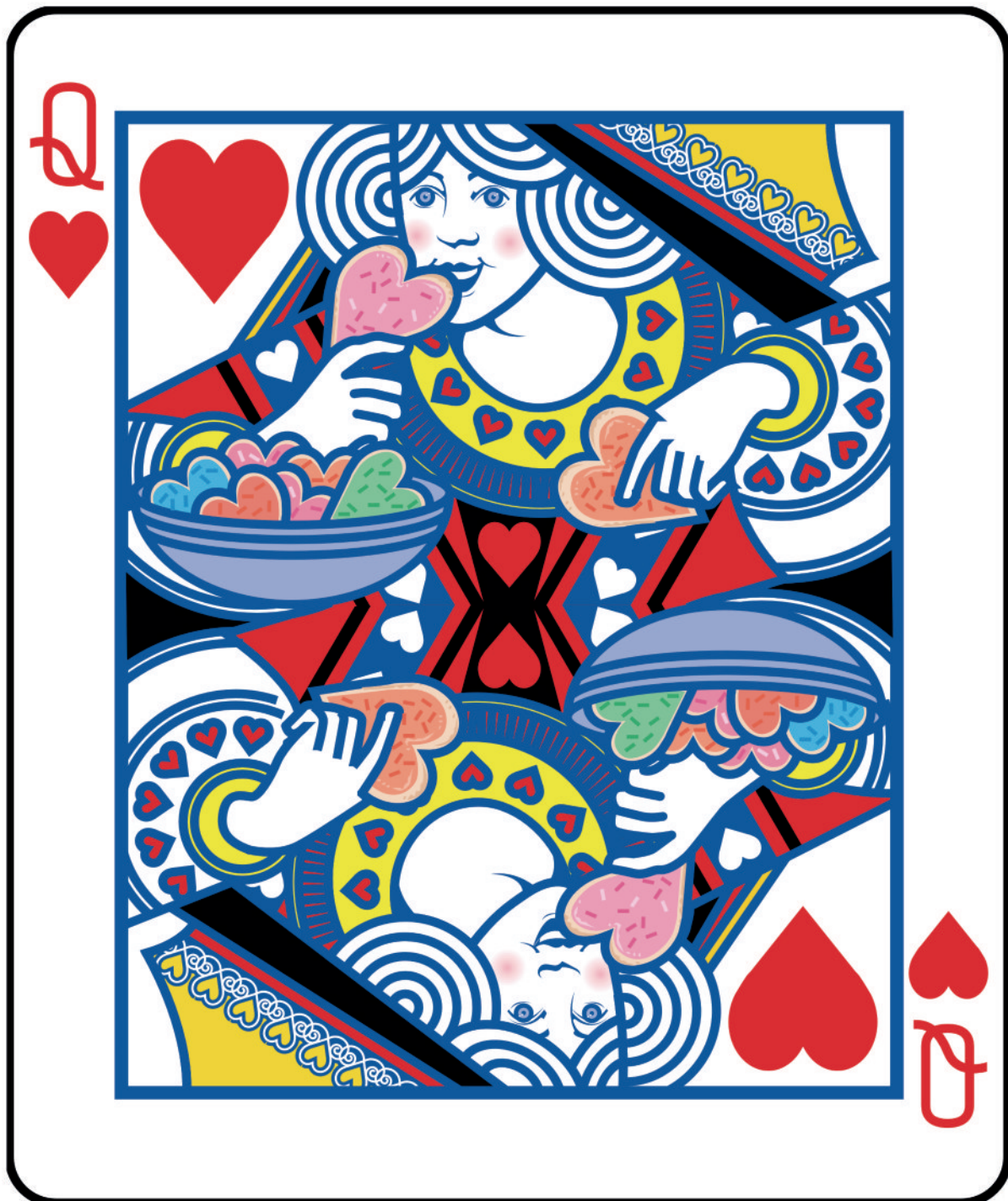


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February 2016 Issue 91

Laughs and Lifts

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Laughs and Lifts Wiregrass Region Edition

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Jeremiah 29: 11

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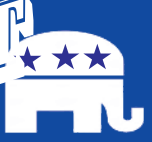
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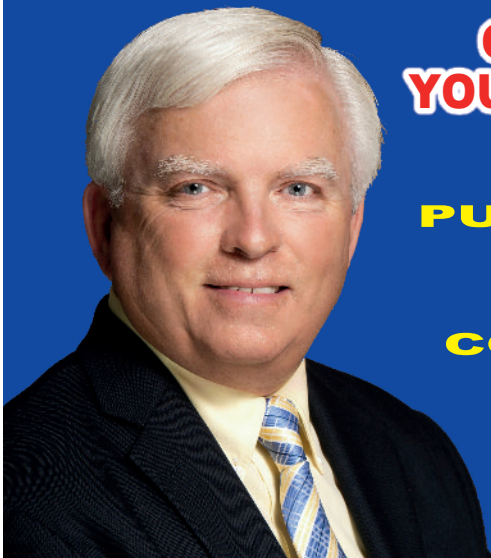
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James 1: 1-2

Conflict cannot survive without your participation.

FEBRUARY 2016

5

Laughs
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WHY?
"THEY CAN KILL YOU."
WHY AREN'T YOU AFRAID
OF YOUR CAR THEN?
"I LEARNED HOW TO
DRIVE IT."
EXACTLY... Earl Dibbles Jr.**

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**"Never give up
on what you really want
to do.
The person with big
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is more powerful than the
one with all the facts."
Albert Einstein**

**Abundance is not something we acquire. It is something we
tune in to.**

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MARCH 1ST
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There comes a time when you have to choose between turning the page or closing the book.

HOW TO WRITE GOOD

1. Avoid Alliteration. Always.
 2. Prepositions are not words to end sentences with.
 3. Avoid cliches like the plague. They're old hat.
 4. Be more or less specific.
 5. Writers should never generalize.
 6. Comparisons are as bad as cliches.
- Seven: Be consistent!
8. Don't be redundant: don't use more words than necessary: it's highly superfluous.
 9. Who needs rhetorical questions?

