

Student choreographers take spotlight in Spring Dance Concerts



This annual showcase features more than 50 dancers performing works by 13 student choreographers. (Photo by Phyllis Graber Jensen/Bates College)

The annual Spring Dance Concerts at Bates College will showcase original work by 13 student choreographers. Drawing on techniques and skills acquired this semester in their dance composition courses, the choreographers have not only created the dances but have also engaged in technical production and design. Their goal is to create dance that's "exciting," "empowering," "honest," and "intense," making it an engaging show for everyone.

The four-show run comprises two different programs. Program A will be presented on Friday, March 30 at 7:30 p.m. and Sunday, April 1 at 2 p.m.; and Program B will be presented on Saturday, March 31 at 5 p.m. and Monday, April 2 at 7:30 p.m. Open to the public at no cost, all four performances will take place in the college's Schaeffer Theatre at 329 College Street in Lewiston. Each show will last about an hour and a quarter. Reservations are recommended and

can be made at eventbrite.com. For more information, call 786-6161.

The programs will include senior thesis projects by two dance majors, Sofia See **Dance**, page 3

Former diplomat to discuss Trump foreign policy tonight

A former high-level U.S. diplomat now teaching at Harvard will visit Bates College this week to present a lecture about President Trump's foreign policy and various challenges to U.S. leadership. Nicholas Burns will speak on Thursday, March 29 at 7:30 p.m. in Commons 221-222 at 136 Central Avenue on the Bates College campus in Lewiston. Sponsored by the college's Office of the President and the politics department, the event is free and open to the public.

Burns previously served as the U.S. under-secretary of state for political affairs, during which time he was the lead U.S. negotiator on Iran's nuclear program. He has also served as ambassador to NATO and Greece and as State Department spokesman. For more information about the program, email jscheide@bates.edu.



Nicholas Burns is a former lead U.S. negotiator on Iran's nuclear program. (Photo by Martha Stewart)

Chamber switches things up with April "Business Before Hours" and "Breakfast for Dinner"

During the month of April, the LA Metro Chamber of Commerce will switch things up for its regular monthly events. Instead of hosting its usual "Breakfast

Meeting" and "Business After Hours," the chamber invites guests to join them for "Business Before Hours" on April 12 and "Breakfast for Dinner" on April 19.

No April Fooling, it's all about having some spring fun by switching things up in response to Chamber investors who would like to attend the programs but can't make the usual times.

"Business Before Hours" will take place on Thursday, April 12 at 7 a.m. at House of Bacon, located at 34 Court Street in Auburn. It's breakfast time, but participants will mingle and network as they usually do at Business After Hours. There will be no program, just fun - and lots of bacon! There is no registration or cost to attend. Just stop by any time between 7 and 9 a.m. for food, fun, networking, and prizes.

"Breakfast for Dinner" will be on Thursday, April 19 at 5 p.m. at Martindale Country Club, located at 527 Beech Hill Road in Auburn. The work day is over, but participants may do some networking

before the program starts, as they usually do at the Breakfast Meeting. New members and sponsors will be introduced and there will be a speaker, a 50/50 raffle, and door prizes. The cost to attend is \$20 for members or \$30 for non-members. Registration is available at www.LAMetroChamber.com.

The speaker for "Breakfast for Dinner" will be Alan Hahnel, President of Hahnel Bros. Co. His topic will be "Working the Workforce: Challenges and Solutions to Finding Employees." Like many employers in the region, Hahnel Bros. is facing a workforce shortage as it strives to meet the demands of our growing economy. The company has found success by using multiple strategies, including embracing the changing nature of the workforce and utilizing a number of local programs to find and keep employees.

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Music Line Up Thursdays 7-9pm

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Newsmakers, Names & Faces

New addition to Fontaine Team



Natalie Kramer

The Real Estate Leader has announced the addition of Natalie Kramer to its team in their Auburn location. Kramer grew up in South Paris and graduated from Beverly High School in Beverly, MA. She then attended Andover College. She now resides in South Paris with her husband and is looking forward to helping buyers and sellers in and around her

home town fulfill their real estate needs. She can be reached at 740-2716 or at natalie@fontaine-team.com.

Kramer's past work experience includes sales and customer service, and she has also worked for Carlson GMAC Real Estate in Massachusetts. When she's not working, she's active at the South Paris Congregational Church and the Kairos Ministry.

Rotary Clubs share Gift of Life



The Lewiston-Auburn Rotary Lunch and Breakfast Clubs teamed up with the Lewiston CareerCenter recently to sponsor a Gift of Life Blood Drive. Fifteen donors participated, breaking the CareerCenter's previous record. Rotarians helping to organize the event included (l. to r., from front) Christine Wilson, Mac McPeake, Monica Millhime, and Nancy Richard. Absent from the photo is Lorraine Bard.

Largest-Ever Action to Fight Senior Fraud: An Encouraging Step in Our Work to Protect Older Americans

By Senator Susan M. Collins

On February 22, the U.S. Department of Justice announced the largest-ever coordinated sweep of senior fraud cases. More than 250 defendants have been charged with scamming more than a million victims in excess of a half-billion dollars.

That welcomed announcement marks an important step forward in our efforts to prevent older Americans from being robbed of their life savings. As Chairman of the Senate Aging Committee, fighting fraud targeting seniors is one of my highest priorities. I have urged Attorney General Jeff Sessions to focus more of his Department's resources on this scourge and am pleased that, in announcing this sweep, he credited the Aging Committee for our work on this important issue.

The DOJ coordinated its effort with the Federal Trade Commission and state Attorneys General, who filed a number of these cases. The charges are related to a variety of fraud schemes, ranging from mass mailing, telemarketing, and investment frauds to individual incidences of

identity theft and theft by guardians. Multiple cases involved transnational criminal organizations that defrauded hundreds of thousands of older victims, while others involved a single relative or financial trustee who took advantage of an individual victim.

In January, the DOJ directed all 94 U.S. Attorneys' offices to each designate an elder justice coordinator, who will develop strategies to protect seniors in their districts. This will promote greater cooperation between the DOJ and its law enforcement partners.

This coordinated effort sends a clear message to criminals seeking to defraud seniors that they will be caught, their operations will be shut down, and they will be punished. It is encouraging to see the cooperation between the Attorney General, the FTC, and other federal and state organizations all working towards the shared goal of stopping senior scams.

From scams originating overseas to exploitation by trusted family members and guardians at home, financial fraud targeting older Americans is a growing epidemic

that costs an estimated \$2.9 billion annually. The Aging Committee will continue to lead efforts to expose these frauds and protect seniors. We have held many hearings on prevalent scams, and each year we publish a comprehensive fraud resource guide describing some of the most common forms of fraud and ways to avoid them. The Committee also maintains a Fraud Hotline (1-855-303-9470) that is staffed by experienced fraud investigators.

One example that illustrates the extent of this problem as well as the scope of the sweep is the action taken against the mass-mailing fraud industry, which sells false promises of life-changing prizes.

The DOJ, working with several U.S. Attorneys' offices, brought numerous charges against more than 43 mass-mailing fraud operators. In addition, law enforcement agents executed 14 search warrants from Las Vegas to south Florida, served numerous asset seizure warrants, and coordinated with the Vancouver Police in Canada, who executed more than 20 warrants.

