



The Courier

October 7, 2015 Volume 16 Number 6

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Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, October 10 at 9:30 a.m. in the Ocean Pines library. The speaker will be Shirley Moran who serves on the board of directors of the Ocean City Lifesaving Museum. Shirley will share the history of this landmark building that sits at the south end of the Ocean City boardwalk. All welcome.

Program on heroin abuse offered

Two members of the Worcester County Sheriff's Department will present a program entitled "Heroin: No Simple Solution" at the Ocean Pines library on Monday, October 12 at 10 a.m. This program is sponsored by the Friends of the Ocean Pines Library and is open to the public. Sgt. Nate Passwaters and Cpl. Rodney Wells will address the growing problem of heroin addiction and related crime in Ocean Pines, as well as throughout Worcester County. In one recent year, there were 13 deaths in the county from heroin overdoses. This is a growing problem and it behooves citizens to stay informed.

The program will be in the large meeting room at the library. Refreshments will be available at 9:30 a.m. All are welcome. For information, please call 410-208-4269.

GM to hold town meeting

Ocean Pines Association General Manager Bob Thompson will hold a town hall meeting on Thursday, October 8 at 6 p.m. in the Ocean Pines Community Center. The meeting is open to the public.

Thompson will use the meeting as an opportunity to address comments and questions posed by Ocean Pines residents and property owners, who are encouraged to participate and share feedback. Questions may be submitted in advance via email to info@oceanpines.org.

Those unable to attend the meeting may view it live at OceanPines.org or on Mediacom channel 78. It also will be posted on the Ocean Pines website and will air on channel 78 afterward.



Dressed for Success — Stephen Decatur High School senior **Alexis Nguyen**, sophomore **Caleb Bourne**, and senior **Caroline Hammond** were among the best dressed during the school's first Dress for Success day of the school-year on September 25.

Chamber to honor Becks, Ayers Creek Adventures, Diakonia

By **Jean Marx**

The Ocean Pines Chamber of Commerce is proud to announce its upcoming 16th Annual Awards and Installation Banquet. With a Harvest Ball theme, the event is scheduled for Thursday, October 15 and will usher in the new Ocean Pines Chamber board of directors for the 2016 season. Additionally, the event will be recognizing outstanding people in our community in three categories: Outstanding Citizen of the Year, Outstanding Business of the Year, and Non-Profit Organization of the Year. The board

sought nominations from chamber members with the criteria of "local businesses and a citizen that have set an example through community involvement and commercial integrity." The 2015 results reveal very worthy recipients.

The 2015 Outstanding Citizens of the Year are Bob & Kelli Beck of DeNovo's Trattoria Restaurant located at 11310 Manklin Creek Road in Ocean Pines. This year marked the 10-year anniversary for DeNovo's of serving delicious food accompanied by

please see chamber on page 3

Veterans Memorial golf tourney scheduled

The Worcester County Veterans Memorial Foundation will host its 9th Annual Golf Tournament on Wednesday, October 28 at the Ocean Pines Golf & Country Club. Proceeds will benefit the foundation's Educational Outreach Program.

The tournament format will be Captain's Choice Scramble and will begin with a shotgun start at noon. Entrance fees are \$85 per player and include greens fees with cart, range balls, grab and go lunch and dinner buffet. An awards ceremony and silent auction will be included at dinner.

Sponsorships are also available and are 100% tax deductible.

The Educational Outreach Program was established in 2006 to sponsor an annual field day trip to the Veterans Memorial for every fifth grade class in Worcester County. Volunteers teach students how the memorial honors veterans and the history and proper handling of the American flag.

For registration and sponsorship forms, go to the Worcester County Veterans Memorial Foundation website at www.opvets.org.

For more information, contact the tournament coordinator Marie Gilmore at OPMarie@aol.com or 410-208-6612.



Fun night - Ocean City Elementary recently participated in the 5th annual Hooper's Crab House School Spirit Night. Over 170 OCES families and friends enjoyed all you can eat crabs, corn and chicken. There was also ice cream for dessert, a 50/50 raffle and a candy corn guessing jar for fun. Pictured, enjoying this fun family event are principal Dawn Rogers and students, Noah Hargrove, Holden Bunting, Michael Hoos, Layla Hargrove, Brody Kendall and Parker Intriery. Over \$2,000 was raised for the Ocean City Elementary PTA.

ATTENTION WORCESTER COUNTY RESIDENTS ONLY!!!

FREE - Household Hazardous Waste & Electronics Recycling

Saturday, October 10, 2015 - 10 AM - 2 PM - Collections to be held at the SHOWELL ELEMENTARY SCHOOL PARKING LOT

Household Hazardous Waste Collection

WHAT WILL BE ACCEPTED:

Gasoline, gas/oil mixtures, Fuels, Acids, Cleaners, Solvents, Automotive fluids, Bleach, Ammonia, Pool Chemicals, Pesticides, Dark Room supplies, CFL light bulbs, batteries, Insecticides, Herbicides, Oil-based Paints, Thinners, Turpentine, Wood Preservatives, Wood Strippers, Etc.

(dispose of **solidified** paint in trash - to solidify - add dirt, sand, kitty litter, mulch, etc.)

All of these materials will go to a HAZ MAT disposal site.

WHAT WILL NOT BE ACCEPTED:

Explosives, Ammunition, Medical Waste, Radioactive Materials, Picric Acid, Asbestos.

No Materials will be accepted from Business, Industrial or Commercial Sources.

THESE ITEMS WILL BE ACCEPTED AT THE SHOWELL ELEMENTARY SCHOOL PARKING LOT

OCTOBER 10, 2015 - 10 AM - 2 PM

Electronics Recycling

Televisions

Any Size TV
TV Remotes

Computers

CPU's
Keyboards
Mouse
Printers
Modems
Scanners
Cables
Misc. Computer Parts

Misc.

Electronic Equipment

VCR's
CD Player's
Calculators
Cell Phones
Radios
Stercos
CB Radios
Fax Machines
Misc. items

THESE ITEMS WILL BE ACCEPTED FOR ELECTRONIC RECYCLING AT THE SHOWELL ELEMENTARY SCHOOL PARKING LOT

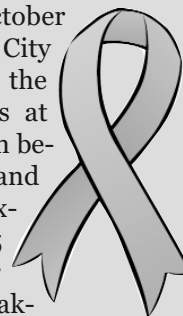
OCTOBER 10, 2015 - 10 AM - 2 PM

TRASHING OLD ELECTRONICS DOESN'T MAKE SENSE

For more information on this event, please call Ron Taylor, Worcester County Recycling Manager at 410-632-3177 or email at rtaylor@co.worcester.md.us.

Cancer walk to be held

The Making Strides Against Breast Cancer 5K Walk/Run will be held Sunday, October 18 on the Ocean City Boardwalk at the inlet. Check-in is at 7:30 a.m. The run begins at 9 a.m. and walk starts approximately 9:15 a.m. Pre-register online at www.makingstrideswalk.org/oceancitymd. Advance registration costs \$35 for the 5K. The walk is free. Participants will receive a T-shirt. Top finishers and fundraisers receive awards. Contact Beverly Furst at 410-251-8020 or emailbeverlyfurst@hotmail.com for more information. Visit www.makingstrideswalk.org/oceancitymd or "Making Strides Against Breast Cancer Ocean City, MD" on Facebook.