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Toilet Stolen from Police Station. Chief says he has nothing to go on.

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Sometimes I have to tell myself... It just isn't worth the jail time!

Why Men Die First

Why do men die first? This is a question that has gone unanswered for centuries, but, now we *know*. But it requires a bit of explanation.

If you put a woman on a pedestal and try to protect her from the rat race ... you're a male chauvinist. If you stay home and do the housework ... you're a pansy. If you work too hard ... there's never any time for her. If you don't work enough ... you're a good-for-nothing bum. If she has a boring repetitive job with low pay ... this is exploitation. If you have a boring repetitive job with low pay ... you should get off your lazy behind and find something better. If you get a promotion ahead of her ... that is favoritism. If she gets a job ahead of you ... it's equal opportunity.

If you mention how nice she looks ... it's sexual harassment. If you keep quiet ... it's male indifference. If you cry ... you're a wimp. If you don't ... you're insensitive. If you make a decision without consulting her ... you're a chauvinist. If she makes a decision without consulting you, she's a liberated woman. If you ask her to do something she doesn't enjoy ... that's domination. If *she* asks *you* ... it's a favor. If you like a woman to shave her legs and keep in shape ... you're sexist. If you don't ... you're unromantic. If you try to keep yourself in shape ... you're vain. If you don't ... you're a slob. If you buy her flowers ... you're after something. If you don't ... you're not thoughtful. If you're proud of your achievements ... you're full of yourself. If you don't ... you're not ambitious. If she has a headache ... she's tired. If you have a headache ... you don't love her anymore. So: Why do men die first?

You can know a lot about a man's character by what he laughs at.

VOTE 

REPUBLICAN PRIMARY, MARCH 1ST

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Failure is the opportunity to begin again more intelligently. ~ Henry Ford

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A corporate attorney sent the following out to the employees in his company.

1. The next time you order checks have only your initials (instead of first name) and last name put on them. If someone takes your checkbook, they will not know if you sign your checks with just your initials or your first name, but your bank will know how you sign your checks.
2. Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED."
3. When you are writing checks to pay on your credit card accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your check as it passes through all the check-processing channels will not have access to it.
4. Put your work phone # on your checks instead of your home phone. If you have a PO Box, use that instead of your home address. If you do not have a PO Box, use your work address. Never have your SS# printed on your checks, (DUH!). You can add it if it is necessary. However, if you have it printed, anyone can get it.
5. Place the contents of your wallet on a photocopy machine. Do both sides of each license, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place. Also carry a photocopy of your passport when traveling either here or abroad. **CONTINUED NEXT PAGE**



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I married Miss Right. I just didn't know her first name was 'Always'.

FEBRUARY 2016

9

**Laughs
and Lifts**

6. When you check out of a hotel that uses cards for keys (and they all seem to do that now), do not turn the "keys" in. Take them with you and destroy them. Those little cards have on them all of the information you gave the hotel, including address and credit card numbers and expiration dates. Someone with a card reader, or employee of the hotel, can access all that info with no problem.

Here is some critical info to limit the damage in case ID Theft happens to you.

1. Have the toll free numbers of your card numbers handy so you know whom to call.
2. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent.

However, here is what is perhaps most important of all.

3. Call the three national credit reporting organizations immediately to place a fraud alert on your name and Social Security number. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorize new credit.

Now, here are the numbers you always need to contact about your wallet and contents being stolen:

- 1.) Equifax: 1-800-525-6285
- 2.) Experian (formerly TRW): 1-888-397-3742
- 3.) TransUnion: 1-800-680-7289
- 4.) Social Security Administration (fraud line): 1-800-269-0271

Obstacles are those frightful things you see when you take your eyes off your goal. ~ Henry Ford



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Superintendent of Dale County Schools

Republican Primary • March 1st

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A free people ought not only be armed and disciplined, but they should have sufficient arms and ammunition to maintain a status of Independence from any who might attempt to abuse them, which would include their own government. George Washington



Sorry, but I don't listen to anti-gun lectures from people who thinks it is ok to kill a baby .

We are not creatures of circumstance;
we are creators of circumstance.



Vote March 1st

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Pd for by Committee to Elect Stuart K. Smith, 120 W. Court Square, Ozark, AL 36360

The challenge of leadership is to be strong, but not rude; be kind, but not weak; be bold, but not bully; be thoughtful, but not lazy; be humble, but not timid; be proud, but not arrogant; have humor, but without folly.
~ Jim Rohn

21st Century Newspaper

I was visiting my daughter last night when I asked if I could borrow a newspaper. "This is the 21st century," she said. "We don't waste money on newspapers. Here, use my iPad." I can tell you this...That fly never knew what hit him...

"LUVS, HUGGIES, & DEPENDS

Someone has finally explained the reason baby diapers have brand names such as 'Luvs' and 'Huggies,' while undergarments for old people are called 'Depends': You see, when babies mess their pants, people are still gonna Luv'em and Hug'em. However, when old people mess their pants, it 'Depends' on who's in the will. Glad to get that straightened out.

"WHAT?"

When a woman says, "What?" it's not because she didn't hear you. She is giving you a chance to change what you said...

*Nearly all men
can stand adversity,
but if you want to
test a man's character,
give him power....
Abraham Lincoln*



The beach... the only place where salt
lowers your blood pressure.

Aunt T's Kitchen

BACON MUSHROOM SWISS



Ingredients

- 12 ounces chopped raw bacon
- 1 small white onion, chopped
- 5 button mushrooms, chopped
- 1 1/2 pounds extra-lean ground beef
- 1 egg
- 1/4 cup evaporated milk
- 6 ounces shredded Swiss cheese, divided
- 1/2 cup corn flake crumbs

Directions

1. Preheat oven to 350 degrees F
2. Cook bacon in a skillet over medium heat until browned. Remove with a slotted spoon to paper towels. Discard all but 1 tablespoon of bacon grease. Stir in onions and mushrooms, and cook until soft. Remove from heat.
3. In a large bowl, stir together beef, egg, and milk. Stir in the onion and mushrooms. Mix in about 4 ounces of Swiss cheese, and all but 1 tablespoon of

MEATLOAF

bacon. Stir in cornflake crumbs, and mix until well blended. Shape into a loaf, and place in a meatloaf pan.

