

# The REMINDER

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Rhode Island's First Buyers Guide

September 22, 2015 • Volume 61 • Issue 19

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- Online at [www.thundermisthealth.org](http://www.thundermisthealth.org)
- Day of the Race, at Royal Mills

*All proceeds benefit Thundermist Health Center*



For more information or to purchase ducks, visit us online at [www.thundermisthealth.org](http://www.thundermisthealth.org) or call Jenny at (401) 235-6887.

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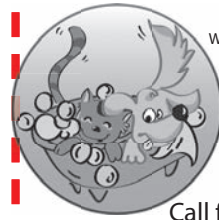
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the program can be saved.

**Please visit [www.change.org](http://www.change.org)**

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**Obituary**



**Morrison E. "Bud" Horridge**

Horridge, Morrison E. "Bud", Jr., 69, of Coventry, passed away Saturday, September 12, 2015. He was the beloved husband of Jane D. (Carmen) Horridge for forty-seven years.

Born in Providence, he was a son of the late Morrison E., Sr. and Agnes A. (Ashton) Horridge. Mr. Horridge was a US Navy Veteran serving on the USS Midway during the Vietnam War. He joined the RI Army National Guard where he served in the 103rd Artillery and taught at Camp Varnum.

He received a BS in Business from Johnson & Wales University.

He worked at Hoechst Celanese Chemical, Dewal and Carbon Tech before retiring. He enjoyed golfing, fishing, bowling and going to the casino.

He was a member of the DAV, the American Legion Post 163 Maine Chapter; and was a Mason with Lodge No. 0104 in Weeks, ME.

Besides his wife, he leaves six children, Morrison E. Horridge, III and his wife Maria of Coventry, Scott J. Horridge and his wife Shanon of Cranston, Kerry Morgan and her husband Richard of Westerly, Brian J. Horridge of Bangor, ME, Bonnie Mackenzie and her husband Brett of South Kingstown and Susan Whitten and her husband Jess of Milford, NH; a brother, Gregory Horridge of MS; a sister, Gail Randall and her husband Richard of FL; and eleven grandchildren. He was the brother of the late Mark S. Horridge.

Relatives and friends were invited to attend a Requiem Eucharist, Wednesday, September 19, 2015 at 11am in St. Barnabas Episcopal Church, 3257 Post Road, Warwick. Burial was private. In lieu of flowers, memorial contributions to Home & Hospice Care of RI, 1085 North Main Street, Providence, RI 02904 will be appreciated. For information and condolences visit: [www.FaganQuinnFuneralHome.com](http://www.FaganQuinnFuneralHome.com).

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**Thurs. 9/24** Vegetable soup, Italian style chicken cutlet, wild rice, zucchini, oatmeal bread, apricot half. Sandwich: Low fat seafood salad on oatmeal bread.

**Fri. 9/25** Seafood gumbo, potato crunch fish with tartar sauce, au gratin potatoes, 3-bean salad, wheat bread, sponge cake. Sandwich: Low salt roast beef and cheese with mayo on wheat.

**Mon. 9/28** Chicken soup with anci de pepe, Sloppy Joe, cole slaw, wheat hamburger roll, ice cream sandwich. Sandwich: Low salt turkey and cheese on wheat roll.

**Tues. 9/29** Lemonade, low sodium hot dog on roll, baked beans with condiments, mixed vegetables, fresh fruit. Sandwich: Hamburger on a roll with condiments.

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**Thurs. 9/24** Split pea soup, pot roast with gravy, mashed potatoes, green beans, biscuit, carrot cake. Option: Chef salad.

**Fri. 9/25** Greek salad, chicken teriyaki, vegetable rice soup, stir fry veggies, apple turnover. Option: Seafood salad.

**Mon. 9/28** Fruit salad, Swedish meatballs, roasted asparagus, grapenut pudding. Option: Roast Beef Sandwich.

**Tues. 9/29** Birthday Lunch! Mushroom barley soup, stuffed pork chop, wild rice, baby carrots, chocolate cake. Option: Greek salad.

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Tyler Free Library, 81A Moosup Valley Road, Foster will hold Tyler Tykes, a drop-in Playgroup, on Fridays at 10AM. This Playgroup is open to preschoolers & their caregivers. Enjoy a morning of meeting & chatting with other caregivers while the children play. Coffee for moms and snacks for kids will be provided. Call 397-7930 to register or for more information.

CELEBRATE COVENTRY COMMITTEE SEEKING YOUR FAVORITE FAMILY RECIPES  
The Celebrate Coventry Committee is compiling a Cookbook to help celebrate the 275th Anniversary of Coventry. They are looking for favorite family recipes from days gone by up to as recent as today. Each recipe in the Cookbook will include the name of the person submitting the recipe and/or the name of a friend or family member who shared that recipe with you. You may also include a personal remark for a submission if you wish. To share a recipe, please send to slukowicz@verizon.net or cwilcox@coventryri.org

“GETTING READY FOR KINDERGARTEN” PROGRAM AT COVENTRY PUBLIC LIBRARY  
The Coventry Public Library, 1672 Flat River Road, Coventry will hold a “Getting Ready for Kindergarten” Program for children ages 4 & 5 who will begin Kindergarten in the 2016 School Year. Stories from the Getting Ready for Kindergarten calendar based on the RI Early Learning Standards will be featured along with activities, crafts & snacks. The program will meet on the 4th Tuesday of each month from September-May at 6:30PM. Register at the Library or by calling 822-9102.

KOREAN WAR VETERANS NEEDED  
Korean War Veteran Ch. 2 looking for new members. Very active in state. Please call Joe at 340-7804 for information.

\*\*\*  
Good advice is something a man gives when he is too old to set a bad example.  
—Francois de La Rochefoucauld  
\*\*\*

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One day he says “a local businessman should list the salaries and benefits of the firefighters to show how greedy they are” and a few days later he sits with the firefighters and tells them “the taxpayers are stupid for rejecting the CCFD budget serval times”.

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Angels on Horseback Therapeutic Riding School in Ashaway is taking applications for volunteers. Assistance is needed to help handicapped children with riding lessons as well as side walkers, qualified horse leaders, barn help, game assisting and arts & crafts. Come see what all the Buzz is about at Angels and experience a wonderful volunteering experience. For more information, call 364-6106 or visit [www.angelsonhorsebackri.org](http://www.angelsonhorsebackri.org)

**RI CHILDREN'S GOLF COURSE FUNDRAISING GOLF TOURNAMENT**

The RI Children's Golf Course invites you to their fundraising Golf Tournament on October 26 at Valley Country Club. It's a noon Shotgun Start, Scramble format with 4-person teams, dinner following play. There will be a Ladies Division. Entry Fee is \$125/individual or \$500/team. All proceeds benefit RI Children's Golf Course's mission that teaches youngsters life skills, healthy habits & good values through the game of golf. To sign up, donate, or for more information, call 215-0776.

**NORWOOD BAPTIST CHURCH ANNUAL TURKEY SUPPER**

Norwood Baptist Church, 48 Budlong Avenue, Warwick, will host its 63rd Annual Turkey Supper on October 17, with seatings at 5 & 7PM. The traditional Harvest Supper will be served buffet style with sliced roasted turkey, stuffing, gravy, whipped potatoes, butternut squash, green beans, rolls, cranberry sauce, coffee, tea, milk and pie. Tickets are \$10 per adult & \$4 per child (3-10). Advance reservations are required by calling 941-7040.

**SWINGING SQUARES OF RI DANCE WORKSHOPS**

The Swinging Squares of Rhode Island will hold Square Dance Workshops on Monday Nights, September 14, 21 & 28 from 7-9:30PM at the East Smithfield Neighborhood Center, 7 Esmond Street, Smithfield. Cost is \$6/person. Contact Lynne at 1-508-852-7164 for more information.

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by Larry Cox

**Belt Buckle**

**Q.** I was recently given a Wells Fargo belt buckle that is identified as being made by Tiffany and Company. What can you tell me about it? — *Keith, Crescent Valley, B.C., Canada*

**A.** According to the Antique Trader Guide to Fakes & Reproductions by Mark Chervenka, your belt buckle is a knock-off and was probably made during the 1960s. In addition to Wells Fargo buckles, others also were issued, including ones featuring such highly collectible names as Winchester, Coca-Cola and Abraham Lincoln.

**beautiful. I want to sell them.** — *Dominic, Warren, Michigan*

**A.** There are bedspreads and there are bedspreads. Since you provided me with no information, I really can't help you. Are your bedspreads handmade quilt, turn-of-the-century woolen camp blankets or coverlets that feature intricate Victorian handwork? What the quilt is made of and when it was crafted determine to a great extent whether there is a demand for it. Demand equals salability.

**Q.** I began collecting Hallmark ornaments several years ago, and I am always looking for them in shops and at garage sales. Can you recommend a good, reliable price guide that I can stick in my purse? — *Union, Lynchburg, Virginia*

**A.** There are several excellent guides, but since you specified a small size, my pick would be "Warman's Companion Hallmark Keepsake Ornaments" by Mary Sieber and published by Krause Books. Even though it is in a smaller format, it has detailed listings with more than 550 illustrations in full color. According to a collector I consulted who collects Hallmark ornaments, the prices listed seem to reflect the current market.

**Q.** I have a collection of about a dozen Reader's Digest condensed books. Some have never been read and are in near-new condition. Where can I sell them? — *Freda, Rio Rancho, New Mexico*

**A.** The Reader's Digest condensed books were popular throughout the 1950s and '60s. They have little commercial value. For example, I recently was at a garage sale where several dozen were priced for a buck each. Instead of trying to sell them, have you considered donating them to a charity?

*Write to Larry Cox in care of KFW5, 628 Virginia Drive, Orlando, FL 32803, or send e-mail to [questionsforcox@aol.com](mailto:questionsforcox@aol.com). Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.*

**Q.** I have three antique bedspreads, never used, and



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**OCTOBER COMPUTER CLASSES AT WEST WARWICK PUBLIC LIBRARY**

The West Warwick Public Library, 1043 Main Street, West Warwick, will offer the following classes in October: **The Internet for Seniors - Part 1** on October 1 from 10AM-12PM, **Part 2** on October 8 from 10AM-12PM, **Part 3** on October 15 from 10AM-12PM. **iPad Basics** on October 16 from 10AM-12PM. **Microsoft Word 2007 - Part 1** on October 13 from 7-8:30PM, **Part 2** on October 20 from 7-8:30PM. **Basics 1** (Keyboard & Mouse) on October 7 from 11AM-12:30PM, **Basics 2** (Windows) on October 14 from 11AM-12:30PM, **Basics 3** (The Internet) on October 21 from 11AM-12:30PM, **Basics 4** (Email) on October 28 from 11AM-12:30PM. These are free classes and are open to everyone. Registration required. To register or for more information, please call 828-3750, Ext. 4.

**COVENTRY PUBLIC LIBRARY PRESENTS...**

Sponsored by Centreville Bank, the Coventry Public Library, 1672 Flat River Road, Coventry, presents "An Evening with Ulysses S. Grant" on October 8 at 7PM. Sam & Julie Grant will portray Ulysses S. Grant and his wife Julia for this presentation. General Grant was born in Ohio in 1822 and graduated from the US Military Academy at West Point in 1843 and served in the Mexican-American War. He retired for the first time in 1854, but rejoined the Army in 1861 at the outbreak of the Civil War. He is now considered a military genius, and became the 18th President of the United States from 1869-1877. Call Jane at 822-9104 or email js@coventrylibrary.org to register.

