

Wor-Wic to host golf tourney

Wor-Wic Community College will hold its 17th annual golf tournament on Friday, June 1, at Wor-Wic's Ocean Resorts Golf Club in Berlin. Registration begins at 11 a.m., followed by lunch at noon and a shotgun start at 1 p.m. Dinner and awards will be held at 5:30 p.m. Proceeds from the event will benefit Wor-Wic's child development center.

The format will be a scramble with four-person teams. Prizes will be awarded for hole-in-one, closest to the pin, longest drive and to the top three teams for low net and gross scores.

For sponsorship information or team registration, visit the college website at www.worwic.edu or contact Linda Jagusiak at 410-334-2948.

Church to host Italian dinner

The Church of the Holy Spirit is having an Italian dinner catered by Carrabba's on Sunday, April 29 from 4 p.m. to 6 p.m. at the church.

The feast includes chicken Bryan, penne pomodoro, Caesar salad, garlic breadsticks, iced tea and lemonade. Desserts will be available for \$1.

Tickets are \$15 and are available at the church. They are limited, so get yours now.

The church is located at 100th St. and Coastal Highway in Ocean City; call the church office at 410-723-1973 or Monica at 443-235-8942 for further information.

RWWC to host candidate forum

A Worcester County Republican Candidate Forum/Meet & Greet will be held on Tuesday, May 15 at the Ocean City Marlin Club located at 9659 Golf Course Rd in Ocean City from 5 to 8 p.m. All Republican primary election candidates for state, county and local positions have been invited to participate. The public is invited to attend, free of charge and light refreshments will be provided. Come meet all of Worcester County's Republican candidates in one place. This event is being sponsored by the Republican Women of Worcester County.



On duty - Ocean Pines Captain **Steve Grunewald** is one of many volunteer who serve the community of Ocean Pines. See story on page 3. Photo by June Freeman.

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Community Calendar

APRIL

AARP is collecting food

AARP is sponsoring the Harvest for the Hungry this Friday April 27 and Saturday April 28 between 10 a.m. and 2 p.m. in front of the Food Lion in Ocean Pines. All the food donated will go to Sarah's Pantry to help feed the people in the community.

Last year in one day a record 8,000 pounds of food was donated.

AARP to meet

AARP Chapter 4509 will meet May 7 in the Asateague Room of the Ocean Pines Community Center. This month's guest speaker will be Melissa Bragg, a firefighter with the Ocean Pines Fire Department, who will discuss home safety. Senator Jim Mathias and Tammy Bresnahan will also be guest speakers.

Master Gardeners to meet

Starting from May to September, the University of Maryland Cooperative Extension Service is offering, "Ask a Master Gardener," at the Ocean Pines library. The clinic is free and will be held every Tuesday afternoon from 1 p.m. to 4 p.m. Master Gardeners will be available to help you with your gardening questions. Please put your damage plant samples in a plastic bag and label the bag with your name and phone number. If your questions cannot be answered at the time submitted, it will be researched and someone will get back to you at a later date.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <small>Easter</small>	2	3	4	5	6
	8	9	10	11	12	13
	15	16	17 <small>Hot Day</small>	18	19	20
	22 <small>Earth Day</small>	23	24	25	26	27
	29	30				

Carozza to speak at luncheon

The Republican Women of Worcester County will hold their April luncheon meeting on Thursday, April 26 at Harrison's Harbor Watch in Ocean City. Delegate Mary Beth Carozza will give a 2018 Maryland General Assembly Update. Mary Adair will discuss the Worcester County Veterans Memorial at Ocean Pines.

Cost of the luncheon is \$20 per person. Doors open at 10:30 a.m. and the meeting begins at 11 a.m. To make your reservation and/or for more information, please contact Ann Lutz at annlutz60@gmail.com or at 410-208-9767.

Monday

Ocean Pines Poker Club
Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Monday/Tuesday

Sanctioned Duplicate Bridge
Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

Tuesday

Families Anonymous
From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Tuesday/Thursday

Poker Players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesday

Kiwanis Club Meeting
Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Thursday

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Friday

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

First Saturday

Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

Talent auditions scheduled

The Launch II Performing Arts Benefit for Education committee will hold the first round of auditions for all ages on April 28 at Stephen Decatur High School from 9 a.m. to 11 a.m. and 1 p.m. to 3 p.m.

The search for talented performers is open to singers, dancers, comedians, thespians, musicians and other solo and group performers of all ages. Do you know someone with an exceptional voice who sings in your church? An uncle who is a gifted musician? Couples who are exceptional dance partners? A teacher who does an incredible impression of a former President? Encourage them to share

their talents on stage, November 10 at the Ocean City Performing Arts Center.

The Launch II ~ Rhythm of the Tides is the Worcester County Education Foundation's second annual Celebration of the Performing Arts and Education. Building upon last year's popular event, the committee will hold the first audition in the northern part of the county (at SDHS) and a second audition Friday, May 4 at Snow Hill High School from 3:30 p.m. to 6:30 p.m.

The talent search is open to all ages but applicants must have some "roots" in Worcester County (either once lived here, or worked here or have family ties in Worcester County). Gwen Lehman,

retired theater instructor at SDHS will direct The Launch II. Performers are encouraged to loosely tie this year's theme "Rhythm of the Tides" into their performance if possible.

Call Gwen Lehman for further information or for an audition application 443-735-4502 or visit www.wced.foundation or contact patti@peckmiller.com.

Wine tasting set

Celebrate "Cinco De Mayo" one day early at the Kiwanis Wine Tasting & Auction Festival on Friday May 4, in the Ocean Pines Community Center from 4:30 p.m. to 7:30 p.m. The cost is \$15. Please call 410-208-6719 for tickets. Proceeds benefit our local youth.

Club to discuss mysteries, new technologies

"Quantum Spookiness, Communication and Computing" is a new club set to meet in the Ocean Pines library. Discussions will focus on the microscopic world of atoms, electrons, photons, as well as new technologies of 'quantum cryptography' and 'quantum computing.' The club is designed for anyone excited about the physics of the micro-world and revolutionary applications. The next meetings take place on Thursday, April 26 and May 3 between 12:30 p.m. and 2 p.m. in the library conference room, with later scheduling to be announced. For further information, please call Doug Hemmick at 410-641-8077.



Learning - Students in Laura Black's Kindergarten class at Ocean City Elementary School are getting ready to learn about life cycles. **Owen Evans** and **Liam Aldana** are working together as they prepare to observe the life cycle of a plant.

Matt Ortt Companies presents plans to residents

Co-founders and managing partners of Matt Ortt Companies assured Ocean Pines residents last Thursday evening at a standing-room-only town hall meeting that the newly hired management company is doing what it can to improve the food and beverage operations at the Beach Club and Yacht Club.

The town hall, which was hosted by the Ocean Pines Communications Advisory Committee and lasted more than two hours in the Assateague Room of the Ocean Pines Community Center.

Matt Ortt took to the podium to introduce his management team and to remind the audience of his connection and commitment to the Ocean Pines community.

"There are many reasons why we are going to succeed at what we are going to do," said Ortt. "But I am going

to tell you the most important reason, the number one reason. If you don't remember anything from this tonight, I want you to remember this: my mother lives in Ocean Pines and I will never hear the end of it if I don't succeed."

On the front row sat Stewart Diefold, partner and executive chef of Matt Ortt Companies, flanked by Yacht Club Executive Chef Joel Blice, Yacht Club General Manager Lewis Sherman and Yacht Club Assistant General Manager Tommy Steele.

