises focus on gentle stretching, mobility, balance, and strength training. The series will run from Friday, February 23 to Friday, April 6 on the campus of Central Maine Community College in Auburn. Advance registration is required. For more information, call 772-0115 or email mpechenik@alz.org.

“Motivation for this program is based on a growing body of research indicating that fitness and social activity can be highly beneficial for those living with dementia,” noted Laurie Trenholm, Executive Director of the Alzheimer’s Association - Maine Chapter. “This initiative is actually part of a larger effort, in which we are partnering with community organizations to help them take their own approaches to serving local citizens living with dementia.”

The Alzheimer’s Association offers a variety of early-stage social programs specifically designed for those living with a diagnosis of dementia and their care partners. These programs offer meaningful activity in friendly, supportive environments, along with opportunities to connect with

others who are affected by dementia. For more information, call (800) 272-3900 or see alz.org.

Rotary Club

Continued from page 1

will provide immediate assistance to people in Maine affected by Alzheimer’s disease, their families, and caregivers.”

“On behalf of the Lewiston-Auburn Rotary Club, we wish to express our gratitude to all of our past and present Rotarians, families, and friends who shared their culinary delights,” said club president Monica Millhime. A limited number of cookbooks are still available for purchase at two convenient locations in Auburn: Ann’s Flower Shop at 36 Millet Drive, and The Village Inn at 165 High Street.

MSAD

Continued from page 3

seven weeks. The instructor will be Kevin Ellingwood, who is certified as a Systems Support Specialist through the Corporate and Community Services Department at Central Maine Community College.

The course fee will include a textbook, laptop, online practice tests, and certification exams. Candidates may be eligible for tuition assistance and/or workforce training funding.

To be considered, potential candidates must complete an intake application, CASAS assessment, career interest survey, and interview. Space is limited. For more information, call 225-1010 and ask for Kevin or see www.msad52.maineadulted.org.

Beat Winter Blues with a Little Help From Vitamin D



Wholesome ingredients can help up your intake during the dark days of winter

Staying indoors and wrapping up in a blanket is one way to avoid winter’s frigid weather, but less exposure to the sun can also put you at risk of a vitamin D deficiency. Milk is the primary source of vitamin D in the American diet, according to research published in the FASEB Journal, making it a great choice on dark winter days.

An 8-ounce glass of milk provides 30 percent of the daily value of vitamin D, so just three cups of milk each day will provide 90 percent of your body’s recommended daily requirements. Milk is also an easy way to get other essential nutrients like B vitamins for energy, high-quality protein for lean muscle and vitamin A for a healthy immune system.

When you need a quick way to warm up on a cold day, try this creamy chicken corn chowder recipe that can be made with a pressure cooker. Cooked with wholesome ingredients like milk, chicken and potatoes and topped with bacon and green onions, it’s an easy and delicious addition to your weekly meal rotation. For more recipes to warm up your winter, visit milklife.com.

Pressure Cooker Corn Chowder
Servings: 12

6 slices (6 ounces each) thick-cut bacon, chopped

1 small yellow onion, diced

3 cloves garlic, minced

1 pound boneless skinless chicken breast, diced

1 bag (16 ounces, about 3 1/3 cups) frozen corn kernels

4 cups chicken broth

1 pound unpeeled or peeled Yukon Gold potatoes, cut into 1/4-1/2-inch chunks

1/2 teaspoon kosher salt, plus additional, to taste

1/2 teaspoon coarsely ground black pepper, plus additional, to taste

2 tablespoons cornstarch

1 1/2 cups fat-free milk

2-3 green onions, sliced (optional)

1 tablespoon heavy cream or half-and-half (optional)

Heat large skillet over medium-high heat. Add chopped bacon and cook until crispy. Using a slotted spoon, transfer cooked bacon to paper towel-lined plate and pour off all but 1 tablespoon bacon fat.

Return skillet to stove. Add onion and garlic; saute 2 minutes, stirring frequently. Add diced chicken and frozen corn; saute for an additional 3

See **Vitamin D**, page 7

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Auburn Police Chief named 2017 Chief of the Year by MCPA



Auburn Police Chief Phil Crowell (r.), with MCOPA Executive Director Robert Schwartz

Auburn Police Chief Phillip L. Crowell, Jr. was recently named 2017 Chief of the Year by the Maine Chiefs of Police Association at its annual awards banquet in South Portland.

A 24-year veteran of the Auburn Police Department, Chief Crowell was credited for his hard work and perseverance in several areas that have brought pos-

itive outcomes for Maine's law enforcement community. He was the driving force behind the new Maine Law Enforcement Accreditation Program, which will make state accreditation attainable for all Maine Law Enforcement agencies. This effort will provide objective verification that Maine-accredited agencies are meeting the highest standards of

professional excellence and accountability.

Crowell has been responsible for many initiatives which have placed the Auburn Police Department among the best in the state. He prompted the opening of the Auburn PAL (Police Activities League) Center, started Auburn's Citizen Police Academy and the first Somali Citizens Academy, and led the Auburn Police Department

through its initial international accreditation process, resulting in its becoming the first police department in Maine to be recognized with "Gold Standard Accreditation."

Crowell has received numerous awards recognizing his efforts to enhance law enforcement efforts, including the National Exchange Club's Officer of the Year Award, the City of Auburn's Vision Award, the 2014 Champion for Maine Children Award, the Androscoggin Chamber of Commerce's Public Leadership Award, and the Maine Association of Area Agencies on Aging's Excellence in Aging Award for his efforts in establishing a Silver Alert System in the State of Maine.

Crowell is actively involved in efforts to combat human trafficking both locally and internationally, having co-founded the Not Here - Justice in Action Network to provide education and resources for at-risk children and serving on the board of the Foundation for Hope and Grace and as a member of the Maine Attorney General's Human Trafficking Task Force. The Auburn Police Department received the Civil Rights Award from the International Chiefs of Police Association for these efforts.

"The Maine Chiefs of Police Association is an amazing organization for law enforcement agencies in the State of Maine," said Chief Crowell. "To be recognized by my colleagues is very humbling. I am fortunate to have outstanding people within the Auburn Police Department who serve the citizens of Auburn. Law enforcement faces challenges every day, as my wife and family know first-hand. For this they are my true champions. The City of Auburn has provided me with incredible opportunities, and I am blessed to be able to serve my community. This recognition is not just for me, but also for my staff, family, and community. Without them, I couldn't do what I do."

Area students named to Colby College Dean's List

The following area students were recently named to the Colby College Dean's List for outstanding academic achievement during the fall semester of the 2017-18 academic year. 469 students - or 24 percent of the student body - earned a semester grade point average of 3.77 or higher last fall to qualify for the Dean's List.

Samantha K. Barry of Windham, a member of the Class of 2020, attended Windham High School and is the daughter of Gerald and Sandra Barry of Windham. She is majoring in biology, with a neuroscience concentration and music.

Ronahn I. Clarke of Standish, a member of the Class of 2021, attended Bonny Eagle High School and is the son of Richard and Deborah Clarke of Standish.

Charles F. Gauvin, Jr. of New Gloucester, a member of the Class of 2018, attended Portland High School and is the son of Charles Gauvin and Eugenia Sawin of New Gloucester. He is majoring in anthropology and global studies.

Lauren M. Grant of Topsham, a member of the Class of 2019, attended Mount Ararat School and is the daughter of John and Amber Grant of Topsham. She is majoring in environmental policy and Spanish.

Kate H. Guerin of Bowdoinham, a member of the Class of 2021, attended Mount Ararat School and is the daughter of William and Kathy Guerin of Bowdoinham.

Hannah O. Hartnett of Hebron, a member of the Class of 2021, attended Oxford Hills Comprehensive High School and is the daughter of Patrick and

Bates

Continued from page 1

broadcaster's studios for honors awarded over seven episodes taped for later airing.

Tracey Hartnett of Hebron.

Melody Larson of New Gloucester, a member of the Class of 2020, attended Gray New Gloucester High School and is the daughter of Kathryn Larson of New Gloucester. She is majoring in environmental policy.

