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\mathbb{N}	March 20, 2018 ·	Volume 65 · Issue 43
At You	r Service27	Job Market8
Autom	art11	Obituaries15
Child C	Care8	Puzzle Page6
Enterta	inment10	Reader Ad Form4
Home 1	mprovement 19-25	Real Estate12
-		r
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Page 2.....The Reminder Tuesday, March 20, 2018

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1-844-247-1641 or visit mvelomaevent.com

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WHEN:

Thursday, April 5, 2018 Registration: 5:30 PM Program Start: 6:00 PM

WHERE:

Providence Marriott Downtown 1 Orms Street Providence, RI 02904

FEATURING:

Krista Tucker, ANP-BC, AOCN®, Tufts Medical Center & a Patient living with multiple myeloma

Friends and family are welcome! Complimentary parking and light fare provided.



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The Reminder Tuesday, March 20, 2018.....Page 3





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Who will inherit your assets? Who would handle your financial affairs and medical decisions if you were rendered unable to make them for yourself?

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Here's the fun:

VISA

1. Working on a newspaper-covered surface, place an egg in an egg cup. Clip a sponge piece to a clothespin, and squeeze a puddle of paint onto a lid or plate.

2. Dip the sponge lightly in paint. Dab onto a piece of newspaper a few times, then lightly dab all over the top half of the egg. Let dry. Turn egg over and repeat on bottom half. Repeat with additional colors and eggs.

3. Hang decorated hollowed eggs from branches, or display them in a pretty bowl. If using boiled eggs, keep refrigerated until served.

HOW TO "BLOW OUT" AN EGG

Poke a small hole with a large safety pin at each end of a washed raw egg. Carefully wiggle the pin or a toothpick



This year's decorating technique is into one of the holes to break the yolk. Place a drinking straw over the hole on top, and blow through the straw, collecting the contents of the egg in a small dish. Rinse out the empty shell and let dry completely before decorating.



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Prayer to the **BLESSED VIRGIN**

(Never known to fail). O Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O Star of the sea, help me and show me here in, you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have recourse to thee (3 times.) Holy Mary, I place this cause in your hands (3 times). Say this prayer for three consecutive days. You must publish it and it will be granted to you. Grateful Thanks. B.B.

We put members first in **Coventry.**

At Nationwide, we have a long history of doing what's right. That includes a tradition of personal attention, and being right here in Coventry to help you protect what's most important. We put members first because we don't have shareholders.SM Get in touch today.

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Give Easter Eggs a Spongeware Look

Easter soon will be here, with eggs of all colors and designs to brighten our homes. We like to try a variety of egg-decorating techniques, from the easy commercial dyes in a tablet to experimenting with natural dyes that we concoct with onion skins, tea and berries.

Many of the artistic memories live on in egg cartons stored away in the "Easter" box. They last because we blow out the contents of raw eggs and clean them before we decorate. Like ornaments on a Christmas tree, the kid-decorated eggs come out annually. Full of memories, they're lovely hanging from blossoming spring branches.

inspired by enduring spongeware pottery, popular in our country for centuries. The speckled look is super-easy to create, and it's fun for the whole family to do together. Color the eggs first in soft colors if you wish, or keep them natural, and then just dab, dab, dab a cheerful palette of non-toxic paints here and there with a sponge.

Here's the stuff you'll need:

- -several eggs, blown (see below) or hard-boiled
- -non-toxic acrylic paint in favorite colors
- -recycled plastic lids or paper plates, one for each color
- -pieces of sponge, one for each color -spring-type clothespins or clips for sponge handles
- -egg cups
- -newspaper

STORAGE

Clean egg cartons make good containers for neat stacking in a storage bin in your home.

Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit www.donnasday.com and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

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Page 4.....The Reminder Tuesday, March 20, 2018



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PROJECT LINUS OF RI NATIONAL MAKE A **BLAN KET DAY**

Project Linus of RI will sponsor National Make A Blanket Day from 10AM-2:30PM on April 7 at Blaine's Sewing Center, 1280 Oaklawn Avenue, Cranston. Join Project Linus "Blanketeers" for a blanket making workshop - sewing, making blankets, learning, socializing. Pizza lunch & snacks provided. Project Linus is a 100% volunteer non-profit organization. For more information contact Martha at esholes@aol.com or call 781-8044.

OSDRI ANNUAL STEAK FRY

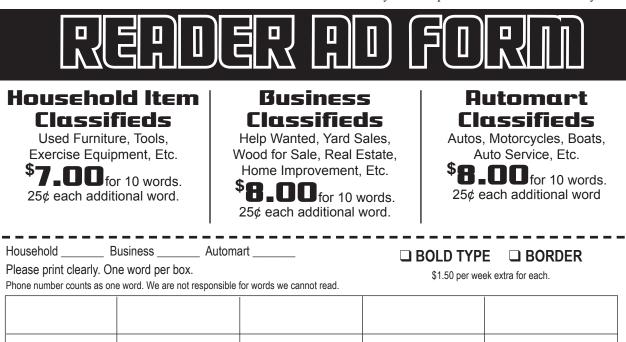
Operation Stand Down RI is hosting their Annual Steak Fry on March 24 from 1-6PM at the Smithfield Elks Lodge, 326 Farnum Pike in Smithfield. Tickets are \$25/person and it is requested you purchase in advance. Tickets are available online at osdri.org or by calling Sherry at 383-4730 or 261-9468. All proceeds benefit local Veterans in need.

ONGOING CHILDREN'S PROGRAMS AT GREENE PUBLIC LIBRARY

Greene Public Library, 179 Hopkins Hollow Road, Greene invites you to attend one of their many ongoing children's program - Baby Books meets on Wednesdays & Fridays at 10AM. Kids Playtime meets on Friday mornings from 10AM-12PM. Preschool Storytime meets on Wednesdays & Fridays at 10:30AM. Story & Craft Hour meets Thursdays between 4-6PM. For more information, please call 397-3873.

RICHMOND GRANGE EASTER EGG HUNT

Richmond Grange Hall, 690 Usquepaugh Road (Rte. 138) in West Kingston will hold an Easter Egg hunt on March 31. Event starts at 9:30AM, with the Hunt starting around 10:30AM. The Hunt will be divided into 2 age groups up to age 12. All are welcome to join them for crafts, fun & refreshments. Take your own picture with the Easter Bunny too!



For Effective Advertising Call 821-2216

Gargen • Birds may reject a birdhouse placed near food or water, as these attract raccoons and rats that will eat birds and their eggs. Claw marks on the house's surface or nesting material pulled from the entrance will show you these predators are around and can easily reach the birdhouse. Safer spots for • Try mounting the house away from food and on a metal pole, rather than on a tree birdhouses trunk or hanging it on a branch. Smear the pole with a petroleum jelly/hot pepper mixture and spread sharp gravel around the base to discourage intruders. Source: www.all-birds.com © 2018 by King Features Syndicate, Inc. World rights reserved.



HOLLYWOOD - Don't mess with Meryl Streep! When Harvey Wein-stein's attorneys, trying to get him off of racketeering charges, quoted her as saying, "He has always been respectful to me," she shot back, "Harquoted vey Weinstein's attorneys' use of my statement - that he was not sexually aggressive or physically abusive in our business relationship — as evidence he was not abusive with many OTH-ER women is pathetic and explosive!" She added, "The criminal actions he is accused of conducting on the bodies of these women are his responsibility, and if there is any justice left in the systems, he will pay for them.' P.S. The Weinstein Company is currently up for sale.

Bug



Netflix is resurrecting more old shows. It will launch a reboot of the classic sci-fi series "Lost in Space" (1965-1968) on April 13. A screener has already sent it to the International Space Station for the astronauts to watch. The series takes place 30 years into the future, when colonization in space is a reality. Starring as John Robinson (played by **Guy Williams** in the 1960s) will be **Toby Stephens**, Pierce Brosnan's 007 villain in "Die Another Day" (2002) and also Starz "Black Sails" series. His wife, Maureen, will be played by **Molly Parker** (of "House of Cards") and Will Robinson (**Billy Mumy**) now will be played by 12-year-old Chicago-born **Max Jenkins**. Dr. Zackary Smith (**Jona-than Harris**) has undergone a gender change and will be played by Parker Posey, best known for the Woody Allen films "Irrational Man" (2015)

and "Cafe Society" (2016). Not content to be "spaced out," Netflix also is reviving "Sabrina the Teen-age Witch," with **Kiernan Shipka** (Sally Draper in "Mad Men") as Sabri-na (played by **Melissa Joan Hart** from 1996-2003). Her aunts will be Miranda Otto (Eowyn in the second and third "Lord of the Rings" films),

Kiernan Shipka

taking over for Beth Broderick as Zelda Spellman, and Lucy Davis (Etta Candy in "Wonder Woman,") han-Candy in "Wonder Woman,") han-dling Caroline Rhea's role of Hilda Spellman

Even though CBS has Tom Selleck in the hit series "Blue Bloods," the network is intent in revisiting his days as Thomas Magnum in "Magnum, P.I. (1980-88). For the pilot to sell the series, it has cast **Jay Hernandez** in Selleck's star-making role. Hernan-dez starred in "Hostel" (2005) and the 2007 sequel, and most recently was in "Suicide Squad" (as Chato Santana/El Diablo) and "Bad Mom's Christmas with Mila Kunis, Kristen Bell and Susan Sarandon.

Finally, billionaire Bill Gates has filmed an appearance in "The Big Bang Theory" that will air later this month. In the show, Penny hosts Gates at her work, and the guys do everything they can to meet him. Gates' last sitcom appearance was in "Fraser" in 2001. How can anyone survive with only two sitcom appearances in 17 years?

