

The Courier

May 6, 2015 Volume 16 Number 36

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Anglers to meet

The Ocean Pines Anglers Club will meet on Saturday, May 9 at 9:30 a.m. at the Ocean Pines library. Speakers will be Heather Bahrami, former manager of AKE Marine and a detailer of boats for over 10 years. Learn all about boat detailing including water spot removal on windshields, compounding, waxing and name removal. Dr Roman Jesian, Chief Scientist of Maryland Coastal Bays Program, will update anglers on the dredging project in our local bays as well as status of the Bishopville Dam. All are welcome.

Armed Forces Day services to be held

The Democratic Women's Club of Worcester County and the Republican Women of Worcester County are jointly sponsoring an Armed Forces Day Prayer Service on Armed Forces Day, Saturday, May 16 at 1 p.m. The event will take place at the Worcester County Veterans Memorial at Ocean Pines at Route 589 and Cathell Road. Please attend to honor those who have answered the call to serve. It is recommended that you bring a lawn chair for your comfort. In the event of inclement weather, the service will take place at the Worcester County Library at Ocean Pines directly across from the Memorial.

Democrats to collect food

On Sunday, May 17, between 1 p.m. and 3 p.m., the Democratic Women's Club of Worcester County will collect non-perishable food, toiletries, and paper products at the South Fire Station located on Ocean Parkway (South Gate). Supplies will be shared with a local food ministry. Call 410-641-8553 for additional information.

Bertino to host town meeting

Chip Bertino, Worcester County Commissioner for the Ocean Pines district, will host a Town Meeting on Saturday, May 16, at the Ocean Pines library. The meeting will begin at 10 a.m.

Commissioner Bertino will provide information on issues and developments occurring within the district and the county. Fred Webster, Director of Emergency Services for Worcester County, will be the guest speaker.



Flag surprise - After Ocean City Elementary School kindergartener Pierce Snyder's Flat Stanley visited the United States Capitol Building in Washington, D.C., his kindergarten class received a special surprise. The American Flag (shown in this picture) was flown for Robyn Diesel's Kindergarten class on April 14, in the occasion of Flat Stanley's visit. The class received a special certificate which accompanied the actual flag that flew on that special day.

YC hot topic at OPA meeting

By Jean Marx

The Ocean Pines Association (OPA) board meeting on April 30 started with General Manager (GM) Bob Thompson providing several status updates. First, the boat ramps are open and the marina fuel pumps are fully functional. The recommendation for the Swim & Racquet Club splash pad should be made within the next two weeks. Additionally, the Swim & Racquet and Mumford Landing pools should be open by Memorial Day weekend, and the tennis court resurfacing work has been completed. With regard to the request for information (RFI) on the Capital Reserve study, Board President Dave Stevens asked Mr. Thompson to e-mail to the board the RFI letter due to go out to prospective companies.

During the past 11 months, golf is reporting an improvement of \$164,095 over this same time period last year. Mr. Stevens made a motion to suspend sales of lifetime memberships to the OP Golf Course at this time; the motion passed unanimously.

The Yacht Club's financial performance was a hot topic of discussion. Six residents spoke during Public Comments about the motion Marty Clarke was going to make later in the meeting. Their concern was that the motion includes language to consider closing the Yacht Club in the off-season months. The residents were in favor of leasing the Yacht Club to an experienced company in the bar/restaurant business to run at a profit and that residents be allowed to vote on any decision to close the facility. Mr. Clarke showed a chart prepared by former OPA board member and president, Bill Zawacki, of the Yacht Club's real net operating revenue each year since 2007. Every year has shown off-season losses with 2015 being the highest loss at over \$260,000. Mr. Clarke's motion was for the GM to investigate options to improve the financial performance of the Yacht Club including potentially closing it from October 1 through March 31 each year. Board mem-

please see **meeting** on page 12

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Legally crowned - Stephen Decatur High School seniors **Gabrielle Evans** and **Delilah Purnell** earned Attorney of the Year and Witness of the Year respectively during Law Day for the Worcester County Legal Interns program.

Reptile, amphibian search is May 9

The 15th annual Great Worcester Herp Search will take place Saturday, May 9 when volunteers scour county lands for reptiles and amphibians.

Sponsored by the Coastal Bays Program, Salisbury Zoo, Maryland Department of Natural Resources, and Salisbury University, the search kicks off at 9 a.m. at the Coastal Bays Program office at 8219 Stephen Decatur Highway, a quarter-mile south of Frontier Town. A brief pre-hunt training session will feature live turtles, snakes, frogs, and salamanders and explain ways to identify them in the wild. It is free to the public and will be held to prep volunteers for searching three sites in the morning and one in the afternoon.

Last year more than 80 reptiles and amphibians representing 15 species were the result of the search. Finds included ringneck snakes, racers and kingsnakes. Box and mud turtles were also found along with four species of frogs and toads.

In Worcester, there are approxi-

mately 19 species of snakes, 15 species of frogs and toads, six species of salamanders, 13 species of turtles, and four species of lizards. The search will provide data to help DNR scientists better understand population trends in this declining group of vertebrates.

This year's herp search sites include public and private parcels in the northern and central part of Worcester County. No animals are harmed or removed from the wild during the search.

Participants should bring a sack lunch and drinks. Groups will return from the field around 12:30 p.m. for lunch then hunt again until approximately 5 p.m. All children under 14 must be accompanied by an adult. Sunscreen, mosquito and tick repellent, greenbriar proof-pants, bright clothing, and boots are recommended.

For more information call the Coastal Bays Program office at 410-213-2297 ext. 102 or email Dave Wilson at dwilson@mdcoastalbays.org.



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Free educational seminars to be held in Ocean Pines

Area residents can learn how to create lifetime income, obtain free legal advice and receive skin cancer screenings at three free educational seminars to be hosted by the Ocean Pines Recreation & Parks Department this May.

On Tuesday, May 5 from 2-4 p.m., senior advisor Robbin Gray will present a lifetime income seminar at the Ocean Pines Community Center, located at 235 Ocean Parkway in Ocean Pines. Gray will discuss how retirees can make the most of their retirement, investments, Social Security and other income.

