

Ten Schools at NW-SCC

PHIL CAMPBELL -- Northwest-Shoals Community College hosted the 2018 Alabama Scholastic Challenge district competition for ten high schools recently on the Phil Campbell campus.

Russellville High School, Division I winner, and East Lawrence High School, Division II winner, will compete at the Division I and II State Tournaments in April at Jefferson State Community College in Birmingham.

Division I schools that competed were Brooks, Florence, Lawrence County, Muscle Shoals and Russellville. Division II schools that competed were Central, Deshler, East Lawrence, Haleyville, and Lexington.

Foundation's Lunch, Show

SHEFFIELD - The Helen Keller Hospital Foundation presents their annual Mardi Gras Luncheon and Fashion Show on Wednesday, February 28 at the Marriott Shoals Conference Center.

This event will begin at 10am with the Grande Market, a shopping experience with vendors from the Shoals area and beyond. A New Orleans-themed lunch will be served at 12:15pm, with the fashion show following after lunch.

Please call 256-386-4747 for ticket information. Individual tickets are \$40. Tables of eight are \$320. Proceeds will benefit the Helen Keller Hospital Foundation.

Bill Allows for Second Job

MONTGOMERY--The Alabama Senate committee on Education and Youth Affairs has approved Senate Bill 153. This bill would allow county superintendents of education the option to have additional employment outside of their duties as superintendent. City superintendents already have that opportunity. The bill also removes limits on annual travel expenses for county

See SHORTS... on Page 2

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Pictured in the Cath Lab at ECM Hospital are from left- top: Jacob Inman, Madelyn Gaskins, and Debbi Sargent. Bottom: Joyce Payne, Chester Payne, and Dr. Bill Heaton. NAMC photo

Cath Lab Physicians and Staff Celebrating 85,000 Beats

FLORENCE--Cardiologists and staff at North Alabama Medical Center's Cardiac Cath Lab treated its 85,000th patient in January. The cath lab opened in 1978. Angioplasties began in 1986. The crew has performed more than 5,000 procedures since February 2016.

Chester Payne received the milestone heart cath that he says saved his life. Payne has a long history of hereditary heart problems.

He received his thirteenth stent on

See 85,000... on Page 6

Our Unsung Heroes

SHOALS--Most of us know of a few local volunteers who quietly help drive vital programs, organizations, events, and improvements in the Shoals and beyond.

Beginning in this week's issue we are going to begin recognizing some of those people in a regular bi-weekly feature called *Unsung Heroes*.

See HEROES... on Page 6



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Tree City-Year 31

FLORENCE--The City of Florence has been designated a "Tree City USA" for the 31st consecutive year by the National Arbor Day Foundation. Earning this distinction was a city-wide effort by the Florence Street, Electricity, Parks & Recreation Departments, Florence Housing Authority, the Mayor and City Council, and the Florence Tree Commission and Urban Forestry team.

A celebration of this achievement will take place at 10am on Thursday, February 22 at the Florence-Lauderdale Public Library Conference Room. The

See TREE CITY... on Page 6

Shannon Adams, Angie Baker and Lavetta Adams plant a tree for Arbor Day in 2016 on Walnut St. in Florence. Courtesy photo



Inside this Issue

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- Black History Concerts at NW-S

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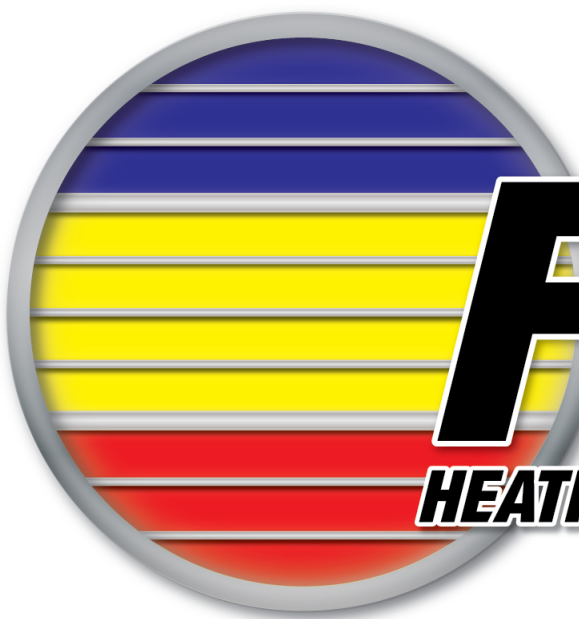
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Shorts...

**Continued from Page 1
Bill Allows for Second Job**

superintendents. Under existing law, county education superintendents are not allowed to have additional employment of any kind. They are also limited to \$600 in travel expenses annually. City superintendents have never been subjected to either of these restrictions.

The law preventing county superintendents from having additional employment is over 90 years old.

"We are simply giving our county education superintendents the same privileges that our city superintendents have," according to Senator **Tim Melson**, (R-Florence), the sponsor of the bill.

Senate Bill 153 eliminates the penalty for acquiring additional employment if his or her contract allows it. However, the bill does not remove any power from county boards of education in negotiating the specifics of the contracts with superintendents.

1pm. With redundant power and AT&T fiber available, this space can be customized to fit the needs of any tech business.

Learn more about the ShoalsTech partnership and the new space at <http://shoalstechpartnership.com>.

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Open House for TechSpace

FLORENCE—The new Shoals TechSpace in the heart of downtown Florence is on the third floor of the historic Art Deco structure from 1910 at 131 North Court Street in Florence. This 15,000 square foot space has been renovated and is waiting to be customized to fit the needs of tech companies in search of that perfect space.

The Shoals Technology Partnership will host an open house on Thursday, February 22 from 11:30am-

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Community Notes

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue. As space is available in the Courier Journal.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 36630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list.

Hazelwood Head Start Program at 334 Hazelwood St., Town Creek, is now taking applications for children ages 3-4 for the upcoming 2018-2019 school year. Registration will take place from 9am-1:30pm each Tuesday.

Parents must bring the following items: Birth Certificate, Verification of Income for 2017 (W-2 form, Income Tax Return, Check Stub, Social Security Statement, Child Support, Unemployment, etc.) Medicaid or Insurance Card (if available), WIC, Food Stamps, College ID, Military ID, Proof of Kinship Care, IEP/IFSP. Services are provided at NO COST to parents.

Children with special needs and/or disabilities and Homeless families are given priority selection. Call for an appointment today at 256-685-0075.

Free garden supplies to qualifying households with low-incomes living in Franklin, Colbert and Lauderdale counties.

Sign up before March 16. Call between 1-4pm Monday-Friday only. 256-248-1921.

Sponsored by Community Action Northwest Alabama, TVA Retirees, BVI, and Southwire.

Kids and Kin will meet February 22 at 10am at the Sherrod Avenue Church of Christ in Room 103 to discuss "Teaching Children Tolerance." Rebecca Richmond from Child Care Central will discuss how to foster tolerance in children and help children understand that differences make people special and unique. Kids & Kin is a free statewide program funded through DHR providing education and support to parents, grandparents, aunts and uncles raising children. For more information call Alisha Albright, Kids and Kin Program, at 334-465-9205.

Living with Autism - is an informative support group located in Florence that invites all who are effected by Autism Spectrum Disorder for individuals and families. Meeting will be Thursday, February 22, 10am-12pm, Florence-Lauderdale Public Library, 350 N. Wood Ave., Florence - across from Wilson Park. Refreshments served.

Contact information: email: bridgethodes4@gmail.com; cell: 256-740-2532; home: 256-712-5943.

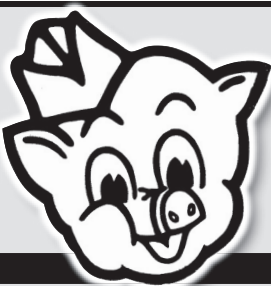
The Florence Knights of Columbus Council 3989 is sponsoring its annual **Lenten Fish Fry** on Friday, February 23 at St. Joseph School Cafeteria in Florence. Fish Fry will serve from 4:15-6:45pm, featuring catfish filets, hush puppies, Cole slaw, french fries or baked potato, drink and dessert are included. Tickets are available at the door - Adults \$10, Children 4-6 years \$4, Children under 4 years eat FREE. Carry - outs are available. Cheese pizza will be available for those who do not want fish. Proceeds from this fellowship will be used for the Council 3989 Charity Fund.

The Florence Kiwanis Club will host their **67th Annual Pancake Day** Friday and Saturday, March 2 and 3 at the Florence/Lauderdale Coliseum at 702 Veterans Drive in Florence. Kiwanians serve pancakes and sausage Friday, March 2 from 6am-7pm and Saturday, March 3 from 6am-1pm

Advance tickets are \$8, or \$7 each for group sales of ten or more. Tickets at the door are \$9 each. Children less than 12 years are \$5 at the door. Tickets are available from any member of the Florence Kiwanis Club or at the door. For group tickets call Don Rohling at 256-710-7059.

