

The Courier

March 25, 2015 Volume 19 Number 30

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Pine'eer shop now open

The Arts & Craft Shop sponsored by the Pine'eer Craft Club of Ocean Pines has re-opened for the season. Hours are Saturdays from 9 a.m. to 3 p.m. and Sundays from 11 a.m. to 3 p.m. The shop is located in the building in front of the Ocean Pines Community Center near White Horse Park. Looking for a gift or a special something for yourself? Stop in and browse the unique handcrafted items for sale.

Farmers Market to hold raffle

The Ocean Pines Farmers Market is offering market visitors the chance to win a new bicycle with the introduction of its 2015 raffle. Tickets will be sold through November 21 at the market which is open every Saturday from 8 a.m. to 1 p.m.

Other prizes

include \$100

in Market

Bucks, valid at

any Ocean

Pines Farmers

Market vendor,

and an Ocean Pines Farm-

ers Market gift basket with market products and gift certificates valued at \$50. Tickets are \$5 each or \$20 for six.

The raffle drawing will be held at the 2015 Thanksgiving Market on November 21. Winners need not be present to win.

The Ocean Pines Farmers Market is open year-round and offers seasonal fresh produce, meat, eggs, seafood, wine, baked goods, kettle corn, gourmet food products, handcrafted items and more.

New to the market this year is "The Bazaar," a section that will provide shoppers with a variety of resale goods and collectible items including jewelry, collectible housewares, antiques, "shabby chic" furniture, sports memorabilia and more.

For more information about the Ocean Pines Farmers Market, including a complete list of vendors and upcoming events, visit www.Ocean-Pines.org or visit the Ocean Pines Farmers Market on Facebook. For information about participating as a vendor, contact Market Manager David Bean at 410-251-6383.



A proud Grandmother - Sharyn O'Hare holding her granddaughter **Olive Helen** during the Women's History luncheon of the Worcester County Commission for Women held last week. Olive is two and half months old and very much the pride of her family. Photo by Chip Bertino

Lucky gets a break

By **Dolores E. Pike**

The volunteers at the Worcester County Humane Society (WCHS) provide basic services for dogs or cats temporarily housed at the shelter located on Eagles' Nest Road off Route 611. At times this has also included foster care for an animal which might have special needs. *The Courier* introduces you to Donna and Lucky who met through this means and what it has meant for each.

Meet Lucky – who came to the shelter in August 2014 after her owner passed away. She has been pronounced healthy by a veterinarian and is current

on her shots. She is a friendly six year old beagle\basset mix. But with that heritage and frame she should have weighed between 30-35 pounds, not the 67 pounds she was obviously struggling to carry around. So you see it is not only humans that have problems with obesity.



Meet Donna Cook – a volunteer at the WCHS where for three years she has helped out two afternoons a week. Donna washes dishes and launders the bedding, which includes the blankets, towels and dog beds that have been

donated and subjected to a lot of wear and tear. Pre-

please see **lucky** on page 6

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Cookie dessert contest held

A fun-filled exciting night was had when the Girls Scouts held a "Best Made Cookie Dessert" contest at Northeast Seafood Kitchen in Ocean View, Delaware. Eight chefs from eight different restaurants competed. The judging was done by radio station WOCM FM 98.1 personnel who invited Anna Foulz (the oldest active Girl Scout) to join them as a judge. **Anna** is left of first place winner **Alex Martinez**. Second place winner was Nino Mancini and third place winner was Chris Parks.

Job fair to be at Wor-Wic

The public is invited to attend a free job fair being offered by the career services office at Wor-Wic Community College on Thursday, April 9, from 4 to 7 p.m., in Room 303 in Guerrieri Hall at the college campus in Salisbury.

More than 40 area employers are planning to participate in the fair, in-

cluding the Bank of Ocean City, Chop-tank Transport, Dove Pointe, Hyatt Regency Chesapeake Bay Golf Resort Spa and Marina, Maryland Natural Resources Police, Maryland State Police, McCready Foundation, Ocean Pines Recreation and Parks, Piedmont Airlines, Salisbury Apartments, Salisbury University Police Department, Sysco Eastern Maryland, Town of Ocean City, Wicomico County Board of Education and the Worcester County Developmental Center.

Job seekers do not need to register to attend, but they should come dressed in interview attire and bring resumes to give to interested employers.

For more information, call (410) 334-2903.

AARP to meet

The next meeting of AARP will be April 6 at the Community Center in Ocean Pines. Social time begins at 9:30 a.m. and the meeting starts at 10 a.m. This month's speaker will be Kirk Burbage of Burbage Funeral Home. Attendees are encouraged to bring a can of food for Sarah's Pantry.

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Ocean Pines to host Easter events

The Ocean Pines Recreation & Parks Department invites area residents to hop over for two of its popular annual Easter events.

The Easter Egg-Stravaganza Dive & Pool Party will be held on Friday, March 27 from 6 to 8 p.m. at the Sports Core Pool in Ocean Pines. Children ages 12 and under are invited to dive for treasure-filled eggs in the indoor pool and enjoy open swim time between dives.

Participants will be grouped by age and must be within arm's reach of accompanying adults if wearing flotation devices. The event, which is open to the public, is \$6 for all swimmers and \$3 for those not swimming. Pre-registration is preferred; please call 410-



641-5255.

Ocean Pines will also host its annual Easter/Spring Celebration on Saturday, April 4 from 11 a.m. to 2 p.m. at White Horse Park. Admission is free and open to the public.

The festivities will include egg hunts, entertainment by magician Wild Willy Woo Woo, free carnival games, moon bounces, face painting, arts and crafts, an Easter bonnet parade and much more.

Easter egg hunts will be held during the event for children up to age 9 as follows: 11:30 a.m. for ages up to two, noon for ages 3 to 4, 1 p.m. for ages 5 to 6 and 1:30 p.m. for ages 7 to 9. The Easter bonnet parade and contest, which is open to children up to age 10, will begin at 12:30 p.m.

Volunteers and candy donations are needed for the Easter/Spring Celebration. Please contact the Ocean Pines Recreation & Parks Department at 410-641-7052 if you are interested in helping, or if you have questions about the event.

