

The Courier

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Public invited to Ocean Pines Kite Day

The public is invited to enjoy free kite-making, displays and more at the fourth annual Ocean Pines Kite Day on Saturday, August 15 from 11 a.m.-3 p.m. at Veterans Memorial Park in Ocean Pines.

Children and adults will be able to build kites and then test out their creations. Local kite enthusiasts will be displaying their own huge kites while a DJ plays music. Refreshments will be available for purchase.

For more information, call the Ocean Pines Recreation and Parks Department at 410-641-7052. Information regarding additional recreational programs is available at www.OceanPines.org.

Suicide grievors support group to meet

Suicide Grievors' Support Group will meet twice during August. The first meeting is Wednesday, August 19 at 6 p.m. at the Worcester County Health Department located at 9730 Healthway Drive in Berlin. The second meeting is Thursday, August 27 at 6:00 p.m. in the Pocomoke City library located at 301 Market Street in Pocomoke City

The meetings are open to anyone who has lost a loved one to suicide. There is no judgment, just quiet listening and caring from those who have been there. For information, visit www.choosetoliveinmaryland.org or call (410) 629-0164.

RWWC to hold happy hour

The Republican Women of Worcester County will hold a Republican Happy Hour at the Cove at the Ocean Pines Yacht Club on Thursday, August 27 between 5 p.m. and 7 p.m. Come and mingle with fellow Republicans. This informal gathering of men and women is meant to share information and encourage the discussion of current issues. You may order from the menu, the food or beverage of your choice. If you have any questions, please call Sharon Byerly at 410-208-3729.



Tom Herrick and Cheryl Jacobs

Photo by Joe Reynolds

Herrick, Jacobs win

The Ocean Pines Elections Committee announced the results of the 2015 Board Elections at the annual meeting of the Ocean Pines membership on Saturday. Tom Herrick and Cheryl Jacobs with 1669 and 1480 votes respectively, will fill the two vacated board seats of Marty Clarke and Sharyn O'Hare. They will serve a three year term.

The new elected directors will join current board members Dave Stevens, Tom Terry, Bill Cordwell, Pat Renaud, and Jack Collins. The next meeting, yet

to be announced, will be the organization meeting to determine the officers.

The vote breakdown was as follows

Tom Herrick, 1669

Cheryl Jacobs, 1480

Slobodan Trendic, 1195

Terri Mohr, 873

Carol Ludwig, 651

Bill Zawacki, 620

Ray Unger, 219

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The Wallendas

Circus Smile featuring the Flying Wallendas

By **Jean Marx**

Last week I had the pleasure of seeing an awesome performance by Circus Smile at the Jolly Roger Park on 30th Street in Ocean City. The circus is completely free and open to the public every day this summer through August – this includes parking, admission to the rides portion of the park where the show is held, and the circus. The two evening shows are held at 5 and 9:30 p.m., and as Dean Langrall, Jolly Roger’s Director of Sales & Marketing, boasts about the performers, “They’re the best PR we have at Jolly Roger.”

Three of the Wallenda family comprise the Flying Wallendas tightrope act. They are Tino, his son Alex, and Alex’s bride of one year, Claire. Tino and his wife Olinka are 6th generation Wallenda performers. While Olinka is

not performing in this circus, she plays a vital role in signaling the performers at key moments in the show. Tino first learned the art at the age of seven when his grandfather and the family patriarch, Karl, taught him how to walk the 5/8-inch tightrope when it was suspended one foot off the ground. Simultaneously, Karl taught Tino how to control the balance-pole, how to place his feet properly on the tightrope, and where to focus his eyes.

Tino describes how his grandfather who was born in 1905 answered an ad for a “hand balancer” in 1920. The man doing the hiring wanted Karl to do a handstand on this man’s feet while he was suspended on a tightrope 40 feet over top of a lake with a gal hanging from her teeth underneath them. Times were tough, so Karl took

please see circus on page 8

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2012 Business of the Year

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Dining outdoors when the weather is warm can make for a pleasant change of pace. While certain aspects

of eating outside can be enticing, Mother Nature can sometimes complicate the experience. Wind is one challenge to dining outside, as diners may find themselves chasing paper napkins or airborne plastic cups on windy afternoons or evenings. To safeguard against the wind, rely on reusable, heavy plastic items that are less likely to blow away in the wind. Also, keep tablecloths in place with a few supplies. Use a grommet-making tool to punch holes into the tablecloth and attach plastic or metal grommets. Place the tablecloth on the table and slip a thin bungee cord fastener to a grommet on the underside of the table. Stretch the cord across to a grommet on the other side of the tablecloth and secure. Two or three sets of grommets and bungee cords may be all you need to keep the tablecloth in place and enjoy an interruption-free meal outside.

Let the games begin

Commentary by **Joe Reynolds**

It appears both Pat Renaud and Jack Collins seek the OPA presidency in an upcoming election by the OPA Board of Directors to select the OPA president and other officers of the corporation for the coming year. The *Ocean Pines Progress* says Stevens is likely to support Collins, while Tom



Joe Reynolds

Terry is reported to support Renaud.

The battle over the OPA presidency is going to have many association members feeling like the Godfather's Michael Corleone when he said, "Just when I thought I was out... they pull me back in."

The "back in" in this case is the political split among seven board members that shows little sign of changing after the exit of Marty Clarke and Sharyn O'Hare from the Board of Directors, and the election of Tom Herrick and Cheryl Jacobs as their replacements.

Letters sent to The Courier for publication consideration must be signed and include



a telephone number where the author can be reached to verify authenticity, if necessary. Letters

are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

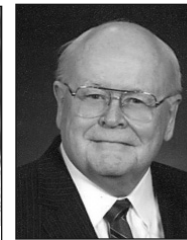
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Tom Herrick



Cheryl Jacobs



Pat Renaud



Jack Collins

Here's how the votes look for the five returning board members if it comes to a choice of Renaud or Collins:

- Tom Terry — Renaud
- Bill Cordwell — Renaud
- Pat Renaud — Renaud
- Dave Stevens — Collins
- Jack Collins — Collins

So, how will the two newly elected board members vote? While both new board members are a bit unknown at this point, even after two candidate forums, based solely on what Herrick and Jacobs said during the campaign, and for the sake of discussion, let's assume Herrick would vote for Collins. Jacobs is more of an unknown at this point.

