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POSTAL PATRON

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Mills Day in Cherokee

CHEROKEE—The town of Cherokee has designated Friday, April 6 as coach Bud Mills Day in honor of the long-time Hall of Fame football coach. All former players, coaches,

friends, and their families are invited to attend a meet and greet event in the high school cafeteria that evening. The program begins at 5:30pm. There is no admission charge.

Coach Mills won 152 games in his football coaching career. He also coached baseball and basketball. Mills is a member of the Alabama High School Sports Hall of Fame and Colbert County Sports Hall of Fame.

Architecture Walk Theme

FLORENCE—Local architecture is April's theme for the Florence's Bicentennial. Therefore, it is appropriate that the April's Bicentennial events will consist of a series of Walking Tours.

The first tour will take place Saturday, April 7, and will feature Wilson Park and the surrounding buildings.

A walking tour of upper North Court Street and North Seminary Street will follow on Saturday, April 14. A tour of Walnut Street will take place on Saturday, April 21 and a tour of the Florence Cemetery will take place Saturday, April 28. Each tour will start at 10am.

April will also feature Sunday tours of the Rosenbaum House. Those will occur April 8, at 2pm, April 15, at 1:30pm, and April 22, at 2pm.

Colbert Towns Host Walks

SHEFFIELD/TUSCUMBIA—Participants in an upcoming series of walking tours can celebrate Alabama's Bicentennial as they explore the history of Sheffield and Tuscumbia. The tours begin Saturday, April 7 and will continue April 14, 21, and 28. Each of the hour-long tours will start at 10am.

The Tuscumbia tours begin outside Cold Water Bookstore, 101 W. Sixth St. The Sheffield tours begin at the Municipal

See SHORTS... on Page 2



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THE VALUE IN TEACHER Training

CENTER STAR—Career training options have increased this school year with a new Teaching & Training program at Allen Thornton Career Technical Center. The program is designed for sophomore, juniors, and seniors in the Lauderdale County School System who are interested in the field of education. The program prepares students with skills such as communication, professionalism, planning, teamwork, and many, many more through coursework aligned with teacher education programs throughout the state. Teaching & Training is a two-year program where level one students visit classrooms one day per week to participate in field experience. Level two students complete their course work in the

program with an internship in a Lauderdale County schools classroom. Teachers in the system have been very open and willing to support the program, as they understand the advantage these students will have upon applying for a teacher education program. Caitlyn Conner, Brooks High School



Students Katelyn Pettyjohn, left, and Sydney Holt participate in an activity to reinforce Alabama Quality Teaching Standards. Courtesy Photos

See TRAINING... on Page 6

ORAL CANCER: Early Detection Will Save Lives

by Michelle Ward
FLORENCE — In honor of Oral Cancer Awareness Month, Signature Smile of Florence will be offering free oral cancer screenings throughout April. Oral cancer is not a rare

disease. Approximately 49,750 people will be diagnosed with oral cancer every year in the US. It kills one person every hour of every day, and approximately 132 new individuals will be diagnosed with it each day. The good news is that it can often be

found early in its development through a simple, painless, and quick screening.
Who should get screened?
Every adult. Oral cancer can

See CANCER...on Page 13



Nutrien's Local Investment

FLORENCE—Nutrien (formerly Agrium) recently presented The Helping Hands Association with a check for \$10,000 in support of a health and wellness initiative within the area schools. Helping Hands is a non-profit organization that distributes funds to area organizations. This contribution will be used to ensure all public schools are stocked with important health and

See NUTRIEN... on Page 6

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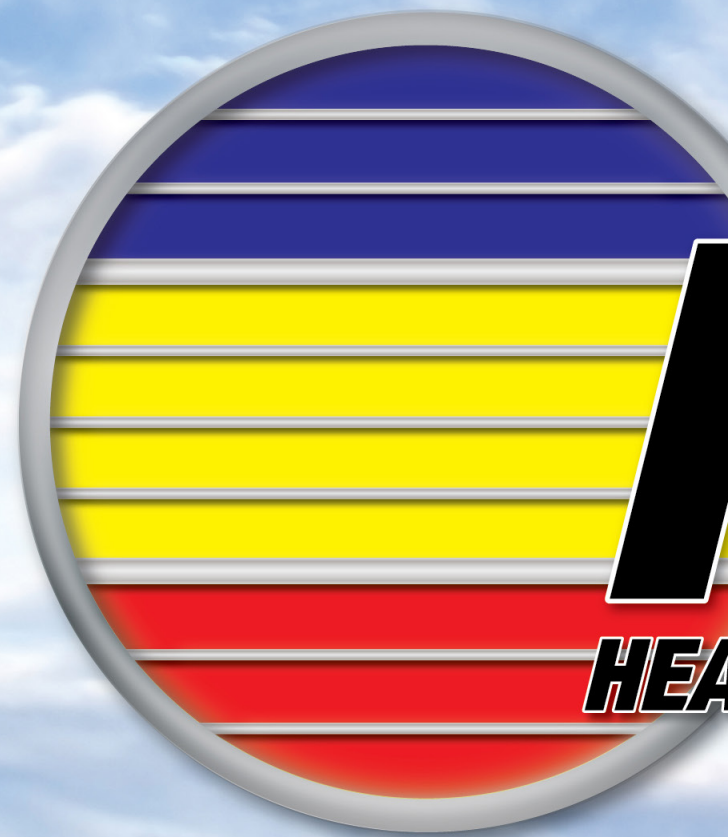
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Colbert Towns Host Walks

Continued from Page 1

Building, 600 N. Montgomery Ave. The tours will be led by local historians. "This year's tour focus will be on the early settlers of the area, what caused

them to locate here and what kept them here, said **Susann Hamlin**, President of the Colbert County Tourism and Convention Bureau.

"In Tuscumbia, the first citizens include the Native Americans who were living here when the first white family, the Dickson's, arrived. Most of the area's early settlers were claiming their bounty from the various wars and some settled here while others built plantations here but moved on further west as other lands opened up for settlement," Hamlin added.

Sheffield was founded in the 1880s, so most of the people talked about on the Sheffield tour will be from a totally different generation. However, **Andrew Jackson** first named, present-day Sheffield, "York Bluff" and a town was laid out before 1820. Jackson (himself) also owned property in York Bluff, including a home near the Winston Cemetery in today's Sheffield.

The Tuscumbia tours are organized by Colbert County Tourism. The Sheffield tours are organized by the Historic Sheffield Commission. **Jimmy Austin**, who will lead the Sheffield tours, said the walks provide an opportunity to learn about early residents of the city.

The walking tours are a part of a state initiative and take place across the state in various communities. The program has been going on for about a decade throughout Alabama.

theme emphasizes the importance of inclusion in victim services and addresses how the crime victims field can better ensure that every crime victim has access to services and support and how professionals, organizations, and communities can work in tandem to reach all victims.

Victims of Crime and Leniency (VOCAL) will host its annual Candlelight Vigil Tuesday April 10 at 7pm at Wilson Park in downtown Florence. The rain site will be Florence Baptist Church at 2235 N. Wood Avenue in Florence. The Keynote Speaker will be Alabama Attorney General **Steve Marshall**. Lauderdale County DA, **Chris Connolly**, and retired Judge, **Mike Jones**,

will participate. The Cramer Center, Safeplace, the Healing Place, One Place of the Shoals, along with VOCAL members will be present. The community is also invited.

White Crosses of crime victims will be displayed in front of Lauderdale County Courthouse for the week.

Play Premier is April 13 and 14

LEXINGTON—Holman Productions presents the premier of the award-winning comedy, *Three Margarets and a Grace* on Friday, April 13 and Saturday, April 14 at the Family Theater at 11080 Hwy. 101 in Lexington.

Curtain time is at 7pm each night. Tickets are

See SHORTS... on Page 27




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VOCAL Vigil on April 10

FLORENCE—National Crime Victims' Rights Week is April 8-14. *Expand the Circle: Reach All Victims* is the 2018 theme. The



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TUSCUMBIA: INSIDE YARD SALE, Littleville Senior Center, 1400 Jackson Hwy., (Behind the Fire Dept.) Fri. and Sat., April 6th and 7th, 7 am-4 pm.

FLORENCE: 115 NORMANDY DRIVE 4 FAMILY YARD SALE Fri., April 6th: 8-4 and Sat., April 7th: 8-4.

MUSCLE SHOALS: CHAPPELL ROAD / Wynchase Drive Sat. 6:00 AM - , April 7th - Wynchase Neighborhood Yard Sale!

TUSCUMBIA: MOVING SALE, 1007 Spencer Way, Sat. April 7, 7 am - 1 pm, Vintage dishes, collectibles, home and Christmas decor, tools, toys, books, DVDs, lots of good stuff!

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Animals Representing Nations In The Bible

Today most major players on the world scene have animals that represent their nations. It certainly is biblically challenging in "the last days" we are living, to interpret who these players are as end times unfold. A word search on "the last days" and "nations" in the Bible reveal some interesting things. God identifies nations as animals several times throughout scripture. God compares individuals to animals such as Herod. (That fox). See Luke 13:32 & Job 11:12. And dogs. (Gentiles) See Mark 7:37. And pigs. See Matthew 7:6. Again in **2 Peter 2:22** "But it is happened unto them (people) according to the true proverb. The dog is turned to his own vomit again; and the sow that was washed to her wallowing in the mire." Now back to the nations. In **Daniel 7:3** "And four great beasts came up from the sea, diverse one from another." Explained in **Daniel 7:17** "These great beasts, which are four, are four kings, which shall arise out of the earth." **Daniel 12:9** "And he said, Go thy way, Daniel: for the words are closed up and sealed till the time of the end." End times are here.

The four beasts in our text are Daniel 7:4: #1. A lion, Persia (Iran), a type of England. #2. Daniel 7:5: A bear. Greece, a type of Russia. #3. Daniel 7:6. A Leopard. Integrated beast, with four heads was ancient Rome with the four heads, (world influence), typifying America. 4. Daniel 7:7. Fourth beast, dreadful, terrible, and strong, with great iron teeth, and stamped the residue and had ten horns (ten kings) (see verse 24) and was diverse from all the other beasts, but a composite of the other three. AKA the U.N. See Zephaniah 3:8. Now turn to **Revelation 13:1-2** "And I stood upon the sand of the sea, and saw a beast rise up out of the sea, having seven heads and ten horns, and upon his horns ten crowns, and upon his heads the name of blasphemy. And the beast which I saw was like unto a leopard (America) (integrated), and his feet were as the feet of a bear (Russia) (walked Socialist), and his mouth as the mouth of a lion (England) (spoke English): and the dragon (Satan) gave him his power, and his seat, and great authority." Parentheses are mine. Rome is in power at first and second advent. Study this and Revelation 17.

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- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St., Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list.

Spring Revival at Leighton Baptist Church, 2630 College St., Leighton, April 1-4. Bro. Bob Pitman will be our guest speaker. Sunday Morning at 10am, Sunday evening at 6pm, and Monday-Wednesday evenings at 6:30pm. Bro. Mark Mayfield, Pastor.