"At Matt Ortt Companies, we are a team," said Ortt. "We are all lifers in this business. It's all we've ever done. I came here when I was 13 years of age, went to high school here, went to Salisbury University. I am invested in this

*please see **ortt** on page 15*



Ralph DeAngelus

Volunteers who save lives

By **June Freeman**

Throughout the years many people in Ocean Pines have put their lives and homes in the hands of Ocean Pines volunteer firefighters, yet many of its residents are not aware of the bravery and dedication of these volunteers. That is unless they have been unfortunate enough to need their help.

"Last year alone we had 1,519 emergency medical service calls and 276 fire calls. We need to be ready twenty-four hours a day, seven days a week. The safety of the people in Ocean Pines is our ultimate concern," explained Ocean Pines Captain Steve Grunewald, a volunteer firefighter of thirty-five years.

It takes a lot of people and equipment to save lives and property. Rarely a day goes by that Ocean Pines residents do not see and hear an ambulance or a rescue truck, ladder truck, special operations vehicle or engines on a rescue mission. Currently there are fifty-five volunteers, along with a newly formed auxiliary comprised of six members who fundraise and offer assistance at rescue scenes. There are sixteen career firefighters; there are always three career staff members working all day and all night.

The responders can never be sure of what they will find when they first arrive at a scene. Residential fires, ap-

Annual Pirate Party planned

Worcester Youth and Family Counseling Services will host its tenth Annual Pirate Party fundraiser to benefit vulnerable children in Worcester County. The event will be held on Friday, May 18, from 6 p.m. to 9 p.m., at Sunset Grille in West Ocean City, (with a rain date of June 1). Attendees are encouraged to join in the fun by coming dressed in their best pirate garb. The pirate themed fundraiser is always a big hit with locals since it is the most unique kick-off party of the summer. A \$49 donation at the door includes a light fare buffet, two drink tickets, live entertainment, raffles, and a gift auction.

Each year nearly 20 people volunteer to be "Honorary Pirates" and raise at least \$500 each toward the fundraiser. A combination of pirate fundraising, corporate sponsors, raffles, and party entry donations makes

*please see **party** on page 4*

pliance fires, car accidents, fire alarms, cardiac arrests, gas leaks, public service calls, and sick or injured people are some of the countless emergencies that firefighters encounter. It could be a matter of helping someone off the ground or it could be a critical matter of stabilizing a person and getting them to the hospital. Captain Grunewald describes a good day as "having a good knock and getting someone to the hospital quickly and they survive." He recalled a deadly and raging fire in Ocean Pines several years ago. The courage and endurance of the firefighters made the difference. "These people were lucky to make it out alive," remarked Grunewald. That was another good day. Not all days are good days for the firefighters. "It can be hard. Sometimes I wish I could forget the things I've seen. But our job is to help and keep our composure." He went on to explain that "there are happy times like when we deliver babies and the family brings the baby back to visit us at the firehouse or when we get someone to the hospital and they survive."

All the lives and properties saved come at a cost for these volunteers. The volunteers put in thousands of hours a year. It takes time, practice, effort and determination. In order to become certified, volunteers must complete 108 hours of training. To get an overview of some of the needed

*please see **volunteers** on page 15*

Safe sitter courses offered

Peninsula Regional Medical Center will offer Safe Sitter courses this summer for young men and women ages 11-14. Safe Sitter is a medically accurate course that covers how to handle emergencies when caring for young children.

Safe Sitters learn: basic life-saving techniques; safety precautions to prevent accidents; how and when to summon help; and, tips on basic child care

The one-day course will be held on June 22, July 13, July 20 and August 3, from 8:30 a.m. to 3:30 p.m. A fee of \$50 covers the day's program and materials. To register a participant, call 410-543-7781. Maryland law says a child must be at least 13 to babysit.

The Courier

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2012 Business of the Year

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A study indicates that boys are experiencing the onset of puberty as soon as two years earlier than reported in previous research. The 2012 study from researchers at the American Academy of Pediatrics (AAP) found



that boys in the United States were entering puberty six to two months earlier than previous research suggested. While a trend

toward earlier onset of puberty in girls has long been studied and accepted, the AAP study was the first to examine the onset of puberty in boys in contemporary times. The study found that African American boys were more likely to start puberty early than white or Hispanic boys, with the earliest stage of puberty occurring in some non-Hispanic African American boys at age 9.14 years. The causes and public health implications associated with an earlier onset of puberty require further study, but parents of young boys can benefit from knowing that their sons might be entering puberty earlier than their parents might have expected.

Bush decision emphasizes advance directives

Editor:

First Lady Barbara Bush's decision to choose comfort care has sparked a conversation about what it means to stop aggressively fighting terminal illness and emphasized the importance of advance directives.

Comfort care is an essential form of medical care provided at the end of life to soothe a person who is dying. The goals of comfort care are to manage symptoms and prevent or relieve suffering in order to improve one's quality of life and retain the dying person's wishes and dignity. Hospice is comfort care, without the intent to cure, because the natural dying process is permitted to occur while assuring maximum comfort. Comfort provided by hospice supports emotional, psychological and spiritual needs of the patient and the family.

Advance directives clearly communicate a person's health care wishes to their family and medical providers, relieving relatives of the burden of deciding what their loved one would have wanted. Making your wishes known when you are still able to make decisions, and putting them in writing, is a great relief to your family. This document allows them to know they are following what you would have wanted including whether you want certain aggressive treatments as well as what you don't want.

Only 37 percent of Americans have completed advance directives, even though most people say it is important to make sure their family does not have to make such tough

decisions on their behalf. Advance directives are critical for people of all ages because a healthcare crisis can occur at any time: during a serious illness, after an automobile accident or head injury, or during a heart attack or stroke.

Coastal Hospice and Palliative Care has trained staff available to assist with advance directives and related questions. Staff recently worked with representatives from MAC, Inc. to host one-on-one advance directives education throughout the community as part of National Healthcare Decisions Day on April 16. National Healthcare Decisions Day is a national effort to provide clear, concise, consistent information on healthcare decision-making to the public and providers.

Coastal Hospice recognizes that when it comes to end-of-life decisions, no single guide or conversation will cover all the scenarios and decisions you and your family may face. But, a conversation can provide a shared understanding of what matters most to you and your loved ones. It can make it easier to make decisions when the time comes.



Call our office at 410-742-8732 to find out more about comfort care, advance and other services available through Coastal Hospice.

Alane K. Capen
 President

Coastal Hospice & Palliative Care

P.E.O. to hold live auction

The local Ocean Pines Chapter AK of P.E.O. is holding an auction on Wednesday, May 2 at 11:30 a.m. at Ocean Pines Community Center in the Assateague Room. P.E.O. is an organization promoting education for women which gives scholarships, grants and low interest loans. All proceeds from this event will go to this organization.

A gourmet luncheon and paddles will be included with a \$10 charge at

the door. There will be a live auction, a silent auction, a bake sale, and the sale of \$10 surprise boxes which will be worth at least this amount. Also included will be original artwork by local artists, household items, toys, furniture and much more. For more information email Bonnie at bonpaints75@gmail.com or Ginger at op9tee@gmail.com or call Ginger at 410-422-6763.

party
 from page 3

this Worcester Youth and Family's largest fundraiser of the year. All money raised is used to support youth programs managed by the organization. Worcester Youth and Family's CASA program helps abused and neglected children so that all children in our community can have a safe and permanent home. The organization's youth enrichment programs help build personal strengths, interpersonal relationships, family and school functioning, and personal temperament. These programs have a huge impact on our community by engaging children in healthy, structured, social activities and working with them in therapeutic environments to improve their lives.