In the election scenario outlined above, Jacobs is the king maker, the deciding vote. Would she vote for Renaud or Collins? Only Jacobs can say for certain, and there is a good chance she hasn't even yet even considered her unique position. It will certainly become abundantly clear for her and other board members as the the behind-the-scenes lobbying begins.

Then again, there are alternate scenarios in the election of an OPA president. Stevens could throw his hat in the ring again, but with no change to the above scenario where Collins is nominated. Tom Terry or Bill Cordwell might

take a nomination. Again, little or no change to the above voting scenario.

There is also the possibility of the board electing Herrick or Jacobs as president. Whether or not either new board member would want the job is a consideration. Rarely is a brand new board member elected president, the notable exception being Tom Terry who was elected president in his first year on the board, then three additional times.

The answer about the next OPA president will come within a week or two when the board holds an Organization meeting to elect officers for the coming year. A date is not yet set.

GM Bob Thompson surely has a great interest in who is elected OPA president. The president is the daily point of contact between the board and the General Manager as spelled out in the by-laws. Would Thompson prefer to see Renaud, who voted a week or so ago to give the GM a \$5,000 bonus on top of his salary of \$165,000, as president, or Collins who voted against the GM bonus.

The election of Renaud as OPA president would also represent a major victory for Tom Terry who successfully convinced Pat Renaud, elected by association members last year based on his platform of controlling the GM, to change sides and move over to the board faction strongly supporting the GM.

Politics in Ocean Pines promises continued interest and, to a certain extent, entertainment.

Let the games begin.

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Craft Club to meet

The Pine'er Craft Club will meet Thursday, August 20 at 9:45 a.m. in the Ocean Pines Community Center. An appreciation luncheon will follow. For more information contact Sharon at 410-208-3032.

How'd this happen?

How it is that things have come to pass as in such a way I have not a clue how it happened. But I've become that husband who follows a couple feet behind his wife as she pushes a shopping cart down the aisles of the supermarket seeking the best price on items ap-



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

pearing on her shopping list.

What purpose I serve in these excursions is tenuous at best unless you count the times I'm asked to reach for something on a high shelf. I don't mind necessarily but I'd like to know how things wound up this way because it's not as if I saw it coming. It sort of just happened quietly like when my cat stalks a vole in the garden.

I do find comfort though in the fact that I'm not a lone husband in such circumstances. I've witnessed other husbands in the same fix. I can tell because like me they have that sort

of distant stare in their eyes. There was a time when I never accompanied my wife to the supermarket. This was kind of her thing; like mine was to mow the lawn. Truth be told I never really gave much thought to how food came into the house. It was just there when it was needed like electricity when a switch was flicked on.

Although I'm with my wife in the supermarket, I have no rights in the process of purchasing groceries. In short I'm expected to tag along but say nothing and ask no questions; sort of like that old philosophy that children are to be seen and not heard.

I consider myself fairly intelligent and believe I can ably process and articulate complex thoughts. Yet I'll be the first to admit that knowing what is a good price per pound for hamburger is not information I have at my fingertips. Are Bounty paper towels better than Viva paper towels, I know not. And when it comes to knowing

whether to wait for a sale to get a better price on broccoli I'm as much in the dark as a blind man sitting alone at night. So, I just follow along several paces behind my wife doing my best to answer her questions she from time to time asks. However, even that isn't as simple as it sounds because often her questions are rhetorical, spoken aloud unconsciously. On those occasions when I've dutifully responded she looks at me as if I'm an inter-

loper. When we get to the checkout register I've learned to stay at the back of the cart as my wife moves in front of the cart to unload it. There is a method to the way she places the items on the conveyor belt. Like items have to stay with like items. For instance all the cold stuff is grouped together.

Then comes cleaning products and then meats or vice versa. My services are required to retrieve the items that are located in the deeper part of the cart that is difficult for my wife to reach.

Once I inadvertently jumped in front of the cart in the checkout line. To say I felt like a fish out of water is an understatement. I stood there momentarily frozen not knowing what to do. What gets put up first? My anguish was short-lived when my wife instructed me to step aside.

I guess I shouldn't be too concerned about reaching that stage of married life when just going along for the ride to the supermarket is a high point of a Saturday afternoon. I just hope that should I graduate to the next level and you see me in the supermarket wearing black nylon knee socks, sandals and an athletic undershirt and occasionally pinching red grapes justifying the pilferage by exclaiming "they're free samples," please, please perform an intervention. Of course, if I get to that stage my wife may not want to be seen with me and she'll encourage me to stay home.

Hmmm!



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Artists featured at library

The August/September Artist of the Month to be featured at the Ocean Pines library is screen painting artist John Lampiri

This exhibit is in the main common areas of the library. It is unusual in that John paints screens in the Baltimore Folk Art Tradition. He resides in Bishopville and remembers and is inspired by the memory of functional screens growing up as a child in Baltimore. The artist uses the techniques of the original masters and creates hand painted screens for windows, doors, porches, and also as wall art. John is well known in art circles and successfully teaches this traditional folk art technique to young and old alike

During August, photographer John

McManus will be spotlighted. This exhibit is in the two computer rooms to the right of the common areas of the library. John has been photographing the rivers, bays harbors, and wildlife of

Pennsylvania and Ocean City for nearly three decades. He often visits Ocean City where he has a condo.

John has been a professional photographer for more than twenty years. As a graduate of the Art Institute, he constantly strives for excellence in all the images he creates.

In recent years, with the advances in digital technology, John has developed a technique which blends the richness of color photography with the soft beauty of oils and water colors. The images are like memories, rich with joy yet softer with age.



Mitzi Perdue speaks to Kiwanis

The guest speaker at The Kiwanis Club of Greater Ocean Pines - Ocean City on August 5 was **Mitzi Perdue**. Mitzi is a businesswoman having started a family wine grape business which is now one of the largest suppliers of wine grapes in California. She is the widow of Frank Perdue.