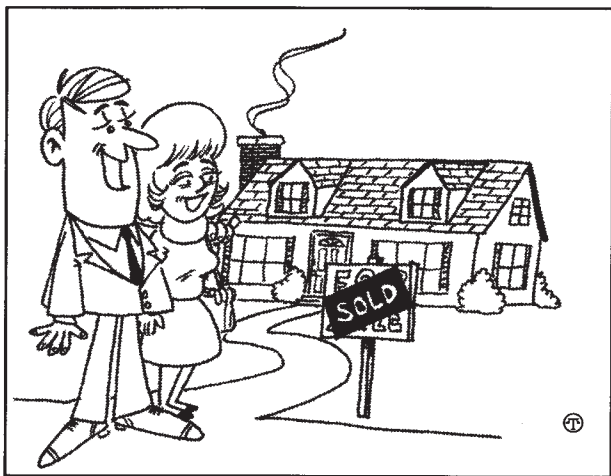
**COVENTRY PUBLIC LIBRARY PRESENTS...**

Sponsored by Centreville Bank, the Coventry Public Library, 1672 Flat River Road, Coventry, presents George Baker, attorney and re-enactor, as John Adams on September 30 at 7PM. Mr. Baker, as John Adams, talks about his life and times in a humorous and moving program entitled "Meet John Adams - Lively and Revolutionary Conversation with America's Second President". Adams describes representing the British soldiers in the Boston Massacre Trial which was the first instance in the American Colonies where the judge instructed the jury that you cannot convict unless you are convinced of the defendant's guilt "beyond a reasonable doubt". Call Jane at 822-9104 or email js@coventrylibrary.org to register.

**COVENTRY PUBLIC LIBRARY EVENING STORYTIMES**

The Coventry Public Library, 1672 Flat River Road, Coventry, will offer **Evening Storytimes** for children ages 3-8 on Wednesdays at 6:30PM from September 30-November 4. No registration is required. Call 822-9102 for more information.

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# Puzzle Page

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## King Crossword

**ACROSS**

1 Pod occupant	50 Vaudeville star	22 Long-running musical
4 "Scram!"	55 Past	23 Jack
8 A really long time	56 Satanic	25 Operatic solo
12 Hooter	57 Astringent	26 Roger Rabbit, for one
13 Warmonger	58 WWW address	27 Sicilian spouter
14 Flew the — (fled)	59 Copenhagen native	28 Ali —
15 Encountered	60 Spiders' creations	29 Microwave
16 All things U.S.	61 Earl Grey, for one	30 Adolescent
18 Full of self-esteem		31 Help in wrongdoing
20 Consumed	<b>DOWN</b>	35 Rills
21 Punch	1 "— and Circumstance"	38 Gang warfare
24 Sudden outburst	2 Basin accessory	40 Superman foe Luthor
28 Its capital is Gaborone	3 Countertenor	42 Meadow
32 Jog	4 Follows secretly	45 Constantly chew at
33 "Hail, Caesar!"	5 Lunch meat	47 Lacking slack
34 Impales	6 Have bills	48 Shrek is one
36 Charged bit	7 Gumbo need	49 Kinks hit
37 Keg contents	8 Take	50 Danson or Koppel
39 Kuznetsova of tennis	9 — long way (last)	51 Eggs
41 Cancel	10 Many millennia	52 Wrestling coup
43 To be (Fr.)	11 Hot tub	53 Kin of 37-Across
44 "Family Guy" daughter	17 "Monty Python" intro	54 Gist
46 Glorify	19 Constitution letters	

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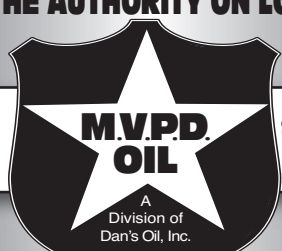
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## MAGIC MAZE • — OF THE DAY

A H D C A X U Q N K H E B Y V  
 S P M O J H E B Y V T Q O L I  
 G D B L L S Y W E T R P M K I  
 F D B O A P Y W R U S Q O M K  
 I F O R D E R S U D B Z X W U  
 S C Q O K C M E T N L J H H E  
 F D C O T I L N C O A C S M Y  
 W V J T S A A D I I T Q I P P  
 N L K I H L E F P A F T D U E  
 C B Z Y W V D H C U M F O S R  
 Q P N M L J I H F E D S O M C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Catch	Dish	Motto	Soup
Color	End	Officer	Special
Cool	Heat	Orders	Time
Deal	Main meal	Picture	

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**Answers**

**King Crossword**

— OF THE DAY —



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primary care center  
of coventry

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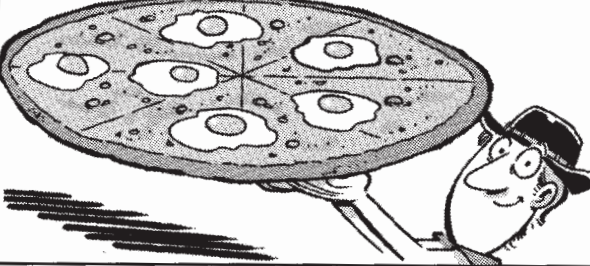
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**MS DREAM CENTER 1ST ANNUAL HEALTH & WELLNESS FAIR**

The MS Dream Center, 155 Gansett Avenue (the Peter Pastore Building), Cranston, will hold their 1st Annual Health & Wellness Fair on October 3 from 1:30-5PM. This free event will feature keynote speaker Peter Calabresi, MD, Director of the MS Center at John Hopkins University. Courtney Macksoud, DPT MSCS, from Rhode Island Rehabilitation Center will perform an exercise demonstration. Walgreens will offer flu shots, blood pressure screenings & Pharmacists to answer questions on medications. For reservations and/or more information email [anne@msdreamcenter.org](mailto:anne@msdreamcenter.org) by September 28.

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## Help Wanted

## Help Wanted

## Help Wanted

## Help Wanted

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## Childcare

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**LOOKING FOR A DELIVERY PERSON:** Friday and Sunday Nights, \$9/hour plus tips. Must have reliable transportation. Experience in kitchen a plus but not needed. Apply in person at Indigo Pizza, 599 Tiogue Avenue, Coventry, after 4PM.

**HELP!** Experienced Only: Baler/Sorter for Scrap Metal Recycler. Must be dependable. Will consider part-time/full time. Clean. BCI. Fax resume to 885-9299 or e-mail metalcommodities@verizon.net

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**CNA'S & RN'S NEEDED** for Kent County and surrounding areas: Per diem. Competitive pay rate. Homecare experience preferred. HomeCare Advantage, 401-781-3400.

**TUTOR NEEDED** for Honor's Class 10th Grade Geometry. College student welcome. Coventry area. Email chrisc401@me.com



### Bring A Celebrity To School By Showing Your Calculator Love

(NAPS)—American parents spend about \$26 billion a year on school supplies for their kids, according to the National Retail Federation.

If one of the things you're getting your student this year is a graphing calculator, it may pay to heed these three hints on choosing the right one:

• **Ask The Teacher:** A graphing calculator may be the most important purchase you make for your student, so ask your child's teacher what he or she recommends and what will be used in class.

• **Check High-Stakes Exam Acceptance:** All major exams, national and state, have specific calculator acceptance policies. Check to make sure the calculator you plan to buy is accepted before you make the purchase.

• **Think Long Term:** Quality graphing technology will last students from middle school through high school and into college. Think about what math and science courses your student will be taking, be it geometry, algebra or advanced-level chemistry, so that the purchase can last a good long time.

#### Love Your Calculator, Win Big

Students who share a photo or video showing why they love their TI calculator and using the hashtag #ilyTIcontest have a chance to win a classroom visit from Mayim Bialik, star of the hit comedy "The Big Bang Theory."

Bialik not only plays a scientist on television, but she is a neuroscientist in real life. "Math and science are fun, especially with the right tools to succeed in the classroom," Bialik said. "I look forward to seeing how students and



**Show your calculator love for a chance to bring Emmy Award-winning actress (and neuroscientist) Mayim Bialik to your school.**

teachers use their creativity and imagination to showcase what their TI technology means to them."

The grand prize winner of the "ILYTI" contest will also receive a classroom set of 30 TI-84 Plus CE graphing calculators. TI's brand new calculator for back to school 2015.

From now through September 18, 2015, anyone over the age of 13 can submit a photo or video highlighting his or her favorite TI technology on Twitter or Instagram. Entrants must include the hashtag #ilyTIcontest. Only video submissions will be considered for the grand prize of having Bialik for a school visit. Ten runners-up will each get a TI-84 Plus CE in the color of his or her choice, be it Radical Red, Positively Pink or Plum Pi. You can view the official rules and see all the submissions at ilyTIcontest.com.

#### Learn More

For further information about Texas Instruments Education Technology, go to [education.ti.com](http://education.ti.com), [education.ti.com/bulleTInboard](http://education.ti.com/bulleTInboard), [www.twitter.com/TICalculators](http://www.twitter.com/TICalculators), [www.facebook.com/TICalculators](http://www.facebook.com/TICalculators), [www.instagram.com/TICalculators](http://www.instagram.com/TICalculators) and [www.youtube.com/TexasInstrumentsCalc](http://www.youtube.com/TexasInstrumentsCalc).



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—Confucius

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**Hints For Homeowners**

**What's Cooking In Kitchens Today**

(NAPS)—If you've been thinking—or just dreaming—of a remodeled or upgraded kitchen, a look at the latest trends may prove inspiring. Industry experts say today's kitchens are influenced, on the one hand, by the very industrial appliances you see in restaurants and on the other, by the maker movement in genres such as foodie, reclaimed and do-it-yourself. Particularly popular are these four styles:

**Kitchen Design Trends**

**1. The Classic Kitchen.** For this look, use bold colors and mix and match materials used for cabinets and countertops. Open shelving is still popular, but glass doors with and without pattern are trending as well. When it comes to the kitchen sink, it's all about the basin. Modular or apron sinks, and single-basin sinks are where the flow is going. Sleek and professional-grade stainless steel appliances serve to balance the color scheme of this kitchen while furnishings provide pops of colors and feature larger-scale hardware. Fixtures feature warm finishes in tones of gold, brushed brass and copper.

**2. Farmhouse Kitchen.** For a homemade attitude with a farm-to-table feel, go for brightly colored or neutral painted cabinets. Find lighting, furniture and accessories that have a handmade, antique feel. They don't actually have to be old. Distressing the new can be nice and it's easily done with certain stain techniques and a little roughing up of the wood.

**3. Black and White Kitchen.** Here, high contrast and bold graphic patterns in classic black and white create a backdrop for a few pops of color in accessories and kitchenware. The restaurant influence is particularly prominent in

**4. The Sophisticated Naturalist Kitchen.** For a bright clean look, this kitchen comes in several shades of gray or brown. Soft, natural-colored or palely painted wood adds a refined vintage look. Organic textures in rugs and linens provide depth while accent colors are understated and nature inspired. Sleek, professional-grade, stainless steel appliances balance out this look and blend beautifully with the gray color palette. For reliable, heavy-duty, professional-grade, stainless steel appliances, many people turn to the Frigidaire Professional series. These offer a simple design and elevated cooking experience and fit in just about any new or current home. The collection is affordably priced and compatible with standard-sized spaces so each piece can easily fit into existing kitchens. When shopping for appliances, it's also a smart idea to look for:

- Convenient storage options, so snacks and meal ingredients are easily accessible.
- Energy-efficient and multifunctional options that make food prep, storage and cooking more convenient and provide small-space solutions.
- Seamless integration of technology paired with a universal design accessible for any age and ability, especially as aging-in-place and multi-generation homes are increasingly popular.

