



# The Courier

October 21, 2015 Volume 16 Number 8

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## Heroin: No simple solution

■ Sheriff's Office discusses enforcement, treatments

By **Kelsey Reichenberg**

Sergeant Nate Passwaters and Corporal Rodney Wells of the Worcester County Sheriff's Office presented a program entitled "Heroin: No Simple Solution" at the Ocean Pines Library last Monday. The program was sponsored by the Friends of the Ocean Pines library and was open to the public. Topics of discussion included the growing problem of heroin addiction and related crimes in Ocean Pines as well as throughout Worcester County.

Passwaters opened the presentation with a discussion of heroin facts, including what it is made of and its short and long term effects on the body. Heroin is a highly addictive opiate drug processed from morphine. Many heroin users previously used prescribed painkillers such as oxycodone. When their prescription runs out or they are no longer able to access the painkillers, they commonly switch to heroin which is cheaper and more accessible.

Passwaters went on to explain the recognizable signs of someone who is abusing heroin. Users typically demonstrate behavioral signs such as lack of personal hygiene and physical appearance, withdrawal from friends and family, lack of interest in hobbies and favorite activities, and wearing long pants or long sleeves to hide needle marks. Physical signs are commonly displayed as well, including weight loss, cuts, bruises, scabs, needle track marks.

Heroin can be identified by its appearance and its packaging. The most common form of the drug is a white or off-white powder, but it also sometimes comes in a black tar form. Heroin arrives packaged in little Ziplock baggies with a very small amount in each one. Users can buy the heroin in bundles, which consist of thirteen bags, or in logs, which contain one hundred and thirty bags. Dealers stamp the bags with various logos or brand names in order to market their specific heroin.

Heroin users quickly become addicted to the drug as it is an opiate that produces a high. Eventually, users are no longer consuming the drug to

*please see **heroin** on page 15*



**Safety first** - Kristin VanKlombenberg's kindergarteners, **Gavin Linch** and **J.J. Jones**, acted as firefighters in a dramatic play center at Showell Elementary after learning about fire safety from the local fire departments. The students learned from the firefighters it is extremely important to hear the beep where you sleep.

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## Aquatics to hold day off activities

To celebrate Worcester County Schools being closed for students on Friday, November 6, Ocean Pines Aquatics will host activities and offering special rates at the indoor Sports Core Pool.

Visitors to the pool on November 6 will enjoy reduced admission prices during normal operating hours, 10 a.m. to 9 p.m. The Ocean Pines resident rate for children ages five to 17 will be \$4 and the non-resident rate will be \$5. The adult rate will be \$6 for Ocean Pines residents and \$7 for non-residents. There will be no charge for non-swimming adults and children ages 4 and under. These prices are good for November 6 only.

Junior lifeguard training will also be offered for children ages 7 and up on November 6 from 10 a.m. - 4 p.m. Participants in this one-day introductory program will learn skills, play games, visit the local fire station and more. The cost is \$75 per person, which includes a t-shirt, whistle, first-aid kit, lunch, snack

and drinks. Pre-registration may be completed by calling 410-641-5255.

The weekend water fun will continue on Saturday, November 7 at the pool's first dive-in movie night of the season. "The SpongeBob Movie: Sponge Out of Water" will play on an inflatable screen and the pool will be open for swimming. SpongeBob will also be in attendance and will be available for photos.

The doors for the event will open at 6 p.m.; the movie will begin at 6:30 p.m. The cost is \$3 per person for Ocean Pines swim members, \$5 for Ocean Pines residents and \$7 for non-residents. Families of more than four may pay a flat rate of \$20.

All of these events are open to the public. For more information, contact the Ocean Pines Aquatics Department at 410-641-5255. Information regarding additional Ocean Pines aquatics programs, including an online version of the Ocean Pines Fall 2015 Activity Guide, is available at OceanPines.org.

## Free disabilities performance set

In recognition of the 25th anniversary of the signing of the Americans with Disabilities Act, Wor-Wic Community College will host two free performances by the Hugh Gregory Gallagher Theatre. A play called "My Black Bird Has Flown Away" by Carlton Spitzer and "With Love," a performance of stories by people with disabilities, their families and friends, will be held on Wednesday, October 28, at 7 p.m., in Guerrieri Hall on the college campus on the corner of Route 50 and Walston Switch Road in Salisbury.

"My Black Bird Has Flown Away" features the life of author, historian and disability advocate Hugh Gregory Gallagher, an Oxford scholar and 1995 recipient of the Henry B. Betts Award for lifetime contributions improving the lives of people with disabilities. This event is sponsored by Wor-Wic's cultural diversity committee. For more information, call (410) 572-8711.



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**Successful walk** — October 13 students from Most Blessed Sacrament Catholic School participated in their annual Walkathon fundraiser. This event, sponsored by Most Blessed Sacrament Catholic School's Home and School Association, promotes health and fitness school-wide for students ranging in grades from Pre-K 3 through Eighth grade. Over \$18,000 was raised this year, which benefits the MBS Home and School Association's support to school. Above: 3<sup>rd</sup> grade students **Ava Snelsire, Anna Wiest, MaryAnn Rutzler and Johanna Hallman.**

## Hospice offers training

Coastal Hospice & Palliative Care is offering an introduction and training course for anyone interested in volunteering at the non-profit organization that serves Dorchester, Somerset, Wicomico and Worcester counties.

Coastal Hospice depends on a dedicated staff of volunteers to fulfill its mission. Patient volunteers offer comfort and companionship to patients and their families, provide transportation and deliver supplies. Other volunteers support the staff with office work or assist at the Coastal Hospice Thrift Shop in Berlin.

Those interested in volunteering for patient visits are invited to at-

tend the training course on two Saturdays, October 31 and November 7, from 9 a.m. to 5 p.m. at the Coastal Hospice Volunteer Offices, Philmore Commons, 224 Phillip Morris Drive, Suite 102, Salisbury.

Persons interested in volunteering for office or thrift shop work are invited to attend Saturday, October 31 from 9 a.m. to 1 p.m., but are also invited to attend both days.

The course is open to anyone, and attendees are not required to commit to volunteering. There is no cost to attend.