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Robert B. Adair 1938-2007

2012 Business of the Year

The Courier is published Wednesday morning by CMN Communications, Inc. Contents copyright 2015. News release items and calendar entries should reach us *Friday noon* prior to publication date. The advertising deadline is *Friday at 5 p.m.* Read **The Courier** online at delmarvacourier.com

Did you know that one ounce of cheddar cheese for a 20lb dog is like a human eating more than one and a half chocolate bars? Table scraps are empty calories for dogs. They need precisely balanced nutrition for their specific lifestyle and special needs to remain healthy.



Avoid feeding table scraps and snacks

Stick to the recommended daily feeding guide

Divide the daily allowance into several meals for the most efficient weight loss

Keep your pet in another room when preparing or eating your own meals

If you have several pets, feed them separately

Don't leave any food lying around

Hospice appreciate lap blankets

Editor:

At the beginning of February, Coastal Hospice put out a call to the community requesting lap blankets for our hospice patients.



Many of our patients become chilled, especially in the cold weather of winter or with

air conditioning in the summer, and we have traditionally provided lap blankets to give them comfort and warmth. At the time of our call, the demand was exceeding what we were able to supply.

We have been astonished at the generous response from the Lower Shore community. We have received hundreds of beautiful lap blankets —



Coastal Hospice nursing aides (left to right) **Jonelle Jones**, **Kawania Maddox** and **Melody Erving** display several of the handmade lap blankets the community donated to patients under hospice care.

many lovingly crocheted by hand, some meticulously quilted, others soft and fleecy. Groups got together and knitted bags full of blankets; children hand-tied cuddly fleece throws; and individuals spent their evenings sewing and stitching.

Our patients have received this outpouring of love with appreciation

and gratitude, and our staff has been inspired by the care shown by you, our dear neighbors.

Thank you all for your love, care and generosity. Please know you have brightened someone's final days.

Alane K. Capen

President, Coastal Hospice

Drug issues to be discussed

Representatives of the Worcester County Sheriff's Office will speak tomorrow evening, March 26, at the NAACP monthly meeting. The focus of the discussion will be the drug problem in the area including heroin abuses and overdoses. The meeting will take place in the Multipurpose Building located on Flower Street in Berlin. The meeting will begin at 7 p.m. For more information contact Ivory Smith, Worcester County NAACP president at 443-944-6701.

Mathers to speak at Dem meeting

The Democratic Club of Worcester County will meet Thursday, March 26 in the As-sateague Room of the Ocean Pines Community Center. The guest speaker will be attorney Michael Mathers who will discuss ideas for creating estates and trusts as well as Elder law. The meeting begins at 6:30 p.m. All Democrats and interested Independents are welcome.



Mike Mathers



Pennies for thoughtfulness

Stephen Decatur High School senior **Fiona O'Brien** (front) and junior **Maury Izzett** count money for the school-wide Leukemia & Lymphoma Pennies for Patients campaign, which was organized by the school Acts of Kindness club. The school collected over \$1000 for the cause.

Happy Birthday!

This weekend our family will celebrate a very important occasion. My granddaughter will turn three years old. Three years old! It's hard to believe it's been just three years since she

child seems to have just two speeds: full stop and full throttle. It's not a criticism, just an observation with a hint of envy when I write that she possesses so much energy. If I could move around like her I'd quickly lose excess weight.

Although she's a bit of a tomboy, she has her princess moments as well. She very much likes her hair done by her mother and putting

on pretty dresses, as long as she can wear either her cowboy boots or her rain boots to complete the ensemble. She has her own sense of style and it fits her beautifully.

In the evening before dinner, while watching the news, I enjoy an adult beverage and a snack, usually sourdough pretzels or popcorn. Inevitably my granddaughter climbs up on the



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

arrived on the scene. Things certainly haven't been the same since; especially because she's been joined by a brother.

It's been interesting to watch my granddaughter's development. It seemed like forever before she was able to sit up by herself and then to crawl and then to walk. Now it's hard to keep her down. Her body and her mouth move continuously. She is perpetual motion: always talking, always moving. Just the other day my daughter told me that while driving with "G" she asked her to stay quiet for a little bit. From the backseat my granddaughter responded, "I'm not going to stop talking. I'm never going to stop talking. And I'm never going to stop moving." How do you respond to a comment like that while maintaining a straight face? At least she's put us on notice.

Having G (and her mother and brother) living with us temporarily has been nothing short of wonderful. However it has required adjustment and a dose of patience from time to time. She can transform calm into chaos simply by entering a room. Kaboom! At the dinner table she talks and talks and talks and talks and talks. She's an engaging conversationalist to be sure. But inevitably she's the last one at the table, racing against the five minute timer her mother has set, to finish her dinner so she can get a treat.

As the weather has improved she is spending more time outside, running around the yard and racing like a demon on her tricycle. Zoom! The



sofa and plops down right next to me to "share" my snack and if I let her, sips of my drink. She's very unabashed. In fact she'll very casually remove from my lap the popcorn bowl to place it on her own lap. "Let me hold it, Nino," she says looking at me with those coy blue eyes. What's a grandfather to do? I'm defenseless against her charm.

During these three years G has illuminated our family dynamic. She may at times be a bulldozer, a cyclone, a chatterbox, a popcorn thief and a bedtime stall artist but she's always a light in our lives.

Happy birthday Sweetie!



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School calendar modified because of weather closings

With a recommendation from the Superintendent of Schools, the Worcester County Board of Education unanimously voted at their March 17 meeting to modify the 2014-2015 school calendar in order to meet the 180-day requirement. The board voted to change April 2, from a professional day to a half-day of school for students.

“Winter on the Lower Eastern Shore has been harsh once again. In fact, cold temperatures, along with icy and snowy conditions, are becoming the norm it seems,” said Superintendent Dr. Jerry Wilson. “Winter’s treacherous conditions have precipitated the close of schools for a total of nine days to date. Without additional modifications to our calendar, the school year would extend into the fourth week of June. Making April 2 a half-day of school for students will help us recoup a lost day and shorten the extended school year.”