The DOJ's sweep also

targeted transnational criminal actors. Just one of the schemes the DOJ exposed operated from 14 foreign countries and cost American victims more than \$30 million. DOJ prosecutors and U.S. Postal Inspectors have taken a comprehensive approach to combatting this fraud, disrupting and prosecuting individuals who manage the schemes, con artists who draft the fraudulent solicitations, list brokers who supply victim lists, and individuals who collect victim payments.

Prosecutors across the country have heeded the call to focus resources on senior fraud. Some additional examples of senior financial exploitation prosecuted by the DOJ include: lottery phone scams, in which callers convince seniors that a large fee or taxes must be paid before one can receive lottery winnings; grandparent scams, which convince seniors that their grandchild has been arrested and needs bail money; romance scams, which lead victims to believe that their online romantic "friend" needs funds for a U.S. visit or some other purpose; IRS imposter scams, which defraud victims by posing as IRS agents and claiming that victims owe back taxes; and guardianship scams, which siphon seniors' financial resources into the bank accounts of deceitful relatives or guardians.

All of these scams have been identified and described in the Aging Committee's annual fraud report. These scams illustrate how an older American can lose his or her life savings to a dishonest relative, guardian, or stranger who gains the victim's trust. The devastating effects these cases have on victims and their families, both financially and psychologically, make prosecuting senior fraud a key national priority.

Student of the Month



Kadie Coutts-Farrington, with RSU 16 Superintendent Tina Meserve

The Tri-Town Optimist Club of Mechanic Falls, Minot, and Poland has named Kadie Coutts-Farrington its RSU 16 Student of the Month. An eighth-grader at Bruce Whittier Middle School, Coutts-Farrington is an exceptional and conscientious student with great study habits and an avid

love of reading. She strives to submit quality work and is always eager to improve. Recognized by both peers and teachers for her leadership qualities, she has been selected to participate on the Student Council and School Leadership Team. She aspires to be a Pediatric Surgeon. Congratulations, Kadie

Optimist Club guest speaker



Guest speaker Jeri Maurer (l.) of the Stanton Bird Club receives a copy of the Optimist Creed from Club Vice President Mamie Ney. Maurer spoke to the club about the sanctuaries, trails, and programs offered to the public by the 100-year-old Stanton Bird Club. For more information, see www.stantonbirdclub.org. The L-A Optimist Club is a service club whose motto is "Bringing out the best in kids."

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Governor's Address: Democrats Play Politics with Our Elderly Homeowners

I have been working hard to protect our elderly Mainers and to help them stay in their homes. But Democrats in Augusta are playing politics again. They say they want to help the elderly, but they are pulling a bait-and-switch.

Dear Maine Taxpayer, I had proposed a bill, LD 1629 "An Act To Protect the Elderly from Tax Lien Foreclosures," that would protect senior citizens and the elderly from municipalities that want to take their homes for back taxes.

My bill would do two very simple, common-sense things to help protect the interests of our seniors.

One, it would provide notification that the homeowner has the right to file an application for abatement and has the right to seek assistance through the State's Bureau of Consumer Protection.

And two, it would require that if a homeowner who is 65 or older is foreclosed on, their property should be sold by an independent broker - instead of through the opaque municipal auction process.

After all expenses by the municipality are paid, the remaining proceeds from the sale would be refunded to the former owner.

The town would be made whole, and the senior citizen would retain most



Governor Paul R. LePage

of the equity he or she had built up over a lifetime. This is as close as you can get to a win-win in a difficult situation.

But members of the Taxation Committee voted to water down my bill. They

only want to include some additional notification in the process.

Instead of truly helping the elderly - like my bill would have done - they are doing just enough to check the box and make it look like they have taken action to help our seniors.

These legislators are siding with the Maine Municipal Association, which is funded with taxpayer dollars. But MMA always fights against any initiative that would actually benefit hard-working property-tax payers. It is a clear conflict of interest.

MMA Executive Director Stephen W. Gove and MMA lobbyist Kate Dufour vigorously oppose our ef-

orts to help keep the elderly in their homes - even though the elderly are paying the property taxes that bankroll Gove and Dufour's salaries.

Folks, Maine Municipal Association has proven that it is the enemy of the elderly in Maine.

Pine Tree Legal Assistance, Legal Services for the Elderly, and the Maine Council on Aging all testified in support of this bill. I thank them for standing up for what is right.

AARP was a "no show" at the hearing and submitted no written testimony. I question whether AARP is truly an advocate for our seniors or whether AARP would rather not offend Democrats than

prevent our seniors from homelessness and destitution.

The amended version of the bill that the Democrats supported is nothing more than a feel-good attempt to make it look like they really are helping the elderly.

I implore you to contact your legislators and tell them to do what is right for our elderly Mainers.

Tell them to stop playing games with people's lives.

Tell them to help our elderly stay in their homes they worked so hard to earn.

*Thank You,
Paul R. LePage
Governor*

New Ventures offers self-employment workshop

Have you always wondered about starting your own business, but are not sure how to start? If so, "Introduction to Self-employment," a tuition-free workshop offered by New Ventures Maine, is for you.

Intro to Self-employment will be offered several times in April and May, including on Thursday, April 5 from 10 a.m. to 12 p.m. at the Lewiston Career Center at 5 Mollison Way in Lewiston; again on the same day from 6 to 8 p.m. at RSU 16 Adult Education at 129 Elm Street in Mechanic Falls; and on Thursday, May 3 from 6 to 8 p.m. at RSU 52 Adult Education at 486 Turner Center Road in Turner.

This one-session, two-hour workshop will help you decide if self-employment is the right choice for you. The class covers the pros and cons of owning your own business, the steps needed for start-up, the major elements of a business plan, and the many resources available to help you succeed. The workshop will be led by Karleen Andrews, Microenterprise Specialist for the Western Region of New Ventures Maine. For

more information, contact her at 557-1885 or karleen.andrews@maine.edu.

Please register in advance for this popular workshop. To register for any session, visit New Ventures Maine online, go to "Choose a Class," select the class you want to take, and choose the date and location you want to attend. The website address is newventuresmaine.org.

A statewide organization serving all sixteen Maine counties, New Ventures Maine offers skills development and support in the areas of career planning, entrepreneurship, and financial management. For more information on their programs, classes, or other resources, or to find the center closest to you, call 1-800-442-2092 or see newventuresmaine.org.



Rotary Lunch Club to hold next meeting at CMCC



Roger Philippon

Roger Philippon, Dean of Planning and Public Affairs at Central Maine Community College, will be the guest speaker at the next meeting of the Lewiston-Auburn Rotary Lunch Club on Thursday, April 5, from noon to 1:30 p.m.

The meeting will take place in Conference Room TWR 405 on the fourth floor of The Tower, the newest building on the Central Maine Community College campus. Tours of the campus will be offered immediately following the

luncheon. Reservations for the luncheon are required and can be made by calling 713-7045 by April 1. CMCC is located at 1250 Turner Street in Auburn.

A Lewiston native, Philippon earned a bachelor's degree in public administration from the University of Maine and a master's degree in adult education from the University of Southern Maine. Long active in civic affairs, he is a former Lewiston City Councilor and Planning Board member. He served for many years as

chair of the Advisory Board for the Franco-American Collection at USM's L-A College, and he currently serves on the LA Metro Chamber of Commerce's Education Committee and on the Maine Public Relations Council.

He and his wife, Celeste, live in Lewiston and devote much of their time and energy to Community Little Theater, where Philippon also serves on the board. They are the proud parents of son Joseph, who serves as the Community Resource Officer for the Lewiston Police Department, and proud grandparents of grandsons Isaha and Jackson.