Those interested in becoming an event sponsor or an Honorary Pirate, should contact the organization for details.

Worcester Youth and Family Counseling Services is a non-profit organization located in Berlin, Maryland and has been serving the community since 1975. For more information about services provided by the organization, please telephone the office at (410) 641-4598, or visit the website at www.gowoyo.org.

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:



thecourier@delmarvacourier.com

Treasures at the bottom of the washer tub

It is not unusual for me to leave something in my pants pocket that



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

finds its way to the bottom of the washer tub. No matter that I try to empty my pockets of change, receipts, tissues, dollar bills and a pocketknife, there are times when something winds up going through the rinse and spin cycle.

Over the years I have discovered that certain items hold up well in the washing machine while others don't. Dollar bills seem to hold up well. They retain their color and composition. Store receipts turn to balls of pulp and flake and cling to the lining of the pocket. It takes several more washings before they disappear, that is as long as I don't leave something else in the same pocket.

There are certain items which when left in a pocket can really make for a bad wash day. A ballpoint pen is a good example. Ink stains are difficult to remove from clothing. I know this because my wife had the opportunity to tell me about this many years back. As I remember, it was a very animated, one-sided, hands-on conversation that made a lasting impression on me. Although the choke marks around my neck have disappeared, I still write only in pencil. Why tempt fate or Murphy's Law?

Children are notorious for leaving things in their pockets. Crayons, rocks, buttons, frogs, you name it and it is sure to have been left in some child's pocket somewhere at some time. We had an instance when a red magic marker was left in a shirt pocket and ended up going through the wash with a load of whites. Not a good day in the Bertino household. In fact, if you

open one of the cabinet doors in our kitchen, you can still hear a faint echo of my wife's reaction on that fateful day. As a consequence, my wife sewed closed all the kids' pockets so there was no chance of a repeat occurrence. It was difficult for them to carry lunch money to school, but at least our delicate whites didn't come out pink again.

Like most families, we have a tray on the shelf above the washer that is the repository for all things found at the bottom of the washer. Through the years it has contained all sorts of items, some normal and others not so much. It would be difficult except for the most fertile of imaginations to develop the scenario that would find certain items at the bottom of our washer. There were broken pieces of chalk. It's not too hard to understand how chalk would have wound up in the washer when three kids were in the house. There was loose change. Again, not too difficult to understand how that got in there.

But then there were other items that defy explanation. For instance, part of a glass door knob. We don't even have glass doorknobs in our house. How did that get in there? Then there was a curious looking item that appeared to be the innards of some electronic gismo. I have no idea from where that came.

Just as amazing as the discoveries found at the bottom of the washer are the blank stares we got when we asked one of the kids how a brick got into the washer. They all had the same response, "I dunno."

Normally, if I heard that response I would get upset. However, it's obvious they heard me respond the same way when my wife asked me, "Were you the one who left a package of peanut butter crackers in your pocket?" I learned a long time ago that the best answer to a question like that is, "I dunno."

Who says children don't listen?



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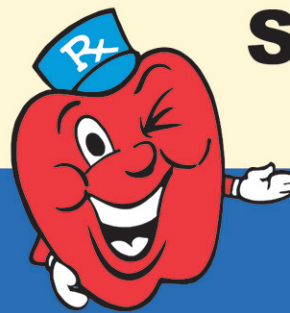
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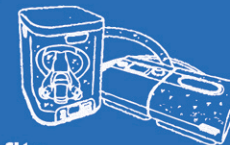
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Farmers, artisans market adds another day

A popular year-round farmers market that is deeply rooted in Worcester County sprouts a new seasonal mid-week market in Ocean Pines.

Known for its lively Saturday market, Ocean Pines Farmers & Artisans Market is launching a Wednesday market starting May 2.

“Our market is known for its end-

Saturdays. This mid-week addition gives them a day to enjoy shopping at the market.”

The market, which was founded in 2011, has grown into a vibrant, cultural centerpiece under the direction of Bean.

Appetite for an expanding Ocean Pines Farmers & Artisans Market has continued to grow after its popularity climbed in 2017 to the highest level in six years. During this time, the market broke a registration record with a 65-vendor lineup.

“Our market manager is so passionate about the growth of the Ocean Pines Farmers & Artisans Market and it’s evident in his handling of the ever-growing market,” said Denise Sawyer, marketing and

public relations director of the Ocean Pines Association. “David’s ideal marketplace is centered on local people supporting local farmers, artisans and business owners at a grassroots level. Ocean Pines takes pride in that.”

The mid-week market will run from May 2 to September 26 and will be an addition to the Saturday market, which operates from 8 a.m. to 1 p.m. at White Horse Park year-round.



less variety, and that will be a part of the Wednesday market,” said Market Manager David Bean. Shoppers will get an opportunity to browse more than 25 local produce, baked goods and seafood vendors at White Horse Park, from 3 p.m. to 7 p.m.

“The late afternoon hours allow shoppers to stop at the market on the way home from work or the beach,” said Bean. “Many locals also work on the weekend and are unable to shop on



Road to recovery - Relay for Life of North Worcester County hosted a team meeting April 9 at Sisters in Berlin. Dante “Curt” Derosetti of Ocean City spoke about the Road to Recovery program which is funded by the American Cancer Society. Derosetti is visually impaired and needed transportation to his treatments for prostate cancer. Pictured from left to right are Relay for Life co-chairs **DJ Thompson** and **Dawn Hodge**, and **Curt Derosetti**. Relay for Life of North Worcester will be held Friday, May 11 from 6 p.m. to midnight at Frontier Town Campground. Cancer survivors are wanted for a free reception and survivor lap. Everyone is welcome to participate in the activities and fundraisers at the event. For more information, visit relayforlife.org/northworcester/md or contact Dawn Hodge at dawnhodge@comcast.net or 443-497-1198.

Walking fellowship announced

America Walks, a national advocacy organization working to empower communities to create safe, accessible, and enjoyable places to walk, announced they are awarding Crystal Bell, of Worcester County Health Department, a Walking College Fellowship as part of the 2018 program.

The Fellowship will enable Bell and other advocates from around the country to participate in a five-month training program designed to strengthen local efforts to make communities more walkable and livable.

“We are delighted to welcome Crystal Bell as a member of the Walking College,” said Emilie Bahr, Walking College Manager with America Walks. “It was a very competitive application process and she will be a great addition to the 2018 class. We look forward to developing her skills and are excited to see her work grow.”

Bell will complete a six-module distance-education training program this summer, followed by an independent study project in Worcester County, and then attend Walk/Bike/Places in New Orleans in the fall.

“Walking is a great source of phys-

ical activity and can help in the prevention and management of many chronic diseases,” said Bell.

The Worcester County Health Department is committed to providing the community with public health leadership and quality services. Raising awareness around walkability and walking resources in the community supports the health department’s efforts to increase physical activity amongst residence in Worcester County. Having a walk expert trained through America Walks is going to heighten those efforts and serve as a great community resource.

Worcester County has also developed a walk team led by Bell that will assist in the planning and development of upcoming walk plans and objectives. The Worcester County Health Department is proud to support the “Walkable Communities” training program.