“Half-days qualify as full-days toward the 180-day requirement,” said Barbara Witherow, school system spokeswoman and facilitator of the calendar development process. “Because our school system far exceeds the 1,080-hour requirement for students to attend school over the 180-day period, adding a half-day to the calendar is a great option. In addition, it only reduces spring break for students by three and a half hours.” (April 2 would be a full-day for all staff.)

With the April 2 half-day added to the calendar for students, the balance of snow days equals eight. Three inclement weather days were already built into the end of the 2014-2015 school calendar leaving five additional days to make up.

At their March meeting, the Board of Education also directed the superintendent to seek a waiver from the State Superintendent of Schools for three school closings. The three school closings associated with the waiver request (February 17, February 26, and March 5) coincide with the issuance by the Maryland State Police and the State Highway Administration of Snow Emergency Plans. Snow Emergency Plans limit vehicles on Worcester roadways to those with snow chains or snow tires. If the waiver is approved, the balance of make-up days will be two.

The Board of Education also voted to extend the school calendar to include June 17 and June 18, recouping

the last two make-up days. “If the waiver is approved by the State Superintendent of Schools,” said Witherow “the last two days of school [June 17 and 18] would be half-days for all students. June 15 and 16 would be restored as full days. Having June 18 as the last day of school is contingent on the approval of the waiver request for three days.”

If the waiver request is not approved by the State Superintendent, the last day of school could be as late as Tuesday, June 23. “Of course, additional inclement weather would continue to lengthen the school year,” added Witherow. “Let’s hope spring is more like a lamb than a lion!”

“When there is inclement weather that results in school closings beyond the three days built into the calendar, the calendar becomes a work in progress,” said Wilson. “The state expects us to modify our calendar where we can. Having done that, the state is usually receptive to considering waiver requests on days when opening schools was not an option.”



Allen Joins Kiwanis

Laura Allen of Berlin recently joined the Kiwanis Club of Greater Ocean Pines-Ocean City. Laura is a Maryland native, having been raised in Easton. Both she and Mark, her husband of 26 years, have lived in California and the South Pacific. Laura had previously been the city administrator of Colma, CA, just south of San Francisco. She also had experience working in the cities of Berkley, CA and Phoenix, AZ. When the opportunity arose for her to become the Berlin Town Administrator, it gave her the opportunity to return to Maryland’s Eastern Shore.

Left to right are Kiwanis Club President **Carolyn Dryzga**, Membership Chair **Mike Morton**, **Laura** and **Mark** after her induction.

lucky
from page 1

vious to moving to Ocean Pines, Donna had worked at two pet care companies both near Annapolis where she and husband Matt (both avid dog lovers) had formerly resided. She had also fostered a number of beagles for a beagle rescue organization in Southern Maryland.

“I was the logical choice for taking her home and getting her on a diet and exercise program. Sometimes there are special-needs dogs, like Lucky, who would benefit from being fostered in a home setting while they are getting ready to be adopted,” said Donna. She continued, “In the beginning with all that extra weight and the summer heat she could only walk a very short distance. Her breathing was labored and she had very little energy. That changed drastically as the weather cooled off and she started to lose weight.”

In her weight loss program walks, Lucky became a celebrity and darling of the neighborhood. She was always happy to see people and playfully wagged her tail in greeting. People in turn were impressed by her friendliness and were interested in knowing all about Lucky, complete with updates on her weight loss struggle. They began stopping Donna to get the latest progress reports; to date the loss stands at 25 pounds. Lucky would always sit or lie down and wait patiently while people talked on around her.

Now with only 10 pounds to lose the shelter believes Lucky is ready to start looking for her “forever home.” The process begins with a prospective owner coming to

the shelter office as well as her picture appearing on the shelter’s Facebook and website page. Any prospective owner will need to fill out an application and remit the adoption fee of \$150, the cost charged for an adult dog. According to Donna a lot of people like to go on line and see what dogs are currently available before they schedule a visit.

The shelter takes advantage of many opportunities to display the animals (mostly the cats or kittens) available for adoption or fostering by taking them to any events at the Ocean City Convention Center such as the Home and Condo Show or the Easter Show as well as the Ocean Pines Farmers Market in White Horse Park on Saturdays. And a major WCHS annual event, Boardwalking for Pets, is fast approaching on the last Saturday in April beginning at 9 a.m., rain or shine.

The humane society encourages people to take part in fostering a cat or dog whenever possible. According to Donna, with kitten season about to begin there will be limited crating or free-roaming room space at the shelter so kitten fostering will be a definite need at that time.

Donna believes both she and Lucky have benefitted in their foster relationship. First Donna in meeting new friends in Ocean Pines and then Lucky at her temporary home where she obtained a proper diet complete with walks that enabled her to lose the excess weight.

Worcester County Humane Society is open 11 a.m. to 5 p.m. Mon. and Tues.; Thur. through Sat. For more information to volunteer, donate, foster or adopt call (410)-213-0146.

AUMC celebrates 100 years

By **Jean Marx**

Atlantic United Methodist Church (AUMC) is celebrating a huge milestone this year – its 100th year anniversary. The origin of the church goes back to April 25, 1915 when a group of over 65 adults met and signed a resolution to request that the Wilmington Conference establish a Methodist Church in Ocean City and to send a pastor to serve the congregation. To give a true sense of the difference a hundred years makes, the conference appointed Charles W. Spry as the first pastor with a starting salary of just \$650.

The chosen name for the church, that is believed to have existed until around 1940, was First Methodist Episcopal Church of Ocean City. Charter members of the church in 1915 include names near and dear to the history of Ocean City such as Coffin, Cropper, Gaskins, Griffin, Hastings, Laws, Mumford, Parsons, Powell, Savage and, of course, Spry representing the pastor's family. Church records show that the land for the church was purchased for \$2,000 and that the first church was completed in 1919 at a total cost of \$17,500.