Sarah E. Morgan of Gardiner, a member of the Class of 2021, attended Gardiner Area High School and is the daughter of Charles and Marla Morgan of Gardiner.

Lindsey A. Papa of Topsham, a member of the Class of 2021, attended Mount Ararat School and is the daughter of Mark and Nina Papa of Topsham.

Nicholas N. Tucker of Brunswick, a member of the Class of 2020, attended Brunswick High School and is the son of Newell and Cheryl Tucker of Brunswick. He is majoring in Spanish.

Kaitlin M. Volk of Bowdoin, a member of the Class of 2019, attended Mount Ararat School and is the daughter of Ronald and Lisa Volk of Bowdoin. She is majoring in biology, with a concentration in ecology and evolution and environmental science.

Founded in 1813, Colby is one of America's most selective colleges. Serving only undergraduates, Colby offers a rigorous academic program rooted in deep exploration of ideas and close interaction with world-class faculty scholars. Students pursue intellectual passions, choosing among 58 majors or developing their own.

Colby's innovative and ambitious campaign, Dare Northward, will support deeper connections between the College and *See Colby, page 8*

On the program, coaches provide constructive feedback to each group and determine which will advance to the next round. The Sing That Thing! coaches are Anthony Trecek-King, president and artistic director of the Boston Children's Chorus; Annette Philip, a vocalist, composer-arranger, and faculty member at Berklee College of Music and winner of the 2017 International Championship of A Capella with her quartet, Women of the World; and Jared Bowen, WGBH News executive arts editor and host of WGBH's Open Studio with Jared Bowen, Boston only televised local arts series.

The series will premiere in April on WGBH 2-Boston. For more information, join the conversation on Twitter, Facebook, and Instagram or see SingThatThing.org.

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Saint Dominic Academy announces Grades 7-12 Honor Roll

The principals of Saint Dominic Academy have announced the second quarter Honor Roll for students at the school's Auburn campus, which includes Grades 7 through 12.

To be named to the Principal's List, students must achieve a 4.25 average or above in all courses; to attain First Honors, they must achieve a 3.80 average, with no grade below 2.70; to attain Second Honors, they must achieve a 3.25 average, with no grade below 2.70; and to achieve Honorable Mention, they must achieved a 3.0 average, with no grade below 2.70.

Principal's List: Grade 12: Janelle Bryant, Victoria Chase, Amelie Crowe, Caroline Gastonguay, Taylor Jorgensen, Eisa Lee, Madison Leslie, Qingwei Meng, Hannah Trotter-Braun. Grade 11: Vanessa Bussiere, Abigail Castonguay, Paige Cote, Emily Gerencer, Alexandra Hammerton, Caroline Johnson, Avery Lutrzykowski, Dominique Michaud, Mary Milligan, Cameron Palmer, Zhaocheng Pan, Jingyuan She, Emma Theriault. Grade 10: Demetrios Gammaitoni, Avery Greco, Mia-Angelina Leslie, Simone Long, Evan Rivard, Skye Rogers, Yueyi Wu. Grade 9: Martha Geyer-Shaheen, Benjamin Kase, Ethan

Rombalski, Emma Wolverton. Grade 8: Noah Cyr, Kathleen Dean, Eleanor Russell, Jessica Zimmerman. Grade 7: Sarah English, Laura Wong.

First Honors: Grade 12: Lindsay Cook, Hunter Emery, Katya Fons, Joshua Fortin, Markella Gammaitoni, Zihong Huang, Margaret Kase, Matthew McLean, Ryan Paione, Mackenzie Pelletier, Elizabeth Perkins, Matthew Roeser, Callie Samson, Rileigh Stebbins, Xuting Zhao. Grade 11: Madelyn Diaz, Dasha Fons, Benjamin Gosselin, Hunter Hughes, Mary Suckow, Nicholas Welsh, Abbie Zanoni. Grade 10: Isaac Banks, Marc D'Alesandro, Paige-Jackalynn Errico, Emily French, Raegan Hachey, Robert Kurtz, Karitha St. Jean, Tyler Stewart, Ambrose Ward, Jaden Webster, Rebecca Zimmerman. Grade 9: Alec Beaudin, Sarah Brown, Dominic Brunetti, Anna Cote, Amelia Fortin, Lucy Frenette, Grace Girardin, Matthew Gosselin, Cameron MacLean, Owen Mitchell, Gisele Ouellette, Keenan St. Pierre, Elliana Smith, Sydney Stebbins, Lauren Theriault, Derek Wolverton. Grade 8: Carlo Cabrera, Charlotte Cloutier, Julianne Cook, Sydney Dick, Julia Gregory, McKenzie Lagerson, Patrick Manson, Chase McKeen,

Isabella McMillen, Leandro Naous, Bella Perryman, Emma Roy, Kyla Wallace. Grade 7: Ethan Berube, Natalie Brocke, Brianna Frederick, Miles Frenette, Rodanthi Gammaitoni, Matthew Gould, Anika Lammers, Colby Levasseur, Abigail Mitchell, Eadie Nadeau, Sasha Nevins, Julia Perkins, Anna Seguin, Olivia Servidio.

Second Honors: Grade 12: Samuel Gould, Julia Masters, Mingge Wang, Payton Winslow. Grade 11: Sophia Comis, Matthew Gagnon, Mikayla Jackson, Kylie Leavitt, Morgan Roy. Grade 10: Zachary Davis, Andrea Dolci, William Fletcher, Jacob Lewis, Jacques Ouellette, Zackary Pelletier. Grade 9: Stephen Arata, Molly Brown, Dominic Cyr, Victoria Cyr, Matthew Fletcher, Charlotte Gastonguay, Olivia Hallee, Nathan Jones, Hannah Kenney, Brian Lac, William Levasseur, Noah Pratt, Emma Skofield, Matthew Trischler, Madison Tyus, Emily Wallingford, Cassie Wardwell. Grade 8: Samuel Burnham, Kristen Lachance, Aaron Thibault. Grade 7: Noah Girardin, Erik Jones, Adam Laflamme, Brady Vincent.

Honorable Mention: Grade 11: Bailey Derocher. Grade 10: Jasmine Gagnon, William Laflamme.

St. Dom's announces Pre-K through 6 Honor Roll

The principals of Saint Dominic Academy have announced the second quarter Honor Roll for students at the school's Lewiston campus, which includes Grades Pre-K through 6.

High Honors: Grade 6: Rieslynn Bernier, Connor Cyr, Anna Geyer-Shaheen, Tucker Kenney. Grade 5: Aiden Belanger, Cassidy Cote, Jaxon Errico, Jack Gilpatrick, Lola Jones, Lauren Naous, Anna Theriault, Curtis Wheeler. Grade 4: Cecile Brown, Alyssa Davis, Benjamin Dumais, Sophia Franciose, Sela Russell. Grade 3: Lily Bonney, Bayden Cyr-Guzowski, Ian Cyr, Naomi Fairbanks, Ava Leidemann, Charlie Marcotte, Landon Nagy, Madelynne Stratman, Kai Taylor, William Wallingford, Howie Wu. Grade 2: Koen Fairbanks, Kayleigh Follansbee, Christopher Johnson, Logan LeClair, Athina Nikas, Lila Patient, Elouise Porter, Olivia Tassinari, Whitney Richardson, Hannah Sherman, Alana Wheeler.