Dance

Continued from page 1

Elbadawi ("el oh vi ee") and Jorge Piccole ("What Are We Dancing To?"),

along with choreography by students enrolled in dance composition courses. In their projects, Elbadawi uses choreographic exploration "to examine and embody common metaphors for love," while Piccole explores hip hop movement "using musicality and lyrics for inspiration."

Also featured will be "That's All, Folks," co-choreographed by juniors Flannery Black-Ingersoll and Johanna Hayes. This work was premiered at the American College Dance Association's annual regional conference at Boston University in February and, out of 50-plus works, was a selection for the gala performance that closed the conference. Since then, Black-Ingersoll and Hayes have expanded the work into a triptych that in theme navigates immediacy in physical action, memory, and community.

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Kadie Coutts-Farrington, with RSU 16 Superintendent Tina Meserve

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Chocolate Church plans Kids Only! theater workshop

During April vacation, the Chocolate Church Arts Center in Bath will partner with Actors Equity Association member Dennis St. Pierre, who has over 30 years of stage and television experience, to present a Kids Only! Creative Theater Workshop for students interested in live theatre, radio theatre, and inter-media art.

Students will meet Monday through Friday, April 16 through 20, culminating with performance day on April 20. The classes and final performance will

take place on the Chocolate Church Arts Center campus, located at 804 Washington Street in Bath.

The workshop is open to students in Grades 1 through 9, regardless of ability. Participants will be emerged in an enriching theatrical experience that, through engaging physical and other activities, will support skills of play, social interaction, story-telling, imagination, play writing, improvisation, impersonation, and comedy.

"This camp offers an ed-

ucational, creative, and engaging way for students to enjoy their own stay-cation," says Jennifer DeChant, Executive Director of the Chocolate Church Arts Center.

The fee for the entire week is \$225 per student (plus an additional \$30 to include lunch). To enroll, call the box office at 442-8455, stop by during office hours (Tuesday and Wednesday from 10 a.m. to 4 p.m.; Thursday from 10 a.m. to 6 p.m.; and Friday from noon to 4 p.m.), or visit www.chocolatechurcharts.org.

Portland Museum of Art Announces free Admission for those 21 and under

The Portland Museum of Art has announced that, beginning April 11, it will offer free, unlimited admission to all visitors ages 21 and under. The move, which museum officials say will be permanent, was made possible through the vision and generosity of Susie Konkel, a leading philanthropist and advocate for youth in Maine and the region. In association with the change, other benefits for youth are being created under a program to be named the Susie Konkel Pass in her honor.

While all visitors ages 21 and under will receive free admission to the museum automatically, the program will give young people or their guardians an opportunity to increase their level of engagement with the museum by signing up for the pass, which will provide access to special events, ways to stay up-to-date on museum happenings, and more.

"I'm honored to work with the staff of the PMA to ensure that every child from Maine and throughout the world can feel the joy and wonder that comes from experiencing the magnificent works of art at this museum," said Konkel. "It's my hope that children, teens, and young adults alike will discover the many ways that art can enrich their lives, and also feel inspired and empowered to share their voices with the world. I'm incredibly gratified to help the PMA share its wonderful collection with children far and wide."

Konkel and the museum staff envision that removing admission costs will result in greater access to the PMA for young people and their families, including teens and young adults, college and university students, low-income families, new Mainers, and parents seeking enrichment experiences for their children.

Each year, 11,000 vis-

itors under the age of 21 visit the museum, either through existing relationships with the museum or by being charged admission. Buoyed by a nearly 20% increase in website traffic for visitors ages 18 through 24 over the past two years, a redesigned Winslow Homer High School Fellow program, Teen Nights at the museum, and collaborations with MECA and USM, the PMA has been considering new ways to deepen the engagement of young adults with the museum.

Located at Seven Congress Square in downtown Portland, the Portland Museum of Art boasts significant holdings of American, European, and contemporary art,

as well as iconic works from Maine - highlighting the rich artistic tradition of the state and its artists.

Summer hours are Monday, Tuesday, Wednesday, Saturday, and Sunday from 11 a.m. to 6 p.m.; and Thursday and Friday from 11 a.m. to 8 p.m. Winter hours are Wednesday, Saturday, and Sunday from 11 a.m. to 6 p.m.; and Thursday and Friday from 11 a.m. to 8 p.m.

Admission is \$15 for adults, \$13 for seniors, and starting April 11, free to everyone ages 21 and under. Admission is free for all every Friday from 4 p.m. to 8 p.m. For more information, call 775-6148 or visit portlandmuseum.org.

New Ventures Maine offers free classes in Oxford

For over thirty years, New Ventures Maine has offered free workshops and one-on-one coaching across the state in the areas of business start-up, financial planning, career building, and community leadership. In April, they will offer two free workshops in Oxford.

"Budgeting Basics" will take place on Wednesday, April 4 from 5:30 to 7:30 p.m. In this two-hour workshop, participants will learn how to practice money tracking and goal setting to create a budget that builds their savings and suits their lifestyle.

"Building Confidence" will take place on Wednesdays, April 11, 18, and 25, from 5:30 to 8 p.m. In this three-week class, participants will acquire tools to help them work on their confidence every day through the changing circumstances of life.

"This is really a great opportunity for people of all ages and stages," said trainer Chris Davis about the Building Confidence class. "No matter who you are, if you're not consciously using your thoughts and actions to support feelings of worth and competence, the tides of life are breaking them down. This experiential workshop provides concrete tools that can be used in many periods and seasons."

Students have said about the class: "The invitation to participate in a comfortable atmosphere was just what I needed"; "It helped me look at possibilities and share experiences"; "It helped me increase my awareness of old habits and patterns and step out of my comfort zone a bit"; and "It gave me tools to use when my thoughts and attitudes turn negative and has shown me how to change my perceptions."

Both classes are open to individuals and couples of all ages and incomes. Those interested in learning new skills related to their finances or confidence are welcome to attend. The classes are free, but pre-registration is required. For more infor-



Trainer Chris Davis demonstrates the "Power Pose." For more information or to register, contact Chris Davis at New Ventures Maine at 753-6531 or see newventuresmaine.org.

A Simply Scrumptious Easter Bake a festive brunch spread



Easter is a time meant to be spent creating memories with loved ones. Even when hosting duties fall on your plate, creating the perfect brunch spread doesn't have to be a daunting task. If you take advantage of quality ingredients and recipes that feature simple preparation, your spread can impress even the pickiest of guests.

Look for diverse ingredients that can be incorporated into a variety of spring recipes: a versatile cheese like Jarlsberg is easy to cook with, whether your menu features light or savory dishes, or a combination of the two.

These tips and recipes from Chef George Duran, host of TLC's "Ultimate Cake Off" and Food Network's "Ham on the Street," can help you prepare a scrumptious meal that lets you keep your attention where it belongs - on the festivities of the day.

* Keep ingredients like puff pastry sheets, cheeses and various spices and seasonings that work in a multitude of dishes on-hand all year long.

* Look for a cheese that won't overpower other spring flavors; choose a mild, nutty cheese like Jarlsberg, best known for its classic wedge but also available sliced.

* Choose dishes that can be prepared in advance, such as quiches or muffins.

* Work to incorporate a variety of flavors that complement each other, such as mixed vegetables and smooth, nutty cheese.

Find more tips and recipes for a festive, seasonal brunch at jarlsberg.com.

