

The Courier

February 18, 2015 Volume 17 Number 25

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NAMI meets monthly

A National Alliance for the Mentally Ill (NAMI) Support Group for caregivers of individuals living with mental illness is held every second Tuesday between 6:30 p.m. and 8 p.m. at the Atlantic Health Center located at 9714 Healthway Dr. in Berlin.

Registration is not required. Contact Carole Spurrier (NAMI MD Lower Shore Representative) at 410-208-4003 or Email: carole-spurrier@msn.com or Gail S. Mansell (AGH Director Supportive Care Services) 410-641-9725 or Email: gmansell@atlanticgeneral.org.

Bertino to hold Town Meeting

Chip Bertino, Worcester County Commissioner for the Ocean Pines district, will hold his first Town Meeting this Saturday, February 21 at the Ocean Pines library. The meeting will begin at 10 a.m. Commissioner Bertino will provide information on issues and developments occurring within the district and the county. Guest speaker Kelly Brinkley, Worcester County Volunteer Services manager, will discuss volunteer opportunities throughout the county.

OPA board meetings set

The Ocean Pines Board of Directors will conduct budget and board meetings as follows:

-Saturday, February 21 will be a public hearing on the community's fiscal 2016 budget. The meeting will take place in the Community Center and begin at 9 a.m.

-Saturday, February 28 will be a regular board meeting that will take place at the Country Club and begin at 9 a.m.

RWWC to meet

The Republican Women of Worcester County will hold their February luncheon meeting on Thursday, February 26 at the Ocean Pines Yacht Club. The guest speakers will be Lisa Challenger, Director of Tourism for Worcester County and Lisa Outten Stant, Program Coordinator for the Worcester County libraries. The cost of the luncheon is \$16 per person. Doors open at 10:30 a.m. and the meeting begins at 11 a.m. To make your reservation or for more information, please contact Ann Lutz at 410-208-9767 or annlutz@verizon.net



Decatur's got talent

The Stephen Decatur High School duo of junior **Olivia Kurtz** and sophomore **Cody Maykrantz** performed during talent night on February 11.

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Valentine serenade — *J. Graham Caldwell and his wife Carol were working at the Kiwanis Club Annual Winter Pancake Breakfast in the Ocean Pines Community Center on Saturday, Valentine's Day when much to Carol's surprise a group of four men in tuxedos, known as the "Peninsulaires," appeared and started to serenade her in barbershop style on behalf of her husband.*

Heritage Center to host Black History events

Germantown School will host events to celebrate Worcester

County and Black History month. The organization's mission statement is to give the community an opportunity to learn, inspire, explain, and research the rich history and culture of our county and the local area. Germantown School is located at 10223 Trappe Road in Berlin.

On Friday, February 20 at 6:30 p.m. two events are planned. Rev. David Briddell, a native son of Berlin, a retired minister and author, will speak on his recent publication about three local families in the area. He will discuss genealogy. Rev. Briddell will also host a book signing. Also, Martin Luther King will come alive when Gregory Purnell, an outstanding orator, will deliver one of Dr. King's famous speeches.

On Friday, February 27 at 6:30 p.m. there will be "Looking Back: A Trip Down Memory Lane." Share in the celebration of the former teachers and students of the Flower Street, Germantown, and Sinepuxent Schools. Hear about their experiences and enjoy light refreshment, fun and fellowship.

Call Barbara Tingle Purnell at 410-641-0638 for further information on events.



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Country music artist **Jimmy Charles** with **Alane Capen**, president of Coastal Hospice.

Ocean Pines concert benefits hospice

A benefit concert for Coastal Hospice given by former American Idol contestant Jimmy Charles raised \$4,750 for the organization. The concert was held on Dec. 23 at the Ocean Pines Yacht Club.

Charles, who currently is a musician in Nashville, chose Coastal Hospice for the benefit, because it was the organization that cared for his grandmother. The musician grew up in Ocean City and graduated from Towson University.

Several attendees at the concert shared their stories of how Coastal Hospice was there in their time of need.

"It was healing. It was a time to give back," Charles said. "We thank Coastal Hospice for all they do and all the care they give."

Kiwanis to hold wine tasting

Cabin fever got you down? Get your tickets now for the Kiwanis Annual Wine Tasting Party and Chinese Auction to be held in the Ocean Pines Community Center on Friday March 20 from 4 p.m. until 7 p.m. Tickets are \$20 and can be purchased from any Kiwanis member or by calling Ralph Chinn at 410-208-6719. Proceeds benefit the club's Scholarship Foundation. The event includes a variety of wine samples, hot and cold hors d' oeuvres, desserts, coffee, tea and soft drinks. There will be a Chinese Auction. Have a great time with great people while supporting youth in the community. For additional information contact Mike Evans at 443-547-4865 or on the website at www.kiwanisofopoc.com or Facebook at Kiwanis Club of Ocean Pines/Ocean City.

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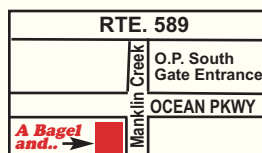
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2012 Business of the Year

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Emerging as a new and significant part of the Worcester County populace during the first half of the 19th century were free blacks. Numbering only 446 in 1800, the population of free blacks



had expanded to 3,500 by 1860. While a few of the free blacks living in Worcester County in 1800 could trace their ancestry back to free black colonists,

the larger part descended from ex-slaves who had been freed following the Revolution. Despite the overwhelming odds against them, a few of these former slaves were able to establish remarkable estates during the first half of the 19th century. As tensions surrounding the issue of slavery escalated during the 1840s and 1850s, free blacks were viewed with suspicion as natural allies of the remaining slave population. As a result, the decades before the Civil War found free blacks across Worcester County segregating themselves in distinct communities with the obvious hope that strength in numbers would offer some measure of protection. The black neighborhood of the southwest side of Snow Hill is historically identified as "Freetown" and several dwellings, including the Harmon House, date before the Civil War.