Honors: Grade 6: Dawson Archer, Ella Bouyca, Colby Daigle, Carlotta Dolci, Colin Dube, Jack Ellingwood, Maggie Grady, Avery Gravel, Ashton Hammond, Garrett Kendall, Abigail Martel, Timothee Ouellette, Natalia Russell. Grade 5: Charlize Apodaca, Addison Brann, Jack Brocke, Sophia

Brown, Daniel Burnham, Ashley Connor, Avaya Desjardins, Charlie Foster, Phoenix Jalbert, Caitlin Michaelis, Sam Moore, Cameron Morin, Aiden Robitaille, Joshua Parenteau, Jaipal Patel, Olivia Patient, Addison Poulin, Cade Trundy, William White. Grade 4: Joseph Adams, Ashton Additon, Kellen Anthoine, Kyla Berube, Isabella Bouffard, Conner Boulay, Abigail Cushman, Noah Gagnon, Kendall Gravel, Isabelle Hinkley, Isaac Pippin, Molly Strout. Grade 3: Hunter Chadbourne, Eddie Cobb, Zane Deletesky, Sarah Eber-

sole, Levi Helmuth, Victor Lac, Ryan Manson, Nathan McGillicuddy, William Michaelis, Alexander Ogagan, Kris Patel, Veronica Perry, Corbin Poussard, Logan Rousseau, Henry Walter. Grade 2: Gabrielle Adams, Payton Bureau, Elizabeth Carpentier, Zoey Cote, Cole Chretien, Teagan Crockett, Rilynn Daigle, Avianna D'Auteuil, Landon Desjardins, Brooklyn Doucette, Nolan Heath, Elizabeth LaValley, John Lydon, Abigail Martin, Madison McGonagle, Rachel Moyses, Mirabel Patrick, Jackson Vincent, Cash Watson.



Lewiston Auburn METROPOLITAN CHAMBER of COMMERCE

The Lewiston Auburn Metropolitan Chamber of Commerce Foundation will become home to College for ME Androscoggin's First Class Scholarship Fund.

LEWISTON: The Lewiston Auburn Metropolitan Chamber of Commerce Foundation will become home to College for ME Androscoggin's First Class Scholarship Fund. A press conference to announce the agreement will be held at 4PM on January 31, 2018 at the LA Metro Chamber's Conference Room, 415 Lisbon Street, Lewiston. The First Class Scholarship will now be facilitated by the LA Metro Chamber Foundation to provide a "hand up" to those who want to continue their education and to those returning to college with a leap of faith but perhaps a slim budget.

Paul Landry, owner of Fish Bones American Grill in Lewiston will announce that the Fish Bones Hospitality Scholarship is also moving to the LA Metro

Chamber Foundation. Combined, these two scholarship funds provide critical financial aid to local youth and adults pursuing post-secondary education.

For the last 11 years, College for ME has enriched the community's college-going culture, and other entities have now come on board with that effort. There is now overwhelming support for students, employees, and family members to acquire a post-secondary degree, and countless individuals are mentoring others to take that first step. College for ME has accomplished its goal of college becoming a multi-age priority within Androscoggin County and has now closed its doors. Yet, the First Class Scholarship Fund will live on.

Hillary Verrill, immediate Past President for College for ME, notes, "As a highly respected organization, the Lewiston Auburn Metropolitan Chamber of Commerce proved to be the

Vitamin D

Continued from page 5 minutes, stirring often.

Remove skillet from heat and transfer contents to pressure cooker. Add chicken broth, potatoes, salt and pepper. Close and seal pressure cooker, making sure the vent is in the sealed position. Cook on high 8 minutes.

While the chowder cooks, make a slurry by whisking cornstarch (or flour) into milk. Set aside.

When done, remove pressure cooker from heat. Allow pressure to release on its own or carefully quick-release pressure after a few minutes. Stir in the cornstarch-milk slurry. Cover and allow chowder to thicken for 10-15 minutes before serving.

Portion soup into bowls and generously top with bacon. Garnish with green onion and cream or half-and-half, if desired. Season with additional salt and pepper, to taste.

Nutritional information per serving: 190 calories; 5 g fat; 1.5 g saturated fat; 35 mg cholesterol; 14 g protein; 20 g carbohydrates; 2 g fiber; 530 mg sodium; 52 mg calcium (6% of daily value). Nutrition figures based on using fat-free milk. (Family Features)

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Hilton Garden Inn Hosts L/A Metro Chamber Breakfast



Businessmen and women gather at the Lewiston Auburn Metropolitan Chamber of Commerce monthly Chamber breakfast. The breakfast takes place on the second Thursday of every month and features news and updates about the Lewiston Auburn Metropolitan community as well as different guest speakers at each meeting. (Photo courtesy of Portrait EFX)



Nathan Tsukroff of PortraitEFX of Maine / Bell Studios Inc receives Outstanding Chamber Investor Award (Photo courtesy of Portrait EFX)

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Flu

Continued from page 4

gency warning signs of flu, or flu-related complications, go to the nearest ER immediately. CDC identifies the following symptoms as flu emergency warning signs:

For adults: difficulty breathing or shortness of breath; chest pain or abdominal pain; sudden dizziness; confusion; severe or persistent vomiting; flu-like symptoms that improve, but then return with fever and worse cough; swelling in the mouth or throat; weakness.

For children: fast breathing or trouble breathing; bluish skin color; not

drinking enough fluids; not waking up or not interacting; being so irritable that the child does not want to be held; flu-like symptoms that improve but then return with fever and worse cough; fever with a rash.

In addition to the signs above, seek immediate medical attention for an infant who shows any of these signs: not able to eat; trouble breathing; no tears when crying; significantly fewer wet diapers than normal.

"If you have these warning signs, you should seek emergency care, even if your health insurance company tells you not to," said Dr. Kivela.

The American College

of Emergency Physicians is the national medical specialty society representing emergency medicine. ACEP is committed to advancing emergency care through continuing education, research, and public education. Headquartered in Dallas, Texas, ACEP has 53 chapters representing each state, as well as Puerto Rico and the District of Columbia. A Government Services Chapter represents emergency physicians employed by military branches and other government agencies.

For more information on recognizing an emergency, choosing between the emergency department or urgent care, and other topics, see www.emergencycareforyou.org.

For specific information on the current flu season, see www.cdc.gov/flu.

Colby

Continued from page 6

the world and a fully inclusive experience for all Colby students. Colby is home to a community of 2,000 dedicated and diverse students from more than 80 countries. Its Waterville, Maine, location provides unique access to world-class research institutions and civic engagement experiences.

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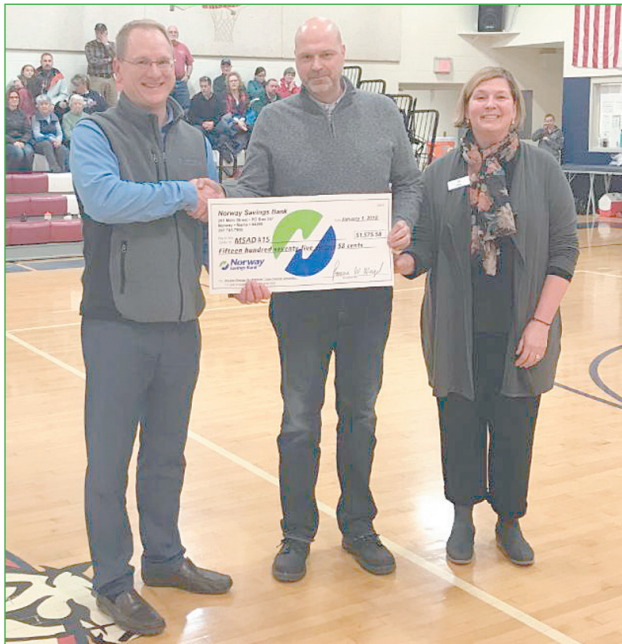
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Norway Savings' "Pocket Change for Patriots" program supports Gray-New Gloucester schools



Jay Kiel and Mary Martell of Norway Savings Bank present a check to Dunn School Principal Geoff Robbins to support STEM and literacy programs

Every day, community members who pass through the Gray branch of Norway Savings Bank put their spare change to good use to support local schools. Through its "Pocket Change for Patriots" program, the bank recently presented a check for \$1,575.58 to Dunn School to help engage its students in science, technology, engineering, and math (STEM) subjects

and literacy programs.

"We are always looking for new ways to engage our students," said Dunn School Principal Geoffery K. Robbins. "We will allocate this donation to STEM programs and materials, Family Literacy nights, and various other enrichment opportunities for students."

"It's so easy to give to the Pocket Change for Patri-

ots program," said Jay Kiel, manager of Norway Savings Bank's Gray branch. "Just bring in your loose change, use the counting machine, and the fees you would normally pay go to the fund. Everyone in the community is invited to participate."

