

Volunteers needed at the Discovery Center

The Delmarva Discovery Center is looking for volunteers to help through the busy spring and summer season. To that end, the Center is hosting a Coffee Meet & Greet on Tuesday, April 10, at 10:00 a.m.

The program will include an introduction to the Discovery Center followed by an overview of the Center's diverse opportunities for Volunteers. The orientation will also include a tour of both the public exhibits and the back of the house operations. The Center welcomes anyone interested in exploring the possibilities for volunteering to attend this program

The Discovery Center is located at 2 Market Street, Pocomoke City, MD, and is open seven days a week.

It is requested that if you plan to attend that you call (410) 957-9933 or email Christy@DelmarvaDiscoveryCenter.org.

Poet's talk and reading to be held

In celebration of national poetry month, poet Jane Satterfield will give a book talk on Friday, April 6, from 5:30 p.m. to 6:30 p.m., followed by Satterfield's poetry reading at 7 p.m., in Room 302 of the Hazel Center at Wor-Wic Community College in Salisbury.

Refreshments will be provided and books will be available for purchase and author signing. This free event is part of the college's Echoes and Visions reading series and is sponsored by the cultural diversity committee.

Club to hold fling

The public is invited to attend the annual Ocean Pines Boat Club's Spring Fling dinner and dance on Sunday, April 29, at BJ's On the Water (75th St. in Ocean City) at 6 p.m. Please contact Nancy Engelke at 410/208-0314 for information. The cost is \$39 per person for club members and \$42 per person for non-members.



Bowl project - Families enjoyed an evening of soup, entertainment, and fund raising at Berlin Intermediate Schools' 7th annual Soup Bowl Project that was held February 22.

Above: sixth grader **Grace Kline** holds up one of the beautiful bowls from the Soup Bowl Project.

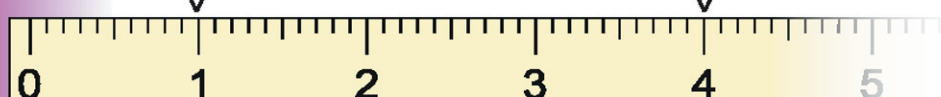
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peninsula.org/courlercancer

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St. John Neumann to present Tenebrae Service

Saint John Neumann Roman Catholic Church in Ocean Pines will hold a Tenebrae service on Sunday, March 25 at 5 p.m. This service provides an opportunity for the Christian community to meditate and reflect on the darkness of our Lord Jesus Christ’s Passion. Traditionally, a Tenebrae service takes place in a darkened church lit only by candlelight. Each meditation revolves around Christ’s suffering from the Last Supper to the Crucifixion. The Tenebrae service at Saint John Neumann will present periods of meditation and music to commemorate these events. After each period of meditation and music, a candle will be extinguished, representing Jesus’ increasing sorrow and fading life, until only the Christ candle remains. When the Christ candle is extinguished the church will be left in near total darkness; attendants depart in contemplative silence.

This somber yet beautiful service recreates the emotions of despair, sorrow, agony, humiliation, and pain that Jesus experienced on the road to Calvary. The service, entitled “Lamentations of the Lamb: A Service for Tenebrae” written by Pamela Stewart and John Purifoy will be officiated by Rev. Joseph Cocucci, and music directed by Josephine Cover. The Saint John Neumann Adult Choir will perform alongside musicians Carole Lohmann on piano, Sally Hendon on flute, Kristi Friese on cello, and Kelly Johnson-Harvey on oboe. A goodwill offering will be accepted at the door.

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18	19	20	21	22	23	24
25	26	27	28	29	30	31

Arbor Day ceremony set

The Ocean Pines Garden Club will host its annual Arbor Day memorial tree planting ceremony on Thursday, April 12, at 10:30 a.m. in Pintail Park in Ocean Pines. The ceremony is open to all. A tree will be planted in memory of loved ones who have passed away during 2017.

A luncheon at The Lighthouse Sound restaurant will follow the ceremony. The cost of the luncheon is \$22. per person. Menu choices are: (1) Lighthouse Salad, (2) Turkey Wrap, or (3) Philly Cheese Steak. The cost includes beverages, tax, and gratuity.

For information or reservations for the luncheon, please contact Marian Bickerstaff at mbickerstaff@mchsi.com or 410-208-2508.

Monday

Ocean Pines Poker Club
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines
The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo
Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club
Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin
Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time
Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles
Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo
Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum
Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Fallen soldiers to be honored

Vietnam Veterans Chapter #1091 located in Ocean City is dedicating a memorial bench to the eight Worcester County Veterans who gave their all during the Vietnam War. The dedication is scheduled for March 30, at 11 a.m. at the Worcester County Veterans Memorial in Ocean Pines. Family, friends and the public are especially invited to attend this dedication for these eight heroes.

Those who will be honored are PFC Barry H. Berger USA, LCPL Frederick W. Bivens USMC, SP4 Charles L. Bridle USA, SGT Michael

E. Gordy USMC, PFC Alphonso L. Harmon USMC, PFC Lewis M. Haywood USA, SP4 Freddie Marshall Jr. USA and MAJ Nutter J. Wimbrow III USAF

Following the dedication, all are invited to attend a “Welcome Home” Vietnam Veterans celebration at American Legion Post #166, 24th St. in Ocean City. For further information contact Nelson Kelly 410-213-5228.

AGH to fete anniversary

Atlantic General Hospital is hosting a community celebration Tues-

day, May 8 between 3 p.m. and 6 p.m. The event is free and open to the public in recognition of the organization’s 25th anniversary. The celebration will include food, activities for all ages, displays created by various clinical departments, bounce houses, a petting zoo for the children and a ribbon-cutting for the Healthway Drive Community Garden. Commemorative remarks will be made at 4 p.m.

Pool to close

The indoor Sports Core Pool will be closed March 25 through 29 for a semi-annual full drain and cleaning as well as to address routine maintenance is-

sues.

The closure, which occurs every spring and fall, was originally scheduled to occur March 26 to 28, according to Ocean Pines Aquatics Director Colby Phillips. She said that the facility will be closed two additional days to allow for a recoating of the rubber safety surfacing that surrounds the pool to dry.

The Sports Core Pool will reopen on Friday, March 30 at its regularly scheduled time: at 6 a.m. for Ocean Pines swim members and classes and at 10 a.m. for the public. Aquatic classes and programs are not scheduled to take place during the closure.

For more information, contact Ocean Pines Aquatics at 410-641-5255.



History - General Levin Winder Chapter of the Daughters of the American Revolution (DAR) recently learned about the contributions of a Native American soldier during World War I. Chapter member and American Indian committee chair Carol Wanzer, who is of Cherokee descent, spoke about Otis W. Leader, a Choctaw from Oklahoma who was described and painted by French artist Raymond DeWarreux as the "Ideal American Soldier" during World War I. Leader proved his bravery and won a hero's status when he took up a rifle, went through the lines and captured 18 Germans after three of the four men in his machine gun crew were killed during fighting at Chateau-Thierry. Leader was also one of the Choctaw code talkers who, in the closing days of World War I, helped the American Expeditionary Force win several key battles in France.

The DAR is a women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education. For more information, visit www.dar.org.

Above are **Carol Wanzer** with chapter Regent **Patricia Ayers**.

Italian festival scheduled

If you are a local resident or visiting the area on Saturday, March 24, you are invited to stop by St. Andrews Catholic Church located at 144th St. in Ocean City for Italian food, music and fun. The festival runs from 11 a.m. to 6 p.m. Admission is free.