Mitzi told the club that her family had a tie with Kiwanis as her son, now 47, was a member of his local Key Club in California. He had a hard time meeting people and making friends as a youth, but the Kiwanis-sponsored student Key Club offered him the opportunity and the vision to see the bigger picture and become a part of the community service organization while in high school. She said both she and her son were grateful to Kiwanis.

Wor-Wic to hold run/walk Sept. 19

The Wor-Wic Community College Foundation is sponsoring a 5K Run/Walk, along with the 2015 Law Enforcement Team Cup Challenge, on Saturday, September 19, at 9 a.m., at the college campus on the corner of Route 50 and Walston Switch Road in Salisbury. Check in and registration begins at 8 a.m.

The 5K run and one-mile walk are open to the public. The Law Enforcement Team Cup Challenge is open to employees of any law enforcement agency who will compete in teams of two to three runners for the Law Enforcement Team Cup, currently held by the Salisbury Police Department.

All 5K runners and law enforce-

ment team members will be eligible for first place overall male and female trophies, as well as medals for the top three male and female finishers in eight different age categories. The first 100 registrants will receive an event shirt. All participants are invited to stay afterward for the awards ceremony, refreshments, music and fun activities for the whole family.

The entry fee is \$25 per person, or \$35 per person after Sept. 17. Proceeds will benefit the students of Wor-Wic. For more information or a registration form, visit the college website at www.worwic.edu or call (410) 334-2808.

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Dan and Catherine Kirk

Summer is fun time in Ocean Pines. Family and friends visit and our backyard BBQ's sizzle away. Our many amenities are well used. We are

proud to take guests to our pools, golf course and tennis courts. An outdoor dinner at the Yacht Club tops off a fun day. Recently I met and talked to a delightful Ocean Pines couple, Catherine and Daniel (Dan) Kirk. They have been OP residents since May 2001.

Betty's Corner

By Betty Cianci



The Kirk's said it was a "no brainer" to pick OP as their retirement home since Ocean City had been their vacation destination since the 1970s. In fact, the Kirk's had purchased an ocean side condominium as their second home in 1986. On their numerous trips to Ocean City they made side trips to Ocean Pines and began investigating the new development. They often had lunch at the Yacht Club and stopped by the golf course to admire the beauty of its greens. In May 2001, the Kirks moved into Ocean Pines after selling their OC condo and their home in Harford County. It was a move they have never regretted.

Dan was born and raised in McKeesport, PA, a small town southwest of Pittsburgh. He received his primary and secondary education in the parochial school system and graduated from Duquesne University, located in Pittsburgh where he earned a Bachelor of Science Degree in Mathe-

matics. After graduating from Duquesne he took further coursework in Operations Research and Accounting. His first and last professional position was at the Aberdeen Proving Ground in Maryland, where he was employed by the Army Research Laboratory, the Army Material Systems Analysis Activity and the SURVICE Engineering Corporation, for a total of 38 years service. He then did part-time adjunct teaching and tutoring in Math, Accounting and Computers at Harford Community College and retired in 2001.

Cathy was born and raised in Baltimore, MD. She attended parochial schools for twelve years and Towson State Teachers College (now Towson University) for one year. Before her marriage in October 1968, she was employed by Baltimore City in various administrative positions. She worked at the airport for the years leading to the takeover of the Dept. of Aviation by the State of Maryland. After their two sons were born and in school Cathy worked in various part-time positions. Currently their older son lives in Texas with his wife and two children and the younger son resides in Bel Air, MD, with his wife and two children. Cathy and Dan also have one great-grandson.

The Kirk's are active in their church community, Dan is a Cantor and sings with the liturgical choir and Cathy is a Eucharistic Minister for week-day and week-end services at St. John Neu-

please see kirk on page 9

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Youth share **STEM** intern experiences

A group of high school and college students touted their experiences interning with science, technology, engineering and math (STEM) related businesses in Worcester County. They

throughout the county. It connects Worcester high school and college students studying STEM fields with the opportunity to learn professional and technical skills while building re-

ter County Small Business Technology Incubator to learn strategies for developing successful careers and businesses within STEM fields. Devynn Detzer, a Salisbury University junior majoring in Community Health and Nursing who interned as a medical assistant at the West Ocean City Injury and Illness Center, received contacts and strategies and is on the path to writing her own business plan.

Snow Hill High School senior Umar Arshad interned at Martin Physical Therapy in Snow Hill. His face-to-face interactions with patients expanded his medical interests.

"I not only got to experience medicine, but also learned skills that...I would not have learned in class," Arshad said.

Kyle Lynch, a mechanical engineering student at the University of Maryland, interned with Hardwire, LLC.

"A lot of the time engineers spend all day behind their computers mak-

ing designs," Lynch said. "At Hardwire I got to experience creating the design at a desk, and then going out and building it and testing it myself. That's the kind of engineering job I want."

Enticing area youth to explore career opportunities on the shore is a major goal of the program. Because of the experience, Lynch hopes to seek employment with Hardwire, LLC after he graduates. He's not alone. Jamie Welch discovered he could live on the shore and enjoy a satisfying career in his field of interest as well.

"Before my internships, I had no idea that I could live in such an amazing place and find work in a field I am passionate about," Welch said. "Before this I was only looking forward to the technical side of medicine, but this internship exposed me to the human side of medicine, making me want to enter the medical field even more."

Sincere thanks go out to the following area businesses for partnering with WCED to provide a wide variety of STEM internship opportunities to our students: OceanCity.com; Sprout Creatives; Hardwire LLC; Bungalow Seven; EA Engineering Science and Technology; Maryland Coastal Bays; Atlantic General Hospital Telemedicine, ER, Radiology and 10th Street Clinic; West Ocean City Injury and Illness Center; Bel-Art/SP Industries; Studio Codeworks; and Martin Physical Therapy.

For more information about the STEM Summer Internship and Camp programs, contact program coordinator Fawn Mete at fawn@reddoors.org or 410-289-5576.