The LORD will surely save me
So we will play my songs on
stringed instruments Isaiah 38.20



We do that!

www.FellowshipAlliance.com
Church
Come join us this
Sunday 9:00AM
Showell Elementary School - Route 589
410-641-6000

Ocean Pines to host Halloween events

The Ocean Pines Recreation and Parks Department will host several Halloween activities this month, including annual favorites and a new spooky offering.

Area residents can put their artistic skills to use on Friday, October 16 for Family Fun Night Pumpkin Painting. Attendees may bring their own pumpkins to this annual event, held from 6 to 8 p.m. at the Ocean Pines Community Center, or purchase one for \$6 (limited quantity available). All decorations and paint will be provided. The cost is \$5 for Ocean Pines residents and \$6 for nonresidents.

A Haunted 5K Fun Run, a new Halloween event, will be held on Saturday, October 24 at 5 p.m. at Veterans Memorial Park in Ocean Pines. Participants are encouraged to wear costumes and awards for scariest, fun-

niest and best couple/group will be given at the festivities after the race. The entry fee is \$30 per person.

Ocean Pines will cap off the month with its annual Halloween Fall Festival on Saturday, October 31 from 1 to 4 p.m. at White Horse Park in Ocean Pines. Admission is free and open to the public.

Costume contests, carnival games, face painting, pony rides, candy, a haunted hay ride, moon bounce, crafts, refreshments for sale and more will be part of the event. Admission and games are free; there will be a fee for some attractions.

New this year is a pumpkin carving contest and an "anything pumpkin" cook-off/bake-off. Contest applications are available at the Recreation and Parks Department.

Volunteers and candy donations are needed for this special event. Please contact the Ocean Pines Recreation and Parks Department at 410-641-7052 if you are interested in helping or for more information about any of these activities.

Dazzle to host book signing

Dazzle Gift Shop in Ocean Pines' Manklin Creek Shopping Center will host a book signing for Hunter "Bunk" Mann's "Vanishing Ocean City" on Friday, October 16 from 4 p.m. to 6 p.m.. Refreshments will be served.

This will be a time to meet the author, discuss Ocean City's history and learn how this fabulous book came to be.

"Vanishing Ocean City" would be a wonderful gift for the Ocean City history buff or anyone who treasures Ocean City. It is a pictorial and biographical depiction of the beauty and charm of the city. Author Hunter "Bunk" Mann spent many years researching, interviewing, and chronicling the wonders of our area.

For more information please call Dazzle at 410-208-4438.



Acts of kindness - Worcester Prep teacher and alum, Kelley Burton '05, kicked off the school year teaching her second graders about kindness. Students created "Magic Wands" to hide throughout the school on September 14. Those who found the wands were encouraged to do three acts of kindness, then give the wand to someone else. (L-R) Emily Patrowicz, WPS teacher Kelley Burton; Ayush Batra.

chamber
from page 1

by excellent customer service. The Becks have offered a new feature this year of opening on Sundays to serve breakfast and a scrumptious Sunday brunch. The couple gives back generously to the community by supporting a variety of local charities including the Kiwanis Club, the Worcester County Veterans Memorial, the Alzheimer's Association, Atlantic General Hospital, and many more. Two such additional examples of their generosity occurred in the fall of 2014. That September, Bob and Kelli provided discounted dinner entrées for participants of Crazy LadyZ's fundraiser trip to the Dominican Republic on the eve of their trip so that the participants would not have to cook. The following month, they offered discounted tickets and hosted a spaghetti dinner fundraiser for the Ocean City Power Squadron to help promote safe boating.

The Outstanding Business of 2015 is Ayers Creek Adventures. The business is owned by Steven and Suzy Taylor and is located at 8628 Grey Fox Lane overlooking beautiful Ayers Creek in Berlin. The business opened in April 2010 and offers rental kayaks, canoes, and stand-up paddleboards by the hour as well as a variety of eco-friendly tours,

team-building exercises, and youth programs. The Full Moon Paddle, the Sunset Tour, and the Forested Wetlands Exploration Tour are among the customer favorites. Ayers Creek Adventures gives back to the community through hosting various charity events such as "Paddle for a Purpose" where they have raised money for Habitat for Humanity in Worcester County, the Maryland Coastal Bays Program, the Lower Shore Trust, Women Supporting Women, Komen Maryland, and Worcester County Youth and Family Counseling Services. One of the creative ways the Taylors have donated to Women Supporting Women and Komen Maryland is through selling raffle tickets to win a pink kayak.

Sponsored by the Community Foundation of the Eastern Shore, the award for the Non-Profit Organization of 2015, is Diakonia, Inc. located at 12747 Old Bridge Road in West Ocean City. Diakonia, Inc. was founded over 40 years ago. Their two buildings on Old Bridge Road provide emergency and transitional housing, as well as food, counseling, and assistance to area people in need. The organization is run by a small staff headed up by Executive Director, Claudia Nagel, as well as many volunteers who are all dedicated to the mission of "building a foundation for people in crisis or who are homeless

by helping them rebuild their lives with dignity and respect." The services are funded through community support from individuals, local organizations, local and state governments, and the United Way of the Lower Eastern Shore. On the corner of Route 611 and Sunset Avenue is a thrift shop run by Diakonia called "Used to Be Mine," where volunteers sell merchandise that cannot be used at the shelter. All the proceeds from the thrift store help Diakonia's daily operations. Diakonia also holds several fundraising events throughout the year, such as their golf tournament that is now in its sixth year. Additionally, Amazon.com is offering to donate .5% of the price of any eligible purchase to Diakonia, Inc. through their AmazonSmile program. For more information, please visit www.smile.amazon.com.

It is difficult to encapsulate in a brief article all the good works these award recipients do, and each is grateful for the opportunity to continue to give back to the community. You are cordially invited to attend the Award and Installation Banquet from 6 - 9 p.m. at the Ocean Pines Yacht Club on October 15. Gourmet cupcakes are being provided courtesy of Miss Patti Cake. Tickets are \$55 each; please R.S.V.P. to the Chamber by October 12.



The Courier

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2012 Business of the Year

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Did you know October has two birthstones?



The Opal and the Tourmaline
 The name opal derives from the Greek Opallos, meaning "to see a change (of color)." Opals range in color from milky white to black with flashes of yellow, orange, green, red, and blue. An opal's beauty is truly unique because each individual stone is a one of a kind color combination. Opal is a formation of non-crystalline silica gel that seeped into crevices in the ground. Through time and nature's heating and molding processes, the gel hardened into the form of opals. Tourmaline comes in a variety of colors and is known for displaying several colors in the same gemstone. These bi-color or tri-color gems are formed in many combinations. One multi-color variety is known as watermelon tourmaline, and features green, pink, and white colors bands; to resemble its namesake, the gemstone is cut into thin slices having a pink center, white ring, and green edge. Tourmaline is found in many localities including Brazil, Afghanistan, East Africa, and the USA.