Source:
http://www.worcesterlibrary.org/printables/Worcester_African-American_Heritage.pdf

Arts Council seeks teachers

The Worcester County Arts Council is once again planning the 21th annual Summer Arts Camp program for children entering grades three through eight.

At this time the council is looking for enthusiastic and creative teachers who are interested to instruct the art classes during the week of the program.

The Arts Camp will be held at the Most Blessed Sacrament School located in Berlin. It will run from June 22 through June 26 between 9 a.m. and 2:30 p.m. Teachers will be instructing three sessions of the same workshop daily. Each workshop will last approximately an hour and a half with snack or lunch breaks in between.

The Arts Camp will culminate with performances and exhibits of artwork created during the week of the program.

Interested applicants should submit an Arts Camp Workshop proposal by February 28. The workshop proposal form is available on the Arts Council website: www.worcestercountyartsCouncil.org For additional information, please contact Anna Mullis, Executive Director at 410-641-0809.

Fire company to hold AYCE breakfast

The Berlin Fire Company will hold its monthly All You Can Eat Breakfast on Sunday, February 22, from 7:30 a.m. to 11 a.m. (or until sold out) at the fire company headquarters located at 214 North Main Street in Berlin. Breakfast features Belgian waffles.

The Courier welcomes letters for publication. Preference is given to letters addressing community and county topics and have not appeared in another publication.

Letters must be signed and include a phone number where the author can be reached to verify authenticity. Letters are not corrected for spelling or grammar and can be no more than 300 words.

E-mail letters to:

thecourier@delmarvacourier.com



Taking on fractions — Third grade students at Showell Elementary School, **Delaney McDaniel, Marlie Scott, Aiden Blake, and King Waldzabig**, used Cuisenaire rods to show fractions as equal parts of a whole during math in Mrs. Deb Schrawder's class.



Jennah Lupick

Lupiwok leads Teens for Jeans effort

When Stephen Decatur High School senior Jennah Lupiwok chose the Aeropostale Teens for Jeans campaign as a Key Club service project, she had no idea that the school would respond so overwhelmingly. With an original goal of collecting around 300 pairs of gently worn jeans, Lupiwok and the SDHS Key Club far exceeded expectations collecting more than 700 pairs of jeans for the campaign.

"Right now, we are in the running to be the number one school in the state," says Key Club Advisor Mary Malone. The jeans will be handed over

to the company Aeropostale which then distributes the jeans to shelters across the nation.

Lupiwok came upon the idea when she was searching the DoSomething.org website. Do Something is a non-profit organization with the goal of motivating teenagers to embrace positive social change through campaigns and projects.

The two-time service award recipient is no stranger to volunteerism as she participates in several service-oriented clubs including the National Honor Society and Connections.

Snow. Will it or won't it?

Picture it: Philadelphia. The year: 1975, a time forty years ago when the term social media wasn't part of the lexicon and Frank Rizzo was mayor. It was an era when my

or wouldn't it. That was the refrain that lulled me to sleep.

Up early and in the kitchen. We had a small radio on the counter that was tuned to KYW 1060. Com-

ing down the hallway we could hear the identifying teletype machine in the background and the announcer say, "KYW news radio 1060. All news all the time. Listen two, three, four times a day." And in

front of the radio we waited mesmerized, hoping to hear the news that would change our lives, or at least one day of them. Philadelphia schools were identified by four numbers that were read over the air. St. Albert the Great Grade School had a number that I've long ago forgotten. The public school closings were read first and then the parochial schools. Listening to streams of numbers being rattled off intensified the experience, constricting our movement and breathing. What was better than hearing the school number was hearing the blanket statement: "All public and parochial schools are closed." Yeah!

As if responding to a pistol start, off we were my brother and I to change into our snow clothes that included Granny sweaters as well as hats (adorned with large pom-poms), mittens and scarves, all presents from the previous Christmas. Then we stood in the kitchen as our mother slipped Wonderbread bags over our stocking feet which we then forced into our rubber boots. And then it was out the back door for hours of fun and excitement. Snowball fights. Snowman building on the front lawn. Taking our Radio Flyer sleds to Pennypack Park and swooshing repeatedly down "Suicide Hill."

Eventually we made our way home; shivering, although never admitting it. We stood in the kitchen throwing off our snow encrusted coats, mittens and scarves that we heaped in a corner much to our mother's chagrin.

If only snow could be as fun and anticipated as it was then. Ah, those were the days.



It's All About...

By **Chip Bertino**

chipbertino@delmarvacourier.com

brother and I regularly wore, because our mother forced us, sweaters made by our grandmother. Kodak film had to be mailed away for processing and a white rotary phone hung on our kitchen wall. It was the only phone in the house. Our phone number was ORchard-6-0-4-2-3.

Why am I taking a nostalgia trip? Because as I write these words the weather forecaster is predicting that in a few hours the snow will begin to fall with an expectation of considerable accumulation. We'll see. I don't have the same enthusiasm for snow that I did as a child. Because unlike those bygone times when snow meant a snow day and no school, now it means my schedule becomes very complicated and I get behind.

Back in the day, snow and even the anticipation of snow was a joyful experience. My brother and I would watch from the bay window of our family room competing to announce triumphantly the first snow flake sighting. We lived on a primary street so we could gauge the storm's intensity by the number of plows that passed in an hour or how slowly cars traveled. These are vivid recollections. During the evening street lights illuminated the snowflakes giving the scene a halcyon glow. It was a comforting, and strangely enough warm, scene. So enthralled were we that we would watch the snow instead of "Happy Days."