One of Ocean City's premier historians is George M. Hurley. One discovery he made in his research of the church's history was regarding its beautiful architecture. Gordon E. Katz passed along to Mr. Hurley this early photograph of the church taken from a postcard dated in the early 1930s in Cindy Vollmerhausen's postcard collection. According to Mr. Hurley, the church appears to have standard Methodist architecture as it matches the same architectural style of the Methodist churches in Selbyville, Delaware and in the Methodist church in his mother's birthplace of Kalida, Ohio. A funny moment Mr. Hurley recalls is that the south side of AUMC's bell tower was once a favorite location for the men in the church to catch a smoke break in between the Sunday school and main church services, a pastime Mr. Hurley fondly remembers engaging in himself.

The Building and Planning Committee of AUMC began the preparations for building the current church in 1961. A. Hensel Fink was appointed the architect and George B. Cropper, Inc. was awarded the contract for the church's construction. The church

was completed in June 1962 with a service celebrating the laying of the cornerstone on August 26 of that year. The Chapel built inside the current church holds many beloved items from the original church, among which are beautiful stained glass windows donated by long-time families, the Pulpit dedicated in memory of Reverend C. E. Ennis by the Methodist Youth Fellowship, and the Baptismal Font dedicated in memory of James S. and Doris Conner Coffin by their family.

The lifeblood of any church is the faith and tireless efforts of the church's members. Two such dedicated members over the years have been Reverend Olin Shockley who became part of the church 64 years ago, and Mrs. June Todd, AUMC's Choir Director for an amazing 53 years. Reverend Shockley met his future wife Dorothy at AUMC and the two were married at the church 61 years ago by Reverend Hornung. In fact, Reverend Shockley says it was under the spiritual leadership of Reverend Hornung when he

first felt the calling to become a minister.

When Mrs. June Todd arrived at AUMC in June 1962, it was as the new bride of her husband, Omar Todd. Mr. Todd's construction company was hired to tear down the former church and do the pile driving for the new church. Mrs. Todd relates that the father of Jackie Cropper Insley was in charge of the new church's construction, and he scurried to complete the construction in time to host his daughter's wedding to Dr. Phillip Insley on August 18, 1962. Carpenters were still working on the pews on the night of the wedding rehearsal. In Mrs. Todd's tenure as choir director, she has served as the president of the United Methodist Women in 1975, the



same year when she and Sara Jarmon printed up a small booklet commemorating the church's 60th anniversary that included a glued-on photograph of the church – long before today's technology wonders. There have been 31 pastors in AUMC's history and Mrs. Todd has served under 13 of them. The church's current pastor is Patty Frick marking its first female pastor.

*please see **aumc** on page 8*



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New rule allows transfer on death for a vehicle

By **Mike Mathers**

A lot of great movies came out in the year 2000, from “Gladiator” to “Erin Brockovich,” and also “Cast



Mike Mathers

Away” and “The Perfect Storm.” Recently though, I found myself thinking of that classic (or at least classically stupid) Ashton Kutcher movie, “Dude Where’s My Car.” That’s because many estate plans don’t

make it very clear how vehicles are supposed to be treated.

For example, you may envision that certain specific items in your home will be given to particular people on a list of bequests and that the money in your accounts will be split evenly between your children. But, dude, where’s your car? If your will has a tangible personal property paragraph, the car will be considered tangible property. That might mean that one of your children or other beneficiaries could select the vehicle at the same time that other heirlooms are being chosen. If no specific plan is made for tangible personal property, or if the will says to sell the tangible personal property at auction, then your vehicle will probably be sold and the money will be distributed to your beneficiaries.

For many assets you can bypass the will entirely. Most retirement plans allow the owner to list designated beneficiaries, and also bank accounts can have a TOD (Transfer on Death) provision or a POD (Pay on Death) provision. This means that the account automatically passes outside of the will to the named beneficiary. If, once again, you are asking, “dude, where’s my car?” then you will be interested to

hear about change at the Maryland Vehicle Administration.

Starting this year, the MVA released form VR 471, which designates a person or entity to receive title to your vehicle automatically upon your death. This new form is available online or at the MVA and can be turned in to become a part of the title to your car. Just like a bank account with a designated beneficiary, the car remains absolutely yours during your lifetime. However, the beneficiary can automatically assume title after you pass.

Now, a lot of my clients try to drive their vehicles as long as possible, and might say to me, “Dude, my kids don’t want my car.” However, there are some people for whom this new MVA rule is a real benefit. Many people who use a Revocable Living Trust title all of their assets into that trust, except their car. The reason for that is that if you are ever sued as part of an auto accident, that the trust would be listed as the owner of the vehicle. Now, by filling out the MVA’s TOD form, you can make sure that after you die, your car will automatically go into your trust along with the rest of your assets.

Other situations where this is helpful is for someone who doesn’t have any other assets besides a car (this happens to nursing home Medicaid recipients) or if you simply want to pass a vehicle to a particular person outside of the will. All of these goals can be easily accomplished by filling out this new, simple form and turning it in to the MVA. There is even room in the margin to write, “Dude, here’s my car!”

Mike Mathers is a local attorney who practices in estate planning and elder law. He can be reached at 410-208-3331. or Mike@mbmatherslaw.com.



Pizza Pi - Stephen Decatur High School seniors **Justin Meekins, Jenna Leitgeb, Mallory Rolleston** and **Conor May** teamed up to compete in the Mu Alpha Theta annual pie eating contest during the annual “Pi Day” event, which celebrates the mathematical constant 3.14.

Holy Week observances announced

Bethany United Methodist Church has announced its observances during Holy Week. On Holy Thursday, April 2, Holy Communion, hand washing and readings for reflection will be offered between noon and 7 p.m. A Good Friday Observance will be held between 9 a.m. and 9 p.m. on April 3. Worshipers will be able to visit the seven “Centers of the Cross” to pray and meditate. There will be an Easter Sunday Sunrise Service at 6:30 a.m. on April 5 at Assateague State Park located at the end of Route 611. The service will be followed by breakfast at 7:30 a.m. Easter Worship services will be held at 10 a.m.