Asparagus Tart
 1 sheet frozen puff pastry, thawed
 2 cups Jarlsberg Cheese, shredded
 1 pound asparagus
 1 table-spoon olive oil
 1 table-spoon fresh thyme leaves
 salt
 pepper

Heat oven to 400 F. Prepare baking sheet with parchment paper.

Roll out puff pastry into 16-by-10-inch rectangle; trim uneven edges. Place on baking sheet. Using knife, lightly score pastry dough 1 inch from edges. Using fork, pierce dough inside markings at 1/2-inch intervals. Bake until golden, about 15 minutes.

Remove pastry shell from oven and sprinkle with shredded cheese. Trim bottoms of asparagus spears to fit crosswise inside pastry shell; arrange in single layer over cheese, alternating

See Easter, page 8

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MBVS taking applications for Disabled Veterans Moose Hunt Lottery



A participating veteran and guide during the Disabled Veterans Controlled Moose Hunt (Photo courtesy of the Maine Bureau of Veterans' Services)

The Maine Bureau of Veterans' Services is now accepting applications for the 2018 Disabled Veterans Controlled Moose Hunt, held in Aroostook County. Since the program's inception in 2010, MBVS has partnered with the Maine Department of Inland

Fisheries & Wildlife and Smoldering Lake Outfitters to issue hunting permits and essential equipment to participating veterans. The

hunt, which is entirely free of charge for those selected, costs \$50,000 to administer each year for guiding services, essential adaptive equipment, meat processing, and travel and lodging.

MBVS has had success in recent years meeting their fundraising goals and encourages local businesses, organizations, and individuals to donate toward the 2018 hunt. For more information, call 430-5816 or contact Laura Allen at laura.e.allen@maine.gov.

"The Disabled Veterans Controlled Moose Hunt is not only recognition of a veteran's service to our country, it provides a sense of belonging to the veteran," said MBVS Director Adria Horn. "The first of its kind in the United States, the hunt serves as a once-in-a-lifetime experience that empowers disabled veterans

to live an active and purposeful life."

"Shortly after arriving at Smoldering Lake Outfitters, owner Dave Hentosh told us 'the moose is the excuse' and I was certainly excited to have an opportunity to bring one home," said Roger Line, a Navy and Gulf War veteran who was selected for 2017 hunt.

"As the sun set on that Sunday, I kept thinking about 'the excuse.' We sat that evening in the great room sharing our military experiences and it did not take me long to figure out exactly what Dave meant. Our service spanned Vietnam to the Persian Gulf, Iraq, and Afghanistan. We were five brothers-in-arms, brought together through a man's vision, with an excuse to relax and have the hunt of a lifetime."

Unlike the regular

IF&W moose lottery, the Disabled Veterans Controlled Moose Lottery is limited to only those veterans with a disability rating of at least 50%. Each hunter is required to team up with a registered Maine Guide who has specific training for the hunt. Those who have tagged a moose through the program are ineligible to hunt again. Applications must be submitted to the Bureau of Veterans' Services by 4 p.m. on Friday, May 4. They can be downloaded from the Bureau's website at <http://maine.gov/veterans>.

Results of the lottery will be posted no earlier than Friday, May 25. For more information on the Maine Bureau of Veterans' Services and the Disabled Veterans Controlled Moose Hunt, call 430-6035 or see <http://maine.gov/veterans>.

The Maine Bureau of Veterans' Services was established in 1947 by the State of Maine and is part of the Maine Department of Defense, Veterans, and Emergency Management. Their mission is to help Mainers who served - and their loved ones - understand and navigate the benefits, services, and programs available to them while serving as a responsive, experienced, and dedicated advocate.

Headquartered at Camp Keyes, the Bureau has seven field service offices throughout the state and a claims office at the U.S. Department of Veterans Affairs at Togus. The Bureau also operates the Maine Veterans Memorial Cemetery System, which includes four cemeteries. For more information about the Bureau or to request assistance, see www.maine.gov/veterans.

Brunch

Continued from page 4

to prepared baking sheet. Place 2 ounces cheese on each slice. Add three slices crispy bacon on top of each cheese portion.

Top with another soaked bread slice. Press filled bread together firmly.

Place baking sheet in oven; bake 15-20 minutes, turning after 8-10 minutes to brown both sides.

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Elizabeth Renshaw

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Fresh Home Upgrades for Spring



After a long winter cooped up indoors, spring is the perfect time to start re-imagining your home and making upgrades that create a fresh, welcoming vibe. These project ideas - some big, some small - can help breathe new life into your home so you're ready to enjoy your favorite rooms to the fullest.

Air it out
Months of closed

nants of winter. It's a perfect time to launder window treatments and clean area rugs. After a few passes with a carpet cleaner, allow rugs to air-dry outdoors. If you're considering an update to the overall decor, changing out these textiles is an easy and affordable way to create a new look. Just donate the used drapes and rugs after cleaning

elements like furniture and accessories. As some homeowners are discovering, there's a whole other space waiting to be discovered. The ceiling, a fifth wall of sorts, opens up endless creative design opportunities.

Whether you're seeking more natural light, access to fresh air, a sense of spaciousness or a way to bring sophistication to a room, a skylight may be just the solution. For example, Velux room-darkening and light-filtering blinds can add a splash of color just where you least expect it, and they're efficient in shielding your space from the sun, meaning the blinds and installation are eligible for a 30 percent tax credit. Learn more at whyskylights.com.

Paint to perfection

Over time, once cheerful walls can grow dull. Create a livelier ambiance with a fresh coat of paint, either in the same shade or something completely new. If you're not sure exactly where to start, tackle the project room by room. To choose the right hue, select a favorite item in the room, such as an heirloom throw blanket or a piece of wall art, and consider color shades that complement the item well.

Make what's old new again

Sometimes a fresh perspective is as simple as rearranging a room to better fit your needs. Over time, the furnis-



windows and doors can make any room feel dusty and stale. As soon as temperatures allow, throw open the windows and skylights to let the fresh air chase away the rem-

instead of bringing them back into the room.

Shift your outlook

When contemplating changes to a room's aesthetic, most people focus on the floor, walls and



ings can become almost an afterthought because they've been in place so long. Try moving things around to create new conversation groupings or to highlight a piece that has been tucked away in the shadows. An updated arrangement may inspire you to add and embellish with some simple new accessories or accent pieces for a room that only looks brand new.

Get earth smart

With all of the new growth and hues of green that abound during spring, it's natural to be more mindful of the environment. Earth-friendly upgrades like switching out inefficient lighting or installing low-flow toilets and shower heads can make a sizable difference. Another option for energy conservation: Look for ways to maximize natural light for heat and to brighten rooms. Well-placed windows and skylights can harness energy naturally, so you can minimize your reliance on electricity for comfort and convenience.

5 Ways to Make the Most of Your 5th Wall

1. Start with a smooth canvas. This

means eliminating any details like popcorn ceilings or other texturing that may appear dated and dingy.

2. Add some color.

Bring character to the room by adding color to the ceiling that complements the traditional walls for a cohesive look. If you have eaves, dormers or other architectural elements, consider painting some and leaving others white for variety and added dimension.

3. Introduce natural light.

When it comes from above, natural light brightens a room in a whole new way. An option like a Velux skylight is a sensible solution because it offers plenty of ways to customize the skylight to your specific space and functional needs.

4. Enhance with accessories.

Both practical and attractive, blinds are a good idea for a skylight. They let you control the light, such as blocking out harsh rays during the heat of the day but letting the gentle evening light illuminate the room. In addition to choosing a style and color that com-

plements the room decor, also look for features such as remote-control operation and room-darkening textiles.