The Walking College curriculum was designed to expand the capacity of local advocates to be effective community change agents. Topics include the

please see **fellowship** on page 11



Advertising Sales Professionals

The Courier, a weekly community newspaper seeks experienced advertising sales individuals with strong interpersonal skills to build advertising relationships and assist in publication growth.

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Send cover letter and resume to
Chip Bertino at

chipbertino@delmarvacourier.com

EOE

Sponsors sought for clean beach campaign

The Art League of Ocean City is seeking sponsors for the 2018 “Art CAN Clean Beaches” campaign, where local businesses and individuals have an opportunity to adopt a beach trash can and personalize it.

The program enters its second year after a successful pilot first summer in 2017 where 30 beach trash cans were vinyl-wrapped with art and sponsor logos. All 30 art cans survived the tourists, the weather, and “the beast” trash truck that grabs the cans in the middle with a metal arm.

“It really was impressive; not one piece of artwork was scratched at all,” said Ocean City Councilman Tony DeLuca, who came up with the program. “The beach is our biggest asset. The hope is the cans will draw attention to how important it is to keep our beaches clean.” In November, the council voted unanimously to expand the program for the 800 barrels that line the beach in the summer.

DeLuca and the Ocean City Green Team developed the Art Can Clean Beaches program in 2017 as a way to remind beachgoers that trash belongs in the receptacles and not in the sand. The Art League of Ocean City took the reins, soliciting original artwork from local artists for the cans and winning a \$5,000 grant through the Maryland Environmental Trust’s Clean-Up and Green-Up Maryland.

“We’ll decorate as many trash cans as we can find sponsors for,” Rina Thaler, executive director of the Art League, said. “It would be a beautiful site to see the entire beach lined with these colorful cans that will encourage visitors to clean up and pick up. Beachfront businesses can sponsor a can in front of their

stores to show their commitment to the beauty of our seaside. Individuals can celebrate a special occasion or honor a loved one in a unique way.”

Sponsorships cost \$260 per can or \$750 for three cans. The Maryland Coastal Bays program receives \$10 of the sponsorship money for clean-up efforts. Since the Art League is a nonprofit organization, the sponsorships are tax deductible.

The campaign hopes to have sponsors lined up by the beginning of May in order to get the customized trash cans on the beach by Memorial Day.

Individuals and businesses who want to sponsor a beach trash can contact Elaine Bean of the Art League of Ocean City at elaine@artleagueofoceancity.org or 410-524-9433.



Optimist announce oratorical winners

The Ocean City/Berlin Optimist Club welcomed their oratorical winners to a recent dinner meeting. The winners are Ameer Salem and Jessica Beck, both from Stephan Decatur Middle School. The topic was “Where are the roots of my optimism”. Rich Caproni, oratorical chair, announced over 100 students were involved in the contest.

Pictured are **Charles Smith**, club president, **Jessica Beck**, **Ameer Salem** and **Rich Caproni**, club chair.

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Compliant licensees recognized

Under the leadership of Health Department Director Rebecca Jones, Worcester County Drug and Alcohol Council members hosted the 17th Annual Alcohol Licensee Recognition Breakfast at the Dunes Manor Hotel in Ocean City on April 5 to honor licensees who, during random compliance checks, refused to sell alcohol and tobacco to minors. Maryland Highway Safety Office representatives, area police agencies, and elected officials were in attendance as well to honor licensees who are dedicated to preventing youth from obtaining alcohol and tobacco.

“Recognizing that alcohol and tobacco licensed businesses are the first line in defense to reduce the availability of alcohol and tobacco to underage youth” Jones said, “is why we are here today.”

The Health Department provides Alcohol Management Training (TIPs), a responsible beverage training program. The state requires each licensed alcohol establishment to have an owner, manager, or bartender to be trained in TIPs or another approved program to teach servers acceptable standards for responsible alcohol service. The cost is \$65 per person, per establishment. Licensed establishments that pass annual compliance checks receive two free vouchers and may purchase additional vouchers at a reduced cost of \$45.

“Thanks to all of the licensees and

their staff who refused to sell alcohol and tobacco to underage individuals,” said Lois Twilley, Coordinator of Special Programs for the Health Department. “You go a long way to prevent underage drinking and to protect the health and safety of these young people, our county, and beyond.”

Reducing underage drinking requires a community-based effort. The relationship that exists between the alcohol licensees and local and state agencies is just such a partnership, and it was formed to protect youth from suffering any number of the unintended consequences that come with underage drinking. Just a few of the risks to young people who drink alcohol include brain development problems, increased risk for physical and sexual assault, impaired judgment, serious injuries, and death from alcohol poisoning, car crashes or other unintended accidents.

Protecting young lives from the unintended consequences of alcohol is critical, and that is why the bar and restaurant owners who refuse to sell alcohol to minors are to be publicly commended. During the past year, local officials conducted 213 visits of alcohol licensees with positive results out of 224 visits, and 165 total licensees visited for compliance checks. That’s a 95% compliance rate. For tobacco, 91 (out of 140) businesses had compliance checks completed in 2017. Out of the 91, there were 76 that refused to sell tobacco to a minor.



Recognition - At a recent meeting, the Worcester County Commissioners presented a commendation to Stephen Decatur High School (SDHS) senior **Brandon Yusuf** in recognition of his outstanding service as the 2018 Worcester County Page to the Maryland General Assembly. Joining Mr. Yusuf for the presentation were Superintendent **Louis Taylor**, SDHS Principal **Thomas Zimmerman**, and his mother.

Bob Dylan program slated for library discussion

One of the most influential singer-songwriters of the past 60 years, Bob Dylan will be the subject of a discussion on Monday, April 30, at the Ocean Pines branch of the Worcester County Library. The presentation begins at 2 p.m. in the library’s main meeting room.

“Bob Dylan Revisited” will focus on the artist’s groundbreaking work of the 1960s, transitioning from a traditional folk musician inspired by Woody Guthrie to the controversial pioneer of electric folk rock. Dylan’s reluctance to be categorized or to be known for anything other than his music has only added to his mystique. Dylan made headlines in 2016 when it was announced that he would be the first musician honored with a Nobel Prize in Literature.

Staff members Frank DeLuco and Harry Burkett will facilitate the event.

“Dylan is a man of contradictions,” said Burkett. “The man credited with some of the greatest protest anthems of the Vietnam era rarely attended a rally. He’s a performer who often seems distant from his audiences, but refuses to stop performing. The man behind the music is even more fascinating than the music itself.”

DeLuco emphasized the Dylan program is not a lecture, but a genuine give-and-take of ideas. “We certainly hope that some diehard Dylan fans attend the program because we’re anxious to hear the opinions of others,” he said. “Like all poets, Dylan is the subject of endless debate.”

For more information, call the Ocean Pines library at 410-208-4014.

Junior golf camp registration opens

Online registration has begun for Ocean Pines Golf Club’s popular junior golf camp. Four sessions of the camp, which is open to the public, will be offered throughout the summer.

The four-day camps, designed for ages five through 14, will be held June 25 to 28, July 9 to 12, July 23 to 26 and August 6 through 9 from 9:30 a.m. to 1 p.m.

PGA Director of Golf John Malinowski and staff will provide instruction in swing basics, chipping and putting, rules and etiquette, the use of irons and woods and more. Beginner and experienced junior players are encouraged to attend.