**Learn More**  
 For further facts, tips and trends, go to [www.frigidaire.com](http://www.frigidaire.com).

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**Collecting**  
 by Larry Cox

**Belt Buckle**

**Q.** I was recently given a Wells Fargo belt buckle that is identified as being made by Tiffany and Company. What can you tell me about it? — *Keith, Crescent Valley, B.C., Canada*

**A.** According to the Antique Trader Guide to Fakes & Reproductions by Mark Chervenka, your belt buckle is a knock-off and was probably made during the 1960s. In addition to Wells Fargo buckles, others also were issued, including ones featuring such highly collectible names as Winchester, Coca-Cola and Abraham Lincoln.

**Q.** I began collecting Hallmark ornaments several years ago, and I am always looking for them in shops and at garage sales. Can you recommend a good, reliable price guide that I can stick in my purse? — *Union, Lynchburg, Virginia*

**A.** There are several excellent guides, but since you specified a small size, my pick would be "Warman's Companion Hallmark Keepsake Ornaments" by Mary Sieber and published by Krause Books. Even though it is in a smaller format, it has detailed listings with more than 550 illustrations in full color. According to a collector I consulted who collects Hallmark ornaments, the prices listed seem to reflect the current market.

**beautiful. I want to sell them. — Dominic, Warren, Michigan**

**A.** There are bedspreads and there are bedspreads. Since you provided me with no information, I really can't help you. Are your bedspreads handmade quilt turn-of-the-century woolen camp blankets or coverlets that feature intricate Victorian handwork? What the quilt is made of and when it was crafted determine to a great extent whether there is a demand for it. Demand equals salability.

**Q.** I have a collection of about a dozen Reader's Digest condensed books. Some have never been read and are in near-new condition. Where can I sell them? — *Freda, Rio Rancho, New Mexico*

**A.** The Reader's Digest condensed books were popular throughout the 1950s and '60s. They have little commercial value. For example I recently was at a garage sale where several dozen were priced for a buck each. Instead of trying to sell them have you considered donating them to a charity?

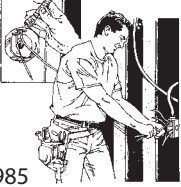
*Write to Larry Cox in care of KFWS 628 Virginia Drive, Orlando, FL 32803 or send e-mail to [questionsforcox@aol.com](mailto:questionsforcox@aol.com). Due to the large volume of mail he receives, Mr. Cox cannot personally answer all reader questions, nor does he do appraisals. Do not send any materials requiring return mail.*

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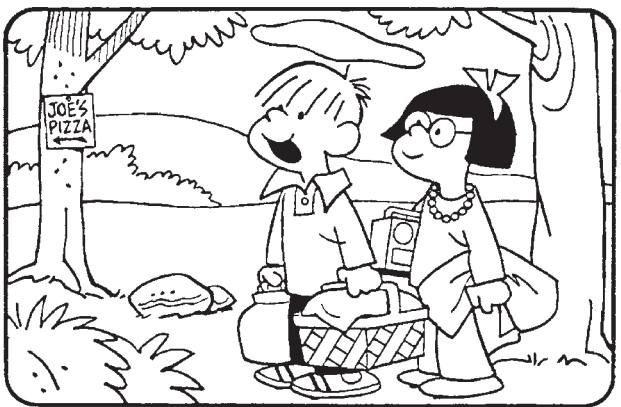
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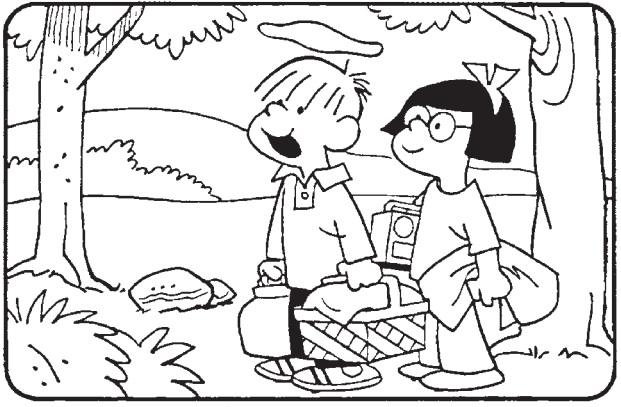
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 Hopkins Hill Fire Department Ladies Auxiliary will hold their Annual Open House and Bazaar on October 18 from 10AM-3PM. The Firefighters will sell clam cakes & chowder in conjunction with the Bazaar. Table rentals are \$25. Call Rhonda at 347-4328 or email rm61burdick@verizon.net for an application or for more information.

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 The Phenix Sportsmen's Club, 715 Main Street, West Warwick will hold a Keno Night on October 2 from 6-8PM. Food will be served. Call 821-9659 for more information.

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 Westwood YMCA will hold a special Fundraising Event, "Wine And Watercolors", on September 26 from 6-8PM at the beautiful waterfront lodge at Camp Westwood. Come learn to paint watercolor with Aileen Quinn. Bring a friend and your favorite bottle of wine to share, complimentary appetizers will be served. All painting supplies are provided and the art piece is yours to keep. Suggested donation is \$35/person. All proceeds benefit scholarships for camp & after school programs. Space is limited to 30 people. Call 397-7779 to reserve your spot today!

**RICE CITY CHURCH ROAST BEEF SUPPER**  
 Rice City Church, 63 Vaughn Hollow Road, Greene (off Rte 14), will hold a Roast Beef Supper on September 26 with seatings at 4:30PM & 5:30PM. Menu includes Roast Beef, mashed potatoes, carrots, green beans, bread & pies for dessert. Cost is \$10 per adult, \$5 per child (6-12), children 5 & under are guests of the Church. The School House Thrift Shop is open most Supper Nights. Please call Phyllis at 397-5743 for more information and/or reservations. If no answer, call Jean at 823-1049 or 822-9144 and leave a message.

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**WEST WARWICK PUBLIC LIBRARY PRESENTS...**  
 West Warwick Public Library, 1043 Main Street, West Warwick, will host Dr. Alan Post to present "Reducing Stress Through Meditation" on October 5 at 6:30PM. The scientific community has recently been exploring the use of meditation as a healing modality. Dr. Post will discuss the extraordinary effect of mediation to reduce stress-related responses, improve concentration, and enhance clarity of thought and metal equilibrium. He will also present a simple, yet powerful mediation technique that can enrich one's life personally, professionally & spiritually. This program is free and open to all. No registration is required. For more information, call 828-3750, Ext. 4 or email ref@wwlibrary.org

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by cindy elavsky

**Q.** My favorite show of last season was "Legends," starring Sean Bean. Will it be back for another season? I thought it would be back over the summer. — Patrick K., via email

**A.** Season two of the hit TNT spy thriller — based on the award-winning book by master spy-novelist Robert Littell — returns Monday, Nov. 2, at 10 p.m. ET/PT. The show has been completely revamped, with a new supporting cast, locations and more. Sean Bean ("Game of Thrones," "The Lord of the Rings") returns as an undercover FBI agent whose world is turned upside down when he discovers that the life he knew — including his name — has all been a lie. Now on the run for a murder he didn't commit, he searches for his true identity, following a trail that takes him to London and the European continent, where he discovers a dark and violent past that holds the key to his future survival.



Sean Bean

The new 10-episode season stars Winter Ave Zoli, Steve Kazee, Aisling Franciosi, Kelly Overton, Klara Issova and Ralph Brown. In addition, Morris Chestnut will guest-star in several episodes, reprising his role from the first season.

In case you're interested, just before the premiere of "Legends," at 9 p.m., is the fall premiere of the second half of season four of "Major Crimes," which has been on hiatus since Aug. 10. Mary McDonnell is back as Los Angeles police captain Sharon Raydor, along with G.W. Bailey, Tony Denison, Michael Paul Chan, Raymond Cruz, Kearran Giovanni, Phillip P. Keene, Robert Gossett, Jonathan Del Arco and Graham Patrick Martin.

**Q.** Is "Wayward Pines" coming back next season? — Martin B., Palm Springs, California

**A.** Fox decided not to renew the sci-fi/mystery/thriller, which starred Matt Dillon and Terrence Howard, and was executive-produced by M. Night Shyamalan. Originally intended as a stand-alone event miniseries, the head honchos at Fox teased that there might be a season two in the works, if

the ratings were there. Apparently they weren't, because the show was not renewed. At least it wasn't the type of show to leave viewers hanging: Much like how each season of "American Horror Story" and "True Crime" are set up, "Wayward Pines" was a self-contained close-ended series.

**Q.** Is it true that Danny Boyle is going to make a "Trainspotting" sequel? — Samuel R., via email

**A.** God willing and the creek don't rise! Director Danny Boyle revealed recently that next on his agenda is adapting Irving Welsh's 2002 novel "Porno" — the sequel to "Train-spotting," which picks up a decade later — for the big screen. Danny told deadline.com: "All the four main actors (Ewan McGregor, Ewen Bremner, Jonny Lee Miller and Robert Carlyle) want to come back and do it. Now it is only a matter of getting all their schedules together, which is complicated by two of them doing American TV series."

Write to Cindy at King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803; or e-mail her at letters@cindyelavsky.com.

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**EXETER ANIMAL SHELTER**  
The Exeter Animal Shelter, 169 South County Trail, Exeter, has cats & dogs needing homes. Please stop by! Call 294-2754 for hours. Pet food donations & volunteers are always welcome. Visit exeteranimalshelter.petfinder.com for Adoptable Pet List.

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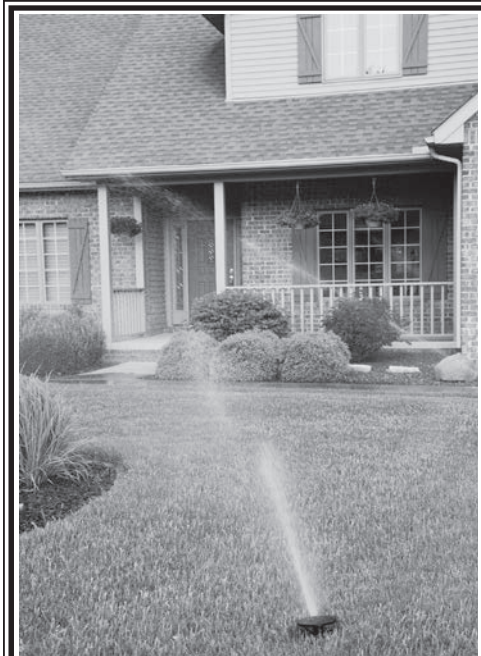
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1. War Room .....(PG) Priscilla C. Shirer, T.C. Stallings
2. Straight Outta Compton .....(R) O'Shea Jackson Jr., Corey Hawkins
3. A Walk in the Woods .....(R) Robert Redford, Nick Nolte
4. The Transporter Refueled .....(PG-13) Ed Skrein, Ioan Gruffudd
5. Mission: Impossible — Rogue Nation .....(PG-13) Tom Cruise, Rebecca Ferguson
6. No Escape .....(R) Lake Bell, Pierce Brosnan
7. The Man From U.N.C.L.E. ....(PG-13) Henry Cavill, Armie Hammer
8. Sinister 2 .....(R) James Ransone, Shannyn Sossamon
9. Un gallo con muchos huevos .....(NR) animated
10. Inside Out .....(PG) animated

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## PARKINSON'S DISEASE SUPPORT GROUP MEETINGS

The COVENTRY PARKINSON'S SUPPORT GROUP meets at 10AM on the 1st Saturday of each month at New England Bay manor, 600 Centre of New England Boulevard, Coventry. The CRANSTON PARKINSON'S SUPPORT GROUP meets at 9:30AM on the 1st Friday of each month at the Cranston Senior Center, 1070 Cranston Street, Cranston. The YOUNG ONSET & YOUNG AT HEART PARKINSON'S SUPPORT GROUP meets at 10AM on the 3rd Saturday of each month at the Kent Hospital Doctor's Auditorium. The FRIENDS & FAMILY (Caregiver) SUPPORT GROUP meets at 10AM on the 4th Saturday of each month at West Bay Manor, 2783 West Shore Road, Warwick. For more information about Parkinson's Disease or any of these Support Groups, please call Mary Ellen at The Parkinson's Center - Kent Hospital, 736-1046.