5. Get creative.

Treating your ceiling like a wall opens virtually endless possibilities. Especially if you have some unique architectural features, you can highlight them by adding special touches such as built-in shelves for extra storage or new place to nurture lush house plants. (Family Features)#14127 Source: Velux

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Book chronicles history of Basilica of Saints Peter and Paul



Completed in 1938, the church was placed on the National Register of Historic Places in 1983 and was raised to the status of a "basilica" by the Vatican in 2004.

A forthcoming book called "The Basilica of Saints Peter and Paul" features dozens of stories about the basilica's history, mysteries, and central place in the Franco-American community of Lewiston.

Comprised of feature articles written by freelance

writer Julie-Ann Baumer that appeared as a series in the Sun Journal newspaper between November of 2016 and October of 2017, the 112-page book also includes unpublished stories and nearly 200 glossy photographs of the church. The foreword was written by

Bishop Robert P. Deeley of the Roman Catholic Diocese of Portland.

The book is described as a celebration of Lewiston's glorious "lunch pail" church and the determined faithful who made it a reality. Since 1938, the Basilica of Saints Peter and Paul has stood as an architectural wonder and a testament to the faith and sacrifice of the French-Canadian immigrants who ensured its completion. It was placed on the National Register of Historic Places in 1983 and was raised to the status of a "basilica" by the Vatican in 2004. It is one of less than 60 churches in the U.S. designated as a basilica.

"I offer my sincere thanks to the many people who researched the stories and offered reflections in the book," said Bishop Deeley. "This book chronicles an important part of our past and describes a community spirit that will carry the Catholic faith into Lewiston's future."

The price of the book is \$19.95 until April 1 and \$24.95 thereafter. For more information about the book, call 784-5411. To reserve a copy, visit www.sunjournal.com/the-basilica-book.

Easter

Continued from page 5

ends and tips. Brush with oil, sprinkle with thyme leaves and season with salt and pepper. Bake until spears are tender, about 20 minutes.

Festive Salmon Cake
2 cans (16 ounces each) red salmon or tuna, drained and flaked

1 package (10 ounces) frozen chopped spinach, thawed and well drained

2 1/2 cups shredded Jarlsberg Cheese, divided
1 cup fresh bread crumbs

2 lightly beaten eggs
1 tablespoon lemon juice

1/2 cup minced onion
1/2 cup parsley
2 tablespoons extra-virgin olive oil

1 package (16 ounces) frozen mixed vegetables, cooked and drained or 2 cups fresh, chopped mixed vegetables, steamed

Heat oven to 350 F.

In large bowl, combine canned fish, spinach, 1 1/2 cups cheese, bread crumbs, eggs and lemon juice; blend well. In skillet, saute onion and parsley in olive oil until onion is translucent. Add to fish mixture. Spread mixture into well-oiled 8-inch springform pan and bake 30 minutes. Top with remaining cheese.

To serve, remove from pan. Place on serving platter

or low pedestal and arrange mixed vegetables on top.

Corn Muffins
3/4 cup milk
2 eggs
1/4 cup plain flour
1 1/4 cups cornmeal
1 tablespoon sugar
3 teaspoons baking powder

4 tablespoons softened butter

1/2 cup Jarlsberg Cheese, plus additional-cured ham, thinly sliced (optional)

Nut Pesto:
5 tablespoons olive oil

1 pack fresh, flat-leaf parsley
1 garlic clove
1/2 cup walnuts

1/4 cup cashews salt pepper

Heat oven to 375 F. Whisk together milk and eggs.

In separate bowl, mix flour, cornmeal, sugar, baking powder and butter. Add milk-egg mixture and stir. Spoon mixture into muffin cases.

Cut cheese into cubes and press down into mixture. Bake in center of oven about 15 minutes.

To make Nut Pesto: In blender or using hand blender, combine olive oil, parsley, garlic, walnuts, cashews, salt and pepper. Pulse or blend until coarsely chopped.

Serve corn muffins with additional cheese, Nut

Pesto and thin slices of cured ham, if desired.

Notes: If possible, use stiff paper cups, so muffins stand up better. Cornbread can also be baked in large, round baking pan, about 20 centimeters in diameter; adjust baking time as needed until done.

Puff Pastry Swirls
4 ready-rolled puff pastry sheets

1 1/4 cups grated Jarlsberg Cheese

2 sprigs fresh rosemary, chopped Pepper

Heat oven to 375 F.

On lightly floured work surface using rolling pin, roll out pastry sheets into rectangles about 20-by-10 centimeters each. Mix cheese, rosemary and pepper. Spread mixture over puff pastry sheets.

Roll up each pastry rectangle from short end. Press edges firmly together to seal roll. Slice each roll into 3-centimeter thick slices. Place face-down on baking sheet and bake about 15-20 minutes.

Note: To allow pastry swirls to rise more, don't roll out pastry with rolling pin. Notes: If possible, use stiff paper cups, so muffins stand up better. Cornbread can also be baked in large, round baking pan, about 20 centimeters in diameter; adjust baking time as needed until done. (Family Features) #14137 Source: Jarlsberg

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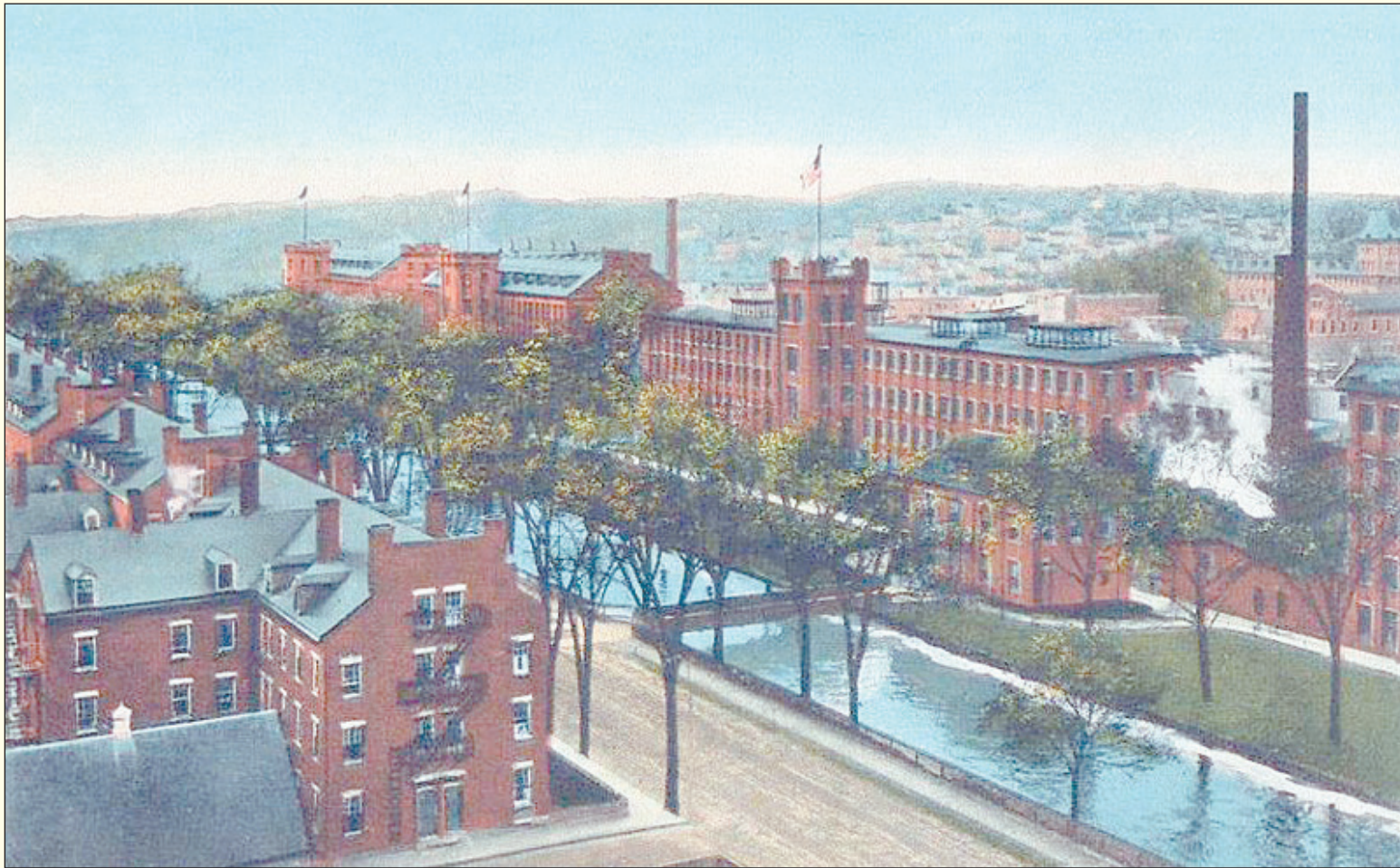