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Remembrance held for racquet members

By June Freeman

On Sunday of September 27, a remembrance was held for all the tennis and platform tennis members who have passed away. It was a beautiful ceremony. The remembrance opened with Thomas Lee reading a poem written for and dedicated to those who played the sport. The names of all who played were named and honored. The chorus members sang a lovely rendition of "All Through the Night", followed up by Jim Holland playing the taps.

The Remembrance Court was formed in 2005 when a committee designed a garden where tennis and platform tennis and now pickleball members could be remembered. The concept became known as the Re-



Linda Lee at memorial

Arts Center opening is Friday

Due to inclement weather, the October art opening at the Ocean City Center for the Arts was postponed and has been rescheduled for Friday, October 9. The public is invited to the free event from 5 to 7 p.m. to meet the artists and enjoy hors d'oeuvres.

A dozen artists from Delaware's Artist Exchange are featured, plus a group show of "Selfies" by members of the Art League of Ocean City.

The shows continue at the Arts Center through October 31.

More information is available at www.artleagueofoceancity.org or by calling 410-524-9433.

Bertino to hold Town Meeting

Chip Bertino, Worcester County Commissioner for the Ocean Pines district, will hold a Town Meeting on Saturday, October 24 at the Ocean Pines library. The meeting will begin at 10 a.m. Commissioner Bertino will provide information on issues and developments occurring within the district and the county. Sonny Bloxom, Worcester County Attorney is the guest speaker. Commissioner Bertino will be joined by Commissioner President Jim Bunting during the question and answer part of the program.

membrance Court. The garden is divided into decades with plaques installed in the 1980s, 1990s, 2000s and 2010s. When planning the garden, the committee decided upon plaques which allowed them to honor every member equally and to preserve a clean and simple look of the garden. There are sixty eight plaques at this time. Through the generosity of the

racquet members, there have been enough donations to pay for the remembrance garden. The committee members who volunteer their time for this project include: Chairperson Linda Lee, Public Works Ed Wells, Nancy Beste, Kristen Laun, Marie Stenger, Betty Thompson and Audrey Wahl.

Understanding storm surge is key to planning for weather emergencies

Understanding what causes storm surge and how it may affect your area is key when planning how your family should respond to weather emergencies. Along the coast, storm surge often poses the greatest threat to life and property during weather events. In 2012, storm surge during Tropical Storm Sandy caused catastrophic flooding in Crisfield. The combination of wind, high tides, gravitational effects of the full moon, and town's slope culminated in mass flooding throughout the area.

"In essence, we saw hurricane strength flooding from a non-hurricane event," said Tom Kane, Emergency Planner for Worcester County Emergency Services (WCES). "In emergency management, one of our greatest goals is to help residents consider the possible storm surge and the immediate danger it poses to their lives rather than storm strength when planning how to respond to each weather emergency that occurs along the coast."

Storm surge is an abnormal rise of water generated by a storm, one that is higher than the predicted astronomical tide. It's the change of water level that is due to the presence of that storm. Hurricane categories are based on wind speed, not water levels, and tend to pass through areas rapidly, often in 12 to 24

hours. Unlike hurricanes, Nor'easters may last up to several days depending on the tide, rain and moon. Therefore, significant flooding may occur and could exceed that of a category 2 hurricane.

"To understand how high storm surge could be given the base flood elevation level, visualize yourself standing in your front yard," Kane said. "Now picture the water from that storm surge rising as high as your knees. That's a whole lot of water to contend with if you find yourself trapped in your home during a storm."

To help area residents preplan for storm surges and other types of emergencies that could impact the Eastern Shore, WCES will host a free, 8-session *Community Emergency Response Team (CERT)* course in Pocomoke. The training will take place in the Community Center at the Pocomoke Volunteer Fire Company on Thursdays from 6:30 – 9:30 p.m. from October 8 – November 19, 2015, with Cardiopulmonary Response (CPR) and Automatic External Defibrillator (AED) training to take place during class on October 22.

Space is limited to 20 individuals and is available on a first come, first served basis. For more info or to register, contact Tom Kane at 410-632-3080 or tkane@co.worcester.md.us.

Debunking the pot roast myth

So disillusioned am I that where to begin my tale of woe and heartbreak is a puzzlement. But with a stiff upper lip and unbridled step I will soldier on. Neither you nor I would expect any less.

Not since I learned about Santa Claus, the Tooth Fairy and the Easter

there's only one pot roast I like, the one made by my wife. She just has a way of making it that puts it tops on my list.

During the day in question, a day that will forever more be identified in the history books as "the day unfortunate," with alarming rapidity, my wife became ill having caught a bug of some sort from somewhere. As a result she spent the latter half of the day resting, sometimes sleeping, on the sofa. She was attentively cared for by me: orange juice, soup, medication, you name it she got it even when she didn't want it

Sometime during mid-afternoon, recognizing that she was not in any condition to cook, I offered to prepare dinner for the family. Normally we would have likely just had "catch as catch can." But there was a pot roast to consider. In between sneezes and coughs my wife relayed the instructions on how to prepare the meal. Expecting a litany of directions I was prepared with a notebook and several just sharpened Number 2 pencils. I didn't want to miss a single instruction.

No sooner had I lifted my pencil as she began to speak she was done. And I don't mean she paused to blow her nose or that she was so exhausted she fell asleep. No, I mean she uttered two sentences and that was it. *Finis!* Incredible and believing that she was suffering from delirium brought on by high temperature I asked if that was everything. "Yep," was her response.

That simple response shredded into confetti remnants all that I once believed to be true: that the laborious efforts, love and care my wife took in preparing for me my favorite meal correlated to her feelings for me. It was all gone in an instant. What I understood to be an intense preparation and cooking process was nothing more than putting meat in a roasting pan with some carrots and potatoes and letting it cook for about two hours.

During all the years I raved about this meal and boasted to others about it, my wife remained silent about her role in the process, letting me believe she slaved over the meal each time she made it. I'm dumbfounded, yes dumbfounded. What else has she led me to believe was a difficult and painstaking process? The birth of our children perhaps?



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

Bunny, have I been so shockingly devastated, disheartened and all together crestfallen. That's right, crestfallen. My heartache came not so very long ago when I discovered the truth about my wife. Well, more specifically, my wife's pot roast. Now you may find it curious that a pot roast would cause me such emotional distress. If that's what you're thinking, you know me hardly at all.

I'm a simple man with simple tastes. I don't ask for much. You see, I'm all about "the give," wanting to give to others more than what I humbly expect to receive. It's just who I am. And it was just me being me when I came to learn the horrid, nearly unforgiveable truth about the mother of my children and the maker of my most favorite meal, pot roast.

Shakespeare had his plays, Picasso had his canvas and paints, Hitchcock had his movies and my wife has her kitchen. Like the masters, she is a savant when it comes to cooking; able to create delectable meals with hardly more than a cracker and a sprinkle of flour. Maybe that's hyperbolic but it underscores the utmost regard that I've held my wife's culinary genius for more than a quarter century. And that's why when I inadvertently stumbled on the for-many-years hidden truth about the pot roast, much of what I hold dear about my wife's cooking was smashed against the uncompromising rocks of disillusionment. "Oh, the humanity!"