4. Bake for 1 hour. Drain fat, and sprinkle with remaining cheese and bacon. Return to oven, and bake until cheese is melted.

FRIED ONIONS & RANCH

Ingredients

- 1 1/2 pounds ground beef
- 2 eggs, beaten
- 1/4 cup ketchup
- 3/4 cup herb-seasoned dry bread stuffing mix
- 1/2 (1 ounce) package dry Ranch-style dressing mix
- 1 (6 ounce) can French-fried onions



Directions

1. Preheat oven to 350 degrees F
2. In a large bowl, combine all ingredients
3. Shape into loaf and fit into 9 x 5 inch loaf pan.
4. Bake, covered loosely with foil, at 350 degrees F for 50 to 60 minutes, or until meat is thoroughly cooked.

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MEATLOAF

EASY MEATLOAF

Ingredients

- 1 1/2 pounds ground beef
- 1 egg
- 1 onion, chopped
- 1 cup milk
- 1 cup dried bread crumbs
- salt and pepper to taste
- 2 tablespoons brown sugar
- 2 tablespoons prepared mustard
- 1/3 cup ketchup



Directions

1. Preheat oven to 350 degrees F
2. In a large bowl, combine the beef, egg, onion, milk and bread. Add salt and pepper and place in a lightly greased 5x9 inch loaf pan.
3. In a small bowl, combine the brown sugar, mustard and ketchup. Mix well and pour over the meatloaf.
4. Bake at 350 degrees F for 1 hour.

*Grace
is not a little prayer
you say before
receiving a meal.
It's a way to live!*

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Aunt T's Kitchen

WITH SOUR CREAM SAUCE

Ingredients

- 2 pounds ground beef
- 1 (8 ounce) package sour cream and onion dip, divided
- 1 3/4 cups bread crumbs
- 1/2 cup finely chopped celery
- 1/4 cup chopped onion
- 1 teaspoon dried dill weed
- 3/4 teaspoon salt
- 1 pinch pepper
- 2 eggs, beaten
- 1 (10.75 ounce) can cream of mushroom soup

Directions

1. Preheat the oven to 350 degrees F
2. In a large bowl, combine ground beef, 1/2 cup of the onion dip, bread crumbs, celery, onion, dill, salt, pepper and eggs. Use your hands to mix until well blended. Press into a 9x5 inch loaf pan.
3. Bake for 1 hour or until the internal temperature of the loaf is 160 degrees F.
4. In a saucepan over medium heat, combine the remaining onion dip and cream of mushroom soup. Cook, stirring until heated through. Spoon over servings of meatloaf.

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An elderly man in his eighties, hurried to his doctor appointment at 8 am. He wanted to finish quickly because he must be somewhere by nine. The doctor asked what the next appointment was. He proudly said that at 9 am every morning he is at the nursing home to eat breakfast with his wife. The doctor asked in what condition his wife was in. The man said that his wife had Alzheimer's disease, and for the past 5 years she hasn't known who he is. The doctor was surprised and asked the man why he continues to go faithfully if she has no idea who he is.... the old man replied, "because I still know who she is. "

There is always. always, always, something to be thankful for.

BULL

DISTRICT JUDGE Dale County, Place 2

*** bull2016.com ***

L. pol. ad by John Nicholas Bull, Campaign Account P.O. Box 1161 Ozark, AL 36361



I got a birthday card from the funeral home...I' not impressed. They only want me for my body.



No matter what season it is, it is more pleasant relaxing in your favorite room with family and friends. Let us design and create a living space That provides the ideal setting for friendly get-together's or quiet evenings at home.

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Rlavender320@gmail.com

I'm undecided about which pants to wear today...
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WORTH THE DRIVE FROM ANYWHERE!



I got a note passed under the door. I was really intrigued...
it was a closet door.

Elect - March 1st 2016

Donald O. GRANTHAM

Dale County Commissioner



District 2



- Retired Assistant Director of Public Works with City of Enterprise
- Waste Management, New Orleans, Louisiana
- Veteran U.S. Army
- Lifelong resident of Dale County
- Member of First Baptist Church of Level Plains
- Alabama Republican Party, Dale County

If elected, I offer the citizens of District 2 experience in management, leadership, and dependability serving as Dale County Commissioner. Your vote and support will be greatly appreciated.

Pd. Pol. Asd. By Donald O. Grantham, 185 Grantham Way, Daleville, AL 36322

Don't look back. You're not going that way.



"It cannot be emphasized too strongly or too often that this great nation was founded not by religionists, but by Christians: not on religions, but on the gospel of Jesus Christ. For that reason alone, people of other faiths have been afforded freedom of worship here."

Patrick Henry, Patriot
1776

An old man was relaxing at his hundredth birthday party when a reporter went up to him. "Sir, what is the secret of your long life?" The man considered this for a moment, then replied "Every day at 9 PM I have a glass of port. Good for the heart I've heard."

The reporter replied, "That's ALL?"

The man smiled, "That, and canceling my voyage on Titanic."

FEBRUARY 2016

15

Laughs
and Lifts

Outstanding Regional Nurse Practitioner Award

The Wiregrass Nurse Practitioner group proudly recognized Ms. Margaret "Maggie" Hughes with the 2015 Outstanding Regional Nurse Practitioner Award. Maggie has more than 35 years of nursing experience and has been practicing in the rural health setting as a Family Nurse Practitioner since 2005. She obtained her ADN at Wallace Community College in 1979 and completed her BSN at Auburn University at Montgomery in 1989. Maggie then went on to the University of South Alabama and obtained her Family Nurse Practitioner in 2005.