Dance to be held

An Ocean City Dance is being held Saturday, August 22, at the Ocean City Recreation and Parks Community Center, 200 125th St. in Ocean City. The dance open to singles as well as couples. There will be Swing, Ballroom, Latin, Salsa, Disco and Country dancing to the music of DJ Mike Tasevoli. Dance lessons are available through East Coast Swing and John Brillantes between 6:30 and 7:15 pm with open dancing from 7:15 to 10 p.m. Admission is \$12.50 per person includes lesson. For more information call 443-474-0015 or go to www.DancingAtTheBeach.com

County Connection



were among the 48 students honored during the 2015 STEM Summer Internship and Camp Recognition Ceremony June 30 at the Worcester County Government Center in Snow Hill.

The Worcester County Economic Development (WCED) internship program is possible thanks to a unique partnership between WCED and STEM related businesses

relationships with local employers.

A cornerstone of the internship program is a professional development cohort led by program coordinators Fawn and Ryan Mete of Sinepuxent Group Educational Consulting. Interns develop the soft skills that help them transition from students to professionals. The cohort met with David Landsberger, Entrepreneur-in-Residence at the Worces-

country. Alex has been performing with his family for nearly 20 years. Claire started her career as part of an acrobatic team called the St. Louis Arches in the Circus Flora in St. Louis, Missouri. She and Alex became acquainted, and as she moved up to aerial work, she joined the Wallenda act.

As with all family histories, tragedy plays a part. From 1948-1962, Karl and his family successfully performed the 7-person pyramid hundreds of times during each of these years. On January 30, 1962 at the State Fair Coliseum in Detroit, the front man on the wire faltered sending three men to the ground. Two of the men died and the third, Karl's son and Tino's uncle Mario, became paralyzed. Telling his wife that the family owed it to those who died to keep the tradition going, Karl continued performing until he had his own accident in San Juan, Puerto Rico in March 1978. Although Karl was 73 at the time, Tino knew from performing with his grandfather just a week prior that Karl's fall from the wire that day was not due to the weather or his age. The guidewires attached to the tightrope were attached too loosely and by inexperienced people; the family had not had the opportunity to

ensure the proper equipment hook-up was done. The family persevered again and as Tino relates, "My grandfather's words from the Canadian newspaper became prophetic and are so true."

The Cristiani family is the second part of the Circus Smile performances this summer. The family's circus legacy in America began in 1934 when the Ringling organization brought the family of bareback riders to the country from Italy. Armando leads the show with an amazing juggling act and also balances himself on a stack of six chairs atop a small stand. His wife Lili performs on the trapeze including spinning from her neck at the base of the trapeze swing. Their children Marcello, Jovana, and Briana, also marvel the audience.

Perhaps Dean Langrall sums the circus up best: "What an absolute pleasure it has been having the Flying Wallendas and Cristianis here. The names and fabulous family reputations still resonate with people of all ages. It's all about family, and it goes hand in hand with Jolly Roger Park." Make sure to stop by to see the show in August so that you, too, can witness this wonderful history in action.

circus

from page 3

the job and became a fast learner. Two years later Karl went out on his own and added his brother to the act, and later his children and grandchildren. Tino joined as a full member of the Great Wallenda troupe at age 17. In the early 1960s when Tino was performing with Karl at the Canadian National Exhibition, a newspaper article quoted Karl saying, "I will die but the Wallendas never will." Karl achieved legendary status when he created the 7-person pyramid with the person at the top of the pyramid sitting on a chair, and with no safety devices or net; it is a record-holding feat to this day.

Tino's son Alex describes that the trade is imparted to the Wallenda children from their strollers as they watch their parents climb the lofty heights and perform their amazing maneuvers. Alex said the youngsters would learn to walk the tightrope at varying heights by demonstrating their mastery at that height before graduating to the next level. Acrobatics are added, and only when the practice has turned to perfection are the family members welcomed to join the performing troupes across the



Giving - The owners of Macky's Bayside Bar & Grill, Pam and Macky Stansell, became one of the first **Champions of Education**, donating \$100,000 towards the \$1,000,000 goal of the newly formed Worcester County Education Foundation (WCEF).

Pictured are WCEF Vice Chairman, **Greg Shockley**, Assistant Superintendent **Lou Taylor**, Macky and Pam Stansell, Superintendent of Worcester County Schools **Dr. Jerry Wilson** and WCEF Chairman **Todd Ferrante**.

Health Dept. receives grant

The Worcester County Health Department has been awarded a \$75,000 federal grant from the U.S. Department of Health and Human Services to fund a project to target farmers, watermen and small businesses with information about and access to health care coverage on the Lower Eastern Shore.

The grant project will enhance the health department's existing program, Lower Shore Health Insurance Assistance Program, which helps consumers in person with the Maryland Health Connection application process.

Open enrollment for health benefit plans offered through Maryland Health Connection is November 1,

2015 – January 31, 2016.

For more information about the program or to schedule an appointment with staff call the Lower Shore Health Insurance Assistance Program at 855-445-5540.

Utility company urges calling before digging

Chesapeake Utilities Corporation and its Delmarva-based businesses remind residents to make a free call to 811 prior to any digging project to have underground utility lines marked. The Company's businesses operating on Delmarva include Chesapeake Utilities, Eastern Shore Natural Gas, Sandpiper Energy and Sharp Energy.

According to Common Ground Alliance (CGA), every six minutes an underground utility line is damaged because someone decided to dig without first calling 811. CGA is an association created specifically to work with all industry stakeholders in an effort to prevent damage to underground utility infrastructure and ensure public safety and environmental protection.

When calling 811, homeowners and contractors are connected to Miss Utility, the local one-call center, which notifies the appropriate utility companies of their intent to dig. Professional locators are then sent to the requested digging site to mark the approximate locations of underground lines with flags, spray paint or both.

Striking a single line can cause injury, repair costs, fines and inconvenient outages. Every digging project, no matter how large or small, warrants a call to 811. Installing a mailbox, building a deck, planting a tree and laying a patio are all examples of digging projects that need a call to 811 before starting.

"We remind homeowners and professional contractors alike to call 811 before digging to eliminate the risk of striking an underground utility line," said Bill Gradie, Director of Corporate Safety and Compliance for Chesapeake Utilities Corporation. "It really is the only way to know which utilities are buried in your area."