For more information or to register for the course, call Judy Hunt-Harris, manager of volunteer services, at 410-543-2590.

## Bertino to hold town meeting

Chip Bertino, Worcester County Commissioner for the Ocean Pines district, will hold a Town Meeting on Saturday, October 24 at the Ocean Pines library. The meeting will begin at 10 a.m. Commissioner Bertino will provide information on issues and developments occurring within the district and the county. Sonny Bloxom, Worcester County Attorney is the guest speaker. Commissioner Bertino will be joined by Commissioner President Jim Bunting during the question and answer part of the program.

## Dems to hold chili cook-off

The Democratic Women's Club of Worcester County will sponsor a Chili Cook-Off on Saturday, November 14, between 5

p.m. and 8 p.m. at the Ocean Pines Community Center. Enjoy the tastes of various chili recipes and vote for your favorite. The cost is \$10 which includes appetizers, chili, and dessert. Beer, wine and soft drinks will also be provided. Contact Harriet at 302-988-1268



## Delmarva Health Pavilion Ocean Pines Ribbon Cutting & Grand Opening Ceremony

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Robert B. Adair 1938-2007

## 2012 Business of the Year

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## The Old Line State



This nickname is, according to some, a reference to the Maryland soldiers who fought courageously in the Revolutionary War, the Maryland Line. It is said that General George Washington referred to these soldiers as "The Old Line." Maryland was the only state that had regular troops "of the line" and these soldiers were ranked among the finest and best disciplined in the army.

Another origin is given that goes back further in history. It is said that Maryland is referred to as "The Old Line State" because it was the dividing line between the land grants given to William Penn and Lord Baltimore.

## Heath Fair scheduled

AGH Healthy Happenings Community Health Fair is scheduled for Saturday, November 7. The annual free health fair will be held at Snow Hill Middle School, 522 Coulbourne Lane in Snow Hill from 8 a.m. to noon.

The focus of this year's fair is Pathways to Health incorporating activities for the whole family and health screenings, including flu shots. There will also be a \$250 gift card random drawing for those who turn in their form showing 25 vendor/screener visits (one per table).

"We're excited to bring the Healthy Happenings Community Health Fair to Snow Hill this year, and look forward to sharing Pathways to Health with our partners and the community," shared AGH Community Education Manager, Dawn Denton.

All free screenings and Kids Korner fun will take place between 8 a.m. and 12 p.m. Free Screenings include cholesterol (12 hour fast required), carotid artery, respiratory, skin, hearing, diabetes, vision, clinical breast exams and more.

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WPS Christmas Bazaar Volunteer Chairpersons kick off their planning meeting October 9 at WPS: Front row: **Susan Beauchamp, Ingrid Poffenberger, Lisa Browne, Jen Humes**; Second row: **Suzanne Arrington, Ann Bateman**; Third row: **Tami Oltman, Sophia Christian, JL Cropper, Doreen Dennis**, Back Row: **Tonya Rayne, Mary Beth Hebert, WPS Development Coordinator Amy Tingle, WPS Director of Human Resources Heather Parsons, WPS Director of Development Betsy Horning.**

## WPS to host Christmas bazaar

Everyone is invited to shop, eat and play at Worcester Preparatory School's (WPS) 44<sup>th</sup> annual Christmas Bazaar on Sunday, December 6, from 11 a.m. to 4 p.m. Admission is free and the event is open to the public. Held in the Athletic Performing Arts Center within WPS, the Bazaar is a one-stop shop where you can fulfill all your holiday needs. While adults browse, children can have their picture taken with Santa in his sleigh, from noon to 2 p.m. Funds raised from the WPS Christmas Bazaar go directly toward school and program updates.

Guests will enjoy musical entertainment while they stroll a variety of booths filled with one-of-a-kind greens and decorations, decadent homemade desserts, handmade gifts, vendor booths, silent auction, Apple Watch raffle, WPS Spirit Booth, the Kris Kringle Café, Starducks Coffee Bar, and so much more. Children can purchase gifts under \$10 for their loved ones in the Mallard General Shop for Kids then head to the Kids' area to play and have some fun. All ages are sure to get in the holiday spirit at this festive event.

## AGH to offer diabetes workshop

Atlantic General Hospital's health educators trained in the Stanford University Diabetes Self Management Workshop will be offering the program throughout our region.

"The hospital has offered an American Diabetes Association-recognized education program for years. This workshop is an extension and supplement to those classes," says Dawn Denton, AGH Community Education manager at Atlantic General Hospital. "This class is appropriate for those who are newly diagnosed as well as those who have had diabetes for a long time. It is a perfect supplement to other educational programs on the disease.

From the Patient Education Research Center at Stanford University, the Diabetes Self-Management Workshop is a six-week program for people with diabetes and their caregivers.

This workshop is not intended to replace the relationship nor the advice

*please see **workshop** on page 8*

# From atop the mountains

Deep Creek Lake in Garrett County, the western most county in Maryland, has been a destination of interest for my wife and me for many years. So, not long ago we loaded up the car and the two of us took off for a five day excursion away from deadlines, household chores and work. The

we came upon Tolliver Falls, a comparatively small falls that is one of the most beautiful places I've visited.

One evening we sat by the fire roaring in the pit situated on the patio behind the cabin. We could look across the lake at the mountain as the sun set. It was a very serene and enjoyable

time. We each had an adult beverage and I had a cigar. Life doesn't get any better.

It's not often that the two of us go away to be alone together. Truthfully I think we should do it more. As we sat by the fire we reminisced as married people

do about shared experiences, talked about our kids and bragged to each other about our grandchildren. Most of our conversation and remembrances were flavored with humor and sometimes a touch of pithiness. We also talked about our future; things we want to do and places we want to go. Finally the sun slipped behind the mountain and only the fire gave light

farther we got from home, the more relaxed we became. It was as if we were again dating and had very few cares on our shoulders except to have fun in each other's company.

We traveled at a leisurely pace over the Bay Bridge, through Carroll, Frederick, Washington and Allegheny counties. Mountains and valleys painted in the hues of changing leaves rolled out before us as we climbed higher into the Appalachian Mountains. It was late afternoon when we turned off Route 219 onto the road that led us to the Lodges at Sunset Village, a conclave of rustic cabins situated on a bluff not far from Deep Creek Lake.