She is an active member of the ASNA, AANP, NPAA, WNP, Sigma Theta Tau, and Alpha Theta Tau International Honor Society of Nursing.



Maggie is a Family Nurse Practitioner at STATMED Family Clinic in Ozark, AL. She has practiced in the rural health settings since graduation working with complex patients in challenging situations on a daily basis. Her patients have been known to walk several miles to her clinic to keep their visits with Maggie. She is known to be one of the most kind, compassionate, and thorough nurse practitioners in the Wiregrass area. Maggie has an amazing ability to motivate and empower her patients by establishing a level of trust and cooperation facilitating mutually agreed upon plans of care with resulted improved outcomes.

Maggie also serves as a preceptor for multiple NP students each semester and her preceptorships are seen as coveted positions. She is distinguished as a mentor by her level of personal commitment of time and energy to help others. Her students feel that she empowers them to grow, recognize their strengths, and talents, and motivates them to aspire to their highest level of achievement.

Maggie offers support both emotionally and spiritually to her patients, students and colleagues in need at all times. She is a stellar example of a nurse practitioner as her behaviors, actions, and attitudes reflect the nurse practitioner values to the highest.

Maggie does not just "talk the talk" but she "walks the walk" and the WNP is proud to call Maggie on of their own.



Visit Our Website At www.DaleMedical.org
for the latest news & health information



See What We're About



You'll Be Amazed

OZARK
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OZARK PEDIATRIC CLINIC
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Ozark, AL 36360
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New Vision is a medically supervised, hospital based service for adults who experience acute withdrawal symptoms due to alcohol, and/or drug abuse. Only a licensed physician can determine those who qualify. SpecialCare Hospital Management administers New Vision for the hospital, and has a financial interest in this service.



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Our Mission... Changing Lives one patient at a time.

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Dedicated to providing the most
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126 Hospital Ave. Ozark, AL 36360 www.dalemedical.org

"Hellfire"

A minister who was very fond of pure, hot horseradish always kept a bottle of it on his dining room table. He offered some to a guest, who took a big spoonful. When the guest finally was able to speak, he gasped, "I've heard many ministers preach hellfire, but you are the first one I've met who passed out a sample of it."

CHECK YOUR BILL!

A corporate executive received a monthly bill from the law firm that was handling a big case for his company. It included hourly billing for conferences, research, phone calls, fax, photocopying, and everything but lunch hours. Unhappy as he was, the executive knew that the company would have to pay for each of these services. Then he noticed one item buried in the middle of the list:

"For crossing the street to talk to you, then discovering it wasn't you at all - \$125."

How to handle Unwanted Survey calls.

"My rates for doing this kind of survey are \$50 for the first 15 minutes, and \$25 per 15 minutes thereafter. How would you like to pay for that?" Then when they say they don't pay people, I ask if they are being paid for this time. They invariably confess that they are, and I ask why their time is worth something, but mine isn't?

You know it is cold outside when you go outside and it's cold.

INGRAM —MEMORIAL—



I appreciate the trust that everyone has placed in me over the years by allowing me to help in a difficult time in your lives. "You will never do business with anyone who will try harder to please you." ~ Susan Langley, Owner

Thanks For Voting Us Best Monument Company



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Find the 10 Differences In the Two Photos! Page 18 & 19





Take advantage of the savings & convenience you expect from Walmart Pharmacy with \$4 prescriptions and FREE home delivery options.

Choose from hundreds of Generic drugs and over the counter medications.

**\$4 for 30 day supply.
\$10 for a 90 day supply.**

Walmart



Save money, Live Better.

I've been hiding from exercise.
I'm in the fitness protection program.



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270 Ross Clark Cir. **DOTHAN** 794-8521
2606 Ross Clark Cir, **DOTHAN** 792-1195
177 Hwy. 231 N. **TROY** 566-3413



roadmarttire.com **24/7 Roadside Assistance**

Answers on page 21



OFFICE SPACE FOR RENT



Dale County's Small Business Incubator
"Where Business Begins & Industry Grows."
Call 334-774-4952 • E-mail: info@odedc.com 3269 Hwy 231 S.

Does anyone else have a plastic bag in their house that is full of plastic bags, or is it just me.

Grace

When God gives us what
We *don't* deserve.

Mercy

When God *doesn't* give us
What we deserve.

A man from St. Petersburg, FL., was preparing for the end of the world, and he intended to survive. To help, he had amassed 29 assorted guns, including a machine gun, and plenty of ammunition, along with bulletproof vests, body armor, helmets, and gas masks. Among other problems, Thomas isn't allowed to possess weapons: he's not only a convicted felon, but he's also on probation. A neighbor called police because he thought Thomas was a drug dealer, and sure enough the search also found cocaine, marijuana, and other drugs, as well as \$7,390 in cash in Thomas's house. Thomas pleaded guilty to several federal charges, and was sentenced to 8 years in prison. (RC/Tampa Bay Times)

...So, he gets to live rent-free in a concrete bunker? Mission accomplished!

Forget Not All Of God's Benefits

Wallace Kennedy, Jr.



What do you think about when you hear the word "benefits"? Maybe you think of: Health Care, Dental, Retirements, other Entitlements or maybe something free because of your status.

Benefit means: advantage, a payment or gift, help given, things offered by our employer or belonging to an organization etc. We do appreciate benefits, but what happens "IF" the economy fails, a business files bankruptcy, entitlements change because of new policies by the government or the stock market crashes? Man's systems are not perfect therefore they are not trust worthy of our wholehearted trust. God has a "Kingdom" system that never fails, never break promises, will not default, and never fail the needs of His people that trust in Him. God's system is dependable. You can keep God's coverage and will never need another one. Your value never decreases, new mercies and grace every morning when we awake, and unconditional love that does not rest on behavior. God loves you very much regardless of who you are.