The Law Offices of Ingerman & Horwitz will offer free legal advice at a "You & the Law" seminar on Thursday, May 14 from 6-8 p.m., also at the community center. Topics will include injuries, workers' compensation, medical malpractice and more. Attendees are encouraged to bring additional legal questions. The seminar will also include giveaways and a chance to win a tablet.

Dr. Curtis Asbury, a board-certified dermatologist with Atlantic General Health Systems, will discuss skin cancer and prevention on Wednesday, May 27

from 6-7:30 p.m. at the community center. The presentation will be followed by a free skin cancer screening for seminar participants.

These seminars are free and open to public, but registration is required and spaces are limited.

For more information or to register, call the Ocean Pines Recreation & Parks Department at 410-641-7052 or email rec@oceancunes.org.

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410-641-6695 • fax: 410-641-6688

thecourier@delmarvacourier.comwww.delmarvacourier.com**Chip Bertino**

Publisher/Editor

chipbertino@delmarvacourier.com**Susan Bertino**

General Manager

Mary Adair /Comptroller**Contributing Writers**

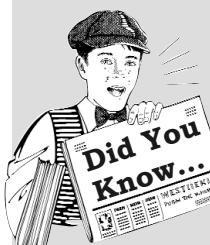
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Robert B. Adair 1938-2007

2012 Business of the Year

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There are at least 10,000 varieties of tomatoes, from small cherry ones to Pon-derosa, which can weigh over three pounds.



The tomato first grew as wild, cherry-sized berries in the South American Andes.

The tomato as we know it today was developed in Mexico.

Tomatoes are the world's most popular fruit! More than 60 million tons are produced every year. That's 16 million tons more than No.2 — the banana.

Tomatoes are the fruit of a vine that's native to South America.

Lycopene, a powerful antioxidant that is abundant in tomatoes and tomato products, is widely thought to help in the prevention of a variety of maladies.

Tomatoes are an excellent source of vitamin C. One medium tomato provides 40% of the recommended daily amount!

Art is in bloom at Art League

The theme for May at the Ocean City Center for the Arts is "Art in Bloom," and the month is filled with exhibits, classes and demonstrations relating to flowers.

The featured exhibition for the month is the "Art in Bloom" group show by the Art League of Ocean City featuring flower-themed paintings, drawings and other 2D artwork. The show runs through May 30 with free admission to the galleries.

Saturday and Sunday, May 16 and 17, is Art in Bloom weekend from 11 a.m. to 4 p.m. each day. Local florists will compete in a floral competition where they create floral arrangements inspired by the artwork from the art exhibit. The arrangements will be on display all weekend, and the public is invited to view them at no cost.

Participating floral designers include Ocean City Florist, Ocean Greenery, Encore Events by Angie Gillis, Little Miss Lovely, Bleached Butterfly, and Flourish Floral Artistry and Design. Floral designer Alison Carmody, owner of Flowers by Alison, will judge the entries.

Visitors can participate in the weekend's free art activities including watercolor painting, pottery, and a floral demonstration. On Saturday, May 16 from 11 a.m. to 3 p.m., they can make a one-of-a-kind ceramic flower. Visitors can watch watercolor demonstrations at 11:15 a.m. and 1:15 p.m. and drop in throughout the day to paint along with studio artist Jan Bain. All levels are welcome. More experienced painters are invited to sketch from life and paint the floral arrangements on display.

On Sunday, May 17, at noon, Alison Carmody will demonstrate her

unique approach to floral arrangements.

Debbi Dean-Colley will teach two classes this May beginning with "Plant a Living Picture" on Thursday May 14, from 4:30-6:30 p.m. She will demonstrate how to arrange cuttings of assorted succulents to create living tapestries ready for the wall. The cost is \$30 for Art League members and \$40 for non-members.

Indoor herb gardens are the subject of Dean-Colley's second class on Thursday, May 21, from 4:40 to 6:30 p.m. Attendees will create a living herb garden that can be used in the kitchen, planted in one-of-a-kind containers created with recycled materials. The cost is \$30 for Art League members and \$40 for non-members.

Joan Lok will conduct a three-day Sumi-e East Asian brush painting workshop, where every stroke becomes a petal, on Monday, Tuesday, and Wednesday, May 18, 19 and 20, from 10 a.m. to 4 p.m. each day. The cost is \$220 for Art League members and \$284 for non-members.

Flower pots are the theme during "Sip and Ceramics," led by Erik Hertz on Wednesday, May 20 from 5:30 to 7:30 p.m. Attendees are invited to bring a snack and an adult beverage for a fun, stress-free evening of step-by-step pottery. No experience is necessary. The cost is \$35 for Art League members and \$40 non-members.

For reservations to any of these events, please call the Ocean City Center for the Arts at 410-524-9433 or e-mail katie@artleagueofoceanicity.org.

The Ocean City Center for the Arts at 502 94th Street is the home of the Art League of Ocean City, a nonprofit organization dedicated to promoting the visual arts in the Ocean City area through education, exhibits, scholarships, programs and community art events. The arts center is supported by memberships, corporate and civic funding, donations and sales of art. More information is available at artleagueofoceanicity.org.

Thompson to speak to Dems

Dr. G. Ray Thompson will be the speaker at the Democratic Women's Club DWC meeting on Monday May 18. He is the director of the Nabb Research Center at Salisbury University specializing in the cultural heritage and history of the Delmarva region. DWC meetings are held the third Monday of each month at the Ocean Pines Community Center. Coffee and conversation at 9:30 a.m. followed by a 10 a.m. meeting. All women are welcome to attend these informative and friendly meetings. Please call 814-322-2119 for more information.



On the farm - First Graders at Ocean City Elementary School enjoyed the hands-on learning activities of the 4H Farm Experiences from the University of Maryland Extension Services. Students participated in learning stations including milking cows, wiggly worms at Work, hatching chicks, making butter, and goats. Pictured are Renata Lovitt and Kobe Bouzaglo from Ms. Wendy Macrides' class.