The depth of utility lines can vary for a number of reasons, including erosion, previous digging projects and uneven surfaces. Utility lines need to be properly marked because even when digging only a few inches, the risk of striking an underground utility line still exists. Visit www.call811.com or www.missutilitydelmarva.com for more information about 811 and safe digging practices.

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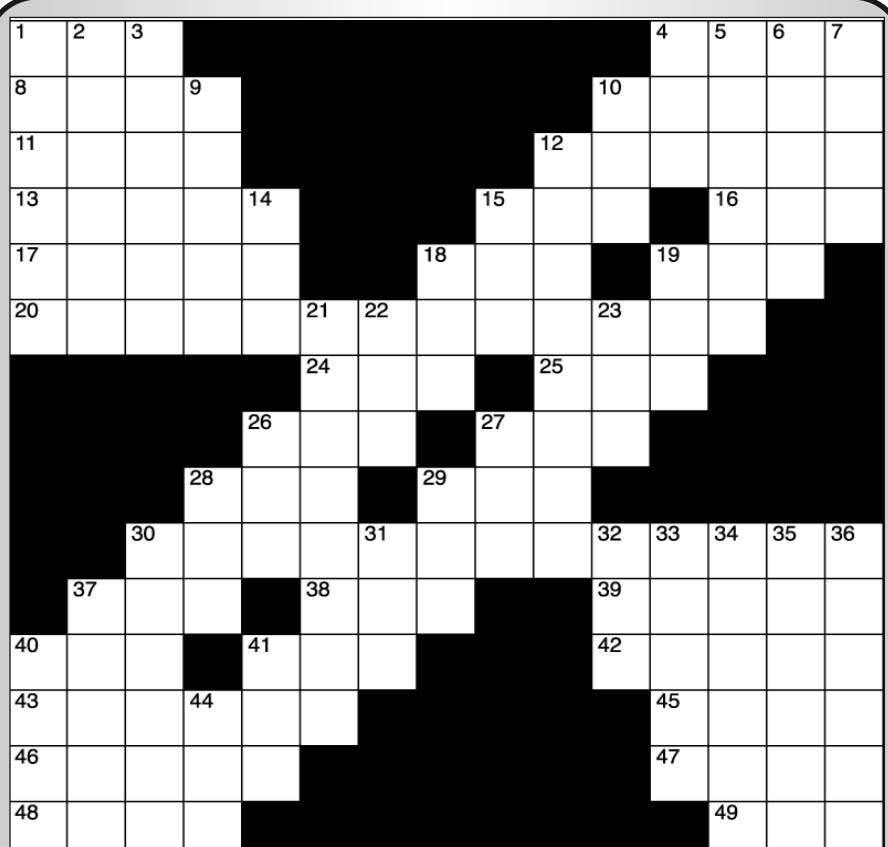
kirk

from page 7

mann Church. Dan also sings with the Pine Tones chorus and they both bowl in the Ocean Pines Mixed Bowling League. Dan's team won the championship this past year. Dan also plays golf and was treasurer for the Men's Golf Association for eight years. Cathy is active with the Ocean Pines Garden, Craft and Woman's Clubs. She also enjoys playing cards and dominoes, as well as keeping her fingers dirty in her flower and vegetable gardens. Her gardens were included on the Ocean Pines 2007 Garden Tour.

WINE about it

by Jean Marx



As promised, this article will feature the wines we tried in Maine during my summer vacation to the Northeast in late June. There aren't very many wineries in this beautiful state, although we found one that was quite fruitful – pun intended. It was one of our days of rainy weather and chilly temperatures, so hopping in the car to do some exploring seemed quite appropriate.

About an hour north of New Harbor, we arrived in Union, Maine to tour the Savage Oakes Winery. Typically the tour would have consisted of strolling the vineyard grounds which contained lovely blueberry fields. And normally I would have loved that, but the weather dictated staying indoors. We therefore stayed in the tasting room while the winery's owner, Holly Savage, regaled us with the history of the property and allowed us to each sample five wines out of a total of 16 that the winery offers.

Ms. Savage explained that the winery's name is derived from a blending of her maiden name Oakes with her husband Elmer's surname of Savage. The property started as a farm in 1790 and still operates as a farm today that specializes in blueberries and Belted Galloway beef cattle. These cows have a unique black and white coloring – the cows are mostly black with one thick white stripe that goes around the center of their bodies. The winery was started in 2002 to help the family diversify and build future income streams. Ms. Savage explained that Savage Oakes is one of the few wineries in Maine that exclusively produces its own grapes. The growing season is short and is often cold and wet, but the owners who are native to Maine, have successfully produced several hybrid grapes that flourish in the climate.

To give a few examples of the red wines offered at Savage Oakes, the Barn Red is a blend of their Leon Millot and Marquette grapes and provides a cherry, oaky taste. The Blue Moon is made from their wild blueberries with a dry pepper finish. The Katahdin is a semi-sweet red made from their Corot Noir grapes. The Georges River and Entwined are two of their most popular white wines with tastes of citrus,

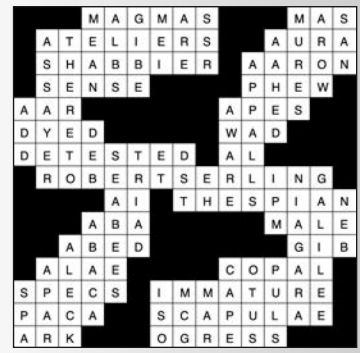
melon, apple, and peach made from grapes with names such as Cayuga, St. Pepin and LaCrosse. Our tasting would not have been complete without sampling their wine called the Blushing Moose. Ms. Savage explained that this semi-sweet rosé with mango and pineapple flavors got its name from a resident moose that often wanders the grounds; the moose quickly slips away at the sight or sound of an approaching human. Unfortunately for us, we had no moose sighting that day but the wine sure was tasty.