It all started on an otherwise quite ordinary Sunday. The day began like so many before, unordinary with nary a hint that by sunset all that I held firm and dear would be questioned. I was eagerly anticipating dinner because pot roast was on the menu. I should note that I don't like all pot roast. In fact

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Waterlines to be flushed

The Water and Wastewater Division of Public Works will begin its semi-annual program for flushing waterlines in Ocean Pines, River Run, Pennington Commons and other areas of the county during October. The purpose of this program is to remove any accumulated sediment from the lines and to ensure the hydrants are operational. Below are the proposed dates for the flushing of the waterlines in Ocean Pines. These dates are subject to change.

Week of October 5 - Sections 2, 3, 7, River Run, and Showell Elementary

Week of October 12 - Sections 1, 4, 5, 6, 8, and Harbor Village

Week of October 19 - Sections 12, 14a, 14b, 14c, 14d, and Mumfords Landing

Week of October 26 - Sections 9, 11, 13, Village Square, Manklin Creek area, Pennington Commons, and Cathell Road Extension

Week of November 2 - Sections 10, 15a, 15b, 16, 17 and Bay Point Plantation

Please be aware that even on dates the waterlines in your section are not being flushed it is still possible to ex-

perience discolored water. If area residents notice that their water becomes cloudy during these times, allow the water to run for a few minutes until it becomes clear. For more information, call the Water and Wastewater Division at (410) 641-5251.

Pine'eers to meet

The Pine'eer Craft Club will meet on Thursday, October 15 at the Ocean Pines Community Center at 9:45 a.m. A Turkey Favor Craft will follow. The cost is \$3. RSVP to Sharon at 410-208-3032. Guests are welcome.

Parrothead social set

There will be an Ocean City Parrothead Club Social on Tuesday, October 20 from 6 p.m. to 8 p.m. All current members and anyone interested in becoming a member are invited to join the group at Ropewalk (82nd Street Bayside) for games, 50/50, food and drink specials, and a "phun" time. Email ocphc@comcast.net for more information



Assistant Superintendent Worcester County Schools **Lou Taylor**, WCEF Vice Chairman **Greg Shockley**, BOC President **Reid Tingle**, **Susan Trimble**, WCEF Chairman **Todd Ferrante**, Superintendent Worcester County Schools **Dr. Jerry Wilson**

Bank of Ocean City donates to education fund

The Bank of Ocean City stepped up last week, becoming the most recent "Champions of Education" with a generous \$50,000 donation to the Worcester County Education Foundation. With BOC's donation, the WCEF is \$50,000 closer to meeting its initial and lofty \$1 million dollar goal. The Bank of Ocean City, a community based bank was anxious to join the WCEF's mission, which is to assure equal access to a World Class Education for every Worcester County student. As BOC President Reid Tingle puts it, "The Bank of Ocean City has supported the community in many ways. We pride ourselves in recognizing a good, sound investment. Education one of the greatest investments a community can make. By investing in great education, we're making an investment in our future. The kids we educate today are the future of this town. They'll be running this bank or leading our local government or teaching our grandchildren. We were also attracted to the Foundation's focus on providing equal access to an excellent education, for every child in Worcester County."

The WCEF was formed by a group of concerned parents and business leaders who believe that in order for Worcester County students to graduate fully prepared to function in

the new digital college environment or to compete for the jobs of tomorrow, "we must provide the necessary learning tools, today". The 501(c)3 Foundation goals include soliciting private funds that can be used to offset budgetary gaps during lean economic times. In addition, funds will be used to accelerate the purchase and distribution of appropriate digital devices so that every student in Worcester County K-12 will have equal access to a World Class Education. Funding will also be used for financial assistance for students who are less fortunate and finally, teacher's grants will be available on an annual basis, for the purchase of innovative programs and teaching tools. The WCEF will also fund an endowment that will grow and become a perpetual funding source for future needs of Worcester County students and teachers.

The Worcester County Education Foundation is currently looking for opportunities to speak to businesses, corporations, private organizations, charitable organizations or any group wishing to learn more about how to become a Champion of Education, supporting Worcester County students and teachers. Visit www.wced.foundation or call 410-632-5076 for more information or ways to give.

Ocean Pines
Chamber of Commerce
16th Annual Awards & Installation Banquet

2015 Theme:
Harvest Ball
Thursday, October 15th, 2015
6-9pm at the Ocean Pines Yacht Club

Please join us in honoring our 2015
Business of the Year: Ayers Creek Adventures

Citizen of the Year: Bob & Kelli Beck
DeNovo's Trattoria

Non-Profit of the Year: Diakonia, Inc.
Sponsored by the Community Foundation of the Eastern Shore

as well as the installation of our 2015/2016
Ocean Pines Chamber of Commerce
Board of Directors.

Tickets \$55 each includes: a delicious sit down dinner of either Roast Beef, Chicken Marsala or Swai Fish, fruit & cheese platter, vegetable medley, steamed rice & gourmet cupcakes, courtesy of Miss Patti Cake!

Sponsorships available!

To Purchase Tickets and Sponsorships, please visit our office at
11031 Cathell Rd, Berlin, MD,
online at www.oceanpineschamber.org or call 410-641-5306.
R.S.V.P by October 12th!

Youth golf program successful

Ocean Pines Golf & Country Club is wrapping up the golf season having had more junior golfers participate in its programs than in any other season in recent history.

Approximately 120 young golfers participated in the course's clinics and summer camps. The last program of the year, a fall clinic, ended October 6.

These numbers represent a marked change in participation: Three years ago, the junior golf program at Ocean Pines Golf & Country Club was practically nonexistent.

PGA Director of Golf John Malinowski, who assumed the position at Ocean Pines in November 2012, changed the way junior programs were conducted. "Before I arrived there was one camp or clinic in the summer. We added weekly clinics in the spring and the fall as well as extra week-long camps in the summer," Malinowski said.

The camps have proven especially popular. This past summer, Ocean Pines offered four separate camps, two of which had waiting lists.

Malinowski said, "The professional staff tried to show kids how much fun it can be to play a difficult game. We offered games and contests and tried to get them on the course to play as much as possible during the week. The dedication and attitudes of the staff have really helped to grow the program."

Word of mouth has also contributed to the rise in participation. Many children sign up for more than one camp or clinic, and new participants have often been referred by satisfied family members and friends.

Participants are also eager to return to the course after the programs are over. "It's been fun to see a shift in the usage of the practice facilities at the golf course after the camps. The kids are coming back to practice and sometimes play with their parents. I feel like they get a sense that they belong here and that's good for the growth of the game and securing the future of golf," Malinowski said.



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Artists to be featured at Ocean Pines library

Several artists will be exhibited at the Ocean Pines library during the months of October and November.

Suzanne Wilson is well known for her realistic landscapes with an impressionistic flair. Wilson considers herself a self-taught artist whose work is influenced by Monet, Bierstadt, and Sargent.

Wilson received a B.S. degree from Salisbury University and has studied at the University of Maryland in College Park. She has worked with many nationally recognized artists including Paul Leville, John Losonczy, Kevin Fitzgerald, and Scott Yeager.

Wilson explores the natural beauty of her environment through her travels in this country and abroad. With a strong emphasis on light, her landscapes clearly reflect the seasonal changes. Many of her plein air works are later recreated into larger pieces in her studio.