Eventually my mother made us go to bed. We lay in bed contemplating the winter wonderland activities of the next day. However, before the fun could begin one thing was required: the announcement that school was cancelled. Would it



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Ocean Pines cinema enthusiasts pick Best Picture

By **Dolores E. Pike**

The 87th Academy Award show will take place this Sunday evening, February 22, with presentations being made in many categories, too many to list here except Best Picture. There are movie-going fans in Ocean Pines who will stay up until that award, the last, is presented. These numbers may not approach the total recorded earlier in February when Super Bowl XLIX aired but enough will wait to see if voters of the Academy agreed with some Eastern Shore people. In light of this, *The Courier* talked to people in the community on their views and insights...what they enjoyed and what impressed them when they went to the movies. In other words Piners' idea of the

Best Picture they have seen this past Award year.

Pat and Jean Renaud of the Pines are in a unique position, both as ardent movie goers and as parents of a movie director who is a voting member of the Academy. They got to discuss Best Picture nominees with their son Chris. All had a different favorite resulting in a three way tie, "American Sniper," "The Grand Budapest Hotel" and "The Theory of Everything."

"American Sniper," is the autobiography of Christopher Kyle, which is the basis for the film, earning its studio more than \$250 million and six Oscar nominations, including Bradley Cooper for best actor. Clint Eastwood directed this film version which has gone on to break box-office records but does differ somewhat from the 2012 best seller. Mr. Kyle, who earned the nickname "the Legend" from his SEAL teammates, is on record for having the most confirmed sniper kills in American military history. After he returned home, despite struggling with his own demons he went on to help other returning war veterans. This movie tended to be a Piners' favorite and their comments ranged from "must see," "too real," "one of the best," to "very intense."

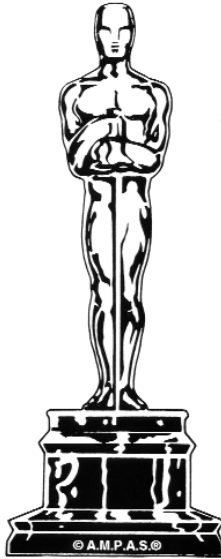
"The Grand Budapest Hotel" is a comedy about a concierge who seeks

to prove his innocence when he is framed for murder. The film was released last spring and seen by just a few Piners one of whom deemed it "quirky" and yet another as "much ado about nothing."

"The Theory of Everything" de-

The nominations for Best Picture in alphabetical order are:

- American Sniper
- Birdman
- Boyhood
- Selma
- The Grand Budapest Hotel
- The Imitation Game
- The Theory of Everything
- Whiplash



tails the life of one man...Stephen Hawking, a young and promising English physicist who in his graduate years at Cambridge is diagnosed with amyotrophic lateral sclerosis (ALS). And Eddie Redmayne, who portrays Dr. Hawking, was also nominated for Best Actor. All Piners interviewed agreed that this is a "go see" movie.

"Selma" is one of the latest released...on January 9, 2015. It is the story of the Selma to Montgomery marches in 1965 led by Dr. Martin Luther King. It is based on a time in history familiar to many Piners.

"The Imitation Game" visits yet another war...this time World War II but the scenes are behind the conflict rather than battle action. It traces the story of the English war authori-

ties desperately working to break the Enigma code of the Germans, which was the cause of major losses to the Allied forces. It traces mastermind mathematician, Alan Turing, played by Benedict Cumberbatch who has also been nominated as best actor, and his group confronting their professional and personal struggles. One movie goer spoke of "the moral responsibilities that began once the code was cracked" where "life and death choices" had to be made.

"Birdman" garnered nine Oscar nominations, including Best Actor for Michael Keaton who critics liked in this role. Billed as a "black comedy drama film," it follows a former superhero, "Birdman" who is revitalizing a flagging career producing a Broadway play. Hands down, Piners did not like this picture.

Unfortunately "Boyhood" was released in the summer and not many people saw this film with its unique perspective. The director Richard Linklater followed and filmed his cast of actors over a period of 12 years in completing this film. Of the Piners who saw it the comments were "about nothing" and "boring." And "Whiplash," the earliest release to be nominated for Best Picture came out on January 16, 2014. It is the story of a high school student in a jazz band who seeks his teacher's approval. It is based on a true story and has been virtually been forgotten.

But for the film awarded Best Picture there will be a gold-plated statuette on a black metal base. It is 13.5 inches tall, weighing in at 8.5 pounds and depicting a knight rendered in Art Deco style holding a crusader's sword standing on a reel of film with five spokes. The five spokes represent the original branches of the Academy: actors, writers, directors, producers and technicians.

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In the Rear View Mirror...

Orphan cars of the 1960s

By **Bruce Palmer**

The word orphan brings to mind Oliver Twist, holding out his bowl to ask for more gruel. But, to an auto fanatic, an orphan is a car, originally made by a company which no longer exists. History offers many examples.

Let's look at a decade synonymous with change and upheaval. The 1960s. The first major automotive casualty came as the decade began when Ford's Edsel was fading fast. Edsel had been introduced with much pomp three years earlier; a mid-priced offering from Ford with much

1960
Edsel

of the excess reserved for high-end cars. Air conditioning, 400+ cubic inch engines and even a floating speedometer with an early form of cruise-control were among the options.

But just as those '58 Edsels arrived...a recession was grounding the American economy. Almost overnight, the middle class car-buyer had to scale down spending plans. Ford's projected annual sales of 200,000 fell far short at just over 63,000. Things got worse in 1959 with less than 45,000.

1960 Edsels had just begun rolling out when the Edsel project was cancelled. Word hit the street in November, '59...and as the calendar turned to 1960, the small stock of new Edsels on the lots dwindled leaving what would be a grand total of just over 110,000 orphans (orphaned Edsels) roaming the streets.

Ford's Edsel wasn't the only casualty of that recession. Chrysler saw the same fate come to a much longer-standing line of cars, their DeSoto. Unlike Edsel, DeSoto had been around since 1929...introduced by Walter P. Chrysler with a remarkable debut, breaking a record for the most

first-model-year sales ever at over 81,000. DeSoto, like Edsel, was a mid-priced car but DeSoto inherited strong in-house competition when parent company Chrysler also bought out Dodge and added their mid-priced cars to the corporate line-up.