Check out some of the features in God's Kingdom Benefit Package:

Psalm 103:2-8 Bless the LORD, O my soul, and forget not all his benefits: forgiveth all thine iniquities; who healeth all thy diseases, redeemeth our life from destruction, He crowneth us with lovingkindness and tender mercies; satisfieth our mouth with good things; so that our youth is renewed like the eagle's, executeth righteousness and judgment for all that are oppressed, His ways are made known, etc. If that made you excited consider this: He knocks at our door (heart). He is not like the typical sales person trying to sale you something. His complete package is free, and the greatest deal maker is this: He offers a free trip to come and live at His mansion forever. Listen my friends, if you have this coverage already great, but if you do not, don't hesitate or procrastinate another day (today is the day of salvation), time is running out. See John 3:16 and Romans 10:9-10 Proverb: Money can buy a bed but cannot buy sleep. Money can also buy the best doctors and medicines, but can't buy healing.

Get Your Benefit Package Today!

Anything FREE is worth what you pay for it.

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FOR 100 YEARS

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as honest or truthful.

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Sammy Judah **Donna Shuman**

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INSURANCE

Groundhog Day is a traditional holiday celebrated on February 2. According to folklore, if it is cloudy when a groundhog emerges from its burrow on this day, then spring will come early; if it is sunny, the groundhog will supposedly see its shadow and retreat back into its burrow, and the winter weather will persist for six more weeks.

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\$6.99
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Sat. 12 pm - 8:30 pm
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443•0264 For Take Outs

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Eyes of Ozark
OPTICAL
Dr. Tammy Wallace
Optometrist

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Mon. - Thurs. 8 am - 5 pm Closed 12-1 Fri. 8 am - Noon

ALSO SEEING PATIENTS IN ENTERPRISE AT **Enterprise OPTICAL** 334-393-2020 812 EAST LEE ST

Presidents' Day, officially Washington's Birthday, in the United States, holiday (third Monday in February) popularly recognized as honoring George Washington and Abraham Lincoln. The day is sometimes understood as a celebration of the birthdays and lives of all U.S. presidents.

DO YOU HAVE A DISABILITY?

BEEN DENIED YOUR BENEFITS?

HAVE You Considered Applying for YOUR Social Security?
Are you confused about the process?

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has been Representing Clients in Disability Claims FOR MORE THAN 30 YEARS

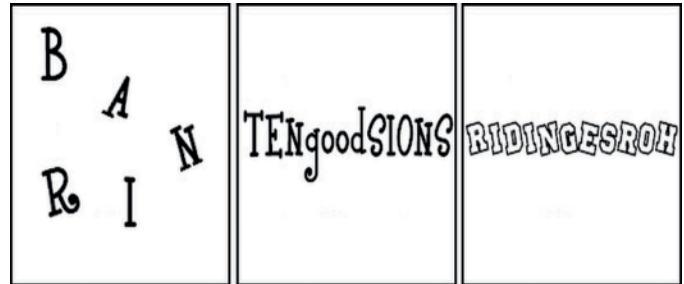
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FaithworkzDisability@ gmail.com

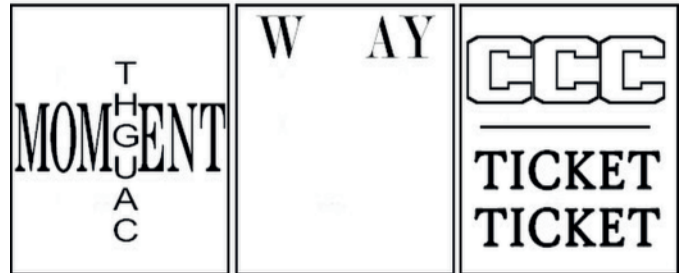
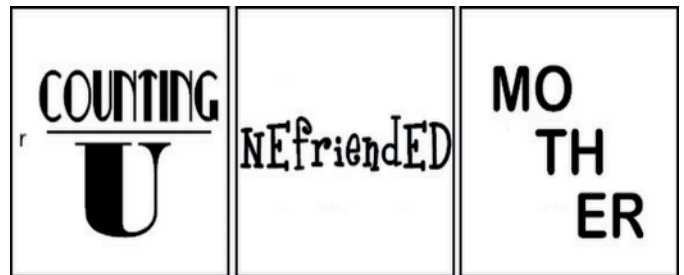
Near Fort Rucker Gate

CALL ROSE TODAY! 406 Ben St. • Suite 100
334-443-3000 Ozark, Alabama 36360

BAMBOOZABLES



Answers On Page 29



FIND THE DIFFERENCES ANSWERS

1. Red vs. blue triangle label.
2. Text on red can label.
3. Spoon on saucer.
4. Chop sticks on right size.
5. Wine glass at top.
6. Missing handle on upper spoon.
7. Extra cracker.
8. Empty tea cup.
9. Hole in spoon handle.
10. Missing saucer on right.

**EXPERIENCE IS A TOUGH TEACHER:
IT GIVES THE TEST FIRST
AND THE LESSON AFTER.**

Man gives the award, God gives the reward!

PASTOR'S POINT

Pastor Haley Enfinger

Point of Praise Church • PointofPraiseChurch.org
32 County Road 415 • Daleville Alabama
3 miles outside of Newton on Hwy 134
headed toward Daleville

Whosoever will let them FISH !!



I was thinking about fishing and how people do when they go fishing. Most of the time they pick a specific type of fish they want to fish for, and then they buy the bait that attracts that particular fish. Myself I'm not real sure on the specifics of fishing. So, when I go fishing I'm looking for anything that will bite. Scripturally in church if we are looking for only a particular kind of people to get saved or come to church we are fishing the wrong way. You've heard the saying "you are fishing in the wrong pond." There are no wrong ponds in this world.