The Sons and Daughters of Italy Ocean City Lodge 2474 created the annual festival to raise money for local charities and for scholarships to local high school students.

In the past, the lodge has donated monies to G.O.L.D. of Worcester County, The Justin House in Bethany Beach, Diakonia, Home of the Brave

and St. Luke's Catholic Church. Also, each year three students of Italian descent receive \$1,500 scholarships each.

Attendees can purchase authentic Italian specialties of ravioli with meatballs or sausage, meatball and sausage subs, homemade minestrone soup, zeppole, cannoli, and homemade desserts.

While dining, attendees will be treated to the music of the "Mario Monaldi Band." In addition, they will have the opportunity to bid on prizes in a silent auction and to win gift baskets. Children's games will also be available.

During the last seven years, the lodge has donated over \$16,000 to charities across the region and \$25,000 for scholarships.



Local pregnancy center to host gala

Shirley Grace Pregnancy Center located in Berlin is an organization dedicated to providing a safe haven for women during their maternal years. In the past seven years the center has served over 2000 women and children by providing free pregnancy tests, ultrasound for pregnancy viability, parenting education and support groups. These services can only continue to be provided here on the Lower Eastern Shore through the financial support of the community at large.



Special guests for this event will be Nikki Leonti Edgar and her husband who were top 10 contenders on "America's Got Talent," making it to the semi-finals in 2016. Nikki will share her personal journey as a teen mom as well as her singing talent with us.

Reservations may be made by contacting the Shirley Grace Pregnancy Center at 443-513-4124 or through email at sgpregnancycen@gmail.com. The cost to attend is \$25 a person and must be paid by the reservation deadline of April 11.

On Saturday, April 21, the organization's annual gala will be held at the Roland E. Powell Convention Center in Ocean City. This evening will run from 5 p.m. until 10 p.m. and include fine dining, silent auction items, a 50/50 Raffle, dancing, and special features that will touch your heart. A financial invitation will be extended during the evening so that participants can partner with the center, to support clients.

If you do attend, please know that you will be expected to make an additional contribution the night of the event. If you are able to help offset the cost of the gala before the event by becoming a sponsor with a donation of \$500 or more, please contact the center. This will help assure that all monies raised during the event will go toward supporting clients.

Safe boating course offered

Ocean City Power Squadron, a unit of the United States Power Squadrons, will present America's Boating Course. The boating course will be given at the Ocean Pines library. The first class will begin on March 26.

This is a nine-hour course and will be given on four consecutive days starting on Monday, March 26 and continuing on March 27, 28 and 29. This includes a review and exam on the last day. On the first day registration will be at 6 p.m., followed by the class starting at 6:30 p.m. the same evening. The course will be from 6:30 p.m. to 9 p.m. each evening. There is a minimal \$15 fee for the course and material. Middle School and High School students are free.

Anyone born after July 1, 1972 must satisfactorily complete a safe boating class to operate a recreational vessel or personal watercraft in the State of Maryland. Successfully taking this class also satisfies the requirements for Delaware, Virginia and Pennsylvania.

This course covers basic boat handling, navigation, Federal and State regulations, rules of the road, aids to navigation, required equipment and much more.

The importance of safe boating education is emphasized by the U.S. Coast Guard Recreational Boating Statistics, which reveal that nationwide between 2015 to 2016 deaths have increased by 12% to 701 and the number of accidents increased by 7.3% to 4,463.

For more information and a recommended early registration call 410-641-6535 or 410-641-8040.



The Courier

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2012 Business of the Year

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According to the Pet Poison Helpline, hybrid cats were first created in the 1970s as an effort by scientists to study the possible resistance to feline leukemia in wild cats. The goal of this research was to better understand hereditary factors for leukemia and how to combat the disease.



The cats bred for this research were ultimately given to people as pets, creating a demand among cat owners attracted to their unique, often exotic looks. While hybrid cats now sold to the general public are no longer considered "wild," the PPH notes that the largest number of behavioral complaints about the hybrid cats being bred and sold today concern aggression and refusal to use litter boxes. These behavioral issues compel many hybrid cat owners to turn their cats into shelters, many of which are already overwhelmed by overpopulation. Before purchasing or adopting new cats, prospective cat owners should give ample consideration to the potential behavioral issues associated with hybrid cats and whether or not such cats will fit into their lifestyles, as millions of cats that are returned to shelters are euthanized each year due to lack of adoptive families.

Job fair to be held at Wor-Wic

The public is invited to attend a free job fair being offered by the career services office at Wor-Wic Community College on Thursday, April 5, from 2:30 p.m. to 6 p.m., in Guerrieri Hall and the Allied Health Building at the college campus in Salisbury.

More than 50 area employers are planning to participate in the fair, including Atlantic General Hospital, Cato Gas & Oil, Chesapeake Health Care, Coca-Cola Bottling Co., Delaware Elevator, Focus Point Behavioral Health, State Highway Administration, Maryland Department of Public Safety and Correctional Services, McCready Health, Mountaire Farms, Nurse Professionals Home Care, Peninsula Regional Medical Center, Perdue AgriBusiness, Real Hospitality Group, Somerset County Public Schools and Taylor Bank.

Attendees should check in at Guerrieri Hall and come dressed in interview attire and bring resumes to give to prospective employers. Interpreter services will be available for people who are deaf or hard-of-hearing.

Job seekers can go to www.college-central.com/worwic and submit a resume prior to the job fair for a free critique by the career services office.

Visit www.worwic.edu for more information or a full list of participating employers.

Easter Service to be held

An Outdoor Sunrise Service will be held Easter Sunday, April 1 at 6:30 a.m. at Assateague Island State Park located at 6915 Stephen Decatur Hwy, Berlin, MD. Follow the directional signs to the pavilion. Bring lawn chairs and dress warmly. Breakfast follows the service at Bethany United Methodist Church located at 8648 Stephen Decatur Hwy. in Berlin. For more information, call 410-641-2186.

Rummage sale to be held

A rummage sale will be held Saturday, April 7 at Ocean City Presbyterian Church between 7 a.m. and 1 p.m. The church is located at 1301 Philadelphia Avenue in Ocean City.



Winners - On February 28, Ocean City Elks Lodge officer Larry Batis presented three WPS Lower School students with awards for winning the 2018 Elks Drug Awareness Poster Contest.

Front Row: 1st Place **Rania Khan**, 2nd Place **Lydia Schwartz** and 3rd Place **Danielle Carr**. Back Row: Head of Lower School **Laura Holmes**, Elks officer **Larry Batis**. In addition to Rania Khan winning first place in the district and the state level, her poster has been submitted to the National Elks Contest.

Items to take to the tax preparer

For many working Americans, April 15 is synonymous with taxes. But taxpayers may be happy to learn that they have two extra days to file their returns in 2018. That is because this year April 15 falls on a Sunday, and April 16 is Emancipation Day, when the District of Columbia celebrates Abraham Lincoln's signing of the District of Columbia Compensated Emancipation Act, which freed more than 3,000 slaves in D.C.

The extra two days to file might not be much time, but the extra 48 hours will no doubt please taxpayers who tend to put off filing until the last minute. Whenever taxpayers decide to begin the process of filing their taxes, those who hire professionals to prepare their returns should have the following items ready when visiting their tax preparers.