## Hints For The Home

## Why It's Smart To Soften Water

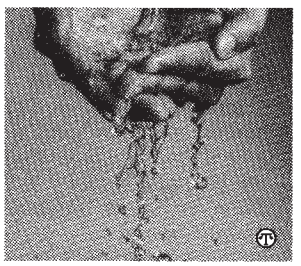
(NAPS)—You can save money, feel better and maybe even look better if you take your water with a grain of salt. Well, lots of grains. That's because the right sort of salt and system can soften hard water—and hard water is tough on your clothes, appliances, pipes and complexion.

Hard water is water with a lot of minerals in it. It's the kind found in most homes in America and it can lead to such problems as:

- Dry, itchy, irritated skin
- Razor burn
- Fading hair color
- Spots on glassware
- Dingy, rough clothes, which tear more easily
- A "funny" taste in your water, coffee and other drinks made with water or ice
- The need for more soap and detergent to get things really clean
- Crusty buildup on faucets and showerheads. According to the Water Quality Association/Battelle Institute research study, showerheads on hard water lost 75 percent of the flow rate in less than 18 months.

Fortunately, you can prevent all those troubles with a quality water softener system. A good water softener such as ProMate EcoMax will also use less salt (saving you money and from having to carry so many heavy bags) and less water while reducing the amount of chloride it gives off, which is good for the environment. So is the fact that a new water softener is likely to be energy efficient.

In addition, it can improve the life span of your appliances, saving you from main-



Sometimes, life can be hard. Your water doesn't have to be.

tenance and early replacement expenses. Hard water can lead to as much as a 24 percent loss of operating efficiency in gas-storage water heaters and it's a problem for washing machines and dishwashers, too. By some estimates, softened water lets you use 60 percent less detergent and save energy by lowering the water temperature. What's more, many households could benefit from a drinking water filtration system. All the water that ever existed on Earth still exists today; it is simply recycled over and over. Herbicides, pesticides and fertilizers are entering the environment, along with prescription drugs, and they all end up in our drinking water. Mother Nature is not designed to adequately address this. A properly designed filtration system, like the Millennium Reverse Osmosis System, can reduce the amount of many of these contaminants in your water.

**Learn More**

For further facts about water softening and drinking water filtration, and to find a nearby Hellenbrand dealer who carries the Pro-Mate EcoMax, go to www.hellenbrand.com/locate-your-water-expert.

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## PHENIX SPORTSMEN'S CLUB CLAM CAKES & CHOWDER

The Phenix Sportsmen's Club, 715 Main Street, West Warwick, will be serving a Clam Bake featuring clam cakes & chowder with watermelon on September 25 from 5:30-7:30PM. Tickets available at the Bar for \$10 or at the door. To go orders also available.

## PASSPORT APPLICATIONS ACCEPTED AT THE WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick is accepting Passport Applications on behalf of the US Dept. of State. US citizens planning international travel may apply for their passports at the Library at the following times: Mondays 1-8PM, Tuesdays & Wednesday 9AM-8PM, Thursdays 9AM-4PM, Fridays 9AM-12PM, Saturdays call first. For Application Forms, information on documentation required, fees, etc., visit travel.state.gov

## "DO MUSIC" AT TYLER FREE LIBRARY

Join Dianne Du to "Do Music" on the 1st & 3rd Friday of the month at 10AM at Tyler Free Library, 81A Moosup Valley Road, Foster. Come for a music filled morning for the infant & toddler. Call 397-7930 to register or for more information.

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**A Sporting view** by Mark Vasto

**The Godfather Reimagined**

When young Vito first tried out for the football team, he was rejected for being too small. Besides, his brothers before him had been seen as a bit too violent, and his father didn't get along with the guy in charge of the league. In fact, the two had a very public exchange at an awards banquet that led to the family getting blackballed from the community's social circuit.

What Vito lacked in size he made up for in perception. His parents died young and he had since moved to another school district with his extended family. Embarrassed of his accent, he worked around the edges of the schoolyards a bit. Still, he made a quick reputation for himself as a club boxer, where he raged like a bull, trouncing opponents, and soon he had gained a reputation for being a hardworking guy.

He started a company with a friend that imported an organic energy drink, married a sweet girl and soon became wealthy enough to move out to the suburbs, where he went on to grow a family. His upward climb continued until his drinks were served in every stadium. He had power and influence.

One day, a quarterback asked for a meeting. He was on the downside of his career and he wanted Vito and his adopted son, Tom, a persistent and principled sports agent (but not a fan of racehorses), to represent him again. This time, he was looking to quarterback out in Los Angeles, where they had not one, but two pro teams in town.

"I'm perfect for the Raiders offense," he said, beginning to sob. "It's the perfect offense for me ... long bombs on every single play ... but the owner and GM ... this one guy ... he won't sign me. What can I do?"

To his surprise, Vito jumped up and smacked him.

"You can be a RAM!"

Tom was dispatched to negotiate the very next day. At first, the owner/GM would not take his call. Upon learning of his pedigree, however, he changed his tune and invited him to his palatial estate for dinner. Before dinner, the owner took Tom on a tour of his walk-in closet.

"Tom ... why didn't you tell me you were sent by Genco Beverages? Anyway, these are my leather jackets ... and this one ... this one I won't even wear. It was worn by Henry Winkler when he jumped the shark on 'Happy Days.' No ... this one stays here."

He petted the jacket, softly cooing, "Fonzi ... Fonzi ..."

But dinner did not go so well. The mere mention of Leather Tuscadoro sent the owner/GM into a fit.

"He never gets that starting job! And let me tell you another thing, bucko! I ain't gonna sit on it for anyone! I ain't no Richie Cunningham!"

Tom wiped his mouth and excused himself as the owner carried on.

The next morning the owner/GM woke up to find his prized leather jacket replaced with a jean jacket. On the back, a red patch was sewn reading "Joanie loves Chachi." The screams could be heard all the way back to Oakland.

A few weeks later, the Godfather got a bunch of flowers sent to his office. The quarterback had gotten the starting job.

"How'd you do it," he was asked.

He shrugged.

"I gave him a jacket he couldn't use."

*Mark Vasto is a veteran sportswriter who lives in New Jersey.*

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**LITERACY VOLUNTEER TUTOR TRAINING**

Literacy Volunteers of Kent County (LVKC) is offering a new Tutor Training Workshop series beginning September 24 at 6PM at the Coventry Town Hall Annex across from the Library. LVKC trains volunteers to help functionally illiterate adults who are non-readers or who read at or below the 6th Grade level and/or who have little or no understanding of the English language. To become a tutor, you must be at least 18 years old, be a High School graduate or have earned a GED, and have successfully completed the Tutor Training Workshop. The series is free, however, there is a \$25 material fee for books & materials. Please email lvkc@coventrylibrary.org or call 822-9103 for more information.

**COVENTRY MEALSITE NEEDS STRONG VOLUNTEERS**

The Coventry Senior Center is looking for "A Few Good Men" to help out in the Mealsite. If you can lift a big coffee pot or a pot of soup, you're the men for us. Please call 822-9144 or come in to the Center at 50 Wood Street for more information.

**WEST WARWICK ELKS #1697 CAR CRUISE**

The West Warwick Elks Lodge #1697, 60 Clyde Street, West Warwick, will hold Wednesday Car Cruises through September 30. There will be weekly giveaways, Cruiser of the Night Award, raffles & food for sale. Please call Rich at 575-6933 for more information.

**AARP SMART DRIVER COURSE - RESCHEDULED**

The West Warwick Public Library, 1043 Main Street, West Warwick, 4-hour AARP Smart Driving Course HAS BEEN RESCHEDULED to October 14 from 1-5:30PM. The course is designed to help you understand the effects of aging on driving, to better understand the role of medications, vision & hearing, alcohol, etc. on driving, to refresh your driving skills and to discuss changes in our laws, our roadways, and our autos. Check with your Insurance Company to see if you qualify for a discount for taking the program. The cost of this program is \$15 for AARP members & \$20 for non-members. Call 828-3750, Ext. 4 to register and/or for more information.

**TAI CHI FOR HEALTH CLASSES AT WEST WARWICK SENIOR CENTER**

The next 6-week session of Tai Chi Classes will begin at the West Warwick Senior Center, 145 Washington Street, West Warwick on October 6 at 1PM. Tai Chi is an ancient Martial Art that originated in China. Regular practice of this moving meditation has shown to lower blood pressure, increase flexibility and improves muscular strength & balance. Classes run for 6 weeks at a cost of \$30. You must register by October 5. Call 822-4450 for more information or to sign up.

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Olive oil nonstick cooking spray

- 1/2 cup plain dried bread crumbs
- 1/4 cup freshly grated Parmesan cheese

- 2 tablespoons cornmeal
- 1/2 teaspoon ground red pepper (cayenne)

- 1 large egg white
- 1/2 teaspoon salt

- 1 chicken (3 1/2 pounds), cut into 8 pieces and skin removed from all but wings

1. Heat oven to 425 F. Grease 15 1/2-by-10 1/2-inch jellyroll pan with cooking spray.

2. On waxed paper, combine bread crumbs, Parmesan, cornmeal and ground red pepper. In pie plate, beat egg white and salt.

3. Dip each piece of chicken in egg-white mixture, then coat with crumb mixture, firmly pressing so mixture adheres. Arrange chicken in prepared pan; lightly coat chicken with cooking spray.

4. Bake chicken until coating is crisp and golden brown and juices run clear when thickest part of chicken is pierced with tip of knife, about 35 minutes. Makes 4 main-dish servings.

• Each serving: About 329 calories, 46g protein, 14g carbohydrate, 9g fat (3g saturated), 137mg cholesterol, 660mg sodium.

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1. Who had a hit with "For Your Precious Love" in 1958?
2. Name the artist who wrote and recorded "You'll Lose a Good Thing."
3. How many members were in the Starland Vocal Band?
4. Who wrote and released "Turn the Page"?
5. Name the 1968 song that contains this lyric: "We were so close but we should've been closer, And it's makin' me feel so sad. But I tell myself I didn't lose her, 'Cause you can't lose a friend you never had."

### Answers

1. Jerry Butler and the Impressions. Check out the unreleased Rolling Stones version on YouTube.
2. Barbara Lynn, in 1962. The song was covered by Freddy Fender and Aretha Franklin.
3. Four, eventually. It started with husband and wife team Bill Danoff and Taffy Nivert, who co-wrote "Take Me Home, Country Roads" with John Denver.
4. Bob Seger, in 1973.
5. "I Wonder What She's Doing Tonight," written and sung by Tommy Boyce and Bobby Hart. A different song of the same title had been released in 1963 by doo-wop group Barry & the Tamerlanes, and yet another with the same title by Russell Smith went to No. 37 on the country charts in 1989.

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As a senior citizen on a fixed income, a replacement was not what I was looking forward to. I thank you very much for your kindness.