The church is located at Route 611 and Snug Harbor Rd. in Berlin. For more information call 410.641.2186

Letters sent to The Courier for publication consideration must be signed and include a telephone number where the author can be reached to verify authenticity, if necessary. Letters are not corrected for spelling or grammar and priority will be given to letters of 300 words or less. Letters must be received by Friday at 5 p.m. They can be e-mailed to:

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aumc

from page 7

The legacy at Atlantic United Methodist Church is truly worth celebrating – to honor the old, review the church’s progress and to look to the bright future ahead. The church invites the public to many events planned this year starting with Mrs. Todd’s leadership of the Community Hymn Sing on March 22 at 4 p.m. and a Family Fun Night on May 17. Worship services are at 8:30 and 10 a.m. on Sundays mornings, and there will also be a Boardwalk service that will run from Memorial Day to Labor Day. The church is located at 105 4th Street in Ocean City and all are welcome.

Taylor's Restaurant celebrates Sweet Sixteen in 2015

By **Jean Marx**

Nearly 16 years ago, Taylor's Restaurant owner Craig Davis spotted the "For Lease" sign in the window of the restaurant that had existed where Taylor's is now. The timing felt right for Mr. Davis and he decided to jump at the chance. He had always dreamed of owning his own restaurant and he realized he

privileged to have worked with them. Without them, we wouldn't be where we are today."

In his first year, Mr. Davis bought a lot of the equipment from the former restaurant. Keeping a watchful eye on expenses and employing a great crew from the outset launched Taylor's on its way and these continue to be key ingredients in the

yourself with good people and things usually work out."

Taylor's Restaurant is open year-round for lunch and dinner and is equipped with a full service bar. Examples of favorite meals Taylor's is known for are their burgers, crab cakes, shrimp salad and a variety of other regular salads. Additionally, every night of the week, they feature hand-cut Filet Mignon and dinner specials. In the winter months, Mr. Davis goes a step further to entice his customers to come out for a warm, delicious meal by offering nine entrée dishes for just \$9.95 each.

As with most businesses in the area, the economic recession of 2008-2009 also affected Taylor's. Because so many of the restaurant's customers are tied into real estate such as agents, brokers and construction workers, the economic downturn also rippled through the restaurant. These leaner times inspired Mr. Davis and his staff to think creatively to find new ways to keep their customers returning.

Before relocating to Ocean Pines, Mr. Davis often came to the beach for vacation when he was still living in Gaithersburg, MD 16 years ago. He said Ocean Pines always seemed "like a home away from home." He made his home here and has a daughter and two sons, ages 11, 9 and 7, whom he describes as his proudest accomplishments. He loves living at the beach and no longer having to sit in rush hour traffic.

For people seeking to go into business, his advice is to research what you want to do and go for it when you find the right opportunity. "Learn what sells and what doesn't and listen to suggestions from your staff

and customers." In Taylor's first year, their menu was only one page long, and today it is four pages long due to heeding the suggestions of staff and customers in adding to the menu over the years. Mr. Davis sums up his feelings about being in Ocean Pines by saying, "I love having Taylor's here – it's such a nice community full of good, hard-working people." He and his staff are eager to embrace the next 16 years.

Jean Marx owns "Time Flies," a local business specializing in helping people capture their special memories in print through a variety of venues such as self-publishing. She can be reached at 443-880-0045 or at jmarx.timeflies@gmail.com.



might not get a second chance.

In Mr. Davis's first year, he sought the advice of two key people in his life – his parents. He says that his parents have always been two of his biggest supporters. Additionally, with his parents running a successful financial planning business, Mr. Davis learned a lot by observing how they organized it, managed it and ran it on a day-to-day basis. Mr. Davis says he owes another huge debt of gratitude to his dedicated staff, most of whom have been with him for at least 10 years and many since the very beginning. "I want to mention how important the staff is – they've gone above and beyond. I feel truly

restaurant's success. Although he indicates that he went to school for restaurant management, Mr. Davis says that he learned the majority about how to run a restaurant by doing it. He says it is always a learning experience but was especially so in the first year. "You have to learn everything – analyzing the menu on a daily basis, learning what kinds of drinks customers like, and managing the ins and outs of the restaurant's expenses, etc." However, he quickly adds, "As the saying goes, surround

**The LORD will surely save me
So we will play my songs on
stringed instruments** Isaiah 38:20



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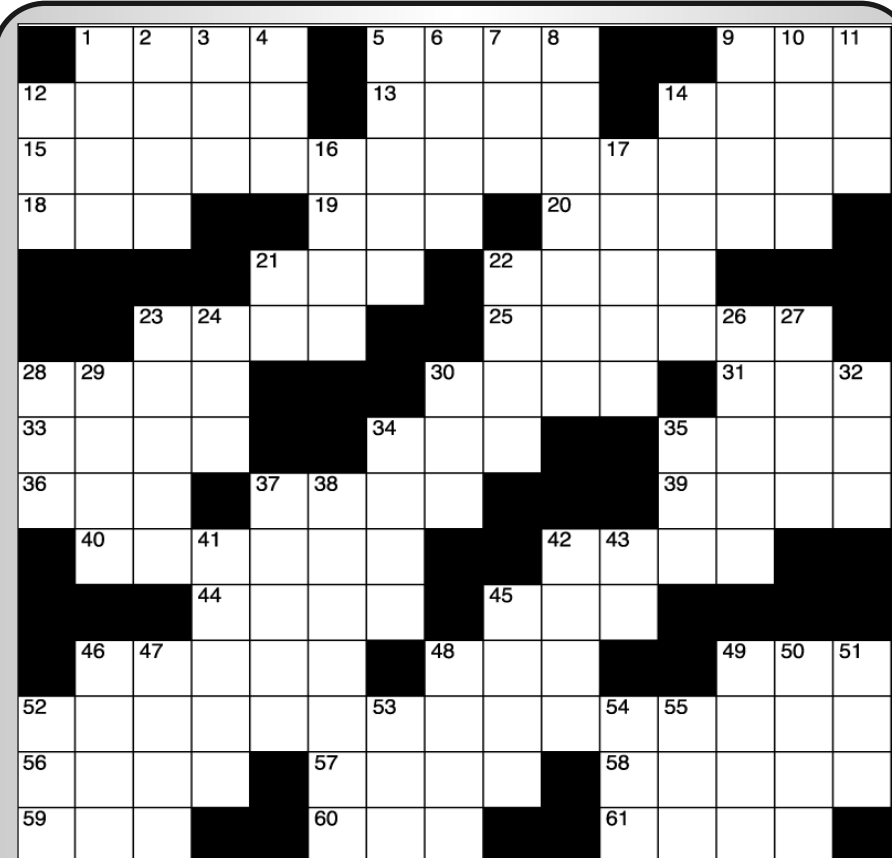
Stella Artois \$4.95