Wilson's work has won several awards and have been shown at Salisbury University Atrium Gallery, Water's Edge, A Step Above Gallery, Art League of Ocean City, Art Institute and Gallery, The Dorchester Arts Center, and in private collections in several states.

Mary Murphy has always tried to create beauty in her surroundings. She began her art career by studying at The University of Maryland College Park and has studied with Cassandra James, a former instructor at the Ringling School of Art and Design, and has studied with her in various locales in Texas, Montana, Mexico and North Carolina. Murphy has also studied with artists Linda Pflug, John Losonczy, Scott Yeager, and Kevin Fitzgerald. She has developed her landscape art through plein air paint-outs and her paintings capture the spirit of the locale. Her works can be seen in several galleries in Maryland as well as in private collections.

Betty Latourney decided upon retirement that she was going to add the title of artist to her accomplishments. Although she has painted with watercolor, oil is her preferred medium. She started her studies with Hungarian painter John Losonczy, and has enjoyed many classes and workshops since. Some of her class instructors were John Slater, Willy Schlossbach, Wallace McGarry, and Katie Cassidy. Some of her instructors in the workshops included Mary Ekroos, Kevin Fitzgerald, Scott Yeager, and Paul Leville.

Betty's art has been featured in *The Daily Times*, Mallard Landing Arts Alive (2005, 2006), Salisbury University Atrium Gallery (2008), Furnace Town Living Heritage Museum of Snow Hill (2006), Art Institute & Gallery (since 2000), Art League of Ocean City (since 2001), the Ocean City library (since 2008), Dorchester Arts Center (since 2007), A Step Above (2007), Water's Edge (2008), and The Globe (2009-). In addition to the Ocean Pines Library, she currently has paintings in the Keepsake Gallery in Salisbury, the Ocean City Convention Center, and Kellie's Hair Place of Hebron, MD.

She has enjoyed participating in the plein-air events in Ocean City, Cambridge, and Snow Hill. Her award-winning works of art in both painting and photography are exhibited in many private collections and galleries.

Catherine Anastasia Heubeck, Stasia, painted in the Baltimore area for over forty years. Primarily a portrait painter, she has portrayed children and adults, dogs, cats and horses. Having studied at the Maryland Institute, and for many years, at the Schuler School of Fine Art, she has brought to her work the techniques of the Old Masters. Now that she lives in Ocean Pines, she enjoys painting landscapes and wildlife, in addition to commissions for portraits. Stasia is active in the Art League of Ocean City where she exhibits, teaches oil classes, and writes interviews for the Newsletter. She also exhibits at the Worcester County Art Council in Berlin, MD. Her interest in art has taken her to writing about local and well-known artists for *The Courier*. Visit her website at www.stasiaheubeck.com.

Barbara Stitcher is an award winning artist from Salisbury, MD. She is a signature member of Delaware Watercolor Society and the Baltimore Watercolor Society and is a member of the Mid-Atlantic Plein Air Association, the Ocean City and Millsboro Art Leagues. She has an extensive background in graphic design and visual arts and has been painting for many years.

Barbara travels and paints en plein air and in the studio working in watercolor, gouache, and oil. Recently her paintings have been included in the Biggs Museum DWS Juried Show and a two person show at the Nassau Valley Vineyards in Lewes, DE. Her paintings are in corporate and private collections throughout the U.S. For more of her art, go to www.barbarastitcher.com.



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Wounded soldiers fundraiser

Star Charities Founder and Director Anna Fultz and her group of volunteers held a fundraiser on September 19 and raised nearly \$3,000 to benefit Wounded Soldiers in Maryland. The event was hosted by Ed Colbert, owner of Deer Run Golf Course in Berlin and included an evening of dinner by Monty of the Lazy River Saloon and entertainment by Johnny Cash impersonator David Stone. From left sitting/kneeling: **Sharon Sorrentino, Lily Tunis, Anna Fultz, and Rosalee Donaway.** Standing: **Ed Colbert, Irmgard Heinecke, Peggy Rumberg, David Stone, Sandy McAbee, Lee Tilghman, Barbara Peletier and Robin Beall.** Photo by Ted Page.

Gems' Tea to honor County women

The Worcester County Commission for Women, in conjunction with the Friends of the Worcester County Commission for Women, will be celebrating the lives of four extraordinary Worcester County women at a special tea on November 1 at the Dunes Manor Hotel in Ocean City. The event will take place from 2 to 4 p.m.

The Gems' Tea honors local women whose exemplary lives have influenced others to contribute to Worcester County's history in various ways. This year we are honoring JoFran Falcon of Ocean Pines, Ruth Kemp of Ocean Pines, Mary Makinen of Snow Hill, and Barbara Tull of Pocomoke. These honorees will share their life experiences with interviewer Jack Barnes, resulting in a DVD that captures their history.

The Oral History DVD will be presented to all branches within the Worcester County Library system and may be viewed in the future to serve as an inspiration to other women.

For reservations, checks should be made payable to FWCCW and mailed

Rummage sale is Saturday

A church rummage sale will be held at the Ocean City Presbyterian Church located at 1301 Philadelphia Avenue on Saturday, October 10 between 7 a.m. and 1 p.m.

to Lou Etta McClaflyn, 11108 Dale Road, Whaleyville, MD 21872 by October 23. The cost is \$25 per person. For more information, call 410-641-7391.

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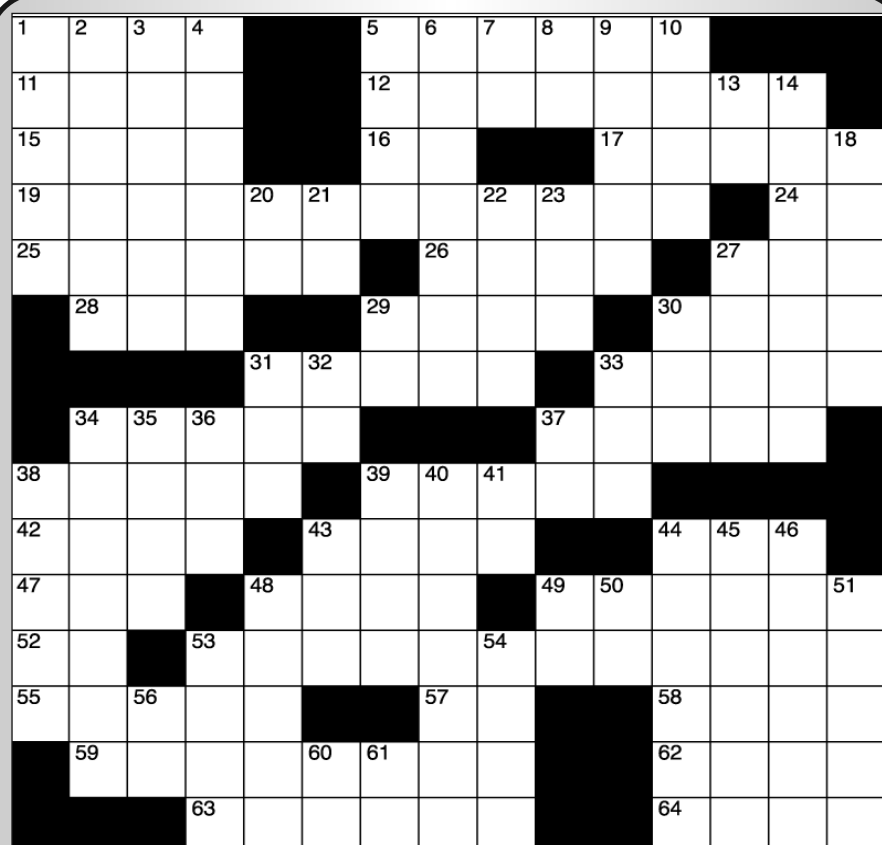
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- 1. Plural of ascus
- 5. Repents
- 11. British School
- 12. Adhesive to catch birds
- 15. Male children
- 16. Oil company
- 17. Intestinal
- 19. Money slogan
- 24. 2nd tone
- 25. In actual truth
- 26. Belgian-French River
- 27. Rural Free Delivery
- 28. Point midway between S and SE
- 29. Texas armadillo
- 30. 2nd largest Hawaiian island
- 31. Pile up
- 33. Changes liquid to vapor
- 34. Yemen capital
- 37. Byways
- 38. V-shaped cut
- 39. Painting on dry plaster
- 42. Daminozide
- 43. Papa's partner
- 44. ___-fi: fiction/movie genre
- 47. 1st Soviet space station
- 48. Latvian capi-