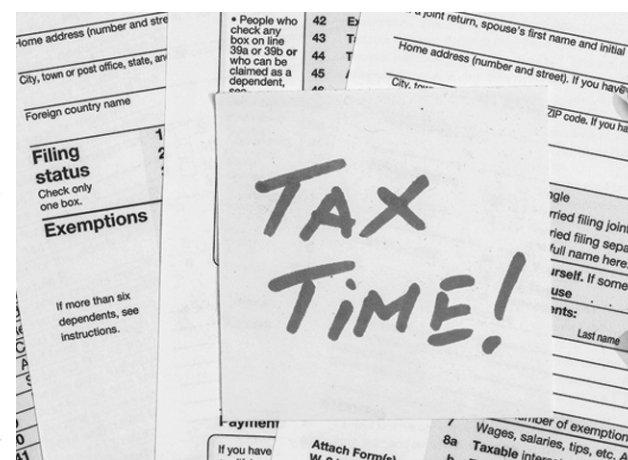
- Personal information.
- Social security or tax ID number
- Social security or tax ID number of your spouse, if applicable
- Dates of birth of all dependents
- Social security or tax ID numbers

of all dependents

- Last year's tax return
- Spouse's tax return from previous year, if filing jointly

Income Information.

- W-2 forms from all employers you worked for in the last year
- If you are filing a joint return, W-2 forms from all of your spouse's em-



employers in the last year

- Information regarding investment income, including proceeds from the sale of bonds or stocks, income from foreign investments, interest income, and/or dividend income

please see **tax** on page 15

Since when

As the result of a spur of the moment decision, my wife and I found ourselves spending a recent weekend in a cabin at

on his feet. Meanwhile, I was making my way tentatively down a pre-beginner hill wearing training skis following five- and six-year-olds who had flown past me laughing and pointing.

But I digress.

In addition to enjoying the mountain scenery, my wife and I drove to Oakland, about 20 miles west of where we were staying, to

walk through antique and second-hand stores. Oakland is the county seat of Garrett County with a population of about 1,900 people. Like many small towns it has a town center and that's where we found ourselves, walking between various shops. One store was interesting in that it housed a restaurant dining counter and antique consignment stalls. The smell of grease wafted through the air as I looked at old jelly glasses and vintage magazines. It reminded me of when my mother took me to Woolworths to shop before we went to the counter for lunch.

In another shop, Alder Antiques, there was a display of "Remember

When" booklets. I'm sure you've seen them. Each book highlights what was going on in a particular year. They're usually given as gifts on someone's birthday. I've received one myself. It was interesting to read what a loaf of bread cost the year I was born or what the average income was at the time.

The booklets were displayed on a rotating display. When I first came upon it, the booklets facing me were for years during the 1930s and 1940s, years that I think of as way back in the day. Now before anyone takes offense that I believe the 1930s and 1940s are "way back in the day," you should know that I think the decade I was born, the 1960s, is back in the day also; not "way" back in the day, but back in the day nonetheless.

What struck me and not just a little horrified me as I rotated the display, was that there were booklets talking about the "ancient history" of the 1990s. Since when did the 1990s become history enough to be documented in a "Remember When" booklet displayed in an antiques store? Why, the 1990s were

just ... uh ... they were just ... oh ... they were 25 years ago. When did that happen?

The realization that the 1990s were a quarter century in the past got me thinking about silly facts; like for instance by 1992 the television series "M*A*S*H" had been off the air for nearly a decade. Ronald Reagan was out of office and Johnny Carson was retiring from hosting "The Tonight Show." Also, in 1992, no one had ever heard of an I-Phone, the Internet was relatively unknown and Justin Bieber hadn't yet been born.

The passage of time is relative to one's perspective. While I may think

the 1990s are not that far back in history, my granddaughter who turns six next Tuesday, thinks her mother, my daughter, who is in late twenties, is really old. No doubt she believes her grandfather roamed with dinosaurs.

In case you're wondering: in 1990 a first class postage stamp cost 25 cents; a gallon of regular gas was \$1.16 and a gallon of milk cost \$2.78.

And time goes on.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

Deep Creek Lake in western Maryland. Eight inches of snow covered the ground and blanketed the surrounding mountains where skiers swooshed. Light layers of ice were visible on parts of the lake.

It's been many years since I've donned skis, so many years in fact that Jimmy Carter was in office. Occasionally, usually with the church Youth Group, my brother and I would travel to Jack Frost Mountain in the Poconos to ski. I don't think I ever made it off the bunny trail. My brother, who takes to sports like a duck to water, would fly down the intermediate and advanced slopes as if he had been born with skis

19th Annual Ocean Pines Community Easter Sunrise Service

6 a.m. at

Ocean Pines Yacht Club

Rain Location: Showell Elementary School

If it rains, join us at the school at 6 a.m.

For more information call 410-641-6000

Limited seating provided. Bring a lawn chair

Free screening available

An assortment of beneficial free health screenings are available to anyone who attends Peninsula Regional Health System's HealthFest: An event for all ages, at James M. Bennett High School in Salisbury on Saturday, April

7, 2018. HealthFest, presented in partnership with the Wicomico County Board of Education, will be held rain or shine from 7:30 a.m. to 12:30 p.m.

The over 35 free screenings, available the day of the event and without pre-registration, will include vision and hearing, glaucoma, height, weight and body fat, skin cancer screenings on PRMC's Wagner Wellness Van, bone density, balance, kidney disease risk testing, lower body circulation, blood pressure testing, mental health awareness and much more.

This year's HealthFest also features, for the first time, a specialized hernia screening by PRMC surgeons. Appointments are being taken at 410-543-7766. A limited number of walk up appointments will also be available throughout the morning.

The da Vinci Surgical robot returns this year giving everyone who attends a "hands on" demonstration of the robotic technology used by PRMC surgeons that was first introduced locally by Peninsula Regional in 2007.

Attendees will also have an opportunity to participate in a paper Diabetes screening conducted by the Peninsula Regional Diabetes and Endocrinology Center team. If determined to be at high risk, individuals will be provided education and offered a Hemoglobin A1c (HbA1c) blood draw. The HbA1c test is preferred because it can actually detect Diabetes,

*please see **healthfest** on page 15*

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Torch pass - After celebrating in the cafeteria at the PARCC Olympics Opening Ceremony, **Collin Pennington, Anthony DiGristine, Riley Yli-Piipari, and Kobe Bouzaglo** returned their "torch of knowledge" to Julie Justice's fourth grade classroom at Ocean City Elementary.



Advertising Sales Professionals

The Courier, a weekly community newspaper seeks experienced advertising sales individuals with strong interpersonal skills to build advertising relationships and assist in publication growth.

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Earn 30% sales commission. Open sales territory in Worcester, Wicomico and lower Sussex counties. This is a key position with considerable income growth potential. Enjoy flexible schedule.

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chipbertino@delmarvacourier.com

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Eggplant or Chicken Parmesan Spaghetti & Meatballs

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Present Coupon When Ordering Expires 3/31/18

Inside South Gate Ocean Pines 410-208-2782



Competition - Recently the Selbyville X Squad travel and competition team traveled to Denver, CO to compete at the Tribute Regional Dance Competition and to Asbury Park, NJ to compete at the Imagine Regional Dance Competition. Each competition had over 500 acts but X Squad brought home the prestigious choreography award for their musical theater dance "Gone Fishing". Pictured above from left to right, **Chloe Marshall, Camden Rayne, Maddie Barton, Chelsea Kolacz, Anna Marie Buas, Erika Kolacz, Riley Cooper and Sophia Kyprios.**

Preparing garden beds for spring and beyond

Now that spring is here gardening enthusiasts may have been thinking about their landscape plans throughout the winter, eager to once again get their hands dirty with soil. Whether a home gardener is making preparations for edible crops or beautiful flowers, he or she must take time to make the soil amenable to planting. To establish hearty, durable plants, gardeners can focus on three main areas: addressing soil composition, cultivating and adding nutrients.