Even so, DeSoto sales remained consistent through the lean years of war and sales boom of the post-war era. Then, the nation's economic slide pulled the rug out from under DeSoto. Mid-decade production of more than 100,000 cars/year had tumbled to less than 40,000 in 1958 and the slide continued with barely 25,000 sold for 1960. Not long after production began on the '61s, Chrysler ended the DeSoto run leaving what remained of the more than 2 million DeSotos built as a fleet without a parent. Orphans.

By mid-decade, America's oldest auto company closed its doors. Studebaker was incorporated in the 1850s by five brothers who built wagons. By the end of the 19th century, Studebaker was transitioning to horseless carriages and success was swift. For 1908, more than 8000 "cars" were sold, placing Studebaker third in sales behind only Ford and Buick.

Along the way, Studebaker scored

many firsts; the first-ever outdoor proving grounds for testing vehicles, the first manufacturer to surpass 50 different models in a model year and styling advances including the first wrap-around glass rear-window (on the '47 Starlight Coupe). In 1950 Studebaker reached an all-time production high of 320,000.

But strong initial post-war sales quickly faded when a price-war erupted between Ford and GM. The smaller manufacturers suffered but none more so than Studebaker. A merger with the fast-fading Packard Corporation in 1958 failed to turn things around and by March of '66 Studebaker was no more, leaving untold millions of orphans roaming the streets.

The last cars orphaned during the decade were orphaned in name only. From 1900-1915, Kenosha, WI was home to Rambler, a company which never built more than 3,600 cars in a year. The name disappeared when Nash bought-out Rambler, only to reappear as the name of a Nash model 35 years later. Who could ever forget the 1950s tune about "the little Nash Rambler?"

But, that same GM-Ford price war also rocked Nash hard enough that they wound up merging with the flailing Hudson Corporation, renamed as



1966 Rambler

American Motors Corporation and streamlining their brand name to be Rambler, at the direction of company president George Romney (yes, Mitt Romney's father).

When Romney left to become Governor of Michigan by the mid-60s, the new company president thought the Rambler name felt stodgy. He demanded it be phased out, in favor of corporate-shortened AMC. By June 30, 1969 the last car to bear a Rambler badge rolled off the assembly line and the Rambler, too, was an automotive orphan.

Time has passed; other car-makers have disappeared. Today we have an entirely different crop of orphans still rolling down the road: Mercurys, Oldsmobiles, Plymouths and Pontiacs are among the parent-less wheels on the modern road. Automotive orphans are just a sign of the evolving automotive world. Ever in search of a better bowl of gruel.

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Hospice asks for lap blankets

Coastal Hospice & Palliative Care is in need of lap blankets to give to patients in their care.

Many hospice patients become chilled in the cold of winter, and Coastal Hospice has traditionally provided lap blankets to give them comfort and warmth. Several groups, including Loving Hands of Ocean City, regularly make and generously donate lap blankets for hospice patients. But this year, the demand is exceeding the supply on hand.

“Our patients, many of whom are bed ridden or in wheelchairs, truly appreciate the extra comfort and warmth these lap blankets provide,” said Judy Hunt-Harris, volunteer services manager for Coastal Hospice. “It also makes them feel a little bit better knowing someone out there cares about them.”

Most appropriate are knitted, crocheted or soft fleece lap blankets. Items must be new, and can be either handmade or purchased. The ideal size is approximately 36x42 inches.

Donations are being accepted during regular business hours at the Coastal Hospice main office at 2604

Old Ocean City Road in Salisbury or at Coastal Hospice at the Ocean at 10041 Racetrack Road, Taylorville Center, in Berlin.

More information is available from Judy Hunt-Harris at 410-543-2590.

Founded in 1980, Coastal Hospice is a nonprofit health care organization that cares for individuals facing life-limiting conditions but who want to remain as active and engaged as possible. Coastal Hospice cares for patients in their home, nursing home, assisted living facility or at Coastal Hospice at the Lake. The organization serves Wicomico, Worcester, Dorchester and Somerset counties.

Bishopville to hold indoor yard sale

The Bishopville Volunteer Fire Auxiliary will hold an indoor yard sale at the main fire station on Saturday, March 7, from 7 a.m. to noon. The cost is \$15/table or \$25 for 2 tables. Breakfast food will be available for sale. Call 443-235-2926 for more information or to reserve a table.



Guest speakers — Erin Swanson, RN and Matt Terrull, a therapist from Amedisys Home Health Care gave a informative talk to members of the Democratic Club of Worcester County at their monthly meeting Feb 12. Erin assists patients through the process of healing wounds to setting up their medications. Matt is a therapist who also makes home visits. The visits are covered by Medicare as long as the patients are truly house-bound. From left: Club President **Tom Butler**, Erin Swanson, Matt Terrull, and club Vice President **Arlene Page**.

The Democratic Club of Worcester County meets monthly on the fourth Thursday at 7 p.m. in the Assateague Room of the Ocean Pines Community Center. The next meeting is March 26. Visitors are invited. For more information, please contact Tom Butler at 410-600 0468 or Arlene Page, 410-352-3749. Photo by Ted Page.



Keep on playing — Three degree temperature could not keep the platform tennis players off the courts on Sunday. Left to right: Tom Herrick, John Sicre, Tony DiNicolas, Dave Tanner, Joe Jankowski, Bob Enderle, Jim Freeman

Driver education classes to begin

The continuing education division at Wor-Wic Community College is offering driver education classes Monday through Friday, March 16 through 27, from 5:30 to 8:45 p.m., at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

Classroom size is limited to 30 students. Behind-the-wheel training is one-on-one with an instructor. Students must have a valid Maryland learner's permit before starting class. Students under 18 years old at the time of registration must have an adult attend the first class session as part of

the course orientation process.

Driver education training at Wor-Wic has been made possible, in part, by a donation from the Pohanka Automotive Group of Salisbury to help local residents who can't afford the cost of the driver education course that is required by the Motor Vehicle Administration (MVA). Financial aid is offered to those who qualify. Students seeking financial aid must apply by March 2.