The Spirit and the bride say, "Come!" And let the one who hears say, "Come!" Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life. (Revelation 22; 17)

And it shall come to pass, that whosoever shall call on the name of the Lord shall be saved" (Acts 2:21)

23"And the master said to the slave, "Go out into the highways and along the hedges, and compel them to come in, so that my house may be filled." (Luke 14:23)

Let's not limit ourselves this year to a kind of people that we think we can catch and let's cast our nets and bring them in!!
Lets go Fishing!

Statistics show that teen pregnancy drops off significantly after age 20.

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The more you have, the less likely it is to be enough!

Promises mean everything, but after they're broken, sorry means nothing.

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Ozark

We **FLIP** for our customers and to show our appreciation, our February special is a drawing for "Dinner for Two" (a \$50 value)! Any customer who is in our system (sales and/or service) by the end of February qualifies! Stop by today and enter the drawing!

facebook
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A weed is no more than a flower in disguise.

I often worry about the safety of my children, especially the one who is rolling his eyes at me & talking back right now!

Elect **Steve McKinnon**

DALE COUNTY COMMISSIONER DISTRICT 2

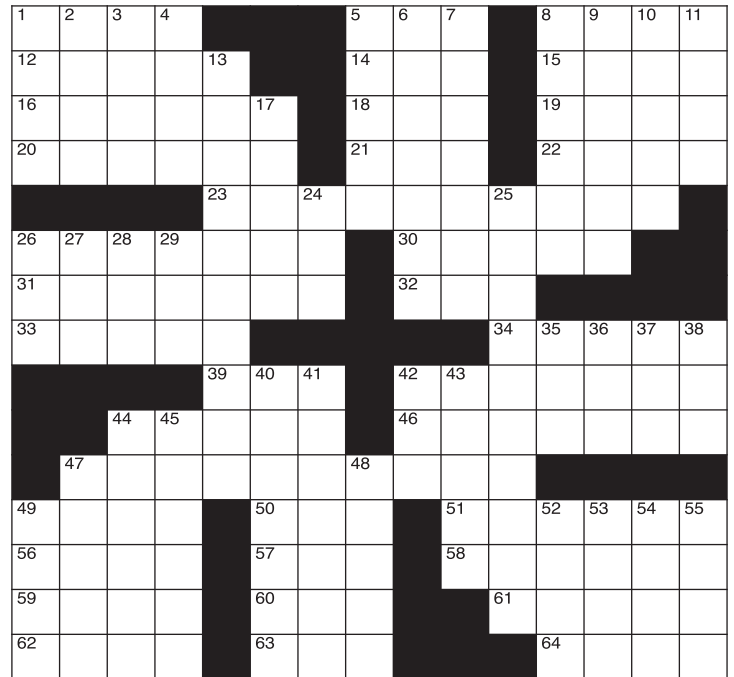
Steve McKinnon...

Pd. for Steve McKinnon, 841 N. Daleville Ave., Daleville, AL

- Full time commissioner
- Working hard to manage your, "The Tax Payer's", money
- I am committed to work hard for all the citizens of Dale County District 2

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smckinnon552@yahoo.com

Find your aim in life before you run out of ammunition.



CLUES ACROSS

1. Soybean paste
5. Unit of time
8. Watering holes
12. Joint
14. Certified public accountant
15. ___ Mater, one's school
16. Resells tickets
18. Batter's objective
19. Past participle of lie
20. State of Islands
21. Fed
22. Cause cell destruction
23. Daily Show host
26. Diagrammed
30. Cat sounds
31. Most sorry
32. Do wrong
33. Coral reef and lagoon island
34. That (Middle English)
39. Electrically charged atom
42. Nassau is the capital
44. Frogs, toads, tree toads
46. Marjoram
47. Where the Donald lives in NYC
49. Whale ship captain

50. A way to emit sound

51. Comparable
56. Isodor __, American Nobel physicist
57. Businesswoman
58. A way to split up
59. Solo Operatic piece
60. No (Scottish)
61. In a way, tears
62. Bridge breadth
63. Single Lens Reflex
64. Thou __ protest too much

CLUES DOWN

1. Korean War TV show
2. South American Indian
3. Cape at tip of Denmark
4. A podrida cooking pot
5. Russian sourgrass soup
6. Perfect example
7. Supplier
8. Unhealthy looking
9. Spanish beaches
10. Am. follower of the Mennonite Bishop Amman
11. Well-balanced
13. Outer surface cells
17. Fathers

24. Sun up in New York

25. Dweller above the Mason-Dixon
26. Young women's association
27. Tell on
28. Bustle
29. Poundal
35. An ugly, old woman
36. Doctors' group
37. ___ Ling, Chinese mountain range
38. Volcanic mountain in Japan
40. Leaves parentless
41. Existing in or produced by nature
42. Inclination
43. Extents
44. Peninsula between the Red Sea and the Persian Gulf
45. Language of Nile
47. Twyla __, US dancer
48. Card game
49. River in E. Turkey to the Caspian Sea
52. Scored 100%
53. Tonight's former host
54. ___ and ends
55. Notable exploit

Voicemail Greetings

Hi. This is John: If you are the phone company, I already sent the money. If you are my parents, please send money. If you are my financial aid institution, you didn't lend me enough money. If you are my friends, you owe me money. If you are a female, don't worry, I have plenty of money. Hi. Now you say something.

Please leave a message. However, you have the right to remain silent. Everything you say will be recorded and will be used by us.

Hello, you are talking to a machine. I am capable of receiving messages. My owners do not need siding, windows or a hot tub, and their carpets are clean. They give to charity through their office and do not need their picture taken. If you're still with me, leave your name and number and they will get back to you

While watching a marathon I saw one runner dressed as an a chicken & another dressed as an egg...this could be interesting.



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Troy 770-1094

113 E. College St
Enterprise 348-2202

5			4		9	8		
	7				3		9	
		4		8		2		
	5	6			4		2	
1				5	2		4	
2				9				1
4		2	9	3	8	7		5
	6		2				3	
	8	3		7		4		

Level: Beginner

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If your presence doesn't add value,
your absence won't make a difference.