“Last year all four sessions sold out, which is a good sign that golf is alive, well and growing in the area. I think our camps are so popular because they make the sport accessible and fun for all abilities,” Malinowski said.

The cost is \$130 per golfer per session, which includes lunch and snacks each day and a goody bag at the end of camp. Equipment will be provided, or participants may bring their own.

Spaces are limited, and sessions will sell out quickly. Online registration may be completed at OceanPinesGolf.org. For more information, please contact Ocean Pines Golf Club at 410-641-6057.

Bertino to hold town meeting

Worcester County Commissioner Chip Bertino will host a town meeting on Saturday, May 19, at 10 a.m. at the Ocean Pines library. He will discuss issues and developments impacting the Ocean Pines district and the county. Commissioner Bertino’s guests include Health Officer Becky Jones and Assistant School Superintendent Steve Price.

Ms. Jones will discuss county health issues as well as services offered by Worcester County Health Department. “I’m very pleased

Becky will join us,” Bertino said. “She is an asset to our county, and I know people will learn much from her.”

Mr. Price will talk about continuing efforts to improve safety in the county’s 14 public schools. “Given the unfortunate events in schools around the country and in Southern Maryland, Steve’s comments will be very helpful to residents who are concerned about ensuring school safety,” Bertino said.

Commissioner Jim Bunting will join the meeting as well.

Pocomoke State Forest expanded

The Board of Public Works voted to approve the Maryland Department of Natural Resources acquisition of 224.5 acres in Worcester County as an addition to Pocomoke State Forest.

The site provides both exceptional ecological benefits as well as recreational opportunities, especially for hikers, with trails linking Pocomoke River State Park, located within the 15,000-acre state forest, with the Town of Snow Hill. The state park offers biking, boating, camping and fishing opportunities, and also includes a nature center, park store and swimming pool.

The department has partnered with the county and town on a long-term strategy to establish a land-based trail connection that includes local and state lands properties.

“The department is constantly looking to conserve and protect sensitive and targeted areas that benefit our communities and the environment,” Maryland Natural Resources Secretary Mark Belton said. “This acquisition accomplishes both while aiding our mis-

sion to expand outdoor recreation and public access.”

This mostly-forested property, featuring about one-half mile of frontage on the scenic Pocomoke River, will be managed by the Maryland Forest Service. The acquisition was funded by Program Open Space.

PRMC to host child cyber protection symposium

From cyberbullying to internet predators, there are many threats to children in the online world. That’s why Peninsula Regional Medical Center and Children’s National Health System are bringing the topic to the seventh annual Alfred C. Kolls Community Symposium on May 3 at 5:30 p.m. at PRMC’s Hallowell Conference Center. Vincent DeVivo of the United States Attorney’s Office, District of Maryland, will speak on the topic of

please see child page 11



Food detail - Workers at the Sons & Daughters of Italy who provided food at the March 24 festival included **Carole Aikman, Mary Lee Embry, Mary Ellen Arena, Marisa Roeder and Joanne Stewart.**

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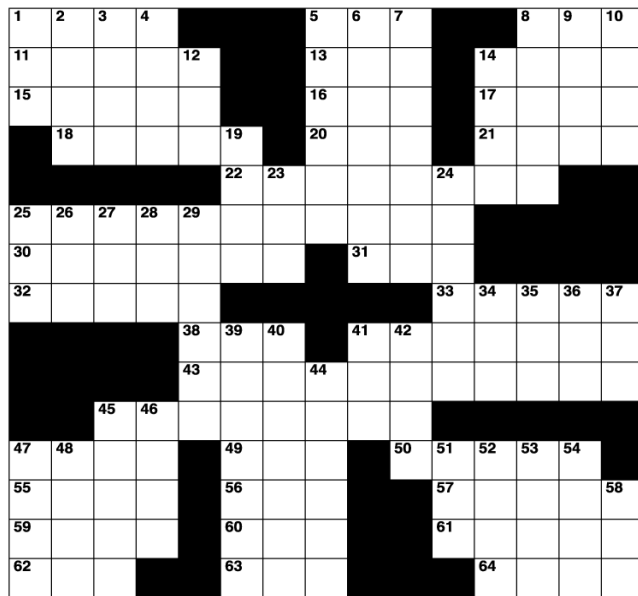
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CLUES ACROSS

- 1. Genus of beetles
- 5. Time units (abbr.)
- 8. Fiddler crabs
- 11. Remove weapons from
- 13. Express delight
- 14. Energy
- 15. Roman general
- 16. Returned material authorization (abbr.)
- 17. Mortgage group (abbr.)
- 18. Parts
- 20. Leavened bread cooked in a clay oven
- 21. Type of cloth
- 22. Frankness
- 25. Causes disgust or hatred
- 30. A member of the British order of honor
- 31. Folk singer Di Franco
- 32. One's looks
- 33. Provokes
- 38. Partner of flow
- 41. Japanese warrior
- 43. Easy to perceive
- 45. Meet with one's agreement
- 47. Bird's jaw
- 49. Ballplayer accessory
- 50. Sword
- 55. Swiss river
- 56. Comedienne Gasteyer
- 57. Beat icon Ginsberg
- 59. Clinches a victory
- 60. Split lentils
- 61. Jewish spiritual leader
- 62. Book of the Bible (abbr.)
- 63. Electronic warfare-support measures
- 64. Fibrous plant material

CLUES DOWN

- 1. Annoy
- 2. Two-toed sloth
- 3. Precipitation
- 4. Barbary sheep
- 5. Large stinging paper wasp
- 6. Balkan country
- 7. ___ Doherty, actress
- 8. Arm bones
- 9. Women's undergarment
- 10. Genus of dabbling ducks
- 12. Time zone
- 14. Newts
- 19. Sound unit
- 23. Dab
- 24. Puzzlement
- 25. Defensive nuclear weapon
- 26. Actress Ling
- 27. Natural solid material
- 28. Burmese ethnic group
- 29. Puts within
- 34. Belonging to us
- 35. They ___
- 36. One of twelve sons of Jacob
- 37. Grab a seat
- 39. Rich fabric
- 40. Fruits
- 41. Very fast airplane
- 42. Large primates
- 44. Flammable jelly
- 45. Less common
- 46. Supplements with difficulty
- 47. Chinese automotive company
- 48. Every one of two or more things
- 51. Swiss river
- 52. Speak incessantly
- 53. Italian Island
- 54. Fighters against authority
- 58. Egg of a louse



Answers for Apr. 18

For the Love of Travel

There's an app for that

By **Kelly Marx**

Now that you have downloaded the apps from my last article, I'm here with a fresh batch to make your traveling easier. Every app that I have suggested I have on my phone and use often.

Hopper-Hopper allows you to track flights and it gives you the dates it predicts flight prices will drop and when they will increase. Makes the flight-buying-guessing game slightly less of a guess. Make sure you enable the notifications so you don't miss when the prices dip. It's mind-boggling that waiting one day can result in a price dip or spike, sometimes by hundreds of dollars.

Clock- you can set different locations so you always know what time it is where the people you love are. For example, my best friend lives in England so I have London time set, my parents live in Berlin so I have Baltimore set, and my old co-workers live in Xiamen, China so I have Beijing set.

Country-specific travel sites- it's almost impossible to travel within China without using Ctrip. You can buy flight and train tickets and book hotels. Other countries have their own travel apps and you will be much more successful using these than American travel apps.