For more information, visit the college website at www.worwic.edu or call (410) 334-2815.

Murder Mystery Dinner

Friday February 20th 2015
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Estate tax changes may affect your current will

By **Mike Mathers**

Benjamin Franklin famously said that nothing was certain except for death and taxes. Well, Philadelphia's famous citizen might have felt like his kite was struck by lightning when he read about the big changes to Maryland's estate tax that passed last year. For years the Maryland estate tax exemption started at 1 million dollars, meaning an estate of less than 1 million did not have to pay any



Mike Mathers

state estate tax. This year, the exemption has been raised to 1.5 million, and the rates are scheduled to keep increasing until 2019 as follows:

2015-\$1.5 million

2016-\$2 million

2017-\$3 million

2018-\$4 million

2019- Same as Federal Exemption, currently 5.3 million.

One important aspect of this change is that any wills drafted before last year could include complicated tax planning that is no longer necessary. To briefly explain how this usually works, imagine Ben Franklin and his

wife Deborah have 2 million dollars. In the past, I might have suggested that if Ben dies first, he leave half of his money to a tax planning trust, rather than giving it all to his wife. With one million in the trust and one million left to Deborah, each estate was below the old one million dollar limit.

If the Franklins had the will I just described, those special tax trusts would become unnecessary in 2016, when the exemption will raise to two million dollars, the size of their estate. Here is the important part for you and your current estate plan; some tax planning is done with "optional" tax trusts and in other cases it is mandatory. An optional trust would say that Deborah Franklin can choose to put money into a trust rather than receive it directly, or that the trust is funded "by disclaimer."

One great feature of these optional tax trusts is that if you don't need them anymore, your surviving spouse doesn't have to use them. In my example above, Ben Franklin's wife might have just ignored those unnecessary tax

provisions and chosen to receive everything directly. My important message today is that some older wills used mandatory tax planning language which will be a burden in our new estate tax environment. An example of mandatory tax planning is language that says, "If my husband, Ben Franklin, survives me, I leave the maximum amount exempt from estate tax to the Liberty Bell trust, and the rest directly to Ben."

Do you see how Ben has no choice except to watch the money go into this trust? That mandatory plan may have been a blessing when it was preventing a large estate tax bill but today it doesn't serve any purpose for a family with one million dollars in assets. For families who were worried about high estate tax bills, last year's change came as a very welcome surprise. Now make sure your plan is appropriate for the new legal landscape.

Mike Mathers is a local attorney who practices in estate planning and elder law. He can be reached at 410-208-3331 or Mike@mbmatherslaw.com.

Computer Science workshops available

The Red Doors Community Center at St. Paul's by-the-Sea located at 3rd Street in Ocean City is now registering students for Code Camp, a series of intensive Saturday computer science workshops designed to teach 4th through 12th grade students the fundamentals of computer programming. Participants will design and code their own video games by building interactive 2D environments, using object oriented programming, and incorporating graphics. Each session builds on the previous workshop, culminating in the Level 3 workshop where the video games will be published online. This program is made possible through partnership with Worcester County Department of Economic Development and through grant funding provided by the Community Foundation of the Eastern Shore. Code Camp is instructed by

Maryland certified educator Ryan Mete. Mete teaches computer science in Wicomico County public schools and programs for Studio Codeworks, a



Washington DC based software developer. Code Camp Level 1 will be held on February 21, Level II on March 3, and Level III on March 28. Additional spring dates may be added based on interest. For more information and registration, please visit www.reddoors.org or call 410.289.5576.

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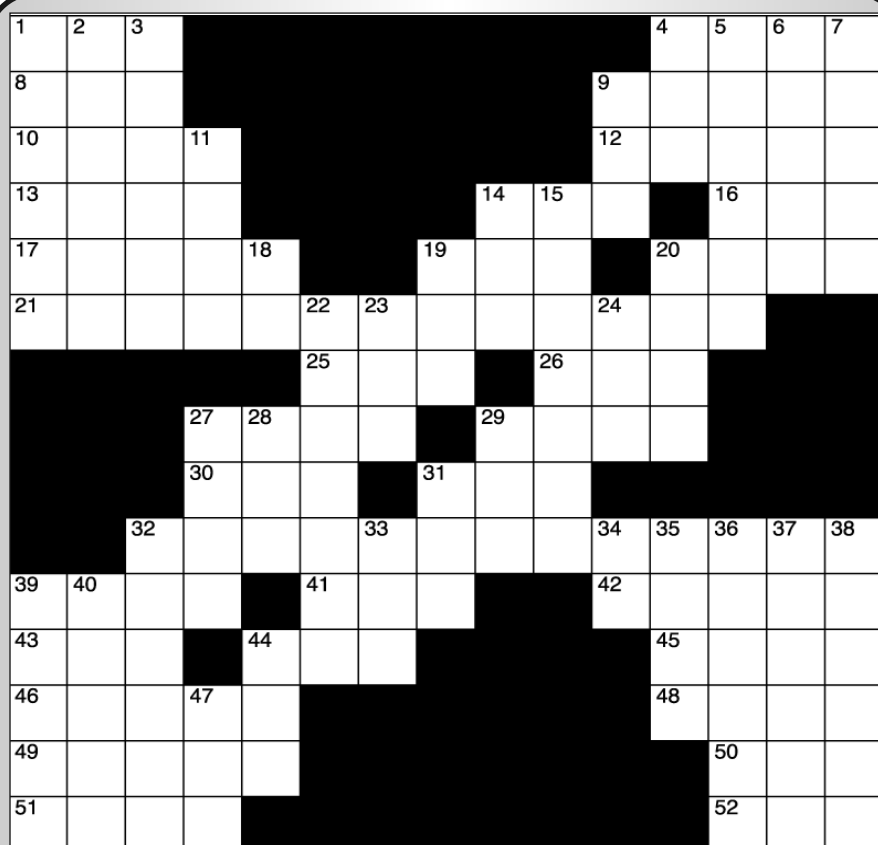
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ACROSS