The Courier welcomes letters for publication. Preference is given to letters addressing community and county topics and have not appeared in another publication.



Letters must be signed and include a phone number where the author can be reached to verify authenticity. Letters are not corrected for spelling or grammar and can be no more than 300 words.

E-mail letters to:
thecourier@delmarvacourier.com

A summer afternoon, a mother's choice

My earliest recollection of my mother is from when I was about three years old. We were sitting to-



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

gether on a lounge chair outside on a comfortable summer's day. She was reading to me, a Step-Up children's book entitled "Meet John F. Kennedy." At one point from inside the house the kitchen phone started ringing. I asked if she was going to answer it. "No," she replied because she preferred sitting with me.

There are many memories I have of my mother from when I was young. To earn extra money she typed legal documents and tran-



scripts for an attorney for whom she once worked before getting married. She worked late into the nights banging away at an old Smith Corona manual typewriter. The Dictaphone belts that spun in the machine fascinated me. It was several years before she got an IBM Selectric typewriter to make work

easier. I don't remember her being tired on the mornings following those all-nighters. No doubt I was preoccupied in my own little world to notice.

When she was young she had wanted to play piano but didn't have the opportunity. So, piano lessons were mandatory for

me even though there was no piano in the house. During one summer while my brother and I stayed with our grandparents at the shore, my mother got a part time job at a small gift shop in Cape May Point, New Jersey. By summer's end she had squirreled away enough money to purchase a used piano. It was a console manufactured by Trefz Company. Once the piano was in place, my weekly lessons at Settlement Music School with Mrs. Goldman began.

At first I intensely disliked practicing so I would just sit staring at the page. My mother was unmoved by my many excuses. I once sent her a note via my little brother informing her I had an "eye sprain" and thus couldn't practice. You know what cures an eye sprain? A sprain to the backside administered by a mother who has had enough. During the next seven years of lessons and hours of practicing I never again suffered from an eye sprain.

Sometime during the 1970s my mother got a job as a part time office assistant at a rehabilitation hospital not far from our house. She worked during school hours. When it became necessary for her to face the world alone with three children in tow (by this time my sister was born), she moved forward to make her way on her own terms. It could-

n't have been easy working during the day and then coming home to care for three kids. Her social life was solely focused on her children. She gradually rose through the ranks to the upper echelons of the company which had over the years been absorbed by larger companies. When she retired, the once part time assistant had a staff of assistants and secretaries working for her as she managed the complexities associated with hundreds of employees working across the state of Pennsylvania. And as if that wasn't enough she went back to school to earn her Bachelors and Masters degrees.

My mother competed and succeeded in what some may call a "man's world." Although a petite, soft-speaking woman, in business she was a force to reckon with. She used logic, preparation and patience as her weapons of choice. She went up against many personalities with oversized egos who were either converted to her way of thinking or simply left in her wake. It should be

noted that at home things were more direct: she spoke, not always softly, and expected us to listen, immediately.

Now retired following a second brief career as a grade school teacher, my mother lives in the house on the New Jersey shore built by my grandfather more than a half century ago. She is kept company by her four legged best friend, Toulouse, a Lucas Terrier. She enjoys the company of friends and her weekly games of mahjong. And she's spending much more time in her gardens and in her painting studio. Time well deserved.

Many years and experiences, some good, some not so good, have passed since the summer day when my mother chose not to answer that ringing kitchen phone so she could spend uninterrupted time with her son. Her decision made an indelible impression on me. My appreciation for her action that day has only grown through the years.

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Coastal Hospice campaign to get local visibility

Drivers in the area can now get updates on the campaign to build Coastal Hospice at the Ocean. Thermometer signs, announcing fundraising progress and inviting donations, are going up along well-traveled roadways across Worcester and Wicomico counties.

As the thermometers show, gifts and commitments to the project so far total \$3 million. The campaign goal to build Coastal Hospice at the Ocean is \$5 million. The signs will be updated as progress toward the goal continues.

The campaign committee, a team of volunteers led by Coastal Hospice Board members Macky Stansell and Dirk Widdowson, has been meeting privately with individuals, corporations and foundations in the region to secure support for Coastal Hospice at the Ocean. With the help of donations, the Coastal Hospice Board purchased property in Berlin for the project.

Coastal Hospice at the Ocean is a hospice residence and outreach center that will serve the region in three vital ways. It will be a home for hospice pa-

tients, who live alone or with an equally frail spouse and can no longer manage day-to-day.

There will be a center for community-based palliative care: support, for those battling serious illness, in managing the physical, emotional and spiritual pain it often brings. In addition, there will be room for individual and group grief counseling.

Coastal Hospice at the Ocean will meet all of these needs. But at its heart, this will be a home. Each patient room will be outfitted to respond to medical needs, but it will look and feel like home. The building will be surrounded by gardens. Inside, individual rooms will provide privacy yet accommodate family members who need to stay overnight. A kitchen and family room offer places to gather for family celebrations; a library and meditation room will accommodate quieter moments.

Information about the hospice residence and outreach center can be found at CoastalHospice.org/Ocean or by calling 410-641-5481.



End of an era

It has been 20 years ago that Reverend David Herr formed the Interfaith Caregivers, providing volunteer transportation to medical appointments for people age 21 and over. He started the operation because he "owed the Lord, Big Time," as he told his fellow Kiwanians. Reverend Herr is a longtime member of Kiwanis which has provided some of the needed funding for Interfaith Caregivers during those twenty years. Pictured are Kiwanis Club of Greater Ocean Pines - Ocean City President Carolyn Dryzga as she presented the last Kiwanis donation of \$500 to Reverend David Herr. Interfaith Caregivers will permanently close this year.

Volunteers sought for turtle count

Maryland Coastal Bays Program, partnering with the Maryland Terrapin Working Group, a group composed of terrapin researchers and managers, is looking for volunteers to help with the fourth annual terrapin head count survey held from May 26 to May 30.