Information about Kiwanis Pancake Day and Florence Kiwanis Club is available at www.florencekiwanis.com.

The Florence Kiwanis Club has set a goal of \$65,000. Proceeds will benefit dozens of local community projects.



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1 Corinthians 1:30 "But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption:" **Romans 9:32** "Wherefore? Because they (Israel) sought it not by faith, but as it were by the works of the law. For they (Israel) stumbled at that stumblingstone;" If you would rather try to work your way to heaven, help yourself, but lament and regret this for eternity, "that you have stumbled at the stumblingstone." **Romans 10:3** "For they being ignorant of God's righteousness, and going about to establish their own righteousness, have not submitted themselves unto the righteousness of God." **Have you done the same thing?** **2 Corinthians 11:3** "But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ." In your own words and in your own heart, in your own house, ask Christ for this gift of salvation. What have you got to lose? Experience the power of Jesus Christ and see if the power of God is real or not. Call me and let me know. YOU JUST NEED JESUS.

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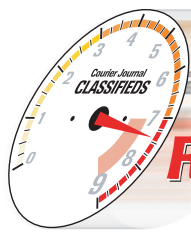
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Lions #2 in Region

INDIANAPOLIS, IN — In the initial release of the official 2018 NCAA Division II South Region rankings released on Wednesday, the University of North Alabama women's basketball team is ranked second. The Lions are just behind top-ranked Union with a 22-2 overall record including a 21-2 record in region play.

Union and UNA, which split the regular-season series, are also 1-2 in the Gulf South Conference standings. GSC teams Lee, Valdosta State, and West Florida are ranked fifth and eighth and tenth,

respectively. in the Region rankings.

The regional rankings determine which teams qualify for the NCAA Division II Tournament. Conference champions from the GSC, SSC and SIAC receive an automatic bid, along with the next five highest-ranking teams. The top seed will earn the right to host the NCAA South Region Tournament at the end of the season with the winner advancing to the Elite Eight in Sioux Falls, South Dakota.

At press time the Lions are ranked No. 16 in the WBCA national Top 25 poll.

85,000...

Continued from Page 1

January 21. "You know you've been here too often when the cath lab staff know you by name," joked Payne as he waved to a nurse. All Payne's procedures were performed at Eliza Coffee Memorial Hospital.

North Alabama Medical Center is an accredited Chest Pain Center with PCI and was reaccredited by the American College of Cardiology in October 2017.

Dr. Bill Heaton performed the heart cath procedure on Payne after a recent heart attack. According to Payne, he had a 50/50 rate of survival, but that was a risk he was willing to take. "Dr. Heaton took excellent

care of me over the years and I knew I was in good hands. You could see true, heartfelt concern when he was explaining what he'd be doing during this latest stint," said Payne.

"The number of heart cath performed here is truly amazing," said Ricky Williams, Cardiac Cath Lab Director. "This illustrates our patient's commitment and trust in the dedicated physicians and staff we have at North Alabama Medical Center."

According to the Centers for Disease Control and Prevention, more than 730,000 Americans suffer from a heart attack each year. The most common symptom of a heart attack for both men and women is chest pain or discomfort.

Tree City...

Continued from Page 1

public is invited.

A proclamation from the mayor will be read by council member Kaytrina Simmons, a flag ceremony will be presented by Boy Scout Troop 285, the invocation will be by Reverend Brandon Miles of First Presbyterian Church,

and the singing of the National Anthem by Dr. Jennifer Gray.

Immediately after the celebration, a Memorial Tree will be planted on Walnut Street in memory of Patsy Joyce Dahl, Matt Wright and Elba P. "Judy" Willis. This Memorial Tree Planting by the Florence Tree Commission was made possible by donations received throughout the year of 2017.

Courier Journal

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- OFFICE HOURS:**
 Monday - Friday
 8:00am - 5:00pm
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EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.
Florence, AL 35630
 or email to:
editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

Heroes...

Continued from Page 1

We will feature a different local volunteer every time. Some of these special Shoals volunteers may play lead roles with commonly-known organizations. Some may toil behind the scenes doing much of the work we never see or realize exists.

The common thread is that every one is a hero to their organization's goals and the people served, and each has a real impact in our community. In addition, each feature will include a brief listing of some volunteering opportunities in our area.

We already have several people in mind who we plan to feature. We welcome your ideas for other hardworking volunteers any volunteer opportunities you would like us to list along side each article. We are also accepting sponsorships for this fresh and uplifting local feature. Call 256-740-4701 or email editor@courierjournal.net

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Celestial Thoughts

I watched as little sparrows pecked around on the grocery store parking lot. What an odd place to find all those sparrows, but there they were nonetheless. God had provided for them just not in the conventional way.

My prayer for you this week is that you will find God's blessings along your path. May you see His love and provisions even if they present in the most unusual way. May you be like the little sparrows who live with no anxiety knowing their needs will be met even in a grocery store parking lot.

Dawn

"Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows."

Matthew 10:29-31

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97 Toyota Corolla	1NXBB02E6VZ597114	Hatch Blvd.
91 Nissan Pathfinder	JN8HD17Y5MW019837	NE 27th St.
00 Ford Focus	1FAFP34P4YW100888	Sterling Blvd.
03 Buick Century	2G4WS52J131156897	Hatch Blvd.
03 Toyota Camry	4T1BE32K33U122516	E 4th St.
93 Ford Ranger	1FTCR10A0PUC96139	Regal Inn
01 Pontiac Grand Prix	1G2WK52J181F231786	Hatch Blvd.
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-- Toyota Avalon	Unable to VIN	Mobile St.
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87 Ford Ranger	1FTBR10C1HUD16364	Cloverdale Rd.
-- Nissan Xterra	5N1ED28T7YC506189	Co. Rd. 8
06 Dodge Ram	1D7HA18NX6J170946	Gresham Rd.
03 Buick Regal	2G4WB52K831275359	O'Neal Bridge
00 Toyota Camry	4T1BG22K9YU656695	Veterans Dr.
00 Nissan Altima	1N4DL01D1YC158082	Co. Rd. 14
02 Chevy Cavalier	3G1JH52FX4S73821	Co. Rd. 33
95 Nissan 200SX	1N4BB42D0SC533662	Florence Blvd.
98 Honda Accord	1HGCG1654WA018037	Florence Blvd.
00 Chevy Malibu	1G1NE52J9Y6259498	Appleby Dr.
97 Toyota Camry	4TBG22K4VU167259	Walnut St.
03 Dodge Dakota	1D7FL16X13S181460	Tombigbee St.
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ASK THE ATTORNEY



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

Choosing A Doctor Under Workers Compensation

When an employee is injured in Alabama, while on the job, doing their job and notifying their employer of the injury, the employer is required to pay for the employee's medical treatment related to the injury.

That's a lot of information. For instance, the employee has to be doing their job and not engaged in "horseplay" or their own personal business. The employee has to notify the employer that they were injured. Either the employer saw it, was told about it orally within four (4) days or written notice was given

within 90 days. Otherwise, the employee did not give notice pursuant to law. The medical treatment has to be treatment that is results from or is a natural consequence of the injury.

The employer can pick the first doctor and if the employee is dissatisfied, the employee may demand a panel of four (4) doctors chosen by the employer from which to choose one (1).

If the employer's doctor recommends surgery, the employee may ask for a second surgical opinion and again receive a panel of four (4) doctors. Obviously the choice of doctors is important. Some are better than others. Some specialize in different types of treatment. The choice needs to be an informed choice.

Where we see a problem is when, after an injury, a doctor, not an approved treating physician, recommends further treatment. Usually this treatment is with another doctor that's not approved by the employer. This creates several problems. First, if the employer does not pre-approve the treatment, the employer does not have to pay for the treatment. Second, if the treatment is the result of an on-the-job injury, Blue Cross Blue Shield or other third party carriers do not have to pay for the treatment. This leaves the employee responsible for the bill. Occasionally people need treatment so badly that they will deny that its work related in order for their Blue Cross to pick it up. If you don't know that it's related or you deny that the treatment is related, it's difficult to come back later and prove that it is related. Good personal injury lawyers give free consultations. This is an area where you need to talk to one who does workers compensation cases on a regular basis.

Buckle up, drive safely and as always your referrals are appreciated! 256-764-0112

Please send the questions to:
"Ask the Attorney,"
P. O. Box 38, Florence, Alabama 35631
or visit our website at: www.mhatty.com

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The Colbert County Sheriff's Office is currently accepting applications from **TUESDAY, FEBRUARY 20th thru FEBRUARY 27th 2018** for the position of **DEPUTY SHERIFF** at the Alabama Career Center in Sheffield, AL.

STARTING SALARY WILL BE \$14.09 PER HOUR

**Referrals must be made through the Alabama State Employment Services in Sheffield, Alabama (Colbert County).

For registration, visit www.joblink.alabama.gov or call 256-383-5610 for more information.