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City of Lewiston acquires canal system



This postcard provides a birds-eye view of what the canal system looked like around 1915.

The City of Lewiston and Brookfield Renewable have completed the steps required to finalize Brookfield Renewable's donation of the Lewiston Canal System to the city. This culminates Lewiston's decade-long effort to obtain ownership of the canals, with the goal of eventually returning them to the gracious, tree-lined waterways that were once an attractive amenity.

"This will sup-

port economic development efforts throughout our downtown, mill district, and riverfront by creating stronger and more inviting connections between key destinations," said Mayor Shane Bouchard. "It will create an environment that will invite residents and visitors to experience our unique, natural, and historic offerings."

"This has been a collaborative effort," said Tom Uncher, Brookfield Renewable's Vice President of Operations. "It is important to us that we

be actively engaged in the communities where we operate and that our employees call home. Lewiston will now have the ability to highlight such an important part of the region's history. We look forward to seeing how this plays a role in the city's overall economic growth and development."

The canal system has played an integral role in Lewiston's history. Largely constructed by Irish immigrants, it spurred the development of the city's industrial economy, enticing thousands of French

Canadians to migrate here to work in the huge mills that it powered.

Initial negotiations to acquire the canals began under prior ownership. Those negotiations were never finalized. Brookfield Renewable acquired the system in

2013, allowing the negotiations to begin anew. Since 2014, the city and Brookfield Renewable have worked cooperatively to complete the due diligence and regulatory steps required to allow the transfer of ownership to take place.

In 2016, the parties reached an agreement, in which Brookfield Renewable would make certain repairs and improvements to the system; ensure that the city would retain all existing water rights - and be allowed to use the water for purposes other than power generation; and donate the canals to the city, subject to their removal from Brookfield Renewable's Federal Energy Regulatory (FERC) permit. All of these conditions have been met, and the donation was completed on March 22.

"I would like to express my appreciation to the representatives of Brookfield Renewable who have been involved in this process," said City Administrator Ed Barrett. "They have been forthright, fully cooperated in sharing information, and have shown patience as the city investigated its option and worked through the public process. They have shown themselves to be valued corporate citizens."

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TWIN CITY NIGHTS

Weekly Arts & Entertainment

Franco Center plans Adult Prom Night



Among the evening's highlights will be a dance contest and the coronation of the Prom King and Queen.

The Gendron Franco Center in Lewiston will present its third annual Adult Prom Night ("Just like high school... only better") on Saturday, April 7 at 7 p.m. The host for this evening of fun will be the principal of the fictitious L/A High School, who encourages those at-

tending to "Get dressed up for a prom night celebration loaded with lots of laughter, great food, music from across the decades, the 'prom punch' you always dreamed of, chaperons, and many other surprises!"

The theme for this year's event is "Vegas... what happens at prom stays

at prom!" Guests are encouraged to come in prom attire, Las Vegas attire, or both. A photo booth will be available to capture the occasion. The evening will also include a dance contest and the coronation of the Prom King and Queen.

The doors and bar will open at 6:30 p.m. A buffet dinner prepared by the Franco Center staff will be served from 7:30 to 8:30 p.m. After that, guests will dance to tunes from across the second half of the 20th century until 11:30 p.m. Returning this year to play "Wolfman Jack" will be D.J. Eric Lunt of Big Entertainment.

Tickets are \$40 and include dinner, dancing, entertainment, and on-site parking at the Continental. See Franco, page 12

Sol y Canto members perform at Bates this weekend



Rosi and Brian Amador will be joined on stage by their daughter Alisa, a member of the Class of 2018.

Puerto Rican-Argentine singer and percussionist Rosi Amador and New Mexican guitarist-composer Brian Amador - members of the Boston Music Award-winning pan-Latin musical ensemble Sol y Canto - will

perform at Bates College on Saturday, March 31 at 7:30 p.m. For the event, the Amadors will be joined on stage by their daughter, Alisa, a member of the Bates College Class of 2018.

The concert will

take place in the college's Olin Arts Center Concert Hall at 75 Russell Street in Lewiston. Admission is \$15. For more information, call 786-6135 or email olinarts@bates.edu. To buy tickets, see batesconcerts.eventbrite.com.

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Spider-Man, Advocates for Children team up for Child Abuse and Neglect Prevention Month

Advocates for Children of Lewiston will observe National Child Abuse and Neglect Prevention Month in April with a variety of activities, including a Superhero Saturday on April 14 from 10 a.m. to 2 p.m. at Norway Savings Bank Arena in Auburn. Featuring the "real" Spider-Man, the event will help raise awareness, celebrate the

community's efforts toward child abuse prevention, and raise funds to support the agency's family support programs.

In addition to Spider-Man, who will speak about child safety and recruiting new "Junior Super Heroes," a variety of real-life heroes, including police officers, firemen, and teachers, will participate in

engaging activities with the children. This will provide them with an opportunity to tell kids about their own "super powers" and how they help keep our communities safe, healthy, and thriving.

Presented by Maple Way Dental, this year's event takes place at a new venue to accommodate more people and activities. Kids See Children, page 12



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APL presents "Geology of a Volcanic Island"

Auburn Public Library will host a program by Doug Rogers called "Geology of a Volcanic Island" on Thursday, April 5 at 6:30 p.m. in the library's Androscoggin Room. Rogers, who will bring several specimens to display, will describe his experiences on Ascension Island, a tiny volcanic outpost of empire in the tropical

mid-Atlantic.

A scrap of British territory halfway between Brazil and Africa, Ascension Island is a place of enduring oddity. Not only can it be hot and cold at the same time, but officially, nobody is from there. The UK government denies the right of abode, turning Ascension's 800 or so British

citizens - some of whom have lived on the island for decades - into temporary visitors. To enter, you must get written permission from the Queen's representative, known rather chillingly as the Administrator. This virtual trip to an inspiring landscape is free and open to the public; no permission required.

Curious Minds kicks off with "Travels in New Zealand and Australia"



On his trip, retired Lewiston teacher Mike Parker visited natural wonders, botanical gardens, and zoos.