Soil composition. Many gardeners prefer growing a variety of plants in their gardens. Such an approach requires taking inventory of the type of soil in one's garden and making the necessary modifications so that the types of vegetables, herbs, shrubs, or flowers that will be planted can grow in strongly. In fact, according to the plant company Proven Winners, the most important step to developing good roots is preparing the soil.

Take a sample of the soil and examine it to see what is present. If the soil is too full of clay, too sandy, too dense, or too loose, that can lead to problems where plants cannot grow in strong. Work with a garden center to add the right soil amendments to make a rich soil. This may include organic compost or manure, which will also add nutrients to the soil.

Cultivation. Cultivating the soil can involve different steps. Removal of

weeds, errant rocks, roots, and other items will help prepare the soil.

please see **spring** on page 15

Home inspectors: requirements, scope and limitations

By **Steven W. Rakow**, Esquire

Just about anyone who has ever purchased an existing home has engaged the services of a home inspector. Reliance on the report of a home inspector can be a relief in finding problems before closing, or provide a buyer with a way out of a bad deal. Buying a home is often the



Steven Rakow

single most expensive investment one makes. It is therefore important for home buyers to understand what a home inspection requires, the scope of the inspection, and the limitations.

Home inspectors in Maryland must be high-school graduates, complete 72-hours of on-site training, and pass the national home inspector exam. Prospective home inspectors submit their application to The Maryland Department of Labor, Licensing, and Regulation (DLLR) before approval

and licensing. Once approved, home inspectors must maintain insurance in an amount of \$150,000. Beyond these minimum requirements, home inspectors need no other training or apprenticeship to inspect your home.

Home inspectors must comply with the standards of practice set forth in the Code of Maryland Regulations (COMAR). These standards state what the inspector must do, but also provide much leeway for what inspectors are not required to do. Home inspectors must visually inspect the structural components, exterior, roof system, plumbing, electrical, heating, air conditioning, interior, insulation, and fireplaces. Inspectors are not required by COMAR to inspect household appliances. Nor will inspectors look at fireplace chimneys or flues. The inspector is not required to enter into closed or concealed spaces. Additionally, the inspector will not identify concealed or latent defects. A visual inspection is just that – visual. No destructive test-

please see **home** on page 15

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Say 'thank you' to doctors

Diagnoses, surgeries, treatments and care, the number of ways doctors improve and save lives are innumerable. Since 1933, March 30 has been set aside as National Doctors' Day to recognize the valuable contributions of physicians in the community. On Delmarva, patients at Peninsula Regional Medical Center often have excellent stories of how their own doctors have made a difference.

In addition to providing a special breakfast and lunch for its physicians on Doctors' Day, PRMC is inviting community members whose lives have been changed by doctors to send an online thank-you to the physician of their choice. Throughout March, visit the

Peninsula Regional Doctors' Day site at www.peninsula.org/DoctorsDay. The site offers a space to share stories and gratitude; the notes will be delivered to the doctor selected.

Casino trip planned

The public invited to join members of the Ocean Pines Boat Club on their Thursday, April 19 bus trip to the Harrington Casino. The cost is \$20 per person which includes \$15 Slot Play and a \$7 food voucher. The luxury bus will leave from the Ocean Pines Yacht Club parking lot at 10 a.m. and return at about 5 p.m. Seating is limited to the first 56 reservations. Contact Tom or Barbara Southwell at 410-641-5456.

'Jesus' film to be shown

During the Good Friday Service, March 30, at noon and 7 p.m. Bethany United Methodist Church will present the film "Jesus," starring Jeremy Sisto as Jesus. Lasting nearly 3 hours, it is about the life, work and death of Jesus. It will be shown in the sanctuary located at 8648 Stephen Decatur Hwy. For more information call 410-641-2186.



New Kiwanis member

Kiwanis Club of Greater Ocean Pines – Ocean City welcomed new member Shelley Cohen of Ocean Pines. Shelley is married with three children and two grandchildren. She is a Registered Dietitian who has worked in the areas of home health and with individuals with intellectual disabilities. Pictured (L-R) are Kiwanis Club President **Ralph Chinn**, Kiwanian **Steve Cohen** who sponsored his wife, **Shelley Cohen** and Kiwanis Club Secretary and Membership Chair **Pat Winkelmayer** who performed the induction.

After losing a pet, when is it time to love again?

The passing of a pet can be an experience similar to losing another important member of the family. Even though the loss is inevitable, it can still be shocking when a pet passes away.

Upon the death of a pet, many pet owners need some time to mourn and grow accustomed to living without their pet. Though some might prefer to adopt a new pet shortly after a pet dies, others may need time to decide if this is the right decision. The following are some factors for pet owners to consider, courtesy of Vet Street, WebMD, Bark, and RainbowsBridge.com, as they try to decide what to do after losing a pet.

Home does not feel complete. Many previous dog owners feel their homes are empty or not complete without the presence of a four-legged friend. People who live alone and relied on a recently deceased pet for companionship or safety may consider adopting sooner than busy families or those who have roommates to keep them occupied.

Why get another pet? Pet owners must ask themselves why they want another pet. If the main reason is to dull the pain of loss, it may be better to wait until something other than emotion is driving the decision.

Other pets/people. If there are

other pets in the house, think about how they may react to having a new addition in the house. Just because one person is ready for the responsibility of a new pet does not mean everyone is. All opinions and personalities should be considered and all voices heard before bringing a new pet into the home.

Is it time for a break? Some pet lovers may need a break from the responsibility of pet ownership, especially if a recently deceased pet was difficult to care for in its final years.

Existing lifestyle. New pets may require a decade-plus commitment. While it may have been easy the first time around, those who are facing retirement and the possibility of travel or have children leaving the home may want to think about whether or not pets suit their current or future lifestyles.

The death of a pet is a difficult experience. Some pet owners may respond by immediately adopting a new animal, but it may be wise for pet owners to make time to grieve and decide if a new pet is a commitment they can make.



Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify authenticity, if necessary. Letters

are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

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Ralph Chinn

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Kiwanis briefed on new tax law

Brian K. Roberts, CPA discussed the new tax law with members of the Kiwanis Club of Greater Ocean Pines – Ocean City.

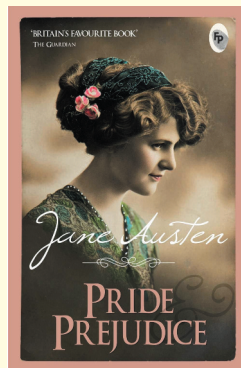
Above: **Brian Roberts** receiving the traditional Kiwanis Speakers Pen from President **Ralph Chinn**.

Austen classic to be performed

"Pride and Prejudice" is a streamlined theatrical version of Jane Austen's classic novel involving manners, courtship and relationships. The beloved story involves a host of complex characters including Elizabeth Bennet and Mr. Darcy. Finding a husband is hardly Elizabeth's most urgent priority. When the independent-minded Elizabeth meets the handsome but enigmatic Mr. Darcy, all feelings of attraction are muted by his pride and her prejudice.

"Pride and Prejudice" will be directed by Mark Tyler.

Lower Shore Performing Arts Company will present "Pride and Prejudice" at Snow Hill High School on April 7 at 2 p.m. and 7 p.m. and April 8 at 2 p.m. There will be performances at Chincoteague Island Theater on April 14 at 7 p.m. Ticket prices and other information can be found at www.lower-shorepac.org or the LSPAC Facebook page.