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Commentary

Pop is Vested in NBA, Race Issues

Longtime professional basketball coach, Gregg Popovich, was running his political mouth again during an interview last week. Popovich has been outspoken for the past fifteen months. He still can't get over the fact that Hillary Clinton lost the election, and he has proudly made it known that he is no fan of Donald Trump.

Before his San Antonio Spurs took on the Utah Jazz last Monday, Popovich flatly told reporters that America is a racist country.

Popovich is among the most successful coaches in NBA history. He has coached the Spurs to five NBA titles in twenty plus years and he is currently the coach of the U.S. national team. No one can question his coaching ability. That gives Popovich unfettered access to U.S. media mics and he often takes advantage.

Pop has a vested interest in pushing the race card since most NBA players seem to be about that. His livelihood depends on the success of his team and the NBA, a league where 81% of the players are people of color.

When thrown a softball question by a reporter as to why it's important for the NBA to celebrate Black History Month, Popovich's response was pointed.

"I think it's pretty obvious. Our league is made up of a lot of black guys, you know, so to

See POP IS VESTED... on Page 21

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*
February 21, 2018

Happening THIS WEEK

Muscle Shoals Meets

THE BEATLES

SHOALS—The Fiddleworms were approached by the Healing Place and Room in the Inn to do a charity concert benefiting their respective organizations two years ago. Two things were of upmost importance to the band. (1) Find a way to pay the musicians without the charities having to go into their own pockets and (2) Make sure it was a special event.

Feb. 24

At the time, the idea was to do a concert centered around the Beatles' appearance on *The Ed Sullivan Show* in February 1964 and the many connections between the Beatles and Muscle Shoals.



However, there didn't seem to be a way to put the pieces of the financial puzzle together. In November 2017 a chance encounter with

See THE BEATLES... on Page 13

FIRST BAPTIST CHURCH IN DOWNTOWN FLORENCE is hosting a Women's Refresher Conference on Saturday February 24 from 8:30am-12pm. Guest Speaker, Teri Lynne Underwood, will share what it means to Live a Crucified Life using Philippians 3:7-11 as a guide. Call First Baptist to make reservations, 256-764-4921.

THE DEPARTMENT OF ENTERTAINMENT INDUSTRY UNA THEATRE will present Katori Hall's, "The Mountaintop", February 23 and 24 at 7:30pm and February 25 at 2pm in the George S. Lindsey Theatre. The Mountaintop is a fictional depiction of the Reverend Martin Luther King Jr.'s last night on earth. It is directed by Charlton James, M.F.A., UNA's associate professor of Theatre. The entire play is set in room 306 of the Lorraine Motel on the eve of King's assassination in 1968 after delivering his legendary, "I've Been to the Mountaintop" speech. General admission is \$10 for adults and \$5 for UNA students/faculty/staff/alumni. Tickets can be purchased at the George S. Lindsey Box Office (Tuesday, Thursday, and Friday from 11am-5:30pm, online at www.una.edu/theatre/production or at the door. For more information, call the Department of Entertainment Industry at 256-765-4342.

ST. BARTHOLOMEW'S EPISCOPAL CHURCH will have a Soup/Bake Sale on Saturday, February 24 from 9am-1pm at the church at 1900 Darby Drive in Florence. Soups, sweets, savories, and condiments will be available.

NW-SCC Campus Concerts

Cultural Affairs Celebrates Black History Month

MUSCLE SHOALS – Northwest-Shoals Community College will feature two *I Have A Dream!* concerts in celebration of Black History Month.

The NW-SCC Cultural Affairs Committee will host one on the Phil Campbell campus at noon Thursday, February 22 in the Student Center. The concert will feature the NW-SCC Chorale and Jazz Band, Jayla Green, and Elizabeth Harris.

Feb. 22, 27

The second will be Tuesday, February 27 on the Shoals campus at noon in the Hospitality Center. This concert will feature the NW-SCC Chorale, Jayla Green, Harvey Thompson, Theron Brown Jr., and Howell Sledge (son of music legend, Percy Sledge).

Events on each campus will conclude with a Soul Food tasting. For more information, contact Casey Eggleston at 256-331-5357.

Tickets: call the Ticket Office 256-765-5466 or Benjamin Ray UNA Athletics Director of Ticketing & Marketing 256-765-5467 • Baray@una.edu

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YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Ash Wednesday

Editor:

It was reported last Wednesday that a couple ministers were distributing ashes in downtown Florence for Ash Wednesday. Many who they approached were ignorant of the tradition that many Christians, not just Roman Catholics, practice.

The use of ashes in human repentance can be found in early Christian history. For information, search 'Ash Wednesday' online and for additional reference, check Genesis 3:19.

John Lee
Florence

Lawmakers to Blame

Editor:

I sympathize with victims and families of the Florida school shooting,

but no boo-hoos for lawmakers who closed so many mental health facilities in this country, not allowing people to get help for their mental problems before they go over the deep end. They do something tragic out of desperation because they have no place to turn to for help.

Lawmakers have helped to enable these tragedies.

Paul Sabatino
Florence

Diplomacy \$\$ Needed

Editor:

President Trump and Republicans again intend to reduce funding for international diplomacy and economic assistance. The range of programs in this category generate good will, cooperation, and effective help for millions of poor people overseas. They are more vital than ever in view of the loss of respect for the U.S. as a result of

misguided Trump foreign policies.

The Shoals is well-known internationally as a source of agricultural technology and practical knowledge that help transform the livelihoods of smallholder farmers in developing countries. Reductions in foreign aid undercut the ability to carry on that legacy.

The budget would trim funding for the Peace Corps at a time when we urgently need American grassroots diplomacy and more internationally-aware returning volunteers for leadership positions.

Some people argue that we cannot afford to invest in helping poor countries achieve their potential given the poverty and vital needs in our own country. All of us understand the value to the U.S. national interest of balancing military might with effective diplomacy, economic aid, and personal contact.

For over 75 years the U.S. has wisely fostered international trade and other

See LETTERS... on Page 23

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Beetles...

Continued from Page 12

Mike Miller of Ray Miller Buick GMC provided a gateway to lay the foundation for bringing "Muscle Shoals Meets The Beatles" to life.

The resulting concert will be Saturday, February 24 at the Marriott Shoals Conference Center. Show time is at 7pm and doors open at 6pm. Tickets can be purchased at Champy's in Muscle Shoals, Mefford Jewelers in Florence, or online at www.eventbrite.com/e/muscle-shoals-meets-the-beatles-tickets-42650853852. General admission is \$20 and VIP reserved seating is available for \$50. All proceeds benefit the Healing Place and Room in the Inn.

The show will feature performances by The Fiddleworms with guest appearances by David Hood, Donna Jean Godchaux, Muscle Shoals Horns, Jimmy Hall, Norbert Putnam, Jerry Phillips, Kelvin Holly, Marie Lewey, Cindy Walker, Jay Johnson, Angela Hacker, Mike Dillon, Donnie Fritts, Jimmy Nutt, Andreas Werner, Will McFarlane, and NC Thurman.

This event is brought to you by Ray Miller Buick GMC, CB&S Bank, and Wildman Steve Radio. Other sponsors include Champy's Shoals, Ichiban, Big River Broadcasting and Marriott Shoals Hotel & Conference Center.

The Healing Place is a non-profit center for grieving children and families - providing education and grief support services to those that have experienced the loss of a loved one. For more information, visit www.thehealingplaceinfo.org. 256-383-7133

Room in the Inn Shoals is an interfaith, community-based non-profit that provides food and shelter to the homeless during the winter months. For more information or to get involved, visit www.roomintheinnshoals.com.

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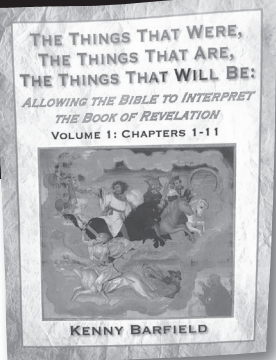
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THIS IS A SAD-BUT-TRUE story relayed to me by an old high school buddy concerning her mother:

The 90-year old grandma received a scary phone call from her grandson, according to the caller ID. He told her he was in a friend's car and got into a minor accident. When the police showed up, they found drugs. He told her the policeman wanted to talk to her.



Fisher

The policeman told her that her grandson needed \$3,000 in bail money and another \$6,000 for attorney fees. The policeman instructed the grandma to purchase gift cards, then to call the policeman back with the gift card numbers.

The policeman told her the

THE POLICE SCAM

by "The Computer Skeptic"

grandson would be in jail for 25 days if she didn't pay. And she couldn't tell anyone. She had to keep it confidential.

The grandma went to Walmart, Best Buy and Sams and purchased \$7,000 in gift cards. She intended to buy a total of \$9,000 worth so she could rescue her grandson.

My friend states, "She was scared, barely ate or slept for four days. She thought they were watching her. They had told her that the grandson would call her last night after he got home from jail. She waited all day today, and then finally called my sister

to find out why he didn't call. My sister and I went to Mom's house, she wasn't home. She was out buying those last two gifts cards for the scammers. When (mom) got home, she still wouldn't tell us what was going on. They had her so frightened. She finally told us, only after speaking with the real grandson."