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ACROSS

- 1. Hair on the head
- 5. Cirques
- 9. Thai (var.)
- 12. S. China sea-port
- 13. Swiss river
- 14. Unstressed-stressed
- 15. Beginner Dr. Suess book
- 18. Begetter
- 19. Singer ___ Lo Green
- 20. Shaded promenades
- 21. Not wet
- 22. Grow weary
- 23. Philippine Island or it's seaport
- 25. Teeter-totter
- 28. Not alive
- 30. Golf scores
- 31. Tap gently
- 33. Ancient ointment
- 34. Constitution Hall org.
- 35. Icelandic poems
- 36. Citrus drink suffix
- 37. Detailed design criteria
- 39. Dignified manner
- 40. New York island

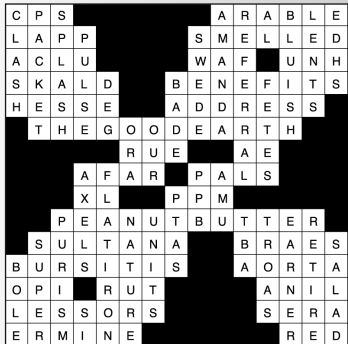
- 42. Clods
- 44. Camera optic
- 45. Add sound into a film
- 46. Ringworm
- 48. Tablet
- 49. Defense Department
- 52. 3rd "Star Wars" film
- 56. Raincoats
- 57. Restaurant
- 58. Head fronts
- 59. Burn residue
- 60. Immature newt
- 61. After ones

DOWN

- 1. "Dragon Tattoo" actress
- 2. Received an A grade
- 3. No (Scottish)
- 4. Very long period of time
- 5. Crafty & shrewd
- 6. Hourly payment for services
- 7. Married woman
- 8. More disreputable
- 9. F. Lamas' 3rd wife Arlene
- 10. 11-23-14 awards show
- 11. Big Blue
- 12. Million gallons

- per day (abbr.)
- 14. Runs out of gear
- 16. Beige
- 17. Nostrils
- 21. Unit of loudness
- 22. Czar
- 23. Insert mark
- 24. Doctor of Education
- 26. ___ Adaba
- 27. Walk with your feet in water
- 28. Genetic information carrier
- 29. Great St. Louis bridge builder
- 30. Political action committee
- 32. Cast out
- 34. Cub Scout groups
- 35. Voltage
- 37. Guide
- 38. Self-mortification

- tion
- 41. Alder genus
- 42. Awadh
- 43. Blood type
- 45. Meeting arranged
- 46. Green, black and oolong
- 47. It causes scratching
- 48. Slang saying of disbelief
- 49. Art ____, 1920's design
- 50. Lyrics
- 51. Show disrespect to
- 52. Returned material authorization, abbr.
- 53. Clod or lummo
- 54. Computerized money movement
- 55. Mandible & maxilla



Answers for Mar 18

For Art's Sake
'Hand sewing the American flag'

By **Stasia Heubeck**

Local artist, Mary Jane Hastings, has made art an important part of her life. Her beautiful paintings are charming and full of light and she has a unique style that identifies her work. Mary Jane's approach to painting has been influenced by Andrew Wyeth, her

Janet Hastings Loveland, in their Selbyville boutique, Hometown, where crafts, cards and Mary Jane's paintings are on display. This shop also carries an array of painting supplies, including canvases, oil and acrylic paints, water colors and brushes. Mary Jane's other daughter, Nancy Hastings Fox, who lives in South Carolina, is also an artist, and makes jewelry.



Mary Jane Hastings

Although Mary Jane has been painting since she was a child, she became more serious about her art after taking classes at Salisbury University in art history and studying with Mr. Progar. When she moved to Ocean Pines 21 years ago, she converted an attic room, with its skylights and large window, into a studio. She paints there almost every morning. Her exhibitions have been seen at galleries and libraries in Salisbury, Berlin and Ocean City, where she

has won many prizes. She is most proud of the award given by The National Society of the Daughters of the American Revolution for her painting, "Hand Sewing the American Flag," which she won in their American Heritage Contest. A prolific artist, she likes to paint with acrylics, some very large pieces and some as small as one inch square. Presently, her miniatures are on display at the Ocean City Center for the Arts, where she is the Artist in Residence for the month of March. Mary Jane does not like to be called an artist. "Art does not need me, she says, but I need art."

favorite artist. But the thick paint strokes and use of the palette knife, seen in many of her paintings, were taught to her by Henry M. Progar, a well-known professional artist and instructor from Laurel, Delaware. Born in Baltimore, Mary Jane grew up in several states as the family followed her architect father to his various jobs. He eventually worked at the Pentagon and helped with its design. Mary Jane worked for American Airlines, met her husband, Harold, an Eastern Shore native, and eventually settled in Selbyville where they raised their family. Their son, Glenn, an accomplished artist, works with his sister,



Patti Miller, Todd Ferrante, Jon Sherwell, John Harrison, Greg Shockley, Jerry Wilson, Lou Taylor

Bank donates to foundation

Representatives from M&T Bank recently presented the Worcester County Education Foundation (WCEF) a \$2500 donation to help expedite the Worcester County Board of Education’s digital conversion. Jon Sherwell and John Harrison were on hand to present the M&T check. They praised the newly formed WCEF for leading the charge to raise necessary additional funds to upgrade all Worcester County Schools technological teaching capabilities. M&T Bank proudly supports education in the community but is especially interested in the digital conversion project that will provide an equal opportunity for every child K-12 to use and become proficient with problem solving, using digital tools. Sherwell and Harrison discussed the digital transformation they have observed in the banking industry; going from paper to digital transactions.