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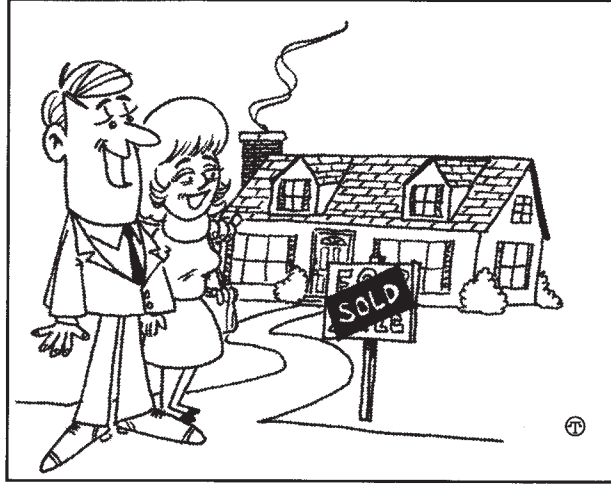
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## Home Ideas



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There are simple and energy-efficient ways homeowners can stay cool during hot weather while managing utility costs. Learn them at [lghvac.com](http://lghvac.com).

## Donna's Day Creative family fun

by Donna Erickson

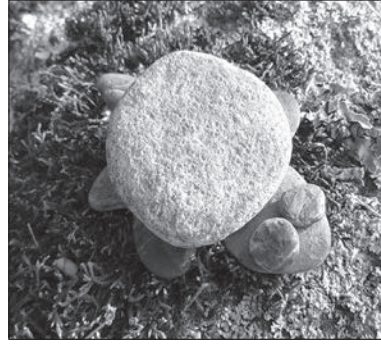
### Set Up a Nature Discovery Nook

Set aside a space on your kitchen counter or a table in your family room to showcase your kids' summer nature collectibles. Their own museum of natural wonders can be enjoyed by friends and family who come to your home. And when they do, the kids can tell them where they found the treasure, what it's called and something interesting that captured their imagination. Best of all, this collection zone will be a constant reminder of the time you spent together discovering the mysteries and beauty of the world we live in.

from different beaches, for example, layer it in a clean, clear recycled jar. It's fun to see the range of colors and types of sand from beach to beach. And it's a unique way to recall a trip to Clearwater Beach, Florida, in 2013, or Santa Monica, California, in 2015.

For indoor rainy-day fun, use some of the sticks and stones for crafting. Here are two ideas:

- Flat rocks aren't just for skipping across the surface of a lake. Make a turtle! Choose a flat oval stone for the body, and glue small ones underneath, stretching out to the sides for four feet and a tail, with a larger one for a head. Add two pebbles for eyes.



- Make a twig vase with a recycled tin can. Use shears to cut similar-width branches an inch or so longer than the height of the can. Place two large rubber bands around the outside of the can, one near the top and one near the bottom. Insert branches side by side, as if building a twig fence around the can. Wind twine or raffia over the rubber bands to cover them, then knot.

\*\*\*  
Donna Erickson's award-winning series "Donna's Day" is airing on public television nationwide. To find more of her creative family recipes and activities, visit [www.donnasday.com](http://www.donnasday.com) and link to the NEW Donna's Day Facebook fan page. Her latest book is "Donna Erickson's Fabulous Funstuff for Families."

### STORY PROGRAMS AT COVENTRY PUBLIC LIBRARY

The Coventry Public Library, 1672 Flat River Road, will begin Registration for Fall Story Programs on September 8 for Coventry Residents and September 9 for non-residents. **Rock & Read** on Monday mornings at 9:30AM for ages birth-12 months & at 10:30AM for 13-23 months. **Tales for Twos** for two-year-olds on Wednesdays at 10AM. **Storytimes** for 3-8-year olds on Thursdays at 10AM & 1:30PM and Fridays at 10AM. Call 822-9102 or visit [www.coventrylibrary.org](http://www.coventrylibrary.org) for more information and/or to register. Space is limited.

### THE HALEY DOWDELL MEMORIAL MOTORCYCLE RUN FOR CYSTIC FIBROSIS

Elks Riders #2285, Coventry-West Greenwich Lodge, 42 Nooseneck Hill Road, West Greenwich, will hold a motorcycle Ride/Poker Run on October 3. Registration is at 9AM, kickstands up at 11AM. Cost is \$20/rider & \$10/passenger. Non-riders are welcome at \$10/person. 100% of ALL proceeds benefit the Cystic Fibrosis Foundation in loving memory of Haley Dowdell. For tickets and/or more information, contact Nancy or Ren at [haleysrun2015@gmail.com](mailto:haleysrun2015@gmail.com)

### PAWTUXET VALLEY COMMUNITY CHORUS REHEARSALS

The Pawtuxet Valley Community Chorus, directed by Nicholas Laroche and accompanied by Stephen Romano want to invite you to join them as rehearsals begin for "A Christmas Wish: Songs for the Holiday Season", which will be held on December 5 at 7:30PM & December 6 at 2:30PM. Rehearsals begin on September 3 at 7PM in the West Warwick High Chorus Room Webster Knight Drive, West Warwick. Chorus members will be there at 6:15PM to welcome you, provide you with your music for the season and collect dues which are \$20 for the Christmas Season or \$40 for the entire concert year. New members are welcome but must sign up by September 24. Visit [www.pvchorus.com](http://www.pvchorus.com) for more information.

### COVENTRY POLICE DEPARTMENT SEPTEMBER SAFETY EVENTS

The Coventry Police Department will host free Child Seat Installation Demonstrations on **September 3** from 12-3PM at Dunkin' Donuts, 800 Tiogue Avenue. **September 10** from 4-7PM at Walgreens, Tiogue Avenue. **September 17** from 4-7PM at Anytime Fitness, 55 Sandy Bottom Road. **September 24** from 12-3PM at Dunkin' Donuts, 800 Tiogue Avenue. **September 30** from 12-3PM at Dunkin' Donuts, 800 Tiogue Avenue. Information can also be found at [www.coventrypd.org](http://www.coventrypd.org)

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—James Gordon, M.D.  
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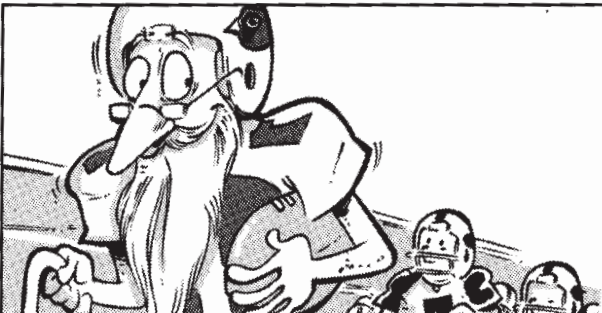
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**Obituary**



**Donald R. Willis**  
September 18, 2015  
Resided in East Greenwich, RI

Donald R. Willis, 70, of East Greenwich, passed away Friday, September 18, 2015. Relatives and friends are invited to a Memorial Mass Friday, September 25, 2015 at 10am at St. Francis de Sales Church, 381 School Street, North Kingstown. Burial will be private. Visiting hours Thursday 4-8pm at the FAGAN-QUINN Funeral Home, 825 Boston Neck Road, North Kingstown.

See: www.thequinnfuneralhome.com for full obituary

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## John Adams Today

Wednesday, September 30th  
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Sponsored by Centreville Bank, the Coventry Public Library  
presents GEORGE BAKER, attorney and re-enactor as John Adams.

Mr. Baker, as John Adams, talks about his life and times in a  
humorous and moving program entitled  
“Meet John Adams - Lively and Revolutionary Conversation  
with America’s Second President.”

Adams describes representing the British soldiers in the Boston Massacre Trial  
which was the first instance in the American Colonies where the judge  
instructed the jury that you cannot convict unless you are convinced of the  
defendant’s guilt “beyond a reasonable doubt.”

Included are four songs which Mr. Baker sings and accompanies with a digital piano.

To Register Call Jane at 822-9104  
or email [js@coventrylibrary.org](mailto:js@coventrylibrary.org)



### COVENTRY RI-081 AFJROTC CAR WASH

The RI-081 AFJROTC at Coventry High School is holding a Fundraising Car Wash & Bake Sale at the Guy L. Lefebvre Community Center, 1277 Main Street, Coventry, on October 3 from 8:30AM-3:30PM. Stop by for a wash and learn about the AFJROTC Unit at CHS while Cadets take care of your car!

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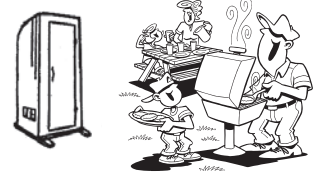
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### SCOUTING REGISTRATION EVENT

Coventry Girl Scouts & Pack 11 Cub Scouts will hold a Registration Event on September 26 from 1-3PM in the Gym at ASFMS, 15 Foster Drive, Coventry.

### TAILGATE PARTY AT THE WEST WARWICK ELKS LODGE #1697

The West Warwick Elks Lodge #1697, 60 Clyde Street, West Warwick, will host a Tailgate Party on October 25 at 1PM for the Patriots VS. NY Jets game. Prime Rib & Baked Stuffed Shrimp Dinner, potato & veggies. Dinner will be served at Half time. Tickets are \$30/person and must be purchased by October 18. For tickets or more information, call Steve at 826-1289. All proceeds benefit Elks Charities.

### FREE DIABETES EDUCATIONAL WORKSHOP

Do you have Type 2 Diabetes? The West Warwick Senior Center, 145 Washington Street, West Warwick, is offering a free educational workshop to learn more about diabetes management. Please sign up at the front desk or call 822-4450 and you will be contacted with more information.



### To make soil more acidic:

- Mix in 1.2 oz. of ground rock sulfur per square yard for sandy soils, 3.6 oz. per square yard for all other soils.
- Sawdust, composted leaves, wood chips, cottonseed meal, leaf mold and especially peat moss will lower soil pH.
- Plants that like acidic soil include azaleas, rhododendrons, hydrangea, gardenias, camellias, holly shrubs, crepe myrtles, calla lilies and pine trees.

— Brenda Weaver

Sources: [www.thegardenhelper.com](http://www.thegardenhelper.com); [www.gardeningknowhow.com](http://www.gardeningknowhow.com)

## HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Forbes magazine’s list of the highest paid actresses, from June 2014 to June 2015, is topped by “Hunger Games” Oscar-winner **Jennifer Lawrence**, with \$52 million, thanks to the \$752 million gross of “The Hunger Games: Mockingjay — Part 1.” Next up for Lawrence is “Mockingjay — Part 2,” out Nov. 20; “Joy” (as Miracle Mop mogul **Joy Mangano**), due Christmas Day; and “X-Men: Apocalypse,” arriving May 27. She’s currently writing a screenplay with “Trainwreck” star **Amy Schumer**, in which they’ll play sisters.

**Scarlett Johansson** is second with \$35 million due to “The Avengers: Age of Ultron” (which also starred top male-earner **Robert Downey, Jr.**) and “Lucy.” Up next is “Hail Caesar,” with **Josh Brolin**, **George Clooney** and **Channing Tatum**, arriving Feb. 5; the live remake of “The Jungle Book,” out April 15; and “Captain America: Civil War,” arriving May 6.

No. 3 on list was **Melissa McCarthy** with \$23 million because of “Spy” (which made \$236 million), and her upcoming films “Michelle Darnell” (April 8) and “Ghostbusters” (July 15). Fourth with \$21 million is leading Chinese actress **Bingbing Fan**, who starred in the 2014’s “X-Men: Days of Future Past.”