Since opening in 2014, Norway Savings Bank's Gray branch has donated nearly \$3500 to MSAD 15. In all, 100% of the fees collected from the coin counting machine have been donated to the Gray-New Gloucester School District for various programs.

Founded in 1866, Norway Savings Bank is a leading mutual banking and financial services company headquartered in Norway, Maine. As of December 31, 2017, the bank had \$1.134 billion in total assets, providing financial services to more than 38,000 households throughout western and southern Maine. Norway Savings Bank has 24 branch locations and operates divisions in asset management, personal banking, and business banking. For more information, see www.norwaysavings.bank.

CMCC student wins HEAF scholarship

Kristina Blais of Central Maine Community College has been awarded a 2017 Higher Education Assistance Foundation scholarship. A graduate of Lewiston High School, Blais has earned high honors as a student in the Business Administration and Management transfer program at CMCC. She is also a guard on the women's basketball team that won last year's USCAA Women's Division II national championship. She plans to attend the University of

Southern Maine after she graduates from CMCC this spring.

HEAF was founded in the 1950s by a group of banks, businesses, community organizations, and individuals. Now administered by the Maine Bankers Association of Westbrook, the foundation annually awards sixteen \$1,000 scholarships to students majoring in business-related fields at select Maine colleges. Since 1990, it has awarded more than \$350,000 in scholarship to Maine students.



Kristina Blais is an honor student and a guard on the CMCC women's basketball team that last year won the USCAA Women's Division II national championship.

Pross joins Skelton Taintor & Abbott



Jim Pross

Skelton Taintor & Abbott has announced that Jim Pross has joined the firm as an associate attorney. He practices in the

areas of commercial real estate, landlord and tenant law, municipal and government law, Social Security disability, and workers' compensation law.

Prior to joining Skelton Taintor & Abbott, Pross practiced law with two other Maine law firms and worked for the New Hampshire Municipal Association. He has served on the Board of Directors of the Androscoggin Land Trust since 2009, including two years as its President. He recently finished serving a two-year term as an Auburn City Councilor and a joint two-year term

as a member of the Auburn School Committee.

Pross received his B.A. in Political Science from the University of Charleston and his J.D., cum laude, from the University of New Hampshire School of Law.

Skelton Taintor & Abbott is one of Maine's leading law firms serving individuals, government entities, and businesses in litigation and general representation throughout northern New England for more than 165 years. For more information, call 784-3200 or see www.STA-Law.com.

Chamber

Continued from page 7

right partner for College for ME – Androscoggin to continue to provide the First Class Scholarship. Our Board of Directors, who have been passionate and committed to wakening the college aspirations within our community for the past decade, will be able to continue to contribute by helping the LA Metro Chamber Foundation choose scholarship recipients through the College for ME – Androscoggin Scholarship Fund. For me, this isn't good-bye to an organization; this is an opportunity to adapt to the changing landscape in a way that best supports the current climate."

Paul Landry, owner of Fish Bones Americal Grill stated, "The LA Metro Chamber of Commerce has always been a strong advocate of educational and workforce development. The Fish Bones Hospitality Scholarship has been committed to providing scholarship dollars as an organic effort to embellish the local hospitality workforce. College for ME Androscoggin was a great fit for Fish Bones as a scholarship host and I expect that the LA Metro Chamber will follow suit given the Chamber's educational and workforce priorities. We're excited to be part of the LA Metro Chamber Foundation and the invaluable assistance they will be able to provide

in managing the scholarship funds. Local dollars going to local students is a big win for our community and potentially helps to grow our local workforce."

About LA Metro Chamber Foundation

The LA Metro Chamber Foundation is a 501c3 non-profit founded by the LA Metro Chamber of Commerce to promote and support educational initiatives related to economic development through grants, scholarships and other activity. Rebecca Swanson Conrad, President of the Chamber added, "Managing both the First Class Scholarship and the Fish Bones Hospitality Scholarship within the Chamber Foundation enhances our capacity to support the pursuit of higher education in our metro region and meets a key goal of the Chamber to strengthen our workforce and increase opportunities for members of the community. Combined with our own scholarship program for local high school youth and our partnership with Central Maine Community College through the Chip Morrison Scholarship Scramble, the LA Metro Chamber Foundation now provides the opportunity for all Funds to grow through new gifts."

About the Lewiston Auburn Metropolitan Chamber of Commerce

The Lewiston Auburn Metropolitan Chamber of Commerce is an organiza-

tion of community-minded businesses that serves Lewiston, Auburn and the surrounding communities. Located at 415 Lisbon Street in the heart of downtown Lewiston, the LA Metro Chamber offers networking events, professional development opportunities, educational scholarships, and practical resources to help professionals advance and businesses of all sizes grow. LA Metro Chamber provides a collective voice, advocating for issues, influencing ideas, and facilitating conversations in support of business, commerce, and community. The Lewiston Auburn Metropolitan Chamber of Commerce exists to help make LA Maine not only a welcoming place to do business, but an ideal place to live. Call 207-783-2249 or visit lametrochamber.com to learn more.

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Ater & Friends bring comedy to Chocolate Church



Johnny Ater

Comedy is a sure-fire cure for the common winter blues. On Saturday, February 17 at 7:30 p.m., veteran local comedian Johnny Ater will headline an Ater & Friends Comedy Night in the Annex at the Chocolate Church Arts Center, located at 804 Washington Street in Bath. Joining Ater will be comedians Nellie Coes, Kevin Neales, and Tuck Tucker. Doors will open at 7 p.m.

Working hard and succeeding at his craft of making audiences laugh, Johnny Ater has been one of Maine's favorite stand-up comics since 2003. One moment he's taking light-hearted swipes at himself (and his fellow Mainers) at how NOT cool he is, and the next he's proving the point by contorting his face in the most amazingly goofy ways.

Kevin Neales is a stand-up comedian from Portland, Maine. He has performed at the Comedy Studio in Boston, the Ice House in Los Angeles, Mottley's in Boston, and the Comedy Connection



Kevin Neales

Chewonki offers new "Animal Adventures" program series

Starting in February, the Chewonki Foundation will present a new five-part series of "Animal Adventures," providing hands-on learning about the natural world for kids and adults of all ages. The monthly program, taking place at Chewonki's Center for Environmental Education at 485 Chewonki Neck Road in Wiscasset, will feature live animals, fossils, skeletons, and a wide collection of touchable natural history exhibits.

"I'm really excited to be offering some of our wildlife presentations here

at Chewonki," says Emma Balazs, program coordinator for Chewonki's Traveling Natural History program. "One of my favorite aspects of this job is to see the spark of wonder on someone's face when they see a Great Horned Owl, touch a Milk Snake or hold a Spotted Sal-

amander for the first time. It never gets old!"

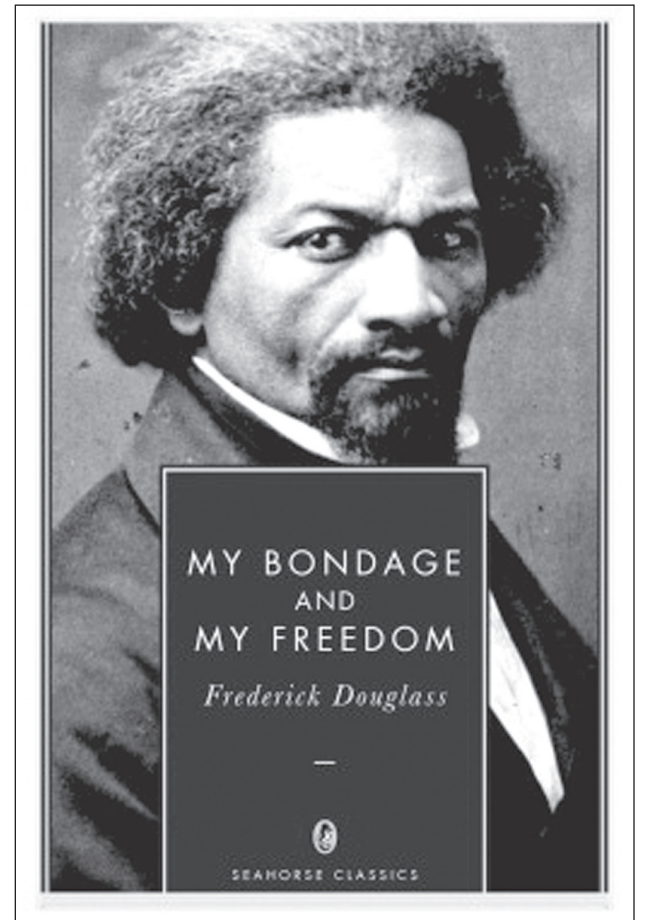


Nellie Coes

in Portland, Boston, and Providence. Tuck Tucker is widely considered to be one of the funniest and most dynamic comics to come out of New England in the last decade. Known for his combination of verbal wit and physical comedy, he loves recounting his years growing up and his job experiences working at a funeral home. Nellie Coes is a stand-up comedian from Yarmouth.