Sadly, the grandma was a victim of a technique called "phone spoofing." There are apps you can install on your smartphone that allow you to change your caller ID. This is handy for pranking a friend by

giving them a call from the FBI but criminals can also use it to masquerade as representatives of banks, creditors, insurance companies, or, in this case, the grandson.

Grandma likely received a friend request from a stranger or someone pretending to be a friend of hers. The "friend" was then able to scour her Facebook profile for names of family members. Once they had the grandson's name, they had the bait to take her money.

The scammer immediately used the gift card numbers to purchase merchandise then likely sold that merchandise to convert it into cash. There is no way to track these criminals. Her bank account was cleared out with no chance of recovery and very little chance of apprehending the criminals.

The criminals seem to prey more on old folks because they

know their brains don't work as well as they used to. So this is a warning for all of you to lock down your Facebook page so that only "friends" can see your profile. Don't accept friend requests from people you don't know and remove the names of your children and grandchildren from your Facebook profile. If you have an old person in your life, please watch out for them!

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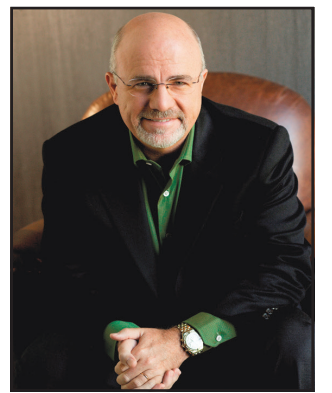
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DAVE Says

by DAVE RAMSEY



YOUR RETIREMENT, YOUR MONEY

Dear Dave,
I've been following your plan, and I'm ready to start investing. Do employer contributions count toward the 15 percent you recommend putting into retirement?
Brenda

Dear Brenda,
Investing 15 percent of your income in retirement accounts is Baby Step 4 of my plan. That means you've already paid off all your debt, except for your home, and you've increased your \$1,000 beginner's emergency fund to a fully-funded emergency fund of three to six months of expenses. Way to go!

I want you to control your destiny, so employer contributions do not count toward the 15 percent I recommend setting aside for retirement. The first thing you should put money into is a matching retirement account. If you've got access to a 401(k) — and your employer offers a match — you should do that up to the match before anything else.

It's nice if your company will match up to a certain point, but chances are that will still mean you've got some work to do. To make up the remainder, you could look at a Roth IRA. Then if the Roth, plus what you invested previously to get the match doesn't equal 15 percent, you could see about a 403(b) or go back to your 401(k) to complete the 15 percent. You're doing great, Brenda. Keep up the good work!
—Dave

PRECISELY DETAILED

Dear Dave,
My mother wants everything, except for her home, left to my brother and I when she dies. She would like her long-time boyfriend to have her house. We don't have a problem with this, but it has not been written into her will. Her mind is still sound, so does she need to officially update the will?
Dawn

Dear Dawn,
Yes, the will needs to be changed to reflect her wishes where the house is concerned. Since she's still able to make decisions independently, the will should be legally updated to reflect exactly what she wants to have happen with every piece of her estate.

It's fine if she wants to give her boyfriend the house. It's your mom's will, and her estate, so she can do pretty much whatever she wants. She could also leave what's called a life estate that says her boyfriend gets use of the home while he's alive. Technically, in this kind of situation the house would be left to you, but he would legally have use of it during his life. Upon his death, the home could then revert to you or your brother.
—Dave

** Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.*

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Medicare Minute "Medicare Part A and B"

Before we begin talking about Medicare Part B I would like to clear up something that was in last week's article concerning Medicare Part A. As I stated in the article Part A has a deductible of \$1,340 per benefit period. I also stated that if you paid into Medicare for 40 quarters that Part A was free to you. I was referring to the fact that you would not have to pay a premium to Medicare for Part A, not that it would exclude you from paying the deductible.

Medicare Part B is the part of Medicare that is billed when you receive services as an outpatient by a Medicare approved provider, such as your primary care physician (PCP) or specialist.

Although a visit to your doctor is the primary way that you will use Medicare Part B, it also covers many other services. We will discuss the other services in next week's article.

If you are turning 65 in 2018, Medicare Part B will have a premium of \$134/mo. Because there is a premium attached to Medicare Part B this coverage is optional. This means you are not required to enroll in Medicare Part B. There are two important things to remember about Part B being optional. First, if you opt out of Part B you will have no coverage under Medicare for your outpatient services. Second, if you decide at a later date to enroll in Part B there can be a late

enrollment penalty applied that will last as long as you live and have Part B. There are exceptions to the late enrollment penalty that we will discuss in future articles.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com.

Alabama Health Guidance is an independent insurance

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179104-1

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Josh Parker	22-C
Shannon Dotson	31-G
Jerry Fox	78
Tatoya Ingram	207
Asisan Baker	171
Rodney Winston	193
Amber Montoya	189
Brenda Butler	134
Michael Garey	31-B
Tonya Cosby	26
Megan Gooch	147
Richard Murray	63 (R.P.)
Sharon Kerr	48 (R.P.)
Denise Robinson	27 (R.P.)
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177696-1

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179713-1

Commentary

Pop is Vested in NBA...

Continued from Page 12

honor that and understand it is pretty simplistic. How would you ignore that? More importantly, we live in a racist country that hasn't figured it out yet, and it's always important to bring attention to it, even if it angers some people.

"You know the point is that you have to keep it in front of everybody's nose so they understand it hasn't been taken care of and we still have a lot of work to do."

It sounds like Comrade Popovich is using his Soviet studies major and his military intelligence and Eastern European backgrounds to foment some ethnic and racial discord.

Several points need to be noted. Elements of racism do remain. However, this country has made monumental strides in the past two generations. That needs to be admitted, as much as it bothers people who don't think progress has been fast enough.

We're to "honor and understand" what? That the league includes a lot of black guys? I'm curious as to how black history month helps us honor that or understand it any better.

We need to understand that there will always be a degree of white against black racism in this country. Just like there will always be black on white racism. Racial and cultural understanding takes work and has to come from the heart. It cannot be demanded or forced. We can't and won't eliminate racial and ethnic issues totally. Keeping it in front of everybody's nose "even if it angers them" is not going to change minds. If anything, comments like that will exacerbate the animosity for some and retard progress.

And the terminology, "You have to keep it in front of everybody's nose..." "...even if it angers some people" is totally hypocritical jargon for a liberal. It's liberals who say that the rest of us are not supposed to do, say, write, or wear anything that remotely makes a liberal uncomfortable! Like Pop,

I too would like to keep some things in front of everybody's nose - anger or not - But that doesn't seem to work in both directions. Conservatives lack the mandated sensitivities.

The highest paid NBA player in 2000 was Shaq who made \$17.1 million. Only eleven players made over \$10 million. By contrast, this year Golden State guard Stephen Curry is earning \$34.4 million. One hundred twenty players make over \$10 million annually. Several players have \$100 million shoe contracts and annual endorsement deals for other products exceeding \$20 million. That doesn't show a pattern of protracted racism. Those in the stands at NBA games look to be overwhelmingly white as well. They don't appear to be the ones who need anything put in front of their noses.

Some professional athletes understand how privileged and fortunate they are to play a kid's game for a living and to get paid quite handsomely for it. Unfortunately, many do not. They don't pause to think that they are actually the people least discriminated against in society. Yet, they are hardly worthy of the praise and respect that public school teachers deserve. Teachers often work in surroundings long ago forgotten by so many of the NBA's prima donnas and never known by Popovich. Teachers can work a 40-year career and not make what a below-average NBA player makes in the half season before the all-star break.

NBA players aren't living in any realm of reality. They need to do more working and less showboating.

And Gregg Popovich needs to focus more on how he can get past the Golden State Warriors in the Western Conference playoffs and far less about whether black history month is recognized to his degree of satisfaction.

It's interesting that we never heard Pop's opinion about racism when Barack Obama was the President.



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Betty McCutcheon, left, a volunteer special advocate with Shoals CASA, reviews progress with CASA's Executive Director, Andrea Holt, right, and CASA's Volunteer Coordinator, Rachel Aday. McCutcheon has been an active volunteer in our community for the better part of six decades, including being a part of the original team that founded Safeplace in 1981.

Photo: Haley Walden

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Working on Six Decades

Dedicated and Persistent have described Betty McCutcheon for her entire adult life

By Haley Walden for the Courier Journal

Betty McCutcheon has been serving the Shoals area as an active volunteer and community advocate for nearly six decades. Affectionately referred to as Ms. Betty, she is known and loved by her friends, colleagues, and those for whom she advocates.

Over her 57 years in the Shoals, McCutcheon has volunteered for and contributed to more than a dozen local organizations and causes. McCutcheon is still going strong at 80 years of age.

"It's great to meet people

and get to know them in all the volunteer work I do," she said. "You really learn to appreciate people and what we have here. You come to know your community."