The Diamondback Terrapin may be Maryland's state reptile and the mascot for the University of Maryland, but its current population status in the coastal bays, as well as in the state of Maryland, is poorly understood. The annual terrapin head count survey is held in the Chesapeake Bay and the Coastal Bays to better understand its status in the state. Counting terrapin heads in the water as they congregate for breeding (or other purposes) is considered to be an effective way of monitoring population numbers. The turtles are not to be captured or disturbed, just observed and counted.

Continuing these observations over a period of time allows us to observe terrapin behavior patterns. Departures from average numbers could point to areas of concern.

The coastal bays count will consist

of surveys in all five bays including tidal creeks and marsh guts. As with past years, surveys can be conducted by crews in either motorized boats or canoes, kayaks and SUPs.

We are looking for boat owners who can provide the transport, observers to identify turtles in the water (the terrapin is typically the turtle occupying brackish/salt water, but other turtles, such as snapping turtles, may venture into those waters as well) and a person who can accurately fill out survey forms in the field, including GPS coordinates.

Locations of surveys will depend on the number of crews that are available.

If you have an interest in participating in the survey please contact the Maryland Coastal Bays Program, Jennifer Rafter at 410-213-2297 x 109 or jrafter@mdcoastalbays.org. and indicate if you have a boat and the location you are interested in covering or if you would like to be an observer, or scribe.

A land-based survey is being added this year to collect valuable data that might not otherwise be reported.

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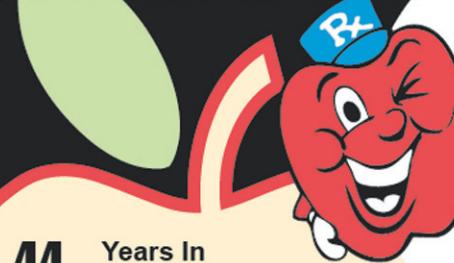
please see **count** on page 11

I Love to Cook!

by Bev Wisch



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Summertime and fresh seafood

Spending time on the boat, fishing and crabbing is the best summer fun. Many of our readers live on the water or near the water so I thought I would discuss steaming crabs. When purchasing live crabs, you will find it is cheaper to cook them at home instead of buying them already steamed, or better yet catch some of those little guys and throw them right into the pot.

**Steamed crabs**

Wash live crabs under water. Place them into the top part of a steamer or large pot with a basket. Sprinkle the crabs with about 2-1/2 T. of Old Bay seasoning per one dozen crabs. If you like them really spicy, add a shake of red pepper flakes. Add the following to the bottom of the steamer:

1/2 cup white vinegar

2 T. salt

1 cup water

1 can beer

Bring to a boil and then lower heat so that it continues bubbling. Cook 20 minutes on medium heat or until crabs turn a bright red. Remove immediately to the platter and serve warm.

If you do not have a steamer you may cook them in a regular pot, but they will get very juicy. Remove to a cookie rack and let them drain a bit.

Following are some good tips for cooking seafood:

Crabs: 1 cup of crabmeat may be obtained from six large hard shell crabs. One lb. of crabmeat equals three cups.

Shrimp: For steamed shrimp allow 3/4 lb. per person. One lb. raw shrimp in the shell equals about 1-1/2 cups meat.

Fish: Soak fish in cold water a few minutes before scaling as scales are more easily removed from a wet fish. Allow 1/3 lb. filleted fish per person;

whole fish allow 1 lb.

Scallops: One quart of scallops will serve six people. They should be creamy white in color and have a fresh clean odor.

Lobster: Allow 1/2 large lobster or one small lobster per serving. One lb. lobsters are called chicken lobsters, 1-3/4 lbs. are medium and over that are selects.

Oysters: One quart shucked oysters or three to four dozen oysters in the shell will serve six people. The entire oyster is edible.

Clams: The best clams for steaming are little necks or cherry stones. Be sure they are tightly closed or will close when tapped. Otherwise they are not fresh. Allow one dozen steamed clams per person for an appetizer.

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Founder to address Wor-Wic graduates

Robert W. Cook, one of the founders of Wor-Wic Community College, will address the 2015 graduates at commencement on Wednesday, May 13, at 7 p.m., at the Wicomico Youth and Civic Center in Salisbury.

Robert Cook
Cook has a long history with Wor-Wic. As director of the Greater Salisbury Committee (GSC) in the early 1970s, Cook made presentations to many civic and community groups to gain support for the creation of the college. Over the years,

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he has led or participated in all of Wor-Wic's major fundraising campaigns, served as a member of the board of trustees and worked as special assistant to the president for development. His portrait hangs in the founder's gallery in Brunkhorst Hall on campus.

As director of the GSC for almost 25 years, Cook was instrumental in the founding of many other local organizations, such as the Community Foundation of the Eastern Shore, Delmarva Water Transport Committee, Junior Achievement of the Eastern Shore and Salisbury-Wicomico Economic Development Inc. He served in leadership positions for many other organizations, including the Boy Scouts and the Northeastern Economic Development Association, where he was president, the Maryland State Council on Vocational Technical Education and the Maryland Small Business Advisory Council, which he chaired, and the Richard A. Henson Foundation, where he served as president and trustee.

In addition to his leadership roles in the community, Cook is equally known for his fundraising expertise. In addition to Wor-Wic, he has participated in or led campaigns for many local causes, including the Boy Scouts, the Community Foundation, Lower Shore Enterprises, the Salisbury Zoo and the YMCA.

His recognitions include the Silver Beaver Award from the Boy Scouts in 1978, the Salisbury Neighborhood Housing Service Award in 2014 and the Salisbury Area Chamber of Commerce Humanitarian Award in 2015.

Cook is an economist. He attended Allegheny (PA) College and did his

please see **founder** on page 12



Robot Building

Saad Faisal a fourth grade student at Worcester Prep, uses the LEGO Wedo program to build and program a robot complete with working motor and sensors. Faisal, along with other students in Erika Phillips technology classes, enjoy using the LEGOS to strengthen their science, technology, engineering, and mathematics skills.