The 11th Annual Shoals Earth Day Fest for 2018 takes place on Saturday, April 7, from 11am-6pm in downtown Tusculumbia. Family-friendly activities are highlighted, including a children's activity tent, eco-entertainer Steve Trash, all-day live music, art and crafts vendors, food, juggling, recycling drop off, pet adoption, and earth-friendly booths with information on solar energy, organic gardening, and much more!

Rain location is the Roundhouse in Tusculumbia.

For more information to participate or sponsor, please call 256-767-2909 or visit www.ShoalsEarthMonth.com for continuing updates.

The "Hi Neighbors of the Shoals" meeting will be Tuesday, April 3 at 10am at the Florence Public Library. This group welcomes all newcomers to the Shoals area. Contact Janice Hilborn, 256-415-8512 for further information.

In honor of National Poetry Month in April, the Florence-Lauderdale Public Library will be hosting a poetry reading with UNA professor Jason McCall on Wednesday, April 4, 6pm. McCall is a poet and UNA Assistant Professor of English. He will perform a reading and discussion his new poetry collection Two-Face God. The hard truth of Jason McCall's Two-Face God is this: there is no space in this world without duality, without the glossy surface and the hidden darkness, that always pushes through and must be reckoned with. From love, to history, to memory, to race, these poems probe this duality. For more information, call 256-764-6564, ext. 128.

The Day By Day support group meeting Sunday, April 8, 2pm at Woodmont Baptist Church East Campus, Florence. Anyone who has lost a child is welcome.

Coupon Clipping Class presented by Alpha Kappa Alpha Sorority, Inc. Kappa Phi Omega Chapter, on Saturday, April 7 at 2pm at Helen Keller Library. Want to learn how to save money every trip to the grocery store? Then come out and join Kappa Phi Omega during our couponing class.

LifeSouth Community Blood Drives for March - Keller Center - Monday thru Friday 9am - 5pm, 1208 South Jackson Highway, Sheffield - 256-383-3535. ECM Center - Monday thru Friday 9am - 5pm, 205 Marengo St., Florence, 256-765-7038

Florence Kiwanis Club Meets Fridays noon at Marriott Shoals Conference Center, 10 Hightower Place, Florence April Speakers April 6 - Roy Nagle, Publicity Chairman, Muscle Shoals Amateur Radio Club - Discussion of the Club Activities in the Shoals. April 13 - Steve Holt, Mayor, City of Florence - Discussion of City Growth and 200 years as a City.

A grief support group entitled, "Getting Well Together" will meet at Shoney's in Muscle Shoals at 10am on the second Thursday of each month. This free support group is for anyone who would like to attend. This event is provided by Kindred Hospice of Florence. For more information, call 256-764-0873.

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GARDEN TILLING, BUSH-HOGGING, PASTURE Seeding, **NO JOB TOO SMALL**, free estimates. Colbert and Lauderdale Counties. 256-627-7551

FENCES & DECKS: We Build, years of experience. Call for bids. Greg 256-335-7663

SIMPLE LAWN CARE CO. Grass cutting service. 256-702-9568

MANSELL ROOFING, **DISCOUNTS TO** Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

RICKYSDRYWALL.COM **HANG, FINISH, TEXTURE**, painting. New construction, remodels, additions, repairs. Free estimates. Drug free, dependable, over 25 years experience. Call 256-412-3334.

PET CARE ITEMS LOTS of items \$75 for all, leave message 256-217-0434.

FORD: FUSION SE, 2015 \$11,988. 88k. Cloth, automatic. Financing available. Call Hoke 256-740-1297 or 256-764-3351.

FORD: ESCAPE, 2011 \$6,800. power steering, automatic transmission, power windows/locks, AM/FM/CD player, AC works in the car. More info call or text 256-566-2669

REASONABLE TREE SERVICE. Tree cutting, trimming, stump removal, free estimates, owner Gilbert Barga 256-314-1009 or 256-366-3539.

T & G Auto Sales

Florence - 256-757-8844

Muscle Shoals - 256-381-8133

2008 Dodge
Ram 1500
97k miles

2014 Dodge
Avenger
94k miles



tandgautosales.net

189514-1

The City of Florence Department of Planning and Community Development will be hosting a Citizen Participation Session to allow residents of the City of Florence to partake in our Annual Public Input Session and visit with the 2017-2018 Public Service agencies. The Community Development Program provides funding for valuable public services that assist low to moderate income individuals; residential rehabilitation that assists qualified homeowners with emergency repairs; spot blight removal of dilapidated property; and infrastructure projects in eligible areas. Your input on projects that you feel are important to your City is vital to our program. Please drop by with your ideas and concerns at the following locations:

Handy Recreation Center
April 4th from 9:00am - 2:00pm

Comments may also be submitted in writing to
**Florence Department of Planning
and Community Development**
P.O. 98, Florence, AL 35631

189475-1

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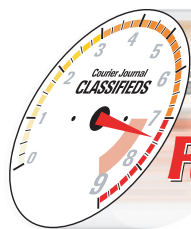
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189505-1

Courier Journal

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Office

OFFICE — Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

TNValleyStuff.com

As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at TNValleyStuff.com. This provides even greater impact than the 70,000 home circulation which the Courier Journal reaches every week.

- **Private Party Rate** 3 LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.25 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4⁵⁰** Week
- **Commercial Rate** 4 LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.25 CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50 **\$7⁰⁰** Week
- **Yard Sales** 5 LINES Prepay Each additional line - \$1.25 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$11⁰⁰** Week
- **Employment** 5 LINES Prepay Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$12⁵⁰** Week
- **Private Party Auto Rate** Up to 8 LINES for 4 weeks. Prepay Each additional line - \$2.00 **\$15⁰⁰** Week

*one line is approx. 30 characters

Name _____
 Address _____
 City _____ State _____ Phone _____

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

YES! RED LINE MY AD! PLEASE CHECK THE BOX

RED LINE: Add \$3 per ad per week. Buy 5 weeks of RED LINE, get the 6th free (\$15 plus cost of ads). Only the top line of each classified ad can be red, 24 characters and spaces MAX. - 20 characters & spaces MAX for Real Estate ads.

MAILING ADDRESS:

Courier Journal, 219 W. Tennessee St., Florence, AL 35630

Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting
Questions? Call our office at 256-764-4268.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card.
 Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE: Friday 5pm

Training...

Continued from Page 1

senior stated, "Getting to go in the classrooms and seeing the many different teaching techniques each teacher has is amazing!" Autumn McGee, Lexington High School senior said, "My favorite part about our Teaching & Training class is all the hands-on instruction we receive." The students participate in a variety of activities that help them better understand the content.

Praxis I Core is the career readiness indicator for the program. The Praxis I Core is now required by teacher education programs throughout the state for admittance. The high school students in Teaching & Training are given the opportunity to take the exam while in the program at ATCTC. Students are excited about this new program and its' great opportunities. Sydney Holt, Brooks High senior, said, "I think because of this program I will be better prepared in the future when I am a teacher. I am learning good classroom management skills from each teacher I observe." Laken



Sydney Holt and Caitlyn Conner, Brooks High School Seniors, with their cookies they decorated as a Halloween activity that was related to the development of fine-motor skills.

Cleveland, a Lexington High senior said, "I feel as though this class really prepares me for college and real-life situations in the classroom."

Officials at Allen Thornton are excited about the opportunities the students have received during this first year of the program.

For more information about CTE programs in Lauderdale County Schools, please contact CTE Counselor, Shelley Montgomery, at 256-757-2101.

Nutrien Helping...

Continued from Page 1

wellness supplies for students. According to Helping Hands President, Betty Burdine, this initiative will support nearly 13,000 public school students in the Lauderdale County and Florence City school system. It will provide items such as AED defibrillator supplies, updated hearing and vision screening equipment, bandages, dressings, and other items.

"The Helping Hands Association has been distributing funds to Shoals organizations for years. We are pleased to accept this generous contribution of \$10,000 from Nutrien," said Burdine. "Our Helping

Hands board has selected an idea presented by Brenda Stejskal to help support our Lauderdale County School and Florence City School campuses. We are thrilled to be a part of this opportunity to help our community and area schools."

"We are so pleased to be able to contribute to our local schools and children's health in this very practical way," said JD Oliverius, Nutrien Plant Manager. "This is our first donation under the new company name, Nutrien. It's fantastic that it is for something that benefits so many children in our community."

Courier Journal

Personnel

- EDITOR & PUBLISHER**
Thomas V. Magazzu
- ADVERTISING EXECUTIVES**
Sadonna B. Magazzu
Judy Cox
Gregg Scott
Heather Ridinger
- GRAPHIC COORDINATORS**
Russell Roden
Jim Allen
Andrea L. Gray
Gwyn Jones
- OFFICE STAFF/CLASSIFIED**
Janie Brasfield
- CIRCULATION**
John Steele

OFFICE HOURS:
Monday - Friday
8:00am - 5:00pm

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219 W. Tennessee St.

Florence, AL 35630
 256-764-4268
 Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 70,454 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.
 Florence, AL 35630
 or email to:
editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

BARRED ROCK / RIR Cross Roosters for sale, 8 months, \$5 each. Union Grove, 256-498-0617.

LAWN CARE, BUSHES TRIMMED, Mulch, Free Estimates, Senior Discounts, Experienced; Reliable! **256-443-1381**

CHEVROLET: CORVETTE, 2005 \$17,900, 2nd owner, 115,000 miles, new tires, new Flomaster exhaust, \$17,900. 256-686-4705

ADAYS WORK MOBILE HOME repair, flooring, leaks, Koolseal, underpinning, decks & more. Free estimates. 256-856-6213, 256-389-3179

RICK'S STUMP GRINDING

Low prices and Free estimates, 256-740-2363 if no answer, leave message

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

VOLKSWAGEN: JETTA SE, 2014 \$9,988. 60k. Leather, auto. Financing available. Call Hoke 256-740-1297 or 256-764-3351.

Custom Orders are included in the SALE

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188918-1

DEADLINES: Issues Published Every Wednesday
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 DISPLAY ADS - 5 pm Thursday
 CLASSIFIED ADS - 5 pm Friday unless otherwise specified

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USDA **Sirloin Tip Roast**

\$2.99 Lb.

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\$6.99

Kellogg's **Frosted Flakes** 19 Oz., **Apple Jacks** 17 Oz.,
Corn Pops 17.2 Oz.
or **Froot Loops** 17 Oz.
\$3.19

Hellmann's Original **Mayonnaise**
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Charmin Ultra Soft **Tissue**
12 Double Rolls
\$5.99

Piggly Wiggly **Shredded Cheese**
2 Lbs.
\$5.99

Minute Maid Calcium, No
Or Some Pulp **Orange Juice** 52 oz.
2/\$5

Golden Flake **Chips** 5 Oz.

4/\$5

Mtn. Dew, Diet Pepsi Or
Pepsi 2 Liters

4/\$5

Mtn. Dew, Diet Pepsi Or
Pepsi 6 Pk. 1/2 L.

4/\$10

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Delicious Or Granny
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\$2.99 3 Lb. Bag

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2/\$3 9 Oz.

Russet
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Grape
Tomatoes

99¢ 4 Oz. Cup

ASK THE ATTORNEY



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

Q Should I give a statement to an insurance company after an accident? *Phil*

A The short answer is no. Unless your accident was one where you were stopped at a light and hit from the rear then please don't give a statement without talking to a personal injury lawyer. This is not a business that lends itself well to high volume. Any accident that involves speed, time and distance will be gotten wrong in a statement.