tal

- 49. Come into view
- 52. Blue Hen school
- 53. Maine water company
- 55. Picture & word puzzle
- 57. Atomic #18
- 58. Xiamen dialect
- 59. Being overzealous
- 62. One who did it (slang)
- 63. Night breathing noises
- 64. A minute amount (Scott)

DOWN

- 1. Race of Norse gods
- 2. Large pebbles
- 3. Latin line dances
- 4. The inner sole of a shoe
- 5. A French abbot
- 6. Moves stealthily
- 7. An alternative
- 8. 39th state
- 9. Lotus sports car model
- 10. River fill
- 13. Of I
- 14. Many noises

- 18. Ghana monetary units
- 20. Actor Hughley
- 21. The Cowboy State
- 22. Jest at
- 23. America
- 27. Surprise attack
- 29. Daddy
- 30. Extinct flightless bird of New Zealand
- 31. Express pleasure
- 32. Cellist Yo-Yo
- 33. Bronx cheer
- 34. A more firm substance
- 35. Essential oil obtained from flowers
- 36. Company that rings receipts
- 37. Largest church in Christianity
- 38. Capital of

- Wallonia
- 39. Heroic tale
- 40. Send forth
- 41. The Golden State
- 43. 1/1000 of an inch
- 44. Angel of the 1st order
- 45. Ukrainian peninsula
- 46. Disregard
- 48. Colophony
- 49. Spanish be
- 50. Military policeman
- 51. Cleopatra's country
- 53. Br. drinking establishments
- 54. Removes moisture
- 56. Liberal Arts degree
- 60. Execute or perform
- 61. Atomic #77



Answers for Sept 30

Eyes on the Skies

Dark energy and the Accelerating Universe

By Douglas Hemmick, Ph.D.



Autumn may bring somewhat cooler evenings, and stargazing offers a pleasant pastime for everyone. Because the ocean resort is beginning its off season, the summertime glare is now reduced so that those venturing outside may enjoy darker skies. The Great Square of Pegasus can be seen high overhead and Cassiopeia will hover over the northern horizon.

This month continues discussion of cosmology and introduces the concept of dark energy. Dark energy was a startling and historic breakthrough, which led to the 2011 Nobel Prize in physics. It was the unique research involving distant supernovae that provided the key. In addition, research on the Cosmic Microwave Background (CMB) has generated notable findings. The two lines of research fit together neatly, giving astronomers a viable picture of cosmic history.

Supernovae studies were conducted by two research teams — one led by Professor Saul Perlmutter (Berkeley) the “Supernova Cosmology Project,” the other led by Professor Brian Schmidt (Australian Univ.) The “High Z Supernova Search Team.” Although supernova observations had been made since the 1930s, the effort to observe them at extreme distances was something new. Both teams began their efforts using land-based telescopes, with Perlmutter’s team using the Canary Islands’ while Schmidt worked in Chile.

After perfecting their techniques, the teams both utilized the Hubble Space Telescope to gather information on many more distant supernovae. A particular variety of supernova called Type-1a, burns consistently with the same brightness, so scientists can calculate their distances in the universe, based on their dimness. These distances can be converted into cosmic ages. Faraway examples were found

for supernovae ranging from seven to nine billion-years-old.

A goal of both experimental teams was to measure how fast the universe was expanding in the past and compare it to the current rate. In 1998, some very unexpected results came in from the two teams. The distant supernovae they observed revealed that



BOOMERANG Experiment in Antarctica

the universe today is expanding faster than in the past. The accelerating universe came as a complete shock. The expectation of many cosmologists - deceleration - had proven wrong. What is the cause of the acceleration? Astronomers have termed the responsible agent as dark energy. However, there are important questions yet to be answered about the strange new presence.

Discoveries from the Cosmic Microwave Background (CMB) have added further insights. Astronomers using the satellite COBE launched in 1992 were the first to discern a pattern as they scanned across the sky — a variegated patchwork of cooler and warmer regions. More accurate data came from later studies such as the BOOMERANG experiment conducted in Antarctica in 1998, and again in 2003. This experiment used a giant balloon, lifting it to 137,000 ft (26 miles) above the icy terrain. BOOMERANG was the first to yield large, high fidelity images of the CMB variations (technically called anisotropy).

In last month’s column, readers were informed of the contrast of the

please see **eyes** on page 11

Carozza says dredging plan moving forward

Delegate Mary Beth Carozza (District 38C) announced recently that the U.S. Army Corps of Engineers (Corps) has responded to the community's request that actions be taken to address the increased shoaling in the Ocean City Inlet and Harbor.

In its letter, which was signed by Colonel Edward P. Chamberlayne, P.E., Commander and District Engineer of the Corps' Baltimore District, the Corps recognized and agreed with the urgent need to resolve the continual shoaling situation in the Ocean City Inlet and the increased rates of erosion and shoaling in the federal navigation channels in the area. Citing the increased frequency of dredging projects in recent years and the corresponding sharp increase in dredge material, the Corps further agreed that a more comprehensive, long-term solution is needed and recommitted to dredging the channels as necessary for safe navigation as federal funding allows.

The Corps is undertaking a series of actions as efforts to achieve a successful resolution continue. A Federal Interest Determination report is due before the end of this year which, if approved, will allow the Corps to study and model the hydrodynamics of the Inlet and Harbor area to determine potential solutions to the shoaling problem at 100 percent federal cost.

Following this hydrodynamics

study, the letter states the Corps would then take up the matter of permanently increasing the dredging depth of the Harbor to 14 feet and the Inlet to 16 feet as requested by Delegate Carozza on behalf of the commercial and recreational boaters.

"The Army Corps of Engineers recognizes and agrees with us that we have an urgent need to resolve the continual shoaling in the Ocean City Inlet," Carozza said. "We need to keep the momentum going, showing the unity of the local, county, and state partners, so we can resolve both the short-term and long-term shoaling problems in the Inlet and surrounding bay waters."