McCutcheon is a licensed social worker with a Master's degree in social work from the University of Alabama and 21 years' experience with the Department of Human Resources (DHR) plus a cumulative tenure of over 34 years with the state. McCutcheon is now an active volunteer for Shoals CASA (Court Appointed Special Advocates). CASA

recruits, trains, and supports volunteer advocates for children in the custody of the state.

CASA volunteers perform independent court investigations, prepare court reports, submit monthly reports on their cases and testify in court on behalf of abused and neglected children in Colbert and Lauderdale counties. According to McCutcheon, CASA volunteers have more one-on-one time to devote to the children they help since the state system can often be overwhelmed with cases.

"The children we work with know we care about them," she said. "These children need someone who is consistent. Some have had as many as three DHR case workers before

coming to CASA."

CASA works in conjunction with DHR, but CASA volunteers do their own independent investigations. If she gleans information that DHR needs over the course of an investigation, she will provide it. McCutcheon is a dedicated investigator, traveling hundreds of miles when necessary to track down everything she needs for her investigations.

"I've been described as persistent," she said. "And I AM persistent."

McCutcheon has made a lasting impression on the numerous children she's advocated for through her work at DHR and her volunteerism at CASA.

"One of the best moments I can recall in my time at CASA was meeting a lady placed in foster care when she was young who wanted to volunteer," said CASA's executive director, Andrea Holt. "She had high remarks about the case worker who had

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Letters...

**Diplomacy
\$\$ Needed**

Continued from Page 12

regimes that aim to help countries progress economically and participate beneficially. The success of South Korea is a great example. Urge your U.S. representative and senators to get us back on course with budgets that reflect and build on that inspiring vision that has strengthened our national interest.

Dan Waterman
Killen

**Stealing Glory
from God?**

Editor:

In an interview on immigration, a pastor made what I consider to be a profound commentary on the eroding influence of the church and the resulting problems in American society when he said, "In our church we welcome people of all races and all backgrounds whether they have anything to contribute to our church or not. However, America is not a church".

"There has never been unrestricted immigration to our country. Immigration has always been regulated

according to what's best for America. There are just so many sincere Christians out there who don't understand the difference between the responsibility of the church in showing mercy and inviting everybody and the responsibility God has given government to protect our nation."

While these comments are not universally accepted,

See LETTERS... on Page 26

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Ms. Betty...

Continued from Page 22

helped her when she was a teenager--the one person from the department who she believed really cared and listened to her. When I asked if she remembered the case worker's name, she said it was Ms. Betty.

"It solidified for me how much Ms. Betty has given to other people."

McCutcheon's contributions to the community go far beyond CASA. She currently volunteers for or contributes to the Sheffield Police Department, Room in the Inn Shoals, the St. Francis project at Trinity Episcopal Church, the Shoals Community Soup Kitchen, the Service League (formerly Junior League), Sidney's Safe, and the Shoals Master Gardeners.

Through the Master Gardeners, McCutcheon has facilitated a number of projects in the Shoals area and beyond, including the Sheffield Police Department, Episcopal churches in the area, and Camp McDowell in Winston County.

Her past community involvement is as varied and active as her work is today. McCutcheon was part of the original team that founded Safeplace in 1981. She later went on to volunteer in the shelter and serve on the board. Over 30 years ago McCutcheon was inspired by an out-of-state college to start a program to provide study snacks for college students during final exams. The three Episcopal churches in the Shoals have carried the idea forward ever since, providing study snack bags to students preparing for their exams.

McCutcheon also volunteered for the Tennessee Valley Art Center and the Westminster Interfaith Caring Place (WICP) until it closed its doors in early 2015. She is currently a member of the advisory board and will remain involved when the nonprofit reopens in the near future under its new name, Caring Place Adult Day Services.

"[Caring Place] is dear to my heart; my mother passed away with Alzheimer's," McCutcheon said. "We didn't give up, and didn't disband. We're getting ready to open again."

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FORD: FUSION, 2016 \$13,989. SE. 52k. Cloth, automatic. Financing available. Call Brandon 256-710-4598 or 256-764-3351.

LINCOLN: TOWN CAR EXECUTIVE, 2001 white, **SUPER CLEAN.** 107K miles, all records kept with oil changes, \$4,000 OBO. 256-762-0605

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CHEVROLET: TRAILBLAZER 4X4, 2006 \$5,900, maroon, 138K miles, loaded. Call or Text 256-710-4339 (Muscle Shoals)

NISSAN: ALTIMA, 1998 \$975. 1986 Nissan truck, \$1,950. 256-324-8042.

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▶NO TILL GRAIN DRILL, 12', Marliiss, pull pipe with no till coulters, \$4,900. ▶7' no till grain drill, 3 pt hitch with small seed box, \$3,450. ▶Equipment trailer, 20', 8" channel, 14K, new wheels and tires, asking \$3,500 will take \$2,800. 256-810-7238

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AMISH AUCTION

9:AM Wednesday February 28

Sellers: John & Lydia Yoder

83 Jonestown Road, Summertown, TN

LIVESTOCK - FARM MACHINERY - SHOP TOOLS - HOUSEHOLD ITEMS & MORE

6&7yr old Gelding Driving Horses, Standardbred/Morgan full brothers, Black w/ white star, broke - 2-8yr cross geldings - 10yr Gelding Standardbred/Morgan - 5yr Mare Morgan/Quarter, broke, bred & safe - 5 Angus cross heifers - 2 Jersey Cows coming 2nd & 4th calf - Jersey cross 9mth bull - Jersey heifer, showing - Brown Swiss/Guernsey heifer & Brown Swiss/Jersey heifer, both showing - 2 Black Angus cows - Chickens - Plows, Disc, Sprayer, Power unit, Mowers - Shop Tools - Old Coins - Pocket Watches - Household items - Antique Items - Amish Made Items - & Much Much More!

see more @ www.shanealbright.com

Auction Terms: Full payment due at end of auction by CASH OR GOOD CHECK. All items SOLD AS-IS / WHERE-IS with no warranties expressed nor implied and must be removed within 5 days. No Sunday Pick-Up & No Photos of the Amish.

Directions: From Lawrenceburg Walmart, go north on Hwy-43 7.1 miles & turn right on Alexander Springs Road and go 7 tenths mile, turn right onto Marcella Falls Road and go 9 tenths mile, stay left onto Old Marcella Falls then a left onto Jonestown Road, follow it 8 tenths of a mile to auction on the right. Watch for the SHANE ALBRIGHT AUCTION SIGNS! RAIN OR SHINE!

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CONSIGNMENT AUCTION

HEAVY EQUIPMENT - FARM EQUIPMENT - VEHICLES - RVs - BANK REPOS

SATURDAY - FEBRUARY 24 - 10am

Auction Site: 9195 Hwy 17 (Chisholm Hwy), Florence, AL 35633

Bailey Auction House (next to Zip City Volunteer Fire Dept.)

Partial List: 2006 Peterbilt with Cat Engine; 6430 John Deere Tractor-350 hrs; 2004 Harley Davidson Screamin' Eagle (rare); Kamatsu Backhoe; [2] 15 Ft. Bushwacker Mowers; '89 Mack Tandem Axle Dump Truck; '98 555E Ford Backhoe; 24 Ft. Pintle Hitch Trailer with Beavertail; Honda Motorcycle; Allis Chalmers Tractor; Bumper Pull 2-Car Trailer; Miscellaneous Farm Equipment; Posts; Wire; Gates; Sandblaster; Hand Tools; Chains and Binders; Trailers; '00 Outback Camper and other bank repos. More items coming in.

Taking consignments now through Friday, February 23rd, 5:00 pm.

Items are to be brought in 8am-5pm, Wednesday through Friday, February 21st - 23rd.

On-Site Security Provided. Management reserves the right to refuse any item for sale. Auction company is not responsible for accidents, theft, or damage to equipment. Loaders for load out will be available through 5:00pm, Monday, February 26th.

NO BUYERS PREMIUM - NO INTERNET BIDDING. ALL ITEMS SOLD "AS IS, WHERE WAS" WITH NO WARRANTIES FROM SELLERS.

For more information or to consign, call: Tony Couch 256-740-9901 or Dickie Joe Bailey 256-856-1510

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NO FEE FOR "NO SALE".

TERMS: All items must be paid for on sale day by cash or approved check with Bank Letter of Credit. Couch Auction is the agent of the Seller. Seller reserves the right to refuse any and all bids. All announcements made day of sale take precedence over any printed material. Buyers with tax exemption must provide copy of Tax ID on day of sale. **NO BUYERS PREMIUM**



Tony Couch
Auctioneer/Broker
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Happy Birthday,
Nina
Feb. 21, 1933

179229-1

ANTIQUE LIQUIDATION AUCTION!!