The next four days were spent scouting state parks, discovering the small towns of Oakland, McHenry and Accident and looking at real estate on Wisp Mountain. We had no schedule. We did what we wanted when we

wanted. We drove the perimeter of the lake several times stopping along the way to take photos. For the most part the weather was overcast and when it wasn't overcast it was raining. We didn't care really it was just nice to be away, just the two of us.

Twice we hiked in Swallow Falls Park. The first time neither of us was wearing comfortable shoes yet we marched on. We walked among the tall hemlock trees and along the Youghiogheny River and Muddy Creek. We balanced ourselves on the slippery rocks atop Muddy Creek Falls looking down at the gorge below. And

to the evening. We lingered for a while more outside before going inside.

We left for home the next morning. We descended from the mountains, our ears popping along the way. It was nice being disconnected for a few days; not answering Emails or texts or anything else. My wife and I have been together more than 30 years. There's not much we don't know about the other because many of our experiences have been shared, a fact that for me is very comforting and was brought into sharper focus during our time in the mountains.



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By **Chip Bertino**

chipbertino@delmarvacourier.com



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# Health Pavilion opening is October 28

Peninsula Regional Medical Center (PRMC), in cooperation with Gillis Gilkerson, a leading Delmarva construction management firm, is pleased to continue to expand and advance regional healthcare services in the Ocean Pines, Maryland area.

PRMC and Gillis Gilkerson will officially cut the ribbon to open the new Delmarva Health Pavilion Ocean Pines on Route 589 (Racetrack Road) near the North Gate of the Ocean Pines residential community on Wednesday, October 28 at 4 p.m. The public is invited to stop by through 6 p.m. and tour the new facility, enjoy refreshments, meet the building's tenants and healthcare providers and take advantage of free flu shots aboard PRMC's Wagner Wellness Van.

Peninsula Regional is anchoring the complex in the 20,000-square-foot Building One. PRMC, which has been providing medical care in the community for over 25 years, has consolidated its Ocean Pines and Berlin Family Practices at the new Delmarva Health Pavilion Ocean Pines, and is calling the practice Peninsula Regional Family Medicine Ocean Pines. Also joining the practice is PRMC's FamilyLab, which makes the move from its previous location in Berlin, Maryland.

Peninsula Regional is also providing cardiovascular and pulmonary rehabilitation and adult fitness from its Guerrieri Heart & Vascular Institute team. This adult exercise program features a staff of exercise physiologists and nurses who ensure that each participant's workout is tailored to their needs. Visitors will be able to fill prescriptions and pick up over-the-counter remedies and durable medical equipment at PRMC Home Scripts, a full-service community pharmacy that will offer a drive-through window and home delivery as well. The Junior Auxiliary Board Pines Café, similar to the Junior Board's Café at PRMC featuring snacks, refreshments, gifts and sandwiches – including their signature chicken salad.

Gillis Gilkerson has plans for four additional buildings to be located at the Delmarva Health Pavilion Ocean Pines site.

"This is a continuation of Peninsula Regional's commitment to population health management and to offering services for the entire Delmarva Peninsula in the locations that provide our communities exceptional healthcare options close to their homes, the greatest value for that care and the delivery of those services in the most ap-

propriate setting," said Peninsula Regional Health System President/CEO Dr. Peggy Naleppa, MS, MBA, FACHE.

The new Ocean Pines healthcare facility is Gillis Gilkerson's and PRMC's second joint healthcare pavilion venture following the successful Delmarva Health Pavilion Millsboro, which opened in Delaware about a year ago. The Ocean Pines complex has been designed, conceptually, to complement the Gillis Gilkerson/PRMC Delmarva Health Pavilion collaboration in Millsboro, Delaware. The Delmarva Health Pavilion Ocean Pines offers Ocean Pines and Worcester County residents a similar one-stop location for a majority of their healthcare needs.

"As medical center builders and developers, we have constructed over one million square feet of medical facilities on Delmarva and we've enjoyed a strong working relationship with PRMC for over 20 years," said Palmer Gillis, Partner. "The Delmarva Health Pavilion Ocean Pines provides convenient healthcare access for Ocean Pines, Berlin and Ocean City residents as well as all of Worcester County."

PRMC continues to refine its focus more in local neighborhoods where it can best and most conveniently provide the types of healthcare services that help people to become healthy and to live well.

"You can expect to see PRMC working with contractors to develop similar health pavilions and medical complexes in growing population areas across Delmarva and also in underserved communities where healthcare services are needed," Dr. Naleppa said. "We're caring for people, coaching them to stay healthy and connect-

ing them with the best services possible."

Peninsula Regional Family Medicine Ocean Pines is now accepting patients of all ages. For information or to schedule an appointment, please call 410-912-6104. For additional information on PRMC FamilyLab, call 410-912-6106, or visit [peninsula.org/familylab](http://peninsula.org/familylab). For information on Home Scripts Ocean Pines, call 410-543-4769. PRMC's Cardiovascular or Pulmonary Rehabilitation services can be reached at 410-912-6108.

## ALOC focuses on healing

The Art League of Ocean City is sponsoring two upcoming events focusing on art's impact as an instrument for healing and as an outlet for those who suffer with mental illness.

The Art League is partnering with the Jesse Klump Memorial Fund and the Worcester County Health Department on these events.

Certified art therapist Sharon Strouse, who was trained at Goucher College, will conduct a free hands-on Art Therapy Workshop on Saturday, October 31 from 1 p.m. to 3 p.m. at the Ocean City Center for the Arts on 94<sup>th</sup> St. Strouse's own daughter, who was living in New York City and suffered from bipolar disorder, committed suicide soon after the 9/11 attacks.

Strouse will explore the curative properties of the artistic experience and address how creating art can offer a path to healing after a loss. She will encourage participants to recognize and express emotions, communicate them constructively and create a collage that links feelings to images.