Seating is limited for this adult-content show. Tickets are \$15 in advance or \$17 at the door. They may be purchased by calling the box office at 442-8455 or online at www.chocolatechurcharts.org.

Bailey Library to host "Let's Talk About It" Civil War series



The first book in the series will be "My Bondage and My Freedom" by Frederick Douglass.

Bailey Public Library in downtown Winthrop will partner with the Maine Humanities Council to present "Let's Talk About It," a five-part series focusing on famous Civil War biographies. Offered through the Maine Humanities Council in partnership with the Maine State Library, the goal of the series is to provide an in-depth, personal view of life during the Civil War era. The events will take place on the fourth Tuesday of each month from February through June.

The first meeting on Tuesday, February 27 at 6:30 p.m. will feature the

title "My Bondage and My Freedom" by Frederick Douglass, his second autobiography and a literary classic of the American Renaissance. In the book, the famous escaped slave and abolitionist leader gives an account of his emergence into a life of freedom. Copies of the books for each event will be available at Bailey Library.

Each discussion will be hosted by Sarah Firth, who has been facilitating conversations professionally for 25 years. Firth has worked as an internal consultant at MaineGeneral. See Bailey, page 16

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Community Concepts seeks volunteer drivers

Community Concepts' Transportation Program is seeking volunteer drivers to help those who have no other means of transportation get to essential medical and other appointments.

Drivers are needed throughout the program's service area, which includes Androscoggin, Oxford, and Franklin counties. To be eligible, drivers must have

their own vehicles and liability insurance. They should also have a clean driving record, with no more than two moving violations on their driving record in the past three years.

Volunteer drivers have flexible schedules and receive a reimbursement of \$0.41 for every mile driven. This reimbursement is not taxable and does not inter-

fere with other government benefits.

"We have been budgeting to cover our need for dozens more volunteer drivers," said Transportation Program Manager Kirk Bellavance. "We have people in need of rides to critical destinations, so we encourage anyone with reliable transportation, a good driving record, and some extra time on weekdays to give us a call. It's a great way to help out your community and earn some extra money."

Those interested in becoming volunteer drivers with Community Concepts should call 333-6460 or email jlucier@community-concepts.org.

Community Concepts is a nonprofit organization supporting residents in Androscoggin, Oxford, and Franklin counties with a dynamic range of programs, including children and family services, transportation, heating and utility assistance, affordable housing, and financing for housing and businesses. For more information, see www.Community-Concepts.org.

Management, a Juris Doctor from the University of Maine School of Law, and is currently a member in good standing of the Maine Bar.

Sign-in will begin at 7:30 a.m. There will be time to network before and after the program. Registration online is preferred and available at www.cmhra.org.

Twin City Nights

Chamber president to address Rotary Club

The next meeting of the Lewiston-Auburn Rotary Club will feature guest speaker Rebecca Conrad on Thursday, February 22, from noon to 1 p.m. at the Village Inn at 165 High Street in Auburn.

Rebecca Conrad joined the Lewiston-Auburn Metropolitan Chamber of Commerce as President & CEO in March of 2017. Previously, she was the Vice President for Institutional Advancement at Maine College of Art in Portland, where she began as a consultant in 2006. With her husband, she co-owned Austin's Fine Wines and Foods for 20 years, and she owned and operated Rysen Home Garden & Antiques, a retail gallery promoting local art and products supporting international women's economic development, for three years. Prior to Rysen, her career spanned 21 years in higher education administration at Bates College, including four years as executive director of LA Excels, the college's non-profit community development partnership focusing on leadership, arts, educational aspirations, and economic revitalization in Lewiston-Auburn.

Conrad has served as chair of the Lewiston Au-



Rebecca Conrad

burn Economic Growth Council, Androscoggin Home Care & Hospice, and L/A Arts, vice-chair of the Maine Arts Commission and the Maine Association of Nonprofits, and on the board of Advocates for Children, the Androscoggin County Chamber of Commerce, and the Central Maine Community College Foundation. She currently serves with Oxfam's "Sisters of the Planet," on the advisory board of USM's LA College, on the Muskie School's Board of Visitors, and on

the board of the Auburn Lewiston Airport.

She received her BA in English from Bates College and studied in the New England Studies MFA program at the University of Southern Maine. She lives in Auburn with her husband, Austin Conrad, Jr., and her cat, Charles Mingus.

Guests are welcome and no reservations are required. Lunch will be available at the restaurant. For more information, call 753-9040 or see www.lewistonauburnrotary.org.

CMHRA meeting looks at drug impairment in the workplace

The next meeting of the Central Maine Human Resources Association on Tuesday, February 20 at 7:45 a.m. will feature a legal update for employers of all sizes about recognizing drug impairment, how it can affect safety in the workplace, and current legal issues pertaining to drug use, abuse, and impairment in Maine. The meeting will take place at the Carriage House at 1119 Lisbon Street in Lewiston

Maine is undergoing a drug abuse epidemic: overdoses occur at alarming rates; prescription drug rates per capita remain among the highest in the nation; and ultra-concentrated THC marijuana has become recreationally legal.

While an employee's right to use certain drugs at work may be protected, that does not include a right to be impaired on the job. Drug impairment endangers safety and productivity. Can your managers recognize the difference? Do your policies accurately reflect the distinction?

Furthermore, there are many common misperceptions about drug abuse in the workplace: Can a worker be legally impaired on their own prescription drug? Does Marijuana dangerously affect physical or mental processes? This program will give employers the basics on what they can do to address these issues. Feel free to submit questions in advance to CMHRA co-program chair Rebecca Webber at rwebber@sta-law.com.

The program will be presented by Scot Mattox, Esq., owner of Dirigo Safety, LLC, which employs lawyers and law enforcement-trained Drug Recognition Experts to teach drug abuse awareness to line workers and drug impairment awareness to managers. After 26 years in law enforcement, Mattox retired in September 2013 as a Sergeant with the Portland Police Department. He holds a Bachelor's Degree in Criminology, a Master's Degree in Public Policy and

Maine's 2017 Hire-A-Vet Campaign leads to 296 hires

Employers participating in Maine's Hire-A-Vet Campaign in 2017 hired 296 veterans and military family members during the 100-day initiative. One-hundred-and-fifty-four employers from all 16 Maine counties participated in the campaign, with an average placement wage reported of \$23.16 per hour. The campaign launched last Labor Day and ended December 13, 2017. Due to the length of hiring processes for those who applied within the 100-day period, final numbers were collected into January.

"Maine's Hire-A-Vet campaign continues to successfully educate employers about the value veterans bring to our workforce," said Governor Paul R. LePage. "Ann and I fully support Hire-A-Vet. We want our veterans and military families who have given so much to our nation to return home to good-paying careers that appreciate the skills developed by service in the Armed Forces."

The campaign provides support for employers to expand the hiring of vet-

erans, including a network of state and federal agencies, resources, and nonprofits; education on military language and culture; assistance with recruiting, hiring, assimilation, and retention; and recognition for the hiring and advancement of veterans. Participating employers were not required to hire veterans or military family members they interviewed to be a part of the campaign.