SDHS recognizes literary scholars

Stephen Decatur High School held its 9th annual National English Honor Society Induction ceremony on September 22 when 13 new members were inducted.

Back row: **Frannie Wheeler, Katie Withers, Will Rothermel, Scott Devenny, Amber Lee Oertel, Kaitlyn Custer.**

Front row: **Alex Buchheim, Elizabeth Masters, Emma Hancock, Paige McWilliam, Yi-Na Dong, Rebecca Evans.**

Mysteries remain as astronomers and physicists are quite puzzled about the dark energy and how it affects our understanding of cosmic destiny. These topics will be discussed further next month.

This October stargazers will be able to enjoy the Great Square of Pegasus, as it makes its entrance onto the stage. When the sky becomes fully dark after 8 p.m., Pegasus can be seen hovering over the eastern horizon. The constellation is marked by four bright stars which define a large square shape, about 15 degrees on a side. The northern sky features more activity this month as the familiar "W" shape of Cassiopeia appears in the northeast.



eyes
from page 10

"open" and "closed" universe concepts. And of a third alternative — Is it possible to find a state of balance poised just between open and closed scenarios? The answer is, "Yes." Analysis of the CMB from BOOMERANG and from WMAP have led astronomers to conclude that the universe is in balance, meaning that the matter density is equal to critical density (also called a "flat" universe).

The CMB analysis found an ordinary matter density of 4 percent and dark matter of 23 percent. Comparing this data with the supernovae analysis, one finds the cosmic density of dark energy equals 73 percent - precisely what was called for in Perlmutter and Schmidt's measurements of the supernovae. Thus the results from the differing research techniques are in concordance.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., October 8	4:59 a.m. 5:23 p.m.	11:05 a.m. 11:46 p.m.	7:02 a.m.	6:33 p.m.
Fri., October 9	5:43 a.m. 6:04 p.m.	11:55 a.m.	7:03 a.m.	6:32 p.m.
Sat., October 10	6:23 a.m. 6:42 p.m.	12:24 a.m. 12:39 p.m.	7:04 a.m.	6:30 p.m.
Sun., October 11	7:01 a.m. 7:20 p.m.	12:58 a.m. 1:57 p.m.	7:05 a.m.	6:29 p.m.
Mon., October 12	7:39 a.m. 7:58 p.m.	1:32 a.m. 1:57 p.m.	7:06 a.m.	6:27 p.m.
Tues., October 13	8:18 a.m. 8:37 p.m.	2:07 a.m. 2:35 p.m.	7:07 a.m.	6:26 p.m.
Wed., October 14	8:57 a.m. 9:15 p.m.	2:41 a.m. 3:13 p.m.	7:08 a.m.	6:24 p.m.

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Asthma affects all ages

By Dawn Denton, RN
Atlantic General Hospital

In Worcester County, Maryland 21.1% of children have some form of asthma, among adults 8.5% have asthma and in older adults (over 65 years old) 13.3% have asthma. These are alarming numbers. With such high numbers the questions loom what causes asthma and what is it?

Asthma is a narrowing of the airway passages which causes wheezing and difficulty breathing. It can be caused by many things including allergens and other irritants such as smoke, dust, dust mites, dried droppings and remains of cockroaches, pollens and a change in air temperature. Someone with asthma is more sensitive to irritants and their immune system overreacts and produces inflammation (swelling) of the airways in the lungs. Often the airways also over produce a thick mucus which complicates the narrowing of the airway passages. The narrowing of the airways along with the inflammation often gives a feeling of tightening in the chest, shortness of breath and can be life threatening. Prevention is the key to living healthy with asthma. Know what the triggers are and avoid them.

For some asthma is triggered by physical activity. Some of the symptoms of Exercise-Induced Asthma are: wheezing, coughing, shortness of breath, chest tightness, fatigue and decreased athletic performance. This condition can make it difficult for some to play sports. Some parents fear for the well-being of their children with asthma and won't let them participate in sports. This can make the condition worse for some children, making them feel "different." In actuality there may be many triggers for asthma and many options of things that can be done to manage the condition, allowing the child to participate in sports.

The good news is there are very effective treat-

ments for asthma. Usually these involve either or all of these: daily medications, rescue medications (for attack symptoms) and life-style changes. Knowing the triggers and avoiding them is the best way to control asthma. Being aware of early symptoms is important and will allow treatment before the condition gets too severe. It is very important to keep asthma medication with you at all times and to be able to properly administer them. Some medicines have to be breathed in (inhaled) – this may be difficult for some (especially children and the elderly). The pharmacist and healthcare provider can help to train how to use the medicine and may be able to provide things like spacers to help with taking the medicine properly. Besides inhalers there are also nebulizer treatments. This is a treatment where droplets or a mist of the medicine is inhaled by the person with asthma. These are mostly used during a severe attack, but the machine should be on hand for a treatment when needed.

There are many things that the healthcare team or the person with asthma can do to better control their condition: peak flow meters and spirometry, allergy testing and allergy shots, tracking how often rescue medications or treatments are used and what were the circumstances prior to the attack all can be very helpful to the healthcare provider when treating asthma. A condition like asthma requires consistent oversight by a primary care provider and specialist when needed. Being well managed will mean a more fulfilling life doing the things that are enjoyable instead of visits to the emergency room and sick days away from the things you love doing. With flu season fast approaching getting a flu shot, is especially important for someone with asthma or any type of chronic respiratory condition.