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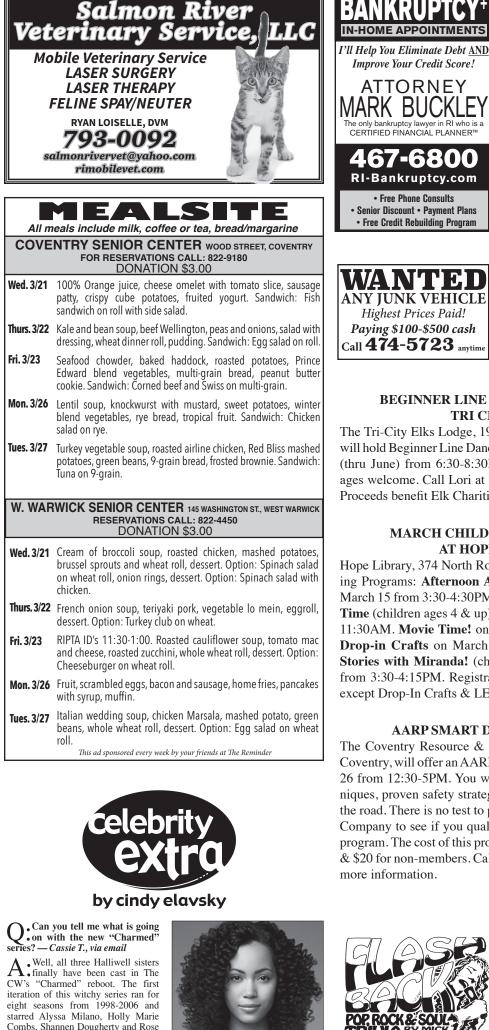
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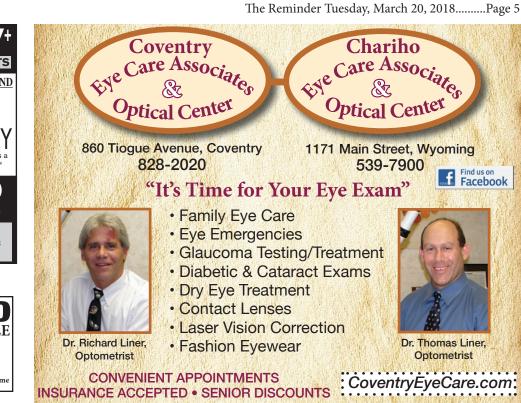
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BEGINNER LINE DANCE CLASSES AT TRI CITY ELKS

The Tri-City Elks Lodge, 1915 West Shore Road, Warwick, will hold Beginner Line Dancing Classes every Monday night (thru June) from 6:30-8:30PM. Cost is \$8 per person. All ages welcome. Call Lori at 250-6082 for more information. Proceeds benefit Elk Charities.

MARCH CHILDREN'S PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following Programs: Afternoon ART! (children Grades 1-5) on March 15 from 3:30-4:30PM - Registration required. LEGO Time (children ages 4 & up) on March 17 & 31 from 10:30-11:30AM. Movie Time! on March 17 from 12:30-2:30PM. Drop-in Crafts on March 21 from 3-4:30PM. Music & Stories with Miranda! (children ages 3 & up) on April 2 from 3:30-4:15PM. Registration required for all Programs, except Drop-In Crafts & LEGO Time, by calling 821-7910.

AARP SMART DRIVER PROGRAM

The Coventry Resource & Senior Center, 50 Wood Street, Coventry, will offer an AARP Smart Driver Program on April 26 from 12:30-5PM. You will learn defensive driving techniques, proven safety strategies, new traffic laws & rules of the road. There is no test to pass. Check with your Insurance Company to see if you qualify for a discount for taking the program. The cost of this program is \$15 for AARP members & \$20 for non-members. Call 822-9175 to register and/or for more information.



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Combs, Shannen Dougherty and Rose McGowan (who came aboard for seasons four through eight after Shannen's character was killed off at the end of season three). This time around we have Madeleine Mantock (portraying Macy), Melonie Diaz (Mel) and Sarah Jeffery (Madison) playing the supernatural sisters who discover they are witches after the death of their mother.

According to character descriptions provided by The CW: Macy is a geneticist who is described as practical, drivand brilliant, and she's completely shocked by the discovery that she's a witch. Mel is a lesbian and an outspoken activist who loses her way after her mother's death. And Madison is a bubbly college freshman whose new life as a witch conflicts with her goal of being a sorority girl. The pilot of the series is currently in preproduction, so there's no word yet on when or if it will air.



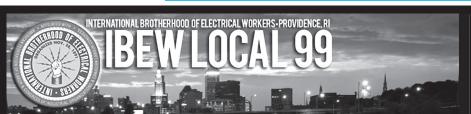
Madeleine Mantock



1. Who was the first singer to release "Just One Look" and when? 2. What group had a hit with "Don't

You Care" 3. Who had the 1967 hit with "Sweet Soul Music"

4. Which Slade song got complaints after it was played on a children's TV show?



Open-Shop Electrical Contractors, Your Time is Now!

For the past several years IBEW Local 99 has been actively recruiting, testing and welcoming into our Local: Apprentices, Journeymen Wiremen, Tele-com Techs and Contractors.

That effort has been an amazing success. We now have a database of many unrepresented hard working men and women who will be coming in the Union. Many of these people currently work in parts of the industry that the IBEW has historically not been as prevalent in, such as Residential and Light commercial.

Q. I loved the TV series based on Charlaine Harris' "Midnight, Texas" books. Will it be back for another season? - Valentine F., via Facebook

A. You can bet that NBC renewed the previous summer's No. 1 broadcast drama for another season. For those unfamiliar with the series, it's directed by Niels Arden Oplev, the visionary director of "Mr. Robot," and based on the hit book series from author Charlaine Harris ("True Blood"). The story takes place in a remote Texas town where no one is who they seem. From vampires and witches to psychics and hit men, "Midnight" is a mysterious safe haven for those who are different. As the town members fight off outside pressures, they all band together

and form a strong and unlikely family. ***

READERS: There have been some release-date changes for a few big movies due out this spring. "Avengers: Infinity War" has moved up its release date from May 4 to April 27. Upon hearing that news, Warner Bros. bumped the release date of the Rock's latest sure-to-be-blockbuster "Rampage," which is based on the popular video game of the same name, from April 20 to April 13. This will give the movie a full two weeks to try to get its box-office numbers up before "Avengers" comes to take away most of its audience. Amy Schumer also posted on Instagram that her new movie, "I Feel Pretty " will open a week earlier, on April 20, instead of April 27, so as not to have to compete with the "Avengers" audience. Amy jokingly wrote, forgot I had a thing. 'I Feel Pretty' will now come out April 20 to avoid any Avenging!! So exciting!'

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.

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5. Name the song that contains this lyric: "It hurts to see the man that I've become, To know I'll never see the morning sunshine on the land."

1. Doris Troy, in 1963. She also was the song's co-writer. (If you haven't heard this original version, hunt it down online. It's how it was meant to sound.)

2. The Buckinghams, in 1967. It spent 14 weeks on the charts.

3. Arthur Conley. Despite his U.S. success, Conley moved to the Netherlands. In 1980, he changed his name to Lee Roberts.

4. "Gypsy Roadhog," in 1977. The song was about a cocaine dealer.

5. "Indiana Wants Me," by R. Dean Taylor, in 1970. The song tells the story of a man on the run from the police. with police sirens playing in the background. For airplay, those sirens were taken out, as too many drivers thought it was real

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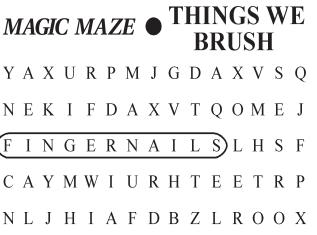
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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

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Hair

Pastry

Shoes

Suit

Teeth

Sweaters

Bottles	Dog
Cat	Drums
Chimney	Fingernails
Dishes	Floors

F

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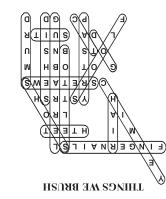


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INFORMATIONAL MEETINGS AT GEN. NATHANAEL GREENE HOMESTEAD

Call **474-5723** anytim

The Gen. Nathanael Greene Homestead, 50 Taft Street, Coventry, will be holding 2 informational meetings for anyone interested in volunteering as a Museum Docent for the 2018 season. The 2nd meeting will be March 24 at 1PM. All are welcome. For more information, please email nathanaelgreenehmst@gmail.com Visit us at nathanaelgreenehomestead.org

COVENTRY/WEST GREENWICH LIONS 44TH ANNUAL PALM SUNDAY BREAKFAST BUFFET & BAKE SALE

The Coventry/West Greenwich Lions will hold their 44th Annual Palm Sunday Breakfast Buffet & Bake Sale on March 25 from 8-11AM at VFW Post #9404, 29 South Main Street, Coventry. Buffet consists of pancakes, scrambled eggs, bacon, sausage, beans, home fries, juice & coffee. Cost is \$8 per adult, \$4 per child (6-12), children under 6 are guests of the Lions. Be sure to bring your camera because the Easter Bunny will be there. Proceeds to benefit local charities.



16TH ANNUAL RI COMMUNITY FOOD BANK BEN-EFIT CONCERT

The 16th Annual RI Community Food Bank Benefit Concert will be held on Palm Sunday, March 25, 6:30PM at Lakewood Baptist Church, 255 Atlantic Avenue, Warwick. Admission is at least 1 non-perishable food item. A free will offering for the Food Bank will also be taken. Refreshments & fellowship following the concert.

WESTMINSTER UNITARIAN CHURCH USED **CLOTHING SALE**

Westminster Unitarian Church, 119 Kenyon Avenue, East Greenwich will hold their Used Clothing Sale on Friday, March 23 from 9AM-2PM & Saturday, March 24 from 9AM-12PM. Gently used clothing, shoes accessories, linens, etc. Saturday is Bargain Day, \$5/bag (bag provided)!