ARROW TRADING COMPANY

SAT., MARCH 3RD 10 AM

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Partial List of Liquidation: 16' Ft Enclosed - drop down gate - 2 axle Trailer (Purchased from LB Trailers) Couches, chairs, shelves, glass display cases, pictures, curio cabinets, tables, cook books, books, dishes, glassware, shoe cobblers stand, dressers, chest, lamps, flatware, crystal, die cast car collection, Barbie collection, clocks, rockers, hall tree, fire place/mantle combo, CD's, VHS movies, figurines, writing desk, dresser w/ hat box, marble top tables, wooden rock horse, Coke Cola collection, porcelain dolls, cookie jars, Christmas villages, Furby's, vintage dressing room, Ty beanie babies, Hull, vanities, Pink glass, cedar chest and much more!

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TERMS & CONDITIONS: Personal Property: Cash or check with proper identification the day of the sale. All items sold "as is" with no warranties expressed or implied. **NO BUYER'S PREMIUM & NO SALES TAX! ALL PURCHASED PROPERTY TO BE REMOVED THE DAY OF THE SALE.** Information contained herein believed to be correct but not guaranteed. Announcements made the day of the sale by Holland Realty & Auctions, Inc. supersede any printed material. **Agency Disclosures:** Auctioneers are acting as agents for the seller only. 2018





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42 OZ. PKG.



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WESSON VEGETABLE OR CANOLA OILS
48 OZ. BOTTLE



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30 OZ. JAR



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48 OZ. CARTON



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Letters...

Stealing Glory from God?

Continued from Page 23

they can lead listeners to think that acceptance, mercy, and other Christian characteristics are relevant within the congregation or church community, but not in influencing government and society.

What appeared to be a disconnect between the Church and the world also was evident in 2016 when ministers were encouraged to become involved in politics if they felt led that way. This gave the impression that God's plan for changing society through changed lives by evangelism and spiritual growth is not effective.

A pastor in a sermon

preached several months prior to the interview, attributed the implosion of American society to four Supreme Court decisions: 1) 1962 stopping formal prayer in public schools; 2) 1980 removing displays of the 10 Commandments in public schools; 3) 1973 Roe vs Wade, legalizing abortion; 4) 2003 striking down Texas' sodomy law which related to same sex marriage. Rather than being the causes, they are symptoms of the spiritual problems that exist.

During his 1973 St. Louis, Crusade, Billy Graham preached on a similar subject, "Is the Handwriting on the Wall, America," based on Daniel 5. He commented on the drunkenness and immorality of the people attending Belshazzar's banquet. He pointed out that the reason for the coming judgement was because God was not glorified even though Belshazzar knew of God's dealings with his father Nebuchadnezzar. Do we steal glory from God when we focus on moral issues through politics rather than on His love, the gospel, and faith?

A striking difference in the two sermons was the amount of time given to encourage people to recognize the need for Christ in their lives and accept Him as Savior and Lord. In the former which was 35 minutes long, just 5 minutes of time to respond, while the latter sermon from 1973 was 38 minutes long, with 16 minutes devoted to the invitation.

If we sense our pastors have been drawn away from the gospel to a secular message, we need to pray for and encourage them to return to their calling, for lives to be changed through Jesus Christ, and for Christians to be witnesses, motivated by love, and be salt and light in the World.

God's plan is for the spiritual to influence the secular, not the other way around.

Pat McKinney
Greenhill



Cat & Kids

by Cathy Turner

Secure Them

Our son is coming home! I must admit that I have always felt like you needed to leave home. My folks never expected us to stay at home. We never discussed going to Blue Ridge Technical College, which was the community college in my hometown. My mom wanted us to go to a four-year college and see as much of the world as we could. So I moved to the city - Knoxville, TN and hollered for the Vols, went to concerts and shows (The Temptations, Steve Martin, Bill Cosby, etc.), worked and bought my own car, and made friends from all over the country (including one special guy from Memphis). But during those four years, I memorized the mountain curves on I-40 between Knoxville and Asheville, NC. I kept that road hot, going home quite often. I needed home.

After college, because of his job, my husband and I moved to sweet Florence, Alabama. We were well received here in 1981. We had friendly neighbors. Reynolds Metals treated Kevin well. We found a wonderful church who took us in and got us busy before we could visit anywhere else. We made inseparable friends. We made a home.

But then in 1986, because of work, we moved to the city again. This time it was Richmond, VA. We spent 10 of the next 14 years there. We went to concerts in The Dell, an amphitheater in our neighborhood. We saw the symphony, Ben Vereen, Big Bands, Take 6, The O'Jays, etc. We went to nice restaurants and we made babies. While in Richmond, we frequented museums, Virginia Beach, Washington, D.C., Outer Banks, NC, Kitty Hawk, etc. We saw "The Lost Colony" and "Unto These Hills", and visited Williamsburg, Yorktown, Monticello, etc. We literally built a church and made close friends. Also during this time, we went to Spain and Bermuda and met interesting people, rode fast trains, and ate octopus and boar's meat. Our children loved the statues and seeing family members there. Our

Richmond house was full of memories and it was 8 hours from grandmother. As a result, our children have always traveled well.

We came back to Florence in 2000. And to be honest, I thought that I had probably grown to a different place than my friends, because of all of my experiences. But that was just my stupidity and bias showing. My friends had grown the same as me through their different experiences. And in some ways, they were more settled and strong, comfortable and supported. They had "stayed" home and grown more connected.

Funny, I still didn't see it fully. I still didn't get it. I sent our kids away to some of the best schools. They've been to South Africa, Scotland, Mexico, Germany, London, Paris, etc. and have met princes, prime ministers, first ladies, world renown professors, filmmakers, and amazing performers. But when it all boils down to it, I just want them to meet Jesus. All of our experiences and adventures have been great. But I just want their spirits to be secure, and for them to feel safe, valued and loved. Sometimes I wished that I had kept them home; kept them closer. But even at that there are no guarantees. That amazing world out there, can be hard - nuts - foolish! So it is great to have them come home so that we can refill their cups, and laugh with them, and let them rest.

Our son is coming home and I can't wait to wrap my arms around his soul.

Email comments or suggestions to CatnKids1@gmail.com

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AUCTION

Sat., March 10th - 10 A.M.
147± Acres
Prime Farmland
River Road - Colbert Co., AL

Sale Site:
Colbert Co. High School, Leighton

DIRECTIONS: From Wilson Dam Rd (AL-133) in Muscle Shoals, go east on 2nd St (AL-184) for 6 mi. Turn left on County Line Rd and go 2 mi. Turn right on River Rd and go 3.2 mi to property on left.

REAL ESTATE: This 147± ac. farm fronts River Rd and lies just south of the Tennessee River. Approximately 90 acres are in row crop production. The farm also features 8± acres of marshland that has traditionally provided excellent waterfowl hunting. This farm offers an excellent opportunity for investment in the Shoals area.

Property will be shown by appointment, contact Agent's Office.

TERMS: 20% down, balance due in 30 days. Possession upon delivery of deed, subject to the 2018 wheat harvest. The 2018 wheat rent will be prorated between the buyer and seller. Seller will provide survey and owner's title insurance. Seller reserves the right to accept or reject any and all bids.

All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by Auction Company the day of sale supersede any printed material.

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WANT TO BUY LOT at Cypress Shoals West. 256-710-0292.

FOR SALE, MUSCLE SHOALS, 4 bdrm., 2 bath home, like new, large lot with carport and detached garage. \$128,000. Call 256-412-0205.

ROGERSVILLE-LEXINGTON AREA - 32 acres fenced pasture land. Stocked spring fed fishing pond with 4 acres fenced for home/barn site. Dave Robertson, Quest Real Estate, 256-653-4036

FLORENCE: SANNONER SQUARE APTS. 1 and 2 Bdrm, \$350/\$425 plus \$25 water. Appliances, window air/heat unit. 256-754-3137.

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MOULTON: 18747 HIGHWAY 157 Apt. #1, 2 bdrm. \$350 rent plus \$25 water. Appliances, window air/heat, washer/dryer connections. 256-764-3137.

FOUR AND A HALF acres close to town, about 1,900 sq. ft. double wide, detached two story wired shop, double carport, many extras. \$69,000. 256-412-0234 after 4 p.m.

MINI FARM WITH 10 acres, 300 Co. Rd. 122, St. Florian 3,500 sq. ft. brick house. **3 BDRM., 2.5 BA.,** large rooms, in-ground pool, pool house, barn, large stocked pond. 256-767-0162

15 ACRES IN TUSCUMBIA. Great house site with power and septic, \$150,000. Call 256-412-8956.

FLORENCE: 703 CAMPBELL ST. 3 bedroom, 2 bath home for rent, with new refrigerator. \$500 rent, \$300 deposit. Section 8 accepted. 205-541-0535.

SHEFFIELD: 505 STERLING BLVD. 3 bedrooms, 1 1/2 bath, \$600 a month. \$575 Deposit. Section 8 Welcome. 256-483-8570

KILLEN: CENTER STAR VILLAGE 3 bdrm, 2 ba, \$500 rent. Appliances, central heat/air, washer/dryer connection. 256-764-3137.