	7			8			9	
		4	3					
			1	7				2
	8							9
4	5	2				6		
6			5		3		4	
						4		
	2		6					
		9			7			1

Level: Intermediate

"In A Perfect World..."

...a person should feel as good at 70 as he did at 17, and he would actually be as smart at 70 as he thought he was at 17.
 ...you could give away a baby bed without getting pregnant.
 ...forget-me-nots would stimulate the memory.
 ...doing what was good for you would be what you enjoyed doing the most.
 ...pro baseball players would complain about teachers being paid contracts worth millions of dollars.
 ...people would always have good reasons to be optimistic.
 ...you would never fumble, but if you did, you would recover the ball yourself.
 ...the mail would always be early, the check would always be in the mail, and it would be written for more than you expected.
 ...if the guy from the government said to you, "I'm here to help," not only would he mean it, but he would do it.
 ...all people would expect to be accepted.
 ...every once in a while at least, a kid who always closed the door softly would be told, "Go back and slam the door."
 ...highway patrolmen would never be around when you're running late, but would always be at your side when a BMW blows past or a Mac truck won't get off your bumper.
 ...the better food tasted, the less calories it would have.
 ...warranties would be for 13 months and products would fail at 12.
 ...more would be accomplished by governments when they spent more.

The happiest people don't have the best of everything, they make the best of everything.



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Alabama Licenses
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haglerac@hughes.net

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If you don't have time to do it right, when will you have time to do it over.

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 Licensed & Insured • FREE ESTIMATES
CALL DAN 334-618-2705
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- Minor Electrical Repair
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- Fascia & Soffit Repair or Replace
- Gutter & Roof Cleaning
- Power Washing
- And More




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Sammy Judah ~ Donna Shuman



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CALL THE PROS AD SPACES \$75 PER MONTH

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 Low Cost Alternative to expensive yellow page ads and can be changed monthly and include cell phone numbers!

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Wisdom has 2 parts...1. Having a lot to say & 2. Not saying it.

A good leader is a person who takes a little more than his share of the blame and a little less than his share of the credit. ~ John C. Maxwell

I AM THIRD

There was a boy who was very popular among others his age. He was an excellent leader in his school groups. One of his friends visited him and saw a homemade plaque in his room with the words "I Am Third" on it. His friend asked him what it meant and he replied, "It is the motto I try to use in my life. It means "God is first, Others are second, and I am Third." The driving force in our lives should be trying to please God. Secondly, we should take into consideration the needs and pleasures of others. With our own pleasures subordinated, we will truly be the humble servants of God.

I sure miss the day when someone else pumped your gas for you...it was much cheaper back then.



DAILY LUNCH THEMES:

Italian Monday, Latin Tuesday, Soulful Wednesday, Caribbean Thursday, Fish Friday and Whateva Saturday

Buy any Daily Lunch Special
At regular price and get
2nd Daily Special ½ Price

Valid only with this coupon
1 coupon per customer
Expires Feb 14th, 2016

Buy 1 Junior Breakfast
2 eggs, Bacon or Sausage, Grits
and 1 slice of home-made bread
At regular price and get
2nd Junior Breakfast FREE

Valid only with this coupon
1 coupon per customer
Expires Feb 14th, 2016

322 Andrews Ave. Suite 2 • Ozark, AL

Mon-Thurs 6 am - 2 pm • Fri 6 am - 5 pm • Sat 7 am - 2 pm

M&M Cafe...Where all the food is made from scratch

Happiness is found along the way,
not at the end of the road.

CAPTURE MORE CUSTOMER'S ATTENTION ON OUR PAGES AND YOU'LL BE SEEING THEM SOON!

Gain Affordable Access To Our Readers...
FROM YOUR LOCAL MARKET,
in a magazine they love & trust.
WE ARE NOT TOMORROW'S LANDFILL

- Low Cost Ads start @ less than 1¢ per impression
- Longevity...not tomorrow's landfill
- Multiple Readers...read then shared
- Pick-up Locations in Ozark, & Surrounding areas.
- 99% are REALLY READ
- Everyone loves to read and share Laughs and Lifts

GIVE YOUR BUSINESS
THE ADVANTAGE...
CALL 334-379-7903

Laughs and Lifts Magazine

I have noticed that the people who are late are often so much jollier than the people who have to wait for them.

It is hard to understand how a cemetery raised its burial cost and blamed it on the cost of living.

BAMBOOZABLES ANSWERS

1. We are counting on you
2. A Friend in need
3. Stepmother
4. Caught in the moment
5. Divided highway
6. Season Tickets

1. Scatter Brain
2. Good Intentions
3. Horseback Riding
4. Daybreak
5. All Things Being Equal
6. Always by my Side

CROSBY

VISION

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BUY ONE COMPLETE PAIR OF GLASSES

GET ONE 50% OFF

OR GET
FREE FRAMES
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*Offer valid on select frames only

Dr. Grant Geske,
Ozark's Only
Ophthalmologist

Eye Exams, Laser Surgery Evaluations, Diagnosis of Eye Disease,
Retail Optical Center, Glasses, Sunglasses, Contacts

"Walk Ins Welcome"

The only cure for insomnia is to get more sleep.

FIND THE ICONS CONTEST RULES

We have hidden the 8 February icons pictured below in 8 ads. Find all 8 icons & Enter for a chance to win **\$100 CASH!**

Mail or Email the names of the 8 business' in which you found the Icons along with your N,A, & #

T0: Parrish Publishing PO Box 681 Ozark, AL 36361

Email to Roger@laughsandlifts.com with subject or attn: line: **ICONS**

No phone calls please. Drawing will be held on the 20th of the month.

TO FIND OUT IF YOU HAVE WON, READ THE NEXT EDITION OF LAUGHS AND LIFTS.