RI PARROT RESCUE FUNNY 4 FUNDS COMEDY FUNDRAISER

The RI Parrot Rescue is holding a Comedy Fundraiser on March 23 at the Coventry-West Greenwich Elks Lodge, 42 Nooseneck Hill Road, West Greenwich. Doors open at 7PM, Show starts at 8PM. Bring your own snacks (optional), Cash Bar & terrific raffles items. Tickets are \$30 each. 100% of proceeds to benefit the welfare of rescued parrots. For tickets, visit funny4funds.com/events

GREENE PUBLIC LIBRARY ITALIAN NIGHT FUNDRAISER

The Greene Public Library, 179 Hopkins Hollow Road, Greene will hold their Italian Night Fundraiser on April 7 from 6-8PM. Suggested donation is \$10/adult, \$5/child (ages 5-12), children under 5 are guests & \$25/family for a family of 4. Come and enjoy a variety of pastas & salads. Please call Dan at 392-3131 for reservations or email greenepubliclibrary@ verizon.net with name and number of guests attending.

The Reminder Tuesday, March 20, 2018.....Page 7





COVENTRY 821 Tiogue Avenue, Coventry, RI 02816 401-826-0050 401-826-0051	ΓΟΝ	I'S N Fresh, Local, I	IAR Exceptional	KET	tomsmai MonSat. Sun. 8a	rket.com 8am-7pm, am-6pm
MEN AND	DESEASES	2 FOODS	630	DEERY	PR	ODUGE
Quick & Easy! Beef or Pork Stir Fry \$2.99 b. Cuick & Easy! Beef or Pork Stir Fry Sausage and Apple Stuffed Pork Roast \$2.99 b.	Braised BBQ Brisket \$8.99 b.	General Tso Tofu \$5.99b	64 oz. Ocean Spray Juices 2/ ^{\$} 5 Betty Crocker	16-24 oz. Ragu Pasta Sauces 3/\$ 5	Fancy Western Red Delicious Apples 99°	Sweet Seedless Navel Oranges 99°
Certified Angus Beef Spoon Roast	Parmesan	Cheese Bombs ⁵ 6 ⁹⁹ ea. Mediterranean Pork Loin	Scalloped or Au Gratin Potatoes 5/\$5 Knorr's Pasta or Rice Sides	Gold Medal \$199 Flour\$199 A Ib. Bag Domino Sugar\$199 25.3 oz. Filippo Berio Extra Virgin Olive Oil \$699 Pastene, 28 oz. Kitchen Ready Tomatoes	Green Peppers ^{\$} 1 ⁴⁹ _{lb} . Fresh Crisp Celery	Pick Your Own! Red Bliss or Russet Potatoes99¢1b. Fresh, Tangy Green Onions 3bunches/\$2 Sweet Tropical Mangos2/\$3 15.2 oz. Bottle Kevita



We accept manufacturer's coupons! Prices in effect March 21-March 27 *Not Responsible for Typographic Errors. We reserve the right to limit quantitie:

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Help Wanted

Greenwich Village School Woodpecker Hill Health Center 227 Nooseneck Hill Road, West Greenwich, RI 02817 Coventry/West Greenwich Line • (401) 397-7832 2052 Plainfield Pike, Greene, RI 02827 CNA - Full Time and Part Time Positions Available 3-11 Shift and Every Other Weekend LPN/RN - Part Time Schedule will include 7-3 and 3-11 shifts · Must have an active RI License The Tradition Continues... · Must be able to communicate effectively with Residents, #1 in Early Childhood Education Visitors and Team Members Experience with Matrix a plus! NOW ENROLLING · Pay commensurate with experience · Benefits include Medical/Dental (for Full Time positions) for the 2018-2019 School Year Paid sick, vacation, holiday time. An attractive 401K All Day Pre-K Program with a 75% company match for both Full Time and Part Time positions. Also offering extended hours · Paid day off for your Birthday! Please contact Shannon Larivee, DNS at 401-397-7504 DOES YOUR CHILD MISS THE KINDERGARTEN CUT-OFF Please apply in person, or send resume to our email address: FOR SEPT. 1ST? WE CAN HELP. CALL TODAY! **OFFERING ACCELERATED** PRE-KINDERGARTEN CLASS Wage commensurate with education and experience. Masters in Early Childhood Education We offer paid sick and vacation time, as well as, a generous First Aid and CPR Certified 401K plan with a 75% company match. Excellent Teacher/Student Ratio (6-1) We are an equal opportunity employer Certified by Department of Education/DCYF Greenwich Village School is Honored to Continue the Tradition <u>Santoro's</u> of a Safe, Fun, and Personalized Learning Experience www.greenwichvillageschool.com **İZZO** HIRING: **Help Wanted Experienced** Cooks Waitstaff NOW HIRING: Drivers LANDSCAPERS & **Apply Within: HELPERS.** Drivers Li-Santoro's Pizza cense a must! FT/PT 687 Tiogue Ave., Coventry Call Andre 218-5147. PERSONAL ASSISand TANT, Companionship: Assist with errands, doctor's appointments, www.westcotthouseofpizza.com chores. 474-0128. **NOW HIRING**/ HELP WANTED **RN NEEDED FOR** West Warwick Location LOCAL, LOW-TECH 346 Providence Street PEDIATRIC CASE. Delivery Drivers FLEXIBLE HOURS. CALL AMY AT No Phone Calls



OB MARKET/DAY CARE AD FORM

DIRECTIONS: Print one word in each box (Phone No. = 1 Word. Price = 1 Word.) Use Punctuation as needed. Please print clearly. 10 words: \$8.00 - 25¢ for each additional word. **DEADLINE: MONDAY AT 12 NOON.**

Help Wanted □ Jobs Wanted OFFICE USE ONLY

HOMECARE ADVAN-

TAGE, 781-3400.



By Samantha Weaver

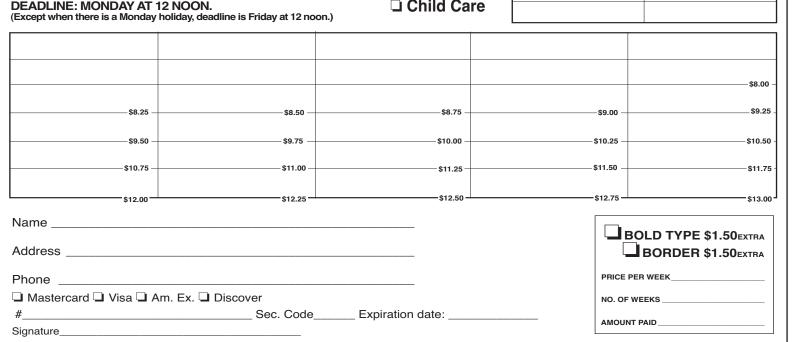
• It was French poet, journalist and novelist Anatole France who made the following sage observation: "The law, in its majestic equality, forbids the rich as well as the poor to sleep under bridges, to beg in the streets, and to steal bread.'

• If you're planning a trip to North Carolina in June, try to make it to the small town of Spivey's Corner for the annual Hollerin' Contest. If you'd like to participate but are worried about straining your vocal cords, you can always enter the conch-blowing contest instead of one of the ones that involves actual yelling.

• You might be surprised to learn that famed British author Aldous Huxley, best-known for his dystopian novel "Brave New World," was a consultant on Disney's 1951 animated film version of "Alice in Wonderland."

• After the vows have been said in a traditional Korean wedding, the groom formally introduces his new wife to his parents. The bride's father-in-law then pelts the bride with red dates, which is supposed to ensure fertility.

Jazz musician Glenn Miller w



recipient of the first gold record ever awarded, for the big-band hit "Chattanooga Choo-Choo."

• You might be surprised at some of the seemingly innocuous things that arouse passions in a group of people. Take the venerable 1960s television show "Mr. Ed," for example. Evidently an evangelist named Jim Brown took issue with the show's theme song, claiming that when played backward, the tune contains the message "the source is Satan" and "someone sang this song for Satan." His preaching on the subject was so persuasive that members of a church in Ironton, Ohio, made a bonfire of recordings of the song. ***

Thought for the Day: "Men of genius are often dull and inert in society, as a blazing meteor when it descends to earth, is only a stone." ---Henry Wadsworth Longfellow

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AARP CHAPTER 2210 GLOUCESTER LOBSTER-BAKE CRUISE

AARP 2210 is sponsoring a Gloucester Lobsterbake Cruise on July 8. The trip includes a traditional New England Lobsterbake & cruise aboard the Beauport Princess in Gloucester, MA followed by shopping & browsing in Rockport, MA. Motorcoach transportation provided by Conway Tours. Cost is \$104/person. Call Maureen, 828-5188 or Patricia, 821-3733 for reservations or for more information.

LITERACY VOLUNTEER TUTOR TRAINING

You can make a difference in someone's life by giving the gift of literacy. By giving just a few hours per week, you can help develop a stronger community while helping your neighbors improve their skills. Literacy Volunteers of Kent County has adult students excited to learn English as a Second Language or Basic Literacy who are awaiting a Tutor. The next Tutor Training Session begins April 9. You must be over 18 years old and a resident of Kent County to volunteer. Please email lvkc@coventrylibrary.org or call 822-9103 for more information.

ALZHEIMER'S AWARENESS PROGRAM AT COV-ENTRY RESOURCE & SENIOR CENTER

The Coventry Resource & Senior Center, 50 Wood Street Coventry, is offering an Alzheimer's Awareness Workshop on March 27 at 10AM. If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Know the 10 signs - Early Detection Matters is presented by the Alzheimer's Association.

FREE LEGAL CLINIC AT THE COVENTRY RESOURCE & SENIOR CENTER

The Coventry Resource & Senior Center (formerly the Coventry Senior Center), 50 Wood Street, Coventry, will offer a free "One on One" Legal Clinic on March 23. RI Legal Services will be on site to resolve your Civil (not Criminal) legal issues. Call Cheryl at 821-9175 for an appointment.