How far away from the other car were you when you first saw it? 75-feet.

How fast were you going? 45 miles-an-hour.

How long was it before you saw the other car before the impact?

There is no way that can be true. 45 mph is about 60 feet per second. If you saw the other car for 10 seconds, you traveled 600 feet. Two football fields. But you said they were 75 feet away. There is just no way to get it right unless you go to the scene with your lawyer and measure and pace and make sure that your answers are the truth.

Face facts, insurance companies do not want to pay claims. If they can dispute liability, you're in for a long ride. If they can't dispute liability, every single time they will dispute the extent or cause of your injuries. I have literally had insurance defense lawyers say that a meniscal tear to a knee is like "lopping off a mole" and that they could probably do it.

A vast majority of claims are valued by ICE (injury claims evaluator) or other computer driven claims programs. The insurance adjuster that you speak with doesn't have the authority to override the amount of money dictated by a computer. At the end of the day, personal injury law is personal to the individual who was injured. Don't give a statement unless and until you can do it accurately.

Buckle up, drive safely and as always your referrals are appreciated! 256-764-0112.

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: www.mhatty.com

facebook: McCutcheon and Hamner, P.C.

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.

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THANK YOU for reading the Courier Journal! TFN

TOYOTA: TACOMA, 1999 WHITE, one owner, 240,000 miles, automatic, air, \$3,800. 256-565-3411

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FORD: RANGER, 1997

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MITSUBISHI: MIRAGE ES, 2014. \$7,998. 34k. Cloth, auto. Financing available. Call Tony 931-213-1386 or 256-764-3351.

FORD: ESCAPE XLT, 2011 \$8,998. 81k. Sunroof, cloth, auto. Financing available. Call Eric 256-577-8449 or 256-764-3351.

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OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal. TFN

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April 18 - Harrison Chastain

April 25 - Larry Davenport

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189443-1

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Sewing Operators

Full-time, day shift, 7 a.m. - 4:30 p.m. Starting pay \$8.05/hour. Apply in person, Central Textil, 4700 Co. Rd. 81, Florence, AL between the hours of 8-4, Mon.-Fri. 256-766-3650, ext. 209.

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Call Swift Today! 855-292-2945

TIMES DAILY Part-time Production Worker

TimesDaily has an opening for entry level positions in our Packaging Department. Candidates must be reliable and able to work flexible work schedules. Must be able to work weekends and Holidays. This is a physical, fast-paced position that involves continual lifting, standing and bending. Must be able to lift and carry up to 40 pounds. Team work. Must be 18 years of age. Applications can be picked up at TimesDaily, 219 W. Tennessee Street, Florence, AL 35630. EEOC

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Steve.Brown@timesdaily.com

Florence, Oakland and Central area

Russellville and Cherokee

Jerry Cannon
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jerry.cannon@timesdaily.com

Muscle Shoals, Sheffield, Tuscumbia

Brett McAnally
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Leave message with your home phone number.

INEOS Styrolution America LLC
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As a member of the Decatur Site Leadership, this manager is responsible for the Safety, Environmental, Security, and Occupational Health department. The SHE Manager achieves positive results through emphasis on effective SHE processes and stewardship, day-to-day decision-making and problem solving, resource management, and teamwork. Responsibilities and Requirements, but are not limited to:
•Hold high standards for safety, health, and the environment.
•Provide ongoing leadership and regulatory compliance to ensure, support and demonstrate personal and Site compliance with company SHE Excellence etc.
•Maintain and administer site SHE policies and procedures.
•Serves as site liaison with federal, state, local, company and other related safety, health, and environmental agencies.
•Develop and administer site SHE training and training systems.
•Safety, Environmental, or Chemical Engineer with 8+ years or progressive related experience and continued professional development or degree in related SHE field or 12+ years combination of education and related experience with continued professional development. Our compensation and benefits package includes competitive wages, bonus program, health and welfare benefits, 401(k), and fitness cost reimbursement.

To APPLY, go to our CAREERS / JOB OPPORTUNITIES section of our website: www.ineos-styrolution.com
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TIMESDAILY has an immediate opening for a Press Operator.

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Candidate must be able to setup press for daily newspaper printing, monitor and inspect quality of papers, maintain registration and proper ink density, perform general maintenance and other duties as required. Must be able to lift up to 50 lbs., be forklift certifiable and have mechanical experience or training. Prior experience with newspaper press and machine maintenance is preferred or other press printing experience will be considered. Candidate must be able to work a flexible schedule including nights, days, and weekends; and work in a fast paced environment.

Mail or drop off application or resume at TimesDaily, 219 West Tennessee Street, Florence, AL 35630, or email to: Randy.Dewberry@timesdaily.com.

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Our company is looking for individuals possessing a strong work ethic to join our team. You must have verifiable work/attendance records.

CURRENT OPENINGS:

Furnace Operator Trainees: If you have experience in industrial/production manufacturing, farming, logging (physical work), can work in elevated heat, rotating 12-hour shifts, then we would like to talk to you.

Multi-craft Maintenance & Industrial Electrical Maintenance Technicians: We are looking for multi-craft maintenance experience, and maintenance personnel with industrial electrical experience. Our electrical personnel **MUST** have experience working with high voltage - 24VDC to 480VAC circuits, 4-20mA loops, and troubleshooting analog/digital inputs to be considered.

Mississippi Silicon Human Resource Representatives will be on-site accepting resumes & applications.

Mississippi Silicon LLC provides competitive wages, benefits and is an EOE.

187330-1

184856-1



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13,569 OUTPATIENT APPOINTMENTS

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SURPASSED **THREE YEARS** WITHOUT A CENTRAL LINE ASSOCIATED BLOODSTREAM INFECTION



More than a dozen of our inpatient rooms underwent a refresh



Initiated a first-of-its-kind Chronic Obstructive Pulmonary Disorders class as part of our community education



Celebrated the 5th Breast Reconstruction Awareness Day event with Shoals Plastic Surgery

\$493,000+ paid in sales, use and property taxes

INTRODUCED Garden Therapy Program in J.W. Sommer Rehab

\$17.5 MILLION

Combined total of salaries and benefits paid to employees

\$7.5 MILLION OF UNCOMPENSATED **CARE**

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LOVES MASHED POTATOES

If you love real mashed potatoes, those flakes just don't cut it, but it takes time to make the real thing. I've found that I can make a big batch at once and freeze portions that are perfect for my wife and me. I take the frozen potatoes and pop them in the microwave. They taste like I just made them!

Mike

2ND LIFE: WATER HEATER

My water heater quit working. It wasn't leaking, but it also wasn't putting out hot water. Being electric, I knew there was a heating element. I read an article on how to replace it. It only took one wrench and a trip to the plumbing supply place. For \$22, I saved the cost of a new water heater and a plumber to install it!

Zach

EASY, QUICK LUNCH MEAL

Oatmeal makes a great, cheap lunch. I have a large old mug with a lid on it. The night before I put some oatmeal and milk into the mug. Then it goes into the refrigerator. In the morning, I take the mug and some fruit (often a banana) to work. We have a microwave that we can use. It only takes a few minutes, and it just costs pennies.

Marilyn

SPRING PATIO PREP

It's snowy now, but I look forward to spring. To help get me in the mood, I'm going to get my patio furniture ready. I've already lightly sanded the wrought iron frames to the chairs and table. Next I'll spray it with a black anti-rust paint. Then I'm going to shop for some new cushions. It'll be just like having a new patio set when spring finally arrives!

Vicki

MORE APPLIANCE SAVING

If you need an appliance, spread the word to your friends. My husband's co-worker was moving his grandmother to a retirement home where laundry was provided for clients, so she downsized her furniture and didn't need any appliances. He offered her washing machine to us for \$50! He helped my husband haul it out of her basement. It was dirty inside from soap buildup, but after running an empty wash of each vinegar and bleach, it was very clean! My friends are complaining that the new agitator-free washers are terrible, leaving clothes dirty, so we'll be keeping our bargain as long as it runs.

Liz

Medicare Minute

"Physician Charges"

There are three ways your doctor can be paid if you are on Medicare. The three ways are through Medicare assignment, Medicare excess charges or by not taking Medicare at all. Today we will discuss these three methods.

The most common way a physician gets paid is by Medicare assignment. These physicians are called "participating doctors". After the Part B deductible of \$183 is met, participating doctors will accept the Medicare approved amount for their services. These doctors charge Medicare 80% and the beneficiary 20% of the cost of the benefit. For example, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, and you would be responsible for the other 20%, or \$20.

A "non-participating doctor" can choose to accept or not accept Medicare assignment. If the doctor does not accept Medicare assignment you may have to pay an additional 15% of the cost of the service the doctor provided. This is call a Medicare excess charge. It means you would be responsible for 35% of the Medicare reduced amount instead of 20%. If we follow the example in the previous paragraph, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, but you would be responsible for 35%, or \$35.

Doctors who opt out of Medicare can charge whatever they want for their services and you are responsible of 100% of the cost. The majority of doctors in north Alabama accept Medicare, so you won't be faced with this situation very often.

Most people who have Medicare also have a supplemental policy that helps cover the 20% Medicare doesn't cover. If you are just entering Medicare and would like to know which policies cover what Medicare doesn't pay, you can contact our office for more information.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health

Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler



885 Florence Blvd. • 256-648-5710
(Four Lane Shopping Center)

REWARD

\$1000

FOR RETURN OF MALE German Shepherd, lost from 4th Ave. SW and Betty Street in Decatur. No questions asked. 404-644-5532 (Decatur)

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DAY by DAY

Grief Support Group for Bereaved Parents/Grandparents

Meets

Sunday, April 8 at 2pm

Woodmont Baptist East Campus,
2002 Darby Dr., Florence

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debbiec2414@aol.com or
anita.watkins@comcast.net

MEDICAL ASSOCIATES OF THE SHOALS

welcomes

Courtney Bowen, M.D.

to their Medical Practice



Undergraduate Degree:
Auburn University,
Auburn, Alabama

Medical Degree:
University of Alabama
School of Medicine,
Birmingham, Alabama

Residency:
UAB Huntsville,
Family Medicine
Residency Program,
Huntsville, Alabama

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~~Accepting~~
New Patients

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ANTIQUE FIREPLACE MANTEL, SOLID wood, \$125. 727-251-2087

G.E. STOVE, STILL IN box. \$300 firm. 256-476-0398.

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

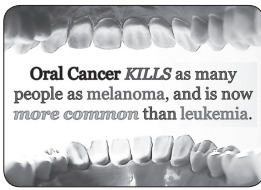
Oral Cancers...

Continued from Page 1

often be caught early, even as a pre-cancer. With early detection, survival rates are high and the side effects are from treatment are least harsh. Like other screenings such as cervical, skin, prostate, colon and breast examinations, oral cancer screenings are an effective means of finding cancer at its early, highly curable stages. Make them part of your annual health check-ups.

What are the risk factors?