VPN - the acronym stands for Virtual Private Network and it allows users to choose where their IP address is coming from (I think... technies, I apologize for my technological ineptitude). It's the best way to stay anonymous online. Certain countries, notably China, have blocked many websites that Westerners use every day, like Facebook, Google, WhatsApp, and Instagram. By going to the VPN app and choosing a location, like Washington DC, USA, your computer/phone believes you're not actually where you are and allows the block to be circumvented. I would not have survived living and working in China without a VPN. I used ExpressVPN. It costs \$100 a year, but is worth it if you are going to be in a censorship area

long-term. The VPN can also let you access Netflix and Pandora, both apps that try to restrict access based on your location. There are free VPN apps that you can use here in the U.S. to increase your level of privacy, but if you are going to China, you absolutely need a paid VPN that will be able to get around the blocks, as China has blocked many VPNs.

Netflix - consider downloading lots of movies and shows before your trip so you have something to watch during flight delays and long bus journeys when you don't have internet. Be aware that Netflix has different programming per country, so a show you might watch on Netflix at home in the U.S. may not be featured on Netflix in Malaysia. A VPN helps with this.

Music - I use Apple Music so that I always have access to my music, whether I have internet or not. The cost is \$9.99 per month or \$14.99 for a family of up to six.

Find my iPhone- this is specific to iPhone users (my bias is showing), but this is a great tool for when you have lost your phone. The app will show you where the phone is based on its GPS.

Compass - handy to have for navigating during road trips or while you are trying to use Google Maps and the directions start with, "Head north..."

Weather - get an idea of weather patterns in the area you're going ahead of time so you aren't heading off to Malaysian Borneo during rainy season without a rain jacket.

Booking - the app is similar to Agoda. Depending on the area, sometimes one app will have more listings than the other and it's good to cross-reference the two. Booking also usually has the option to book without paying a deposit and offers free cancellation on certain properties.

Whether you decide to use these exact apps, or ones like them, you now have an idea as to which type of resources are useful to have access to while you are traveling. Remember, there's always an app for that!



Arts camp registration opens

The Worcester County Arts Council is now accepting registrations for the annual Summer Arts Camp for children to be held June 18 through June 21, at Berlin Intermediate School.

This camp is designed for students entering third through eighth grades in fall 2018 and last year close to 100 children attended.

The cost is \$100 for the four day long camp program which is held from 9 a.m. to 2:30 p.m. Bus transportation from Pocumoke and Snow Hill for an additional \$15 for the week will be offered.

The registration form, including selection of various visual and performing art workshops offered this year, is available on the website www.worcestercountyartsCouncil.org and the Arts Council's office, located at 6 Jefferson Street in Berlin. Deadline for registration is June 8.

Financial support provided by

Berlin/Ocean City Optimist Club and patrons of the Council will allow for offering limited financial assistance. For details how to apply, please call our office at 410-641-0809.

For volunteering opportunities at the Arts Camp please contact Anna Mullis at 410-641-0809 or curator@worcestercountyartsCouncil.org.

Ravens Roost to meet

The Ravens Roost 58 monthly meeting will be held Tuesday, May 1 at 6:30 p.m. The group will discuss ideas for a parade float for Beach Bash Weekend and the upcoming crab feast fundraiser. All activities take place at the 28th Street Pit & Pub. New members welcome. Dues are \$20 per year.



Walk for children - Sunday April 22, was the fifth Annual Cricket Center Walk on the Ocean City boardwalk. The Cricket Center is Worcester county's child advocacy center serving abused children. Kiwanis had a team walking for abused children. (L-R) Seated: **Dan Peletier, Pat Winkelmayr, Barb Peletier and Carolyn Dryzga.** (Standing) **Tom Southwell, Sue Wineke and Katie and Jeremy Goetzinger.**

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EOE

child
from page 9

"Innocence Stolen: Protecting Our Children Online."

All are welcome to attend to learn more about the topic. To attend, please register by emailing brandy.hitchens@peninsula.org. Continuing medical education credits will be offered to physicians who attend, but parents, nurses, physicians, social workers, teachers and anyone who works with children would find this education very helpful.

The symposium will explore types of internet misuse including social networking, cyberbullying, sexting and internet predators. It will examine in-

ternet practices of juveniles and adults that increase vulnerabilities to negative and criminal online influences, and assess the current state of internet safety and select prevention and intervention strategies, and available internet safety resources.

Dinner and dessert will be provided courtesy of Children's National Health System. Registration begins at 5:30 p.m.; the presentation is from 6:00 - 7:30 p.m. Hallowell Conference Center is located on the ground floor of Peninsula Regional's Layfield Tower. Parking is available in the visitor parking garage; enter via the Hanna Outpatient Center and use Elevator E to reach the ground floor.

fellowship
from page 6

science behind the benefits of walking, evaluation of built environments, as well as communication skills and building relationships with stakeholders and decision makers. Fellows work with other members of their class and a set of experienced mentors to develop the knowledge and skills needed to create community change. At the conclusion of the Walking College, Fellows will develop a Walking Action Plan for implementation using their new skills.

America Walks, a nonprofit national organization, is leading the way in empowering communities to create safe, accessible, and enjoyable walking conditions for all. We provide a voice for walking and walkable communities with federal agencies, provide strategy support, training and technical assistance to statewide, regional, and local organizations, and serve as the convener of the national Every Body Walk! Collaborative. Together, America Walks and the Every Body Walk! Collaborative boast 700 allied organizations who across the nation are working to increase walking and support walkable communities for all members. More at www.americawalks.org.

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., Apr. 26	5:52 a.m. 6:19 p.m.	11:57 a.m.	6:09 a.m.	7:47 p.m.
Fri., Apr. 27	6:43 a.m. 7:07 p.m.	12:22 a.m. 12:45 p.m.	6:08 a.m.	7:48 p.m.
Sat., Apr. 28	7:30 a.m. 7:52 p.m.	1:15 a.m. 1:29 p.m.	6:07 a.m.	7:49 p.m.
Sun., Apr. 29	8:15 a.m. 8:35 p.m.	2:03 a.m. 2:10 p.m.	6:06 a.m.	7:50 p.m.
Mon., Apr. 30	8:58 a.m. 9:17 p.m.	2:47 a.m. 2:49 p.m.	6:05 a.m.	7:51 p.m.
Tues., May 1	9:40 a.m. 9:59 p.m.	3:30 a.m. 3:28 p.m.	6:03 a.m.	7:52 p.m.
Wed., May 2	10:21 a.m. 10:41 p.m.	4:12 a.m. 4:08 p.m.	6:02 a.m.	7:54 p.m.

Sibling rivalries are manageable when handled carefully

Many parents dream that their children will grow up to be lifelong friends. That happens quite often, but typically not without a few bumps along the way.

Siblings disagree from time to time, and sibling rivalry is a part of growing up and charting one's course in the family unit. However, parents can take steps to avoid sibling rivalries developing between their children.