HEARING LOSS PROGRAM AT COVENTRY RE-SOURCE & SENIOR CENTER

The Coventry Resource & Senior Center, 50 Wood Street Coventry, welcomes Beltone New England's Hearing Instrument Specialist, Mark Zarrella on April 4 from 11AM-12PM. Mr. Zarrella will speak and answer questions on the 10 Signs of Hearing Loss as well as conducting FREE Hearing Screenings. Sign up with Pat at the Center or call Mark at 737-1320 for more information. FOR SALE: 3 piece antique dining room set made of fruit wood. Table has 3 leaves and 8 upholstered high back chairs. Hutch has 4 wood framed glass doors, 3 glass shelves and below are 2 large drawers with 2 cabinets. Last a matching serving cart with 2 cabinets and 1 drawer. \$300.00 and its yours. 828-0637.

FRIGIDAIRE washer/dryer combo. A steal for \$300. 828-0637.

WESTMINSTER UNI-TARIAN CHURCH USED CLOTHING SALE: 119 Kenyon Avenue, East Greenwich. Friday, March 23 from 9AM-2PM & Saturday, March 24 from 9AM-12PM. Saturday is \$5/bag! (Bag provided.)



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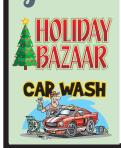




Need publicity for an upcoming event? We Can Help! COMMUNITY NOTES:

The Reminder will publish your "NON-PROFIT" organization's upcoming event as a community note at no charge. Forward information of your upcoming Bake Sale, Car Wash, Food Drive, etc. to The Reminder office at your earliest convenience in order to give us sufficient time to include your event in our publication. Community notes are not guaranteed to appear in any particular publication, although we do try to accommodate everyone. So, if your event is date sensitive, please consider paying for a classified advertisement or, if your budget allows, have our art department create a display ad to promote your event. Feel free to inquire about the cost of these display advertisements by calling 821-2216.

Contact us Today! The Reminder 821-2216 mail@rireminder.com • rireminder.com





Page 10......The Reminder Tuesday, March 20, 2018

Entertainment



33 Sandy Bottom Rd., Coventry • 828-1810 • www.theoldetheaterdiner.com • Everyday 6am-11pm • Bar 'til 1am 20% OFF* Everyday **BUY 2 PIŹZAS** BREAKFAST

Valid Monday-Friday 7am-3pm *Must order from Breakfast Menu check, per visit. Not valid with any other coupon or offer. Gratuity no rchase one beverage per person.* Coupon does not discount taxes beverage per person.* Coupon de and beverages. Expires 4/17/18



HORSEMAN'S BAZAAR

The Annual Horseman's Bazaar & Indoor Yard Sale will be held March 25 from 9AM-2PM at Metcalf Middle School, Nooseneck Hill Road (Rte. 3), Exeter. There will be new horse items as well as used goods. Local Horse Clubs & 4H Groups will be participating in this annual event and can provide information on their organizations.



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TAKE OUT ONLY! Must be same size of equal or lesser value

Excludes special offers. Cannot be combined with any other offer Must have coupon - Expires 4/17/18

ARIES (March 21 to April 19) Congratulations, Lamb. This is the week to finish your project and then bask in your well-earned approval. (And if you like, you also can say "bah" to all those detractors.)

TAURUS (April 20 to May 20) The bold Bovine could find a new oppor-tunity too intriguing to be ignored. But don't charge into it. Go slowly so you see how things develop as you get more involved.

GEMINI (May 21 to June 20) You might try to soften your stand on that important issue. A little more flexibility actually could get you what you're looking for. A new friend enters the picture midweek.

CANCER (June 21 to July 22) Your inner voice is on the mark when it advises you to tackle that family prob-lem now! The sooner you're able to come to terms with it, the better it will be for everyone.

LEO (July 23 to August 22) Someone reveals important news about a longtime associate. But before you decide how to deal with this informa-tion, make sure it's reliable, and not simply self-serving.

VIRGO (August 23 to September 22) Some intensive soul-searching early in the week can help you reach a decision by week's end that should please both you and the other person involved, Good luck.

HALL FOR RENT: Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 after 2PM for more information.

VOICE/SONGWRITING LESSONS: Friday and Saturday lessons. Call Tim at 401-225-8149 or visit www. TMWCSONG.com.

Yard Sales

USED CLOTHING SALE, Westminster Unitarian Church, 119 Kenyon Ave, E Greenwich. Friday, March 23, 9 am to 2 pm; Saturday, March 24, 9 am to 12 noon

YARD/GARAGE SALE: House is sold. Everything must go. Furniture, tools, Nascar collectibles, snow blower, generators, Danbury Mint collection. ONE DAY ONLY: Saturday, March 24th. 8 to 3. 11 Lawnwood Road, Coventry.

YARD SALE AND CLOTH-ING SALE: Most clothing is "a buck a bag". Saturday, March 24.9 to 12. Chestnut Hill Baptist Church, Route 102 (467 Victory Highway) Exeter. Proceeds to support missions.

LIBRA (September 23 to October 22) The possibility of a career change is intriguing. Learn more about what it can offer and what it cannot. Weigh everything carefully. And ask questions.

SCORPIO (October 23 to November 21) Work is your priority this week as you try to make up for lost time. Expect help from someone who cares about you. Things take a welcome turn by the weekend.

SAGITTARIUS (November 22 to December 21) A health problem causes some anxiety early in the week. But prompt medical attention soon eases everyone's concerns. Enjoy an artsfilled weekend.

CAPRICORN (December 22 to January 19) As much as you might resent it, a changing situation could require you to adjust your plans accordingly. The good news: An associate agrees to cooperate.

AQUARIUS (January 20 to February 18) That old problem is finally resolved, just in time for you to take on a new work-related project. This one could be the super door-opener you've been looking for.

PISCES (February 19 to March 20) The early part of the week presents some difficult hurdles. But once you get over them, you can start to focus on matters that are more important to you.

BORN THIS WEEK: You are respected for your honesty and your dedication to doing the right thing, no matter how difficult that might be.

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When Your Cat Cares a Little Too Much

DEAR PAW'S CORNER: I had DEAR PAW'S CORNER: I had animals all my life until my wife and dog died seven years ago. I got a cat two years ago when a neighbor moved. Last year, another neighbor gave us her cat after having a baby. The two cats — both fixed females act along fing from that What's



Call 828-9705 or email kerryfleming121@gmail.com

New DVDs Reviewed in This Column Will be Released the Week of March 12, 2018 time, but has since carved a niche as a comedy with a cult following. This is the movie about the making of that movie. James Franco directs and stars as Wiseau. In acting classes, he meets fellow thespian Greg Sistero (Dave Franco); Wiseau's passion and zest (and instability) meet Sistero's seem-ingly bottomless cash drawer (and affability), and a partnership is born. Absolutely brimming with cameos, it even has some side-by-side compar-isons with the original film that will have you in tears.



Ferdinand (PG) — Ferdinand (voiced unironically by former cage fighter John Cena) is a gentle-natured bull with tender tendencies that don't quite lend themselves to bullfighting. Tragically orphaned when he was young, Ferdinand runs away and finds refuge on a florist's farm (he loves flowers!). But an accidental rampage gets hin sent back to the bullfighting farm where he was born, and so begins his struggle to return home. With the help of a would-be trainer and goat Lupe (Kate McKinnon), a passel of hedgehogs (there's a back story; stay through the credits) and fellow bulls Bones (Anthony Anderson), Gua-po (Peyton Manning) and Valiente (Bobby Cannavale), Ferdinand finds the strength to be vulnerable. It's an endearing story with a sweet, positive message for all age: Be yourself endearing story with a sweet, positive message for all ages: Be yourself.

message for all ages: Be yourself. **The Shape of Water** (R) — One part "Beauty and the Beast," one part "Creature from the Black Lagoon," and 100 percent distinctive, Guillermo del Toro's Oscar-winning Best Film of 2017 involves a cleaning crew, a secret government laboratory and a mysteri-ous underwater creature. Sally Haw-kins plays Elisa, a mute member of the two-person janitorial staff (Octavia Spencer is the other, with enough com-mentary for both) in a highly classified research facility. While cleaning, Elisa meets and forms a relationship with an amphibious being held under lock and key. The patina of the Cold War on the science-experiment setting manages science-experiment setting manages to be both lush and clinical, and the story, while being fairly "out there," is all empathy and heart.

The Disaster Artist (R) — In 2003, writer and director Tommy Wiseau made "The Room," a love story of sorts, absolute trash and sometimes referred to as "The Citizen Kane of Bad Movies." It was a total flop at the

Scene from "Ferdinand"

I, Tonya (R) — The incredibly mostly true and absolutely in-your-face story of groundbreaking figure skater and notorious Olympic bad sport Tonya Harding (Margot Rob-bie). From her unabashedly redneck upbringing and disastrously offensive mother (played in high glory by Alli-son Janney) to her allegedly abusive, estranged husband Jeff Gillooly (Stan Sebastian) and the scandalous club-bing of fellow skater Nancy Kerrigan. It's a dark comedy as well-executed as a Harding triple axel.

NEW TV RELEASES

The New Adventures of Old Chris-tine The Complete First Season Letterkenny Season 2 Kendra on Top Season 6 Fear the Walking Dead The Com-plete 3rd Season Major Crimes The Complete Series © 2018 King Features Synd., Inc.





— got along fine from start. What's curious is, one jumps up on my bed every night and walks up to my face. every night and walks up to my face. When I put my hand out to pat her, she starts licking my arm, wrist to elbow, with her sandpaper tongue! Seems she is checking that I have not deserted her! Do I taste that good? What's so tempting about my arm? — Dr. William H., Central Falls, Rhode Island

DEAR DR. WILLIAM: You may bear DR. WILLIAM: Fou may taste pretty good to your cat, but I think you're on the right track when you say she seems to be checking that you have not deserted her. Many experts believe that cats groom their housemates — both felines and humans — as a way of showing they accept you as family, that they trust you and that they are that they trust you and that they are caring for you. Sometimes excessive licking is a sign that a cat wants more attention. It can

also be a sign of anxiety or stress. How-

also be a sign of anxiety or stress. How-ever, that seems unlikely since your cat does this routinely and seems calm. So the only question that remains is: Does it annoy you? If so, try gen-tly redirecting the cat from your arm, maybe to snuggle against your shoul-der. If it's really annoying or she doesn't stop after a few redirects, get up and walk away for a few minutes. She may eventually get the message.