Read more books for better health

The availability of digital content has made it easy to forget how pleasurable it can be to pick up a good book and get lost in a story. In fact, a 2015 Huffington Post/YouGov poll of 1,000 adults in the United States found that 28 percent had not read a single book in the previous 12 months.

Researchers at the Yale School of Public Health analyzed 12 years of data from the University of Michigan's Health and Retirement Study concerning reading habits. Among the 3,600 participants over the age of 50, those who read books for as little as 30 minutes per day over several years were living an average of two years longer than those who did not read.

Studies have shown that reading improves fluency and story retention while providing a host of additional benefits to young children. However, the perks do not end with the passing of adolescence. Data published in the journal "Neurology" found reading regularly improves memory function by working out the brain. This can help slow a decline in memory and other

brain functions. Frequent brain exercise can lower mental decline by 32 percent, according to research published in The Huffington Post.

Studies even suggest that reading can help a person be more empathetic to others' feelings. Research published in the journal "Science" showed that reading literary works (not popular fiction) cultivates a skill known as "theory of mind," which is the "ability to read" the thoughts and feelings of others.

Reading also can be calming, helping to reduce stress as a result. By losing oneself in a book, worries and stress can melt away, says research conducted in 2009 at the University of Sussex. Measuring heart rate and muscle tension, researchers discovered that study participants needed just six minutes to relax once they began reading.

There are many other reasons why reading is good for the mind and body. The following tips can help men and

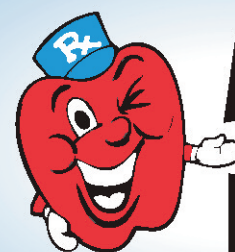
please see **books** page 15

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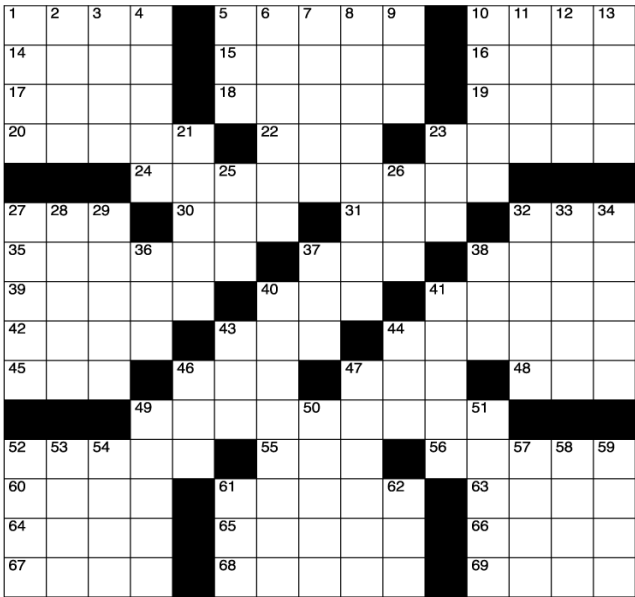
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CLUES ACROSS

1. Unpleasant substance

5. Oil group

10. One-time Yankees rookie sensation

14. Ireland

15. Less easily found

16. Southeast Nigeria people

17. Bridgeline Digital stock designation

18. Play loudly

19. Elegantly fashionable

20. Open sore

22. Frozen water

23. Sacred Islamic site

24. "Kokomo" rockers

27. Follows sigma

30. Cease to exist

31. Cool

32. Doctors' group

35. Less attractive

37. Swiss river

38. Greek sophist

39. Grandmothers

40. Afflict
41. Russian pancake of buckwheat flour and yeast

42. Actress __ Rachel Wood

43. Not bright

44. Western Asia peninsula

45. Baseball speedster Gordon

46. Golf score

47. Transmits genetic information from DNA to the cytoplasm

48. Diego, Francisco, Anselmo

49. Songs to one's lover

52. Cattle's mammary gland

55. Having ten

56. Fencing sword

60. Scarlett's home

61. Hold valuables

63. Italian Seaport

64. Cain and __

65. Bad places to live

66. Large, wading bird

67. Witches

68. Cover with drops

69. Props up the head

CLUES DOWN

1. Philippine province

2. Shallow channel

3. Type of acid

4. Cygnus' brightest star

5. One who buys and sells securities (abbr.)

6. Ill will

7. Plant of the goosefoot family

8. Intellectual

9. Mineral

10. Shiny silicate minerals

11. Ottoman civilian title

12. What you wear when eating BBQ (2 words)

13. Soul and calypso song

21. Advises

23. "The Spanish Tragedy" author

25. Surrounds the earth

26. Paddle

27. Adjusted

28. Succulent plant

29. Forearm bones

32. Belonging to Egyptian ascetic Apollo's colleague
33. Type of mental illness

34. One from Asia

36. 007's creator

37. Direct toward

38. Pie __ mode

40. Large terrier

41. Hillsides

43. Patriotic women (abbr.)

44. Connects words

46. For each

47. Flower cluster

49. Closes a deal

50. Arabian desert

51. Vaccine against poliomyelitis

52. American state

53. Religion practiced in China

54. Type of sediment

57. Hall of Famer Ruth

58. "Layla" singer Clapton

59. Gamble

61. Sino-Soviet block (abbr.)

62. Midway between south and southwest



Answers for Mar. 14

Knots & Knots...
March madness

The St. Martin River has thawed, the buffleheads have returned to Canada for another year, the Ocean City Seaside Boat Show is in the rear view mirror and the crabs will start crawling out of the mud in earnest any day now. It's spring and although only the bored seagulls are bobbing in the clear water of Isle of Wight Bay, that is all about to change. Propellers will soon churn up the bottom and return us to mid-summer visibility and the parasailers and jet skis and lines of crab traps and party boats drift fishing in the channel will once again be part of our recreational boating experience – and we can't wait.

The question then is what do I have to do to get back on the water besides paying the State of Maryland biannual registration fee and making sure that the drain plug is in place?

There are three areas that you need to address before you cast off for the first time in 2018: changes in bays, spring maintenance, and hypothermia.

The Greek philosopher Heraclitus said, "The only thing that is constant is change." Heraclitus's day job must have been that of a mariner. The As-sateague channel is shrinking, the OC inlet requires annual dredging and sand bars come and go.

For example, a new shoal has crept into the channel between red buoy numbers 8 and 10 just off Castaways Campground in Sinepuxent Bay. It can be seen clearly on Google Earth. It is the shape of an 'S'. Unfortunately, most boaters do not have a satellite view of the water and many intrepid yachtsmen have spent time aground there waiting for the next high tide.

Likewise, the January storm that ripped us with near zero temperatures and 35 mph winds gusting to 55 mph for three to four days while dropping 13 inches of snow on Ocean Pines caused a lot of damage to the ATONs, the aids to navigation. In fact, the Coast Guard had pulled just about every federal buoy from the bays because they were either damaged or blown out of position.

The ATONs are being reset but you should check the weekly 'notice to mariners' for up-to-date status. The notice to mariners can be found at <https://ocsddata.ncd.noaa.gov/ntm/Terminals.aspx>. Once there, search on Chart 12211. That's the Fenwick Island to Chincoteague Inlet NOAA Chart. You'll find a variety of formats.

Also, you may want to review www.navcen.uscg.gov/pdf/lightLists/LightListV2.pdf. The Light List contains a list of lights, signals, buoys, daybeacons, and other aids to navigation. Volume II covers the Mid-Atlantic States. Our waters (chart 12211) are listed on pages 46-53. The combination of looking at chart 12211 and the light list for what should be there and checking the notices to mariners for current anomalies should give you enough information to navigate our shallow waters.