Children routinely test their boundaries and their places within their families, vying for attention from parents or other caregivers, especially when they become a brother or sister for the first time. A first-born child who went from being the sole focus of his parents' attention may struggle to adjust when another child is welcomed

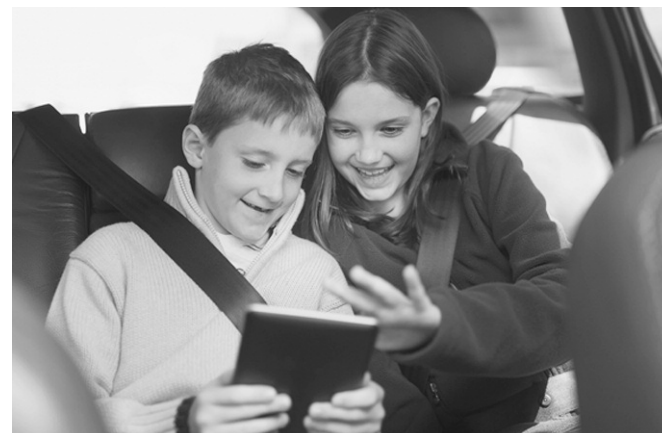
into the family.

Sibling rivalry also occurs because young children may not be able to fully process their emotions as soundly as adults. Kids may not recognize that a sibling is not a threat; as a result, they may act out reactively instead of thinking and choosing a more productive way of behaving. According to Dr. Gail Gross, a researcher and educator with a Ph.D. in Psychology, competitive or aggressive behavior could set the course for a lifetime of negative patterns, influencing a child's relationships with their siblings or other significant friends or even future romantic interests when they come of age.

Parents can take proactive approaches to prevent sibling rivalries

from developing between their children.

Encourage friendship before birth. Older children should become acquainted with the new baby before he or she arrives and be included in the process of welcoming him or her. Parents also can relive the older child's babyhood, offers childcare expert Dr. Sears. Show older brothers or sisters what they looked like as infants and how life changed for the better. Assign older children key roles in the family, such as a mother or



father's assistant. This way he or she is taking an active part in helping the family run smoothly.

Consider spacing children three to four years apart. By spacing siblings apart by three or four years, parents may find that one child is ready for more independence while the new baby will require more constant care. This also may alleviate some stress in the household because the older child can be an important helper.

Make sure kids have their own unique belongings. Each child can have their own personal toys and possessions that they hold dear. They can choose to share these with one another in play areas, but they should not be forced to compete over particular items.

Do not compare children in front of them. Children may interpret comparison as criticism. Children will not reach milestones at the same time, and parents should not compare their kids' progress, or lack thereof, in front of the youngsters.

Let kids work disagreements out. Children will have arguments, and parents should try not to take sides. Let kids work disagreements out on their own when possible.

Sibling rivalries can develop, but parents can take steps to ensure such rivalries do not affect their kids' long-term relationships with one another.



**Rotary Club of Ocean City/Berlin
and
Worcester County Veterans Memorial Foundation**



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Armed Forces Day, May 19th - Memorial Day, May 28th



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For more details, e-mail: cliff0917@aol.com

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So we will play my songs on
stringed instruments** Isaiah 38:20



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Volunteers for Worcester CARES

Berlin hosted the first Worcester Community Access to Resources Expo (Worcester CARES) event on Saturday, April 14, at the Multi-Purpose Building located at 130 Flower Street. Fifty-four (54) volunteers turned out to pack bags of canned goods, dry goods and soft drinks on Friday and help to distribute them on Saturday. Among those volunteers were members of the Kiwanis Club of Greater Ocean Pines – Ocean City pictured in front of the truck that housed the groceries overnight. (L-R) Unidentified volunteer, **Barbara Southwell, Jennie Rice, Rita Landis and event organizer and Berlin Town Administrator Laura Allen.** (Back row) are **Tom Southwell, Dave Landis and Mark Joseph.**

The various types of arthritis

Arthritis affects hundreds of millions of people across the globe. The Arthritis Foundation notes that more than 50 million adults in the United States have some type of arthritis, while the European League Against Rheumatism estimates that rheumatic diseases such as rheumatoid arthritis affect more than 120 million people in the European Union. In Canada, the Canadian Community Health Survey found that 16 percent of Canadians age 15 and older were affected by arthritis.



The Arthritis Foundation notes that arthritis is not a single disease. In fact, the word “arthritis” is something of an umbrella term and an informal way of referring to joint pain or joint disease. While these conditions may produce some common symptoms,

such as swelling, pain and stiffness, learning to distinguish between some common types of arthritis can help men and women manage their condi-

tions more effectively.

Osteoarthritis. Osteoarthritis, which is sometimes referred to as “degenerative joint disease” or “OA,” is the most common chronic condition of the joints. The symptoms of OA vary depending on the joints that are af-

please see arthritis on page 15

Pines seeks street line painting bids

The Ocean Pines Association (OPA) invites qualified bidders to submit proposals for street line painting for designated roadways in Ocean Pines, which include Ocean Parkway, Cathell Road, Yacht Club Drive, St. Martins Lane, Mumford’s Way and the main entrance of The Parke.

All bidders must include adequate information to demonstrate that they have the necessary experience and professional qualifications to complete the work.

Submitted proposals must meet all local, county and State of Maryland codes and design guidelines, and including but not limited to the Federal ADA act.

Ocean Pines Association, Inc., reserves the right to reject any or all bids, in whole or in part, to award any item, group of items, or total bid, and to waive any informality or technical defects, if it is determined to be in the best interests of the Association.

The award of a contract for the work will be subject to the approval of the Ocean Pines Association Board of

Directors.

Sealed bids are due by Monday, May 7 at 3 p.m. and should be delivered or mailed to: Ocean Pines Association, Public Works Department, Attn: Facilities Manager Kevin Layfield, 1 Firehouse Lane, Ocean Pines, MD 21811.

Trip to Brandywine Museum, Longwood Gardens scheduled

The Worcester County Arts Council is taking registrations for the bus trip to the Brandywine Museum of Art and Longwood Gardens. The bus will depart on Tuesday, May 29 at 8 a.m. from the Walmart parking lot on Route 50 and return approximately around 8 p.m. in the evening.

Registration fee is \$80 for Arts Council’s members and \$85 for non-members and includes deluxe motor coach transportation, admission to self-guided tour of the Brandywine

please see trip on page 14



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Ocean Pines Community Center

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Proceeds go to the Kiwanis Scholarship Fund



Students inducted to Spanish Honor Society

Thirty-six students were inducted to the Pablo Picasso Sociedad Honoraria Hispanica at the Worcester Prep Spanish Honor Society Induction Ceremony.

Spanish Honor Society Inductees: (Front Row L-R) **Abbi Nechay, Ellie Todorov, McKenzie Blake, Rylie Carey, Quinn McColgan, Kathryn Marini, Kennedy Humes, Spanish Teacher Brooke Hahn.** (2nd Row L-R) **Kurt Leinemann, Max Taylor, Kelly Polk, Hana Miller, Maddy Shanahan, Saylor McGuinness, Damiana Colley, Mesa Cammack, Abi Plylar.** (3rd Row L-R) **Cole Berry, Devin Wallace, Annika Larsen, Madison Van Orden, Sophie Bandorick, Clare DeMallie, Alec Dembeck, Alex Canakis.** (Back Row L-R) **Cooper Richins, Sam Cantello, Enzo Zechiel, Max Huber, Ryan Cronin, Jared Gabriel, Emily Copeland, Sami Repass, Frank Carter IV, Parker Brandt.**

Art competition winners announced

The Worcester County Arts Council announced winners in the juried art competition with a theme: "My Favorite Subject."