The 2017 campaign's numbers were an increase over the 2016 campaign by six participating employers (148 in 2016), 101 hires (195 in 2016), and reported wages of plus \$0.93 per hour (\$22.23 in 2016). Of the 296 total hires, 275 were veterans and 21 were military family members. Women

The next HR Thursdays workshop, jointly presented by the LA Metro Chamber of Commerce, the Central Maine Human Resources Association, and the Lewiston CareerCenter, will be "Recruitment and Retention Strategies" on Thursday, February 22, from noon to 1:30 p.m. in the chamber's conference room at 415 Lisbon Street in

veteran hires were 52 of the 275 reported (roughly 20 percent). Female veterans make up 10 percent of Maine's total veteran population.

Veterans' employment representatives available through the Maine Career-
See Hire, page 16

HR Thursdays workshop tackles "Recruitment and Retention Strategies"

Lewiston.

The program will consist of an open discussion of a topic now on the minds of all Maine businesses: effective strategies for attracting and retaining qualified employees. The panelists will be Cindy Letourneau, Senior HR Business Partner of St. Mary's Health System; Cassandra Jones,

KMA HR Consultant; and Mary Kozicki LaFontaine, Regional Director of the Southern Maine CareerCenters. Those attending are invited to bring their own strategies and experiences to share with the group.

The registration fee is \$25 for chamber members and \$50 for non-members; CMHRA members attend

free of charge. For more information, call 783-2249; to register, see www.LAMetro-Chamber.com.

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Twin City Nights

World's Greatest Sleigh Rides on Sunday

The Farmer's Draft Horse, Mule, and Pony Club and the Pejepscot Snochiefs Snowmobile Club will team up to present the 25th annual "World's Greatest Sleigh Rides" on Sunday, February 18, from 10 a.m. to 2 p.m. at 400 Main Street in Lisbon Falls.

Teams of horses and sleighs will be on hand to

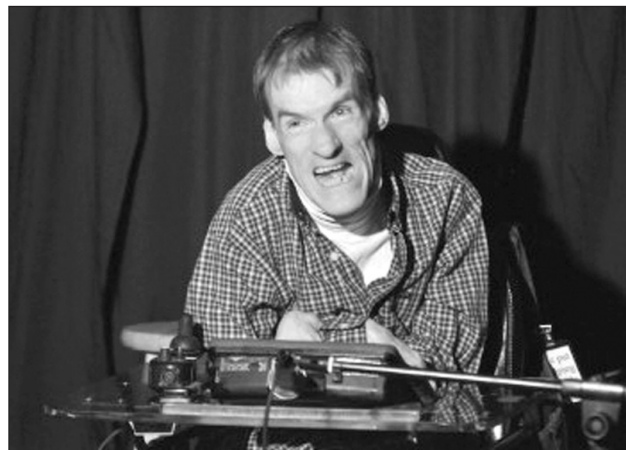
give rides as they did generations ago. A snack shack on site will offer hot homemade donuts, hot dogs, coffee, hot cocoa, soups, and stews while they last. Rides will be \$5 for adults and \$3 for children; all proceeds from this all-volunteer charity event will go to Camp Capella, a summer camp for handicapped children. Donations

will be gratefully accepted.

This is a rare opportunity to experience both large and small horses pulling old fashioned sleighs through woods and over snow-covered fields. Bring your family, friends (and camera) to breathe some fresh air and enjoy a ride. For more information, find them on Facebook.

Tightest Five semifinals tonight at Bear Bones Beer

THE TIGHTEST
FIVE
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Bill Picard is the evening's featured comedian.

Maine Event Comedy's Tightest Five contest at Bear Bones Beer continues with the semifinal round on Thursday, February 15 at 7 p.m. Mark

Turcotte will host 10 hopefuls as they perform their best five minutes of original material, only five of whom will advance to the finals. Along with

bragging rights, the winner's prize package includes paid work, professional headshots, and craft beer.

The semifinal contestants are Brendan Williams, Jeff Medoff, AJ O'Connell, Jim Martin, Jed Bloom, Mike Johnson, Adam Hatch, David McLaughlin, Ryan Ellington, and Sam Pelletier.

"New England's Most Unique Comedian" Bill Picard will be the evening's featured comedian. Born with cerebral palsy and confined to a wheelchair, Picard has used his physical disability to educate and entertain. He's performed throughout Maine and was a finalist in Portland's Fun-



Weekend highlights include a family contradance, snowshoe races, the Snowshoe Fashion Parade, and the World Championship Snowshoe Wife Carry.

The Norway Snowshoe Festival will kick off its eighth year with a Family Contra Dance at the Norway Grange on Friday, February 16, from 6 to 8 p.m. Fiddler Pam Weeks will supply the music while caller Bill Olson leads the dancers. The grange is located at 15 Whitman Street, one block away from Main Street, in

downtown Norway. Admission will be by suggested donation of \$5 to 10.

Organized by the Western Foothills Land Trust, the Norway Snowshoe Festival celebrates Norway's rich cultural heritage of arts, crafts, and outdoor activities. This year's theme is polar explorers, with events honoring Norway's own WF Tubbs and pioneers Admiral Byrd and Robert Peary.

niest Professional Contest. Refusing to let his condition slow him down, Picard earned a business degree at the University of Maine, owns several rental properties, and tours as a motivational speaker. A comedy open-mic will follow the show.

The finals, taking place March 15, will feature a performance by Nickelodeon TV's "Funniest Mom in America" finalist Karen Morgan.

The show is free and open to those ages 21 and older. Bear Bones Beer is located at 43 Lisbon Street in Lewiston. For more information, call 513-0742 or e-mail maineventcomedy@gmail.com.

Fashion Parade, harkening back to a time when local residents traversed the snowy landscape in woolen clothing and wooden snowshoes.

The highlight of the afternoon will be at 1 p.m., when contestants in the World Championship Snowshoe Wife Carry will strap on snowshoes to navigate a 125-yard winter obstacle course. The winning couple will receive belt buckles courtesy of TruStrength Athletics, two \$50 gift certificates, and a growler of their favorite beer from Norway Brewing Company. The entry fee is \$25 for adult couples and \$10 for high school couples, in advance, or \$30/15 at the race. The festival will wrap up with the Byrd & Peary Snowshoe Tug of War, when teams of four will compete for a prize of Darn Tough socks, a fitting reward for the team with the most muscle.

Spectators and participants will then be treated to a fire pit lunch, provided by Norway Brewing Company, Cafe Nomad, and Pietree Orchard. During lunchtime, Fiber & Vine will host the Hortense Gates Snowshoe

This year's festival is also part of the Great Maine Outdoor Week, which promotes outdoor activities across Maine. As part of Great Maine Outdoor Week, See **Norway**, page 16

French Sing-Along Feb. 16

Community members are invited to join Les Troubadours for their next French Sing-Along session on Friday, February 16 at 1:30 p.m. in Room 170 at the University of Southern Maine's Lewiston-Auburn College. Sponsored by the Franco Collection at USM-LAC, the event is free

and song books are provided, so those who don't know the songs or are less than fluent in French can follow along. The session is subject to cancellation due to stormy weather. Lewiston-Auburn College is located at 51 Westminster Street in Lewiston. For more information, call 576-4109.

Monmouth Community Players present "When Radio Was King"

Before there was Netflix, Hulu, and network TV, families would crowd around the radio to listen to their favorite shows. Monmouth Community Players invites audiences to experience what a live radio show was like with its second annual produc-

tion of "When Radio Was King." The show runs for one weekend only, February 16 through 18, at the historic Cumston Hall in Downtown Monmouth. Show times are Friday at 7:30 p.m., Saturday at 2 and 7:30 p.m., and Sunday at 2 p.m.



Ranging in age from 13 to 70-plus, the cast includes (l. to r., from front) Ginger Smith, Danny Gay, Christine Michaud, Kathleen Brainerd, Carol Griffiths, Gregor Smith, Jim Wright, David Marshall, Andy Tolman, Ray Fletcher, and Josie French. Absent from the photo are Megan Record, Sarah St. Clair, Sarah Wheatley, Brittany Bazinet, and Jeffrey Fairfield.