Another interesting tidbit of history from the farm was that Elmer's great-great grandfather was good friends with Major General Henry Knox from the Revolutionary War days. Mr. Knox went on to serve as the Secretary of War until 1795. The Savages invited Mr. Knox to dinner one evening in October 1806. The dinner appeared to go well but Mr. Knox had swallowed a chicken bone that evening that he choked on and died from a few days later. This was the farm's "claim to fame" for many years. Now with the advent of the winery, this story just adds to the allure of the farm and vineyard, timid moose, eye-catching cows, and abundant fresh blueberries.

I suppose it is only fitting that in several new wines you try that you are going to find a bust ... and we sure did. This wine was called HoneyMaker produced by Maine Mead Works out of Portland. It was touted as a Mead wine made with distilled honey. A wine with distilled honey sounded intriguing, so I chose the semi-dry version to guard against an overly-sweet wine. Of the five of us who tried the wine, we gave it a unanimous thumbs-down. The taste is hard to describe – we could taste the honey flavor but it just didn't taste like wine. This winery makes many varieties of honey-flavored wine but it would not receive my vote.

The Northeast in the summertime is one of the most beautiful spots in the country to visit and I thoroughly recommend spending at least a week's vacation there. Speaking from experience, when you throw in a quest to explore a variety of the local wines, it feels like a little slice of heaven.

- ACROSS**
- 1. Munich jazz label
 - 4. A lump of clay
 - 8. Showy ornament
 - 10. ___ Girl, brand of beer
 - 11. Aka Kissavos
 - 12. Warmest season of the year
 - 13. 2nd longest Bulgarian river
 - 15. Records the brain's electric currents
 - 16. Cutting part of a drill
 - 17. Colorful Italian city
 - 18. The last part
 - 19. Pouch
 - 20. "Mad Men" creator
 - 24. No (Scottish)
 - 25. Actress Farrow
 - 26. Focus cars (Co. initials)
 - 27. Snakelike fish
 - 28. One point
- E of due S**
- 29. Grey sea eagle
 - 30. Female "Mad Men" star
 - 37. Actress Lupino
 - 38. Time units (abbr.)
 - 39. Moses' elder brother
 - 40. 4th Caliph of Islam
 - 41. Treaty of Rome creation
 - 42. Theatrical play
 - 43. Told on
 - 45. "To tie" in Spanish
 - 46. Amidst
 - 47. Exchange for money
 - 48. Bar game missile
 - 49. Pluto or ___ Pater
- DOWN**
- 1. Selfishness
 - 2. Cinnamon source
 - 3. Revolutionary
 - 4. Br. university town
 - 5. Lower back region
 - 6. Relating to oil
 - 7. Soil
 - 9. Cause to lose courage
 - 10. Pushed in nose dog
 - 12. Dregs
 - 14. Part of a cheer
 - 15. Point midway between NE and E
 - 18. Female sheep
 - 19. Main
 - 21. In a way, tangled
 - 22. WWII female grunts
 - 23. Nothing
 - 26. Hoover's organization
 - 27. Before
 - 28. Patti Hearst's captors
 - 29. One point S of due E
 - 30. Film splicer & viewer
 - 31. Something curved in shape
 - 32. Possessed
 - 33. Patagonian hares
 - 34. Gave a formal speech
 - 35. Resident of Mogadishu
 - 36. Tangles
 - 37. Annona diversifolia
 - 40. Mures river city
 - 41. Same as 15 across
 - 44. Explosive



Answers for August 5

How to prevent, alleviate symptoms of seasickness

Few things can spoil a day at sea faster than a bout of seasickness. People from all walks of life can experience motion sickness, whether it occurs on the water, in a moving car or even on an amusement park ride. Those who have experienced it may avoid activities that spark symptoms or may be eager to find ways to prevent it in the future.

Evidence suggests that seasickness can affect nearly all the passengers on a cruise ship during rough water conditions. Seasickness often occurs as a result of a conflict of bodily senses. A fluid-filled canal in the inner ear called the vestibular system controls a person's sense of balance, telling the body that it is moving. When you are in an enclosed ship cabin or not paying attention to the moving ship around you, the ears will tell you that you are moving, but your eyes may advise the brain that you're not. This conflict can cause your body to be out of balance and can also create discomfort in the digestive system and feelings of nausea.

Researchers at the Naval Medical Center in San Diego, California, reported in 2003 that 70 percent of research subjects with severe motion sickness had abnormalities of the vestibular system. These abnormalities are often found in patients diagnosed with migraines or Meniere's disease. Therefore, if you are prone to headaches, you may have a heightened risk for motion sickness.

There are many different symptoms of seasickness. These include fatigue, cold sweats, headache, increased salivation, vomiting, rapid breathing, difficulty concentrating, panic, frequent yawning, and even a buzzing sensation.

If you are interested in preventing seasickness, there are some things to try. It may take some trial and error to find the method that works for you, as there is no universal cure for sufferers of seasickness.

Avoid troublesome foods. Do not eat greasy or acidic foods or dairy products several hours before traveling. It's best to avoid heavy foods that will be sloshing around in your stomach when setting sail. In addition, steer clear of diuretics like alcohol and caffeine that can cause your body to dehydrate faster.

Drink plenty of water. Even partial dehydration lowers your body's resistance to the stress caused by a boat ride.

Avoid being overheated, which can exacerbate feelings of nausea.

Eat a light meal a few hours before going out on the water. This will keep stomach acids busy on food rather than causing agita on the trip.

Try to avoid the cabin and other contained spaces. Fresh air and the ability to look at the horizon can help balance the information received from the eyes and the ears.

Stay in the center of the boat, which is often the steadiest area. The



Many people who go boating or sailing experience motion sickness. It is estimated that most of the population has had a bout of motion sickness at one point in their lives.

bow and the stern will have more motion and can contribute to seasickness.

Avoid lying down if you become queasy. It's best to stand up and look at the horizon. You also may want to steer the boat for a few minutes. This can reset the signals being received by the brain.

Natural remedies, such as ginger, can alleviate stomach ailments. The same can be said of sucking on peppermint candies.