Garden Club luncheon set

The Ocean Pines Garden Club will hold its annual garden tour and luncheon on Thursday, June 11. The tour of nine Ocean Pines gardens begins at 9 a.m. and will conclude at noon. This year's tour will feature local artists as well as local garden vendors. Registration for the tour will begin on the day of the tour at 9 a.m. at the Ocean Pines Yacht Club. For those interested in attending the luncheon following the tour, lunch will be served at the Yacht Club at 12:30 p.m. Deadline for luncheon reservations is June 4. There is a choice of one of the following entrees: grilled chicken, mozzarella and pesto panini with a side salad or strawberry spinach salad with marinated chicken topped with goat cheese and almonds or vegetable lasagna w/ side Caesar salad. A Chef's choice dessert and coffee, hot or iced tea is also included. There will be a cash bar. Tickets for the tour only are \$10. Tickets for the tour

and luncheon are \$30.00. For more information or to make reservations, call 301-385-0839.

Wor-Wic golf tournament set

Wor-Wic Community College will hold its 14th annual golf tournament on Friday, June 5, at Wor-Wic's Ocean Resorts Golf Club in Berlin. Registration begins at 11 a.m., followed by lunch at noon and a shotgun start at 1 p.m. Dinner and awards will be held at 5:30 p.m. Proceeds from the event will benefit Wor-Wic's child development center.

The format will be a scramble with four-person teams. Prizes will be awarded for hole-in-one, closest to the pin, longest drive and to the top three teams for low net and gross scores. For sponsorship information or team registration, visit the college website at www.worwic.edu or contact Paula Thomas-Shipley at 410-334-2810.

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Green Award winners exemplify stewardships

Worcester County Tourism named the 2015 Worcester Green Award winners during the Ocean City Hotel-Motel-Restaurant Association dinner meeting April 23.

"The Worcester Green awards showcase individuals as well as business and government leaders committed to reducing their ecological footprint by instituting sustainable practices," Worcester County Tourism Director Lisa Challenger said. "Our county is fortunate to have so many who are dedicated to cultivating a

more sustainable tomorrow by instituting best practices today."

In 2007, humanity utilized natural resources 1.5 times faster than Earth could renew them, according to the Global Footprint Network (GFN), a nonprofit organization that measures human impact on the Earth. The Worcester Green awards program, now in its 4th year, promotes the protection of our natural resources from overconsumption and highlights environmental stewards who are making a positive difference in our homes, class-



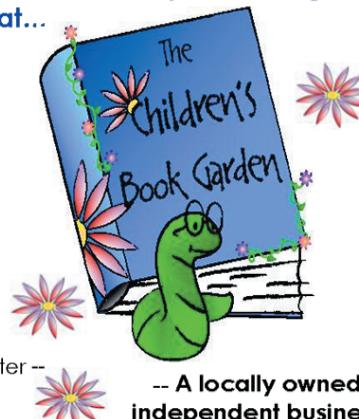
Officials recognize Bill Killinger, chair of the Green Team at the Community Church at Ocean Pines, with the Green Community Leader award during the Ocean City Hotel-Motel-Restaurant Association dinner meeting. Pictured are Worcester County Commissioner Joe Mitrecic (from left), Bill Killinger, Deb Travers of Comcast Spotlight and Tourism Director Lisa Challenger.

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rooms and workplaces. Without further ado, here are the 2015 Worcester Green Award winners.

Bill Killinger, who chairs the Green Team at the Community Church at Ocean Pines, received the Green Community Leader award for avidly supporting the County's semi-annual recycling program, and providing recycling containers at the church for paper, cardboard and batteries. He also leads his team in supporting the State Highway Association's Adopt-a-highway program by engaging in cleanup efforts on MD Rte. 589.

Plak That, owned by Wyatt Harri-

son, earned the Green Business award. The company embraces environmentally friendly practices, such as using power generated with wind energy through a Delmarva Power supplier and utilizing UPS's carbon neutral shipping program. Harrison participates in the 1% for the Planet program by pledging one percent of his company's gross sales to environmental nonprofit agencies.

The River Gem B&B at The Littleton T. Clarke House in Pocomoke, a Maryland Green Travel Partner, won the Green Lodging award. The B&B

please see awards on page 11

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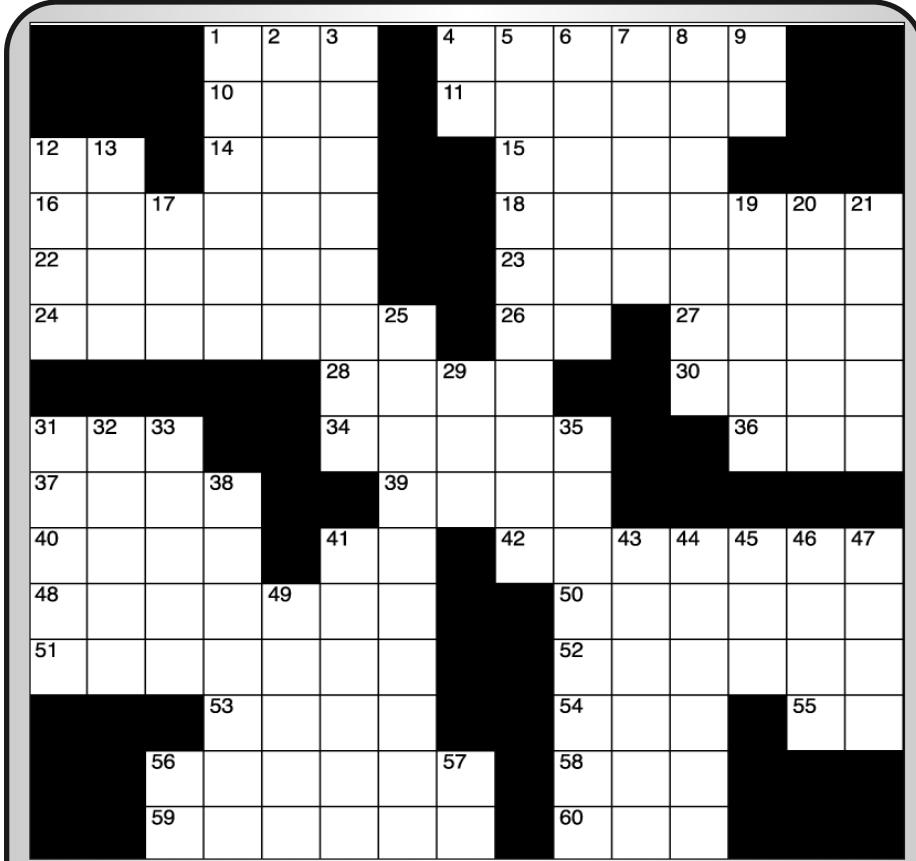