No experience is necessary, and all materials will be provided. This is a free class, but space is limited, and reservations are necessary by calling

please see **healing** on page 8

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## State recognizes 9-1-1 dispatcher

Every day in counties across Maryland, some 900 dedicated 9-1-1 staff assist individuals and families in crisis. Those in each of the jurisdictions who go above and beyond the call of duty are recognized by the Maryland State Emergency Number Systems Board (ENSB) for excellence each September. Worcester County 9-1-1 Center Telecommunicator Tanner Jones was honored October 1 for exemplifying the professionalism, dedication, values and ethics of the 9-1-1 Public Safety Communications Profession in Worcester County.

In a letter of recommendation from Worcester County Communications Center Supervisor Kristin Jester to the ENSB, she stated, "Since joining Worcester County in November 2013, Jones quickly progressed through training and now uses his inter-agency connections and his own professionalism to provide in-house training and direction for his peers. Jones's work habits are exemplary. He is always prepared for the

next call, the next emergency, and he is the first to support team work and provide back up when needed."

Just an example of the low frequency, high stress calls Jones has been actively involved in include an armed bank robbery incident that began with little or no useful information from the initial 911 caller. Using his investigatory skills, Jones reached out to other agencies to try to fill in the blanks. Jones initiated a radio broadcast to the Worcester County Sheriff, Maryland State Police (MSP),

Ocean Pines Police Department, MSP Aviation and Worcester County Criminal Bureau of Investigation, and the search began. In the meantime, Jones completed extensive documentation and kept all responders updated with incoming information. From that effort, the suspect was found and arrested with no responders harmed.



**Kristin Jester with Tanner Jones**

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# Platform Tennis hosts regional tournament

By **June Freeman**

Ocean Pines Platform Tennis held its second annual over-55 mixed doubles APTA regional tournament on Saturday, October 10. With the rain ending early in the morning, the cloudy sixty degree weather and dry courts made for great playing conditions. Players from five states including Washington, D.C., Pennsylvania, Delaware, New Jersey and Maryland entered the competition. The level of play was exceptional and every point was fiercely contested. The lobs, drives and screen play kept the many spectators cheering all day. Platform tennis players Vin Morris, Susan Morris and Jim Freeman represented Ocean Pines in the tournament. First place winners were Chip and Kathy Carlson and second place winners were Mike and Tracey Groft. Winners of the reprieve match were Mike and Patty Daniels. Winners of the consolation match



1st and 2nd place winners Left to right: **Tracy Groft, Mike Groft, Chip Kemeny, Judy Kemeny**

were Judy and Gary Kemeny. For anyone interested in trying platform tennis contact Jim Freeman at 215-704-0174 or email [jimisfreeman@verizon.net](mailto:jimisfreeman@verizon.net) to get your free lessons and free trial period. Lessons are given every Saturday at the Manklin Meadows courts at noon.

## Pink Ribbon golf tourney is Friday

The Pink Ribbon Golf Classic will be held at the Ocean City Golf Club on Friday, October 23. The cost is \$100 per person or \$400 for a team of four that includes lunch, 18 holes of golf with a cart, dinner and gift bag. There will be prizes and awards. Registration begins at 11 a.m. and lunch is served at 11:30 a.m. Call Nancy at 410-251-6555 for more information.

**workshop**  
from page 4

given to a patient by their physician. It is designed to help those affected by diabetes better manage their disease. It helps participants cope with challenges and lifestyle changes imposed by diabetes.

Some of the topics covered in this workshop:

- Healthy eating
- Preventing low blood Sugar (hypoglycemia)
- Preventing or delaying complica-



**Reading fun** - Students in Shelby Bargar's second grade class at Ocean City Elementary used iPads to read books and answer comprehension questions. The students are using a program called Reading A to Z, which allows them to read personalized books that are on their reading level. After students complete a book, they are asked comprehension questions to check their understanding of the book. Using the iPads to read motivates the students to do well and makes reading fun. Pictured front to back are **Aiden Sinkaus, Sam Elman, Caniya Smith, Gracie Perdue, Colter Colletti, Ashton Beard and Ester Rubio.**

## 'Rocky Horror' anniversary to help raise money

Celebrate the 40th anniversary of The Rocky Horror Picture Show and help raise money for the American Cancer Society at The Globe on Halloween, Saturday, October 31. Relay For Life team Memories in Motion will host the event from 8 p.m. to midnight.

Watch the movie, win door prizes, pose in the photo booth, bid on silent auction items and order themed food and drinks. Compete in the Rocky Horror costume contest and Time Warp dance contest and win prizes! Celebrity judges include Sen. Jim Mathias, EJ Foxx from 97.1 The Wave

and Brian and Christina Garrett. The cost to enter contests is \$5.

Admission is free. Registration for contests begins at 8 p.m. Contests and judging will be held from 9 to 10 p.m. The movie will begin immediately after. Prop bags will be available for \$5 donation.

All proceeds benefit Relay For Life/American Cancer Society.

The Globe is located at 12 Broad Street in Berlin. For more information, call Christine at 410-726-3220 or find the Facebook event page "Relay For Life Rocky Horror Halloween Party!"

tions

- Problem solving
- Physical activity and exercise
- Reading nutrition labels
- Foot care
- Dealing with stress
- Communication skills

This workshop is facilitated by two specially trained leaders, one or both of whom have chronic diseases themselves. Classes are interactive and participants learn from each other in a comfortable atmosphere.

There are brainstorming activities, problem solving, discussions and goal

setting. The workshop is 6 classes of 2½ hours each. This is a free workshop. Upcoming workshops include:

-Ocean City Senior Center – Wednesdays, October 14 through November 18, 9:30 a.m. to noon.

-Pocomoke Senior Center – Mondays, November 2 through December 14, 10 a.m. to 12:30 p.m.

-Selbyville library – Wednesdays, November 4 through December 16, 10 a.m. to 12:30 p.m.

For more information about the workshop, call Dawn at 410-641-9268.

**healing**

from page 6

the Arts Center.

The Art League is also sponsoring a bus trip to the American Visionary Art Museum in Baltimore, the nation's leading museum for art created by untutored artists, many who have been institutionalized because of psychiatric challenges. Led by Baltimore psychiatrist Mark Komrad, the trip's theme is "The Fine Line Between Genius and Madness."