For those who have found that natural remedies don't work, prescription medications or over-the-counter remedies might work. Many of the medicines offered for seasickness, such as Dramamine, are antihistamines. Side effects can include drowsi-

ness, so caution should be used if operating machinery. Longer trips may require a prescription medication called scopolamine. Formerly used in a transdermal skin patch, travelers must now ask their doctor to prescribe it in the form of a gel. In gel form, scopolamine is most effective when smeared on the arm or neck and covered with a bandage.

It is important for adults not to try these remedies on a child before consulting with a doctor to ensure they are safe. Some medications are not to be used in children under the age of 6.

Although there is no cure for seasickness, most of the symptoms can be prevented or controlled through different methods. It is easier to prevent seasickness rather than treat it once it is in full force. Keep in mind that setting your sights on the horizon and preventing the balance of messages being received by the brain to go off kilter is one of the easiest ways to prevent seasickness and other forms of motion sickness.

If you are planning a trip, experiment with nonmedical remedies on a docked boat. Otherwise, talk with your doctor about which methods he or she advises for bad cases of motion sickness.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., August 20	11:59 a.m.	5:46 a.m. 6:16 p.m.	6:19 a.m.	7:48 p.m.
Fri., August 21	12:15 a.m. 12:46 p.m.	6:29 a.m. 7:07 p.m.	6:20 a.m.	7:47 p.m.
Sat., August 22	1:01 a.m. 1:37 p.m.	7:16 a.m. 8:01 p.m.	6:21 a.m.	7:45 p.m.
Sun., August 23	1:54 a.m. 2:35 p.m.	8:07 a.m. 8:59 p.m.	6:22 a.m.	7:44 p.m.
Mon., August 24	2:53 a.m. 3:34 p.m.	9:03 a.m. 9:58 p.m.	6:23 a.m.	7:42 p.m.
Tues., August 25	3:53 a.m. 4:32 p.m.	10:00 a.m. 10:56 p.m.	6:24 a.m.	7:41 p.m.
Wed., August 26	4:51 a.m. 5:27 p.m.	10:59 a.m. 11:51 p.m.	6:24 a.m.	7:40 p.m.

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**SELL IT FAST
 IN THE CLASSIFIEDS!**

Beach clean-up benefits the planet

Millions of pounds of trash turn up on beaches all over the world each year. According to the Ocean Conservancy, trash in the ocean kills more than one million seabirds and 100,000 marine mammals and turtles each year. Trash, pollution, climate change, and damage to coastal habitats take their toll on marine life, oceans and beaches.

According to the United Nations, oceans are filling up with trash at an alarming rate. Litter can find its way into the world's bodies of water no matter where a person lives, as much of the trash that empties into oceans comes from rivers and other waterways far from the sea. Trash also ends up in the water when boaters and beachgoers throw their trash directly into the water.

People flock to the seaside in record numbers in late spring and throughout summer, when the amount of trash on beaches increases exponentially. After the season is over, cleaning up the beach can help remove garbage that has the potential to harm wildlife. Here is how to get started.

Research conservancy groups. National parks and other conservancy organizations may host pre-organized beach sweeps. These groups always welcome new volunteers. Give them a call or visit their websites to find out more about how you can be-

come a part of their next clean-up efforts.

Organize your own clean-up day. Get a group together and plan a meeting location for your own beach clean-up efforts. Comb a beach near your home, paying special attention to plastic trash, which makes up 80 percent of the items that wash up on beaches. Wear rubber gloves and carry garbage bags. Several people working together can comb miles of beach and eliminate pounds of trash in a single, well-organized effort.

Make it a community service project. Various groups, including many scouting troops, include community service as part of their badge-earning efforts. Speak with officials at local schools to determine if students can sign up for beach-cleaning projects in exchange for credits or to fulfill any service requirements they may have.

Report your findings. Catalog which types of trash are most common and report that information to an ocean conservation group. This information will be helpful when it comes time to compile statistics on ocean trash or to find the origins of garbage.



**Courier Classifieds
 410-641-6695**

Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting.

Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played

every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs. & Fri.

Church Thrift Shop

Stevenson United Methodist Church in Berlin is open Wed. - Fri. 10 a.m. - 2 p.m. Sale Fridays. Call 410-641-1137.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is

open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Sundays

Sunday Night Serenity **Al-Anon Family Group** 7:30 p.m. at The Woodlands/Independent Living Apt. Bldg. 1135 Ocean Parkway-Ocean Pines, Md. 21811

Third Sunday

Sharing Sunday

Bring non-perishable groceries and paper goods to the Ocean Pines southside fire hall 1 -3 p.m. to benefit local food banks.

Third Monday

Democratic Women

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10 a.m. at the Ocean Pines Community Center. Guests and new members are welcome.

Third Tuesday

Widows & Widowers Social Club.

Group meets in Ocean Pines at 1 p.m. for luncheon meeting. Call 410-208-1398.

Third Wednesday

Survivors of Suicide Meeting

Starts at 6 p.m. at the Worcester County Health Department. 9730 Healthway Drive, Berlin. Open to anyone who has lost a friend or loved one to suicide. Quiet listening, caring people, no judgment. For more information, call 410-629-0164 or visit www.choosetoliveinmaryland.org.

Fourth Wednesday

Marine Corps League

First State Detachment Marine Corps League raises funds for a variety of charities and meets at 7 p.m. in VFW Post 8296, 66th St. Ocean City. Open to all fellow Marines and FMF Corpsmen. Visit www.firststatemarines.org.



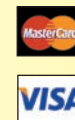


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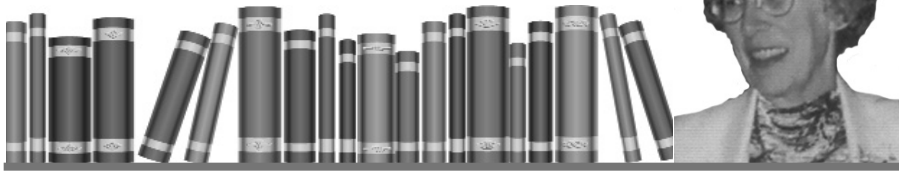
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Courier Bookshelf

by Dolores E. Pike



A God in Ruins

by Kate Atkinson

"Live all you can;
it's a mistake not to.
It doesn't matter what you
do in particular
So long as you have your life."