Spring maintenance is usually more than just pulling the cover off. Repairing winter damage, reinstalling/recharging batteries, checking electrical connections, checking steering mechanism, checking fuel for water, checking lubricants, cleaning mildew, painting the bottom, examining the sacrificial zinc anode, etc. are

*please see **boats** on page 11*

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Volunteering as an older adult: how to find the right lifestyle fit

Many parents feel involving their children in volunteering at an early age can have a profound, long-lasting impact on their kids. But youngsters are not the only ones who can reap great rewards from volunteering, as studies show that men and women at, beyond or approaching retirement age also benefit greatly from volunteer

but have little or no history with volunteering might not know where to begin with regard to finding the right opportunity. The right fit can make all the difference for volunteers and the people they help, and the following tips might help older adults as they look for an opportunity that best utilizes their skills and experience.



Know your schedule. Older adults who are still working but want to volunteer may have a firm grasp on their schedules, but even retirees should not overestimate how much time they have to volunteer. Before you begin to look for an opportunity, write down your commitments and daily schedule, using this list to determine how much free time you have to volunteer. Some opportunities

work. Research from the Corporation for National and Community Service found that more than 20 million older adults contributed in excess of three billion hours of community service time each year from 2011 to 2013. The reasons why older adults volunteer are varied, but in its 2014 survey the AARP's Experience Corps found that 97 percent of its volunteers indicated that their volunteer work with the organization gave them a sense of purpose. Older adults who want to volunteer

require greater time commitments than others, so make sure you know just how much time you can devote to an opportunity before signing up. Give due consideration to your experience. Older adults who have retired or are on the cusp of retirement have a lifetime of experience they can use to help others. Imparting wisdom learned in your professional life can provide a sense of purpose and even make you feel as though you are still actively involved in the industry where you built your professional reputation.

But life experience can also prove invaluable in volunteering opportunities. Mentoring programs give volunteers the chance to help young people, and such opportunities can involve more than just offering professional advice. Don't downplay the significance of certain opportunities. Volunteering opportunities come in many variations, and each is significant in its own right. Coaching a grandchild's soccer team can have as significant an impact on the people you help as other volunteering opportunities. Volunteers offer their time because they have a passion to help others, and that help can be given in a myriad of ways. Leave time for the rest of your life. Volunteering is a selfless act, and vol-

unteers are the backbone of many successful charitable organizations. But older men and women should leave time for the rest of their lives as well. Retirement should be fulfilling but also include time for recreation, so don't downplay how important hobbies are to you in an attempt to find more time to volunteer. No retiree wants to grow resentful of his or her volunteer work because it leaves little time for other pursuits, so do your best to balance your charitable endeavors with the other things in life that matter to you. Finding the right volunteer opportunity can make all the difference for older men and women who want to give back to their communities.

boats
from page 10

some of the more popular reasons for visiting the marine supply store. And a free vessel safety inspection by either the USCG Auxiliary or the US Power Squadron is a great final step. Now I know we are all anxious to get back on the water but there is one last aspect you have to consider: March water is COLD. I know that we all plan to stay in the boat but sometime life does not follow plans. Some folks fall out of the boat. Others get ejected when it hits something. Still others get wet when the boat sinks or capsizes. Regardless of how you got into the water, hypothermia is a deadly threat. When the water temperature is in the fifties like we have in March, survival time is short. You will experience shock cold immediately upon entering the water. You must fight through the shock because you will only have about ten to fifteen minutes to get control of your situation before swim failure (loss of dexterity) will set in. Then you will have about one to two hours until exhaustion and unconsciousness set in. If you have not been rescued by then, you will have to hope that your personal flotation device keeps your head above water because it's a race between the search and rescue resources and the Grim Reaper. Survival time in water with temperatures in the fifties without survival gear is one to six hours. So? What to do? Prep for the boating season or convalesce from St. Patty's Day, watch March Madness basketball and wait for the arrival of the Easter bunny on April Fool's Day?



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Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., Mar. 22	11:54 a.m.	5:58 a.m. 6:07 p.m.	7:01 a.m.	7:14 p.m.
Fri., Mar. 23	12:23 a.m. 12:48 p.m.	6:56 a.m. 7:03 p.m.	6:59 a.m.	7:15 p.m.
Sat., Mar. 24	1:22 a.m. 1:49 p.m.	7:58 a.m. 8:04 p.m.	6:57 a.m.	7:17 p.m.
Sun., Mar. 25	2:28 a.m. 2:57 p.m.	9:02 a.m. 9:09 p.m.	6:56 a.m.	7:18 p.m.
Mon., Mar. 26	3:37 a.m. 4:05 p.m.	10:08 a.m. 10:15 p.m.	6:54 a.m.	7:18 p.m.
Tues., Mar. 27	4:43 a.m. 5:08 p.m.	11:11 a.m. 11:20 p.m.	6:51 a.m.	7:20 p.m.
Wed., Mar. 28	5:43 a.m. 6:05 p.m.	12:07 p.m.	6:51 a.m.	7:20 p.m.



Captain Ron's Fish Tales

By Ron Fisher



Thinking about buying a boat?

I have had quite a few requests to repeat my column on buying a boat with a few updates. It appears that many residents are considering buying a new or used boat for the first time.

During my many boating years I have learned a great deal about buying a boat and thought I would share with you some of the pros and cons of entering the world of recreational boating so that your purchase is a good experience.

I will only be addressing a boat purchase to be used in our Coastal Bays and not for Offshore. Boating can be great fun for you and your family particularly living here on the Eastern Shore. However, I will caution you that it can also be expensive and at times



Quite frustrating. First you will need to consider a few very important questions. Buying a boat without considering these could result in many unpleasant surprises. They are as follows:

Will you be using the boat for pleasure boating, fishing or both?

Will you be taking children on the boat?

Are you interested in speed or simply a boat that will get you around at a comfortable pace?

How big a boat are you interested in?

Are you interested in a new or used boat?

Will you have a slip in a Marina to keep your boat during the boating season?

Will you trailer the boat or will you have it stored and launched by someone else?

Where will you winter store the boat?

Do you have a vehicle equipped and is it capable of towing the boat?

Since I obviously would not be able to address each question in this months column I will address generalities that I believe to be very impor-

tant. First please be certain to take a safe boaters course either offered by the Maryland Department of Natural Resources, Power Squadron or U.S. Coast Guard Auxiliary. Hear you will learn boating talk, safety, rules of the road, navigation, knot tying and proper identification of various locations on your boat. It may also help you decide what type boat you are interested in purchasing. Also, become familiar with Maryland boating regulations available through the Maryland Department of Natural Resources (DNR).

Now you are ready to consider a purchase. Remember we are discussing a boat to be used on the Coastal Bays. I would not consider anything smaller than 17' or larger than 24' for ease of handling. Don't be afraid to negotiate for price and include accessories. Although there are many types of boats the center console, walk-around cuddy and pontoon boats are most commonly used on the bay. Also there is a new flat bottom boat specifically built for the bay coming on the market. If you decide to purchase a new or used boat from a dealer they will help you select a boat for your particular needs and will give you a demonstration ride and instructions on operation. They will also suggest an engine to meet your needs. Today most new boats will have 4 stroke engines that do not require mixing oil with your gas which is an added convenience. If you are purchasing a used boat I will address what you should be considering later in this column. The dealer can also advise you on purchasing a trailer although most new boats today come with a trailer as a package.