Auburn Public Library and Lewiston-Auburn Senior College will launch their Curious Minds Lecture

Series on Tuesday, April 3 at 2 p.m., when retired Lewiston teacher Mike Parker visits to present "Travels in New Zealand and Australia."

Last February, Parker traveled to New Zealand to spend a month with his son. A nature and art lover, he visited several natural wonders, including geysers and geo-thermal regions, as well as zoos, and botanical gardens. His itinerary included Auckland, Rangitoto Island, the Cormandel Peninsula, and a four-day jaunt to Australia to see the Great Barrier Reef and the Steve Irwin Zoo.

A graduate of the University of Maine at Farm-

ington, Parker taught in the Lewiston school system for 42 years. He has been active in the community as a member of the Lewiston-Auburn Jaycees, a volunteer and donor with the Red Cross, a Merit Badge Counselor with the Boy Scouts, and a member of Court Street Baptist Church.

Jointly presented by the library and Lewiston-Auburn Senior College, the Curious Minds Lecture Series presents speakers on a wide variety of topics. The programs are free and open to the public. More information about L/A Senior College is available at the programs and at <https://usm.maine.edu/seniorcollege>.

Textile historian to discuss WWI dye shortage tonight at State Library



Maine soldiers who mobilized during World War I included two units bound for Texas, pictured here on parade in Bangor on June 22, 1916. (Photo courtesy of the Maine Historic Preservation Commission)

Textile and dress historian Jacqueline Field will present the third lecture in the March Collaborative Encounters series on Thursday, March 29 at 6 p.m. Free and open to the public, the event will take place at the Maine State Library in Augusta.

In her presentation, "The WWI Dye Shortage: Color, Clothes, and Chemistry," Field will address the little remembered wartime dye and chemical famine caused by the British blockade of German ports. She will discuss the United

States' dependence on German dyes and chemicals, survival strategies adopted by the print, textile, and clothing industries after supplies were cut off, and the scramble to develop a domestic dye industry. The museum's new exhibition, "Over There and Down Home: Mainers and World War I," will be open to the public free of charge prior to Field's talk, from 5 to 5:30 p.m.

The March Collaborative Encounters series is jointly sponsored by the Maine State Library, Maine State Museum, and Maine State Archives. The final presentation in the series will be "Maine and World War I," a lecture and book signing by Jason Libby and Earle G. Shettleworth, Jr. on Thursday, April 12 at 6 p.m.

The Maine State Li- See WWI, page 12

Twin City Nights

Friends of the Cobbossee offer Spring Nature Day Camp



Open to kids in Grades 3 through 5, the camp offers a mix of fun indoor and outdoor activities focusing on the natural world.

The Friends of the Cobbossee Watershed will present their 12th annual Spring Nature Day Camp

during April vacation week. Two two-day sessions will be offered at the YMCA Camp of Maine on Cob-

bossee Lake in East Winthrop. The camp is open to children in Grades 3 through 5.

The sessions will take place on Tuesday and Wednesday, April 17 and 18; and Thursday and Friday, April 19 and 20. Both sessions will run from 9 a.m. to 3 p.m. each day and will include a mix of fun indoor and outdoor activities focusing on the natural world. These will include fishing, hiking, geocaching, and exploring pond, stream, and forest habitats.

Camp registration for each session is \$90 and includes the use of all equipment and a daily afternoon snack. Limited scholarships are available. Space is limited, so early registration is recommended. Registration forms can be downloaded at www.watershedfriends.com.

For more information, contact Education & Outreach Director Cami Wilbert at 621-4100 or camil@watershedfriends.com.

Paper Crafting and Scrapbooking Day

The Knights of Columbus Council 106 will present a Paper Crafting and Scrapbooking Day on Saturday, April 7 from 8 a.m. to 4 p.m. in the Holy Family Church Hall on Sabattus Street in Lewiston. Independent

Stampin' Up! demonstrator Corinne Saindon will lead the group in two make-and-takes. There will also be snacks and drawings. Beverages will be provided, but everyone must bring their own lunch. Please park and

enter at the rear of the church. The cost is \$30 in advance or \$35 at the door. Proceeds will benefit Coats for Kids. All spots must be reserved by April 5. To register, call Corinne at 784-5307 or Leo at 784-0389.

Auburn Art Club Meeting

The Auburn Art Club will meet on Monday, April 2 at 2 p.m. at the United Methodist Church on Park Avenue in Auburn. The speakers will be sisters Shelley Lance-Fulk and Jacklyn Amtower, who have traveled and photographed wildlife in Maine and around the world since

their teens.

While Lance-Fulk and Amtower make their homes in Beaver Cove, a small rural community a few miles north of Greenville, their travels have taken them to 75 countries on all seven continents. At the meeting, they will recount experiences of adventure,

enlightenment, and animal encounters through stories and accompanying photographs.

The chairperson for this meeting will be Jill Jones. She will be assisted by committee members Lorraine Desjardin, Genevieve Dussault, Barbara Johnson, Melanie Ness, and Rachel Robinov.

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Twin City Nights

Concerts for a Cause presents Heather Masse and Jed Wilson



Known to audiences as a regular guest on the NPR radio show "A Prairie Home Companion," this Maine native is a member of the Billboard-charting folk supergroup the Waylin' Jennys.

The UUCB Concerts for a Cause series will present Heather Masse and Jed Wilson on Saturday, March 31 at 7:30 p.m. at the Unitarian Universalist Church at 1 Middle Street in Brunswick.

Maine native Heather Masse is well-known to audiences as a regular guest on the NPR radio show "A Prairie Home Companion," both as a solo performer and as a member of the Billboard-charting folk super group the Waylin' Jennys. On the show, Masse has performed with such artists as Elvis Costello, Wynton Marsalis, Sheryl Crow, Renee Fleming, and Emmylou Harris. She has also performed in many venues and with other popular groups, such as the bluegrass band the Wayfaring Strangers on NPR's World Cafe and

Franco

Continued from page 10

Mill. Reserved seats remain, but booking ahead is advised. To reserve individual seats or tables for larger parties, call 783-1585 or visit francocenter.org.

This event is sponsored in part by Ann's Flower Shop and Photo Finish. Those attending may call Ann's at 782-3457 to order corsages and boutonnieres and have them held at will-call for the event.

at Boston's Symphony Hall with the Boston Pops.

For this concert, she will be accompanied by jazz pianist Jed Wilson. The duo, who met as jazz students at the New England Conservatory of Music, have performed together for more than 10 years. Masse's background is steeped in the jazz tradition, which informs her distinct approach to singing folk, pop, and bluegrass.

In 2008, Masse released "Many Moons," an EP of jazz-inspired folk duets, with Wilson, who also played on her first full-length solo album, "Bird Song." Released by Red House Records, the latter album showcased her alto voice and strong songwriting skills, and the title track took first prize at the

International Acoustic Music Awards. In 2012, she also won a prestigious Juno Award for "Bright Morning Stars," her latest recording with the Wailin' Jennys.

A reviewer for Jazz Times has written: "Masse exhibits impeccable phrasing and a lush sound that suggests the sensuousness of Sophie Milman, shot through with somber Sarah Vaughan threads."

Proceeds from Concerts for a Cause support church programming and local charities. Tickets are \$15 in advance, \$18 at the door, or \$10 for students and children. They may be purchased at the church office (729-8515), at Gulf of Maine Books in Brunswick, or online at <https://heather.brownpapertickets.com>.