- 1. Centralized mailing compartment
- 4. Small argument
- 8. Latin for "hail"
- 9. Semicircular headdress
- 10. Hole plug
- 12. Primp
- 13. A spontaneous motivation
- 14. Don't know when yet
- 16. Portable computer screen material
- 17. Conform
- 19. Yoruba
- 20. Wings
- 21. Tar Hill State
- 25. Hard, durable wood
- 26. Pallid
- 27. Pabir language
- 29. Not crazy
- 30. Word element meaning
- 31. Hill (Celtic)
- 32. "Dangerous Liaisons" actor
- 39. Space between 2 points
- 41. Arbitrageur
- 42. 3rd or 4th Islamic month
- 43. Assistance
- 44. Manuscripts (abbr.)
- 45. In a way, soaks
- 46. Synovial knee syndrome
- 48. 2nd cervical vertebra
- 49. State of sudden fright
- 50. Snakelike fish
- 51. Each of 4 Hindu ages
- 52. Point midway between S and SE
- 7. Petter _____, Nordic combined skier
- 9. Yearly tonnage (abbr.)
- 11. Clan division
- 14. Referee declares
- 15. Rampart
- 18. "Big" actor's initials
- 19. Noah's boat
- 20. Diarist ___ Frank
- 22. Luminous celestial ring
- 23. Famous motor club
- 24. 007's creator
- 27. A timely blessing
- 28. UTHealth (abbr.)
- 29. Roman Helios
- 31. Check
- 32. Making of a worn-out vicious horse
- 33. Wife
- 34. An alternative
- 35. Spanish unit of length
- 36. Wild goats
- 37. Municipalities
- 38. Bother or harass
- 39. Excessively sentimental
- 40. Middle Eastern dish
- 44. Waterproof raincoat
- 47. Former OSS

DOWN

- 1. Relating to New Guinea
- 2. Carry to excess
- 3. Alms solicitor
- 4. Title of respect
- 5. Spanish saffron dish
- 6. Betel palm genus



Answers for Feb 11



Captain Ron's
Fish Tales

By *Ron Fisher*

Sponsored by Peninsula Rehab and Sport Medicine



Fishing: Since there is not much going on with fishing because of the cold and windy weather I thought I would discuss some important boating issues in this column. But first one good reason to go fishing is to contribute to conservation. Anglers put their money where their mouth is and are passionate about the environment. By purchasing fishing licenses and paying special taxes that they themselves have agreed upon anglers have helped to fund many of the wildlife and conservation programs that exist in the United States. They also contribute to non-game and education programs, and to the purchase of thousands of acres of public lands, where everyone is welcome to recreate year round. Anglers are also acutely aware of the importance of clean water and air and pride themselves on protecting and preserving our environment, natural communities and valuable habitat. Published by the Virginia Department of Game and Inland Fisheries.

Ethanol: We have all had experience with ethanol. To keep up with the mandate of the Renewable Fuel Standard (RFS) Law in 2010 the EPA permitted E15 (fuel containing up to 15% ethanol). E15 is prohibited from being used in marine engines and there is according to "Boat U.S." not a single marine engine warrantied to run on any fuel with over 10% ethanol. It also is prohibited from being used in snowmobiles, motorcycles, small engines like lawnmowers and leaf blowers, as well as any vehicle made before 2001. Why is this important? Again according to "Boat U.S." this fuel can

now be found at over 100 stations in 16 states. You might say well I can buy non-ethanol fuel at a marina but over 60% of "Boat U.S." members fill their boat's fuel tanks at roadside gas stations where the higher blend ethanol fuels are often the cheapest fuel. This alone creates a potential for misfueling and puts boaters at risk. For many years the boating industry has been battling in Washington to make sure you can buy gas that works in your boat engines. Again, according to "Boat U.S." U.S. Congressman Bob Goodlatte (R-VA) introduced the Renewable Fuel Standard Reform Act of 2015. This bill, has bi-partisan support and will effectively remove mandates for higher blend ethanol fuels (more than 10%) and allow for investment in other more compatible biofuels. If you support this please contact your congressmen by mail or e-mail and ask them to co-sponsor the Renewable Fuel Standard Reform Act of 2015.

What should you consider when purchasing your first boat to be used on the bay at Ocean City? First you will need to consider a few very important questions. Buying a boat without considering these could result in many unpleasant surprises. They are as follows:

Will you be using the boat for pleasure boating, fishing or both?

Will you be taking children on the boat?

Are you interested in speed or simply a boat that will get you around at a comfortable pace?

How big a boat are you interested in?

please see capt. ron on page 11



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How to eat after 50

As people age, their dietary needs begin to change. Foods that were once staples of your diet as a youth may be restricted once you hit a certain age, while other foods you may have always avoided may now be necessary to fuel and support a healthy body.

Eating healthy foods and exercising may not be enough to sustain health, as hormonal changes and other health effects as a person reaches age 50 can have a profound impact on his or her nutritional requirements. The following are a few things men and women over 50 may want to consider as they look to eat a healthy diet for years to come.

Vitamin D

Both men and women age 50 and up have a reduced ability to produce vitamin D through exposure to the sun. Extra vitamin D will be needed from foods and supplements. Everyone over the age of 50 should take a daily vitamin D supplement of 400 IU (10 µg), according to Canada's Food Guide. Without adequate vitamin D, bone strength and health can deteriorate because vitamin D promotes calcium absorption. Vitamin D also has other roles, including helping neuromuscular and immune function and reducing inflammation.

Friendly fats

People over age 50 should increase their intake of unsaturated fats and reduce consumption of saturated fats. Nutrient-rich unsaturated fats can guard against heart conditions, protect against stroke, keep skin supple, and even help men and women maintain good neurological health. Omega-3 fatty acids can be found in nuts, olives, seeds, and fatty fishes.