Possibly you have decided to purchase a used boat. There are many great deals on used boats today. However, you do need to evaluate your prospective purchase thoroughly before the actual sale. Here are some of my recommendations:

please see **capt. ron** on page 14

Girl Scouts celebrate woman of distinction

Girl Scouts of the Chesapeake Bay has selected Dr. Janet Dudley-Eshbach, President of Salisbury University, as this year's Lower Shore Woman of Distinction. A dinner honoring Janet will be held on Thursday, April 5, starting at 5:30 p.m. at Salisbury University, Assembly Hall.



Janet
Dudley-Eshbach

Dinner seats are available for \$100 per person and sponsorship/advertising opportunities are available. To reserve a seat at the dinner or find out more about sponsorship and advertising opportunities please contact 410-742-5107 or go to bit.ly/lswod18 no later than March 28, 2018. This year's event Honorary Chair is Melody Nelson and the Co-Chairs are Susan Purnell and Ashley Bosche.

Each year the event celebrates a woman who has made a difference in her community, inspired others and provided a positive role model for girls and young women. The Woman of Distinction Celebration brings together leaders and outstanding young women to celebrate the significant contributions made by women and celebrates courage, confidence and character. The Woman of Distinction program is a wonderful leadership opportunity for teen Girl Scouts. Girl Scouts are invited to mix, mingle and make connections with elite business leaders and government officials at these signature events. Girls serve in leadership positions that make this event successful – including greeters, leading the pledge, and participating in the program. Past recipients include the Karen Gordy, Debbie Abbott, Susan Purnell, Connie Strott, Paula Morris, Ginnie Malone, Jane Ellen Mengason, Gayle Widdowson, and Melody Nelson.

Janet Dudley-Eshbach was appointed the eighth president of Salisbury University in 2000, the first woman to hold the office. Today, she is the University System of Maryland's longest-serving female president and is the second longest-tenured president in SU history. Her leadership has been transformational, with a strategic vision that has resulted in the in-

stitution's growth in size, reputation and private support.

When Dudley-Eshbach arrived, the campus had a student population of 6,400. Now, the student body is over 8,700. She has been successful in getting more equitable state funding for SU, as well as private contributions, including several multi-million dollar gifts to foster dynamic changes, from new buildings to academic programs.

A Latin American literature and Spanish-language scholar who is fluent in Spanish, she was profoundly moved by study abroad experiences and exposure to different cultures and ethnicities. Under her leadership, the number of minority students has more than tripled and one in four now are from diverse backgrounds. She cut the ribbon on a Center for International Education and an English Language Institute. Today, SU's campus attracts students from over 60 countries. She has joined students on spring break service trips to areas such as Aguascalientes, Mexico, and has served on educational delegations to Cuba. Her passion for international study and "Transformative Love of Hispanidad" have been showcased by The Hispanic Outlook in Higher Education.

Strategic partnerships and town-gown relationships also are part of Dudley-Eshbach's vision. In 2015, the United Way of the Lower Eastern Shore awarded her its prestigious Jim Barrett Community Leadership Award for exemplifying philanthropic leadership. Maryland Comptroller Peter Franchot also personally nominated and presented her with the 2015 William Donald Schaefer Helping People Award for Wicomico County for her transformative impact on the University and city. The net assets of the SU Foundation have increased 175 percent to some \$74.7 million. She is well-known for her support of shared governance.

During her tenure, nearly a third of SU's current majors and the campus' first doctorates, in nursing practice and education, have been developed. The University skyline has been transformed by state-of-the art facilities including Conway Hall, Perdue Hall, the Richard A. Henson Medical Simula-

please see **scouts** on page 14

Minimize dark circles under the eyes

Raccoon eyes may be a side effect of forgetting to remove mascara and other eye makeup before retiring for bed. In such instances, dark eye circles are easily remedied with cleaning pads. For those whose dark circles cannot be swept away with soap and water, dark, puffy eyes can be a cause for embarrassment or concern.

Dark circles under the eyes may be a byproduct of various circumstances. Getting to the root of the problem can help women (and men) look more awake and fresh.

Accept genetics. Genetics may be the biggest culprit in undereye circles. Some people simply inherit fair or thin skin around the eyes. This can make blood that pools in these areas (from stretched or broken capillaries) more visible. While a person cannot change his or her skin tone, gently washing one's face, paying careful attention to the sensitive eye area, can help reduce damage. Also, getting more sleep can increase circulation to this area and prevent blood pooling.

Treat allergies and sinus issues.

According to Allergy & Asthma Care of New York, allergies and other sinus issues can cause puffiness and dark eye circles. Histamines, which are released when an allergen is present, can cause blood vessels to swell and inflame. Getting tested for seasonal allergies can help people identify some possible triggers. Alleviating allergy symptoms can reduce the appearance of dark circles in some cases.

Reduce swelling. Undereye bags can cause shadows to form and increase the appearance of dark circles. To remedy this, try to reduce fluid pooling in the face. Sleep elevated on a few pillows so that fluid flows away from the eyes. Reduce consumption of alcohol and salty foods, which can exacerbate fluid retention. Cool compresses can be used to massage fluid gently away from the eyes as well.

Apply sunscreen. Dark circles may result from pigmentation changes that occur after exposure to the sun or some other type of UV light. Individuals who apply sunscreen on their faces, including

around their eyes, may be able to reduce or prevent pigment changes.

Rely on concealer. Makeup can help counter the look of dark shadows and pigmentation around the eyes. Use a shade that is opposite the color of the circles to camouflage them. For example, use orange-yellow tones to combat blue-purple shading under the eyes. Makeup artists also advise applying

concealer in the shape of a triangle. That way a person is creating a light arrow that draws attention to the bright part of her eyes.

Undereye circles and swelling can be alleviated when people get to the source of the problem. A combination of treating the sources and masking the issue can help. In severe cases, individuals should visit their dermatologists.

Awareness is so important...

Being a woman is the leading risk factor for breast cancer. Only skin cancers exceed breast cancer as the most commonly diagnosed cancer among women in the United States. Although roughly one in 1,000 men are diagnosed with breast cancer each year, the disease most often affects women. The American Breast Cancer Society says that breast cancer is 100 times more common in women than men. A woman now has a one in eight chance of being diagnosed in her lifetime, according to the National Cancer Institute. Although some breast cancers are traced to inherited gene mutations, 85 percent of women diagnosed with breast cancer have no prior family history. Non-Hispanic white women have higher rates of breast cancer incidence, but all women are susceptible. This underscores the importance of being aware of the disease, following recommended screening guidelines and taking notice of any changes that occur in the breasts.

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capt. ron
from page 12

Take a friend along who knows boats and who can help you evaluate your potential purchase.

Determine the age of the boat and look over the general condition including the hull for blistering which is a sign of real trouble. Check the steering to determine if it is working properly.

Ask how long the boat has been sitting? This can be a problem with the new 10% added ethanol if it has not been treated properly. The tank could have water or phase separation which are two big problems.

How old is the motor and how many hours does it have on it? Is it two stroke or four stroke? In what condition is the propeller? Who performed regular maintenance on the boat and motor?

What accessories are included such as VHF radio, depth finder, fish finder,

GPS, life jackets, fire extinguisher, etc. and what is the working condition of each?

Check the electrical system for any potential problems.

Check the bilge for any evident leaks and proper operation of the bilge pumps.

In what condition is the trailer and tires? Will the trailer pass inspection?