TUSCUMBIA: COLONIAL GARDENS TOWNHOMES. 2 bdrm, 1.5 ba. \$450 rent. Appliances, central heat/air, washer/dryer connections, pool. 256-764-3137.

FLORENCE: EFFICIENCY, LOFT, 1 bedroom, 2 bedroom for rent. Starting at \$350 to \$495 month. 256-760-8060.

SALE OR RENT SHEFFIELD: 709 Dover Ave. 3 bdrm. 2 ba. Updated. Close to schools. 256-335-2265.

HOUSE FOR SALE: FIFER Upper, 2031 St. Peter St., off N. Spurr St., Florence, 2 bedroom, 1 bath, Corner lot 75'x150', fenced backyard, large deck, \$29,900 as is or \$45,900 if remodeled. Call 256-757-5159

FLORENCE: NORRIS AVE APTS 2 bdrm., \$375 rent. Appliances, central heat/air, washer/dryer connections. 256-764-3137.

FLORENCE: 626 E MOBILE ST Apt A. 3 bdrm, \$450 rent. Appliances, window air/gas heat, washer/dryer connections. 256-764-3137.

FLORENCE: 504 E IRVINE, A3. 1 Bdrm \$325 rent. Appliances, window air/electric heat. 256-754-3137.

SOUTHERN OAKS VILLAGES A great place to call home! Now leasing 2BR apartment homes from \$445, 3BR from \$520. Call or stop by, 1301 Hermitage Drive, Florence, 256-766-5730. Vouchers Welcome. Equal Housing Opportunity.

LEIGHTON: 2110 MULLINS HILL Rd. 3 Bdrm. \$475 rent/deposit. Appliances, window air/heat, washer/dryer connections. 256-764-3137.

ELGIN: FOR RENT, ONE bedroom apartment, stove, refrigerator, washer, dryer, water. \$400 month, \$400 deposit. Great location on corner of Hwy. 101 and Stacey Lane.

MOBILE HOME: 16 FT. by 72 ft. 1995 model, 2 bdrm. 1 ba., one sun room or third bdrm. Shingled roof. Appliances, electrical hook-ups, and central unit included. Extra clean, no damage. \$16,750. 256-710-8203 or 256-762-2814

FLORENCE: 248 MEADOW GROVE Ln. 3 bdrm. \$700 rent/deposit. Appliances, central heat/air, fenced backyard. 256-764-3137.

KILLEN/GREENHILL 3 BDRM. 2 ba. with laundry room and two car garage, walk-in closet in master. 256-335-2452

MUSCLE SHOALS: 2410 B Rosedale Street. Retail or Office Space. 800 Sq. Ft. \$700 Rent. 256-764-3137.

TOWN CREEK: APARTMENTS IS accepting applications for 1, 2 and 3 bdrm. Rent based on income. Equal Housing Opportunity. 256-685-3360

SHEFFIELD: 903 SE 16TH Street 4 Bedrooms and 2 Bath. \$600 month. \$575 deposit. Section 8 Welcome. 256-483-8570.

TUSCUMBIA HOME FOR RENT: Hwy 72., 3 bedroom, 1 bath, 1,500 sq. ft., laundry room, carport, \$600 per month, \$500 deposit. 256-762-3418

FLORENCE: 516 VIRGINIA AVE 3 bdrm. \$450 rent/deposit. appliances, central heat/air, washer/dryer connections. 256-764-3137.

LAND FOR SALE: 47 acres in two tracts. Tract one 22.74 acres open with large stock pond. Tract two 24.23 acres mostly wooded with two small ponds. Located on Underwood Mountain at the west end of Ligon Springs Rd. 256-856-3435

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KELLY LANE DAVIS ESTATES, LOT. LARGE AND LEVEL LOT at end of cul-de-sac in Davis Estates subdivision. Call 256-335-3201.

MUSCLE SHOALS: 221 MARKATE Ave. Three bdrm, 1 bath, double carport, appliances, central unit. \$600 deposit + \$600 month. 256-349-0300

FLORENCE: RETAIL AND OFFICE space on Hough Rd, beside Florence Mall. Rent: \$900 (1000'), \$1250 (1500'), \$1500 (2000') Available. 256-764-3137.

FLORENCE LAND WANTED FOR rent or lease, 30-200 acres, prefer open to partially wooded with water: spring, creek, public. Franklin, Winston, Fayette, Lamar, or Marion counties. House optional. 256-648-7828

HUGE SHADED YARD 3 BDRMS, on a quiet street, fenced level lot with workshop, have 2 houses to choose from, owner financing possible 256-633-8730.

Lake Wilson CLOSE TO STEENSON MARINA, large efficiency apartment, just remodeled, with deck, pier, boat slip, \$450 per month. Don, 256-764-1903.

FLORENCE: 146 LEE AVE. 3 bdrm. \$600 rent/deposit. Appliances, central heat/air, exterior storage, fenced backyard. 256-764-3137.

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ROGERSVILLE: FOR RENT, 2 bdrm., 1 bath duplex apartment. Water, stove, refrigerator, washer, dryer, \$500 month, \$500 deposit. Great Location. 256-762-4673.

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AUCTION
Sat. - Feb. 24th - 10 A.M.
379± Acres - 4 Tracts
Prime Farmland
Limestone Co., AL



DIRECTIONS: From Hardee's in Rogersville, go east on Hwy. 72 for 10 mi. Turn right (S) on Shaw Rd and go 4.4 mi to property on right.

REAL ESTATE: This outstanding redland farm lies 7± miles southwest of the Athens city limits, 4± miles south of Hwy. 72 and 9± miles west of Hwy. 31. Per FSA records, the farm consists of 317± acres of cropland. The property consists of 41± acres of marketable hardwood timber, contact Agent for recent timber cruise. This farm fronts Shaw Road, Poplar Point Road, and Paradise Shores. Property will be offered in 4 tracts and again as one unit.

SELLER: Glaze Cotton Farms, LLC
TERMS: 10% down payment on day of sale with balance due within 45 days. Possession upon delivery of deed. Seller will furnish survey, deed and owner's title insurance. Seller reserves the right to accept or reject any and all bids.
All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by Auction Company the day of sale supersede any printed material.

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TWO AUCTIONS

Auction #1
Saturday, March 3
10:15am
On-Line and Live
816 Howell Heflin Dr.
Tuscumbia

60 x 40 metal building and 1 acre+- Shop with 3 bays, roll up doors, 16 ft ceilings, office, 1 1/2 baths, paved parking lot, plenty of room to add on out back
Located behind Tuscumbia Post Office and Alabama Music Hall of Fame

Auction #2
Saturday, March 3
2pm
On-Line Auction
11440 AL Hwy 157
Cloverdale

7,000 sq ft building (including basement) & 1 acre+- Located just north of Florence, AL. Building was Cloverdale Feed & Seed. Nostalgic building with plenty of character

To preview and bid please go to: Pattersonauctions.com
Auctioneer/Broker - Daniel Patterson CAI - Al lic #1182
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2 END TABLES FOR sale, \$25. Call 256-479-7325.

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Been to the Sleep Lab? Need CPAP?



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CHEVROLET: MALIBU, 2009 \$6,200, 137K miles, silver. Call or Text 256-710-4339 (Muscle Shoals)

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GRAIN BED DUMP TRUCKS for sale. 256-324-8042.

FORD: EDGE LIMITED, 2011 \$11,998. 115k. Leather, all power. Financing available. Call Eric 256-577-8449 or 256-764-3351.

VOLKSWAGEN: GTI, 2012 \$10,988. 96k. Automatic, sunroof. Financing available. Call Tony 931-213-1386 or 256-764-3351.

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HAY: 5X6 ROLLS, PREDOMINANTLY bermuda. Baled without rain, stored in barn. \$30 ea. 256-708-5169

Courier Journal ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.



Hi! My name is **CARLEY**, I am a beautiful Lab mix! I've been pretty scared here in the shelter, I'm starting to come out of my shell and I think I am ready to start looking for my forever home. I promise to be loyal and have a trust-filled bond that cannot be replaced. I am only 8 months old and I have lived with other dogs. Once I warm up to you I'm really just a lovebug!

THE PET OF THE WEEK SPECIAL ADOPTION FEE IS \$15 FOR DOGS & \$25 FOR CATS & INCLUDES SPAY OR NEUTER & RABIES! TO LEARN MORE, CONTACT THE COLBERT SHELTER AT 256-381-4073!



JACKSON is ready to live his life with a loving family as an indoor dog. Jackson is 30 lbs, a Boykin/Feist mix, fully vetted, neutered and heartworm negative. He has beautiful hazel eyes and is a super lovable fellow who adores belly rubs. Would make a great family dog. If you are interested in Jackson please contact Casa Canine Pet Rescue after 6pm at 256-320-8313.