-Henry James
"The Ambassadors"

"Time folded in on itself," a quote in Kate Atkinson's novel "A God in Ruins" might be the best description of her newest work of fiction. The book spans one man's life from the year 1925 (at nine years of age) to 2012 though not from my perspective in any logical let alone consecutive order. Readers will find themselves in the present, only to be flung into the past while given a glimpse of the future, all in the same paragraph. Just look at the dates heralding the first six chapters; 1944, 1925, 1980, 1947, 1993 and 1951 and you get a feel for the jumping jacks practiced. But once the numbers' hurdle is overcome, Ms. Atkinson goes on to present good narrative fiction...you just need to put it altogether.

She first introduces readers to the Todd family in her previous novel "Life After Life." She presents a moderately well-off British family of a happily married banker that sends his sons to boarding school.

Of the five lively children, this book is middle child Ursula's song. We see the alternate life she regains each time the author rescues her from a wrong turn and lets her begin her life over again. Ms. Atkinson provides a second bite at the apple. While disconcerting at first it did not take me long to adjust to her style here...playing games with time...because her characters are so vibrant. It is a clear look at life in London during the blitz, as Britains hurry to bomb shelters with a stiff upper lip towards survival. But even though it is Ursula's story, it is her younger brother Teddy who is the favorite son.

Ms. Atkinson's recent book, "A God in Ruins," is not a sequel, according to the author, but a companion piece that tells Teddy's story. Though you do not have to read the books in succession I believe that to do so provides readers with a working relationship to the fictional Todd family. Both books together highlight two aspects of British lives during World War II; the first, the London blitz and the second, the bomber raids over Germany. The author has thoroughly researched the war and presents readers with a comprehensive bibliography for fiction based on solid ground.

Teddy reluctantly follows his father into banking but when war

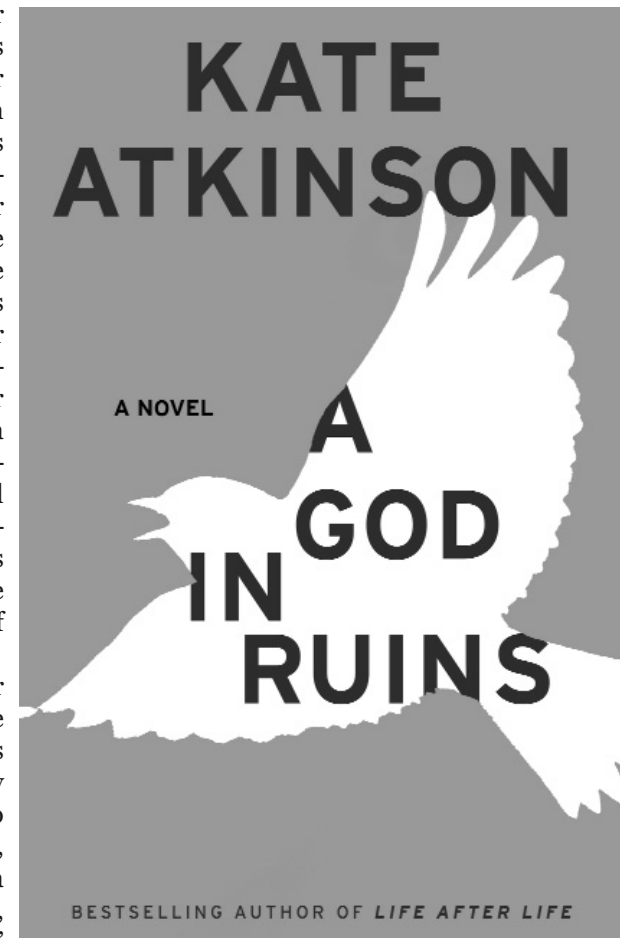
erupts he becomes an RAF bomber pilot. Even after he completes his requisite number of missions, he continues flying instead of relying on the relative safety of carrying on as a flight instructor. When he returns after the war he marries Nancy, the girl next door whom he has known since he was three years old. We are led to believe that during the war she was part of the code solvers of Enigma. She quietly draws the lines enclosing their post-war life. Teddy's life becomes less definable for him and he settles into a dutiful routine as a nature reporter with a local paper. His life is marginally happy but not as exciting as being the "skipper" to the crew of a Halifax.

The birth of their daughter is a long time in coming. She adores her mother and barely tolerates her father who comments that he, "Loved Viola as only a parent can love a child, but it was hard work."

She is not a happy child and unhappier as an adult, radiating it to all around her, resulting in disastrous decisions. It is only through his grandchildren that Teddy finds a sense of place within his small family, which his granddaughter candidly refers to as, "The family that put the fun in dysfunctional."

The current trend in novels, in my opinion, is to allow narrative fiction to sit in the jump seat behind a driver, the author who fiddles with

time. As such Ms. Atkinson joins authors Paula Hawkins's "The Girl on the Train" and Alice LaPlante's "Turn of Mind" in this modern group. Readers must work hard to



complete a linear narrative and then piece the puzzle together to reach the secret that each author savors till the end.

Ms. Atkinson is a British writer I have come to admire so I will continue to endure her "novelist trickery" as she defines it, qualifying same by staying to her interviewer, "there's nothing wrong with a bit of trickery." Her definition of playing with time?

Regular services held

Temple Bat Yam, a reform Jewish synagogue located in Berlin, holds services every Friday night at 7:30 p.m. All are welcome to attend. The synagogue is located at 11036 Worcester Highway in Berlin. For information call 410 641 4311.

RWWC to hold fashion show

The Republican Women of Worcester County will hold its 7th Annual Patriot Day Fashion Show Luncheon at the Ocean Pines Yacht Club Banquet Room on Thursday, September 17. This year is in honor of POW/MIA Day, "You are not forgotten." Doors open at 10:30 a.m. and the program begins at 11:30 a.m. Fashions are by Chico's of Salisbury. The cost is \$33 per person. For information and reservations, please call Sandy Fennell at 410-202-8688 or email at sandyfen57@yahoo.com.



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