There are two distinct pathways by which most people come to oral cancer. One is through the use of tobacco and alcohol, a long-term problem and cause. The other is through exposure to the HPV16 virus (human papilloma virus version 16), now the leading cause of oropharyngeal cancers in the US. This is the same virus responsible for the vast majority of cervical cancers in women. The quickest growing segment of the oral cancer population are young, healthy, non-smokers due to the connection to this virus.



Oral Cancer KILLS as many people as melanoma, and is now more common than leukemia.

EARLY INDICATORS:

- Red and/or white discolorations of the soft tissues of the mouth
- Any sore which does not heal within 14 days
- Hoarseness which lasts for a prolonged period

ADVANCED INDICATORS:

- A sensation that something is stuck in your throat
- Numbness in the oral region
- Difficulty in moving the jaw or tongue
- Difficulty in swallowing
- Ear pain which occurs on one side only
- A sore under a denture, which even after adjustment of the denture, still does not heal
- A lump or thickening which develops in the mouth or on the neck

An oral cancer screening should be conducted every year, so take advantage of this free offer and get screened today. Visit www.signaturesmileflorencia.com or call 256-767-6453 to make an appointment for your complimentary screening at 2247 Helton Drive in Florence.

For more information about oral cancer, please log onto The Oral Cancer Foundation's official website at www.oralcancer.org.

10 X 10 STORAGE Building, barn style, double doors, \$800. 256-762-4916 or 256-766-4916.

WASHER AND DRYER, LIKE new Maytag heavy duty performance white in color, \$400. 256-227-0800.

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Going, Going, Gone! Large Inventory Tool Auction!

Saturday, April 7 • 9am
North Alabama State Fairgrounds
Woodward Avenue, Muscle Shoals

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- Lawn Mowers
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- Honda Lawn Mowers
- Large Amount of Makita Tools
- Makita Air Compressors w/Honda Engine
- 18 Volt Makita Drills
- Makita Grinders
- Makita Combo Kits
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- 80 Gallon Air Compressors
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- And Many More Items!



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MidGard Self-Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at **11:00 AM on Wednesday, April 18, 2018**, located at **4450 Chisholm Road, Florence, AL 35633**.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Name	Unit #	Brief Description of Items
AMANDA SOUTH	A 36	Futon, Computer Desks
N. SERENA BATES	H803	Household Items, Window Unit
JACKIE DAVIS	A352	Household Items, Garage Items
JACKIE DAVIS	B79	Household Items, Garage Items
JACKIE DAVIS	C12	Household Items, Garage Items
DERRICK KELLEY	G27	Household Items
COREY FERREL	F06	Furniture, Household Items
STEPHEN LARRIMORE	B40	Household Items, Tools, Christmas Tree

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For Opiate Abuse Counseling And
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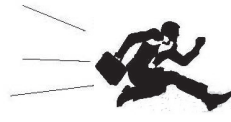
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- 3) Chapter 7 Bankruptcy \$850.00
- 4) Durable Power of Attorney \$ 50.00
- 5) Simple Will \$100.00
- 6) Living Will \$ 50.00
- 7) Name Change (Adults only) \$125.00
- 8) Limited Liability Corporations \$600.00
- 9) Family Estate Packages (Includes 2 Simple Wills, 2 POAs & 2 Living Wills) \$350.00
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2210 HELTON DRIVE, FLORENCE, AL

*EXCLUDING MADISON COUNTY

THOMAS McCUTCHEON, MANAGING ATTORNEY

MOST DOCUMENTS AVAILABLE WITHIN 24 HOURS.

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

ABANDONED VEHICLE SALE

THE COLLISION CENTER TOWING

3110 NORTHINGTON CT. • FLORENCE, AL • 256-766-4080

Abandoned Vehicle Sale Friday, April 6, 2018. Bids will be taken on Friday from 8am-4pm. Cars must be paid for by Monday, April 9, 2018 and picked up by Wednesday, April 11, 2018.

SOLD AS IS WITH NO GUARANTEE OF A TITLE • CASH ONLY

YEAR/MAKE/MODEL	VIN	P/U LOCATION
97 Isuzu Rodeo	4S2CK58E7V4326936	Co. Rd. 178
88 Buick Lesabre	1G4HP54C7JH530299	2nd St.
95 Subaru Legacy	4S3BD6358S7226885	Co. Rd. 138
04 Cadillac CTS	1G6DM577440110953	Dixie St.
99 Jeep Cherokee	1J4G258S8XC588910	Hwy 20
88 Chevy Metro	2C1MR2261W6728881	Courthouse Laud
01 Nissan Maxima	JN1CA31D31T801683	Co. Rd. 30
15 Dodge Dart	1C3CDFAAAXFD331380	Arby's Florence Blvd.
05 Chevy Impala	2G1WF52E759156850	Hough Rd.
05 Ford Mustang	1ZVFT84N355184265	Co. Rd. 47
93 Buick Century	1G4AG54N7P6429562	Parkway Dr.
00 Buick Lesabre	1G4HP54K3Y4154239	Florence Blvd.
00 Dodge Durango	1BYAR28Z8YF246582	Co. Rd. 289
05 Chevy Malibu	1G1ZU54825F124518	Hwy 72
99 Nissan Pathfinder	JN8AR07S0XW358616	Campbell
05 Chevy Trailblazer	1GNDS13S052380376	Dr. Hicks
98 GMC 1500	1GTEC14W5WZ506056	Co. Rd. 7
87 Chevy Corvette	1G1YY3183H5117371	Poplar St.
00 Chevy Impala	2G1WFSSE4Y91S0763	N. Franklin
-- Dodge Pickup Truck	1B7GL23Y8RS599766	Kangaroo
-- Nissan Truck	UNABLE TO VIN	Cumberland
03 Dodge Neon	1B3ES56C54D532844	Loves Truck Stop
11 Honda CRZ	JHMF1D66C5000182	Hwy 43, Sheffield
-- Pontiac G8	6G2ER5779L217205	Hwy 17, Florence

Commentary

Editor's Note: The following article was emailed to my work address by a friend. I am not sure where the piece originated. However, a similar piece encouraging the people of Athens and Limestone county to get behind an effort to honor Judge James E. Horton ran in the Athens News Courier dated March 17. It's an honor to allocate this space this week to assist in such a worthwhile effort.

Help Get Judge James Horton on a U.S. Postage Stamp

A statue honoring Judge James E. Horton, native of Limestone County, was unveiled in front of the Limestone County Courthouse in October of 2017.

If the tale of the Scottsboro Boys can be said to have heroes, there is no person more deserving of the label than James E. Horton. He is the judge who presided over Haywood Patterson's second trial. Patterson was one of nine black youths known as the Scottsboro Boys who were falsely accused of raping a woman in 1931. The decision Judge Horton made to set aside the verdict and death sentence of the all-white jury was despite death threats from white supremacists and backlash which effectively ended his career as a judge and politician. Several local Athenians have prompted an

See HORTON... on Page 30

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

in the *Shoals*
April 4, 2018

THIS WEEK

Happening
THIS WEEK

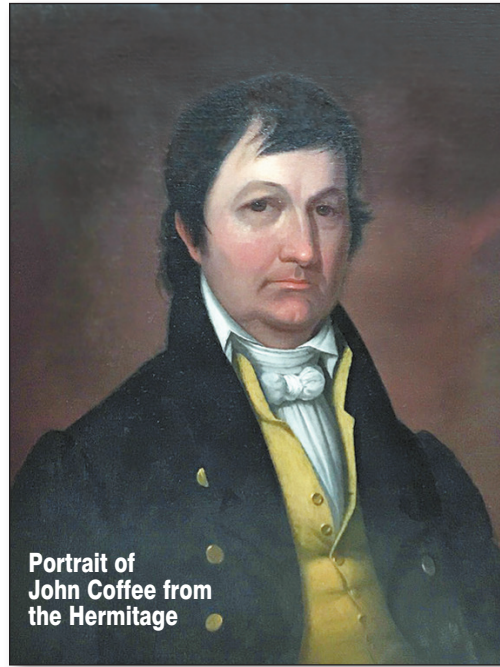
The **FACES** of **FLORENCE**

FLORENCE—Kennedy-Douglass Center for the Arts presents Faces of Florence: A Bicentennial Portrait Exhibition April 2 - May 8. Through May 8

Portraits of early settlers to Lauderdale County and Florence have been gathered for this once-in-a-lifetime gallery of early local portraits. Portraits are on loan from local families, collectors, and house museums.

Unique pieces include the portraits of John Coffee and Mary Donelson Coffee from the Hermitage in Tennessee and a collection of miniatures of the Jackson family lineage on loan from family member, Curtis Flowers.

See FACES... on Page 31



Portrait of John Coffee from the Hermitage

THE 11TH ANNUAL SHOALS EARTH DAY FEST 2018 will be held on Saturday, April 7, from 11am-6pm in historic, downtown Tusculumbia. Family-friendly activities are highlighted, including a children's activity tent, eco-entertainer Steve Trash, all-day live music, art and crafts vendors, food, juggling, recycling drop off, pet adoption, and Earth-friendly booths with information on solar energy, organic gardening, and much more! Rain location is the Roundhouse at 204 W 5th Street in Tusculumbia. For more information to participate or sponsor, please call 256-767-2909 or visit www.ShoalsEarthMonth.com for continuing updates.

Beautification Day at Belle Mont



TUSCUMBIA—Belle Mont Mansion will host a spring clean-up day on Saturday, April 7 at 9am.

Belle Mont Beautification Day is part of a National Park Day initiative by the Civil War Trust that is designed to aid and draw attention to parks and historic sites. Volunteers willing to do light interior

cleaning or small grounds maintenance, such as clearing underbrush and picking up trash and sticks, are invited to participate.

Documentation of service hours will be provided for student groups. Teens under the age of 18 should provide written permission

See CLEAN... on Page 31

THE UNIVERSITY OF NORTH ALABAMA THEATRE will present Eurydice, April 6, 7, 12, 13 and 14, at 7:30pm, and April 8 and 15, at 2pm in the George S. Lindsey Theatre.

A 2003 play by Sarah Ruhl, Eurydice retells the myth of Orpheus from the perspective of his wife, Eurydice. The story focuses on the choice of Eurydice to return to earth with Orpheus or to stay in the underworld with her father. Eurydice is presented by special arrangement with Samuel French Inc.

Tickets are \$10 for the public or \$5 for UNA students, faculty, staff or alumni. For more information go to www.una.edu/theatre/productions

THE DAY BY DAY SUPPORT GROUP meeting will be Sunday, April 8 at 2pm at Woodmont Baptist Church East Campus in Florence. Anyone who has lost a child is welcome.

Tickets: call the Ticket Office 256-765-5466 or Benjamin Ray UNA Athletics Director of Ticketing & Marketing 256-765-5467 • Baray@una.edu

SOFTBALL

at UNA Sports Complex, Florence and

BASEBALL

at Mike D. Lane Field, Florence

Friday, April 7 & Saturday, April 8 vs. West Georgia



TENNIS

Women and Men

Saturday, April 7

2pm

vs. West Alabama

in Florence

Check www.roarlions for complete schedules

YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Recognition of an Extraordinary Citizen

Editor:

The Shoals area has many outstanding citizens. Several such individuals have been publicly recognized through community programs such as Shoals Citizen of the Year, the Florence Walk of Honor, etc. However, there is one citizen who has not been recognized. This citizen has accomplished much in her life, with many now reaping the benefits of her hard work. To ensure this humble lady's accomplishments are not relegated to obscurity, a brief synopsis of her career is hereby provided.