Fifth is **Jennifer Aniston** with \$16.5 million, thanks to “Cake” (which she also produced); “Horrible Bosses 2”; her current film, **Peter Bogdanovich’s** “She’s Funny That Way”; and the upcoming **Gary Marshall** film “Mother’s Day,” with **Julia Roberts**, due April 29. Roberts is No. 6 with \$16 million thanks to “Secret in Their Eyes,” with **Chiwetel Ejiofor** and **Nicole Kidman**, due Nov. 20; “Money Monster,” which retears her with **George Clooney**, due in April; and “Mother’s Day,” **Angelina Jolie**, **Reese Witherspoon**, **Anne Hathaway** and **Kristen Stewart** round out the top 10.

With the exception of Jennifer Lawrence and Scarlett Johansson, actors who filled spots 11-21 of their list made more money than all other actresses: **Dwayne Johnson** (\$31



Lionsgate  
Jennifer Lawrence

million), **Johnny Depp** (\$30 million), **Leonardo DiCaprio** (\$29 million), **Channing Tatum** (\$29 million), **Chris Hemsworth** (\$27 million), **Daniel Craig** (\$27 million), **Matthew McConaughey** (\$26.5 million), Bollywood star **Shah Rukh Khan** (\$26 million), **Will Smith** (\$26 million), **Matt Damon** (\$25 million) and **Hugh Jackman** (\$23 million).

The top television earners are “The Big Bang Theory’s” **Jim Parsons**, **Kaley Cuoco** and **Johnny Galecki**, earning \$1 million for each of the 72 episodes they re-signed for. **Simon Helberg** and **Kunal Nayyar** are earning \$20 million, as is “NCIS” star **Mark Harmon**.

\*\*\*

People thought **Dan Stevens** was crazy for leaving “Downton Abbey,” but his gamble paid off. He’s got two films in post-production: “Criminal Activities,” with **John Travolta**; and the Western “In the Valley of Violence,” with **Ethan Hawke**. Stevens currently is filming the thriller “Oppenheimer Strategies,” with **Richard Gere** and **Michael Sheen**; and the live-action “Beauty and the Beast” (as The Beast), with **Emma Watson** as Belle. It will take a lot of make-up to make him look like a beast!

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Maple Root Village-Coventry. 2 Bed, 1 Bath. Newly Refurbished. \$19,900

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**SEPTEMBER STORY PROGRAMS AT HOPE LIBRARY**

Hope Library, 374 North Road, Hope is offering the following Programs: **Book Babies!** for ages birth-24 months and their caregivers, on September 18 & 25 at 10:30AM (20 minute program). **Toddler Time** for children age 2 & 3 on September 18 & 25 at 11:15AM (30 minute program). **Preschool Story Hour** for children ages 3-5 years on September 14, 21 & 28 at 10:30AM and September 17 & 24 at 2PM. (40 minute program). To register for programs or for more information, call 821-7910.

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**Hints For Homeowners**  
Safety And Security In The Connected Home

(NAPS)—Homeowners can stay safe and secure with connected home technology. Connected home technology offers a variety of benefits, especially when installed in a space such as the garage, which homeowners use almost every day. In fact, a recent study by iControl Networks found that 90 percent of homeowners view personal and family security as one of the most important reasons for installing a connected home system. If you're looking to integrate connected home devices into your house, and specifically the garage, keep these tips in mind for added safety, security and convenience.



**Connected home technology can help homeowners stay safe and secure.**

1. As you examine potential devices, keep an eye out for products that improve home accessibility and convenience. Seventy percent of homeowners use the garage as the main point of entry to and from the house, and with LiftMaster's MyQ technology, they can open, close and control their garage door opener anytime, from anywhere. Plus, with MyQ, homeowners have the added convenience of controlling home, garden or garage lighting systems all from the MyQ app, and no longer have to worry about stepping into an unlit house.

often be the heaviest moving object in the house, and it's very important to make sure it operates safely. Look for connected devices integrated with signaling capabilities—either visual or audio warnings—to ensure those nearby are aware when a garage door is closing or opening.

4. Finally, think about apps and devices that can help increase your home's security. Chances are, you already get alerts on your phone for a variety of reasons. Now you can receive an alert on that same device when the garage door is left open. MyQ technology sends homeowners text alerts on the status of their garage door for added security and peace of mind. "You can check if your garage door is secure anytime, from anywhere, whether you're at work, running errands, or on vacation," said Juan Lopez, director of marketing, Connectivity and Controls at LiftMaster.

With these helpful tips, homeowners can take the first steps to making their home a safe and secure connected home.

**Learn More**

For additional information on connected home technology and garage door openers, visit [www.LiftMaster.com](http://www.LiftMaster.com).

**Commercial For Sale/Rent/Lease**

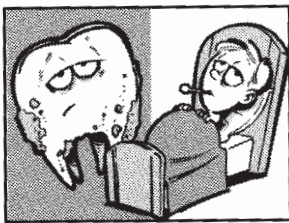
**WEST WARWICK, 751** Main Street: 3000 Sq. ft. \$975/month. 440-0010.

**Room For Rent**

**PHENIX HOTEL, 18 High-** land Street, West Warwick: Monthly \$450. 821-2636 between Noon-5PM or 241-5116.

**ROOM AVAILABLE** in Coventry: \$450 includes everything. Female preferred. Must be employed. 440-0011.

**COVENTRY: 1/2 Mile** to 95, new large bedroom, full use of home. 1 Person only. Utilities included. Must see. \$500/month. 397-4759.



**Tooth decay is the second most common disease in the U.S., surpassed only by the common cold.**

\*\*\*

**People who say they sleep like a baby usually don't have one.**

—Leo J. Burke

\*\*\*

**WEST WARWICK:** New List! 1 & 2 Bedrooms. 1 Bed, 1st floor, includes hot water, appliances & parking. Gas heat & electric not included. \$750/month. 2 Bed, 1st floor, appliance & parking. No utilities. \$900/month. Lease. Deposit. No dogs. 864-0134.

**COVENTRY: Bright & sunny! Large 2nd floor with deck & yard. 1 Bedroom, Living Room, large eat-in kitchen, many recent updates. Appliance. Heat included. \$800/month with Lease. Jeff, 262-5229.**

**WEST WARWICK, 79** East Main Street (nice area): 3 Bedrooms, 1 1/2 bath, all new flooring/paint throughout house, walking distance to schools. No pets. \$950/month plus deposit. 821-0503 or 1-860-823-8894.

**COVENTRY, 450 Wash-** ington Street: 1 Bedroom in newly renovated building. 1st Floor, off-street parking, on Bus Line. No pets. No utilities. \$550/month. Showings on Tuesdays. Call 821-5820.

**WEST WARWICK:** Immaculate 2 beds, 2nd, heat, parking, laundry, porch, storage. No dogs. \$800/month. 821-6313.

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**BREAKFAST IN SEPTEMBER**

The Coventry Senior Center, 50 Wood Street, Coventry will hold a Breakfast on September 25 from 7:30-9AM. Enjoy eggs, choice of bacon or sausage, French Toast or English muffin, with juice, coffee, & tea for just \$3. All are welcome!



**Did you hear about the New GRAD GRANT PROGRAM?**  
**Find out how you may qualify for UP to \$7,000 toward your down payment!!**  
**Call 828-2100 Today**

**West Warwick: New Listing!** Nice ranch in Cowesett, open concept, 3 bedrooms, hardwoods, garage, \$199,900

**Johnston: New Listing!** Beautiful 3 bed, 2 bath updated bungalow, granite, SS appliances, C/A, porch, deck, patio, garage, \$189,000

**Cranston: New Listing!** Garden City, well maintained 2 bed ranch, hardwoods, C/A, FP, 3 season sunroom, garage, \$179,900

**Coventry: Waterfront cottage!** Estate sale, hardwoods, FP, new windows, doors, electric panel, septic tank, garage, dock, \$229,900

**Warwick: Renovated 3 bed, 1.5 bath home,** huge garage, double lot can possibly be split into another, near Main St., East Greenwich, \$229,900

**Cranston: Beautiful three bed, 1.5 bath colonial,** formal dining room, hardwoods, FP, private fenced yard, \$189,900

**West Greenwich: Attention Builders/Developers!!** Pristine 64 acres of raw land, possible 25 lots plus 1,500 sq. ft. raised ranch, \$1,200,000



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# Yard Sales

## Big John's Pawn Shop

1495 Main Street, West Warwick

615-5500

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10K ..... \$400oz.

14K ..... \$600oz.

18K ..... \$750oz.

Sterling ..... \$11oz.

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90% of Gold Market

DVD's • Electronics

TV's • Tools

Landscape Equipment

Furniture • Appliances

BUY - SELL - PAWN

HONEST PRICES PAID!

LAYAWAYS AVAILABLE

27 VALLEY CREST ROAD, Coventry: September 26, 8AM-?. Multi Family. Selling motorcycle, books, clothes, household, miscellaneous.

1565 MAIN STREET, West Warwick: September 26, 8AM. Rain date Sunday.

### RIVERPOINT CONGREGATIONAL CHURCH RUMMAGE SALE

Martha & Mary's Shop at Riverpoint Congregational Church, 75 Providence Street, West Warwick, will hold a Rummage Sale on October 3 from 9AM-1PM. Clothing (\$.25-\$.50/item), household goods, kitchen items, vintage solid Oak folding chairs (in very good condition), plus more.

### SHEPHERD OF THE VALLEY FALL RUMMAGE SALE

The United Methodist Women of Shepherd of the Valley Church, 604 Seven Mile Road, Hope, will hold their Annual Fall Rummage Sale on Friday, October 2 from 9AM-6PM & Saturday, October 3 from 8:30-11AM. Sale features family clothing, household items & more. Saturday is Bargain Day, \$3/bag.

### "BE THE CHANGE" YARD SALE FUNDRAISER

"Be The Change" Yard Sale Fundraiser will be held at 672 Town Farm Road, Coventry on September 26 from 8AM-4PM. Rental space for anyone who would like to sell items, \$20. Tables not provided. Donations accepted. All proceeds to benefit the homeless and impoverished in the RI communities. For information, please contact Coreen St. Jean, 965-9050.

### TABLES AVAILABLE FOR COVENTRY SENIOR CENTER YARD SALE

The Coventry Senior Center, 50 Wood Street, will hold a Yard Sale on October 17 from 8:30AM-1:30PM. Tables are available for rent for \$15. Call 822-9175 for more information.

### PVPHS YARD SALE

The Pawtuxet Valley Preservation & Historical Society will hold a Giant Yard Sale on October 10 from 8AM-2PM at the Crompton Playground, 1679 Main Street, West Warwick. 10'X10' Spaces are available for \$25 each. Vendor set-up is at 7AM. Rain date October 11. For more information, call Jan 256-8922 or PVPHS 821-9726.

### WEST WARWICK ANGELS CARING FOR ANIMALS SEEKING VENDORS FOR HOLIDAY BAZAAR

The West Warwick Angels Caring for Animals is seeking Vendors/Crafters for their Holiday Bazaar on November 7 from 9AM-2PM at the West Warwick Country Club, 335 Wakefield Street, West Warwick. If interested, please email Michelle at michelleforevents@gmail.com to request an application. Application deadline is October 8.

### PHENIX BAPTIST CHURCH FALL YARD/CLOTHING & BAKE SALE

Phenix Baptist Church, 2 Fairview Avenue, West Warwick, will hold their Fall Yard/Clothing & Bake Sale on October 3 from 8AM-1PM featuring clothing, books, toys, household items, baked goods, etc. Call 821-1618 for more information.