The Worcester County Education Foundation’s mission is to establish a proactive partnership between the community and the public school system by linking community resources with the educational needs of its students to prepare them to succeed. The (WCEF) was

created in 2014 as an independent; public-private partnership to answer the immediate deficit in funding that is needed to expedite digital conversion in every Worcester County school. Upon completion, the goal is to provide every child and teacher with equal access to necessary digital technology. The foundation recognizes the Worcester County Commissioners unwavering support for education, which is reflected in its annual budget. Unfortunately, county funding alone is not enough to expedite the digital conversion process. In addition, the foundation found that the reality of the inadequate Public Schools’ State Funding formula contributes to the gap in funding necessary for digital conversion. For example, the current state formula provides only \$2,992 in state funding for each child in Worcester County School system, while the formula provides \$11,164/per student to the Baltimore County School system. Closing the current funding gap in order to expedite the digital conversion of our schools is the foundation’s current focus.

Understanding dementia

By **Dawn Denton, RN**

Dementia is not a specific disease. Instead, dementia describes a group of symptoms affecting memory, thinking and social abilities severe enough to interfere with daily functioning. Dementia indicates problems with at least two brain functions, such as memory loss and impaired judgment or language, and the inability to perform some daily activities such as paying bills or becoming lost while driving.

Dementia symptoms vary from person to person but they are divided into two categories: cognitive and psychological. Cognitive changes include memory loss, difficulty communicating or finding words, difficulty with complex tasks, difficulty with planning and organizing, difficulty with coordination and motor functions and problems with disorientation, such as getting lost. Psychological changes include personality changes, inability to reason, inappropriate behavior, paranoia, agitation and hallucinations.

Dementia has many different causes. Some medical conditions can cause dementia symptoms, especially in older people. All dementias reflect a functional problem in the part of the brain that controls perception, memory, thoughts, language and consciousness. Medical professionals may either separate the causes into cortical or subcortical (different parts of the brain) dementias or into reversible and irreversible dementias.

Irreversible diseases include Alzheimer’s disease, which causes abnormal protein deposits in the brain which destroy cells in the areas of the brain that control memory and mental functions. The second type of dementia is caused by atherosclerosis, or hardening of the arteries, in the brain. Deposits of fats, dead cells and other debris form on the inside of arteries,

partially (or completely) blocking blood flow; this type is called vascular dementia. A third type, Lewy body dementia, is similar to Alzheimer’s and includes fluctuations between confusion and clear thinking, visual hallucinations, and tremor and rigidity (Parkinsonism).

Dementia-like symptoms can be brought on by a range of issues including infections, immune disorders or medication’s side effects. People may develop thinking difficulties if they have brain infections like meningitis and encephalitis, untreated syphilis, Lyme’s disease, or conditions that cause a completely compromised immune system, such as leukemia. People with physical problems such as: thyroid, too little sugar in the bloodstream (hypoglycemia), too low or too high amounts of sodium or calcium, or an impaired ability to absorb vitamin B-12 may develop dementia-like symptoms or other personality changes.

Diagnosis of dementia is difficult and requires multiple tests to be performed by a medical professional. In a neurological evaluation, doctors will evaluate a patient’s movement, senses, balance, reflexes and other functions. Doctors may use the neurological evaluation to diagnose other conditions. Doctors may order brain scans, such as a CT or MRI, to check for evidence of stroke or bleeding and to rule out the possibility of a tumor. Simple blood tests can rule out physical problems that can affect brain function, such as vitamin B-12 deficiency or an underactive thyroid gland.

Most types of dementia cannot be cured. However, doctors can help manage symptoms and slow the progression of the disease. If you or a loved one shows signs of dementia seek an evaluation by a healthcare provider. A good place to start is with your regular primary care provider especially if they are familiar with the normal behaviors of you or your loved one. This is an example of why the ongoing relationship with a primary healthcare provider is so important. If further evaluation is necessary then a referral can be made to a neurologist or other specialist.

In our area there are support groups and education classes that can help manage and deal with a diagnosis of dementia.

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., March 26	12:48 a.m. 1:12 p.m.	7:23 a.m. 7:29 p.m.	6:55 a.m.	7:18 p.m.
Fri., March 27	1:47 a.m. 2:13 p.m.	8:24 a.m. 8:28 p.m.	6:53 a.m.	7:18 p.m.
Sat., March 28	2:52 a.m. 3:18 p.m.	9:26 a.m. 9:29 p.m.	6:52 a.m.	7:19 p.m.
Sun., March 29	3:58 a.m. 4:20 p.m.	10:25 a.m. 10:29 p.m.	6:50 a.m.	7:20 p.m.
Mon., March 30	4:54 a.m. 5:11 p.m.	11:17 a.m. 11:24 p.m.	6:49 a.m.	7:21 p.m.
Tues., March 31	5:41 a.m. 5:56 p.m.	12:01 p.m.	6:47 a.m.	7:22 p.m.
Wed., April 1	6:22 a.m. 6:36 p.m.	12:12 a.m. 12:39 p.m.	6:46 a.m.	7:23 p.m.

Church to present play

St. Paul United Methodist Church will present the stage play, “Where Do We Go From Here?” on Friday, April 3 at 7 p.m. The church is located at 405 Flower Street in Berlin. All are welcome. For more information contact Velda Henry at 410-641-0450 or 410-726-9317.

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Snack foods that promote better sleep

According to the National Sleep Foundation, changes in sleep patterns are a part of the aging process. Many people experience difficulty falling asleep and then staying asleep as they age, and that difficulty can make men and women over 50 feel more tired during the day.



But even though difficulty sleeping may be a part of aging, that does not mean men and women over 50 cannot take steps to improve their sleeping patterns. For example, certain snack foods may help to improve quality of sleep, especially when these foods replace less healthy snacking options. While men and women over 50 should always consult with their physicians before making any changes to their diets, the AARP notes that the following are a handful of snack foods that promote better sleep.

- **Almonds:** Magnesium is a mineral with muscle-relaxing properties, and almonds contain enough magnesium to help men and women get a better night's sleep. A small amount of almonds before bed might be enough to make falling and staying asleep easier.