Mary Hall was born in Pennsylvania in 1934 and had a distinguished career as a U.S. Naval officer. Following receipt of a degree in nursing from the Episcopal School of Nursing in Philadelphia, Mary applied for and received a commission as a LTJG in the

U.S. Navy Nurse Corps. After earning a degree from Boston University in Massachusetts and an MS degree in nursing from the University of Maryland in Baltimore, LT Hall began her historic journey.

Her assignments included tours at several Naval hospitals throughout the U.S., in Cuba, and Guam. While assigned to the Naval Hospital at Quantico, VA in 1975, RADM Hall became the first married Director of

Nursing Services. When assigned to the U.S. Navy Bureau of Medicine and Surgery in Washington, DC in 1978, she was the first married nurse ever assigned to the bureau. When then CAPT Hall was assigned as the Commanding Officer of the U.S. Naval Hospital in Guantanamo Bay, Cuba, she became the first military nurse to command a military hospital.

Hall was appointed as Commanding Officer of the Naval Hospital in Long Beach, CA in 1986 where she became the first Navy nurse to command a Fleet hospital. CAPT Hall became the first married Director of the U.S. Navy Nurse Corps in 1987. When promoted to Rear Admiral (Lower Half) she became the first married female flag officer. In addition to the above, in 1990 RADM Hall testified before the U.S. Congress as the first Navy Nurse Corps Director to do so.

Prior to her retirement in 1991, RADM Hall was awarded the Distinguished Service Medal,

In her day it was generally believed that if the military wanted a nurse to have a husband they would have issued her one.



See LETTERS... on Page 25

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•KHUN HEAVY DUTY DISC mower, 8', new blades, \$4,900. •Ford New Holland, 655A, backhoe, good machine, \$9,800 obo. 256-810-7238

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WE BUY FURNITURE AND appliances, refrigerators, stoves, washers, dryers, sofas, sectionals, bedroom sets, dining sets. Call 256-275-2276.

NISSAN ALTIMA SL, 2013. One owner, 90k, new tires and brakes, loaded, \$11,500. Can verify service history and car history. 256-350-9001, Leave message.

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

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 Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Name	Unit #	Brief Description of Items
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11:00 MAYOR KERRY UNDERWOOD, Welcome
11:15 JACQUELYN CORDOBA, Native American Blessing
12:00 BLIND THE SKY, Classic and Original Rock
12:30 STEVE TRASH, Rockin' Eco Hero
1:00 C.O.R.E., African Drumming
1:00 UNCLE SHUFFELO AND HIS HAINT HOLLOW HOOTENANNY, Traditional Old Time Appalachian Music
2:00 KONJURE, Classic and Original Rock
2:45 ALABAMA RIVERS ALLIANCE & TN RIVERKEEPER
3:00 STEVE TRASH, Rockin' Eco Hero
3:30 AN ABSTRACT THEORY, Classic and Original Rock
4:15 HELOHA HICKMAN, Native American Grass Dance
4:30 JOHNNY BELEW & FRIENDS, Positive Vibes Jam
5:15 WILD SOUTH & SIERRA CLUB
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Junior Whirl

by Charles Barry Townsend

Answers On Page 38

MAVIS LOVES TO MAKE PAPER CHAIN DECORATIONS. See how many paper links you can count in the above drawing.

THE "M" PYRAMID! As you move down the word pyramid shown here, each word contains the same letters as the word above it, plus a new letter. We give you all the M's. Here are some hints from the top down:

1. Roman numeral for 1000.
2. Rebus for "none left."
3. Found in a wrestling ring.
4. A radio antenna.
5. A source of power.
6. Poorest excuse.
7. Short-handled hammers.
8. Baby Bear's bed.

Don't Throw An Air Ball Solving This One

1. A credit for scoring.
2. For some, a sure point maker.
3. You can't play without them.
4. Shooting while in the air.
5. To pass the ball.
6. What teams need to win.
7. To score off the backboard.
8. To shoot over your head.

There is a dark frame around one of the columns in our grid. If you correctly solve the puzzle, the letters in the frame, top to bottom, will spell out the name of a spectacular shot.

Illustrated by David Coulson

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MY OFFICE HAS BEEN BUSY fielding calls from people asking how to delete their Facebook accounts in protest of the recent headlines regarding the misuse of user data in the 2016 presidential campaign.

I'm not going to delve into the politics here except to warn you all to be more skeptical of the headlines you see on Facebook. Especially those espousing "dirt" on one political target or another. I've seen so many blatantly false claims shared by my Facebook friends from all sides of the political spectrum and it drives me a little bit nuts. As some of you may know, it's hard to keep my mouth shut and I've made a few enemies when I call people out for not thinking. I don't know if that's a curse or a



Fisher

A WILDFIRE OF MISINFORMATION

by "The Computer Skeptic"

blessing. Probably a little of both.

The novel way that this privacy breach happened is quite interesting: If you use the internet or social media, you leave behind a digital trail of crumbs. Every post you like, every tweet you retweet, every text of every thread you participate in — it's all up for collection and analysis by Facebook, Twitter, and a litany of other social applications in order to target you with advertisements based on your interests.

But one company, Cambridge Analytica, took this analysis to a whole new level. They developed

a new Facebook "app" called "thisisyourdigitallife." It based on a legitimate personality test originally developed by Cambridge University professors. The company reached out to American Facebook users and offered them a few dollars to download and take the personality quiz. About 270,000 people participated.

This is all legal and above-board so far. But here is where it gets interesting: When a user installed this Facebook app, there were certain "extra permissions" granted to the app that allowed the app to gather not only your

entire Facebook data, but also (perhaps illegally) all your friend's profile data. Ultimately, the company pilfered high resolution data on over 50 million Facebook profiles without their permission.

From that data, they got to know you better than you know you. Your politics, sexual preferences, taste in wine, intelligence level, income level, where you live—everything. That data was then used in a psychological warfare to sway votes by targeting specific groups of people in specific geographic areas with perfect timing. Those users would see ads tailored to their politics—generally in the form of a "fake news" headline. The users then "shared" those news headlines in sort of a wildfire of misinformation.

This all led to communities of enraged like-minded people. Cambridge Analytica and campaign managers knew that

the information that makes us angriest becomes the information least likely to be questioned. Whether or not enough people fell for this to sway the vote count is up for debate.

Both my readers have heard me espouse the sentiment that none of us have privacy anymore so we may as well get used to it. But this is a pretty darn serious breach of trust coming from Facebook. They should pay dearly for it. No doubt we will see some changes in their policies very soon.

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com



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Cat & Kids

by Cathy Turner

Count on it

Well, I am still stuck on old love.

Recently a young lady from our congregation got married. The day after the wedding, all her people were at our Sunday morning gathering. I ran into her father's parent's as they were about to leave. I had met them on occasions before. I spoke to the grandmother - wishing her children well. Then the granddad came over - such a sweet and happy gray-haired gentleman. He grabbed me up in a big side hug. As he did he pulled his wife to himself and asked me if I had met her. To which he added, "Ain't she the sweetest thing. Best thing that ever happened to me." She stood there as if it didn't matter that they were

leaving and that she didn't care how many times, she loved hearing those words. Then he suggested, "Guess how many years we have been married - go ahead guess." Before I could get out any number, he said, "62 years! She was 12 and I was 14." "Just kidding," he said. "But almost," and he added while looking at her, "We've been here for each other a long time." Old endearing love.

And just this morning, after I had taken my other mother to an appointment and then to breakfast to celebrate her 85th birthday, she reminded me that she and her mister had been married for 62 years before he passed. Then she spoke of how much she missed him. She met him when she

was 17 and married him when she was 19. According to her, they "grew up together." Her love for him is still palpable. At one point she said, "Sometimes I find myself still talking to him." Well, how difficult would it be to end that conversation after 62 years of being one flesh?!!!

Young love is exciting and breathless, but old love is secure and sweet, one breath. Old love is built on time and history - kids and purchasing cars, renting and buying homes, chasing jobs and dreams, making meals and feeding the sick, losing loved ones and training young ones, arguing and making it through it, supporting each other and making up the rules, holding hands and traveling abroad, pushing lawn mowers and watching teenagers wreck, being a leader in her family and being needed by his, kissing on grandbabies and praying together fervently for their parents, holding on to each other, and loving it, when everyone else is gone. Young love is a treat. Old love is a blessing.

Are we training the young to love until they are old?

All these thoughts remind me of another wedding song sung best by Glenn and Tammy Walton (of Killen fame), at their wedding 26 1/2 years ago. Now they have a grandbaby. Obviously, their answer to the song is "Yes." "Can I Count On You" by McBride and the Ride:

You were there, the first time I stumbled/Will you be there each time I fall

Will you care for me forever/Darling promise you will love me most of all.

Chorus:
You can count on me, I'll be true/Do you feel the same way I do

When times get hard, will you see me through/What I need to know, can I count on you

When the years have turned my hair to silver/Will you still wear that band of gold

Say you'll be here always beside me/Will I still have your hand to hold

Chorus:
You can count on me, I'll be true/Do you feel the same way I do

When times get hard, will you see me through/What I need to know, can I count on you

What I need to know, can I count on you

Old love is a decision every day.

Email comments or suggestions to CatnKids1@gmail.com

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SEE PAGE 6



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Getting The Message Out

STAN DEAN

On a regular basis I receive either by phone or mail an unsolicited solicitation trying to get me to buy or subscribe to something. One thing you can say for these folks is that they are relentless! If you too deal with these solicitations, here is a story you might enjoy.

Years ago, the big wheels at Time-Life Publishing were made aware that their profit line had shrunk to a dangerously low level. Knowing that something had to be done right away, they called in some expert consultants to see if they could turn things around. These experts went to work trying to determine where changes needed to be made.

One of the areas specifically targeted was the renewal department. They were sending out these heart-rending letters to every reader whose subscription was soon to expire. They were having some success, but the problem was that there were 350 people employed in this department. It was calculated that millions of dollars could be saved if they could purchase a machine to do this work and pare down their overhead expenses.

They went with that advice, laid off a lot of workers and bought a fancy computer system from IBM. It was set up so that all the subscribers' names were entered into the system. Then, when a subscription was within six weeks of expiring, that name would be affixed to one of those pre-written, heart-breaking letters. The machine would then fold, stuff and stamp the letter, even dropping it into a mailbox without a human hand touching it!

Everything seemed to be going as planned for a while. Then one day there was a computer glitch which caused one name to get attached to 12,634 tear-jerking letters and mailed before the glitch was discovered. A few days later a shepherd in Montana, who had not received a letter in years, received several mailbags containing 12,634 letters addressed to him!

It took him three weeks to open and read all the letters. Blood-shot eyes and weary he then made out a \$6.00 check and mailed it back to Time-Life. He also attached a personal note addressed to the President of Time-Life which simply said, "I give up!"