Finally, be certain to insist on an on the water demonstration while at the same time checking out all the accessories. Also, ask if you can have your mechanic check out the boat before purchase.

Failure to properly review all of these can result in considerable expense later on. I hope these guidelines help as you consider your purchase. Boating is fun but consider all your expense before you jump into purchasing your a boat.

Remember to take a kid fishing,
Capt. Ron

scouts
from page 12

tion Center, the Sea Gull Square residence-retail high-rise, a new Sea Gull Stadium and major improvements to the athletics complex, and the Patricia R. Guerrieri Academic Commons. Altogether, the University has expanded with some \$350 million in new facilities. A front-page Baltimore Sun feature highlighted SU's growth in "size, reputation, ambition." With almost 1,800 employees, it has become one of the region's largest employers with an economic impact of nearly half a billion dollars annually.

Committed to sustainability, Dudley-Eshbach has fostered such campus initiatives as Leadership in Energy and Environmental Design (LEED) certification of 10 new and renovated buildings, a solar parking lot and a student Green Fund. SU's beautiful grounds, a designated national arboretum, also has earned state and national honors.

Every year during her tenure, SU has been one of The Princeton Review's Best Colleges and "U.S. News & World Report's" "Best Regional Universities in the North." The campus also is consistently named a "Best Value" by "Forbes," "Money" "Washington Monthly." Her expertise and opinions have been featured in such national publications as "Public Purpose," "University Business" and "The Chronicle of Higher Education." She has served on boards of directors for the American Association of State Colleges and Universities, and the American Council on Education, and is active in the Hispanic Association of Colleges and Universities.

The Daily Record three times named Dudley-Eshbach one of Maryland's Top 100 Women, inducting her into its Circle of Excellence. The newspaper twice named her an "Influential Marylander," and she was the first university president honored as one of its "Most Admired CEOs" in 2012.

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spring
from page 7

Mother Earth News suggests working on garden soil when the soil is damp but never wet; otherwise, garden soil can become messy and clumpy. Use a digging fork or shovel to lightly turn the soil when it is mostly dry. Gentle tillings also can open up the soil to incorporate the nutritional

healthfest
from page 6

and is a much more accurate measure of a person's health risk.

At various times during the event, HealthFest participants may enjoy a therapy dog demonstration, dance, jump rope and cheerleading performances, cardiovascular strength and balance demonstrations, Zumba, a bounce house, fire engine and ambulance tours, a fly in and helicopter tours by the aviation division of the Maryland State Police, an "Ask the Doctor" booth featuring Dr. Chris Snyder for medical questions, a health corner for kids, a cooking demonstration, a free photo booth and much more.

HealthFest attendees will also have the opportunity to visit with over 50 exhibitors who are also joining the health fair with valuable information on their services.

For more information on HealthFest: An event for all ages, a map and a complete list of screenings and demonstrations, please visit the Peninsula Regional Health System website at www.peninsula.org/healthfest.

tax
from page 4

-Income from local and state tax refunds from last year
-Business income and accounting records from businesses individuals own
-Unemployment income
-Rental property income
-Social security benefits
-Proof of miscellaneous income, such as lottery winnings, gambling winnings, etc.

Income adjustments (if applicable)
-Homebuyer tax credit
-Green energy credits
-IRA contributions
-Mortgage interest
-Student loan interest
-Contributions to medical savings accounts
-Self-employed health insurance
-Moving expenses
-Education costs

amendments and relieve compaction that likely occurred from freezing temps and snow pressure. Tilling also helps with drainage and oxygen delivery to roots. The DIY Network suggests turning over soil at a depth of 12 inches to work the soil Ñ about the length of a shovel spade. However, the resource Earth Easy says that existing garden beds have a complex soil ecosystem and simply top-dressing with compost or manure can be enough preparation for planting. Gardeners can experiment with the methods that work best for their gardens.

Nutrition. Testing the pH and the levels of certain nutrients in the soil, namely nitrogen, phosphorous and potassium, will give gardeners an idea of other soil additions that may be needed. Soils with a pH below 6.2 often can benefit from the addition of lime several weeks before planting. Soil tests will determine just how much fertilizer to add to the soil. Complete fertilizers will have equal amounts of nitrogen, phosphorous and potassium. Individual fertilizers can amend the soil with only these nutritional elements that are needed.

Top-dressing empty beds with a layer of mulch or compost can prevent weed growth and preserve moisture until it is time to plant. If existing shrubs or plants are in garden beds, use more care so as not to disturb roots or dig too deeply.

Preparing garden beds takes some effort initially, but can be well worth the work when plants flourish throughout the growing season.

- Qualified medical expenses
- Dependent care (if applicable)
 - Education costs
 - Childcare costs
 - Adoption costs
- Charitable contributions (if applicable)
 - Charitable donation receipts
- Bank information
 - Bank account number
 - Bank's routing number

This list is a general list of documents that taxpayers may need to bring when visiting their tax preparers. Individuals who want to be certain they bring all the documents necessary to file their returns should contact their tax preparers in advance of their appointments to determine which documents they will need to make the process go as smoothly as possible.

books
from page 9

women find more time to read.

-Find small minutes to read. Busy people may think they do not have the time to devote to reading, but if they read in small intervals, the amount of time will add up. Read during commutes (if you are not driving), while in physicians' waiting rooms or during a lunch hour.

It is okay to quit. If you are a few chapters into a book and it is not striking your fancy, it is okay to trade up for a more interesting tale. Do not feel obligated to finish a book if you are not engaged.

Read paper books. Reading printed books can be a welcome, relaxing change from looking at screens all day. This may inspire you to read more and for longer periods of time.

Join a book club. A book club in which you engage with fellow readers can motivate you to read more often.



home
from page 7

ing is required and inspectors are not required to make an exhaustive inspection of the home. While plumbing fixtures and lights get turned on along with other electrical systems, there is no requirement to perform detailed inspections of the unseen portions of these systems.

One would think that the inspector should catch each and every problem in a home, but that would be an incorrect assumption. The list of things the home inspector is not required to do is much longer than what the inspector must do. Further, almost every home inspector's contract with the prospective buyer of the home excludes any liability and damages beyond the \$300 or so one pays for the inspection and the report. Remember, home inspectors are not engineers and will not do destructive testing or warrant any structural system.

Hiring a home inspector is routine for home buyers. Often the inspector is someone recommended by the realtor involved in the sale. While most home inspectors are very good, ethical, and will catch more issues than what is required, the home buyer must do some due diligence. First, the buyer should check the DLLR website to make sure that the home inspector is licensed. Next, the buyer should call DLLR to find out if there have been any complaints about the home inspector. The buyer should also ask the home inspector for references and then call those references. Finally, the buyer should read in detail the home inspector's contract, ask questions about exclusions of liability, and make sure the scope of the inspection is explained fully.

A home inspector who conducts a home inspection without a license is committing a crime punishable by a fine of up to \$5,000, a year in jail, or both. A home inspector who is unlicensed, or who is grossly negligent in performing the inspection, could also be liable for damages. For older homes, it might be prudent for the buyer to engage the services of an engineer to inspect the home rather than, or in addition to, hiring a home inspector. While hiring an engineer costs more up front than a home inspector, the expense up front may save thousands of dollars in home repairs, insurance costs, and legal fees.

Steven W. Rakow, Esquire, a former assistant state's attorney and retired Marine officer, practices civil litigation, construction law, criminal law, and general practice matters. He can be reached at 410-600-3075, by email at steve@steverakowlaw.com, or through his website www.steverakowlaw.com.



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