The bus leaves the Walmart parking on U.S. Rte. 50 in Berlin at 7:30 a.m. and will return about 8:30 p.m. The \$50 per person fee includes transportation, snacks and museum admission. Space is limited, and reservations are required.

More information and reservations are available at 410-524-9433 and at [artleagueofoceancity.org](http://artleagueofoceancity.org).

# Craft Brewers helping spur tourism in shoulder seasons

On October 6, the Commissioners joined with Ann Hillyer, creator of ShoreCraftBeer.com, and Worcester County Tourism Director Lisa Chal-

val October 24 at Sunset Park. Other craft beer events include the 19th annual Wine on the Beach from October 30-31; Ocean City Hotel-Motel-

growing number of locally sourced and produced craft beer, which serve to enhance tourism, particularly in the shoulder and off-seasons. Five craft brewers operate in Worcester County. They are Fin City Brewing Company in West Ocean City, Backshore Brewing Company, Assawoman Bay Brewing Company and Ocean City Brewing Company in Ocean City, and Burley Oak Brewery in Berlin. Local breweries' distinctive, high quality, handcrafted ales pair well with great food to capture the flavors of the Eastern Shore.

The sustainable practices implemented by area breweries help protect the environment and the shore way of life. Local breweries also support the economic health of our communities by increasing tourism in the off-season and creating and sustaining more year-round jobs. A 2014 economic impact study completed by the Beer Institute confirms that the U.S. beer industry's economic impact totaled roughly \$253 billion or 1.5% of the nation's total Gross Domestic Product. Maryland brewers alone made a direct economic contribution of \$186,841,900 in 2014, supported 538 brewing jobs and 407

agricultural jobs dependent on a thriving beer trade.

Hillyer, who collaborates with area businesses as well as state and local government agencies to promote the Eastern Shore as a craft beer destination, recognizes the economic vitality of local breweries and notes they are part of a thriving industry that is expanding across all demographics and is here to stay.

"One of the reasons I started this (shorecraftbeer.com) was that I'd been told craft beer was a fad, and women didn't like craft beer," Hillyer said.

Hillyer points out that statistics prove otherwise, with 60% of U.S. households in terms of income consuming 40% of craft products. Another one-third of all craft beers are consumed by millennials of legal drinking age, a growing demographic. And, women not only consume 15% of craft beer but account for 40% of local craft brewery patrons.

Learn more about craft brewers, where their products are available, and special events taking place this month at [www.shorecraftbeer.com](http://www.shorecraftbeer.com).

## County Connection



lenger to designate October as Shore Craft Beer Month in Worcester County, and to promote the cap-stone event and other activities during October that promote the county and the surrounding region as a craft beer destination.

Ocean City will host the first of many local craft beer centered events in October. The Town of Ocean City, the Ocean City Development Corporation and ShoreCraftBeer.com are co-sponsoring the first Shore Craft Beer Festi-

Restaurant Association's craft beer focused Restaurant Weeks from October 11-25; and Oktoberfest in Berlin and Snow Hill on October 17.

"At the Shore Craft Beer Fest, those ages 21 and older will have the opportunity to taste the beer being produced by 11 Shore breweries," Hillyer said. Tickets for this first in what is sure to become an annual event are available online at [ShoreCraftBeerFest.com](http://ShoreCraftBeerFest.com).

Worcester County is home to a

## Chisholm honored

Raymond M. Thompson, president and CEO of Calvin B. Taylor Banking Company in announced that Lee I. Chisholm was presented with a Next Leader in Banking Award at the Maryland Bankers Association BankNext event. Mr. Chisholm is the Loan and Business Development Officer of the Southern Worcester County and Eastern Shore Virginia areas and is a resident of Stockton. He began his career with Taylor Bank in March of 2006.



The Next Leader in Banking award is an award given to a select group of bankers that have been recognized by their employer or a business partner. The recipients are not chosen by Maryland Bankers Association, but a group of non-bank professionals that vote on the submissions. Taylor Bank nominated Lee Chisholm for this award.

Left to right **Kathleen Murphy**, president & CEO of the Maryland Bankers Association, **Lee Chisholm**, and **Raymond M. Thompson**.

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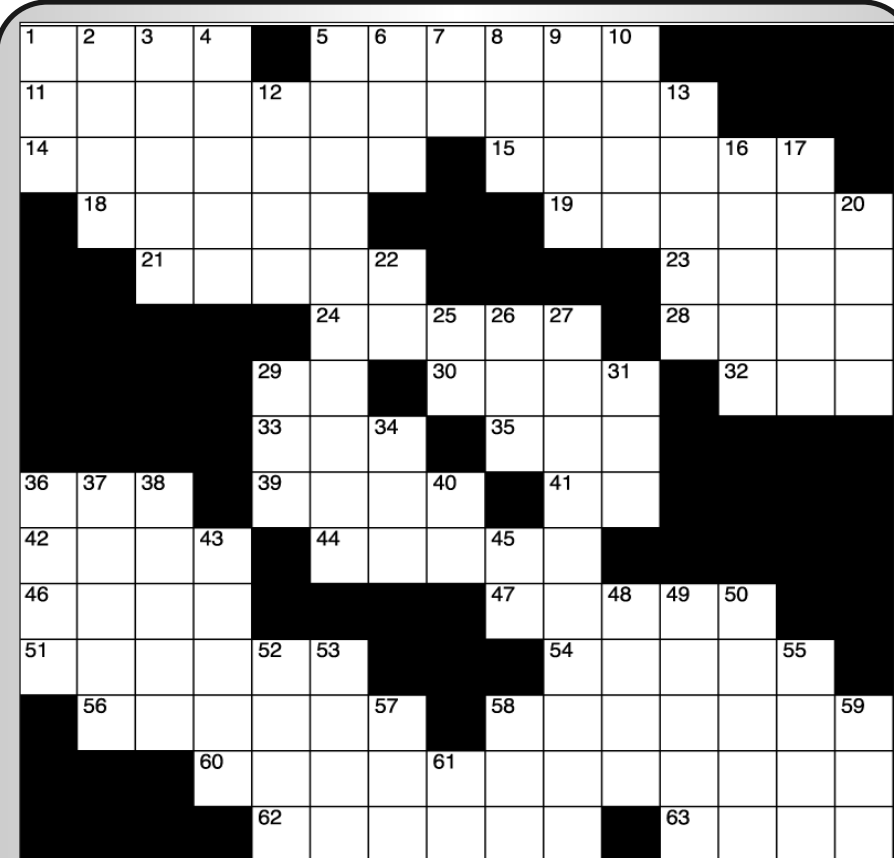
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**ACROSS**