I found this story rather humorous, but I also think there is a serious application that could be made from it too. God has demonstrated his great love to us time and time again. He desires for us to subscribe to His will (cf. 1 Timothy 2:4). But He does not do that by hounding us to death- - but by loving us to life (cf. John 10:10).

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Letters...

Extraordinary Citizen...

Continued from Page 14

becoming the first Navy Nurse to receive the medal since WW II.

RADM Hall's career was a succession of pioneering achievements.

Faced with traditional bias and prejudice against women in military leadership roles from a male-dominated military hierarchy, RADM Hall exhibited exceptional determination and perseverance to break traditional barriers and attain equal status among peers.

Her accomplishments paved the way for other female aspirants to reach heights never before achieved. Female members of all branches of the U.S. military now have essentially the same opportunities for advancement and responsibility as their male counterparts.

RADM Hall's unwavering commitment to excellence, loyalty to country, personal integrity, and her unselfish nature make her a shining example of a distinguished citizen of our fair community.

Her achievements are a story worthy to be told and warrant being known throughout our

community.

Mary married Noel Hall, Sr. in 1964. In 1993 they moved to beautiful Florence where they continue to live.

Submitted on behalf of members of the Greater Shoals Chapter of the Military Officers Association of America (MOAA)

Walter G. Bennett
(LTC, USAF, Ret)
Tuscumbia

Gerald M. Bell
(COL, USAF, Ret)
Florence

Allen D. "Skip" Butler
(LTC, USA, Ret)
Rogersville

Phillip Green
(MAJ, USA, Ret)
Muscle Shoals

She Excelled in a Male Culture

Editor:

It is a distinct honor for me to endorse LTC Bennett's letter regarding Admiral Mary Hall.

We hear a lot about women's rights today, but Admiral Hall excelled in

See LETTERS... on Page 37

Courier Journal ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.



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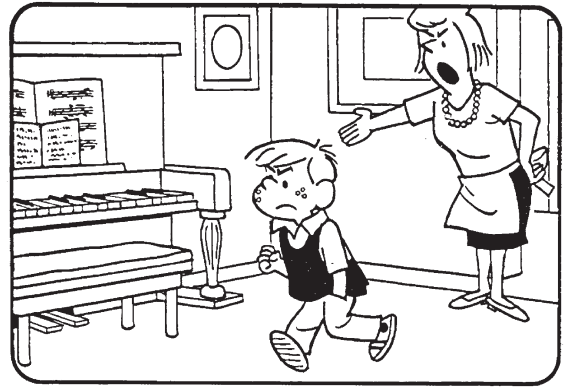


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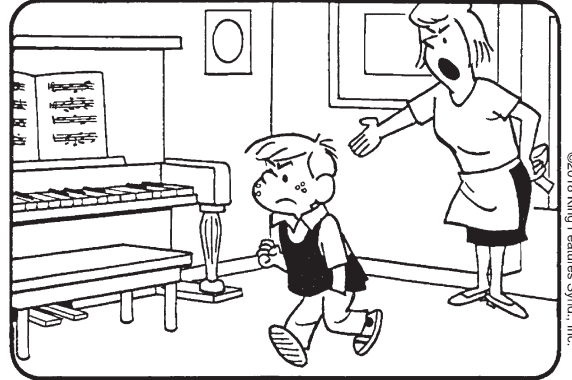
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Songbook is missing. 2. Cushion is missing. 3. Picture is different. 4. Arm is moved. 5. Leg is shorter. 6. Beads are missing.



We're back in all local schools this week with a fun-packed **April Issue!**

A Special Thank You to our

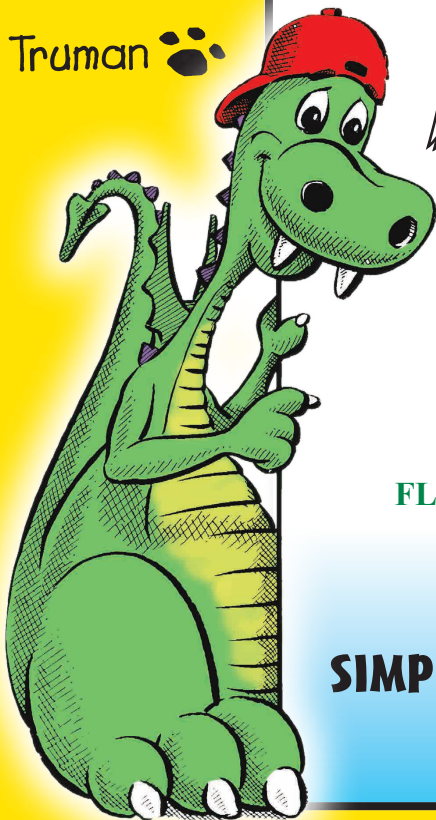


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Shorts...

Play Premier is April 13 and 14

Continued from Page 2

HAPPYDALE NURSING HOME
\$10 and are available at Studio 23 at 333 E. College Street in Florence, the Florence Visitors Center at 200 Jim Spain Dr. in Florence, and at the Rogersville Chamber of Commerce. You can also call **Stephanie Holman** at 1-208-539-3301 and reserve tickets.

In "Three Margarets and a Grace," an angel sends Grace back to earth from Heaven, but she goes under protest. She soon figures out what she is supposed to do before she can go back. However, she doesn't want to leave her new friends and the people who need her. This is the third play that Holman has written and directed. The first was *Bartholdi's Lady*, a full-length musical about the Statue of Liberty. The other was *Lady Bluebeard*, a black comedy about the first female serial killer.

First Fridays Philanthropy

FLORENCE – First Fridays is stepping into Spring with arts, crafts, and music on Friday April 6. The event will take place from 5-8pm on Court Street in historic downtown Florence. In addition to celebrating the Florence Bicentennial, this month puts the spotlight on local nonprofits One Place and Safeplace and the way they serve our community.

Alpha Tau Omega is also participating by bringing their "Walk A Mile in Her Shoes" event through downtown. The annual philanthropy event by UNA's Alpha Tau Omega Fraternity features members of the fraternity walking in high heels to raise funds for The UNA Center for Women's Studies.

Music will kick off on the Big River Broadcasting stage at 5pm with Elle Claytor. Will & The Prodigal Son takes the stage at 6pm, followed by West Means Home at 7.

As usual, dozens of vendors will line Court Street with artisans and crafters, from wood workers to jewelry makers to potters. First Fridays is a rain-or-shine event.

A Parade for a 200th Birthday

FLORENCE—The City of Florence will get the year-long 200th birthday off to a festive start with a Bicentennial Birthday Parade in downtown Florence on Saturday,

See SHORTS... ABOVE

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Shorts...

Continued from BELOW

April 7. The event begins at 10:30am.

Florence Mayor, **Steve Holt**, invites everyone to participate in the parade. "Our Bicentennial is here, and we are excited to begin several months of activities and events to celebrate the 200th birthday of Florence. We look forward to a great parade and the City of Florence plans to be a very active participant."

So grab your friends, decorate a float, put together a band on a flatbed trailer, and join us to celebrate the bicentennial of Florence. You are encouraged to theme your float, performance or musical group, costume, decoration or musical selection related to anything in Florence's past, present or dream of the future.

Florence Main Street is responsible for coordinating the Bicentennial Parade and all the rules and regulations can be found on the Florence Main Street website, www.florencemainstreet.org. Participation registration deadline is Thursday, April 5. Horses are allowed in the parade, but groups must clean up after their horses throughout the parade. Car groups can have up to ten entries, but cars must represent different decades.

The Parade route will follow Court Street from the north end at Rogers Hall on the UNA campus to the southern end at Alabama Street. Arrange your drop off and pick up locations to match those areas.

Parade line up will begin at 9:30am on Pine Street between Irvine and Cumberland Streets. Your exact time for line-up will be determined by your placement in the parade. That information will be sent to you early in the week of the parade. Awards will be given so really dive into your theme. Consider your group's history, the history of Florence, or the history of the Shoals. Consider where you see Florence or your group in 100 years.

"Planning for the Bicentennial has been so much fun and has involved so many different groups," said Pat Burney, Chair of the Bicentennial Planning Committee. "We hope the community will come out to help us celebrate in the parade!"

For more information, contact Florence Main Street at 256-760-9648 or info@florencemainstreet.org

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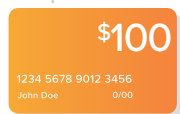
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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Eric and Wyatt both wondered where the investigation stood now -- and if there was an attempted murderer among them. Thorne stated that Ridge's absence proved that Forrester Creations could do just fine without Ridge as CEO. Hope was honest with Liam about her true feelings. Brooke agreed with Steffy about being angry at Bill for his false accusations, but reminded her that they still needed to find out who really shot Bill. Thomas and Sally shared some big news with the Forresters. Steffy gave Liam a thank-you kiss for helping to free her father. Justin pressed Bill for more details about the shooter. *Wait to See: Thorne meddles in Katie and Wyatt's affairs.*

GENERAL HOSPITAL Maxie felt smothered. Lulu got the encouragement she needed. Spinelli prepared to leave. Alexis offered some words of caution. Peter manipulated a situation to his advantage. Griffin was conflicted. Jason worried about Elizabeth. Nina looked to Curtis for advice. Nathan's actions were finally recognized. Peter demanded answers. Anna got the help she needed. Michael worked to preserve his family's legacy. Carly and Bobbie reminisced. Ava couldn't help herself. Franco was terribly shaken. Elizabeth and Jake inadvertently put themselves in harm's way. Drew showed a softer side of himself. *Wait to See: Mike's condition worsens.*

DAYS OF OUR LIVES As Lani's world unraveled, Eli offered to be there for her and the baby. Steve adjusted to life without his vision. Fearing that she was losing her mind, a desperate Abigail turned to Marlena for help. As Chad pressed him for answers, Stefan finally revealed the identity of the mystery woman. Paul and Will grew closer, while Sonny got to know Leo better. Justin had to scramble when he realized that he messed up with Adrienne. Kayla relayed some bad news about Lani's baby. Steve delivered a stern warning to Stefan after meeting him for the first time. Jennifer and Eric shared a romantic evening together. Marlena met "Laura." *Wait to See: Vivian takes the next step in her plan to bring down her enemies.*

THE YOUNG AND THE RESTLESS Hilary gloated to Lily about spending the night with Devon. Abby met Arturo at the GCAC and was quickly charmed by him. Nick snapped at Sharon when she tried to get him to open up to her. He later apologized, but she was still irked by their previous exchange. Later, Mariah asked Sharon about her true feelings for Nick. Simone visited Devon at the office, and Lily decided she would concoct a scheme to push them together. Ashley and Abby struggled with the validity of a family secret. Ashley contemplated sharing the news with Jack, but Abby warned her of the consequences. Nick found himself more comfortable opening up to Phyllis rather than Sharon. *Wait to See: Kyle presses Dina to reveal her secret.*

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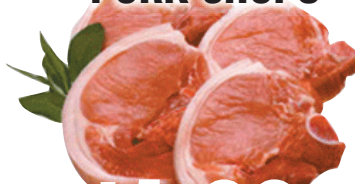
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Commentary

Horton...

Continued from Page 14

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Faces...

Continued from Page 14

Most portraits are early planters, businessmen, and wives who had the financial means to have a portrait painted in the early nineteenth century. Many portraits are originals. Some are reproductions. All tell the story of families of influence in Florence.