Send your pet care tips, questions or comments to ask@pawscorner.com.

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Automart



in front of the "radar box," a candy bar in his pocket melted.

Dr. Percy tried other



3. Combine the tomato sauce, salsa,

salt, pepper and brown sugar. Mix well and pour over peppers.

4. Cover tightly with microwave-safe

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experiments with food, including using popcorn kernels. He designed a metal box around the magnetron with microwave power. Engineers developed and refined

the idea, and the first commercial microwave oven hit the market in 1947. However, original response was negative, and it wasn't until 1975 that a microwave oven was created for home kitchens.

I encourage you to read the instruction book that came with your microwave oven. It's the easiest way to discover all its features and how to use them. My microwave has all of the usual funchtion, but I especially love the warming oven feature. It cycles on and off so that I can hold dinner for my husband when he's running late,

This recipe for Quick Stuffed Bell Peppers is easy to assemble and cooks in minutes. It freezes well, so double the recipe, and when you're pressed for time you'll have a homemade meal in just minutes!

Depositphotos

QUICK STUFFED BELL PEPPERS

bell peppers, tops removed 8 and cut into a small dice. white membrane and seeds removed and discarded 1 cup shredded Monterey Jack cheese, divided

plastic wrap; fold back small edge for steam to escape. Microwave on HIGH 12 to 15 minutes, until the filling is hot and pepper is almost tender. Let stand 6 to 8 minutes. Sprinkle peppers with the remaining cheese. Serve with a side of rice and a salad.

Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is www. divapro.com. To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.

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Real Estate

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Apartment for Rent

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WEST WARWICK: 3 Bed, recently renovated, washer/dryer. No pets. \$1000/ month. Tom, 822-0536.

WEST WARWICK: 1

Bed, applianced, park-

ing, all utilities includ-

ed. No dogs. Non-smok-

ing. 2 Week security de-

posit. \$165-\$170/week.

WEST WARWICK: 2 Bed,

2nd, heat & hot water, appli-

anced on bus line. Security.

COVENTRY: 1 Bedroom,

parking, heat & hot water.

WEST WARWICK: 1 Bed,

2nd, applianced on bus line.

Security. No pets. \$600.

WEST WARWICK: 1 &

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No pets. No smoking. 826-

No pets. 885-1353.

451-0089.

2652.

No pets. \$830. 451-0089.

828-5080.

COVENTRY: Commercial Garage Space. 1000 Sq. ft. \$600/month. Call Joe, 392-0140.

Room For Rent

PHENIX HOTEL, 18 Highland Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

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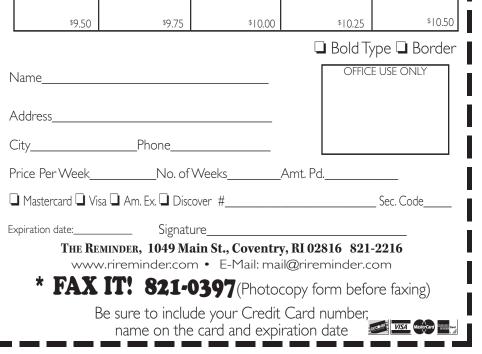


COVENTRY: Spacious, bright 3 bed, 2 bath Colonial. Appliances. Hardwoods. Nonsmokers. No pets. 268-7055.

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bedrooms, no pets, \$975 month

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FREE INCOME TAX HELP FROM AARP

AARP Tax-Aide is offering free Income Tax Help for taxpayers of any age - especially if you are 50 or older and cannot afford Tax Preparation. The Coventry Resource & Senior Center, 50 Wood Street, Coventry, is booking appointments on Thursdays & Fridays. Please call 822-9175 to make your appointment. No walk-ins.

WEST WARWICK ANGELS CARING FOR **ANIMALS OFFERING SPAY/NEUTER**

West Warwick Angels Caring for Animals is offering spaying/ neutering of cats/kittens, as well as Pit Bulls or Pit Bull Mixes at a reduced rate. Cats/Kittens - \$25 or less/cat, includes vaccines. Pit Bull/Pit Bull Mixes - FREE. Fee does not include vaccines. Proof of residency required for services for both cats and dogs. Proof also required that dogs are registered with the town. Open to all residents who are in need of assistance. Please call 354-9277 or email wwarwickangels@ gmail.com for more information.



USE OUR FAX SER-VICE to send or receive documents... it's fast, easy, and affordable. Great for sending Insurance Forms, Mortgage Documents, Unemployment Forms, Time Sheets and any paperwork that needs to be received fast. The Reminder, 1049 Main Street, Coventry. Open Monday-Friday, 8:30AM-5PM. Phone 821-2216, Fax 821-0397. There is 24 hour answering on either line.

FIREWOOD FOR SALE: JW Studley & Sons. Cut & split seasoned wood. \$225/cord. Est. 1982. Not a fly by night! 641-0212.

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FREE FAST EASY

Saturday, April 7 8:00AM - 1:00PM **Town Hall Annex**





Make an appointment and drop off your household toxic chemicals, pesticides, sharps (medical needles) and leftover paints at an upcoming Eco-Depot event.

For a complete list of locations, dates and the types of waste Eco-Depot accepts, please visit EcoDepotRI.org or call 401.942.1430 x241.

ATTENTION: The Reminder will no longer be able to laminate large poster size sheets. We will, however, continue to laminate smaller cards and up to an 8"X11" sheet. We are sorry for any inconvenience this may cause. THE RE-MINDER.

TAX PREPARATION: Personal and Sole Proprietor business by David Gagnon. Serving Kent County for over 25 years and still make house calls. Call 401-215-5970 or email to davidgagnontax@aol.com for evening and weekend appointments.

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Page 14.....The Reminder Tuesday, March 20, 2018



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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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ATTENTION REMINDER READERS:

Caution: These ads originate from other sources and may not be local. The Reminder has not screened the following classified ads. Please use caution and common sense when responding to any advertiser. Remember – *"If it sounds too good to be true, it probably is."*

STOP STRUGGLING ON THE STAIRS: Give your life a lift with an ACORN STAIRLIFT! Call now for \$250 OFF your stairlift purchase & FREE DVD and Brochure! 1-844-286-0854.

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Thursdays & Fridays at 10AM. Register at the Library or by

calling 822-9102.

Coventry Public Library, 1672 Flat River Road, Coventry,

• On March 31, 1836, the first monthly installment of "The Posthumous Papers of the Pickwick Club," by 24-year-old writer Charles Dickens, is published under the pseudonym Boz. Only 400 copies were printed, but by the 15th episode, 40,000 copies were printed.

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Unnecessary Procedure on Terminal Patient

DEAR DR. ROACH: My mother has stage 4 cancer. She just went to a dermatologist, who performed Mohs surgery on her nose. I am *beyond* upset by this unethical behavior. The country is already deeply in debt, and Medicare is pay-

frequency of "quality indicators," such as mammograms, which affect their ratings and reimbursement. That's an example of a well-meaning system

motivating wrong behavior. I should emphasize that not all care for terminal patients is useless. If the goal is to improve quality of life or reduce suffering, then I am all for it, after a consideration of the costs (pain and inconve-nience as well as dollar costs).

DEAR DR. ROACH: I have heard of yeast infections, but I don't know what causes them. How do they affect the body, and what can be done to get rid of them? -C.R.

ANSWER: Certain yeasts, but especially the Candida species, are found on our skin, mucus membranes and GI tract. They normally live in balance with the 100 trillion or so bacteria we carry around. However, yeast can cause disease that ranges from fairly mild, like thrush of the mouth or vagina, to life-threatening, like a blood-borne widely disseminated invasive infection. Candida infection of mucus membranes is usually caused by changes in our bacteria, especially after the use of antibiotics. The antibiotics kill the bacteria they are supposed to (hopefully). but they also may kill the healthy bacte ria that assist us in digestion (leading to diarrhea or worse), and this allows the other bacteria and yeast to grow. Some people with genetic faults in their immune system are predisposed to chronic candida infections. These are uncommon but can be severe, and may require treatment by specialists such as infectious disease doctors and immunologists. The life-threatening yeast infections generally happen in people with severe illness and with poor immune system function.

will offer a Babysitter's Training Course conducted by the RI Chapter of the American Red Cross on April 20 from 9AM-4PM for boys & girls ages 11-16. A non-refundable fee of \$90 (includes instruction & materials) is required at registration which begins March 19. The Library will provide free lunch & snacks. Space is limited. To register or for more information, call 822-9102.

AARP CHAPTER 2210 CAP'N JACK'S & FOX-WOODS TRIP

AARP Chapter 2210 has planned a Cap'n Jack's & Foxwoods Trip on April 18. Trip includes Lobster Bake at Cap'n Jack's, time at the Casino, Casino Bonus & Deluxe Motorcoach transportation. Cost is \$75/person. For more information call Maureen at 828-5188 or Patricia at 821-3733.

EASTER HAM RAFFLE

Sgts. David Langevin & Armand Boudreau Veterans of Foreign Wars Post 449, 197 Providence Street, West Warwick, will hold an Easter Ham Raffle on March 24 beginning at 7PM. Admission is free and refreshments will be served. There will be many prizes of Easter Hams, Easter Baskets, Food Products, Household Goods, Gift Certificates and more. All are invited. Call 828-9715 for information.

• On March 27, 1912, two Yoshina cherry trees are planted on the bank of the Potomac River, as part of a gift of 3.020 cherry trees from Japan to the United States. After World War II, cuttings were sent back to Japan to restore the Tokyo collection that was decimated by American bombing attacks during the war.

• On April 1, 1984, Motown singer Marvin Gaye is shot and killed by his father as a result of a longstanding feud. The father, a preacher, was a hard-drinking cross-dresser who envied his son's success, and Marvin Jr. clearly harbored unresolved feelings toward his abusive father.