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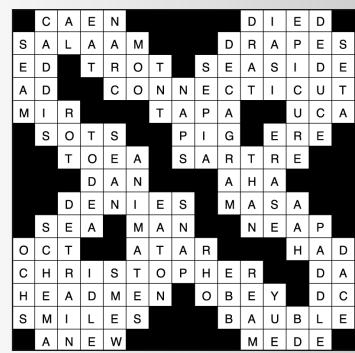
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**ACROSS**

1. Cleopatra's viper
 4. Cuneiform writing
 10. Dekaliter
 11. Groaned
 12. For instance
 14. Wave in spanish
 15. Arabian gulf
 16. Written in red
 18. Denouncements
 22. Eat one's heart out
 23. Survive longer than
 24. Take priority over
 26. Foreign service
 27. Russian king (alt. sp.)
 28. Stinkheads
 30. Old name for Tokyo
 31. Box (abbr.)
 34. Red rock in Australia
 36. Not old
 37. Enlarge hole
 39. Difficulty walking
40. The high point of something
 41. 101
 42. Hunting expeditions
 48. Unusual appearing ghostly figure
 50. Without civilizing influences
 51. Heartbeat
 52. Morning juice
 53. Wicket
 54. Head louse egg
 55. 40th state
 56. Pleasing to the eye (Scot.)
 58. Nickname for an anorexic
 59. Engaged in a game
 60. Household god (Roman)

DOWN

1. Admirer
2. Mouth secretion
3. Afterbirth
4. Initials of "Bullitt" star
5. Family crest
6. Forearm



Answers for April 29

*Eyes on the Skies***The expanding Universe**

By Douglas Hemmick, Ph.D.



May is sometimes regarded as the best month for stargazing. With the departure of April showers, anyone venturing outside might hope for clearer evenings. Local stargazers may wish to enjoy the spring season, before brighter summertime lights from the beach resort compete with the stars. The planets Venus and Jupiter still appear in the early evening and the star Spica makes its way into the sky.

This month the column begins a series of concepts related to the big bang. The topic for May will be the expanding universe. The increasing size of the cosmos was first discovered in the late 1920s by Edwin Hubble and marks one of the major turning points in the history of science.

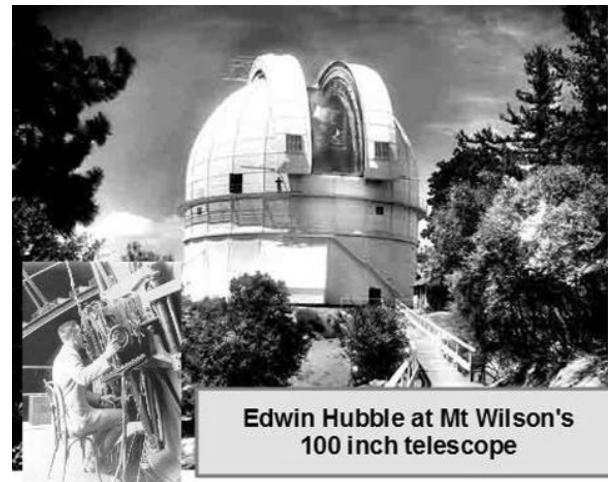
Hubble was the first astronomer to operate the 100 inch telescope at Mount Wilson Observatory. From the time of its completion in 1917, the 100 inch Mount Wilson instrument reigned as the world's largest for the next three decades. Hubble's first significant accomplishment came in 1923 when he proved the existence of other galaxies. His research showed that the small hazy objects previously known as "spiral nebula" were actually galaxies located at extreme distances, far outside the Milky Way.

Following in the steps of an astronomer at Lowell Observatory, Hubble next began research on the motions of the galaxies. Mt. Wilson's large telescope allowed Hubble to extend the Lowell results, performing detailed observations, which included both the velocities and distances of 47 galaxies.

In 1929 Hubble published his landmark discovery and offered evidence of the expanding universe. He pointed to galaxy motions as part of a general overall growth in the cosmos—the remarkable result that the universe is actually growing in size.

Hubble's results established a par-

ticular mathematical relationship. He showed that these remote galaxies are receding at velocities directly proportional to their distance. This means, for example, that if one of the galaxies happened to lie at twice the distance as



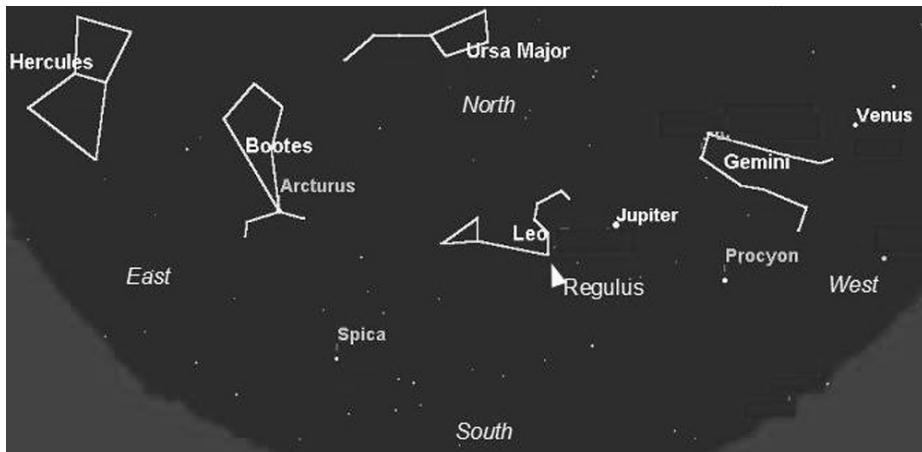
Edwin Hubble at Mt Wilson's 100 inch telescope

another, then the receding (expanding) speed of the more distant is mathematically twice the speed of the nearer. This rule has become known as Hubble's Law.