Increase protein

According to Christine Gerbstadt, MD, RD, a spokesperson for the Academy of Nutrition and Dietetics, as they age, men and women need more protein in their diets to maintain their muscle mass. The amount of protein needed at a younger age no longer may be adequate. Look for lean sources of protein from fish and poultry. Beans

are also a low-fat source of protein that can help fulfill daily protein requirements.

More fiber

Eating more fiber can help with digestive and intestinal problems, such as constipation. Constipation can occur when fiber intake is not enough, coupled with a more sedentary lifestyle. The best way to get fiber is through diet. Leave the skins on fruit and vegetables and choose whole fruits over juices. Whole-grain breads and cereals



also are good sources of fiber. Dry beans and lentils can add a fiber boost. Always increase fiber slowly to determine your tolerance.

Fewer calories

The National Institute on Aging says women over the age of 50 need between 1,600 and 2,000 calories, depending on how physically active they are. Men need between 2,000 and 2,400 calories per day. With each passing year there is a decrease in the energy required to maintain body weight, so caloric intake should be adjusted accordingly.

More water

As a person ages, his or her body may not signal it is thirsty as well as it once did, so it's possible that you may not recognize when you are thirsty or dehydrated. The Mayo Clinic recommends around nine to 10 cups of beverages per day to remain hydrated.

Eating healthy and changing one's diet is important as a person ages, as dietary needs at age 50 may be quite different from what they were at age 30.



WPS Art Honors

At the Ocean City/Berlin Optimist Club 2015 High School Art Exhibit and Competition on February 5 in Ocean City, Worcester Prep students capturing honors were: (l-r) **Kathryn O'Malley**, 2nd place, Painting; **Taylor Zarif**, 3rd place, Drawing; **Mark Wilson**, 1st place, Painting; and **Claire Riley**, People's Choice Painting.

capt. ron

from page 10

Are you interested in a new or used boat?
Will you have a slip in a marina or at your home to keep your boat during the boating season?
Where will you winter store the boat?
Do you have a vehicle equipped and is it capable of towing the boat or will you have it stored and launched by someone else?

Next be certain to take a safe boaters course either offered by the Maryland Department of Natural Resources, Power Squadron or the U.S. Coast Guard Auxiliary. During this course you will learn boating talk, safety, rules of the road, navigation, knot tying and proper identification of various locations on a boat. It may also help you decide what type boat you are interested in purchasing. Also, become familiar with Maryland boating regulations available through the Maryland Department of Natural Resources (DNR).

Now you are ready to consider a purchase. Remember we are discussing a boat to be used on the Coastal Bays. I would not consider anything smaller than 17' or larger than 24' for ease of handling. Also, don't be afraid to negotiate for price and include accessories. Although there are many types of boats the center console, walk-around cuddy and pontoon boats are most commonly used on the bay. To be continued in my next column Part II.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., February 19	7:29 a.m. 7:50 p.m.	1:11 a.m. 1:48 p.m.	6:46 a.m.	5:43 p.m.
Fri., February 20	8:19 a.m. 8:41 p.m.	2:04 a.m. 2:36 p.m.	6:45 a.m.	5:44 p.m.
Sat., February 21	9:09 a.m. 9:33 p.m.	2:57 a.m. 3:24 p.m.	6:43 a.m.	5:45 p.m.
Sun., February 22	9:58 a.m. 10:25 p.m.	3:51 a.m. 4:14 p.m.	6:42 a.m.	5:46 p.m.
Mon., February 23	10:48 a.m. 11:19 p.m.	4:47 a.m. 5:06 p.m.	6:41 a.m.	5:47 p.m.
Tues., February 24	11:41 a.m.	5:46 a.m. 6:01 p.m.	6:39 a.m.	5:48 p.m.
Wed., February 25	12:17 a.m. 12:38 p.m.	6:48 a.m. 6:58 p.m.	6:38 a.m.	5:49 p.m.

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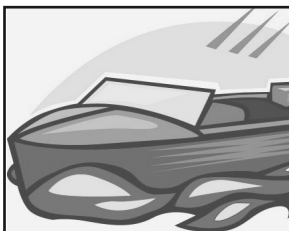
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PRMC offers baby classes

Peninsula Regional Medical Center will offer several classes for parents of newborns.

A breastfeeding class will be held Saturday, February 21 from 9 a.m. to 11 a.m. in the Hallowell Conference Center at PRMC.

Join educators to learn the basics of breastfeeding, proper positioning of baby, how to avoid common problems and how to pump and store milk. This class will prepare parents for a great breastfeeding experience. Mothers are encouraged to bring support members with them, as studies show that breastfeeding is more successful when mom has loving, knowledgeable support. Videos will also be shown to help demonstrate the proper techniques for successful nursing. The fee is \$30 for mom-to-be and her coach. Pre-registration is required.

Also a four-week Prepared Childbirth course will be offered on Tuesdays from 6 p.m. to 9 p.m. beginning on March 3, 2015.

Meet other expectant parents at this interactive course that includes information about prenatal care, labor and delivery, postpartum care and infant safety. You will tour the medical center and learn what to expect during labor and birth, different breathing techniques, relaxation skills and other helpful comfort measures to use whether you are planning a medicated or non-medicated birth.

Classes should be taken during the sixth to eighth month of pregnancy. The fee is \$75 for the mom-to-be and her coach. Pre-registration is required. Participants are asked to bring a blanket and two pillows to each class.

Parents who cannot attend the full course may take an online class via www.peninsula.org, with a two-hour in-person component that includes a tour of Peninsula Regional's Labor & Delivery and Mother-Baby units. The next e-learning add-on class will be held on Saturday, February 21 from noon to 2 p.m. and costs \$30.

A newborn care class will be offered from 6 p.m.

to 9 p.m. on Tuesday, March 24 in the Hallowell Conference Center at PRMC.