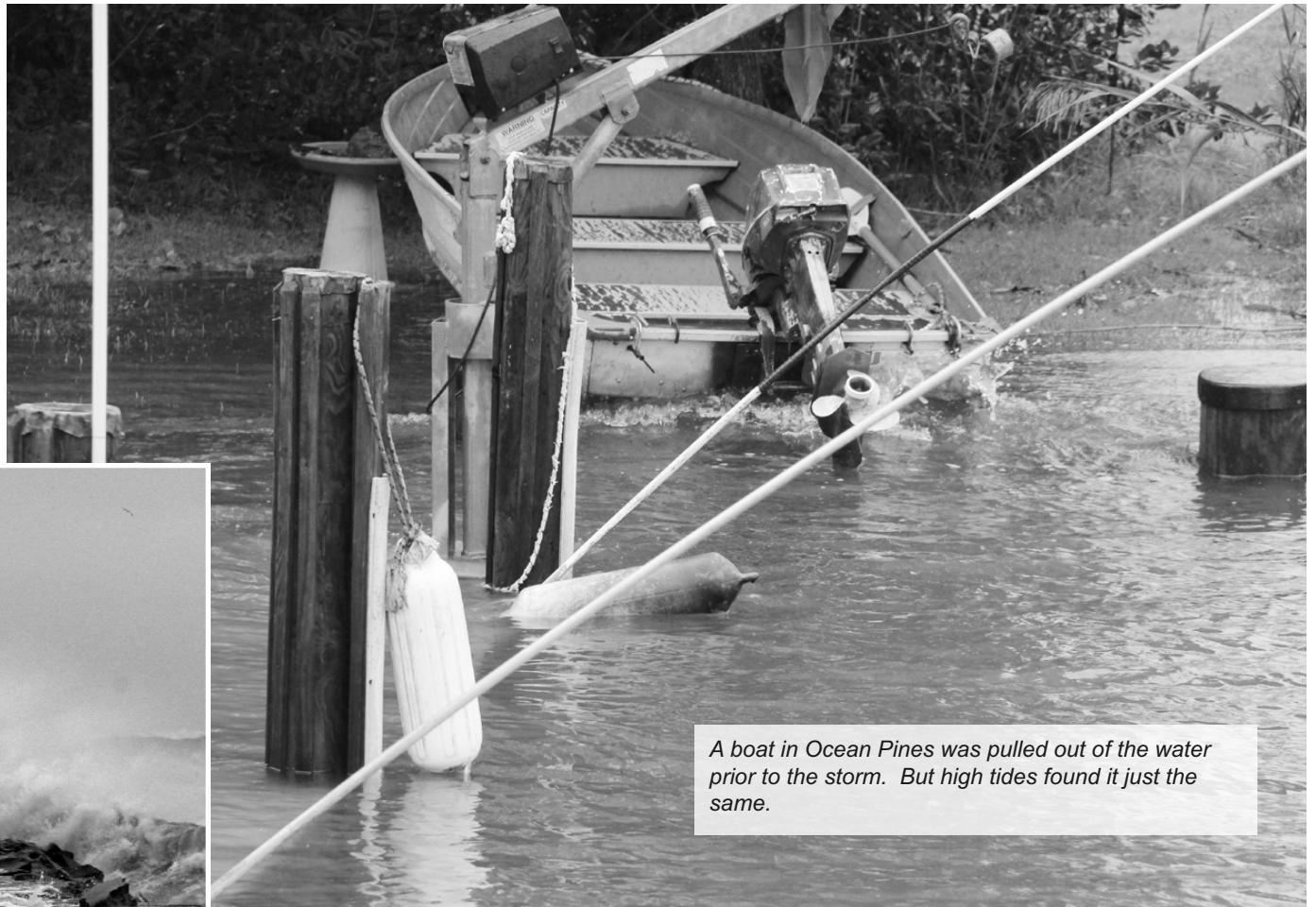
To learn more about asthma visit: www.asthma.com or www.cdc.gov/asthma

Rough and high water

During the past week the area braced for a possible hurricane and dealt with a Nor'easter.

Although Hurricane Joaquin veered east into the open ocean, a separate system brought flooding and high tides to the area.

Photographer Dan Collins shared some photos of what he found while out and about.



A boat in Ocean Pines was pulled out of the water prior to the storm. But high tides found it just the same.



Angry seas pound the jetty at the Ocean City inlet on Sunday afternoon.



Windblown sand on the Ocean City boardwalk.



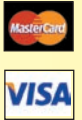
Above: High water running over the backyards in Teal Bay in Ocean Pines.

*At right: A windblown palm tree on the beach in Ocean City.
Photo by Nancy Collins*



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BES Tasty Bus Safety Lesson - Buckingham Elementary students in Mrs. Tanya Call's Kindergarten class followed step-by-step directions to create a "bus" out of food items after learning about bus safety. Pictured are students **Emory Jack, Cooper Glover and Arianna Fortt.**

Historical Society to hold fall dinner

The Worcester County Historical Society will hold its annual fall dinner at 1 p.m. on Sunday, October 25, at the Ocean City Golf Club.

In celebration of the fiftieth anniversary of Assateague Island National Seashore, Joseph Fehrer, Coastal and Lower Shore project manager for the Nature Conservancy will tell the story of the island during the transition from private ownership of the land to the establishment of the National Seashore in 1965. During the 1950s a group of investors had begun a development called Ocean Beach on the island. By the early 1960s nearly 6,000 lots had been sold. However, the Ash Wednesday storm of 1962 devas-

tated the island and brought a halt to development and eventually the opportunity for the National Park Service's acquisition of the island.

The public is invited to attend this typical Eastern Shore buffet of cream of crab soup, ham, fried chicken, green beans, potatoes, slaw, and dessert. The cost is \$25 per person. Checks should be made out to WCHS and sent to Bob Fisher, WCHS treasurer, 230 South Washington Street, Snow Hill, MD 21863. The deadline is October 18.

AUMC celebrates centennial

The Reverend Patty Frick and members of Atlantic United Methodist Church are continuing their year of celebrating one hundred years of ministry at 105 4th Street in Ocean City. On Sunday, October 18 at 3 p.m., a celebration service will be held at the church. At the service, a video will be aired that brings the church's rich history to life. The video will show the earliest beginnings of the "Ocean City Methodist Episcopal Tabernacle" in 1896 carried up through present times, with wonderful glimpses of the people and milestones that have made the church a vibrant part of Ocean City's history.

Tea Party to meet

The Worcester County Tea Party will meet on Thursday, October 15 at the Ocean Pines library. The guest speaker will be Maryland District 1, U.S. House of Representatives candidate, Mike Smigiel. The meeting is free and open to the public. It will start at 6:30 p.m. For more information email WCTPPatriots@gmail.com, go to the web site www.worcestercountyteaparty.com, <https://www.facebook.com/WorcesterCountyTeaParty> or call 443-614-7214.

Retired nurses to meet

The Retired Nurses will meet on October 21 at 3 p.m. at the Ocean Pines library. The guest speaker, Lisa Lilley, BSN, Certified Aromatherapist, will talk about the safe and effective use of essential oils as an alternative and integrative therapy. Guests are welcome. For additional information, call Gale Alford @ 410-208-1590.

Special church services offered

The St. Paul United Methodist Church will host its 64th annual Homecoming Service on Sunday, October 11 beginning at 10 a.m. The theme will be "Walking in the Newness of Life." At 4 p.m. a 100th Church Anniversary Celebration will be held. The church is located at 405 Flower Street in Berlin. All are welcome.

I Love to Cook!

by Bev Wisch



We are blessed with a beautiful fall this year. Fall foods suggest comfort foods, such as roasted pork, pot roast or baked chicken. One of my favorites is roast pork loin with very little preparation ahead. The house smells so wonderful all day leading up to a mouthwatering dinner.

Roast Pork with sauerkraut

4 - 6 lb. loin pork roast
1 large can sauerkraut

Salt and pepper the roast. Place sauerkraut around the roast in the pan. Add about 1/4 cup water. Bake uncovered at 325 degrees for about 4 hours until the pork is tender.

For a lighter kraut, bake separately uncovered in oven for about an hour. Add a little water as it will bake down. This method allows essence from the pork to use for gravy.

Roast Pork with Cherry-Almond Glaze

1 boneless whole loin roast (about 3-1/2 lbs.)
1 t. salt
1 jar (12 oz.) cherry preserves
2 T. light corn syrup
1/4 cup cider vinegar
1/4 t. each of ground cinnamon, nutmeg and cloves
1/4 cup slivered almonds

Sprinkle roast with salt in roasting pan (on rack). Bake uncovered at 350 degrees for 30 minutes.

Bring preserves, syrup, vinegar and spices to a boil, simmer for a few minutes (set aside 3/4 cup for serving.) Stir almonds into reserved glaze. Brush roast with some of the glaze. Bake another 35 to 50 minutes or until tender. Let stand 10 minutes before slicing. Serve with cherry-almond glaze.

Both of these recipes may be served with mashed potatoes or baked sweet potatoes for a hearty dinner.

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