- 1. Angling worm
- 5. Tissue that conducts food in plants
- 11. 1937 Steinbeck novella
- 14. Feed storehouse
- 15. Raised pattern cotton cloth
- 18. Prophetic signs
- 19. Cowboy competitions
- 21. Ophthalmic products company, \_\_\_\_\_ Worldwide
- 23. Prefix meaning inside
- 24. Arousing or provoking laughter
- 28. Plant spike
- 29. Atomic #94
- 30. Himalayan goat
- 32. Patti Hearst's captors
- 33. Rock TV channel
- 35. Pen point
- 36. Tiny bite
- 39. Organized work group
- 41. Atomic #58
- 42. Food fish of the genus

- Alosa
- 44. Fleshy slice of meat
- 46. Shallowest Great Lake
- 47. Tapered tucks
- 51. Winter muskmelon
- 54. Isaac's mother
- 56. Picasso's birthplace
- 58. Lowest hereditary title
- 60. Streisand/Reford film
- 62. Verb states
- 63. Soluble ribonucleic acid

**DOWN**

- 1. Sink in
- 2. Hairdo
- 3. Muslim leaders
- 4. Ringworm
- 5. Oppresses or maltreats
- 6. Cut fodder
- 7. Natural logarithm
- 8. Not divisible by two
- 9. Independent Islamic ruler
- 10. Written proposal or reminder

- 12. Tilt or slant
- 13. Nests of pheasants
- 16. Portable shelters
- 17. Swiss singing
- 20. Body of an organism
- 22. Opposite of "yes"
- 25. 41st state
- 26. 007's Fleming
- 27. They speak Muskogean
- 29. Payment (abbr.)
- 31. "Spud Pappas" author's initials
- 34. Large vessel for holding liquids
- 36. Nanosecond (abbr.)
- 37. Worn to Mecca
- 38. 1/100 rupee
- 40. Of I
- 43. Distributed cards
- 45. Public promotion of a product
- 48. Hard to find
- 49. Thinks or supposes
- 50. More lucid
- 52. Thai monetary unit
- 53. Phil \_\_, CIA Diary author
- 55. Dialect variant of "heron"
- 57. One of the tender bristles in some grasses
- 58. Pass
- 59. Hot or iced brewed beverage
- 61. Equally



Answers for Oct 14



**Fishing Report:**

What a start to the month! A Nor'easter with four days of wind and rain has kept most boats at the docks but after the water began to clear those brave fishermen willing to challenge the weather blues, found sea bass and tautog are picking up with some stripers being reported from the surf, inlet Route 50 and Route 90 Bridge. An occasional sea trout is also being caught. Tautog seem to be hitting clams and on occasion a piece of crab while rock are hitting some lures dressed with white gulp but doing better on live bait such as spot or live eels. Blues are hitting just about anything thrown at them including lures, squid, bucktails, gulp and other artificial tackle or live bait. Flounder also seem to be starting to stack up on their migration and some nice catches have been reported in the East Channel, West Channel, along the bulkhead south of the Route 50 Bridge and in the deeper water of the inlet.

**Maryland Fishing License:**

Just FYI Recreational fishing licenses, stamps and angler registration are now valid 365 days from the date of sale.

**Don't forget to winterize your boat:**

If you are planning to winterize a boat yourself there are many good articles on the Internet and also a great publication titled "The Boater's Guide to Winterizing" published by Boat U.S. and distributed in partnership with West Marine. The guide includes: Storing Your Boat, Winterizing Checklist, Engines and Drives The Dos and

Don'ts and Plumbing Getting the Water Out. Of course the other option is to have it winterized by a local Marine Service Center. But in any case don't forget to do it!

**Winterizing your Fishing Gear**

**Winter gear storage:** A few days ago I received an e-mail from a fellow fisherman wondering how I store my fishing gear during the winter months. I am glad he asked because I am behind this year and need to get started. Like most fishermen I have far too much fishing equipment. Surf rods, boat rods, standard spinning and level wind outfits as well as ultra light spinning and fly rods and reels. Not to mention terminal tackle. I use most of this equipment over the year as the reels have different lb. test lines and are used for different fish species including both fresh and saltwater. The same for terminal tackle as this includes hooks, spinners, plugs, flies and other rigs that I feel will catch the species I am pursuing at the time.

**Rod and Reel:** I begin by stripping all monofilament line from all my fishing reels. This line has been exposed to the elements, stretched and abused all summer. Other lines I will likely leave on for another year. Scrub all rods and reels with soap and water to remove saltwater residue and be certain to dry them well. Next I will oil or grease my reels according to manufactures directions. I will caution you to not disassemble your fishing reels without having a manufacture's instruction booklet or I can guarantee you will be

please see **capt. ron** on page 11

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# So you've been named as a Trustee...

By **Mike Mathers**

So you've been appointed by a family member to be a trustee, now what? Being a trustee comes with many responsibilities, and one of the most important is keeping the trust separate from the other people involved. This can be a complicated topic, so to simplify things, I want you to remember the duck test: if it walks like a duck, swims like a duck, and quacks like a duck, then it's a duck.

Trusts divide ownership into two different roles, the trustee and the beneficiary. As trustee, you make all of the management decisions but the money should only be spent on the beneficiary, whose role is to use or enjoy the assets. So who actually owns this money, the trustee or the beneficiary? Neither one does, the trust itself owns the money.

One common example is a special needs trust, which can be used to provide extra money for a disabled person without affecting their benefits. Laura's father left her in charge of money for her disabled brother William, in the William Special Needs Trust. Now imagine that Laura has allowed her brother to deposit his own money into the trust bank account, and also write checks freely whenever he wants to purchase something. Unfortunately, the government will say that if it walks like William's money, swims like William's money, and quacks like William's money, then it proba-

bly is William's money. When the trustee and the beneficiary ignore the rules of the trust, then so will everyone else.