Audiences can expect to see an authentic, old-time radio show unfold on stage - complete with old vaudeville comedy routines, sketches, and commercials including sound effects - just like they would if they were

in the audience of a real radio program. If you had a problem, would you turn to Sherlock Holmes, or do you think Father Knows Best? Can you solve the Five-Minute Mystery? The show will feature these and See **Monmouth**, page 16

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Thursday, February 15
Great Falls Forum. Noon to 1 p.m. Callahan Hall, Lewiston Public Library. Lisa DeSisto, CEO of Sun Media Group and MaineToday Media, with discuss "A Bright Future for Newspapers." Free. Bring your bag lunch. 513-3135.

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Candace Sanborn, Chief Marketing Officer for Community Concepts. Free; no reservation required. 713-7045; monica.millhime@maine.gov.

Public Meeting. 6 p.m. City Council Chambers, 60 Court St., Auburn Hall, Auburn. The Auburn Agricultural Committee invites residents to learn about agricultural strategies and opportunities recommended by consultants Crossroads Resource Center. 333-6601, ext. 1154; ecousens@auburnmaine.gov.

Film Screening. 6 p.m. Auburn Public Library. The library's "Fake News February" series continues with this screening of "Page One," a documentary about the challenges of maintaining news accuracy in the digital age. Free. www.auburnpubliclibrary.org.

High School Information Night. 6:30 p.m. St. Dominic Academy, 121 Gracelawn Rd., Auburn. Learn about student life at St. Dom's, incl. academics, co-curricular activities, athletics, and financial aid. 782-6911; Shelly.Wheeler@portlanddioces.org.

Tightest Five Comedy Contest. 7 p.m. Baxter Brewing, 130 Mill St., Lewiston. The contest continues with the semi-final round, "New England's Most Unique Comedian" Bill Picard performs, and an open mic follows. Ages 21-plus. Free. 513-0742; maineeventcome-

Calendar

See more Calendar at www.TwinCityTimes.com

dy@gmail.com.

Poem Recitation. 7 p.m. Merrill Memorial Library, 215 Main St., Yarmouth. John Farrell, Artistic Director of Figures of Speech Theatre, recites T.S. Eliot's extended mediation, "Four Quartets," from memory. Free. 846-4763.

Friday, February 16

French Sing-Along. 1:30 p.m. Rm. 170, L-A College, 51 Westminster St., Lewiston. Les Troubadours lead participants in singing favorite French and Franco-American songs. Everyone welcome; songbooks provided. Free. 576-4109.

Family Contra Dance. 6 to 8 p.m. Norway Grange, 15 Whitman St., downtown Norway. Fiddler Pam Weeks supplies the music while caller Bill Olson leads the dancers. Suggested donation \$5 to 10.

"When Radio Was King." 7:30 p.m. Cumston Hall, Monmouth. Monmouth Community Players present this radio era-style variety show, complete with skits, songs, and commercials. Again 2/17 (2 and 7:30 p.m.) and 2/18 (2 p.m.). \$14/12. 370-9566; www.monmouthcommunityplayers.org.

Saturday, February 17

Maine Small Business Exchange. Hilton Garden Inn-Riverwatch, Auburn. Pres. by Military Talent Source, LLC, this event seeks to bring owners with successful small businesses to sell together with veterans who might be interested in buying them. Open to the public, non-veterans welcome. For ticket info and schedule, see www.eventbrite.com.

Winter Tracking

Field Trip. 8 to 11 a.m. Meet at Staples parking lot in Lewiston for carpooling. Steve Reed leads this Stanton Bird Club trip to Woodbury Nature Sanctuary in Monmouth. Dress warmly; bring snowshoes or winter boots. All welcome. Free. 319-6630.

New Gloucester Republican Caucus. 10 a.m. New Gloucester Community Building, 385 Intervale Rd. New Gloucester Republicans gather to elect officers to the town committee, reps to the county committee, and delegates to the state convention. 577-5181; gccolby@maine.rr.com.

Norway Snowshoe Festival. 10 a.m. to 2 p.m. Roberts Farm Preserve, 64 Roberts Rd., Norway. This annual event features a variety of outdoor contests, fire pit lunch, and Snowshoe Fashion Parade. <http://wflmaine.org>.

Ater & Friends Comedy Night. 7:30 p.m. Annex, Chocolate Church Arts Center, 804 Washington St., Bath. Ater headlines a line-up that incl. Nellie Coes, Kevin Neales, and Tuck Tucker. \$15 in advance (\$17 at door). 4442-8455; www.chocolatechurcharts.org.

Sunday, February 18

World's Greatest Sleight Rides. 10 a.m. to 2 p.m. 400 Main St., Lisbon Falls. Come enjoy horse-drawn rides in a variety of sleighs (\$5/3), then warm up with treats from the snack shack; proceeds benefit Camp Capella.

Tuesday, February 20

Central Maine Human Resources Assoc. Meeting. 7:45 a.m. Carriage House, 1119 Lisbon St., Lewiston. This meeting features a legal update

for employers on issues related to drug impairment in the workplace. \$25 (free to CMHRA members), incl. breakfast. Register at www.cmhra.org.

Thursday, February 22

Rotary Club Lunch Meeting. Noon to 1 p.m. Village Inn, 165 High St., Auburn. The guest speaker is Rebecca Conrad, President & CEO of the L-A Metro Chamber of Commerce. Free; no reservation required. 713-7045; monica.millhime@maine.gov.

HR Thursdays Workshop. Noon to 1:30 p.m. Chamber of Commerce, 415 Lisbon St., Lewiston. A group of panelists leads an open discussion on "Recruitment and Retention Strategies." \$50 (Chamber members \$25; CMHRA members free). 783-2249. Register at www.LAMetroChamber.com.

"The Rise of Fake News." 6 p.m. Auburn Public Library. The library's "Fake News February" series continues with Bates College's Stephanie Kelley-Romano, who discusses her experiences teaching a class called "Presidential Campaign Rhetoric." Free. www.auburnpubliclibrary.org.

Sharks4Kids Program. 6 p.m. Auburn Public Library. Jessica Woodend, Maine Regional Ambassador for Sharks4Kids, presents a fun and informative program on sharks, with a focus on species found in the Gulf of Maine. Best for school-age kids. Free. 333-6640.

Marine Corps League Meeting. 6 p.m. Armory, 65 Central Ave., Lewiston. Central ME Detachment 810 holds its monthly meeting. They need members: all Marines, FMF corpsman, Navy chaplains, and those interested in Marines Helping Veterans are invited to attend.

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Fifty Shades Freed (R).....	1:00	4:00	7:10	9:40
Peter Rabbit (PG).....	12:40	3:30	7:05	9:25
Winchester: The House That Ghosts Built (PG-13).....	12:55	3:55	6:55	9:20
Three Billboards Outside Ebbing, Missouri (R).....	1:15	4:25	7:00	9:35
Jumanji: Welcome To The Jungle (PG-13).....	12:50	3:50	6:40	9:30
Black Panther (PG-13).....	1:20	4:20	6:50	
Black Panther (PG-13).....	12:30	7:30		
Black Panther 3D (PG-13).....	3:40	9:50		
Forever My Girl (PG).....	1:30	4:30	7:15	
Maze Runner: The Death Cure (PG-13).....	9:40			

Egyptology Program. 6 p.m. Maine State Museum, Augusta. Free. Museum Director and Egyptologist Bernard Fishman shows images from his personal collection of 19th-century stereoscopes of Egyptian antiquities. Free.

Friday, February 23

"Understanding Poverty to Support Workforce Development." 8:30 a.m. to 3:30 p.m. Central Maine Community College, Auburn. This workshop for employers is pres. by Community Concepts and the L-A Metro Chamber of Commerce. \$35 (incl. lunch, materials). jjohnson@community-concepts.org.

Saturday, February 24

Bean Supper. 4:30 to 6 p.m. Sixth St. Congregational Church, 109 Sixth St., Auburn. Two kinds of beans, brown bread, coleslaw, red and brown hot dogs, American chop suey, asst. deserts and beverages. \$6 adults, \$3 kids ages 5-12, under 5 free. Take-out available.