• On March 26, 1997, police in Rancho Santa Fe, California, discover 39 victims of a mass suicide. They were members of the "Heaven's Gate" religious cult, whose leaders preached that suicide would allow them to leave their bodily "containers" and enter an alien spacecraft hidden behind the Hale-Bopp comet.

• On March 29, 1999, the Dow Jones industrial average closes above 10,000 for the first time, at 10,006.78.

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- uncooked chicken breast, cut into 36 pieces cups shredded green cabbage
- $1\frac{1}{2}$ cups chopped celery
- cup chopped carrots
- cups diced fresh tomatoes
- minced garlic clove
- tablespoons chopped fresh parsley
- 2 (14-ounce) cans Swanson Lower Sodium Fat Free Chicken Broth
- teaspoon dried thyme (optional)
- teaspoon black pepper 1/4
- tablespoons lemon juice or 2 tablespoons apple cider vinegar

In a large soup pot, combine uncooked chicken, cabbage, celery, carrots, tomatoes, garlic, parsley, chicken broth, thyme, black pepper and lemon juice or vinegar. Bring mixture to a boil. Lower heat and simmer for one hour. Makes 8 (1 1/2 cup) servings.

TIP: Lean beef roast and beef broth can be used in place of chicken breast and chicken broth.

· Each serving equals: 114 calories, 2g fat, 15g protein, 9g carbs, 98mg sodium, 48mg calcium, 2g fiber; Diabetic Exchanges: 2 Meat, 2 Vegetable; Carb Choices: 1 1/2.

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ing for this? Unconscionable! Not to mention the pain and suffering of my mother, who is now at risk of a secondary infection. I was sickened by the entire ordeal. — J.B.

ANSWER: I agree with you completely that often patients with terminal diseases receive unnecessary care. There have been studies clearly doc-umenting this. However, the studies a physician performed these treat-ments, which add only pain, anxiety and expense.

I suppose it is possible that the moti vation is simple greed; however, I still have enough faith in my colleagues that I think that is a very unusual rea-son; I think it's far more likely that a specialist just doesn't see the big pic-ture. There's an old expression that when all you have is a hammer, the whole world looks like a nail, and I think some specialists see a problem and fix it without realizing that the problem they are fixing isn't likely to ver cause symptoms.

For example, primary-care doctors order unnecessary tests, especially screening tests. I see mammograms ordered for women with advanced colon or ovarian cancer who are in palliative care, and this makes no sense. I have heard some physicians mention that insurance companies monitor the

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible.Readers may email ques-tions to ToYourGoodHealth@med. cornell.edu. To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803.

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Page 16.....The Reminder Tuesday, March 20, 2018

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Coventry Parks and Recreation

REE EASTER EGG HUNT SATURDAY, MARCH 24

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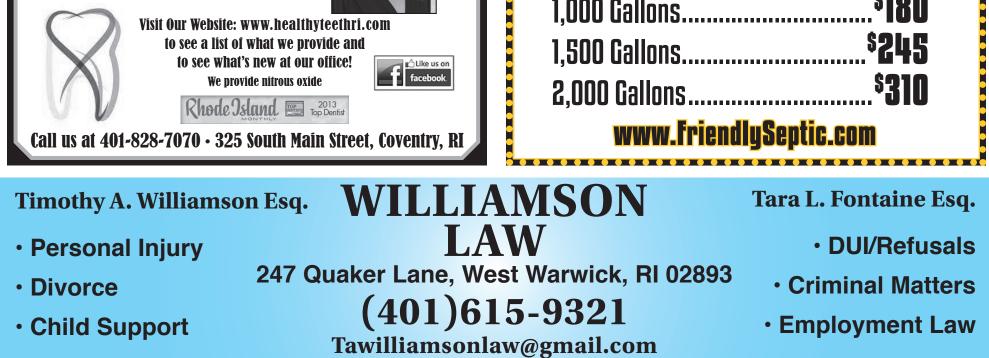
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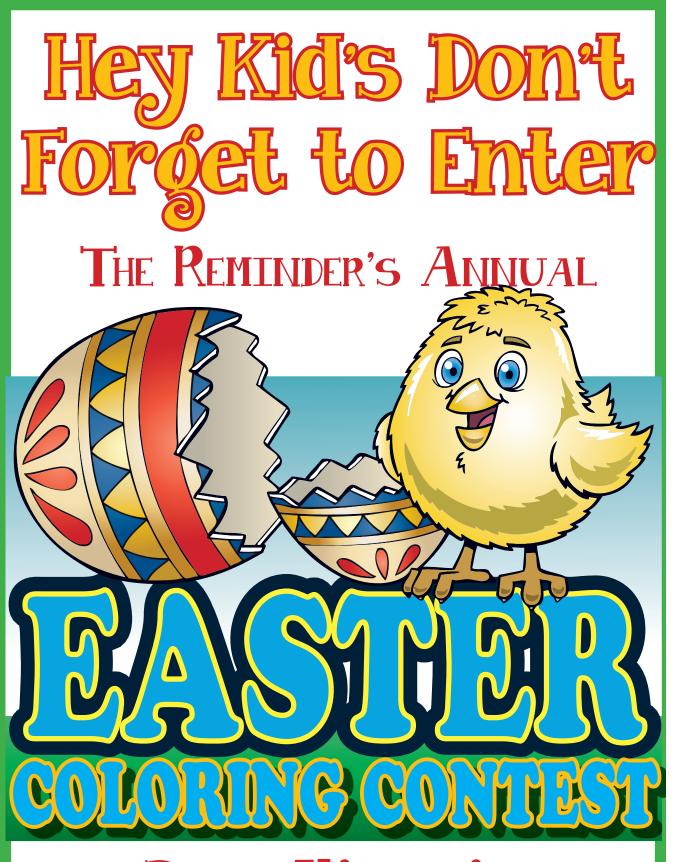
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Your Brakes May Be Trying To Tell You Something

(NAPS)—If your brakes are trying to tell you something, you should pay attention. A properly operating brake system helps ensure safe vehicle control and operation and it should be checked immediately if you suspect any problems.

"While an annual brake inspection is a good way to ensure brake safety, motorists should not ignore signs that their brakes need attention," said Rich White, executive director, Car Care Council. "Knowing the key warning signs that your brakes may need maintenance will go a long way toward keeping you and others safe on the road."

What To Watch Out For

Motorists should look for the following warning signs that their brakes need to be inspected:

• Noise: screeching, grinding or clicking noises when applying the brakes.

- Pulling: vehicle pulls to one side while braking
- while braking.Low Pedal: brake pedal nearly
- Hard Pedal: you must apply
- extreme pressure to the pedal before brakes engage.
- Grabbing: brakes grab at the slightest touch to the pedal.
- Vibration: brake pedal vibrates or pulses, even under normal braking conditions.
- Light: brake light is illuminated on your vehicle's dashboard.

Because brakes are a normal wear item on any vehicle, they will eventually need to be

SOAP Updates

THE BOLD AND THE BEAUTIFUL

Wyatt and Justin engaged in a heated argument over Spencer Publications. Brooke and Katie discussed the explosive relationship between Ridge and Bill. Quinn flipped out when she learned that Bill disowned Wyatt. Sheila and Ridge had a stare-down at Il Giardino. Eric shared a secret about Quinn with Wyatt. Seething over being manipulated by Bill, Thomas and Sally reminisced about how he split them apart. Hope and Steffy attempted to been the man they both lowed — Liam



Your brakes may be squealing on you. If so, it's safe to say, you should listen to them.

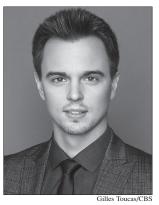
brake wear include driving habits, operating conditions, vehicle type and the quality of the brake lining material. Be sure to avoid letting brakes get to the metal-to-metal point as that can mean expensive rotor or drum replacement.

The Car Care Council offers a free custom service schedule and e-mail reminder service to help car owners remember to have their brakes inspected and take good care of their vehicles. It's an easy-to-use resource designed to help motorists drive smart, save money and make informed decisions.

The Car Care Council is also the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers.

Learn More

For a copy of the council's "Car Care Guide" or for further informa-



Darin Brooks stars as "Wyatt" on "The Bold and The Beautiful."

confronted Valentin. Kiki got a big surprise. Franco risked losing everything. Nelle showed her maternal side. Finn called Alexis. Curtis was taken aback. Drew forged an unlikely partnership. Spinelli got a hot lead. Nina was put off by Peter's interest in Maxie. Ned was getting in over his head. Julian and Kim commiserated together. Drew grew frustrated with Franco. Ned lost his temper. Griffin had some tough questions for Peter. Anna vented to Andre. Michael confided in Carly. **Wait to See:** Ava wonders if Nelle is taking her plan too far.

Deadline is

Thursday, March 22nd at 12 noon!

Extra copies are available at The Reminder office located at 1049 Main Street, Coventry, RI

help the man they both loved — Liam. Sally defended herself against several accusations. Hope revealed to Steffy that she knew about Bill's marriage proposal. A mysterious woman returned to town with a serious score to settle. **Wait to See:** The fallout is downright criminal when a treacherous manipulation is revealed.

DAYS OF OUR LIVES

Brady reeled from the fallout of his non-wedding to Eve. Ciara and Tripp finally kissed. Later, Claire was stunned by Ciara's news. Adrienne shared a warm reunion with Steve. Abigail sought help from Kayla. Chad found some incriminating evidence in Stefan's office. Gabi confronted Lani about her one-night stand with Eli. Valerie tried to talk JJ out of marrying Lani until the baby arrived. Abigail's other personality, Gabby, opened up to Stefan. Chad confided in Kate about his concern for Abigail. JJ called out Valerie on her negativity toward him and Lani. Eli laid down the law with Julie. Chad confronted Stefan about Andre's phone. **Wait to See:** Chad doesn't approve of Abigail traveling to Hong Kong with Stefan.