Things can get even more confusing if you are named as the trustee of a trust for your own benefit. This is more common than you might think. Imagine that Jack dies and leaves everything to the Trust for Jill, for the benefit of his sister Jill, and then appoints his same sister to be the trustee. The difference between the trust and the rest of Jill's assets is that the trust money can only be used for her "health, education, maintenance, and support." This rule shows that Jill is not allowed to use the trust money for luxury purchases, only her basic and essential needs. Even though the trustee and beneficiary are the same person, when acting as trustee, she is careful to always follow the rules. Jill also keeps trust money in its own bank account and the trust always files its own tax return. Later, Jill is being sued but she claims that since the trust money belongs to the trust, not to her, it should be protected. In this situation it is very good that Jill can show how she used trust money to pay for her health insurance but used her own separate money to buy tickets for a cruise. Remember, essentials are ok but luxuries are prohibited. Even though the person being sued is the same person as the trustee, if it walks like a trust, and it swims like a trust, and it quacks like a trust, then it should be protected like a trust. Jill always treated the trust money as if it was separate and subject to separate rules, and so it

should be protected.

Usually the trustees and beneficiaries in these situations are close family members or friends, and sometimes even the same person. This is why it can be tempting to ignore rules and formalities. However, if you are the trustee you should always remember that one of

your jobs is to answer the question, does this walk like a trust, does it swim like a trust, and does it quack like a trust?

*Mike Mathers is a local attorney who practices in estate planning and elder law. He can be reached at 410-208-3331 or Mike@mb-matherslaw.com.*



Mike Mathers

**capt. ron**  
from page 10

going to the repair shop to have it put back together properly. I complete the process by spraying my fishing reels with Reel Lube that can be purchased in most tackle shops and retail stores. After this dries I will usually cover each rod and reel in a rod and reel case that I purchase from Cabellas and Bass Pro shops.

**Terminal Tackle:** Again I scrub all terminal tackle to remove any saltwater residue and dry carefully before storing. This also gives me an opportunity to sort and check the condition of my rigs and discard any that have seen better days and also to know what I need to make as replacements over the winter months in preparation for next year's action. Don't forget however to keep out your gear for some winter fishing fun.

## Some Interesting Facts about Fish:

Saltwater fish need to drink more water than freshwater fish. Since seawater is saltier than the liquids in a fish's body, water inside the fish is constantly flowing out. If they didn't drink to replace the lost water, saltwater fish would dry up like prunes.

A fish does not add new scales as it grows, but the scales it has increase in size. In this way, growth rings are formed and the rings reveal the age of a fish.

*Until next time remember to take a kid fishing,  
Capt. Ron*

## Tide and Sun Chart

\* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

| DATE              | HIGH TIDE              | LOW TIDE                 | SUNRISE   | SUNSET    |
|-------------------|------------------------|--------------------------|-----------|-----------|
| Thur., October 22 | 3:02 a.m.<br>3:33 p.m. | 9:13 a.m.<br>9:58 p.m.   | 7:16 a.m. | 6:13 p.m. |
| Fri., October 23  | 4:05 a.m.<br>4:32 p.m. | 10:16 a.m.<br>10:53 p.m. | 7:17 a.m. | 6:12 p.m. |
| Sat., October 24  | 5:03 a.m.<br>5:28 p.m. | 11:18 a.m.<br>11:47 p.m. | 7:18 a.m. | 6:11 p.m. |
| Sun., October 25  | 5:58 a.m.<br>6:22 p.m. | 12:17 p.m.               | 7:19 a.m. | 6:09 p.m. |
| Mon., October 26  | 6:50 a.m.<br>7:13 p.m. | 12:38 a.m.<br>1:13 p.m.  | 7:20 a.m. | 6:08 p.m. |
| Tues., October 27 | 7:42 a.m.<br>8:04 p.m. | 1:27 a.m.<br>2:06 p.m.   | 7:21 a.m. | 6:07 p.m. |
| Wed., October 28  | 8:33 a.m.<br>8:55 p.m. | 2:15 a.m.<br>2:58 p.m.   | 7:22 a.m. | 6:06 p.m. |

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## Still time to play in Memorial golf tourney

The Worcester County Veterans Memorial Foundation will host its 9<sup>th</sup> Annual Golf Tournament on Wednesday, October 28 at the Ocean Pines Golf & Country Club. All proceeds will benefit the foundation's Educational Outreach Program.

Players at this year's tournament will include combat wounded veterans from Walter Reed Army Medical Center who are members of the Salute Military Golf Association (SMGA). SMGA is a non-profit organization whose mission is "to provide rehabilitative golf experiences and family inclusive golf opportunities for post 9/11 wounded war veterans in an effort to improve the quality of life for these American heroes."

The tournament format will be Captain's Choice Scramble and will begin with a shotgun start at noon. The hole-in-one prize is a Pebble Beach package valued at \$11,000. The package includes four nights at Pebble Beach Lodge, golf at three Pebble Beach courses (Pebble Beach, Spyglass and Spanish Bay) and airfare. There are additional prizes for all par three holes.

Entrance fees are \$85 per player and include greens fees with cart, range balls, a grab and go lunch and dinner buffet. An awards ceremony and silent auction will be included at

dinner.

The Educational Outreach Program was established in 2006 to sponsor an annual field day trip to the Veterans Memorial for every fifth grade class in Worcester County. Volunteers teach students how the memorial honors military veterans and the history and proper handling of the American flag.

Sponsor and player registration forms and tournament details are available on the Worcester County Veterans Memorial Foundation website at [www.opvets.org](http://www.opvets.org).

For more information, contact the tournament coordinator Marie Gilmore at [Marie@aol.com](mailto:Marie@aol.com) or 410-208-6612.

## O'Hare to speak to Dems

The Democratic Club of Worcester County will meet on Thursday, October 22 at 6:30 p.m. in the Ocean Pines Community Center. After refreshments, Ms. Sharyn O'Hare, a founder of the Worcester County Veterans Memorial will speak briefly on the activities and plans of the Memorial.