Bean Supper. 5 p.m. First Congregational Church, Rte. 115, Gray. Baked beans, casseroles, salads, homemade breads and desserts, beverages. \$8 adults, \$4 kids under 12. Wheelchair

accessible. 657-4279; 657-3279 (day of supper).

"From Bandstand to Billboard." 7:30 p.m. Franco Center, 46 Cedar St., Lewiston. This lively musical revue takes a fond look back at the popular music and culture of the 1950s, '60s, and '70s. 689-2000; www.francocenter.org.

Thursday, March 1

Film Screening. 6 p.m. Auburn Public Library. The library's "Fake News February" program series concludes with this screening of the 1976 film "All the President's Men." Free. www.auburnpubliclibrary.org.

Sunday, March 11

Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Gayle Chung leads "Recycled Robots." Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.

Sunday, April 8

Second Sunday Art Workshop. 2 to 4 p.m. Harlow Gallery, 100 Water St., Hallowell. Artist Andrea Lani leads "Nature Journaling." Open to all ages, experience levels; space limited for some workshops. Free. Register at 622-3813.

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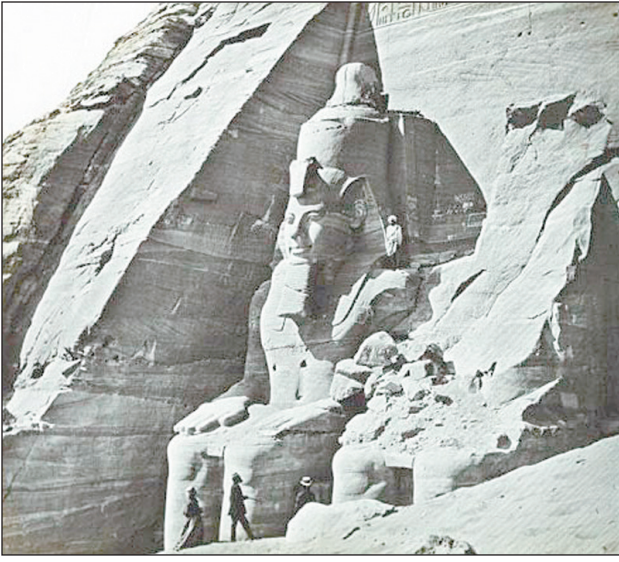
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Maine State Museum Director to share vintage images of Egypt



The Temple of Abu Simbel at the southern border of Egypt, built by pharaoh Ramesses II at about 1250 B.C. Taken circa 1865, this stereoview photograph on glass shows some early tourists at the base of the 65-foot Colossi of the King. (Image courtesy of Bernard Fishman)

In a Discover More program sponsored by the Friends of the Maine State Museum, MSM Director Bernard Fishman will showcase century-old stereoviews of iconic Egyptian landscapes in a unique 3D presentation. This rare opportunity to enjoy an armchair tour through the landscapes and temples of

Egypt under the guidance of a professional Egyptologist will take place on Thursday, February 22 at 6 p.m. at the Maine State Museum in Augusta. The event is free and open to the public.

For thousands of years, Egypt has attracted explorers and adventurers who have traveled great distances to experience its wonders with their own eyes. For a generation or two after the invention of photography in 1839, a few bold, pioneering photographers carried cumbersome equipment to Egypt, where they took pictures of tombs and temples, natives and mummies, and large and threatening crocodiles. These images were brought back to Europe and the U.S. to be enjoyed in warm, gaslit parlors by those unable to make the long, expensive, and at times dangerous journey before the days of travel

agencies and tourist hotels.

Most of these early photographs were taken in the form of stereo-views, the main commercial method of the day for distributing photographic views to a wide public. Produced on cards, or on glass in luxury examples, stereo-views have two photographic images that allow the viewer to see 3D images when observed through 3D viewing glasses.

In the early 1980s, Fishman worked for the Oriental Institute of the University of Chicago, spending three years working as an archaeologist and epigrapher (a specialist in ancient inscriptions) in Luxor, Egypt. While Fishman may have long since left Egypt, his love of Egypt has never left him, and one of the ways he has sustained his connection with that ancient civilization has been by amassing one of the largest collections of

early photographs of Egypt in private hands. For this program, Fishman will present and discuss over 60 such images of Egypt's most notable and iconic temples and landscapes. Those attending will be supplied with complimentary viewing glasses.

The Maine State Museum is located at 230 State Street in Augusta. For more information about the program, call the Friends of the Museum at 287-2304.

Comedy

Continued from page 10

Sunday, April 15, 1 to 2 p.m. - "Animal Adaptations"; Sunday, May 20, 1 to 2 p.m. - "The Bugmobile"; and Sunday, June 17, 1 to 2 p.m. - "Predators." Those interested in attending a program are asked to reserve tickets online. For more information, call 882-7323. To register, see <http://tnhp.chewonki.org>.

"This program is a wonderful introduction to science and nature," says Chewonki Director of Communications Cullen McGough. "Part of our mission at Chewonki is to teach appreciation and stewardship for the natural world. Kids have a natural interest in animals, and I can't think of a better way to engage that passion than to give them the opportunity to see and feel these amazing creatures up close."

Based in Wiscasset, Chewonki is a school, camp, and environmental education organization that inspires transformative growth, teaches appreciation and stewardship of the natural world, and challenges people to build thriving, sustainable communities throughout their lives. For more information, see <http://chewonki.org>.

Bailey

Continued from page 10

Health and for a variety of small nonprofits through her consulting firm. She grew up in a small town in Connecticut and went to Connecticut College, earning a BA in English. She moved to Maine in 1982 and currently lives in Vienna. She is employed by the Maine Coalition Against Sexual Assault. She is the president of the Maranacook High School Booster Club and a member of the Mill Stream Grange and the Union Hall Association in Vienna.

Monmouth

Continued from page 12

other sketches, along with popular songs of the era.

Ranging in age from 13 to 70-plus, the cast is a mixture of vocal and comedic talent, including Andy Tolman of Readfield,

Gregor Smith of Belgrade, Ginger Smith, Sara St. Clair, and Christine Michaud of Winthrop, Sarah Wheatley of Old Town, Kathleen Brainerd of Gardiner, Josie French and Danny Gay of Lewiston, Jim Wright of Fayette, Jeffrey Fairfield of Hallowell, Brittany Bazinet of Greene, and Ray Fletcher, David Marshall, Carol Griffiths and Megan Record of Monmouth. The show is directed by Linda Duarte of Lewiston and produced by Cindy Dunham of Winthrop, with music direction by Bob Gilbert.

General admission tickets are \$14, or \$12 for students and seniors. For more information or to buy tickets, call 370-9566 or visit MCP's website at www.monmouthcommunityplayers.org.

Norway

Continued from page 12

the Western Foothills Land Trust will also host a Snowshoe Walk and a Kids' Fat Tire Bike Race.

The Snowshoe Walk will take place on Friday, February 9 at 11 a.m. at Shepards Farm, located at 121 Crockett Ridge Road in Norway. The Kids' Fat Tire Bike Race will take place on Sunday, February 18 at 10 a.m. at Roberts Farm Preserve, 64 Roberts Road in Norway. Five demo fat tire bikes will be available for young racers to use, free of charge. For a complete schedule of Great Maine Outdoor Week events, see <http://wflmaine.org>.

Hire

Continued from page 11

Centers can visit employers to assist them in finding qualified veterans and provide information on the benefits of hiring veterans. Services offered to veterans through Maine CareerCenters are also available to their military family members at no cost. A list of CareerCenters is available at www.mainecareercenter.gov. For more information, employers or veterans can contact their closest Maine CareerCenter or the Maine Department of Labor's Veterans' Program Manager Auta Main at (207) 623-7975 or auta.m.main@maine.gov.

The Maine Hire-A-Vet Campaign is co-sponsored by the Maine Department of Labor and its CareerCenters, the Maine Bureau of Veterans Services, Boots2Roots, Easter Seals and its Veterans Count program, Live+Work in Maine, Transition Assistance Advisors, the U.S. Department of Veterans Affairs (VA) - Vocational Rehabilitation and Employment (VR&E), VA Office of Rural Health, and Veterans Inc.

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