Kennedy-Douglass Center for the Arts thanks the families who have loaned their ancestral artworks to the gallery for display. We also thank the museums and institutions that generously cooperated in this exhibit: Belle Mont Plantation, the Hermitage, Pope's Tavern Museum, the University of North Alabama and Florence-Lauderdale Public Library. This exhibit is sponsored by the City of Florence Bicentennial Committee.

Kennedy-Douglass Center for the Arts is located at 217 E. Tuscaloosa Street in Florence. Hours are 9am-4pm, Monday-Friday. Admission is Free. Call 256-760-6379 for more information or visit kdartcenter.org.

Clean...

Continued from Page 14

from a parent or guardian or have accompanying adult supervision.

Participants are encouraged to dress in long pants and sturdy shoes and to bring their own tools and gloves.

Free Park Day tee-shirts will be provided on a first come basis. Snacks and water are provided. Bring your own sack lunch if desired. Belle Mont is a historic house museum owned by the Alabama Historical Commission and operated by the Colbert County Historical Landmarks Foundation. For more information or to volunteer, call 256-381-5052 or email cait@bellemontmansion.org

Belle Mont is located at 1569 Cook Lane in Tuscumbia, just off of US Hwy 43 and three miles south of the US 72 /43 intersection.



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JAN INGLE IS KNOWN FOR Leading in the Trenches

By Haley Walden
for the Courier Journal

Jan Ingle is a fixture in the Shoals community, volunteering her time and talents with a variety of organizations and nonprofits in the area. Outside her career as a purchasing agent at SBS Electric Supply, Ingle has invested in the community through the Shoals Chamber of Commerce, United Way, Florence Camerata, Shoals CASA, and more.

Ingle recently stepped into the position of Board of Directors chair for the Chamber's 2018-2019 year. "I consider myself a worker bee, so I never thought that I would end up being Board Chair," she said. "I don't want to be on a board just to sit on a board. I want to be involved."

"I'm really looking forward to bringing people back into the Chamber and getting them involved. I

Shoals Chamber of Commerce Board Chairwoman, Jan Ingle, left, at the Chamber's Annual Meeting with Chamber President Caitlin Holland, and U.S. Chamber representative, Brince Manning who made the Chamber's 5-year national accreditation official. Ours is one of only three accredited chambers in Alabama.

Chamber photo



want it to be their Chamber where they feel comfortable walking in the front doors."

Chelsea Kauchick, Director of Marketing and Leadership Programs at the Chamber, feels Ingle has earned the title through hard work and dedication to the community.

"She's always been a huge advocate of the Shoals Chamber out in the community. So, it was a no-brainer having her as chair to lead the Board of Directors," said Kauchick.

"Jan is a great leader and

shares a lot of insight. At the same time, she goes out and does the work as well. She's not afraid to roll up her sleeves and be part of that effort."

While the Chamber is always seeking new members, Ingle wants to focus on getting current members more involved. She insists the Chamber

isn't meant to be a closed-door operation.

"I want to change that impression," she said. "There is office space and free meeting space Chamber members may use if they need to."

"There are things available that people don't know about because they write their check, have their ribbon cutting, and that's it. They never walk in the doors after that."

According to Ingle, people don't realize that if they work at a company that is a member of the Chamber, then they are also members.

"It's not only the CEOs who can take part. And you don't even have to join as a business; you can join as an individual."

Chamber members have opportunities to get involved in multiple programs and councils, including Leadership Shoals, the Women in Business Council, and the upcoming Nonprofit Council.

See LEADING... on p. 35



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Opportunities



Budgets are tight and needs are on the rise. Consider volunteering with these or other worthy organizations. The important thing is to find something for which you have a personal passion and then get involved...

Florence Jaycees is looking for men and women, ages 18-40, who want to make a difference in the community while developing leadership skills, networking and having fun. Mechel Green, 256-764-3587; Stacy Powers, 256-412-2525, Janette Griffith, 256-381-9665; or florencejaycees.org

Therapy Dog Inc. needs volunteer dog owners to visit area nursing homes and assisted-living facilities. Dogs must pass a temperament test and be at least 1 year old. 256-760-1777

The United Way needs volunteers for activities, especially for raising money and doing projects for needy individuals. 256-740-0324

The Salvation Army needs volunteers to sort and size clothing, refinish and refurbish furniture and appliances, stock items and collect donations. Also needed: people to prepare food and grocery baskets. 256-764-4432

Board Members/ Directors: List a need here through email below.

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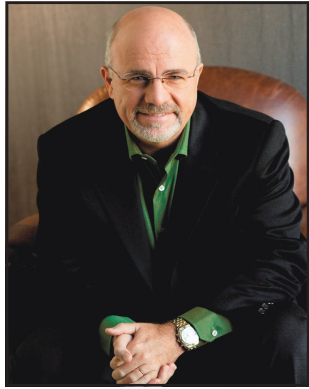
by DAVE RAMSEY

MANY ALREADY KNOW

Dear Dave,
How can I convince my fellow millennials that government isn't the solution to their problems?
Josh

Dear Josh,
I think you're proceeding from a false assumption. Many millennials already understand it's not the government's job to take care of everyone and provide everything. The problem, I think, is there's a group of people in every generation that wants someone else to take care of them.

The only thing I can suggest is that you try to be kind to everyone. It does no good to have a political discussion with a political neophyte. If you have friends



like this, perhaps you could suggest they work to control and improve the variables in their lives they can actually control and make better — namely themselves.

You can't control the variable of government, Josh. It's not going to come to your rescue. It never has.
—Dave

ACCESS TO MY CHECKING ACCOUNT?

Dear Dave,
Will paying my taxes online give the government electronic access to my checking account?
Ashley

Dear Ashley,
If you use your checking account, of course they will

have the ability to withdraw that money from your account. I believe I know where you're going with this question, and I think you may be a little confused about my stance on this sort of thing.

There's nothing wrong with certain entities having access to your checking account. I use electronic bill pay for utilities, mutual fund contributions, and things like that all the time. The only time I warn people against giving electronic access to their bank accounts is when they're dealing with collectors over a bad debt. The government — even the IRS — isn't known for coming in and randomly taking money out of people's accounts. Collectors, on the other hand, do it all the time.

You're in a fight when you're dealing with a debt collector. It's an adversarial relationship. As a rule, no one in that industry should ever be given electronic access to any of your accounts. There may be a few decent debt collection companies out there, but many of them will lie, cheat, and steal to get your money.

I hope that clears things up, Ashley.
—Dave

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2 PLOTS - FRANKLIN Memorial Gardens, Garden of Prayer, \$999 each. 256-565-7991

BUYING CARS, TRUCKS, VANS on the spot. Drivable, repairable or junk. 256-810-8411.

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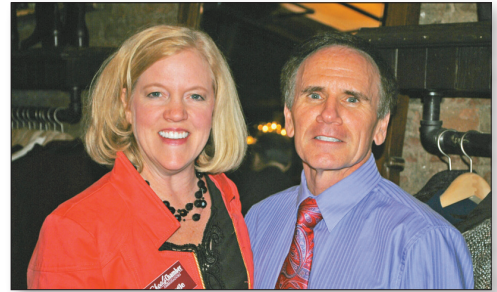
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Our Unsung Volunteer Hero, Jan Ingle, left, with her husband, Dr. Brian Ingle.
Courtesy Photo

Leading...

Continued from Page 32

Ingle first became involved with volunteering for the Chamber in 2000. She has worked since then with investors and multiple committees within the Chamber. She has been a Chamber Ambassador, Vice Chair of the Chamber's Community Development Committee, and she was also the recipient of the prestigious Chairman's Award for her past service to the Chamber.

She is an example of her own words, "The more a member puts into the Chamber, the more they get out of it."

Ingle has a long history of volunteering for other local organizations as well. Shortly after she earned her degrees in Business and Commercial Music from the University of North Alabama, she got involved as a volunteer with Big Brothers Big Sisters.

According to Ingle, the impact volunteers have on their "littles" is life-changing. This incredible work often goes unrecognized because the volunteers can't share information about their activities with the kids they help.

"There's so much that goes on behind the scenes that people just don't know. With privacy issues, a lot of things can't be shared."

Ingle also spent time on the board of directors and as past president of Shoals CASA whose volunteer child advocates face a similar situation. Although she did not work as an advocate herself, Ingle has a deep

respect for the volunteer social workers who work on behalf of the neglected and abused children that Shoals CASA represents in custody issues.

"Those are some of the hardest-working, unrecognized people because they can't talk about the kids they help," she said of CASA advocates. "They follow that child from start to finish. They're probably the least-applauded people I know."

Ingle is still an avid supporter of CASA and is a charter member of Mary Ellen's Circle which was formed under CASA to help meet the needs of children in foster care. Mary Ellen's Circle supplies things that aren't supplied by foster families and for the needs of children who are aging out of foster care.

Ingle is also Vice Chair of the Shoals Storytelling Festival which will take place at the Shoals Theater May 18-19. She has also volunteered her time to the UNA Alumni Board, the Shoals Scholar Dollar auction committee, Florence Camerata, the Gingerbread Players, and United Way where she served as past President and Allocations Chair.

Ingle is a recipient of the Florence Exchange Club Book of Golden Deeds, the UNA Alumni Association Service Award, and the United Way Service Award.

According to Kauchick, the Chamber staff is looking forward to Ingle's tenure as Chair which began this month and extends through March 2019.

"Jan understands how the Shoals works," Kauchick said. "She's a doer; she gets things done."

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CHEVROLET: CAMARO, 2012 \$17,900. 1 owner, 34k miles, excellent condition, style 2LT coupe, RS pkg, garage kept, 256-318-1305

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TOYOTA: COROLLA, 2009 \$4,500, sedan, 4-door, white, 151,000 miles. 256-366-8417 leave voicemail message

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MidGard Self-Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at

10:00 AM on Wednesday, April 18, 2018 located at 414 Cox Blvd, Sheffield, AL 35660.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Unit #	Name	Brief Description of Items
244	DAVID MANN	Sofa, Washer/Dryer, Range, Tool Box, Full-Size Bed, and Household Items
447	DONNIE BLEVINS	Coffee Table, Dresser, Toddler Beds, Toys, and Household Items
228	TRACY MORRIS	Coffee Tables, Dresser, Chairs, T.V. Radio, Exercise Equipment, and Household Items

188014-1

Hensley-Graves Self Storage will hold a public sale to enforced a lien imposed on said property below, pursuant to the Alabama Self-Storage Facility Act, Alabama Code 8-15-30 to 8-15-38,

April 27, 2018 at 10:00am at 2230 Chisholm Road Florence, AL 35630

NAME	UNIT	DESCRIPTION OF CONTENTS
Angela Bridges	D46	Miscellaneous
Rodney Wilison	D35	Miscellaneous

189848-1

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188546-1

Letters...

She Excelled in a Male Culture

Continued from Page 25

a strictly male-dominated military culture. She paved the way for women to succeed in the military long before it was fashionable to foster such rights. In her day it was generally believed that if the military wanted a nurse to have a husband they would have issued her one.