She will be followed by a second speaker, an Assateague National Park Ranger, who will speak about the park and present a brief film. All Democrats are welcome to attend.



**Kiwanis welcomes new officers --** On October 1, Kiwanis began its new year with new officers. Pictured left to right are Secretary **Pat Winkelmayer**, Treasurer **Mark Page**, Board Member **Charlie Warner**, Assistant Secretary **B.J. Baker**, Assistant Treasurer **Mike Mor-ton**, incoming President **Mark Joseph**, Adviser to the President **Ralph Chinn**, outgoing President **Carolyn Dryzga** (who automatically becomes a member of the board), Vice President **Tom Southwell**, board members **Jackie Todd**, **Jim Spicknall** and **Dick Jacobs**.

*If you live in Ocean Pines, be sure to contact  
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# Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to [thecourier@delmarvacourier.com](mailto:thecourier@delmarvacourier.com)

## **Mondays**

### **Ocean Pines Poker Club**

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

### **Sweet Adelines**

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

## **Mon. & Tues.**

### **Sanctioned Duplicate Bridge**

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

## **Mon., Wed. & Sat.**

### **Church Thrift Shop**

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

## **Tuesdays**

### **Families Anonymous**

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

**Take off Pounds Sensibly Meeting.** Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: [jean-duck47@gmail.com](mailto:jean-duck47@gmail.com)

## **Tuesdays and Thursdays**

**Poker players** wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played

every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

## **Wednesdays**

### **Kiwanis Club Meeting**

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

### **Elks Bingo**

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

### **Delmarva Hand Dancing**

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or [info@delmarvahanddancing.com](mailto:info@delmarvahanddancing.com)

### **Rotary Club**

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact [Stan.Kahn@carouselhotel.com](mailto:Stan.Kahn@carouselhotel.com).

### **Square Dancing**

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

### **AL-Anon/OP-West OC-Berlin**

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

## **Wed., Thurs. & Fri.**

### **Church Thrift Shop**

Stevenson United Methodist Church in Berlin is open Wed. - Fri. 10 a.m. - 2 p.m. Sale Fridays. Call 410-641-1137.

## **Wed., Thurs., Fri. & Sat.**

### **Church Thrift Shop**

The Shepherd's Nook at Community Church at Ocean Pines is

open 9 a.m. to 1 p.m. Call 410-641-5433.

### **Diakonia Thrift Shop**

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

## **Thursdays**

### **Story Time**

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

### **Beach Singles**

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

### **Legion Bingo**

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

### **Gamblers Anonymous**

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

## **Fridays**

### **Knights of Columbus Bingo**

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

## **Sundays**

Sunday Night Serenity **Al-Anon Family Group** 7:30 p.m. at The Woodlands/Independent Living Apt. Bldg. 1135 Ocean Parkway-Ocean Pines, Md. 21811

## **Third Sunday**

### **Sharing Sunday**

Bring non-perishable groceries and paper goods to the Ocean Pines southside fire hall 1 -3 p.m. to benefit local food banks.

## **Third Monday**

### **Democratic Women**

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10 a.m. at the Ocean Pines Community Center. Guests and new members are welcome.

## **Third Tuesday**

### **Widows & Widowers Social Club.**

Group meets in Ocean Pines at 1 p.m. for luncheon meeting. Call 410-208-1398.

## **Third Wednesday**

### **Survivors of Suicide Meeting**

Starts at 6 p.m. at the Worcester County Health Department. 9730 Healthway Drive, Berlin. Open to anyone who has lost a friend or loved one to suicide. Quiet listening, caring people, no judgment. For more information, call 410-629-0164 or visit [www.choosetoliveinmaryland.org](http://www.choosetoliveinmaryland.org).

## **Fourth Wednesday**

### **Marine Corps League**

First State Detachment Marine Corps League raises funds for a variety of charities and meets at 7 p.m. in VFW Post 8296, 66th St. Ocean City. Open to all fellow Marines and FMF Corpsmen. Visit [www.firststatemarines.org](http://www.firststatemarines.org).

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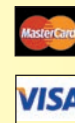
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**heroin**  
from page 1

get high but just to function properly and feel normal. Heroin addicts continue to abuse the drug usually out of fear of withdrawal. Symptoms of withdrawal can last as long as a week and include sweating, craving, muscle and bone aches, nausea, vomiting, diarrhea, fever, heaviness, insomnia, cold sweats, and chills.

When addicts are arrested, they are eventually released into the same environment that they came from. Passwaters explained that when addicts return to their previous environment, they are exposed to the same drug dealers and friends they abused drugs with, which plays a large role in being susceptible to relapse. Addicts who are released from jail are typically found overdosing as they return to using the same amount of heroin they used prior to imprisonment, regardless of a decreased tolerance. The Worcester County Sheriff's Office responds to every overdose in the county, which has been around sixty so far this year. They investigate each overdose, although some go unreported.

While heroin use in Worcester County has been on the rise over the past few years, the drug enforcement unit has been working diligently to combat the problem. The Worcester County Sheriff's Office realizes they cannot arrest their way out of the problem, so they form partnerships with other facilities such as Homeland Security and the Health Department to bring awareness, prevention, and treatment to the community. The Worcester County Criminal Enforce-

ment Team (CET) conducts interviews of individuals associated with heroin to learn about new trends and other investigative leads. They have also focused on preventative measures beginning in the school system by educating both the parents and the students. Pharmacies have also taken



**Sgt. Nate Passwaters**

action in eliminating the prescription painkiller problem by enforcing a drug monitoring program. Passwaters encouraged members of the community to drop their old or unused prescriptions in the drop box located in the Ocean Pines Police Department.

Furthermore, law enforcement hopes that anyone in need of assistance, or knowing someone in need of help, will reach out to programs in the area. It is never too early to begin educating children and loved ones about heroin, other drugs, and the negative ways they affect lives. If anyone sees anything suspicious, they should call someone without worrying about arrests taking place. There are programs established in all counties if someone wants help. The Worcester County Health Department can be reached at 410-742-3460. The Worcester County Addictions Cooperative (W.A.C.S.) can be reached at 410-213-0202.

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