- **Bananas:** Much like almonds, bananas provide a substantial amount of magnesium. Bananas also contain the amino acid tryptophan, which many people associate with Thanksgiving turkey. While tryptophan might be most often associated with the sleepiness people feel after eating a holiday meal, it

also has been linked to better sleep quality, so a banana shortly before bed might be just what you need to fall and stay asleep.

- **Cheese and crackers:** One more traditional snack may just help you get a better night's sleep. Cheese and crackers contain tryptophan and carbohydrates, which can induce a better night's sleep and help you fall asleep sooner.

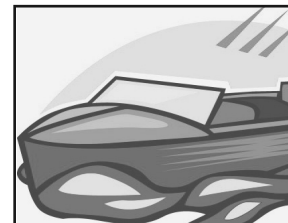
- **Cherries:** Cherries contain the sleep hormone melatonin, and the AARP notes that recent studies indicated that participants who drank tart cherry juice on a daily basis fell asleep more quickly and slept longer and better than participants who did not.

- **Hummus:** The primary ingredient in hummus is chickpeas, which are loaded with tryptophan, folate and vitamin B6. Folate has proven especially beneficial to older men and women who need help regulating their sleep patterns, while vitamin B6 helps the body regulate its clock.

- **Peanut butter:** Peanut butter is another snacking item loaded with tryptophan. Spread some peanut butter on a carbohydrate, whether it's a slice of toast or some crackers, before going to bed, and you may enjoy a better, longer sleep.

- **Walnuts:** Like cherries, walnuts contain melatonin, which can contribute to a longer, more restful night's sleep. Walnuts also can help regulate stress, which is a leading cause of sleeping difficulty.

Many men and women experience difficulty sleeping as they age. But the right foods may just help combat such problems and help men and women get a more adequate night's sleep.



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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played

every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs. & Fri.

Church Thrift Shop

Stevenson United Methodist Church in Berlin is open Wed. - Fri. 10 a.m. - 2 p.m. Sale Fridays. Call 410-641-1137.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is

open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

Sundays

Sunday Night Serenity **Al-Anon Family Group** at The Woodlands/Independent Living Apt. Bldg. 1135 Ocean Parkway-Ocean Pines, Md. 21811

Third Sunday

Sharing Sunday

Bring non-perishable groceries and paper goods to the Ocean Pines southside fire hall 1 -3 p.m. to benefit local food banks.

Third Monday

Democratic Women

The Democratic Women meet 9:30 a.m. for coffee followed by a meeting at 10 a.m. at the Ocean Pines Community Center. Guests and new members are welcome.

Third Tuesday

Widows & Widowers Social Club.

Group meets in Ocean Pines at 1 p.m. for luncheon meeting. Call 410-208-1398.

Third Wednesday

Survivors of Suicide Meeting

Starts at 6 p.m. at the Worcester County Health Department. 9730 Healthway Drive, Berlin. Open to anyone who has lost a friend or loved one to suicide. Quiet listening, caring people, no judgment. For more information, call 410-629-0164 or visit www.choosetoliveinmaryland.org.

Fourth Wednesday

Marine Corps League

First State Detachment Marine Corps League raises funds for a variety of charities and meets at 7 p.m. in VFW Post 8296, 66th St. Ocean City. Open to all fellow Marines and FMF Corpsmen. Visit www.firststatemarines.org.

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Things to consider before getting a dog

Dogs are wonderful companion animals, providing their owners with loyal friends who are seemingly always up for walks or games of frisbee.

Dog ownership is rewarding, but it is also a significant responsibility. Before adopting a shelter dog or buying from a breeder, prospective dog owners should consider a host of factors to determine if now is the best time for them to welcome a new four-legged friend into the family.

-Time: Some pets do not require their owners to commit much of their time. For example, fish and bird owners do not need to take their pets outside for walks or bathroom breaks, making them ideal pets for men and women who want a pet but do not have the time to devote to caring for more needy animals. Men and women considering getting a dog should make an honest assessment of how much time they have to take care of their animals. Dogs do not just need their owners to take them for walks and let them into the backyard to go to the bathroom. Dogs are social animals and need their owners to spend time with them every

day. Men and women with especially hectic schedules may want to delay getting a dog until they can free up more time in their days.

· Money: Owning a dog requires a considerable financial commitment, one that extends far beyond the adoption fees or prices established by private breeders. Dogs need food, comfortable shelter, toys, and medical care, which can be extensive should dogs get sick. Some dog owners buy pet insurance to offset the cost of veterinarian visits, while others simply pay out of pocket when their dogs have medical expenses. Dogs tend to hide physical problems from their owners, which is why routine veterinary visits are so important. Many veterinarians recommend at least annual visits for dogs under the age of 10 and visits every six months for dogs 10 and older. Men and women should make sure they can afford those visits before bringing a dog into their lives.

· Climate: Where you live should also influence your decision to get a dog. Though climate will not necessarily prevent you from adopting a dog,

you may want to avoid adopting certain breeds of dogs depending on where you live. For example, short-nosed breeds, including English bulldogs and pugs, are highly susceptible to heat stroke, as their shorter airways give them less of a chance to cool the air they draw into their bodies. Men and women living in especially warm climates may want to avoid short-nosed breeds in favor of dogs that are better equipped to handle the heat.

· Age of the dog: Many prospective dog owners want to adopt puppies so they can be with their new best friends throughout the dogs' lives. But puppies can be difficult to house train, and that

training takes a combination of time, money and patience. If you are not ready to commit all three to house train your dog, then consider adopting an older dog that is already house trained.

· Family members or roommates:

Dogs make wonderful additions to a home, but not everyone is cut out for living with dogs. If you live with other people, be it family members or roommates, it is best to consult with them before bringing a dog home, as dogs can change the dynamic of any living arrangement. In addition, you may unknowingly live with someone who has a dog allergy and cannot cohabitate with a dog. Consult the people you live with before bringing a dog home, and only do so if you have their blessing.

Dogs are great companions who can greatly improve their owners' quality of life. But dog ownership is not for everyone, and prospective dog owners should first consider a host of factors before bringing dogs into their homes.



15th Annual Ocean Pines Community Easter Sunrise Service

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