In its era, the new theory conflicted with the traditional picture astronomers had of a static universe, as stated by Isaac Newton's physics. A well-known astronomer, Fritz Zwicky, attempted to defend the old static universe theory by developing a different interpretation of Hubble's observations. Zwicky suggested that the light from remote galaxies had lost energy over the course of its long journey from those distant outposts and thus would be of longer wavelengths. This hypothesis of tired light turned out to be incorrect.

While Hubble was formulating his revolutionary views, Albert Einstein was overturning some earlier tenets of physics. Einstein's 1915 theory of general relativity presented a new framework in which the universe was to be understood, thus challenging Isaac Newton's theories. By the mid-1930s, the expanding universe was accepted as a fact of nature and the universe became known for its dynamic expansion.

please see **eyes** on page 11



eyes from page 10

These results did indeed shake the foundations of astronomy — the idea of an unchanging and permanent universe was no longer tenable. Instead a dynamic cosmos became the new paradigm. This leads to the idea that the universe had a beginning.

Venus again begins the evening for the stargazer, and may be seen as early as 8 p.m., just as the sun sets. Jupiter may be seen at about 8:15 p.m. appearing high overhead. As the stars become fully visible around 9 p.m., the sky will be dominated by Leo the Lion flying high overhead. Look for the familiar kite shape figure of Bootes (boh OH teeZ) the Herdsman as it returns again to the eastern skies. Closer to the southern horizon, one may see the bright star Spica.

Looking towards the northern horizon the Big Dipper (Ursa Major) can be seen. For those outside after about 10 p.m., the constellation Hercules the Hero will be fully in

view over the eastern horizon. Hercules is a distinctive constellation, and one might imagine it to be the spring time answer to Orion the Hunter. Like Orion, Hercules' stars suggest the figure of a man, although its stars are somewhat fainter, and its overall size is not as large.

awards

from page 9

serves organically grown coffee from Get'n Grounded in Princess Anne and local produce from the Garden of Eden and Salisbury Farmer's Market, maintains native plantings, composts, and crafts handmade soaps. Recycling efforts include providing filtered water, not water bottles, towel conservation and low energy lighting.

The Blacksmith in Berlin received the Green Restaurant award. The restaurant implemented a number of environmentally-friendly and sustainable practices, such as serving fresh seafood from West Ocean

count from page 6

To participate in the land-based Terrapin Tally, simply report any terrapin sightings from May 26 through May 30, and include a photograph if possible on our website at mdcoastalbays.org or by calling Programs Manager Jennifer Rafter at 410-213-2297 x 109. Training materials for properly reporting terrapins from the land-based survey will be available at mdcoastalbays.org by May 16. MCBP can only use information for reported terrapins if either a physical address or the GPS coordinates in decimal degrees for the sighting are reported. Your sight-

ings are important to help understand the terrapin populations in the coastal bays.

MCBP will host an optional training covering both land and boat based surveys on Saturday, May 16 at 1 p.m. This training will take place at our office at 8219 Stephen Decatur Highway in Berlin. We are located on the right hand side just south of 376/Assateague Road on 611/Stephen Decatur Highway (the old Pine Shore South Clubhouse). To RSVP for the training please use the contact information above.

Thank you for considering assisting in this important citizen science tool to document the status of our state reptile in the coastal bays.



Entertaining - The Delmarva Chorus on stage at the Performing Arts Center at the Ocean City Convention Center during the recent Sweet Adeline's Competition. The Delmarva Chorus was awarded first place in the Open Division.

City and Crisfield, produce from local farmers, desserts from Baked Dessert Cafe, an organic bakery, and beer from local breweries, like Burley Oak. The Blacksmith also utilizes renewable rather than disposable items.

Mendy Stover-Fiori, a first grade teacher at Ocean City Elementary School, won the Green Teacher award. She works with master gardener Ginny Rosenkranz to provide students with a hands-on experience about sustainable gardening. In her classroom, students manage a worm

farm and engage in a worm composting project. Stover-Fiori hosts class field trips to the County Landfill and leads a Trash to Treasure project.

Worcester Green is sponsored by Worcester County Tourism and Comcast Spotlight, along with the Ocean City Hotel-Motel-Restaurant Association, OceanCity.com, and Maryland Green Travel. For more information about the Worcester Green Awards, visit www.visit-worcester.org.

Tide and Sun Chart

* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide

DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., May 7	10:33 a.m. 10:55 p.m.	4:35 a.m. 4:34 p.m.	5:57 a.m.	7:57 p.m.
Fri., May 8	11:20 a.m. 11:43 p.m.	5:24 a.m. 5:24 p.m.	5:56 a.m.	7:58 p.m.
Sat., May 9	12:10 p.m.	6:16 a.m. 6:19 p.m.	5:55 a.m.	7:59 p.m.
Sun., May 10	12:36 a.m. 1:07 p.m.	7:11 a.m. 7:20 p.m.	5:54 a.m.	8:00 p.m.
Mon., May 11	1:34 a.m. 2:09 p.m.	8:07 a.m. 8:23 p.m.	5:53 a.m.	8:01 p.m.
Tues., May 12	2:36 a.m. 3:14 p.m.	9:04 a.m. 9:28 p.m.	5:52 a.m.	8:02 p.m.
Wed., May 13	3:39 a.m. 4:16 p.m.	10:01 a.m. 10:33 p.m.	5:51 a.m.	8:03 p.m.