This class is a must for first-time parents. Peninsula Regional educators will focus on survival skills for the first six weeks home with baby. Topics include diapering, bathing, sleeping, calming a fussy baby and much more. Dad or another support person/coach are encouraged to attend with mom. The class will provide participants an opportunity to obtain some great hands-on experience. There is a \$30 participation fee that covers the mom to be and her coach. Pre-registration is required. Please note, if you are attending a four-week prepared childbirth class, this information is also covered in that class.

For more information, call 410-543-7512, email lavern.henry@peninsula.org or visit the Classes and Events section of the Peninsula Regional Medical Center website at www.peninsula.org for online registration.



Old timers? - Students in Ms. Julie Bobik's class dressed up as if they were 100 years old for the 100th day of school celebration at Showell Elementary. **Ronen Poddar, Charlotte Wilt, and Ben Glardon** are practicing counting to 100 in order to make a fruit loop necklace.

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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played

every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs. & Fri.

Church Thrift Shop

Stevenson United Methodist Church in Berlin is open Wed. - Fri. 10 a.m. - 2 p.m. Sale Fridays. Call 410-641-1137.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is

open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Sundays

Sunday Night Serenity **Al-Anon Family Group** at The Woodlands/Independent Living Apt. Bldg. 1135 Ocean Parkway-Ocean Pines, Md. 21811

Third Sunday

Sharing Sunday

Bring non-perishable groceries and paper goods to the Ocean Pines southside fire hall 1 -3 p.m. to benefit local food banks.

Third Monday

Democratic Women

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10 a.m. at the Ocean Pines Community Center. Guests and new members are welcome.

Third Tuesday

Widows & Widowers Social Club.

Group meets in Ocean Pines at 1 p.m. for luncheon meeting. Call 410-208-1398.

Third Wednesday

Survivors of Suicide Meeting

Starts at 6 p.m. at the Worcester County Health Department. 9730 Healthway Drive, Berlin. Open to anyone who has lost a friend or loved one to suicide. Quiet listening, caring people, no judgment. For more information, call 410-629-0164 or visit www.choosetoliveMaryland.org.

Fourth Wednesday

Marine Corps League

First State Detachment Marine Corps League raises funds for a variety of charities and meets at 7 p.m. in VFW Post 8296, 66th St. Ocean City. Open to all fellow Marines and FMF Corpsmen. Visit www.firststatemarines.org.





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Learning — Department of Natural Resources Officer, Vinny Artrip, talked to Ms. Andrea Matrona's kindergarten class at Showell Elementary about being a community helper. Students recently studied bears, hibernation, and habitats. Ms. Matrona combined that topic with their current unit on community helpers and brought in a community helper who helps animals and their habitats. The students brainstormed questions to ask Officer Artrip about his job before he arrived. They wanted to know why he wears a uniform, why does he have to protect animals, if he went to kindergarten and more. **Grant Stephan, Dylan Martinenza, Julia Park and Ava Gunn, gave Ms. Matrona and Officer Artrip a thumbs-up seal of approval for his visit.**



Having fun — Member of the United States Coast Guard and the USCG Auxiliary participated in the annual Seaside Boat Show this past weekend, at the Roland E. Powell Convention Center. **Coastie** (pictured above) the remote control mascot was a hit with young and old alike. **Al Parra** (left) 12-05 Flotilla Commander, **BM3 Martinez** and **Seaman Rodas** (back right) look on as **Coastie** entertains **David, Annabelle and Lorelei Moon** of Queenstown, MD, with a safe boating message. Photo by Dan Collins

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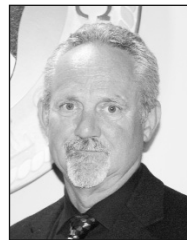
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County Connection



Planning for the future

February 3, the commissioners unanimously adopted the Worcester County Five-Year Capital Improvement Plan for Fiscal Year (FY) 2016-2020. The Capital Improvement Plan, or CIP, is a five-year plan that is reviewed and updated annually to help county officials identify and develop a planning schedule to finance potential capital projects and equipment.



Harold Higgins

“The CIP is strictly a planning document used to prepare future operating budgets, anticipate the future financial needs of the county and identify possible funding resources,” Chief Administrative Officer Harold Higgins said. “It should be made quite clear that a project’s inclusion in the CIP does not constitute a guarantee of funding from the county.”

The FY16-20 CIP includes capital projects and equipment expenditures totaling \$84.8 million that are proposed over the course of the next five-year period. Some things to consider when looking at the CIP include the following.

How do you propose to fund

projects included in the CIP? Of the proposed projects, \$12,265,000 or 11.61% is proposed to be funded by the General Fund and \$56,260,374 or 53.26% from bond funds. The remaining portion would be funded by user fees, grant funds, state match funds, designated funds, local bank loans or enterprise fund bonds.

What projects and equipment purchases are addressed in the CIP? The CIP projects include, but are not limited to, projects in the following categories: General Government Facilities – a tax software upgrade to replace aged tax software in the Treasurer’s Office, an 800 MHZ radio system, and a new Berlin Branch Library; Public Works, Water and Wastewater and Solid Waste projects; Recreation and Parks – Showell Park land acquisition and development, to purchase approximately 40 acres of land adjacent to the Showell Park to create a multi-use sports complex which is contingent upon the availability of Maryland Department of Natural Resources (DNR) Program Open Space (POS) funds to cover 100% of the land acquisition costs; Public Safety – Jail Improvement Project; Public Schools – replacing the Showell Elementary School (SES), a Stephen Decatur Middle School (SDMS) addition; and Wor-Wic Community College (WWCC) – renovations to the Academic and Administrative Building, Maner Technology Center (AAB/MTC) and a New Academic Building.

Both the commissioners and county staff have a well-established history of being extremely frugal in their approach to spending. County officials strive to balance projected needs with the wise use of limited resources. Because the CIP is only a planning document, some projects included therein may not receive funding approval when reviewed in detail in the future. Other projects may be approved, but at reduced costs.

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