GENERAL HOSPITAL

Franco pleaded with Drew. Carly tried to be encouraging with Sonny. Peter paid Griffin a visit. Anna

THE YOUNG AND THE RESTLESS

Hilary and Devon gave Shauna a tour of GC Buzz. Lily decided to launch a new modeling agency under the Hamilton-Winters merger. Ashley and Traci were startled when Dina thought it was the day of her own high-school formal. Victor arrived and sweetly played along, pretending to be Dina's date for the evening. Hilary was impressed when she saw how natural Devon was with baby Sam. Abby warned Victoria that she and Ashley soon would take over Newman Enterprises. Nick was suspicious of his mother's behavior. Victoria tried to make amends with J.T., but it was clear she didn't trust him. **Wait to See:** Billy receives an intriguing invitation.

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How To Avoid Electrical Fires

(NAPS)-Here's news that may spark your interest: According to the National Fire Protection Association, electrical failures or malfunctions are factors in some 43,000 home fires a year. Your home, however, can be protected. Here, from the experts at Electrical Safety Foundation International, the premier nonprofit organization dedicated exclusively to promoting electrical safety at home and in the workplace, are tips on how:

Have your home inspected by a licensed electrician every 10 years; sooner if your home is 40 years old or older, if it's undergone a major renovation or if you've added major new appliances lately. In between, check out this checklist.

Switches and Outlets

- Are they working? • Do plugs fit snugly? If so, they should be fine for now.
- Do they make crackling, buzzing or sizzling sounds?
- Are they warm to the touch? These can be signs of a fire in the

wall. Have an electrician check it



With proper precautions, most electrical fires can be avoided.

Extension Cords

Extension cords are a convenient way to provide power right where you need it when working in or around your home, but using them improperly can be dangerous.

- Extension cords should be used only on a temporary basis.
- Make sure extension cords are properly rated for their intended use, indoor or outdoor, and meet or exceed the power needs of the appliance or device being used.
- Inspect cords for cracked, frayed, loose or bare wires, and loose connections.
- Never use a cord that feels hot.
- Don't run extension cords through walls or ceilings. This

by duplicating the lid of a paint can.

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out right away.

Electrical Panel

Every home has a service panel that distributes electricity to your home. It's usually in the basement, garage or utility area. Service panels have fuses or circuit breakers that keep wires from overloading and causing a fire.

- · Make sure all circuit breakers and fuses are the proper size.
- · Replace standard circuit breakers with arc fault circuit interrupters (AFCIs). Damaged or malfunctioning wiring is the leading cause of electrical fires. An arc fault is caused by damaged, overheated or stressed electrical wiring or devices. AFCIs can prevent 50 percent of home fires. Without AFCIs, arc faults may be hidden until it's too late.

may cause the cord to overheat, creating a serious fire hazard.

- Don't nail or staple electrical cords to walls or baseboards.
- Make sure cords are not pinched in doors, windows or under heavy furniture, which could damage the insulation.
- Keep extension cords out of high-traffic areas such as doorways or walkways.
- Insert plugs fully so no part of the prongs is exposed when the extension cord is in use.
- Ensure that all extension cords are certified by a nationally recognized testing laboratory such as UL, CSA or ETL, and always read the manufacturer's instructions. Learn More

For further facts and tips on safety, visit www.esfi.org.

















1. Black Panther (PG-13) Chadwick Boseman, Michael B. Jordan 2. Red Sparrow(R) Jennifer Lawrence, Joel Edgerton(R) 3. Death Wish Bruce Willis, Vincent D'Onofrio 4. Game Night(R) Jason Bateman, Rachel McAdams 5. Peter Rabbit(PG) animated 6. Annihilation(R) Natalie Portman, Jennifer Jason Leigh 7. Jumanji: Welcome to the Dwayne Johnson, Karen Gillan 8. Fifty Shades Freed Dakota Johnson, Jamie Dornan (R) 9. The Greatest Showman(PG) Hugh Jackman, Michelle Williams Angourie Rice, Justice Smith © 2018 King Features Synd., Inc







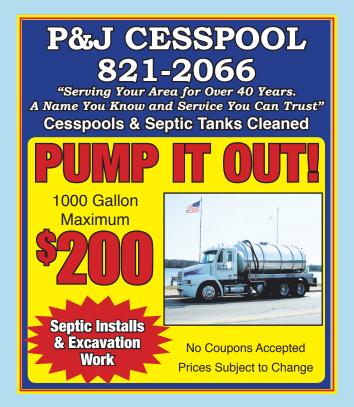
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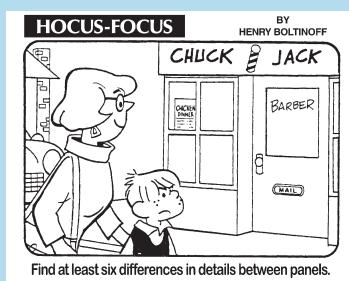


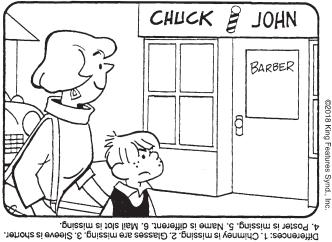


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Happier As A Homeowner

(NAPS)—Despite 41 percent of millennials opting for "vacation moves"—relocating somewhere without the intention of staying permanently—reports show that the nomadic life might not be all it's cracked up to be. Mobility has its perks, but the greatest social advantages are found in homeownership, says a recent National Association of Realtors study.

While the economic impacts of homeownership are well known, there are other benefits that are just as, if not more, valuable. For instance, homeownership is at the core of community building. The stability gained in an area through consistent ownership creates strong, cohesive relationships and social networks.

Likewise, neighborhoods with more family-owned homes than rentals experience higher property values and social capital, according to a Harvard University review. Compared to renters, homeowners display increased civic engagement and feel a greater sense of responsibility to invest time, money and



Homeownership generates higher levels of happiness, especially among millennials.

a home to be daunting. However, tools such as Rocket Mortgage from Quicken Loans are revolutionizing the home-buying process and making it so simple that it can be managed on a cell phone—in as few as seven minutes, the company says.

"Rocket Mortgage takes a formerly intimidating process and makes it fast, simple and transparent. It keeps the mortgage process on pace with that of today's busy generation, eliminating tedious paperwork," says Bill Banfield, Quicken Loans EVP of Capital Markets. "By pulling personal financial information directly from the source, Rocket Mortgage proJOE'S MASONRY: Walls, walkways, chimneys, cultured stone. Free estimates. 369-0008, Joe.





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resources in community and environmental improvements.

Collectively, these factors lead to better school systems, lower crime rates and stable neighborhood growth—a ripple effect that persists for generations.

While renting undoubtedly allows for the ability to move and explore, homeownership enables the freedom to customize one's home to truly reflect personality and lifestyle. Unlike renting, a lack of restrictions allows space for self-expression and personalized functionality, two of the biggest contributors to personal growth and life satisfaction, as recognized by psychologists around the world.

The desire to be upwardly mobile isn't the only reason some are choosing to rent. Many consumers find the idea of locating and financing vides a totally unique, customized mortgage solution. No guesswork, no misleading rates or timelines just simple, personalized options paired with an unmatched process and world-class communication."

Tools such as Rocket Mortgage provide around-the-clock counsel and access to personalized options, helping potential home buyers feel confident and prepared.

While there certainly is a time and place for renting, it's worth learning about the many benefits of owning a home before making the decision to pay a landlord for another 12 months.

Investing in homeownership early allows greater long-term flexibility with income, proving that homeownership doesn't tie you down. Instead, it brings empowerment, freedom and sense of purpose.

SEPTIC PUMPING







*** If no one ever took risks, Michelangelo would have painted the Sistine floor.

—Neil Simon



Shopping For Yard Equipment: Things To Know

(NAPS)—If you're like most people, when spring comes, you're ready to get outside and make your yard both beautiful and functional. Maybe you're aiming to have the best yard on the block, want to install an outdoor family room, or want to expand your space for entertaining. Perhaps your kids or pets could use a better space for play. Regardless of need, now is the time to get <u>"backyard ready."</u>

The Tools You'll Need

"Completing big outdoor jobs is always easier with help from outdoor power equipment," said Kris Kiser, president and CEO of the Outdoor Power Equipment Institute (OPEI). "The right outdoor power equipment can help you get the work done faster and can help you safely maintain your yard." These tips from Kiser can help you select the machinery you need to get the job done.

• Plan your needs. Draw a sketch of your yard. Include any major features such as trees, bushes, an herb or vegetable garden, flower beds, lawn furniture, play or sports equipment, an outdoor patio, or birdbath. Note where maintenance may be required. Will bushes need to be trimmed back from your home or garage? Do you want to put in some flowering bushes or a tree? Are you planning to install a fence and more grass because of your pet? Now list the tools and equipment needed to take care of your yard and what will make the job easier.

• Consider equipment needed. Visit your garage or shed and find all your lawn and garden tools. Wheel out your mower and get out other equipment. Look it over and make a list of what's needed or could be upgraded. Repair anything that needs attention or identify where a newer or other machine is required. If you have a large vegetable garden, you need a cultivator or tiller. If you have a large lawn, an upgrade to a riding lawn mower might make mowing easier. A string trimmer



With the right equipment, you can make the grass greener on your side of the fence.

might make caring for bushes or trimming grass near a fence line easier. A pole pruner can help trim back limbs that are too high to reach safely with a saw and a leaf blower can clear leaves faster than a rake.

 Research equipment online before you buy. Think about efficiencies of scale. The right equipment can mean more time for other activities and make doing yard work more enjoyable, too. Doing online research in advance can help you pick the right equipment for the job. Outdoor power equipment can be gas, electric or battery powered and technology is rapidly affecting product design. There are even robotic lawn mowers available today. Equipment may be sized to handle a smaller job or a massive one. Ultimately, your decision should be based on your needs.

 Ask questions. Talk with the staff at the store or ask online about the equipment. In the store, ask to pick up and hold equipment to determine its "fit" for you. Discuss safety features and ask about fueling and care instructions. Find out how often equipment may need to be serviced.