THE WINNER WILL BE NAMED AND POSTED THERE. THE WINNER WILL HAVE UNTIL THE 15TH OF THE MONTH TO CALL AND CLAIM THEIR PRIZE! PRIZES MUST BE PICKED UP IN PERSON BY THE WINNER BY THE LAST WEEK DAY OF THE MONTH!

CONGRATULATIONS TO Brett Reid

BRETT HAS WON **\$100**
IN THE
FIND THE JANUARY ICONS

Brett, you have until the 15th OF February, 2016 to claim your prize and to make an appointment to pick up your prize! You must be pick up your prize in person Wed. Feb. 24th, 2016 . **YOU MUST BRING YOUR PHOTO ID.**

The January Icons were in these ads:

- Mark Goodson Allstate
- Ozark/Ft. Rucker KOA
- Parts & Service
- Tyre Electric
- Ozark Tire
- 2nd City Fully Loaded
- Decks Unlimited
- Dale Medical Center

Hurt me with the truth but, Never comfort me with a lie.



"Your Hometown Dentist"
Dr. Gaunt Asks...
What in the world?

Hello Readers,

Welcome back to our discussion about lasers in dentistry!

But first... You've got to hear about a really cool gizmo a buddy of mine gave me for Christmas. It is a tool that will allow you to determine the temperature of an object by simply aiming the laser beam from it onto the object! I know....amazing, huh?

We're used to taking a thermometer and putting it into water, or into a piece of meat or under a tongue to determine the temperature....as long as it is touching the object! But now, aim the laser at a light bulb, and boom, 126 degrees! Better not touch it.

Aim it into the air vent at home....43 degrees....The air conditioner is working well! I think that's pretty incredible!

Speaking of pretty and incredible, this week I did a new smile for a patient who had some discolored and misaligned teeth that she wanted to correct with porcelain veneers. That wasn't all. The gumline over one of her front teeth was noticeably shorter than the other front tooth. So in order to maximize the cosmetic result, I used the dental laser to gently raise the gumline to the proper height so that not only are the teeth aligned and symmetrical, but so are the gums! It only took a few minutes, the result is immediate, and there's no down time for healing!

Lasers have certainly transformed the tools we use. In the toolbox, AND at the dental office!

To your Health and Happiness,

Geoff Gaunt, DMD
dothancosmeticdentistry.com
334-673-7440

To be faithful in little things is a big thing.



- Featuring:
- Simple to Complex Restorative Dentistry
- Personalized Smile Design
- Teeth Whitening
- Short-Term Cosmetic Braces
- Snap-In Dentures (with mini-implants)
- TMJ & Snoring Solutions
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Ring bell for maid service. If no answer, do it yourself.

Do people in Australia call the rest of the world "Up Over"?



The American Cancer Society is a global grassroots force of 2.5 million volunteers saving lives and fighting for every birthday threatened by every cancer in every community. As the largest voluntary health organization, the Society's efforts have contributed to a 23 percent decline in cancer death rates in the U.S. since 1991, and a 50 percent drop in smoking rates. Thanks in part to our progress; 14.5 million Americans who have had cancer and countless more who have avoided it will celebrate more birthdays this year. We're determined to finish the fight against cancer. We're finding cures as the nation's largest private, not-for-profit investor in cancer research, ensuring people facing cancer have the help they need and continuing the fight for access to quality health care, lifesaving screenings, clean air, and more. For more information, to get help, or to join the fight, call us anytime, day or night, at 1-800-227-2345 or visit cancer.org.

Locally, we have annual, community-based fundraising events called Relay For Life. These events raise the much-needed funds to not only fight cancer through research, but provide patient programs to help people in our communities. Free programs like the Hope Lodge that provides a free place to stay during treatment, free post-mastectomy bras, free wigs and other head coverings, free Personal Health Managers – an organizing guide to help a newly diagnosed patient through their journey and much more. These programs and life-saving research would not be possible without communities coming together and raising funds through events like Relay For Life. Visit RelayForLife.org to find the Relay event in your community, or call 800.227.2345 to speak with the local American Cancer Society representative in your area.

Suburbia is where they tear out the trees and name streets after them.

CLAYBANK MASTER GARDNERS



January and February are the best months for planting many types of trees and shrubs. Check with your favorite nursery for the types available. The roots concentrate their energy on growing before the leaves begin to appear in the spring. It is also the time for pruning roses. The

Wiregrass Rose Society says that Valentine's Day, February 14th is the best date to cut back your rose bushes. Knowing what roses you have before you prune is important. Depending on the types of roses you have, pruning may or may not need to be severe. Cut back about 1/3 to 1/4th of their height, and cut back to the main stem any dead branches and branches smaller than the thickness of a pencil. Your bushes will come back fuller and healthier with many blooms. Mix some composted manure with mushroom compost and apply around the base of your roses, but leave some breathing room from the base of the bushes. More information is found online at www.rose.org/resources.

Upcoming events:

Wiregrass Master Gardener Lunch and Learn, Tuesday February 2nd – "Berry & Fruit Trees" @ Dothan Library from 12 to 1 pm, Admission is free.

Claybank Master Gardener Lunch and Learn, February 4th – "Fruit & Nut Tree: Care and Maintenance" @ Dale County Extension Office from 12 to 1 pm. Admission is free.

Claybank Master Gardeners Meeting, Thursday February 18th - will be at the Hoppergrass Restaurant in Ozark from 11 AM to 1 PM.

Backyard Fruit Tree Pruning, Tuesday February 16th – Hosted by the Alabama Cooperative Extension System at the Dothan Area Botanical Gardens from 9 to 11am. Registration fee is \$10. Please call the Dothan Area Botanical Gardens at [334-793-3224](tel:334-793-3224) to sign-up!

IF you have any questions for the Master Gardeners, or about any of the programs listed above, please call 334-774-2329.



FEBRUARY 2016

31

Laughs
and Lifts

ON MARCH 1ST

PLEASE



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STRICKLAND

DISTRICT 4

COMMISSIONER

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'When it rains look for rainbows, when its dark look for stars.'

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