By the end of her career, Admiral Hall was active on the national level and in command of the entire United States Navy Nurse Corps. She was responsible for fielding a mobile hospital fully the size of Florence's new regional hospital and preparing it to deploy anywhere in the world at any time.

She is a recipient of the Navy's Distinguished Service Medal, an honor which exceeds the Silver Star in precedence and is awarded for "Exceptionally meritorious service to the Government of the United States in a duty of great responsibility."

Gerald M. Bell
Colonel, USAF (Ret.)
Florence

To Live, Love, and Forgive

Editor:

"We will know a tree by the fruit it bears," He said. (Read Matthew 7: 15-20)

The human tree is made of good and bad fruit. When the fruit was mostly bad, Christ commanded the tree to be cut down. (Read Luke 13:7)

Some people occasionally perform random acts of kindness, but at their core they are bitter. (Read Hebrews 12:15)

Bitterness often comes from abuse, especially

childhood abuse.

The best way to heal from any abuse is to forgive the abuser.

Christ was THE most abused Person to ever live, and from His cross He said, "Father forgive them they don't know what they are doing." (Read Luke 23:34)

Christ had pity on the us because He knew His death was not the end.

He knew he would rise from the dead and ascend to heaven and sit on the right hand of God our Father. (Read Mark 16:19)

Forgiveness is essential to rising and ascending. (Read Matthew 11:25)

Don't let the weight of an old wound be a millstone.

Imagine the stone rolled away and the tomb empty because it is.... (Read Matthew 28:2)

If you are suffering from the bondage of hurt, imagine that wound in a bag deposited at the foot of the cross.

Leave it there.

His Grace is sufficient.

Our grace is sufficient.

Forgiveness is an amazing commandment.

Father, help us to live, love, and forgive as Christ did. Amen

Joy Willow
Florence

Following the False Logic

Editor:

I am trying to understand how the National Rifle Association is to blame for the Florida school shooting. The liberals are using the emotions of the students to press their agenda to overturn the Second Amendment. If we follow the false logic that guns kill people and banning them will stop the violence, then we need to ban packages as well, since people were recently killed by package bombs.

It seems that someone other than the perpetrators of violent crimes must always be blamed. I cannot grasp the logic that the NRA, an organization that promotes gun safety, is responsible for incidents like the Florida school shooting. However, if we are going to blame everyone except the shooter, there are more logical choices than the NRA and the conservatives who cling to our guns and our constitutional rights. Already the FBI and local sheriff's department have been included. I nominate the school teachers, administrators, and fellow students.

Mike Watford graduated from the high school in 2016. He said that Cruz often said how tired he was of everyone picking on him and the staff doing nothing about it.

The students who rejected Cruz and the school staff who allowed it should share in the blame. In all of the efforts to make the school safe this should be included.

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Directions: From Lawrenceburg Walmart, go north on Hwy-43 1.6 miles , turn left onto Flatwoods Rd & go 2.5 miles to stop sign, turn right on TN-242 & go 1.4 miles, stay right to continue on Buffalo Rd for 1.2 miles, turn right on Indiana Ave. & go 1/4 mile, turn left on gravel drive & **Watch for the SHANE ALBRIGHT AUCTION SIGNS! AUCTION HELD RAIN OR SHINE!**

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DODGE: JOURNEY R/T, 2009 \$6,998. 152k. Leather, all power. Financing available. Call Cody 731-925-0458 or 256-764-3351.



KIA: OPTIMA, 2015 GDI, metallic silver, excellent condition, 18,500 miles, \$13,500. 256-945-7847 or 803-272-6528, Madison.

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VOLKSWAGEN: PASSAT, 2015 SPORT, \$15,988. 30k. Leather. Financing available. Call Brandon 256-710-4598 or 256-764-3351.

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MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

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THEIR AD IS NOT HERE! Do you like to shop at certain stores? Are they not advertising their sales in the Courier Journal? Tell them that they should be.

Notes...

Continued from page 4

Hospice is looking for Volunteers and donations for Hospice Promise Foundation. Contact Barbie Johnson, Volunteer Coordinator, 256-314-1204.

Line Dance Lessons-Florence Parks and Recreation Department is taking registration for Beginner Line Dance Class. Fun and easy to learn dances! Class starts April 5th and meets on Thursday, 6:30-7:30pm for 5 weeks at Broadway Recreation Center. Fee is \$25 by March 30. Late Registration is \$35. For information, call Broadway Rec Center-256-760-6418 or Jan Ownby-256-627-0052.

Wesley Chapel United Methodist Church History Committee is currently selling their 200th Anniversary History Publication. Please contact a History Committee member (Faye Abramson, Allison Delbert, Patricia Haddock, Melinda Hargett, Joe Riddle, Milly Wright and Doris Whisenant) or call the church office 256-767-0017. Publications are \$10. All proceeds will benefit the activities and complication of our church history.

Through a partnership with the Colbert County Juvenile Court and the Colbert County Children's Policy Council, the Character in Action (CIA) program was introduced at the beginning of this school year. Participation, nominations, and support for the first semester awards were overwhelming. Deadline for second semester nominations is April 20. The second semester awards ceremony will be May 2 at 4pm in Judge Coker's Court Room at the Colbert County Court House.

CIA was established to encourage students in grades 1-12 to practice good character. Those who excel will deservedly be recognized by the Juvenile Court and the Criminal Justice System. Teachers and school staff are urged to nominate students who exhibit good character. Every student who is nominated will receive a Character In Action certificate. Three students from each of the four public school systems in Colbert County will be selected to represent all of those nominated for displaying good character. For more information, email colbertcpc@gmail.com.

Spring Gospel Meeting at Valdosta Church of Christ, April 1-5. Sunday 9:30am Bible Class, Sunday Worship 10:30am and 5pm, Monday-Thursday 7pm Nightly. The speaker is Mel Futrell from Birmingham, AL

Clothes Give Away - Thursday, April 5 from 8-10am at the Care Center, First Baptist Church, Killen

Members of the Shoals Area Chapter of the Order of St. Luke will be available to pray for you in the meeting room at The Rock Christian Bookstore, 310 N. Montgomery Ave., Sheffield, Thursday, April 5 from 4-5:30pm followed by our monthly meeting in the Sheffield Room at Park Place, 501 N. Montgomery Ave., Sheffield at 6:30pm. Charlotte Heaps, who was healed of non-Hodgkin's lymphoma, will share her testimony. We believe that God heals spiritually, physically, and emotionally. All pray is confidential. All are welcome.

A special night of Southern Gospel will feature The Hoppers on Thursday, April 5 at 7pm at Harris Chapel Baptist Church on North Pike in Cherokee. (1 mile north of the Cherokee Stadium) Free Admission! (A love offering will be received) For more information, call 256-359-6897

The LaGrange Living Historical Association will meet at 7pm Thursday, April 5 at the LaGrange College Site Park, 1491 LaGrange College Road, Leighton. (near White Oak) in Colbert County. This will be the final meeting prior to the Recall LaGrange Event, scheduled for May 4-6. Volunteers are encouraged to attend and support the activities at the College Site, forerunner of UNA.

Revival at Christian Church with Bro. Joe and Sis. Diane Wallace April 6-8. Friday and Saturday services begin at 7pm each night, Sunday service at 5pm. Different singers each night.

Bro. Dennis Harvey invites all to come receive a blessing. You are welcomed to join us at Christian Faith Church, 670 Co. Rd. 257, Florence. From Florence - come out Hwy 157 North about 13 miles turn right onto Co. Rd. 257. Church is on the left at the top of the hill.

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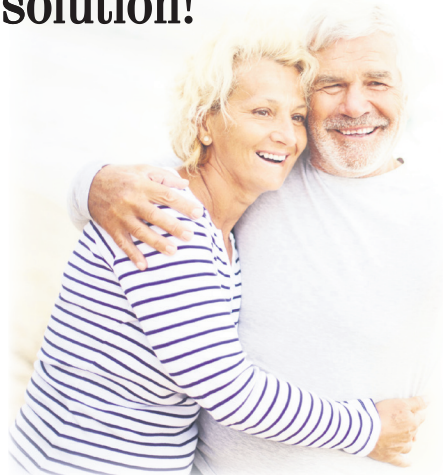
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Junior Whirl

by Charles Barry Townsend

We found 58. How about you?

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Answers

Illustrated by David Coulson

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FIG. 2



Savvy SENIOR

How to Write a Will

Dear Savvy Senior,

Though it may seem hard to believe, at age 65, I never have gotten around to making a will, but I'd like to now. My question is: Do I need to hire a lawyer to write my will, or can I do it myself? I want to get my affairs in order, but I hate paying an attorney fee if I don't have to.

Getting Organized

Dear Getting,

It's not hard to believe at all. Fewer than half of American adults have a will, mainly because they either haven't thought about it or gotten around to it, or they've put it off because they don't want to think about dying.

But having a will is important because it ensures that your money and property are distributed to the people you want to receive it after your death.

If you die without a will, your estate will be settled in accordance with state law. Details vary by state, but assets typically are distributed using a hierarchy of survivors. Assets go to first to a spouse, then to children, then your siblings, and so on.

You also need to be aware that certain accounts take precedence over a will. If you jointly own a home or a bank account, for example, the house, and the funds in the account, will go to the joint holder, even if your will directs otherwise. Similarly, retirement accounts and life insurance policies are distributed to the beneficiaries you designate, so it is important to keep them up-to-date too.

Do You Need a Lawyer?

Not necessarily. Creating a will with a do-it-yourself software program may be acceptable in some cases, particularly if you're single and have a modest bank account.

But if you have significant financial assets or a complex family situation, like a blended family or child with special needs, it's best to seek professional advice. An experienced lawyer can make sure you cover all your bases, which can help avoid family confusion and squabbles after you're gone.

The National Academy of Elder Law Attorneys (NAELA.org) and the American College of Trust and Estate Counsel (ACTEC.org) websites are good resources that have directories to help you find someone in your area.

Costs will vary depending on your location and the complexity of your situation, but you can expect to pay somewhere between \$200 and \$1,500 to get your will made. To help you save, shop around and get price quotes from several different firms. And before you meet with an attorney, make a detailed list of your assets and accounts to help make your visit more efficient.

If money is tight, check with your state's bar association (see www.FindLegalHelp.org) to find low-cost legal help in your area. Or call the Eldercare Locator at 800-677-1116 for a referral.

If you are interested in a do-it-yourself will, one of the best options is the Quicken WillMaker Plus 2018 software (available at NOLO.com) that costs \$70, works with Windows personal computers and Macs, and is valid in every state except Louisiana.

It's also recommend that if you do create your own will, it's wise to have a lawyer review it to make sure it covers all the important bases.

Where to Store It?

Once your will is written, the best place to keep it is either in a fireproof safe or file cabinet at home, or in a safe deposit box in your bank. But make sure your executor knows where it is and has access to it. Or, if a professional prepares your will, keep the original document at your lawyer's office. Also, be sure to update your will if your family or financial circumstances change, or if you move to another state.

Send your senior questions to:
Savvy Senior,
P.O. Box 5443,
Norman, OK 73070,
or visit SavvySenior.org.
Jim Miller is a contributor to the
NBC Today show and author of
"The Savvy Senior" book.



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