• Make a plan for storage and maintenance. Store your equipment in a cool and dry place. It should typically be serviced at the end of the fall and the beginning of the spring. Put service dates on your calendar with a reminder.

Learn More







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Thunder is good, thunder is impressive; but it is the lightning that does the work. —Mark Twain

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u For safety information and to o find out which manufacturers make various outdoor power equipment products, go to www.opei.org.



Samuel Colt, inventor of the Colt revolver, "the gun that won the West," worked on the prototype in his father's textile plant. Colt once earned a living touring the country performing laughing gas demonstrations.



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HINTS FOR HOMEOWNERS

News You Can Use For The Household Well Owner

(NAPS)-If you're one of the estimated 34 million Americans who use well water, you may be pleased to know there's a fount of information about the care and maintenance of your well available to you.

Private well owners are responsible for their water systems, and now have an unprecedented number of practical online tools and resources that can help them be good managers of their wells and water. This help spans proper well construction, water testing and water treatment to well system maintenance and groundwater protection.

Where To Turn

These resources are provided by the U.S. Environmental Protection Agency and the Rural Community Assistance Partnership through partners including the National Ground Water Association (NGWA), the University of Illinois (UI) and the Water Systems Council (WSC).

What You Can Learn UI's www.PrivateWellClass.org provides:

- 10 e-mail lessons on groundwater science, emergencies, finding help, water testing and treatment, and well construction, operation and maintenance
- 16 short videos on similar topics
- Recorded webinars
- · Podcasts.
- On WSC's www.WaterSystems Council.org you can find:
- A HELP emergency response



Well owners can tap into a stream of helpful advice.

- A directory of water well and water treatment professionals
- A directory of drinking water testing laboratories
- · Answers to frequently asked ques-

tions. For example, the following: Question: Should I test water from my water treatment system periodically?

Answer: Yes. First, check the water treatment system owner's manual for recommendations on water testing. If you do not have that information, contact the manufacturer or go online to see if you can find the maintenance information for your product's make and model.

Generally, treated water should be tested after the treatment system is installed to make sure it is working. You can also test the water after the treatment system is serviced to make sure it is working properly. Another reason to test is if the treatment system has not been maintained according to the product maintenance recommendations. Neglecting maintenance such as the timely replacement or cleaning of a filter could impair the treatment system's effectiveness. The site also offers quizzes with such questions as this one:



throughout the day, I use a permanent marker to designate levels on my large reusable water cup. I labeled them 10 a.m., noon, 2 p.m. and 4 p.m. That's for a big one that sits on my desk at work. I have another for at home. This way I am not trying to play catch up later in the day."—*A.L. in Oklahoma*

· Three ways to save money on water-heater bills: 1) Set your temperature gauge to a lower setting. 2) Install a timer so that it's not heating water when you aren't there to use it. 3) Add an insulating cover to keep heat from escaping.

· Game changer: "When dunking a sandwich cookie (e.g. Oreos), jab a fork into the filling. Then you can dunk the whole thing or part of it without getting your fingers all milky — or your milk all 'fingery."—*A.J. in Florida*

• When you microwave leftovers on a flat plate, be sure to spread them out for even heating. The classic ring of food is best — leaving the center of the plate empty. Slice already-cooked potatoes, and cover with a moistened paper towel.

• Need to light a pillar candle inside a hurricane glass? Use a stick of spaghetti! The pasta stick lights easily, and it's long enough to give you the reach you need. It burns evenly, too.

• "If you like to save money by buying large packs of meat — say, ground beef or chicken tenderloins -- here's a great tip for storing them: Fill quartsize freezer bags, making sure to get out as much air as possible. Then stack flat on top of a pizza box in the freez--T.L. in Missouri er.".

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando,



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- · A Wellcare* newsletter. On NGWA's www.WellOwner. org you can find:
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- · A well owner's manual
- · Monthly e-mail tip sheets

Question: A breach in a well system at or near the surface that can cause turbid water is:

a) A hole or break in the well casing

b) A broken, missing or unsecured well cap

c) Deteriorated grouting that has allowed surface runoff to infiltrate the well

d) All of the above.

The correct answer is d), all of the above-a hole or break in the casing; a broken, missing or unsecured well cap; and deteriorated grouting.

FL 32803.

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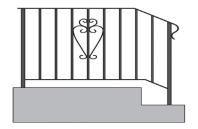
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The Narragansett Chapter of Trout Unlimited will hold its annual banquet on April 7, 3 to 7 at Coventry/West Greenwich Elks Lodge, 42 Nooseneck Hill Road, West Greenwich. The cost is \$35 and includes a buffet dinner. For tickets and information please call 225-7712.

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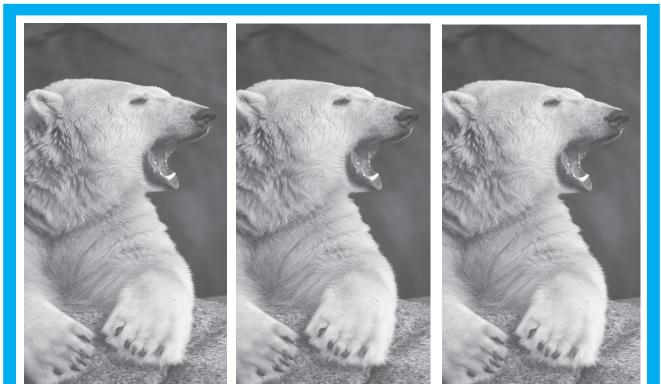


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Perfume Lamp

In the unsanitary world of the 18th and 19th century, bad smells were everywhere. There was no garbage pickup, no indoor flushing toilets and no refrigeration to keep food from spoiling. In the 1800s, a special lamp was used to remove the strong odors in hospitals and mortuaries. It was a catalytic lamp that burned an alcohol-based fuel. A cotton wick burned for a few minutes to heat a stone.



Q: Vintage sofas are much lower priced than new ones. I like Victorian sofas with curved backs, but don't want to learn my bargain sofa has a problem I can't fix.

. If you want a 19th-century • sofa, you should buy from a knowledgeable dealer. So little of the frame shows that it is difficult to tell a 19th-century sofa from an early 20th-century one. We once told the boss at a house sale that we would pay the asking price for a sofa if we could slit the back upholstery to be sure the frame was old. The marks from old tools said it was old, and we bought it. Smell any old upholstered furniture. Often, the smell will not leave. Decide if the upholstery is a color and condition you want to live with. Re-upholstering furniture is very expensive. Sit on the sofa to be sure it is comfortable. Some seats are low, bumpy, too narrow or much harder than most modern pieces. Some of that can be fixed with decorative pillows. Be sure you can get it in your van or car. If you want to use it in a basement or second-floor room, the stairs may have too low a ceiling or a turn that makes it impossible to take it inside. But if all looks OK, you will have a sturdy bargain.

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MONDAY-FRIDAY 8:30-5



This chorus girl lamp in a top hat and red dress was made in the Art Deco style of the 1920s. It sold for over twice the estimate at \$1,968.

After the flame was out, the heated stone turned odors into carbon diox-ide and water.

In 1897, a Frenchman improved the lamp by adding perfume to the fuel to make a scented room. Many lamps were made in figural shapes suitable for a living room or bedroom. Today, perfume lamps heat with electricity. The best 20th-century perfume lamps were made by French makers Robj, Aladin or Etling. A perfume lamp shaped like an Art Deco chorus girl sold at a Skinner auction in Boston several years ago for \$1,968. The 10-inch lamp was marked "Meu Bach Aladin."

TIP: You can use an old iron cooking utensil. The finish on the iron will not be damaged if you wash the item properly after using it. Don't let it get rusty.

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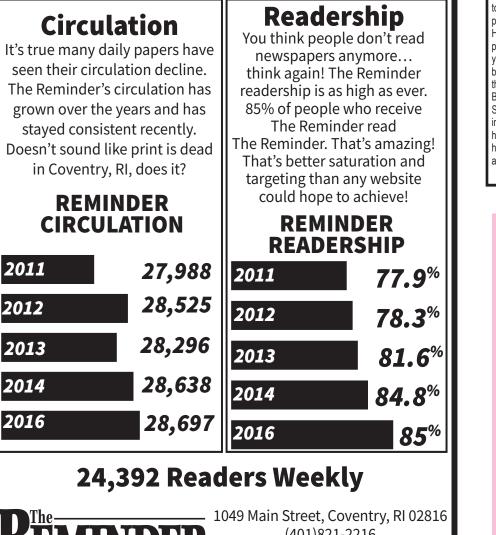
Jewelry box, embossed flowers and leaves, silver plate, velvet lined, marked DS, 1960s, 5 x 3 1/2 inches, \$15. Game, bingo cage, wire, round spin-

ning ball dispenser, handle, ball slide, stand, 73 wooden bingo balls, 1960s, 12 x 14 inches, \$75.

Chatty Cathy doll, vinyl head, hard plastic body, blonde hair and blue eyes, c. 1962, 20 inches, \$200.

For more collecting news, tips and resources, visit www.Kovels.com © 2018 King Features Synd., Inc.=

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The Reminder Tuesday, March 20, 2018.....Page 27

Thanksgiving Novena to ST. JUDE O Holy St. Jude Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ. Faithful intercessor of all who invoke this special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg you, to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return, I promise to make your name known and cause you to be invoked. Say three Our Fathers, three Hail Marys and three Glory Be's. Publication must be promised. St Jude pray for us and all who invoke your aid. Amen. This novena has never been known to fail. It helped me. Thank you St. Jude for answering my prayers. RSTP



BREAKFAST IN MARCH

The Coventry Resource & Senior Center, 50 Wood Street, Coventry will hold a Breakfast on March 23 (weather permitting) from 8-9:30AM. Enjoy scrambled eggs, choice of bacon or sausage, French Toast or English muffin, with orange juice, coffee, & tea for just \$3. All are welcome!



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Page 28......The Reminder Tuesday, March 20, 2018

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