THE OLD MILL FLEA MARKET in the Historic Centreville Mill, 3 Bridal Avenue, West Warwick: Open 8AM-4PM every Saturday & Sunday. Free admission. Quality Vendors wanted. Antiques, collectibles, architectural, garage memorabilia & much, much more. Contact Andy, 226-3377.

GIANT YARD SALE! Crompton Playground, 1679 Main Street, West Warwick: October 10, 8AM-2PM. Rain date October 11. Spaces available. Call Jan 256-8922 or PVPHS 821-9726.

9 HICKORY ROAD, Coventry: September 26, 8AM. Huge Yard Sale! Plus size clothes, weight equipment, Elvis, sports memorabilia.

LEISURE VILLAGE, 25 Leisure Way: September 26 & 27, 9AM-2PM. Carpets, furniture, miscellaneous.

**MOSKALYK STREET, West Warwick: Multi Family. September 26, 8AM.**

"BE THE CHANGE" YARD SALE FUNDRAISER! 672 Town Farm Road, Coventry: September 26, 8AM-4PM. Rental space for anyone who would like to sell items, \$20. Tables not provided. Taking donations which can be dropped off at this address or 10 Brookside Avenue Sundays, 4:30-6:30PM. All proceeds to benefit the homeless and impoverished in the RI communities. For information, please contact Coreen St. Jean, 965-9050.

CORNER TOWN FARM ROAD & MILE ROAD, Coventry: September 26, 8AM. Huge 5 family, first time Yard Sale. Quality items including tools, collectibles, toys, household, furniture, license plates, old signs, automotive and more! Rain date 9/27.

133 SISSON ROAD, Greene: September 26, 8AM-3PM. Junior size clothes, toys, household items. Rain date September 27.

BIG YARD SALE! Rain or shine. 47 Birchwood Lane, West Warwick: Friday September 25, 7:30-10:30AM & Saturday September 26 7:30AM-12:30PM. See Craigslist for photos & details.

NEIGHBORHOOD YARD SALE! Pilgrim Avenue & Dexter Street (off Tiogue Avenue), Coventry: September 26, 7AM-1PM. Adult & children's clothing, coffee tables, furniture, toys, many miscellaneous items. Rain date September 27.

GARAGE SALE! Rain or shine! 467 Hill Farm Road, Coventry: September 26, 9AM-2PM. Moving, so everything must go! Tables, chairs, magazine racks, kid's things & more! No early birds please.

4 FRANCES COURT, Coventry: September 26, 9AM-4PM. No early birds.

MAPLEROOT VILLAGE, Nooseneck Hill Road, Coventry: September 26, 7AM-2PM. Come one, come all! Having a Yard Sale, bring your own table. \$10/spot to set up. All are welcome. Rain date October 3.

44 ANDREWS AVENUE, West Warwick: Sunday, September 27, 8AM-2PM. Variety of items. Stop by!

90 ARNOLD ROAD, Coventry: Multi Family. September 26, 8AM-3PM. Furniture, household, clothes & much more. Rain date September 27.

123 HILL FARM CAMP ROAD, Coventry: Saturday, September 26, 9AM-1PM. Household, crafting, kid's stuff and more.

161 HOWARD AVENUE, Coventry. Saturday, September 26. 9 AM to 2 PM. Tools. Kitchen items. Miscellaneous. No Early Birds.

31 PIKE STREET, West Warwick: September 26, 7AM.

11 LARAMEE STREET, West Warwick: September 26, 9AM. Multi Family. Hand tools, fishing, boating, yard stuff, household, clothing, books, lots more!

HANDS THAT HEAL RI, 15 Apple Hill Drive, Scituate: September 26 & 27, 8AM-4PM. Cat food donations needed.

FAIRVIEW AVENUE, West Warwick: September 26, 8AM. Turntable, tools, pool stuff, oil lamps, old toys, household.

8 SANDRA CIRCLE, Westwood Estates, Coventry: September 26, 8AM-2PM. Miscellaneous.

**45 BENOIT STREET, Coventry: September 26, 8AM-1PM. End of season. Good, clean items. Lots of variety.**

1998 NEW LONDON TURNPIKE, Coventry: September 26, 7AM. Kid's clothes, toys, housewares. Everything must go!

39 CLIFTON AVENUE (off Hopkins Hill Road), Coventry: September 26, 8AM-2PM. Rain date Sunday.

COLOSSAL YARD SALE! Multi Family. Tools, furniture, DVD's, jewelry, toys, collectibles, Disney, purses, exercise bike, treadmill & lots more. ALSO Track Rack with cab over brackets for 7' truck bed. 12 Tilton Street, West Warwick. September 26, 8AM-?. Rain date October 3.

305 SHARPE STREET, West Greenwich: September 26, 8AM-1PM. Furniture, clothes, exercise equipment. Cancelled if rain.

149 GOUGH AVENUE, Coventry: September 26, 8AM. Everything must go!

111 MISHNOCK ROAD, West Greenwich: September 26, 8AM-3PM. Household & more.

44 GERVAIS STREET, COVENTRY: September 26. Big and Tall men's clothes, brand name teen girl's clothes, household items, antique bedroom set and more.

HUGE MULTI FAMILY INDOOR YARD SALE! Saturday, September 26, 8AM. Exeter Grange, Route 102. Baby/kid's clothes, toys, women's clothes, household.

GARAGE SALE! 17 Phillips Street, Coventry: September 26, 8AM-2PM. Everything must go!

29 MAPLE STREET (off Knotty Oak Road), Coventry: September 26. Lots of good stuff! Rain date October 3.

### PINK HEALS EVENTS

Local Police and Fire Personnel volunteer to raise money for women in RI battling cancer PINK HEALS!!! **September 26, 11:30AM-3PM** - Ride Against Cancer Bike Run, 459 Switch Road, Wood River Junction. **October 4, 12-3PM** - Swansea Fire Safety Day and Parade, 137 Main Street, Swansea, MA. Fun for the whole family! **October 9, 1-2PM** - Wakefield Elementary School Pink Heals Walk, 505 Wakefield St, West Warwick. **October 11, 11AM-6PM** - RI Pink HEALS will be at the Fundraiser for Scholarships that Benefit Women Battling Cancer, Swansea Country Club, 299 Market St, Swansea, MA. **October 15, 10:30AM-4PM** - RI Pink HEALS will be at Amtrol, 1400 Division Road, West Warwick. **October 16, 10:30-11:30AM** - RI Pink HEALS will be at Hexagon Metrology, 250 Circuit Drive, North Kingstown. **October 17, 11AM-2PM** - RI Pink HEALS will be at the Bowl-A-Thon to benefit the Gloria Gemma Foundation, Lang's Bowl 225 Niantic Avenue, Cranston. **October 30, 5-9PM** - RI Pink HEALS will be at the Tickled Pink Fundraiser, Rhodes on the Pawtuxet, Warwick.

### ANNUAL HERITAGE DAY AT THE PAINE HOUSE MUSEUM

The Paine House Museum, in coordination with the Smithsonian's Museum Day, will hold their Annual Heritage Day at the Paine House Museum, 7 Station Street, Coventry on September 26 from 10AM-4PM. It will be a great day for the whole family. Exhibits include old fashioned games & crafts, making butter, candle dipping, weaving, pin felting, etc. Hot dogs, popcorn, Johnny Cakes, birch beer & sarsaparilla will be available. Admission is free.

### SEPTEMBER CHILDREN'S PROGRAMS AT HOPE LIBRARY

Hope Library, 374 North Road, Hope is offering the following programs for September: **LEGO Time** on September 5 & 19, at 10AM. **Drop-In Crafts** on September 9 & 23 from 3-5PM. **Wednesdays with Ms. Jeanne** (Grades 1-5) on September 16 & 30 from 4-5PM. **Family Movie!** on September 19 at 1:30PM. Registration required for all Programs, except Drop-In Crafts by calling 821-7910.

### MOVIE SERIES AT WEST WARWICK PUBLIC LIBRARY

The West Warwick Public Library, 1043 Main Street, West Warwick, invites you to join them for their **Banned Book Movie Series**. Movies will be shown on Wednesday nights from September-October from 6-9PM. The movies being shown are based on books that have been banned or censored. **The Harry Potter Movie Series** will take place on Saturday mornings in September & October from 9:30AM-12:30PM. This program is free & open to all. Sign-up is not required. Call 828-3750, Ext. 4 or email ref@wwlibrary.org with any questions.

### HOPE LIBRARY STORY TIME

Hope Library, 374 North Road, Hope, is taking registrations for their Story Times. Programs are available to children from birth-age 5. Programs begin the week of September 14. Call 821-7910 for schedules & registration.

### GREENE PUBLIC LIBRARY PRESENTS...

Greene Public Library, 179 Hopkins Hollow Road, Greene, will host a Cheese Making Demo with Professor Chef on October 1 at 7PM. Learn how to take 1-gallon of raw milk and make the best mozzarella you have ever tasted. **RESERVATION REQUIRED**. Please call 397-3873 or email jean@coventrylibrary.org to register or for more information.

### GREENE PUBLIC LIBRARY PRESENTS...

As part of their Living Well Series, the Greene Public Library, 179 Hopkins Hollow Road, Greene, will host "Intuitive Healing with Shawn Aceto" on September 24 at 7PM. What is Intuitive Healing? How can it benefit you? Learn how to move from illness to wellness. Registration is preferred. Please call 397-3873 or email jean@coventrylibrary.org to register or for more information.

# Entertainment

## 10<sup>th</sup> Annual Cowboy Rendezvous

New England's Own Weekend of the West

**COLUMBUS DAY WEEKEND**  
October 9<sup>th</sup>-12<sup>th</sup>

Horse Racing, Dinner, Dancing, Cowboy Versatility Cow Sorting, Themed Posse Ride, Poker Ride and More!

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Line Dancing with Mishnock Barn Friday pm  
Dinner & Dance Tickets on Sale Now




**SPARROWS POINT I BAZAAR**  
Sparrows Point I, 311 Hardig Road, Warwick, will hold their Bazaar on October 3 from 9AM-3PM. Come enjoy Penny Social, Bake Table, Roll Ups, Flea Market Table, Raffles, etc. Food will be available for purchase.

**LOOKING FOR A VENUE** to hold your event at **NO CHARGE??** Indigo Pizza now holds events of up to 90 people. These events include Fundraisers, Paint Parties, Kids Karaoke, Birthdays, Showers, etc. Buffets available from \$3-\$10/person. Full Bar. Call Mary at 401-615-9600.



An airplane mechanic invented the toy called the Slinky. While he was playing with engine parts, he realized the possible secondary use for the springs.

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**ARIES** (March 21 to April 19) Although practical situations continue to dominate this week, there's time for the Lamb to indulge in the fun things in life — like maybe taking a special someone out for a great evening.

**TAURUS** (April 20 to May 20) This week favors relationships. Take time to renew old ones, and make time to go where new friends can be found. On a more practical note, expect news about a business deal.

**GEMINI** (May 21 to June 20) You should be seeing some progress on that new workplace situation. Meanwhile, family matters might demand more attention, and you'll want to set aside time to deal with them.

**CANCER** (June 21 to July 22) A relationship suddenly might present some challenges you never expected. After talking things out, you might want to consider taking some time to assess what you've learned.

**LEO** (July 23 to August 22) A disappointing response to a request might dampen the Lion's spirits. But you might want to ask the reasons behind it. What you learn can be of great importance in a future undertaking.

**VIRGO** (August 23 to September 22) A once-volatile situation should be settled by now, giving you a chance to refocus on a project you've been planning for. Look for an interested party to rally to your support.