Martha Graham won first prize for "It's a Dog's Life," oil painting, Karen Di-maio placed second for her colored pencil of "Cats," and Judy Benton won third prize for "A Trumpet Improv," mixed media. An honorable mention awards were also given to Kathy Gibson for her oil painting titled "All Sorts," Mitzi Ash for painting on silk, "I've Been Waiting for Spring," and Charlotte Poore for her watercolor "Chiffon." The winning artwork was selected by local artist, Peggy Warfield.

Winners were honored at the opening reception held on April 13 at the Arts Council Gallery in Berlin.

Fifteen other artists were also chosen to exhibit their work in the show. Exhibiting artists include: Marina Borovok, Rudelle Hall, Susan Roskopf, Dee Brua,

Isabel Morris, Ellie Scott, Linda Steere, Gail Stern, Joanne Guilfoil, Jason Giusti, Jill Glassman, Susan Leight, Nick George, Myrna McGrath, and Dorris Glover.

The exhibit will be on display through April 30.

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Museum of Art (Chadds Ford, PA), admission to a self-guided tour of the Longwood Gardens (Kenneth Square, PA), snacks and beverages on the bus.

Bus Registration form is available on the Arts Council's website: www.worcestercountyartsCouncil.org Deadline to register is May 19th.

Seats are limited and early reservations are highly recommended.

For additional questions: Please call the Worcester County Arts Council: 410-641-0809 or email: curator@worcestercountyartsCouncil.org.

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arthritis

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ected, but pain and stiffness, especially first thing in the morning or after resting, are common. OA can affect the hips, knees, fingers, or feet, and those with OA may feel limited range of motion in their affected areas. Some with OA may hear clicking or cracking sounds when the affected joints bend, and pain associated with OA may be more intense after activity or toward the end of the day.

Inflammatory arthritis. Inflammatory arthritis occurs when the immune system, which can employ inflammation to fight infection and prevent disease, mistakenly attacks the joints with uncontrolled inflammation. Such a mistake can contribute to joint erosion and even organ damage. Psoriatic arthritis, which the Arthritis Foundation notes affects roughly 30 percent of people with psoriasis, and rheumatoid arthritis are two examples of inflammatory arthritis. Genetics and environmental factors, such as smoking, may trigger instances of inflammatory arthritis.

Infectious arthritis. Bacterium, a virus or a fungus that enters the joint may trigger inflammation and lead to infection arthritis. The Arthritis Foundation notes that the most common bacteria to cause infection arthritis is staphylococcus aureus, or staph. The majority of infectious arthritis cases occur after an infection somewhere else in the body travels through the bloodstream to the joint, though some infections may enter the joint directly through a puncture wound near the joint or during surgery near the joint. Intense swelling and pain, typically in a single joint, are the most common symptoms of infectious arthritis, which is most likely to affect the knee, though it can affect the hips, ankles and wrists. Some people with infection arthritis may also experience fever and chills.

Metabolic arthritis. The body produces uric acid to break down purines, a substance found in many foods and in human cells. But some people produce more uric acid than they need, which they then struggle to get rid of quickly. As a result, uric acid can build up. The Arthritis Foundation notes that this buildup can lead to the formation of needle-like crystals in the joints that cause sudden spikes of extreme pain.

Arthritis can affect people of any age, race or gender. More information about the various types of arthritis is available at www.arthritis.org.

volunteers

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skills, one only needs to read the 1,100 pages of the “Essentials of Firefighting” manual. A few of the endless skills range from things such as fire behavior, rescue and extraction and fire control as well as being required to enter and find a way out of a burning smoke-filled building while weighed down with heavy protective clothing and wearing a self-contained breathing unit. Volunteer firefighter Tracey Jones stated that “Ocean Pines is very fortunate to have such a great group of career and retired firefighters. They have an incredible amount of experience and help mentor new firefighters. It is a privilege to be part of such a special and supportive group of individuals that I continue to learn from on fire calls, along with our on-going training.”

Captain Steve Grunewald says there is still much to be done. What he very much wants is for all residents to never take fire safety for granted. He talked about a few examples that could save lives. He advises residents to check their fire alarms once a month to be sure they are working properly and to keep bedroom doors closed at night so that in case of a fire this will slow down the spread. Another very important point is to have the house number clearly and easily identifiable as every second counts and time is wasted if the rescuers have to spend time looking for the correct house.

The second and very important message is that the Ocean Pines Fire Department needs more volunteers. There are so many things to do so there is a place for anyone who is fourteen or older. The work of a volunteer is challenging, rewarding and exciting. Giving back can make a difference with lives lost or lives saved.

ortt

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community.”

Key team player Ralph DeAngelus, Matt Ortt Companies co-founder and managing partner, followed with encouraging the crowd to engage in “open and honest communication.”

“Here’s the good news: there’s a lot more good news than there is bad,” said DeAngelus. “The bad news is some of the bad things are bad but we can get through them.” He went on to say, “We will figure it out that is what we are being paid to do.”

Matt Ortt Companies, which brings more than 25 years of experience to the beach and yacht clubs, has been granted a two-year management contract by the Ocean Pines Association.

“We know who we are dealing with,” said DeAngelus. “We know what our demographic is. We know Ocean Pines has a large demographic. But we know they consider this property, in particularly the Yacht Club – home.”

Overlooking the Isle of Wight Bay and skyline of Ocean City, the Yacht Club features a two-story building with catering and dining facilities. The upper level is home to a stunning ballroom and deck in addition to a bar and bridal and groom suites.

Downstairs is a casual-to-elegant eatery with indoor and outdoor seating as well as two bars. Outside are a spacious patio with fire pits, Adirondack chairs, a bandstand and a seasonal Tiki Bar and swimming pool.

“We are going to have happy hour at both locations,” said DeAngelus. Happy hour at the Yacht Club is slated for 3-6 p.m., according to DeAngelus.

He shared that live entertainment will take place from 6-10 p.m. on Friday and Saturday nights at the Yacht Club. Trivia Night is also set to return to the Yacht Club.

In addition to changing the flow of Yacht Club entertainment and events, the management company has changed the flow of foot traffic in the restaurant.

“The front entrance of the restaurant will no longer be where you would

come in if you were to go to a banquet upstairs,” said DeAngelus. “It’s now going to be around the side of the building. It works perfectly. When you come in, we’ve moved a wall back about 4 feet and a hostess desk will be there to see you when you come in.”

Three 6-foot partitions will help to separate the dining space from the bar space downstairs.

“The flow of the restaurant has become better,” said DeAngelus. “We’ve upgraded the table and chairs.” Matt Ortt Companies’ interior designer Tobie Jacobs was brought in to give the restaurant an inviting ambience.



Walls have been painted and some have been covered with textured wall paper. New lighting fixtures have been added.

DeAngelus said, “You’re going to feel as if you’re in a beautiful restaurant and not a cafeteria.” The management team said the menus will be affordable and consist of quality selections.

When asked what the official names of the two amenities would be, DeAngelus answered, “the Ocean Pines Yacht Club and the Ocean Pines Beach Club.”

The Yacht Club will host a soft opening for an invite-only guest list on Monday, May 14. At this time, the kitchen will undergo “a stress test.” The team will then have a few days to fine-tune its services before opening to the public on Thursday, May 17.

DeAngelus said the Yacht Club will be open year-round, seven days a week in season and then at a reduced schedule of a minimum of three days a week out of season.

The Beach Club, which covers the ocean-side block of land between 49th and 50th streets in Ocean City, Md., will host a private soft opening on Thursday, May 17. The three-level cedar shake building will then open to the Membership on Friday, May 25.

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