Androscoggin Fallen Angels return to track

The Androscoggin Fallen Angels Roller Derby League will celebrate its third anniversary on Saturday, March 31 with a Slamiversary Double Header at the Lewiston Armory. At 5:30 p.m., the AFA's Inferno will take on Central Maine Derby's Northwoods Knockouts. This will be followed by a men's bout at 7:30 p.m., when Portland's Casco Bay Roller Derby welcomes the Massachusetts Maelstrom.

Tickets are \$8 for adults and \$5 for seniors and kids ages 6-17. Admission is free for kids under 5. A special family pack admits up to

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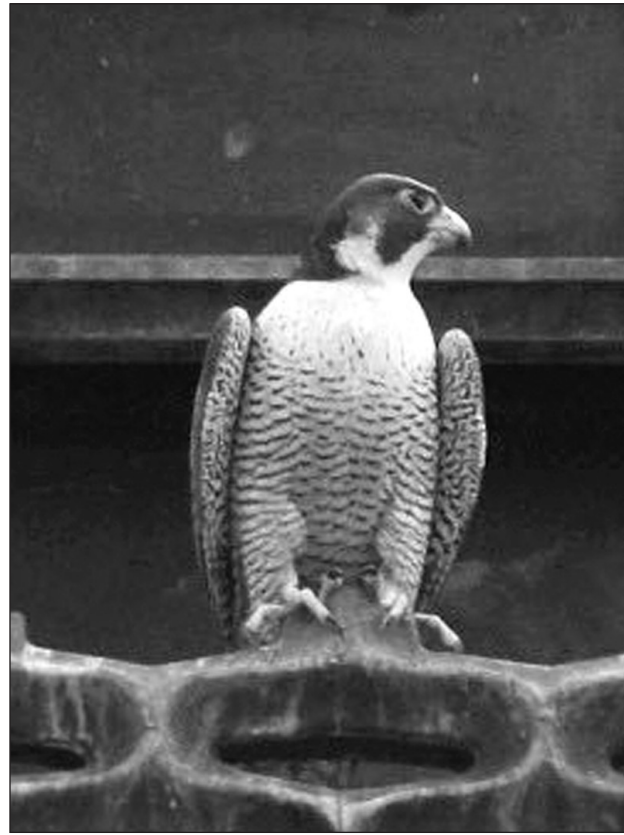
brary, Museum, and Archives are all located in the Cultural Building, adjacent to the Maine State House, at 230 State Street in Augusta. For more information, call 287-2301 or see www.mainestatemuseum.org.

two adults and an unlimited number of children for \$20. Doors open at 5 p.m.

Roller derby is a fast-paced, full-contact sport where two teams of five - four blockers and one jammer - compete to score the most points. The jammer scores points by breaking through and lapping the opposing team's blockers, while blockers try to prevent the opposing team's jammer from skating past.

The Androscoggin Fallen Angels Roller Derby League is a member-owned and run amateur athletic organization founded in 2015. Based in Lewiston, AFA is part of the Women's Flat Track Derby Association (WFTDA). While the number fluctuates, AFA currently has over 50 diverse league members, including skaters, trainers, and volunteers, both women and men, between the ages of 18 and 99. For more information on the Androscoggin Fallen Angels, visit www.afarollerderby.com.

Stanton Bird Club plans April bird walks



A Peregrine Falcon perched on the Franco Center in Lewiston. Nearly wiped out by DDT, Peregrines have made a strong comeback and are found on tall buildings and cliffs. This falcon can often be seen on the steeple of the former St. Mary's Church. (Photo by Dan Marquis)

The Stanton Bird Club of Lewiston and Auburn will hold a monthly meeting and offer two bird walks during the month of April. Both the meeting and walks are free and open to all.

At the meeting, Maine Audubon Director of Development Bryce Hach will discuss the ecological significance of vernal pools to the amphibians of Maine. The event will take place on Monday, April 2 at 6:30 p.m. in Room 285 at USM's Lewiston-Auburn College, located at 55 Westminster Street in Lewiston.

Hach grew up in Colorado, where almost from birth he showed enthusiasm for reptiles and amphibians and their conservation. He became a science teacher and, eventually, a national leader in high school chemistry education. In addition to working for Maine Audubon, he teaches a graduate course in nonprofit and public management at USM's Muskie School of Public Policy and is a graduate and active member of the Maine Naturalist Program.

The first field trip on Saturday, April 21 will be "Birding on the Riverwalk

and Downtown Lewiston." The group will meet for carpooling at 8:30 a.m. at the Staples end of the Promenade Mall parking lot, across from Marquis Signs. Led by trip leader Dan Marquis, participants will search for ducks, gulls, local song birds, and possibly a hawk, peregrine, or eagle. An assortment of hawks, such as the Red-shouldered Hawk and Cooper's Hawk, may return by this date. The trip will return to the Promenade Mall by about 11 a.m. For more information, call 513-8213.

The second field trip on Tuesday, April 24 will be the first of five scheduled early morning walks in the Bates College area of Lewiston. Meeting on Tuesday mornings at 6 a.m., these walks offer a great way to see returning song birds, including many warblers. The walks begin at the front of Hathorn Hall on the Bates College campus and go past Mt. David to Riverside Cemetery, then down to the river. They then return by circling Lake Andrew. Frequently sited birds include Mallard ducklings, Red-winged Blackbirds, and sometimes an Osprey diving for fish. The trips generally return by 8:30 a.m. The leaders for the Lewiston walks will include Judy Marden, Doug Boyd, and Steve Reed. For more

information, call Reed at 319-6630.

During the latter part of April and throughout May, each week finds a greater variety of birds returning for the season, making early morning walks potentially full of exciting discoveries. For this first walk, some newly returned birds that participants might see are Eastern Bluebirds, Tree Swallows, Yellow-rumped Warblers, Song Sparrows, and Eastern Phoebe.

The Stanton Bird Club manages the Thorncrag Nature Sanctuary in Lewiston and the Woodbury Nature Sanctuary in Monmouth and Litchfield. For more information, including upcoming events and results and photos from various trips, find them on Facebook or see www.StantonBirdClub.org.

Children

Continued from page 10

are invited to dress as their favorite superhero, ice skate if they want to, and participate in a scavenger hunt for a chance to win prizes. Admission for everyone over the age of one is \$8 at the door. All proceeds will benefit the prevention and education programs of Advocates for Children.

In addition to Superhero Saturday, AFC will promote National Child Abuse and Neglect Prevention Month by planting pinwheels on Main Street in Lewiston on April 2. Blue pinwheels are the national symbol for the great childhoods all children deserve. April 6 is Wear Blue Day, and AFC encourages everyone to show their support by participating and wearing blue.

Special guests will make appearances in April's scheduled parent-child playgroups, and baskets of pinwheels and whoopie pies will be delivered to area agencies and organizations that support AFC in its mission to ensure that all families in Androscoggin County are healthy, happy, and safe.

Located in Lewiston, Advocates for Children is a community-based organization that offers programs, resources, and support to strengthen families in Androscoggin County. AFC is a designated Child Abuse and Neglect Prevention Council and a provider of the Maine Families Home Visiting Program. For more information, see www.advocatesforchildren.net.

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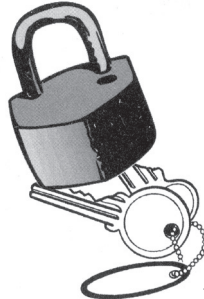
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