I'm **BRUNO** and it's time we met! As you can see I'm a handsome young guy, born in early November of 2017. The vet says that I'm a healthy youngster and will probably grow to about medium size. I love to play with people and other dogs. I'm really good at snuggling! My foster mom says that I'm making great progress on my house training. I will be neutered, have all my vaccinations and even have a microchip. If you're interested in adopting Bruno, please call PAWS at 256-383-0690.



TONY is a 1.5 year old boy who is friendly and easy going. He is up to date on vaccines and heartworm negative and ready to find a home! **ADOPTION IS \$15 AT THE FLORENCE SHELTER.** Call 256-760-6676 for more info!

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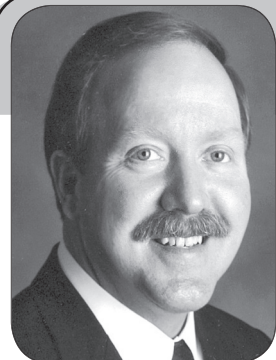


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STAN DEAN

A Lesson From The Olympics

I am a big fan of the Olympic Games. It does not matter if we are talking summer or winter, I enjoy them all and try to watch as many of the competitions as time allows. They bring out my patriotic spirit and I am always rooting for Team USA! On another level I also enjoy the Olympics because they tend to cause counties across the world to put aside their differences for a little while and unite for a common cause which is a beautiful thing.

Beyond the competition of the games I love hearing the backstories of the athletes. Not only are they heartwarming and inspiring, but there are also a lot of life lessons to be learned from their experiences. Among those, here is one that is worth sharing.

Therese Johaug, a three-time cross-country medalist from Norway was not allowed to compete in the 2018 PyeongChang Winter Games. The reason is that she tested positive for an anabolic steroid known as "clostebol." Hence, she was banned from participating as an athlete, being accused of doping. "Doping" is when you use drugs to enhance your performance in a competition. I think we all would agree that doping should not be allowed, but here is her story.

The drug showed up because it was an ingredient in an ointment that she used to sooth her sunburned lips. In her own words she explained, "I feel I did everything right. I went to an expert who gave me this ointment and asked him if the cream was on a doping list. The answer I got was 'no.'"

She appealed her case to a Court of Arbitration because she felt that her ban treated her unfairly under the circumstances. Nevertheless, the court upheld the initial ban issuing this explanation: "Ms. Johaug failed to conduct a basic check of the packaging, which not only listed a prohibited substance as an ingredient but also included clear doping cautionary warning."

As I considered this story I thought of how many times people have gotten themselves in trouble (sometimes spiritually) because they trusted the false information someone gave them - when they could have found the truth for themselves. It turned out bad enough that Ms. Johaug had to miss the Olympics, but consider how much worse it can be when our soul's eternal future is on the line!

It is vitally important that we build our faith on what we know to be true from God's word and not just on what someone tells us it says (cf. 2 Timothy 2:15). May we be like the Bereans who personally "searched the Scriptures daily" to discern truth for ourselves (Acts 17:11).

KILLEN CHURCH OF CHRIST

SUNDAY SERVICES: 9:00 A.M., 10:00 A.M. AND 6:00 P.M. • WEDNESDAY: 7:00 P.M.

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FIRST TIME BUYER, NEED a car? I can help! Call Tony 931-213-1386 or 256-764-3351

KIA: OPTIMA LX, 2013 \$10,974. 67k. Cloth, automatic. Financing available. Call Cody 731-925-0458 or 256-764-3351.

MITSUBISHI: MIRAGE DE, 2015 \$7,988. 28k. Cloth, auto. Financing available. Call Brandon 256-710-4598 or 256-764-3351.

JUGS BASEBALL POPUP NET, with bag, great condition. \$60. 256-351-6643.

NISSAN: ALTIMA 2.5S, 2015. \$11,998. 72k. Cloth, automatic. Financing available. Call Matt 256-810-0283 or 256-764-3351.

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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Wyatt and Bill argued over Liam. Hope was forced to stifle her feelings when Liam shared some important news with her. Brooke offered Katie comfort over her breakup with Wyatt. A secretly thrilled Quinn did her best to offer kind, motherly advice to Wyatt during his time of heartache. Sally demanded that Bill do right by Spectra. Wyatt and Katie realized they were victims of Thorne's interference. Steffy was worn down by her father's rage toward Bill. *Wait to See: A broken-hearted woman becomes wary that her rival is vying for her estranged husband's heart.*

DAYS OF OUR LIVES A hostage situation turned deadly. Steve and Tripp

shared a heartfelt reunion. Marlena comforted a guilt-ridden John. Eric and Jennifer had a tense run-in with Brady and Eve. Maggie learned of Victor and Brady's plan. Kate ripped into John for putting Billie's life in danger. Chad warned Stefan to stay away from Abigail. A fed-up Maggie walked out on Victor. Lucas shared a warm moment with Will. Abigail made an unexpected move regarding Stefan. *Wait to See: Kayla has grim news for Steve.*

GENERAL HOSPITAL Molly lashed out. Monica surprised Michael. Olivia stood by her man. Drew looked to Curtis for help. Kim stepped in. Alexis ended up in a precarious position. Anna made a promise. Sam looked out for a friend. Peter appealed to Lulu. Kim asked a favor. Jason looked to Peter for help, but Peter knew more than he let on. Ava's gallery was threatened. Nelle was ready to take the next step. Alexis met with Brad. Sonny confided in Epiphany. *Wait to See: Tensions run high at the PCPD.*

THE YOUNG AND THE RESTLESS They agreed to a compromise of getting married in July, but starting the adoption process of Connor and Christian first. At Hamilton-Winters, Charlie copied files onto Devon's laptop. Devon was shocked to see that one of the files was footage of Juliet admitting that she lied about Cane sexually harassing her. Phyllis asked Sharon to help her dig up dirt on Chelsea. Sharon was hesitant until Phyllis told her that she was worried that Chelsea would ruin Nick's life. Later, a suspicious Mariah confronted her mother. *Wait to See: Victoria quizzes Reed about J.T.'s past.*

FISH DAY
Now is the time for stocking with Arkansas Pondstockers!
Channel Catfish - Bluegill (Regular & Hybrid) - Redear
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Lauderdale County Cop-Op
Florence AL
12:00-1:00 PM

Lauderdale County Cop-Op
Rogersville AL
2:00-3:00 PM

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TOYOTA: 4-RUNNER LIMITED, 2003 \$7,200, good condition, silver. Call or Text 256-710-4339 (Muscle Shoals)

SUZUKI: SX4 LE POPULAR, 2012 \$6,986. 16k. Manual trans. Financing available. Call Eric 256-577-8449 or 256-764-3351.

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FORD: F-150, 2007 EXTENDED cab. One owner. 185k. \$8,950. 256-324-8042.

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The Utilities Board City of Muscle Shoals Water & Wastewater Department will accept sealed bids on the following vehicle until 3:30pm on March 15, 2018. The vehicle listed may be inspected at the office located at 2210 E. Second Street, Muscle Shoals This vehicle will be **SOLD AS IS.**

2008 Ford F150 Pickup
White Exterior
1FTRX12W98FC33071

The Utilities Board City of Muscle Shoals Water & Wastewater Department reserves the right to reject any or all bids, to waive any informality in any bid, and to accept any bid considered being advantageous to the owner.

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Here's your word for the week: Sedition

Which choice best defines SEDITION?

A) A President of a country that acts in unorthodox ways.
B) Being in a depressed mood because of a President.
C) Speech inciting people to rebel against the authority of a state.
D) A character of people's rights.

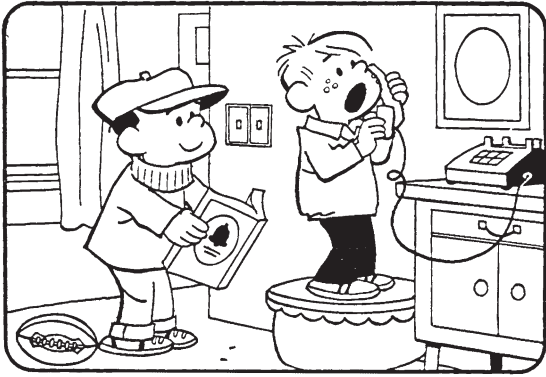
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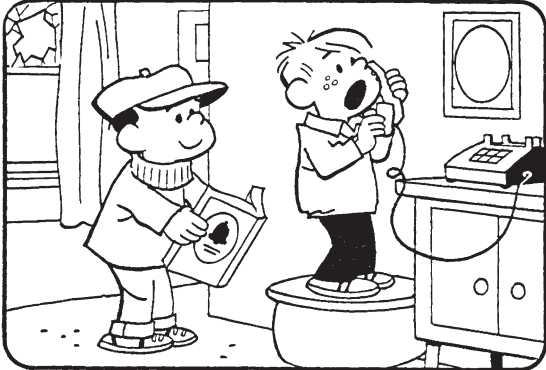
No representation is made about the quality of the podiatric services to be performed or the expertise of the podiatrist performing such service.

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BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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