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tioned to change the boat ramp to a B-based amenity vs. its current A-based status as a first step in later seeking approval for only residents being allowed to use the boat ramp. The motion passed 5-2 with Mr. Collins and Sharyn O'Hare dissenting. Also regarding M-02, there will be a special board meeting in the near future to work through the Facility Usage language. Mr. Stevens asked the board to consent to issuing the \$450 refund now to Star Charities regardless of what the Facility Usage policy will be. The motion passed with Tom Terry abstaining and O'Hare in opposition but only to the extent that she preferred waiting until the policy was revised.

As part of Resolution F-01, Mr. Collins made a motion that the Budget & Finance Committee develop a comprehensive investment policy that stipulates preserving purchasing power as a secondary investment goal. Specific guidelines would be written so that riskiness of any investments made could be minimized. The motion passed 4-3 with Msrs. Clarke and Stevens, and Ms. O'Hare opposed.

Mr. Terry made a motion to eliminate proxies from voter packages since many voters have erroneously returned their votes in the proxy envelopes, thereby nullifying their votes. The motion passed unanimously. All new appointments to OPA committees were approved. The next regular OPA board meeting will be on May 28.

founder
 from page 8

graduate work at the University of Tennessee. He joined the Army as an aviation cadet in 1943 and was later commissioned as an infantry second lieutenant. He received numerous awards during his 25-year military career, including a Soldiers Medal for heroism, an Army Commendation Medal and a Parachutist Badge. He is a retired colonel.

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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdaysand Thursdays
Poker players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played

every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m.on Pinehurst Rd.Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs. & Fri.

Church Thrift Shop

Stevenson United Methodist Church in Berlin is open Wed. - Fri. 10 a.m. - 2 p.m. Sale Fridays. Call 410-641-1137.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is

open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Sundays

Sunday Night Serenity **AI-Anon Family Group** 7:30 p.m. at The Woodlands/Independent Living Apt. Bldg. 1135 Ocean Parkway-Ocean Pines, Md. 21811

Third Sunday

Sharing Sunday

Bring non-perishable groceries and paper goods to the Ocean Pines southside fire hall 1 -3 p.m. to benefit local food banks.

Third Monday

Democratic Women

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10 a.m. at the Ocean Pines Community Center. Guests and new members are welcome.

Third Tuesday

Widows & Widowers Social Club. Group meets in Ocean Pines at 1 p.m. for luncheon meeting. Call 410-208-1398.

Third Wednesday

Survivors of Suicide Meeting

Starts at 6 p.m. at the Worcester County Health Department. 9730 Healthway Drive, Berlin. Open to anyone who has lost a friend or loved one to suicide. Quiet listening, caring people, no judgment. For more information, call 410-629-0164 or visit www.chooseolivemaryland.org.

Fourth Wednesday

Marine Corps League

First State Detachment Marine Corps League raises funds for a variety of charities and meets at 7 p.m. in VFW Post 8296, 66th St. Ocean City. Open to all fellow Marines and FMF Corpsmen. Visit www.firststatemarines.org.

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Playing - The Maryland Soybean Board in partnership with Food Play Productions presented Food Play, a national award-winning theater show, to students at Ocean City Elementary School. Food Play inspires and empowers children to make healthy choices through amazing feats of juggling, motivating messages, music, magic and audience participation. Pictured with the Food Play performers are OCES students, **Cavontay Smith, Colin Fowle and Marissa Hearne.**

Volunteer Spirit nominees sought

Volunteers make Worcester County a better place to live, work and visit. To honor volunteers whose contributions help improve the quality of life here locally, Worcester County residents are invited to nominate individuals, organizations and businesses for the 2015 Volunteer Spirit of Worcester County Awards. The deadline to submit nomination forms is June 10. A recognition ceremony for all nominees will take place in August.

Nominations will be accepted with one winner chosen from each of the following 10 categories: youth, individual, lifetime achievement, faith-based, group/team, non-profit volunteer program, corporate/business, community of service, service-

learning leader, and exemplary service-learning. Nominees should reside in and represent the volunteer spirit of Worcester County.

The annual Volunteer Spirit of Worcester County awards program is run in cooperation with the annual Governor's Service Awards recognition program.

Nomination forms are available online at www.co.worcester.md.us. Hard copies will be available at the following locations: Worcester County Government Center in Snow Hill, all five Worcester County branch libraries or by contacting Worcester County Volunteer Services Manager Kelly Brinkley at 410-632-0090 or kbrinkley@co.worcester.md.us.



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Partners tackle youth risk behavior

Following the release of the most recently published Maryland Youth Risk Behavior Study (YRBS), the Worcester County Health Department (WCHD) and Worcester County Public Schools (WCPS) launched a collaborative taskforce to address health concerns raised by the report. The YRBS is a self-reported survey that was administered to students in schools who are in grades six through 12. A total of 1,964 students participated in Worcester including 1,281 in high schools and 683 in middle schools.

The taskforce met several times between September and February and generated a list of recommendations aimed at improving health education and motivating students to make positive choices. The taskforce, which is comprised of representatives from both public health and the school system, focused on some of the most common areas where youth risk behavior can be categorized including bullying and alcohol, tobacco and other drugs. While the recent YRBS indicated that students in Worcester face some challenges, efforts are being made to pre-

vent risk behaviors.

Recommendations include increasing health education in schools for sixth through eighth grade and considering the feasibility of increasing health education in high schools so that it is worth a full credit. An additional recommendation is involving the community in an asset building initiative to assure that all of our youth have the opportunity to be successful and thrive.

Also, the taskforce has discussed the development of a marketing campaign to promote the areas of the YRBS that need the most attention, as well as the expansion of an existing anti-bullying program. A final recommendation was made to bring prevention education into schools for students who have violated the school's substance abuse policies.

WCHD and WCPS will continue to collaborate going forward. A lot of progress has been made since September, beginning with data exploration and resulting in a proactive strategy to educate and encourage students to make health decisions in their lives responsibly.



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