**LIBRA** (September 23 to October 22) A business matter that unexpectedly turns into a personal situation could create complications. Best to resolve the matter now before too much harm can be done.

**SCORPIO** (October 23 to November 21) Emotions can run high when they involve personal matters that no one really wants to talk about. But this could be a good time to create the means to a workable outcome.

**SAGITTARIUS** (November 22 to December 21) A positive response to a workplace request could lead the way to other long-sought changes. Congratulations. A personal situation also takes a welcome turn.

**CAPRICORN** (December 22 to January 19) Patience pays off, as that once-overwhelming work situation continues to become easier to handle on a one-by-one basis. Look for positive news from a colleague.

**AQUARIUS** (January 20 to February 18) It might be a good idea to take more time to reassess your next move in working out a complex situation. You could benefit from a new perspective on the matter.

**PISCES** (February 19 to March 20) You might want to consider making time to discuss a change of plans with everyone concerned. Be prepared to explain your actions. Also be prepared to listen to alternatives.

**BORN THIS WEEK:** You have a strong sense of what is right, and you try to work from that foundation. Friends see you as reliable.

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**HALL RENTAL:** Newly remodeled, available for all types of parties & functions. Very reasonable rental rates. VFW 449, 197 Providence Street, West Warwick. Call 828-9715 after 3PM.

**HALL RENTAL:** VFW Post 9404, 29 South Main Street, Coventry. Call 828-9705 for a quote or we will negotiate a price based on your needs.

**HALL FOR RENT:** Coventry Men's Club available for Bachelor Parties, Weddings, Birthdays, Retirement Parties, Etc. Menu available. Call 385-3536 or 821-5904 for more information.

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### Children's Skating Program

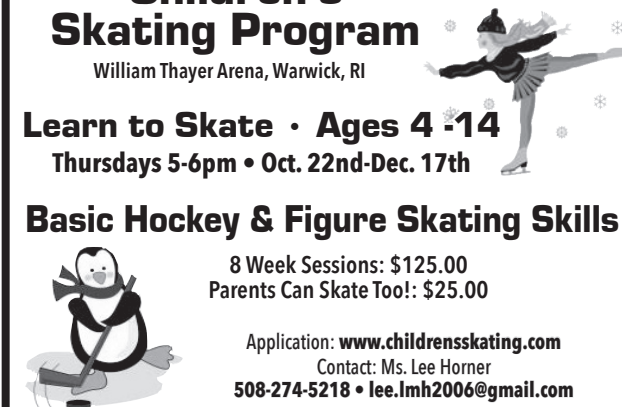
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**Weekly Dance Schedule**  
21 and Over, ID's Required  
Under 21 Must be with a Parent or Guardian

Monday*, Tuesday & Wednesday	Beginner Dance Lessons & Requests Doors Open at 7pm • Lessons at 7:30pm	\$10
Friday & Saturday	Dance Lessons & Requests Doors Open at 7pm Lessons at 8pm	\$10
Every 1st Thursday of the Month Doors open at 7pm Band starts at 8pm	Mishnock All Stars Thursday Night Rocks!! Dancing to DJ and Bands	No Cover
Sunday October 11th 6pm to Midnight	70's Re-Uniting Party Mishnock All Stars - Sundance & Other Special Guests Wicked Good Pizza & Snacks - Cash Bar	\$10 per person

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One coupon, per check, per visit. Not valid with any other coupons or promotional offers. Coupon has no cash value. No change returned. Taxes and gratuity not included. Valid in Coventry only. Selection and prices may vary. Only original coupon accepted. Photocopied coupons are not valid. Excludes Alcoholic Beverages. No substitutions. Expiration 11-30-15.

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**BUY 1 BREAKFAST GET 2ND 1/2 PRICE\***  
\*Equal or lesser value. Excludes special offers. Must have coupon - Expires 10/04/15. Cannot be combined with any other offer.

Everyday  
**BUY 2 PIZZAS GET 3RD FREE**  
TAKE OUT ONLY!  
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50¢ WINGS - 1/2 PRICE APPS

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- Angry Apple Salmon • Coquilles St. Jacques
- Moules Frites • Chicken Marsala

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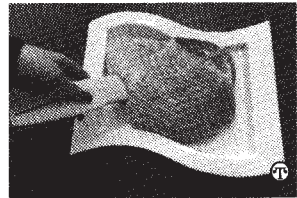
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**Your Health**

**Seven Steps To Avoid Food Waste And Illness**

(NAPS)—If your family is like most in America, you've been throwing away about \$2,000 every year. That, according to the USDA Economic Research Service, is the cost of what the average family of four throws away as spoiled or suspect food. In fact, over 90 percent of Americans may be prematurely tossing food because they misinterpret expiration dates, according to the study by Harvard Law School's Food Law and Policy Clinic. Fortunately, you may not have to.



**Chances are, there's food in your fridge that's near, or even past, its expiration date. So should you toss it or take a chance? You may no longer have to guess.**

The problem is, while you don't want to waste food—and money—you don't want to get sick from eating something rotten, either. The Centers for Disease Control and Prevention estimates that each year, roughly one in six Americans (or 48 million people) gets sick from food-borne illnesses.

**What You Can Do**

There are, however, seven steps you can take to protect your money and your life:

1. Buy only from shops that follow proper food-handling practices.
2. Keep raw meat, poultry and seafood separate from other foods.
3. Don't buy food in cans that are bulging or dented or jars that are cracked or have loose or bulging lids.
4. Don't buy frozen food if the package is open, torn or crushed on the edges.
5. Before buying eggs, see that they're clean and not cracked.
6. Remember, perishable foods should not be left at room temperature longer than two hours.

7. Don't depend on your nose alone to tell you whether an item in your refrigerator is good enough to eat. That's where an ingenious new device can come in.

The world's first handheld, Bluetooth-enabled "electronic nose" has been created that connects with iOS- and Android-powered tablets and smartphones. It samples the air near the food you're concerned about and analyzes the sample using a different algorithm depending on whether it's testing beef, poultry, pork or fish.

After extensive calculations in the cloud, it returns one of three possible results: fresh, cook well or spoiled. Independent laboratory testing found its results are 80 to 95 percent accurate.

This electronic nose is so much better than your human one because many of the volatile organic compounds emitted by spoiling food are odorless. As a result, meat and fish can be unsafe to eat but still look and smell okay.

Called the FOODsniffer, the device is available at [www.myfoodsniffer.com](http://www.myfoodsniffer.com) or by calling (800) 813-3712.

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**SECRET ANGELS SOCIETY SEEKING VENDORS & CRAFTERS**

The Secret Angels Society is seeking Vendors & Crafters for their 2nd Annual Christmas Bazaar at the West Warwick County Club on November 28. Call Anne at 525-0492 to reserve your space!

**LINE DANCING CLASSES**

The Coventry-West Greenwich Elks would like to apologize to those that came to the Line Dance Class. Due to uncontrolled circumstances, the class will not take place. If you are still interested, there is a class at Tri-City Elks held every Monday from 7-8:30PM. If you take this ad with you, you will get a FREE class. Class is \$6/person and all ages are welcome. Call 821-4361 for more information.

**1ST ANNUAL FR. JOHN V. DOYLE SCHOOL CAR SHOW & FAMILY FUN DAY**

Fr. John V. Doyle School, 343 South Main Street, Coventry, will hold their 1st Annual Car Show & Family Fun Day on September 26 from 9AM-2PM. Bring your antique car! Spectators welcome to attend and enjoy vendors, food, prizes & raffle! Vehicle Entry Fee is \$15.



It's said that in the 1600s, English women would sometimes wear carrot leaves in their hats in place of flowers or feathers.



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**A Conscious Eater**

Judy Wicks has been a leader in the "slow food" movement on the East Coast for more than 30 years. She describes herself as "a conscious eater." When she opened The White Dog in Philadelphia in 1983, it was a tiny muffin shop on the first floor of her historic Victorian brownstone. As her business grew, Wicks turned the muffin shop into a restaurant. She hired a chef who specialized in showcasing fresh, local meats and produce. Wicks convinced her to expand her menu to include even more local farmers and food artisans.

Wicks and her new chef also sought inspiration and guidance from famed West Coast restaurateur and locally grown-food pioneer Alice Waters. The White Dog's locally sourced menu was considered revolutionary during a time when restaurants focused on French recipes and imported ingredients. The small muffin shop grew into a 200-seat restaurant, and Wicks became one of the forerunners of the fresh, local, farm-to-table movement on the East Coast.

Wicks began using The White Dog as a meeting place and training center for other local business owners who shared her vision of a global economy comprised of a network of self-reliant and sustainable local economies connected by small-to-small fair-trade relationships.

Her advocacy on behalf of local businesses and creating self-reliant communities began to consume most of Wicks' time, and she decided to sell The White Dog restaurant to Marty Grimms in 2009. She also cre-

ated a unique social contract, as she describes it, for the new owner that ensured he maintained the restaurant's long-standing practice of buying fair-trade products, locally sourced produce from its list of farmers and vendors, and only serving meat from ethically treated animals from local producers.

Today, Wicks spends most of her time mentoring entrepreneurs via the Sustainable Business Network of Greater Philadelphia, [www.sbnphiladelphia.org](http://www.sbnphiladelphia.org), and the international Business Alliance for Local Living Economies, [www.bealocalist.org](http://www.bealocalist.org).

Wicks also is a popular speaker and author. Her award-winning book "Good Morning Beautiful Business: The Unexpected Journey



Depositphotos.com

of an Activist Entrepreneur and Local Economy Pioneer" was published by Chelsea Green in 2013. Her book won the 2014 Gold Metal in the Business Leadership category from Nautilus Book Awards.

The White Dog remains a popular restaurant in Philadelphia and has opened three other locations in the area. The menu is a tribute to a visionary woman's desire to support the community she loves and share her knowledge with others.

**STRAWBERRY PARFAIT**

This delicious recipe for Strawberry Parfait with Homemade Drop Biscuits and Lemon-Scented Chantilly is a featured item at The White Dog restaurant.

**Homemade Drop Biscuits:**

- 2 cups all-purpose flour
- 2 tablespoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon sugar
- 1/2 cup cold unsalted butter
- 1 cup whole milk

1. Combine the flour, baking powder, baking soda, salt and sugar in a bowl. Cut the cold butter into small pieces; add to flour mixture. Using your hands, work the butter into the flour until pea-sized chunks of butter remain.

2. Add the milk all at once, and carefully fold in using a spatula. Scoop even spoonfuls of batter onto a lined sheet pan, and bake at 350 F for 10 minutes, or until golden. Set aside to cool completely. Makes 6 biscuits.

**Lemon Chantilly Cream:**

- 2 cups heavy cream
- 2 tablespoons granulated sugar
- Lemon zest from 1 lemon

In a stand mixer or by hand, whip cream and sugar to firm peaks. Zest lemon over whipped cream and fold in. Set aside. Makes 1 cup.

**To assemble:**

- 2 pints of local sliced berries

Cut each biscuit in half lengthwise. Using a mason jar or bowl, layer the Lemon Chantilly Cream first, then half of a biscuit, followed by berries. Repeat until jars are full. Enjoy immediately or prepare ahead and refrigerate. Serves 4-6.

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Angela Shelf Medearis is an award-winning children's author, culinary historian and the author of seven cookbooks. Her new cookbook is "The Kitchen Diva's Diabetic Cookbook." Her website is [www.divapro.com](http://www.divapro.com). To see how-to videos, recipes and much, much more, Like Angela Shelf Medearis, The Kitchen Diva! on Facebook. Recipes may not be reprinted without permission from Angela Shelf Medearis.